



Masters Swimming NSW Relay Meet 2024

Sanction N2024/07BR

Sydney Olympic Park Aquatic Centre
Olympic Boulevard, Homebush

Sunday 14th July, 2024
Short Course - 25m

Diving Pool

This pool has a current survey - World, National and Branch records can be set.

Warm-up: 9:00am

Start: 10:00am

- | | |
|-----------------------------------|-----------------------------------|
| 1. 4x100m Women's Freestyle Relay | 10. 4x50m Mixed Freestyle Relay |
| 2. 4x100m Men's Freestyle relay | 11. 4x25m Women's Freestyle Relay |
| 3. 4x50m Mixed Medley Relay | 12. 4x25m Men's Freestyle Relay |
| 4. 4x25m Mixed Freestyle Relay | 13. 4x50m Women's Medley Relay |
| 5. 4x50m Women's Freestyle Relay | 14. 4x50m Men's Medley Relay |
| 6. 4x50m Men's Freestyle Relay | 15. 4x100m Mixed Freestyle Relay |
| 7. 4x25m Mixed Medley Relay | 16. 4x25m Women's Medley Relay |
| 8. 4x100m Women's Medley Relay | 17. 4x25m Men's Medley Relay |
| 9. 4x100m Men's Medley Relay | 18. 4x100m Mixed Medley Relay |

Presentations

Maximum of five (5) events per swimmer

Cost: \$35 per swimmer (including transaction fees & pool entry)

Closing date: Club Payment: Friday, 12th July, midday

Team details: Sunday 14th July (see cut-off times on next page)

Registration: This relay meet is open only to swimmers registered with Masters Swimming Australia, or an equivalent body overseas, at the closing date for entries.

Masters Swimming NSW Relay Meet 2024

Relay Entries

1. **Nominate and pay, by midday July 12th, for the total number of swimmers to be entered:**
 - Follow this link to the [online payment form](#) on the website.
2. **Submit swimmer details** for each relay team through the MSNSW Live Results app on phone, tablet or computer:
 - Shortly after midday July 12th, nominated Relay Captains will be activated to enable them to submit full relay team details (swimmer names & nominated times)
 - See a video of the process [here](#), or in the app
 - Adding, or editing, of teams will be available to nominated Relay Captains within the app right up to the day of the meet at:
 - Events 1 to 6 9:00am
 - Events 7 to 12 10:30am
 - Events 13 to 18 12:30pm

Note, adjustment to these times may be required to suit entry numbers and if so, will be announced on the day.

Warm-up facilities

- ✎ The part of the pool not used for competition will be available for warm-up and swim-down during the meet.

Awards

- ✎ Trophies will be awarded to the top point-scoring club, and to the club with the highest average point score.

Rules

- ✎ This competition will be governed by the rules of Masters Swimming Australia and Masters Swimming NSW in force at the closing date for entries.
- ✎ MSNSW **SunSmart Sport & No Smoking** policies, and MSA **Warm-Up Safety** policy will apply at this meet– please obey all signs & official instructions.
- ✎ The competition will take place in the Diving Pool
- ✎ The meet will be heat-seeded.
- ✎ **There will be no marshalling**, teams are expected to be behind their blocks prior to their swim.
- ✎ NO SWIMMER MAY BE ENTERED IN MORE THAN 5 EVENTS. Any team that includes a swimmer who has already swum 5 events will be disqualified.
- ✎ There is no limit on the number of teams that a club may enter in any age group in any event.
- ✎ Swimmers' ages will be calculated as at 31 December 2024.

Supported by the



Masters Swimming NSW thanks the volunteers from Volunteering NSW for their assistance at all MSNSW meets

To contact Masters Swimming NSW
Phone: 02 8736 1232

Email: admin@mastersswimmingnsw.org.au

Internet: www.mastersswimmingnsw.org.au

Postal address: PO Box 6941 SILVERWATER NSW 2128
Level 2, Quad 1, Sports House, 8 Parkview Drive SYDNEY OLYMPIC PARK NSW 2127