



Masters Swimming NSW Relay Meet 2022

Sanction 2022/BR

Sydney Olympic Park Aquatic Centre
Olympic Boulevard, Homebush

Sunday 10th July, 2022
Short Course - 25m

Competition Pool

This pool has a current survey, World, National and Branch records can be set.

Warm-up: 9:00am

Start: 10:00am

1. 4x100m freestyle relay men	10. 4x50m freestyle relay mixed
2. 4x100m freestyle relay women	11. 4x25m freestyle relay men
3. 4x50m medley relay mixed	12. 4x25m freestyle relay women
4. 4x25m freestyle relay mixed	13. 4x50m medley relay men
5. 4x50m freestyle relay men	14. 4x50m medley relay women
6. 4x50m freestyle relay women	15. 4x100m freestyle relay mixed
7. 4x25m medley relay mixed	16. 4x25m medley relay men
8. 4x100m medley relay men	17. 4x25m medley relay women
9. 4x100m medley relay women	18. 4x100m medley relay mixed
Presentations	

Maximum of five (5) events per swimmer

Cost: \$30 per swimmer - including pool entry

Closing date: Club Payment .. Friday, 8th July, midday

Team details ... Sunday 10th July, see times on next page

NO late entries

Registration: This relay meet is open only to swimmers registered with Masters Swimming Australia, or an equivalent body overseas, at the closing date for entries.

Masters Swimming NSW – Relay Meet 2022

Entries

1. **Register and pay** for the total number of swimmers by midday 8th July:
 - go to the landing page for the event in the SportsTG online entry system.
 - login with your MSA membership credentials.
 - select the total number of relay teams to be entered.
 - nominate the club's 'Relay Captain' who will be responsible for submitting full relay team details later.
 - submit online payment for the total number of swimmers.
 2. **Submit swimmer details** for each relay team:
 - Shortly after closing time, the nominated Relay Captain will be activated to enable them to submit full relay team details (swimmer names & nominated times) through the MSNSW Live Results app on phone, tablet or computer.
 - Adding, or editing, of teams will be available under the "Relay Entries" tab within the app right up to the day of the meet at:
Events 1 to 6 9:00am
Events 7 to 12 10:30am
Events 13 to 18 12:30pm
- ⚡ NO SWIMMER MAY BE ENTERED IN MORE THAN 5 EVENTS. Any team that includes any swimmer who has already swum 5 events will be disqualified.
- ⚡ There is no limit on the number of teams that a club may enter in any age group in any event.
- ⚡ Swimmers' ages will be calculated as at 31 December 2022.

Team Changes

- ⚡ Adding, deleting or editing of teams will be available through the MSNSW Live Results app at any time up till the times listed opposite.

Covid19 compliance

- ⚡ Any Public Health orders in place on 10th July will be strictly followed as will all conditions put in place by SOPAC. Members and clubs are asked to make themselves familiar with requirements before arriving at the Centre.

Warm-up facilities

- ⚡ The part of the pool not used for competition will be available for warm-up and swim-down during the meet.

Awards

- ⚡ Trophies will be awarded to the top point- scoring club, and to the club with the highest average point score.

Rules

- ⚡ This competition will be governed by the rules of Masters Swimming Australia and Masters Swimming NSW in force at the closing date for entries.
- ⚡ MSNSW SunSmart Sport & No Smoking policies, and MSA Warm-Up Safety policy will apply at this meet- please obey all signs & official instructions.
- ⚡ The competition will take place in the Diving Pool
- ⚡ The meet will be heat-seeded.
- ⚡ There will be no marshalling, teams are expected to be behind their blocks prior to their swim.

Supported by the



Masters Swimming NSW thanks the volunteers from Volunteering NSW for their assistance at all MSNSW meets

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