



RYDE

AUSSI MASTERS

Sanction number: 2023/0801

Saturday, 26th August, 2023

Venue: Ryde Aquatic Leisure Centre

504 Victoria Road, Ryde (entrance to carpark via Margaret St or Weaver St)

Indoor heated 8 lane 25 m pool with anti-wave ropes.
1 lane for warm up/swim down and 7 lanes for competition.
This pool has a current survey, state and national records can be set.

Warm Up: 10:30am Start time: 11.00am

Program of Events

- | | |
|----------------------|---------------------------|
| 1. 200m Freestyle | 7. 100m Butterfly |
| 2. 50m Butterfly | 8. 100m Individual Medley |
| 3. 50m Backstroke | 9. 50m Breaststroke |
| 4. 100m Freestyle | 10. 50m Freestyle |
| 5. 100m Backstroke | 11. 4x50m Freestyle Relay |
| 6. 100m Breaststroke | (Women's/Men's/Mixed) |

Entries

Entry fee: \$30 (including transaction fees & pool entry), spectator entry \$3.60.

Closing date: Friday, 18th August, 2023 at 12 noon.

- For Masters Swimming members only
- Maximum of **four individual events** plus one relay.
- **No late entries**, no non-point scoring entries
- Swimmers wishing to swim a form stroke in Event 1, for Top Ten or record purposes, must enter Event 1 and nominate the stroke in session 2.

Entries must be submitted individually and payment made through **Swim Central** by the closing date. This can be accessed from the meet details page on the [MSNSW website](https://www.msnsw.com.au).

Enquiries: Helen Rubin mob: 0414 945 729 email: hruhin@comcen.com.au

- Assistance with timekeeping is needed, please bring stopwatches and be prepared to help.
- Masters Swimming Australia competition rules current at the closing date for entries apply.
- MSNSW Sun Smart Sport & No Smoking policies, and MSA Warm-Up Safety policy will apply.

Awards:

Perpetual Trophy to winning visiting club.

Presentation:

FREE BBQ and presentation in pool grounds at conclusion of the meet.