



## **Long Distance Championships (LC)**

Birrong Aquatic Centre  
Wellington Rd, Birrong  
Sunday November 27, 2022

Note, as part of our Covid safety measures:

- NO printed programmes will be provided at the meet - all competitors and officials are advised to print a copy of this programme for themselves.
- NO printed results will be posted at the meet
- Entry details and Live Results will be available on the mobile 'app'.

If you haven't already installed the app,  
scan this QR code with your phone or tablet:



Masters Swimming NSW  
Long Distance Championships  
Birrong Aquatic Centre

Sunday 27/11/2022  
Warm Up – 8:00am, Start –8:30am

	<i>Estimated Start Time</i>
1 1500m Butterfly	08:30 AM
2 1500m Backstroke	09:10 AM
3 1500m Breaststroke	10:20 AM
4 800m Freestyle	11:10 AM
5 400m Butterfly	12:40 PM
6 400m Backstroke	12:50 PM
7 400m Breaststroke	14:10 PM
8 400m Individual Medley	14:35 PM
9 400m Freestyle	14:55 PM
Swimmer Count: 69	
Finish Time	15:30 PM

Swimmers should consider the above estimated times to be the minimum time that events will take. Note that they are based on 1 swimmer per lane, no staggered starts, and a 45 second interval between heats.

Events will be seeded fastest to slowest. Heats of some events may be combined.



Masters Swimming NSW  
**'Sunsmart' Policy** and **'No Smoking'** policy  
will apply at this meet.

## Officials

Meet Director:	Jane Noake
Meet Referee:	John Kulhan
Referee:	Kerryn Blanch, Sue Johnstone, Peter McGee, Jane Noake,
Inspector of Turns:	Cameron Jones, Kerry-Anne Michels, Ann Reid, Owen Sinden, Annika-Lee Skulander, Sue Wiles
Starter:	Greg Lewin, Ben Taylor
Chief Timekeeper:	Julia Atkins, Paul Bailey, Megan Blamires, Helen Campbell
Check Starter:	Graham Campbell, Jamie Turner, Jillian Pateman, Lawrence Powderly
Recorder:	Mark Hepple
Medical:	pool staff

## Timekeeping

Allowing for an average number of no-shows, and excluding the above listed technical officials, the **average time** that each competitor should timekeep is:

**2 hr 4 min**

Any competitor that cannot fulfil their obligations may ask their club members, friends or family to do so on their behalf. In the case of extenuating circumstances you may appeal to the Meet Director for exclusion.

	Club	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7
	Warringah				8	1		
	Blacktown City					5		
	Tuggeranong Vikings			5				
	Ryde						2	
	Manly		4					
	Coogee-Randwick							4
	Wests Auburn	2						
	Campbelltown Collegians						2	
	Seaside Pirates	2						
	Wett Ones					1		
	Sutherland Sandbern			2				
	Ettalong						2	
	Lane Cove		2					
	Blue Mountains Phoenix					1		
	Merrylands			1				
	Castle Hill	1						
	Wyong Wobbygongs	1						
	Bush Rangers							
	North Sydney							1
	North Shore							
	Penrith							1
	St George		1					
	Tattersalls						1	
	Port Macquarie							1

## Swimmers

Name	Sex	Age	Events	Name	Sex	Age	Events
<b>BLACKTOWN CITY</b>				<b>NORTH SHORE</b>			
1	Megan	Blamires	F 53 1, 7	1	Paul	Bailey	M 61 1, 5
2	Jay	Burston	F 41 1, 4	<b>Total Individual Entries: 2</b>			
3	Aaron	Cleland	M 48 6, 9	<b>NORTH SYDNEY</b>			
4	Alex	Hardy	F 32 2, 4	1	Darren	Beilby	M 61 9
5	Kerry-Ann	Michels	F 55 2, 8	<b>Total Individual Entries: 1</b>			
6	Annika-Lee	Skulander	F 32 4, 8	<b>PENRITH</b>			
7	Zara	Tai	F 51 4, 9	1	Darren	Fraser	M 55 3, 9
8	Rylee	Wood	F 30 2, 5	<b>Total Individual Entries: 2</b>			
<b>Total Individual Entries: 16</b>				<b>PORT MACQUARIE</b>			
<b>BLUE MOUNTAINS PHOENIX</b>				1	Margaret	Jopling	F 87 2, 6
1	Sally	Hatcher	F 66 1, 7	<b>Total Individual Entries: 2</b>			
2	Sue	Wiles	F 82 4, 6	<b>RYDE</b>			
<b>Total Individual Entries: 4</b>				1	Alan	Burgess	M 71 4, 9
<b>BUSH RANGERS</b>				2	Mark	Cooper	M 52 7, 9
1	Jillian	Pateman	F 63 4, 9	3	Helen	Rubin	F 70 2, 4
<b>Total Individual Entries: 2</b>				4	Jamie	Turner	F 81 4, 6
<b>CAMPBELLTOWN COLLEGIANS</b>				<b>Total Individual Entries: 8</b>			
1	Kim	Beazley	M 68 4	<b>SEASIDE PIRATES</b>			
2	Belinda	Meek	F 33 1, 7	1	Amy	Dickinson	F 44 4, 8
3	Owen	Sinden	M 67 3, 7	2	Tj	Gokcen	M 51 4, 9
<b>Total Individual Entries: 5</b>				3	Jane	Noake	F 65 7, 9
<b>CASTLE HILL</b>				<b>Total Individual Entries: 6</b>			
1	Colin	Murray	M 59 4, 9	<b>ST GEORGE</b>			
<b>Total Individual Entries: 2</b>				1	Keming	Yang	M 66 7
<b>COOGEE-RANDWICK</b>				<b>Total Individual Entries: 1</b>			
1	Blake	Champion	M 40 4, 9	<b>SUTHERLAND SANDBERN</b>			
2	Jacqui	Russell	F 51 4, 5	1	Anita	Saviane	F 79 2, 8
3	Sjaak	Verschoor	M 65 4, 9	2	Min	Wang	F 60 7, 9
4	Paul	Wyatt	M 76 3, 5	<b>Total Individual Entries: 4</b>			
<b>Total Individual Entries: 8</b>				<b>TATTERSALLS</b>			
<b>ETTALONG</b>				1	Linden	Smith	M 36 9
1	Lauren	Bradley	F 38 1, 6	<b>Total Individual Entries: 1</b>			
2	Marion	Dreyer	F 75 2, 7	<b>TUGGERANONG VIKINGS</b>			
<b>Total Individual Entries: 4</b>				1	Greg	Gourley	M 66 2, 6
<b>LANE COVE</b>				2	Lisa	Haureliuk	F 40 6, 9
1	Michael	Ferguson	M 74 4, 9	3	Kylie	Lane	F 45 1, 6
2	Nigel	van Reyk	M 70 3, 7	4	Joseph	Pascall	M 22 4, 9
<b>Total Individual Entries: 4</b>				5	Liesl	Peters	F 52 4, 7
<b>MANLY</b>				6	Ann	Reid	F 60 1, 6
1	Katherine	Ahern-Sharpe	F 59 2, 6	<b>Total Individual Entries: 12</b>			
2	Stephen	Lamy	M 73 6, 9	<b>WARRINGAH</b>			
3	Julie	Orr	F 58 3, 8	1	Julia	Atkins	F 59 4, 8
4	Barry	Seymour	M 75 4, 9	2	Abel	Bornstein	M 73 4, 8
<b>Total Individual Entries: 8</b>				3	Graham	Campbell	M 78 3, 6
<b>MERRYLANDS</b>				4	Helen	Campbell	F 74 6, 9
1	Varant	Jambazian	M 39 7, 9				

## Swimmers (cont'd)

Name	Sex Age	Events	Name	Sex Age	Events
5 John De Vries	M 64	2, 6			
6 Hugh Devaux	M 49	4, 8			
7 Christine Geftakis	F 76	9			
8 Cameron Jones	M 40	3, 7			
9 Phil Lindsay	M 47	4, 9			
10 John Pagden	M 81	9			
11 Richard Peterson	M 51	4, 9			
12 Helen White	F 72	4, 7			
13 Wai Sze Vinnici Wu	F 39	4, 9			
<b>Total Individual Entries: 24</b>					
<b>WESTS AUBURN</b>					
1 Cassie Anderson	F 42	3, 4			
2 Kerryn Blanch	F 49	1			
3 Terry Gainey	M 65	6			
4 Ben Taylor	M 54	6, 7			
<b>Total Individual Entries: 6</b>					
<b>WETT ONES</b>					
1 Rachelle Johnston	F 41	4, 8			
2 Peter McGee	M 72	2, 5			
<b>Total Individual Entries: 4</b>					
<b>WYONG WOBBYGONGS</b>					
1 Bradley Halicek	M 49	4, 9			

## Event Seeding

Name	Sex/Age	Club	Time	Name	Sex/Age	Club	Time
<b>Event 1 1500m Butterfly</b>				<b>Event 4 800m Freestyle (cont'd)</b>			
1	Megan Blamires	W53 NBT	31:59.96	22	Hugh Devaux	M49 NWG	16:30.00
2	Belinda Meek	W33 NCA	34:00.00	23	Alan Burgess	M71 NRY	16:43.00
3	Lauren Bradley	W38 NET	34:00.00	24	Colin Murray	M59 NCL	17:00.00
4	Jay Burston	W41 NBT	34:05.00	25	Helen White	W72 NWG	18:00.00
5	Kylie Lane	W45 NTN	38:00.00	26	Cassie Anderson	W42 NWS	20:00.00
6	Ann Reid	W60 NTN	39:30.00	27	Helen Rubin	W70 NRY	20:40.00
7	Paul Bailey	M61 NHS	40:00.00	28	Zara Tai	W51 NBT	21:40.00
8	Kerryn Blanch	W49 NWS	40:00.00	29	Sue Wiles	W82 NBM	23:00.00
9	Sally Hatcher	W66 NBM	58:00.00	30	Jamie Turner	W81 NRY	25:00.00
<b>Event 2 1500m Backstroke</b>				<b>Event 5 400m Butterfly</b>			
1	John De Vries	M64 NWG	22:00.00	1	Jacqui Russell	W51 NCR	6:45.00
2	Alex Hardy	W32 NBT	26:00.00	2	Paul Wyatt	M76 NCR	8:45.00
3	Greg Gourley	M66 NTN	28:00.00	3	Rylee Wood	W30 NBT	8:45.00
4	Kerry-Ann Michels	W55 NBT	36:00.00	4	Paul Bailey	M61 NHS	9:53.00
5	Peter McGee	M72 NWO	36:00.00	5	Peter McGee	M72 NWO	10:00.00
6	Katherine Ahern-Sharp	W59 NML	40:00.00	<b>Event 6 400m Backstroke</b>			
7	Rylee Wood	W30 NBT	40:00.00	1	Aaron Cleland	M48 NBT	5:20.00
8	Anita Saviane	W79 NSA	45:00.00	2	John De Vries	M64 NWG	6:00.00
9	Marion Dreyer	W75 NET	49:15.00	3	Stephen Lamy	M73 NML	6:50.00
10	Helen Rubin	W70 NRY	54:00.00	4	Lauren Bradley	W38 NET	7:00.00
11	Margaret Jopling	W87 NPM	55:00.00	5	Lisa Haureliuk	W40 NTN	7:00.00
<b>Event 3 1500m Breaststroke</b>				6	Kylie Lane	W45 NTN	7:30.00
1	Darren Fraser	M55 NPN	28:00.00	7	Ben Taylor	M54 NWS	7:30.00
2	Julie Orr	W58 NML	30:00.00	8	Greg Gourley	M66 NTN	8:00.00
3	Paul Wyatt	M76 NCR	30:00.00	9	Ann Reid	W60 NTN	8:30.00
4	Owen Sinden	M67 NCA	32:00.00	10	Katherine Ahern-Sharp	W59 NML	9:01.00
5	Cameron Jones	M40 NWG	33:00.00	11	Helen Campbell	W74 NWG	10:20.00
6	Nigel van Reyk	M70 NLC	45:00.00	12	Graham Campbell	M78 NWG	11:30.00
7	Cassie Anderson	W42 NWS	50:00.00	13	Terry Gainey	M65 NWS	12:00.00
8	Graham Campbell	M78 NWG	50:00.00	14	Sue Wiles	W82 NBM	13:00.00
<b>Event 4 800m Freestyle</b>				15	Margaret Jopling	W87 NPM	14:00.00
1	Bradley Halicek	M49 NWY	10:00.00	16	Jamie Turner	W81 NRY	19:00.00
2	Joseph Pascall	M22 NTN	10:30.00	<b>Event 7 400m Breaststroke</b>			
3	Phil Lindsay	M47 NWG	10:35.00	1	Mark Cooper	M52 NRY	6:30.00
4	Jacqui Russell	W51 NCR	11:00.00	2	Keming Yang	M66 NSG	7:16.00
5	Tj Gokcen	M51 NSP	11:10.37	3	Ben Taylor	M54 NWS	7:45.00
6	Blake Champion	M40 NCR	11:56.00	4	Cameron Jones	M40 NWG	8:06.00
7	Amy Dickinson	W44 NSP	12:00.00	5	Owen Sinden	M67 NCA	8:20.00
8	Abel Bornstein	M73 NWG	12:20.00	6	Megan Blamires	W53 NBT	8:27.99
9	Wai Sze Vinnici Wu	W39 NWG	13:00.00	7	Belinda Meek	W33 NCA	8:30.00
10	Barry Seymour	M75 NML	13:05.00	8	Varant Jambazian	M39 NMR	8:45.00
11	Richard Peterson	M51 NWG	13:15.00	9	Liesl Peters	W52 NTN	9:00.00
12	Jay Burston	W41 NBT	13:30.00	10	Min Wang	W60 NSA	9:20.00
13	Alex Hardy	W32 NBT	14:00.00	11	Jane Noake	W65 NSP	9:38.00
14	Michael Ferguson	M74 NLC	14:00.00	12	Helen White	W72 NWG	10:00.00
15	Julia Atkins	W59 NWG	14:30.00	13	Nigel van Reyk	M70 NLC	11:00.00
16	Rachelle Johnston	W41 NWO	14:40.00	14	Sally Hatcher	W66 NBM	12:30.00
17	Sjaak Verschoor	M65 NCR	14:45.00	15	Marion Dreyer	W75 NET	15:20.00
18	Kim Beazley	M68 NCA	15:00.00				
19	Jillian Pateman	W63 NBR	15:36.02				
20	Liesl Peters	W52 NTN	16:00.00				
21	Annika-Lee Skulander	W32 NBT	16:16.00				

## Event Seeding (cont'd)

Name	Sex/Age	Club	Time	Name	Sex/Age	Club	Time
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### Event 8 400m IM

1	Amy Dickinson	W44	NSP	6:45.00
2	Abel Bornstein	M73	NWG	7:30.00
3	Julie Orr	W58	NML	8:00.00
4	Hugh Devaux	M49	NWG	8:00.00
5	Annika-Lee Skulander	W32	NBT	8:21.00
6	Julia Atkins	W59	NWG	8:30.00
7	Rachelle Johnston	W41	NWO	8:45.00
8	Kerry-Ann Michels	W55	NBT	9:50.00
9	Anita Saviane	W79	NSA	10:10.00

### Event 9 400m Freestyle

1	Aaron Cleland	M48	NBT	4:40.00
2	Bradley Halicek	M49	NWY	4:50.00
3	Joseph Pascall	M22	NTN	5:01.00
4	Phil Lindsay	M47	NWG	5:10.00
5	Lisa Haureliuk	W40	NTN	5:13.00
6	Tj Gokcen	M51	NSP	5:15.94
7	Darren Fraser	M55	NPN	5:35.00
8	Wai Sze Vinnici Wu	W39	NWG	5:40.00
9	Mark Cooper	M52	NRY	5:40.00
10	Blake Champion	M40	NCR	5:53.00
11	Barry Seymour	M75	NML	6:15.00
12	Richard Peterson	M51	NWG	6:20.00
13	Stephen Lamy	M73	NML	6:30.00
14	Michael Ferguson	M74	NLC	6:50.00
15	Sjaak Verschoor	M65	NCR	6:59.73
16	Darren Beilby	M61	NNS	7:07.19
17	Linden Smith	M36	NTS	7:30.00
18	Colin Murray	M59	NCL	7:30.00
19	Alan Burgess	M71	NRY	7:32.00
20	Varant Jambazian	M39	NMR	7:40.00
21	Jillian Pateman	W63	NBR	7:45.45
22	Jane Noake	W65	NSP	7:53.38
23	John Pagden	M81	NWG	8:00.00
24	Helen Campbell	W74	NWG	8:30.00
25	Min Wang	W60	NSA	8:50.00
26	Christine Geftakis	W76	NWG	9:00.00
27	Zara Tai	W51	NBT	9:25.00