



Memberships open NOW

Rejoin before 31st December to continue your club membership into the new year. On 31st December all 2020 12-month memberships expire so club Registrars please spread the word that your 2021 membership options are available and all members will need to re-join before December ends.

Get in quick before this sign goes up.



Branch Office closing for Christmas

Another great reason to rejoin asap is the Branch office will close on Tuesday 22 December reopening on Wednesday 13 January so any member queries and assistance required (log-in details etc) is best done now!



Branch Treasurer resigns

It is with regret that Paul Bailey has tendered his resignation from the position as Treasurer on the MSNSW Board. An interim Treasurer will be sought to fill the vacancy until the Annual General Meeting on 15 May 2021. Paul has worked long and hard for the Branch over the last three years not least of which was steering us through Covid19 and being the brains and muscle behind the ongoing applications for the Jobkeeper allowance for our Administrator. Thank you Paul 😊

2021 BPS calendar events

Campbelltown Collegians starts off our year on Saturday 23 January from 10am then Myall Masters at beautiful Tea Gardens on 13 February followed by Cessnock 6 March and Blacktown 20 March.



A note: cancellation and/or postponement is something we have to expect “may” happen in the next few months due to changing outbreaks. While it is disappointing, we must keep our members safe, we will keep organising meets when we can and they will only go ahead if and when the time is right.

Coach clinics available to members

Mitch Patterson held seven successful coach clinics over the past month and is available (and keen) to host more in the new year. Who's up for it? Could your pool host one? Contact the branch office if you'd like to organise a magic experience for you and nearby Masters clubs.

Quick, you still have time to enter

Support these wonderful clubs around the country by entering their Postal swim— timekeeper required.
<https://mastersswimming.org.au/events/category/sanctioned-meets/postal-swims/>

Singleton Sundial swim 12 swims around the dial —from 100m to 1200m.

Baddaginnie Animal Swim, 5 swims and earn a long-sleeved t-shirt that displays the gruelling events.

Swimming Up Hills swim a total of 5,900m over 9 swims. **Log swims by 31 December for all three.**



Want to learn more about facebook for your club?

An online webinar going over hints and tips on successful posting of messages and images on your clubs facebook page OR even starting up a facebook page for your club is being offered to interested members. What about Instagram, Snapchat, Whats app etc? Attend this session and ask the questions.

Contact the branch office admin@mastersswimmingnsw.org.au

Coach of the Year nominations please

Please consider honouring your tireless coach by putting their name forward for this award. There is new criteria so please read the nomination form as your coach may now be eligible. Recognition is all that many of our volunteer coaches get so put pen to paper. Clubs may consider paying \$10 for a 'non-swimming Coach membership'. <http://www.mastersswimmingnsw.org.au/Downloads/Forms>

Official of the Year nominations please

<https://mastersswimmingnsw.org.au/downloads/forms/> Under the Award Nomination tab.

While it has been our quietest year EVER there have been Officials upskilling and recrediting, maybe even training others in the downtime. Please consider nominating them for their work in 2020.

Volunteer of the Year nominations please

Take time to think about who stood out in your club this year, who stepped up and stepped in to look after others, check in on members, carry on the duties and paperwork that makes your club the success it is.

Club affiliation fee early bird fee due by 31st December



The fee the club pays is determined by club membership numbers and the early bird rate is available until 31st December 2020. A three tier scale has clubs with <24 members pay \$50 pa, clubs with 25-49 members \$70 and clubs with >50 members \$90 OR early bird discount of \$40, \$60, \$80 if paid by 31 December 2020.

Is it?



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There is an opportunity for us to do something completely different so block out Friday 12 March in your diary for an afternoon delight at SOPAC.

But what will it look like?

A co-sanctioned crazy fun swim event with Swimming NSW...more details soon.

Million Metre polo shirts

Keep counting, just keep counting. Encourage new members to keep a track of their laps.

Find out more here: <https://mastersswimming.org.au/programs/million-metres-program/>



Do you have an initiative which MSNSW could assist with some funding to help rebuild your club?

We'd love to be able to support your club get up and running and assist you in getting existing and new club members into the pool. Perhaps there is a club event you'd like to hold but don't have the funds to do it.

Some ideas you may like to consider:

- Coaching clinics to get your members back into the pool
- Bootcamps or open days to attract new members
- Club banners to display at your pool to let your community know you are there
- Printing costs for flyers, advertising, etc.

All proposals will be reviewed by the MSNSW Board and those that are successful will be eligible to receive reimbursement for any expenses incurred for the initiative up to a pre-approved limit once receipts have been received by the NSW office.

To apply, please provide details of the initiative, the estimated costs, timeline for the project, and why you think the initiative will benefit your club. A number of clubs have already got their submissions in but there are still funds available for worthwhile initiatives.

COVID-19 protocols for swim events

- Members are encouraged to download and activate the COVIDSafe app.
- As a condition of entry, all participants may be required to sign-in on a Track & Trace sheet. The information and detail on this sheet will be stored in accordance with record-keeping requirements, and may be forwarded to NSW Health and/or Safework NSW if required.
- Any officials, volunteers or competitors that feel unwell to any degree, or display flu-like symptoms, are advised to stand down from this event and isolate themselves from the venue.
- COVID-19 Infection Control certificated volunteers will be rostered to supervise members.
- All venue conditions/instructions, whether displayed or conveyed by staff, must be followed strictly by members.
- All participants must comply with any restrictions in regard to communal facilities such as showers and change rooms. Where possible, members are encouraged to consider not using these facilities.
- The number of swimmers in warm-up lanes may be limited.
- All events will be heat seeded. There will be **no marshalling**, all competitors will be required to self-seed behind the blocks and adhere to any venue marked spacings.
- There will be only one timekeeper per lane. Any competitor that wishes a second time for record purposes, will need to make arrangements with the Chief Timekeeper prior to the event.
- If any equipment is to be shared by officials or volunteers, including timing devices, it shall be wiped down before passing on.
- MSNSW will provide hand sanitiser, gloves and masks where required/requested.
- Optimal hand hygiene will be expected of all members
- Each venue we hire may have different requirements, it is up to each of us to follow as best we can.

Get the app —let's be safe by choice, not by chance!



Your club will have a COVID19 Safety Plan in place specifically for *Community sporting competitions and full training activities*. Please assist in keeping to exactly what is outlined within it.

Updated Public Health Order Thursday 3 December 2020

Restrictions eased for Community Sport and Recreation from Monday 7 December 2020

Gatherings in outdoor public spaces:

- Up to 100 people for outdoor gatherings (up from 50).
- Up to 3,000 people for other organised outdoor events i.e. community sport and outdoor protests (subject to the 2sqm rule).

Indoor Recreation Facilities and Swimming Pools

- Indoor recreation facilities (excluding gyms) and swimming pools can accommodate a maximum of 1 person per 2 square metres for all community sport activities.
- This includes venues such as indoor sport facilities, indoor and outdoor pools,

National Championships

2021 MSA National Championships has regrettably been cancelled

BUT, and it's a BIG but... **BUT** they're coming to Sydney in 2022, woo hoo!

Direct from the press release "We would like to acknowledge the support of our event sponsors and partners and thank the organising committee of the 2021 Nationals, for their hard work and dedication. While the National Championships for 2020 and 2021 are not to be, we will look forward to the 2022 Nationals in Sydney, and 2023 in Tasmania!"

From experience it can be said that there is an enormous amount of work involved by many people to get an event of this size up and running, two years' worth of meetings, ideas, brain storming, paperwork, documents, contracts, rosters, teams & committees, booking and ordering etc so these decisions are never made lightly and are made with huge regret and disappointment. Your understanding is appreciated.

On the sunny side the Great Barrier Reef Games in Queensland are on in May and the Australian Masters Games are on in Perth in October and Pan Pacs! 😊



National Swim Series



The **MASTERS SWIMMING AUSTRALIA NATIONAL SWIM SERIES** boasts a mix of Long and Short Course meets across Australia. It rewards members' participation and performance in any of the Meets, with members only needing to swim two meets to be eligible for prizes.

MASTERS SWIM SERIES

The more meets you enter, the better the multiplier for your points.

The series comprises of nine events annually, with one nominated meet from each of the Masters Swimming Branches and two from Queensland and WA.

So if you want to travel Australia, make new friends and swim at any of the eight pool competitions throughout the year, we would love to see you.

<https://mastersswimming.org.au/programs/national-swim-series/>

Want to swim in the ocean?

Coming up:



SUNDAY, 3 JANUARY 2021



The annual Newport Pool to Peak ocean swims will be held on Sunday 3 January 2021 at Newport Beach thanks to the hard work of the Newport Surf Club's organising committee.

The club will have a 400m, 800m and a 2Kms swim on the day with an approved Covid Safe Plan in place.

Sunday 21st February

info@malabarmagicocceanswim.com.au



<https://www.dooleys.com/lidcombe>

Masters Swimming NSW is proud to receive continued sponsorship from Dooleys Lidcombe

