

WESTS AUBURN MASTERS SWIMMING CLUB

5000m POSTAL SWIM 2020 SUMMARY

A weaker response this year, thanks to the impact of COVID 19. Still just enough entrants to provide some fun and competition for our long distance endurance swimmers. This year we recognise swimmers from the ACT, NSW, Queensland and Tasmania.

Congratulations to all those who took part – the swimmers who keep on coming back year after year, the newbies PLEASE try to convince a few more members to do the long yards in 2021 !

A Huge thank you to DOOLEYS Lidcombe Catholic Club for their ongoing sponsorship of our club, right through this difficult year.

Terry Gainey - Postal Swim Co-ordinator

SUMMARY OF ENTRIES

5000m INDIVIDUAL

MEN: 2 (including one 5000m Butterfly)

WOMEN: 7 (including two open water swims)

RELAYS

2 x 2500m: 11

5 x 1000m: 11 (including one Breaststroke and one Backstroke)

4 x 1250m: 3 (including one Medley)

10 x 500m: 3

5000m SWIMMERS - WOMEN

1.	Nicolee Martin NTN Tuggeranong (ACT)	53 yrs	female	open 2019	80:00.00 75:15.54
2.	Caroline Makin NTN Tuggeranong (ACT)	52 yrs	female	25m 2019	83:36.12 76:09.00
3.	Jane Lawrence NCM Clarence River (NSW)	62 yrs	female	50m	90:19.00
4.	Julie Boxsell QTA Townsville (QLD)	49 yrs	female	25m	92:56.14
5.	Jillian Pateman NBM Blue Mtns (NSW)	61 yrs	female	50m	102:11.67 2019 101:54.87 2018 102:29.26 2017 97:15.74 2016 97:54.54 2015 96:51.15 2014 93:30.16 2013 96:26.50 2012 97:33.78 2011 93:50.87 <u>SIXTEEN YEARS IN A ROW !!!</u> 2010 92:38.78 2009 95:23.03 2008 102:20.80 2007 100:27.76 2006 101:18.06 2005 105:07.25

6.	Susan Bellamy	62 yrs	female	50m	110:16.20
	NWS Wests Auburn (NSW)			2019	110:29.43
				2018	111:35.71
				2017	112:05.96
				2016	109:44.95
				2015	110:14.10
				2014	110:52.26
				2013	110:04.85
				2012	111:36.38
				2011	110:20.78
				2010	107:41.26
				2009	109:07.26
				2008	105:34.95
				2007	106:08.07
				2005	106:13.82
				2004	108:78.20

SIXTEEN YEARS OF SWIMS !!!

7.	Edwina Harrison	48 yrs	female	open	191:44.00
	NML Manly (NSW)				OPEN WATER

WOMEN 45-49 years

- | | | | | | |
|----|--|--------|--------|------|------------------|
| 1. | Julie Boxsell
QTA Townsville (QLD) | 49 yrs | female | 25m | 92:56.14 |
| 2. | Edwina Harrison
NML Manly (NSW) | 48 yrs | female | open | 191:44.00 |

WOMEN 50-54 years

- | | | | | | |
|----|--|--------|--------|--------------|-----------------------------|
| 1. | Nicolee Martin
NTN Tuggeranong (ACT) | 53 yrs | female | open
2019 | 80:00.00
75:15.54 |
| 2. | Caroline Makin
NTN Tuggeranong (ACT) | 52 yrs | female | 25m
2019 | 83:36.12
76:09.00 |

WOMEN 60-64 years

- | | | | | | |
|----|--|--------|--------|-----|------------------|
| 1. | Jane Lawrence
NCM Clarence River (NSW) | 62 yrs | female | 50m | 90:19.00 |
| 2. | Jillian Pateman
NBM Blue Mtns (NSW) | 61 yrs | female | 50m | 102:11.67 |
| 3. | Susan Bellamy
NWS Wests Auburn (NSW) | 62 yrs | female | 50m | 110:16.20 |

WOMEN 5000m OPEN WATER

- | | | | | | |
|----|--|--------|--------|------|------------------|
| 1. | Nicolee Martin
NTN Tuggeranong (ACT) | 53 yrs | female | open | 80:00.00 |
| 2. | Edwina Harrison
NML Manly (NSW) | 48 yrs | female | open | 191:44.00 |

5000m SWIMMERS - MEN

1. **Michael Bleach** 65 yrs male 50m **88:27.00**
NCM Clarence River (NSW)
2. **Paul Bailey** 59 yrs male 25m **172:51.72**
NWG Warringah (NSW) **BUTTERFLY**

5000m RELAYS

1.	NTN Tuggeranong (ACT) Richard Phillips (52) 2500m Kylie Lane (43) 2500m	95 yrs mixed	50m	84:22.16 <i>2019 84:14.73</i>
2.	NCM Clarence River (NSW) Michael Bleach (65) 2500m James Wheeler (52) 2500m	117 yrs male	50m	86:04.00
3.	NCM Clarence River (NSW) Michael Bleach (65) 1250m Jane Lawrence (62) 1250m Simon Worboys (53) 1250m John Morton (62) 1250m	242 yrs mixed	50m	87:10.51
4.	NCM Clarence River (NSW) Joanne Worboys (51) 1000m Simon Worboys (53) 1000m Jane Lawrence (62) 1000m Michael Bleach (65) 1000m James Wheeler (52) 1000m	283 yrs mixed	50m	87:21.33
5.	NCM Clarence River (NSW) Jane Lawrence (61) 2500m Kylie Duff (35) 2500m	97 yrs female	50m	87:26.00
6.	NCM Clarence River (NSW) Matthew Eke (64) 1250m Sue-Ellen Hyne (59) 1250m Doug Jeffrey (65) 1250m James Ryan (51) 1250m	239 yrs mixed	25m	94:00.90
7.	NTN Tuggeranong (ACT) Ann Reid (58) 2500m Kris Kennedy (55) 2500m	95 yrs female	50m	96:20.64
8.	NWS Wests Auburn (NSW) Michael Parkinson (50) 2500m Susan Bellamy (62) 2500m	112 yrs mixed	50m	96:25.44 <i>2019 95:57.71</i> <i>2018 97:05.44</i>
9.	NCM Clarence River (NSW) Joanne Worboys (51) 2500m Simon Worboys (53) 2500m	104 yrs mixed	50m	97:13.00 <i>2019 94:03.00</i> <i>2018 94:42.01</i>
10.	NTN Tuggeranong (ACT) Katrina Burgess (52) 2500m Donna Campbell (58) 2500m	111 yrs female	50m	97:54.37
11.	NWS Wests Auburn (NSW) Susan Bellamy (62) 1000m Ben Taylor (52) 1000m Michael Parkinson (50) 1000m Daryl Slade (65) 1000m Beth Clothier (63) 1000m	292 yrs mixed	50m	98:54.25
12.	NET Ettalong (NSW) Lauren Bradley (36) 2500m Katie Grando (37) 2500m	73 yrs female	25m	99:06.24

13. **NCM Clarence River (NSW)** 619 yrs mixed 50m **103:13.11**
 James Wheeler (52) 500m
 Simon Worboys (53) 500m
 Michael Bleach (65) 500m
 Joanne Worboys (51) 500m
 Lou Headon (60) 500m
 Suzie Prosser (56) 500m
 Bobby Winger (67) 500m
 Pam Bates (63) 500m
 Helen Hamilton (73) 500m
 Helmut Klein (79) 500m
14. **NML Manly (NSW)** 342 yrs female 25/50 **104:26.34**
 Susan Anderson (71) 500m
 Sonja Walters (61) 500m
 Mary Woodward (68) 1000m
 Debra Thackeray (67) 1500m
 Suzanne Johns (75) 1500m
15. **NWS Wests Auburn (NSW)** 94 yrs male 50m **107:31.67**
 Michael Parkinson (50) 2500m
 Peter Faber (44) 2500m
16. **NWS Wests Auburn (NSW)** 274 yrs male 50m **108:55.53**
 Terry Gainey (63) 1000m
 Michael Parkinson (50) 1000m
 Peter Faber (44) 1000m
 Daryl Slade (65) 1000m
 Ben Taylor (52) 1000m
17. **NCM Clarence River (NSW)** 319 yrs mixed 25m **109:01.08**
 Gregory Don (65) 1000m
 Judy King (72) 1000m
 Sue-Ellen Hyne (59) 1000m
 Leonie Daley (69) 1000m
 Danielle Ryan (54) 1000m
18. **NCM Clarence River (NSW)** 412 yrs mixed 50m **109:18.33**
 Bobby Winger (67) 1000m
 Helmut Klein (79) 1000m
 Alan Lawrence (69) 1000m
 John Morton (62) 1000m
 Gail Delucia (66) 1000m
19. **NWS Wests Auburn (NSW)** 224 yrs mixed 50m **109:38.64**
MEDLEY
 Daryl Slade (65) 1250m BACKSTROKE
 Michael Parkinson (50) 1250m BREASTSTROKE
 Kerryn Blanch (47) 1250m BUTTERFLY
 Ben Taylor (52) 1250m FREESTYLE
20. **NWS Wests Auburn (NSW)** 583 yrs mixed 50m **116:20.59**
 Susan Bellamy (62) 500m
 Kerryn Blanch (47) 500m
 Maureen Hall (80) 500m
 Cassie Anderson (40) 500m
 Beth Clothier (63) 500m
 Michael Parkinson (50) 500m
 Daryl Slade (65) 500m
 Peter Faber (44) 500m
 Hillary Morrison (74) 500m
 Ben Taylor (52) 500m

21.	NET Ettalong (NSW) Wendy Cook (62) 1000m Marion Dreyer (73) 1000m Anne Burt (74) 1000m Johanna Kingma (69) 1000m Darren Bennett (54) 1000m	332 yrs mixed	25nm	118:14.51
22.	NWS Wests Auburn (NSW) Susan Bellamy (62) 2500m Maureen Hall (80) 2500m	142 yrs female	50m	122:26.98
			2019	121:01.87
			2018	118:37.29
			2017	118:27.72
			2016	123:19.10
			2015	116:21.85
			2014	116:27.18
			2013	116:19.22
			2012	119:49.86
			2011	115:37.88
			2010	114:16.12
			2009	111:41.04
			2008	110:55.72
			2007	118:54.42
				<u>FOURTEEN YEARS IN A ROW !!!</u>
23.	NWS Wests Auburn (NSW) Susan Bellamy (62) 1000m Kerryn Blanch (47) 1000m Maureen Hall (80) 1000m Cassie Anderson (40) 1000m Beth Clothier (63) 1000m	292 yrs female	50m	123:45.59
			2019	119:04.67
			2018	124:10.36
			2017	124:36.87
24.	TDD Devenport (Tas) Maralyn Brack (66) 1000m Anna Maddick (53) 1000m Wilma Aherne (70) 1000m Sue Langham (63) 1000m Penny Burk (48) 1000m	300 yrs female	50m	123:58.75
25.	NTN Tuggeranong (ACT) Kirsten Madsen (52) 2500m Kerry O'Neill (60) 2500m	112 yrs female	50m	126:00.38
26.	NCM Clarence River (NSW) Lynne Eke (63) 500m Jillian Ennever (65) 500m Janet Pickup (64) 500m Gregory Don (65) 500m Robert Wattus (67) 500m Timothy Cashman (65) 500m Nicole Don (63) 500m Julie Henry (63) 500m Alan Schofield (68) 500m Judy King (72) 500m	655 yrs mixed	25m	129:11.23

27.	NWS Wests Auburn (NSW) BACK STROKE Daryl Slade (65) 1000m Beth Clothier (63) 1000m Michael Parkinson (50) 1000m Terry Gainey (63) 1000m Cassie Anderson (40) 1000m	281 yrs mixed	50m	132:58.59
28.	NWS Wests Auburn (NSW) BREAST STROKE Susan Bellamy (62) 1000m Kerryn Blanch (47) 1000m Maureen Hall (80) 1000m Cassie Anderson (40) 1000m Beth Clothier (63) 1000m	292 yrs female	50m	157:11.46 <i>2019 154:02.03</i> <i>2018 158:12.75</i> <i>2017 150:32.54</i>

2 x 2500m RELAYS

1.	NTN Tuggeranong (ACT) Richard Phillips (52) 2500m Kylie Lane (43) 2500m	95 yrs mixed	50m	84:22.16
2.	NCM Clarence River (NSW) Michael Bleach (65) 2500m James Wheeler (52) 2500m	117 yrs male	50m	86:04.00
3.	NCM Clarence River (NSW) Jane Lawrence (61) 2500m Kylie Duff (35) 2500m	97 yrs female	50m	87:26.00
4.	NTN Tuggeranong (ACT) Ann Reid (58) 2500m Kris Kennedy (55) 2500m	95 yrs female	50m	96:20.64
5.	NWS Wests Auburn (NSW) Michael Parkinson (50) 2500m Susan Bellamy (62) 2500m	112 yrs mixed	50m	96:25.44
6.	NCM Clarence River (NSW) Joanne Worboys (51) 2500m Simon Worboys (53) 2500m	104 yrs mixed	50m	97:13.00
7.	NTN Tuggeranong (ACT) Katrina Burgess (52) 2500m Donna Campbell (58) 2500m	111 yrs female	50m	97:54.37
8.	NET Ettalong (NSW) Lauren Bradley (36) 2500m Katie Grando (37) 2500m	73 yrs female	25m	99:06.24
9.	NWS Wests Auburn (NSW) Michael Parkinson (50) 2500m Peter Faber (44) 2500m	94 yrs male	50m	107:31.67
10.	NWS Wests Auburn (NSW) Susan Bellamy (62) 2500m Maureen Hall (80) 2500m	142 yrs female	50m	122:26.98
11.	NTN Tuggeranong (ACT) Kirsten Madsen (52) 2500m Kerry O'Neill (60) 2500m	112 yrs female	50m	126:00.38

5 x 1000m (etc) RELAYS

- | | | | | |
|----|---|----------------|-------|------------------|
| 1. | NCM Clarence River (NSW)
Joanne Worboys (51) 1000m
Simon Worboys (53) 1000m
Jane Lawrence (62) 1000m
Michael Bleach (65) 1000m
James Wheeler (52) 1000m | 283 yrs mixed | 50m | 87:21.33 |
| 2. | NWS Wests Auburn (NSW)
Susan Bellamy (62) 1000m
Ben Taylor (52) 1000m
Michael Parkinson (50) 1000m
Daryl Slade (65) 1000m
Beth Clothier (63) 1000m | 292 yrs mixed | 50m | 98:54.25 |
| 3. | NML Manly (NSW)
Susan Anderson (71) 500m
Sonja Walters (61) 500m
Mary Woodward (68) 1000m
Debra Thackeray (67) 1500m
Suzanne Johns (75) 1500m | 342 yrs female | 25/50 | 104:26.34 |
| 4. | NWS Wests Auburn (NSW)
Terry Gainey (63) 1000m
Michael Parkinson (50) 1000m
Peter Faber (44) 1000m
Daryl Slade (65) 1000m
Ben Taylor (52) 1000m | 274 yrs male | 50m | 108:55.53 |
| 5. | NCM Clarence River (NSW)
Gregory Don (65) 1000m
Judy King (72) 1000m
Sue-Ellen Hyne (59) 1000m
Leonie Daley (69) 1000m
Danielle Ryan (54) 1000m | 319 yrs mixed | 25m | 109:01.08 |
| 6. | NCM Clarence River (NSW)
Bobby Winger (67) 1000m
Helmut Klein (79) 1000m
Alan Lawrence (69) 1000m
John Morton (62) 1000m
Gail Delucia (66) 1000m | 412 yrs mixed | 50m | 109:18.33 |
| 7. | NET Ettalong (NSW)
Wendy Cook (62) 1000m
Marion Dreyer (73) 1000m
Anne Burt (74) 1000m
Johanna Kingma (69) 1000m
Darren Bennett (54) 1000m | 332 yrs mixed | 25nm | 118:14.51 |
| 8. | NWS Wests Auburn (NSW)
Susan Bellamy (62) 1000m
Kerryn Blanch (47) 1000m
Maureen Hall (80) 1000m
Cassie Anderson (40) 1000m
Beth Clothier (63) 1000m | 292 yrs female | 50m | 123:45.59 |

9. **TDD Devenport (Tas)** 300 yrs female 50m **123:58.75**
Maralyn Brack (66) 1000m
Anna Maddick (53) 1000m
Wilma Aherne (70) 1000m
Sue Langham (63) 1000m
Penny Burk (48) 1000m
10. **NWS Wests Auburn (NSW)** 281 yrs mixed 50m **132:58.59**
BACK STROKE
Daryl Slade (65) 1000m
Beth Clothier (63) 1000m
Michael Parkinson (50) 1000m
Terry Gainey (63) 1000m
Cassie Anderson (40) 1000m
11. **NWS Wests Auburn (NSW)** 292 yrs female 50m **157:11.46**
BREAST STROKE
Susan Bellamy (62) 1000m
Kerryn Blanch (47) 1000m
Maureen Hall (80) 1000m
Cassie Anderson (40) 1000m
Beth Clothier (63) 1000m

4 X 1250m RELAYS

1. **NCM Clarence River (NSW)** 242 yrs mixed 50m **87:10.51**
Michael Bleach (65) 1250m
Jane Lawrence (62) 1250m
Simon Worboys (53) 1250m
John Morton (62) 1250m
2. **NCM Clarence River (NSW)** 239 yrs mixed 25m **94:00.90**
Matthew Eke (64) 1250m
Sue-Ellen Hyne (59) 1250m
Doug Jeffrey (65) 1250m
James Ryan (51) 1250m
3. **NWS Wests Auburn (NSW)** 224 yrs mixed 50m **109:38.64**
MEDLEY
Daryl Slade (65) 1250m BACKSTROKE
Michael Parkinson (50) 1250m BREASTSTROKE
Kerryn Blanch (47) 1250m BUTTERFLY
Ben Taylor (52) 1250m FREESTYLE

10 X 500m RELAYS

- 1. NCM Clarence River (NSW)** 619 yrs mixed 50m **103:13.11**

James Wheeler (52) 500m
Simon Worboys (53) 500m
Michael Bleach (65) 500m
Joanne Worboys (51) 500m
Lou Headon (60) 500m
Suzie Prosser (56) 500m
Bobby Winger (67) 500m
Pam Bates (63) 500m
Helen Hamilton (73) 500m
Helmut Klein (79) 500m
- 2. NWS Wests Auburn (NSW)** 583 yrs mixed 50m **116:20.59**

Susan Bellamy (62) 500m
Kerryn Blanch (47) 500m
Maureen Hall (80) 500m
Cassie Anderson (40) 500m
Beth Clothier (63) 500m
Michael Parkinson (50) 500m
Daryl Slade (65) 500m
Peter Faber (44) 500m
Hillary Morrison (74) 500m
Ben Taylor (52) 500m
- 3. NCM Clarence River (NSW)** 655 yrs mixed 25m **129:11.23**

Lynne Eke (63) 500m
Jillian Ennever (65) 500m
Janet Pickup (64) 500m
Gregory Don (65) 500m
Robert Wattus (67) 500m
Timothy Cashman (65) 500m
Nicole Don (63) 500m
Julie Henry (63) 500m
Alan Schofield (68) 500m
Judy King (72) 500m