

Monthly Newsletter

SEPTEMBER/OCTOBER 2022

What's taking us up to Christmas?

November	05	Port Macquarie BPS	LC	Port Macquarie
November	Sunday 27	Branch Long Distance Championships	LC	Birrong
December	Sunday 11	Christmas Swim and Picnic	LC	Cabarita

New Membership & Meet Entry System for 2023

Masters Swimming Australia (MSA) is in the process of migrating its membership and meet entry system to a new platform, Swim Central, in partnership with Swimming Australia.

Swim Central is a membership and event entry system that is specifically designed to empower swimmers to participate in, and administrators & coaches to run, community swimming.

2022 memberships or renewals through the old platform, Gameday (formerly SportsTG), closed on September 30, **2023 memberships will be available only through Swim Central** from November 1, 2022.

2023 membership fees

Our membership fee is comprised of three parts, it shows to you as an inclusive price of MSA+MSNSW+your club fee.

2023	2023
12 month membership	6 month membership
1 January 2023 - 31 December 2023	1 July 2023 - 31 December 2023
\$49.00	\$36.75

2024	2024
12 month membership	6 month membership
1 January 2024 - 31 December 2024	1 July 2024 - 31 December 2024
\$57.00	\$42.75

What will the New Year bring?

January	Tuesday	24	Timekeeping Training course		7:30pm Zoom
January		28	Campbelltown	LC	+ CPR Training
February	Thursday	02			7pm <u>CPR@Homebush</u>
February		04			
February	Sunday	05	CS/CoC Training Course		4pm Zoom
February		11	Myall	SC	

Next year's event calendar includes training sessions for members to qualify as Officials.

Postal swims 2022

<https://mastersswimming.org.au/events/category/sanctioned-meets/postal-swims/>



<https://mastersswimming.org.au/event/clarence-river-masters-virtual-swim-meet-2022/>

Clarence River Masters invites all clubs to enter the clubs FIRST ever postal swim in honour of their founding member, David Abrahams. The club encourages swimmers who have never entered a carnival to participate. To be completed before **21st October!**

Coaching Corner

And talking of Clarence River

Our amazing volunteer coaches went to Yamba and conducted a Freestyle workshop for Clarence River Masters in September then made it back in time for the Thredbo swim camp.



MSNSW Coach Shirt Order

Wearing a MSNSW Coach Shirt is a recognition that you are a qualified Masters Swim Coach and is great publicity for Masters too! Cost is \$35. Contact the Branch office by 30 October.

Inclusive Swimwear Policy

Coaches will have received a copy of this policy, please familiarise yourself so you are able to advise swimmers.

Anne Smyth, MSNSW Branch Coaching Director

Long Weekend at Thredbo

We were at the Top of the World (well, it seemed like it).

Swimmers have just got back from the Coach Clinic at Thredbo, 6 x 2 hour sessions over 3 days was exhausting and exhilarating. We have amazing hard-working coaches! Thanks go to Anne Smyth & Greg Gourley who both put in so much effort to make the experience so very rewarding.

(There are some photos on our facebook page) <https://www.facebook.com/mastersswimmingnsw/>

2023 Technical officials Training calendar

Join the team and make new friends and have fun



All courses will be presented through Zoom (see table below). You will need to book your place in a course through the Masters Swimming NSW branch office admin@mastersswimmingnsw.org.au to receive the link to connect to Zoom and DiP diane.partridge@bigpond.com for course notes.

Zoom courses take approximately 1 hour				
Courses can be conducted Face-to Face (F2F) on request which is usually one hour before warm-up at a swim meet				
Course	Date		Time	Venue
Timekeeping	January	24 Tuesday	7:30pm	Zoom
CS/CoC	February	05 Sunday	4pm	Zoom
CTK	March	16 Thursday	7:30pm	Zoom
Starter	May	13 Saturday	9am	Zoom
JoS ideal for those who are qualified as IoT and want a taste of being a Referee	June	21 Wednesday	7:30pm	Zoom
IoT	July	02 Sunday	5pm	Zoom
CS/CoC	August	09 Wednesday	7:30pm	Zoom
CTK	September	30 Saturday	10am	Zoom
Starter	October	26 Thursday	7:30pm	Zoom
IoT	November	14 Tuesday	7:30pm	Zoom
Referee	On request	Must be qualified and experienced in all the above official positions		
Subject to Change				

Please contact DiP diane.partridge@bigpond.com for further details or requests for Face 2 Face courses



Timekeepers (TK). The theory and activities of the TK course should be conducted within clubs by the **experienced qualified TK or CTK**, log sheet signing can be carried out at BPS swim meets, club time trials and Endurance 1000 swims. *If you don't have anyone available to conduct a TK course in your club please contact DiP* It is very easy for a club to conduct a TK course, just email DiP diane.partridge@bigpond.com for an approval number and course notes.

See you all at the pool

DiP

Diane Partridge

MSNSW Officials Training Co-Ordinator

The supporters of our attempts to host Open Water events at Lake Parramatta are hosting their own event:



Narrabeen Challenge 2022

**Get back into the swim of things with
Sydney's first Ocean Swim of the season**

**Sunday 6 November 2022
Narrabeen Beach SLSC
Furlough Park, Ocean Street, Narrabeen
(between King and Albert St)**

Registration	8am—9.30am
Briefing	9.40am
Start time	10am

0.8km or 1.8km ocean swim courses — wetsuits allowed

Visit www.oceanswims.com for details



Proudly sponsored by Zoggs



Griffith co-sanctioned swim meet 1—2 December

All members are welcome to enter this co-sanctioned event in Griffith!

A promotional poster for the Griffith Swim Club Long Course Meet. The background is a circular image of a swimming pool with lanes and starting blocks. The text is arranged in a circular layout around the pool image. At the top, 'Griffith Swim Club' is written in a yellow, bubbly font. Below it, 'Long Course Meet' is written in white on a blue rectangular background. Three circular callouts provide details: a blue circle on the left for dinner prices, a yellow circle in the center for dates, and a blue circle on the right for prizes. A list of event details is at the bottom left, and the Griffith Swim Club logo is at the bottom right. A dark blue banner at the very bottom contains the text 'THE GEM HOTEL CUP WINNING CLUB WILL TAKE HOME \$500 IN CASH!' in yellow.

Griffith Swim Club
Long Course Meet

Gourmet Buffet Dinner
Adults \$50
Kids \$25

Saturday 3rd and
Sunday 4th
of December
2022

Medals
and over
\$4K in cash
prizes!

- 67 Events over 2 days including numerous relays
- Saturday Night Dinner – Tickets on Eventbrite.com.au
- BBQ Available on both days
- Awesome Raffle Prizes
- All ages + Para + Masters
- Saturday Warm Up 11 am. Start Time 12 pm
- Sunday Warm Up 9 am. Start Time 10 am.

**THE GEM HOTEL CUP WINNING CLUB WILL
TAKE HOME \$500 IN CASH!**

Griffith Swim Club

Enquiries – President@griffithswimclub.org.au or Entries@griffithswimclub.org.au

Goodbye and thanks for the memories

Sadly, the time has come for Singleton Masters to close their doors. Many members will remember their postal swim: "The Singleton Sundial" where you swam from 100m up to 1200m around the clock. The last few swimmers will either take the opportunity to transfer to a nearby club or hang up their goggles for a while. We wish them all well.



Call for volunteers

The FINA WORLD SWIMMING CHAMPIONSHIPS (25M) are fast approaching and being held at the Melbourne Sports and Aquatic Centre (13-18 December 2022); and Swimming Australia are looking for volunteers.

Want more information?

- [Volunteer online application](#)
- [Volunteering position descriptions](#)
- [Swimming Australia FINA World Championships \(25m\) event webpage](#)

VALE Barbara Vickers

Manly Masters advises the passing of Barbara at 95.

Ever cheerful, positive, modest and encouraging, Barbara joined Manly Masters in 1994 at age 69 and swam with us for 20 years.

She enjoyed much individual and relay success. An exponent of the formstrokes, primarily breaststroke, Barbara achieved a number of FINA top ten listings.

An avid traveller, Barbara competed at FINA World championships at Sheffield, Casablanca, Christchurch, Stanford and Perth. There were also trips to Pan Pac Games and World Masters Games.

We recall many good times in her company and convey our condolences to her family.' *Manly Masters*





Fina
WORLD MASTERS
CHAMPIONSHIPS



FINA World Masters Championships 2022 Fukuoka has new dates in **2023**.

<https://www.facebook.com/fina.fukuoka2022en/posts/372225661409099>

Wednesday 2 August 2023 - Friday 11 August 2023

SWIMMING QUOTE OF THE MONTH

Swimmers do more kicks than a soccer player, more flips than a cheerleader, more sets than a volleyball player, and more metres than a football player, but in less breaths than all of them combined. *Anon*



Masters Swimming NSW is proud to receive continued sponsorship from Dooleys Lidcombe <https://www.dooleys.com/lidcombe>