



MANLY MASTERS SWIMMING CLUB

2022 Branch Pointscore meet

Sanction number: N2022/10A



DATE	Sunday 02 October 2022	
TIME	10:20am warm-up	11:00am start
VENUE	Abbotsleigh School , Pacific Highway, Wahroonga (entry off Ada Ave) Short course; survey registered, 25 metre heated indoor pool with anti-wave lane ropes; warm-up/swim-down facility	
PROGRAM	Choice of one 200m swim: 1. 200m Freestyle 2. 200m Butterfly 3. 200m Backstroke 4. 200m Breaststroke Choice of one 100m swim: 5. 100m Freestyle 6. 100m Butterfly 7. 50m Backstroke 8. 50m Breaststroke 9. 50m Freestyle 10. 50m Butterfly 11. 100m Individual Medley 12. 4 x 50m Medley relay Women / Men / Mixed Swimmers may enter up to 4 individual events and 1 relay swim	
ENTRY FEE	\$25 includes pool entry	
CLOSING DATE	Midday Friday 23 September 2022 for all entries and payments.	
ENTRIES	Entries must be submitted individually, and payment made through the online meet entry system by the closing date. This can be accessed from the 'Events' page on the MSNSW website.	
ENQUIRIES	Steve Lamy: 0427 014 937 or mastersmanly@gmail.com	
TIMEKEEPING	Timekeepers required. Please prepare rosters and bring stopwatches.	
PRESENTATION	... and refreshments on the pool forecourt at the end of the meet	
AWARDS	... the Dawn Gledhill medallion will be presented to the swimmer closest to their nominated time in the Individual Medley ... for the top point-scoring visiting club ... for the club with the highest average points per swimmer	

FINE PRINT

- This meet is open to Masters Swimming members only.
- The Swimming Rules of Masters Swimming Australia, in force at the entry closing date, will apply.
- COVID requirements at the time shall be followed. Details will be noted in the program.
- MSNSW Sunsmart & No Smoking policies and MSA Warm-up Safety policy will apply at this meet.
- No smoking in the school grounds.
- Care is needed on slippery pool deck surfaces