



# MASTERS SWIMMING NSW NEWSLETTER



## 2025 MSNSW LC CHAMPIONSHIPS

**5 NATIONAL RECORDS**

**18 STATE RECORDS**

**375 SWIMMERS**

**35 CLUBS**



# 2025 STATE LC CHAMPIONSHIPS



## SWIMMERS OF THE MEET

**BRADLEY HALICEK**

BLACKTOWN

**KELLY BOWDEN**

CAMPBELLTOWN

## STATE PRESENTATION DINNER



# 2024 AWARD RECIPIENTS

## INDIVIDUAL AWARDS

### Gary Stutsel Award:

Anne Smyth - Tuggeranong  
Suzie Haddad - Campbelltown

### Administration Award:

Matthew Dore - Gosford

### Betty Grant Award:

Pat Helmore - Sapphire Coast  
Helmut Klein - Clarence River

### Official of the Year:

Cameron Jones - Warringah

### 2024 Swimmer of the Year:

Aaron Cleland - Blacktown  
Clary Munns - Blacktown

### Coach of the Year:

Wilson Gamble - Warringah

## CLUB AWARDS

### 2024 POINT SCORE WINNERS

Division 1: Warringah  
Division 2: Port Macquarie  
Division 3: Castle Hill  
Division 4: Cessnock

### Brian Hird Trophy

Blacktown & Warringah

### Sue Johnstone Trophy

Manly & Campbelltown

### 2024 Club of the Year

Warringah

### 2024 AVERAGE POINT SCORE WINNERS

Division 1: Lane Cove  
Division 2: Wyong  
Division 3: Castle Hill  
Division 4: Gloucester

### Aerobic Trophy - NSW

Campbelltown

### Aerobic Trophy Average Points

West's Auburn

# 2025 NATIONALS



# 2025 NATIONALS



**11 NATIONAL RECORDS**

**34 STATE RECORDS**

**173 MSNSW SWIMMERS**

**28 MSNSW CLUBS**

A huge congratulations to all MSNSW swimmers who travelled down to Melbourne for the National Championships.

Particular mention and thank you to all swimmers who volunteered as timekeepers, and our dedicated MSNSW officials who gave up many of their spare hours to be on pool deck officiating.



# Congratulations

## Tony Goodwin

**2025 NATIONALS  
MALE SWIMMER OF THE MEET**

# DUAL SANCTIONED MEET



MSNSW is excited to join forces with Swimming NSW and conduct a dual sanctioned meet at SOPAC.

All MSNSW swimmers are eligible to enter the 50m & 100m events, with QT applying for all other distances.

This is a great way for families and friends to swim together and to promote a continuing healthy lifestyle in the community.

To enter, please click [here](#)

# 2025 WORLD CHAMPIONSHIPS

Click below to access the most up to date information:

**[Information Bulletin](#)**



# AGM - 10<sup>TH</sup> MAY

## Annual General Meeting



**SATURDAY 10<sup>TH</sup> MAY 2025**

**JOIN US FOR MORNING TEA AT 10:30**

**AGM TO COMMENCE AT 11:00**



**REGENTS STREET PAVILION  
67 REGENTS STREET, REGENTS PARK**

**We would love to see a representative of  
each club in attendance.**



**Please RSVP to  
[admin@mastersswimmingnsw.org.au](mailto:admin@mastersswimmingnsw.org.au)**

# 50<sup>th</sup> BIRTHDAY YEAR!



Merchandise is on sale now!

[Click here to order](#)

Postage options available, or click & collect at the next carnival.

## UPCOMING NSW EVENTS

### 2025 UPCOMING EVENTS

17 MAY Mingara Pelicans

24/25 MAY Dual Sanctioned Meet

15 JUNE Seaside Pirates

13 JULY State Relay Meet

26 JULY Ryde

ALL EVENTS OPEN TO ENTER IN SWIM CENTRAL

[CLICK HERE TO ENTER](#)

## COACHING - ANNE SMYTH

# 2025 NATIONAL COACHING CONFERENCE JUNE 21 & 22

VENUE: CANBERRA LABOR CLUB & CISAC

Two days jam packed with workshops aimed at developing your coaching knowledge. The keynote speaker is Peter Reaburn, presenting The Physiology of aging and implications for Masters Swimming coaches.

## MSNSW COACH & SWIMMER WORKSHOPS

**MAY 10**

**CANBERRA**  
FREESTYLE WORKSHOP

**BOOK HERE**

**JUNE 7**

**ORANGE**  
FREESTYLE CLINIC & TRAINING SESSION

**BOOK HERE**

**JUNE 21/22**

**CANBERRA**  
NATIONAL COACHING CONFERENCE

**BOOK HERE**

**JULY 26**

**PAMBULA**  
ALL STROKE WORKSHOP

**TBC**

**SYDNEY**  
OVERCOMING ANXIETY + SWIMMING OVER 60

If you would like a clinic run in your area, please email Anne Smyth: [anneswims2@gmail.com](mailto:anneswims2@gmail.com)

# TECHNICAL OFFICIALS



## ATTN: STARTERS

ALL STARTERS MUST REACCREDIT IN 2025. NEXT COURSE IN JULY:

Saturday 19th July 8:00am: Starter

[REGISTER  
HERE](#)

## ATTN: ALL CLUBS

Conducting a Branch Point Score (BPS) swim meets in 2025?

Make sure your club officials are current for your swim meet date.

How can you do this? First ask the official to check expiry date on their E-certificate. Second if they cannot find this, please email DiP: [diane.partridge@bigpond.com](mailto:diane.partridge@bigpond.com) with the proposed date of your swim meet and I will check their currency on the official's database.

## Courses

Tuesday 3rd June 7:00pm: CTK

[REGISTER  
HERE](#)

Saturday 14th June 8:00am: CS

You must first be a qualified Timekeeper to complete these courses. Please only do one course at a time

Tuesday 12<sup>th</sup> August 7:00pm: CS

### Terminology

CTK: Chief Timekeeper, IOT: Inspector of Turns, CS: Check Starter, CoC: Clerks of Course, JOS: Judge of Stroke

## *MILLION METRES APP - UPDATE*

Make sure you update to the new Million Metres App

This app also tracks your 50 x 50 x 50 swims!



## *2025 CALENDAR*

2025 MSNSW  
Calendar is here



## *SHARE WITH US!*



We'd love to share more stories and celebrate your clubs and the wonderful people within them.

If you have something to share with us please email:  
[admin@mastersswimmingnsw.org.au](mailto:admin@mastersswimmingnsw.org.au)