



MYALL MASTERS SWIMMING CLUB NSW BRANCH POINTSCORE MEET



Sanction No: 20240201

Saturday, 10th February 2024

Tea Gardens Swimming Pool, Marine Drive, TEA GARDENS (near bridge)
25 m outdoor pool with anti-wave ropes, 5 lanes used for events + 1 lane for warm-ups.
Pool not surveyed, records cannot be set
No grandstand seating or shade so please bring chairs and sun shelter.

Warm-up: 10.00am Start: 10:30 am

PROGRAM

1. 200m Freestyle	9. 100m Freestyle
2. 25m Backstroke	10. 100m Individual Medley
3. 25m Breaststroke	11. 50m Backstroke
4. 25m Butterfly	12. 50m Breaststroke
5. 25m Freestyle	13. 50m Butterfly
6. 100m Backstroke	14. 50m Freestyle
7. 100m Breaststroke	15. 4x50m Freestyle Relay (Men's/Women's/Mixed)
8. 100m Butterfly	

ENTRIES

COST: \$25 (incl. transaction fees) - pool entry not included.

CLOSING DATE: Midday on Friday 2nd February 2024 – no late entries

Entries must be submitted individually through Swim Central by the closing date. This can be accessed from the 'Events' page of the MSNSW website.

- Open for Masters Swimming members only
- Swimmers are permitted four individual events plus one relay
- Swimmers wishing to swim a formstroke in Event 1, for Top Ten purposes, must nominate the stroke with their entry (under Session 2).

ENQUIRIES: Steve Rees- 0481 978 087 rees37413@gmail.com
 Linda Stubbs- 0423 156 433 lindastubbs@exemail.com.au

The Swimming Rules of Masters Swimming Australia in force at the closing date for entries will apply.
MSNSW **SunSmart Sport and No Smoking policies**, and MSA **Warm-Up Safety policies** will apply at this meet.

Assistance from other clubs will be required with timekeeping, please bring stop watches.

A BBQ will be served after the meet while results are announced.