



# Masters Swimming NSW

## 2021 Resurrection #3

Sanctioned # N2021/3

### Peninsula Leisure Centre

Peninsula Leisure Centre, Blackwall Road, Woy Woy

## Saturday 22 May, 2021

### Short course - 25m

<b>Warm-up: 9:30am</b> <b>Start: 10:00am</b>	<b>COVID-19 compliance requirements</b>
<ol style="list-style-type: none"><li>1. 200m Individual Medley</li><li>2. 200m Butterfly</li><li>3. 200m Backstroke</li><li>4. 200m Breaststroke</li><li>5. 200m Freestyle</li><li>6. 4x50m Mixed Medley Relay</li><li>7. 50m Butterfly</li><li>8. 50m Backstroke</li><li>9. 50m Breaststroke</li><li>10. 50m Freestyle</li><li>11. 4x100m Mixed Freestyle Relay</li><li>12. 25m Butterfly</li><li>13. 25m Backstroke</li><li>14. 25m Breaststroke</li><li>15. 25m Freestyle</li></ol>	<p>ALL swimmers must sign in as a condition of entry.</p> <p>ALL participants must keep at least 1½m apart at all times.</p> <p>No grouping inside or outside of the venue pre/post event</p> <p>Take time to read the conditions of entry to the venue.</p> <p>Please adhere strictly to any instructions provided by the staff of Peninsula Leisure Centre.</p> <p>Sanitiser will be available</p> <p style="text-align: center;"><b>Come prepared to have FUN</b></p>

*Warm up will be conducted in accordance with safety procedures, please observe all safety signs.*

Maximum of three (3) individual events per swimmer  
plus two (2) relays

Cost: \$20 per swimmer  
*Pool entry not included, please pay at gate*

Closing date: midday Friday 14 May 2021

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## Entries

- Swimmers may individually lodge their entries electronically through the SportsTG system, and pay by credit card or PayPal.

A link to step-by-step instructions on this entry process may be found on the “Events” page for this meet on the MSNSW website.

Swimmers’ ages will be calculated as at 31 December 2021.

## Relay events

- To be eligible to swim in a relay, a swimmer must have entered at least one individual event.

## Rules

- This competition will be governed by the rules of Masters Swimming Australia and Masters Swimming NSW in force at the closing date for entries.
- There will be no marshalling, swimmers are expected to be behind their block prior to their swim.

## Warm-up facilities

- Warm-up and swim-down facilities will be available throughout the meet.
- Number of swimmers in warm up lanes may be limited due to COVID guidelines.

## Timekeeping

- Swimmers are requested to bring stopwatches as all swimmers are expected to assist with timekeeping.

Peninsula Leisure Centre must follow the COVID-19 Public Health orders current at the time, and also manage risks to staff and patrons in accordance to Work, Health and Safety laws. They have a strict COVID-19 Safety Plan in place to look after us. It is up to swimmers to comply with any instructions.



Supported by the



To contact Masters Swimming NSW  
Phone: 02 8736 1232 Email: [admin@mastersswimmingnsw.org.au](mailto:admin@mastersswimmingnsw.org.au)  
Internet: [www.mastersswimmingnsw.org.au](http://www.mastersswimmingnsw.org.au)  
Postal address: PO Box 6941 SILVERWATER NSW 2128  
Quad 1, Level 2, Sports House, 8 Parkview Drive SYDNEY OLYMPIC PARK NSW 2127