



**masters  
swimming**  
NEW SOUTH  
WALES

**MASTERS SWIMMING NSW INC.**

# **2019 ANNUAL REPORT**

**Life Members:**

Ken Ford (dec)

Brian Hird

Margaret (Peg) Wilson (dec)

George McGilvray (dec)

Sue Johnstone

Beryl Stenhouse

Gary Stutsel

Helen Rubin

Jane Noake

Mark Hepple

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## PRESIDENT'S REPORT 2019

2019 was a dynamic and exciting year for our swimmers in NSW. We are very lucky to continue to have a highly dedicated team of volunteers who keep adding value to our organisation. This in turn gives our swimmers the best possible experiences in and out of the water.

The branch coaching team, led by Anne Smyth and Di Coxon-Ellis and joined by Paul Bailey, Peter McGee, Gary Stutsel and Caz Makin, have continued with their activities throughout 2019 offering clinics to swimmers and coaches across the state, as well as coaching courses to build up our ranks of qualified coaches. In addition, Lawrence Powderly stepped into the role of Vice President Country, and took the coaching team to Merimbula, Ulladulla and Oak Flats for some special coaching and training. Members from Blue Mountains (Jillian and Nerida) travelled to Goulburn with Anne to run an adult learn to swim day. All of these activities were enjoyed by members and some were open to non-members, bringing a greater awareness of Masters Swimming throughout the region. Thank you to all of those involved in running these initiatives

Jane Noake, in her role as Branch Meet Director, ran 3 successful carnivals throughout the year - Long Course, Long Distance and Relay meets - with the help of some amazing volunteer officials. I would like to thank her for continuing to facilitate high quality carnivals and the officials who freely give of their time. It's very easy to forget all of the hard work that goes into organising such events. In advance, I'd also like to thank Jane and all of the technical officials for their involvement in the 2020 National Championships.

A big shout out to all the clubs who also continue to run great quality carnivals. It is not easy to organise events with pool restrictions becoming more of an issue as well as the ever increasing costs involved. I would like to encourage swimmers to support the clubs by attending carnivals whenever they can. Likewise, 4 clubs ran successful postal swims in 2019 - Wests, Hills, Tuggeranong and Singleton. These are a great way to be involved without the pressure of attending a carnival. If you've never done one, why not give it a go?

The members who achieved World, National and Branch records throughout the year are outlined in the Records Report. My hearty congratulations to all these swimmers on their amazing achievements.

During the year we had to cease employing Marketing Coordinator Kim Back due to financial constraints. We thank her for the enthusiasm she brought to the job.

We also said goodbye to Sue Wiles from the Board. She held the position of Vice President Country for 8 years and was a valuable member of the Board for many more years. Her knowledge and friendship has been missed at meetings but we all enjoy a catch up on the pool deck.

Finally, I'd like to make special mention of our Branch Recorder Mark Hepple. Mark is so much more than a branch recorder. My school has a saying - "never see a need without doing something about it". This is exactly how Mark operates. And what's more, he sees things others don't, so he's coming up with answers to questions and problems when we are only just realising they are there. Mark is always obliging and freely gives of so much time and puts his heart and soul into the projects he undertakes. On behalf of the Board, membership and all stakeholders - thank you Mark.

Remember you only get out what you put in and the more you are involved the more fun it is! So get involved and help keep our organisation going strong!

Yours in Fitness, Friendship and Fun.

**Kerryn Blanch**  
President

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## **COUNTRY VICE PRESIDENT'S REPORT 2019**

I was elected to the Board of MSNSW at the Annual General Meeting in May 2019 replacing the wonderful Sue Wiles who stepped down from the position after a number of years. Sue will be sadly missed on the board, but we will still see her around poolside at carnivals.

Please let me introduce myself and give you a little run down of my history.....

I was raised in Young NSW and swam with the Young Amateur Swimming Club from 1969 to 1982, then transferred to Sydney with my job within Transport NSW. I then joined the North Sydney Amateur Swimming Club in 1993 as a swimmer then as a committee member, from 1998 – current. Holding positions as President, Race Secretary, Secretary and now the Sunday morning co-ordinator. I was awarded a Life Membership of North Sydney Swimming Club in 2007 and have been running the Sunday morning swim club from October to April for the last 23 years. I also represented the North Sydney Swimming Club at the Northern Suburbs Regional Meetings as a committee member from 2000 to 2010.

I joined North Sydney Masters Swim Club in 1995 till 2000, when I transferred to Wett Ones based at Sydney University, with whom I am still a current member.

Since starting as the Vice President – Country I have had two ‘workshops’ promoting Masters’ swimming. One being the Ulladulla Experience and the other Sapphire Coast Weekend Workshop.

### **“Open Adult Swim Meet - Ulladulla Experience” - May 11<sup>th</sup> and 12<sup>th</sup> May 2019**

#### **Saturday 11<sup>th</sup> May 2019 – “Coaching Clinic”**

Saturday 11<sup>th</sup> May 2019 saw around 30 swimmers attend the Coaching Clinic with 5 coaches assisting the swimmers with stroke correction for all strokes and helpful advice on how to better their techniques. There were 5 local swimmers along with 35 from various NSW clubs that participated in the event and their feedback was very positive.

The Ulladulla Leisure centre provided the 8 lane, 25m indoor pool wholly for this Masters’ Coaching Clinic from 1pm until 3.45pm.

That night saw around 36 swimmers / partners gather at the Mollymook Golf Club for dinner.

#### **Sunday 12<sup>th</sup> May 2019 – “Mini Meet”**

Sunday started out just the same as Saturday finished, swimmers enjoy themselves and having some fun.

The pool staff, who by the way could not do enough for us over the entire weekend, provided us with a BBQ so we could have a sausage sizzle at the completion of the mini meet.

Feedback from swimmers was that the whole experience was very rewarding and they all came away with a little more knowledge than when they started. It was sad that we didn't have more locals turn up to the mini meet and have a swim on Sunday but we put this down to being Mother's day and swimmers having other commitments.

### **Adult Swimming Workshop – Sapphire Aquatic Centre PAMBULA**

The June long weekend saw MSNSW hold a clinic plus a mini meet for swimmers in the local area to come along and see what Masters' Swimming can offer. MSNSW provided four coaches along with the coach of Sapphire Coast Stingrays who assisted with the Adult Swimming Workshop.

A massive thank you must go out to Bruce and Julie Williamson (Sapphire Coast Club) for all the groundwork that was put into assisting us for successful weekend.

Saturday saw 32 adults take up the offer of the workshop. The workshop was conducted in two sessions, one from 12.30pm to 2.00pm and 2.30pm to 4.00pm with each session hosting sixteen swimmers.

The word from the participants of the workshop was very positive and they said they got a lot out of it.

Numerous swimmers returned on Sunday morning and had a swim and a time trial with the Sapphire Coast Stingrays.

Focus for the first half of 2020 will be on encouraging a large number of country members to come to Sydney to attend the National Championships which will be held in April at the Sydney Olympic Aquatic Centre.

**Lawrence Powderly**  
Country Vice President



# NATIONAL BOARD DELEGATE'S REPORT 2019

## Autumn Meeting – Adelaide March 24<sup>th</sup> 2019

A motion was put forward for the introduction of a 6-month membership. The motion was carried.

A motion to recognise joint record holders was discussed. The motion was carried.

## Spring Meeting – Melbourne October 26<sup>th</sup> 2019

Multiclass swimming was the hot topic of conversation with motions with some proposed motions being withdrawn prior to the meeting. We discussed the motion regarding the integration of the Swimming Australia's Multiclass Swimming rules into the MSA Swimming rules. After a revision of the rules the motion was carried.

A motion was discussed regarding the adjustment of the E1000 scoring system and times in some age groups to make the system fairer. The Motion was carried. There was secondary motion regarding promotion of achievements of milestones such as 500 and 750. This was carried.

The second day was spent was spent working on the MSA Strategic Plan and was facilitated by Sue Kelsall from Rapid Impact.

**Jon Hawton**

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# ADMINISTRATOR'S REPORT 2019

## Governance

Masters Swimming NSW is governed by a board of seven members assisted by position holders in Coaching, Endurance, Recording, Safety, Technical, Training, Social Media and Website. Board members were elected at the Annual General Meeting held in May 2019 which was attended by 35 registered persons representing 15 of our 47 clubs.

We welcomed new member David Loader from Wett Ones to the Board.

MSNSW offices, located at Sports House in Sydney Olympic Park, remained rent free; we pay for outgoings and remain grateful to the NSW Office of Sport for this generous support.

## Promotions

### **Recognition**

Many members of MSNSW were recognised for their work and dedication throughout 2019. These included, but were not limited to, Tony Goodwin (Gary Stutsel Award), Kerry Blanch (Official of the Year), Lindsay Brice (Administration Award), Greg Lewin (Coach of the Year), David Loader (Ian Davis Award) and Brad Jensen (Betty Grant Award). The branch offers hearty congratulations to all these recipients.

Mark Hepple again put in countless hours of voluntary labour at the computer launching and updating the new website.

The work done by Mark is behind the scenes and not visible to members so he can be under most peoples radar but the Board is well aware of his enormous value to the Branch. Mark has worked tirelessly on ways to best accommodate Multiclass swimmer at our events. This work will continue looking for the best outcomes for the athletes.

### **Marketing**

We said goodbye, with our grateful thanks, to Kim Back during the year. Kim launched us into communications, marketing and all things social media-wise giving us a very professional polish to our image, getting us on Instagram and providing a range of upmarket collateral that is available for clubs to market themselves. Thank you Kim!

### **Dryland Training**

CPR updates were provided at cost throughout the year to many members either at Sports House or on club premises. This remains an important offering as a life-saving skill that all members can learn.

### **Regional Projects**

Lawrence Powderly, in his role on the Board as Vice President, Country led many projects across the Branch that he'll outline in his own report. They proved exciting and innovative and provided social events not always based on competition but always with aquatic adventures.

## Programs & Activities

### **Coaching Team**

MSNSW's Coaching Director, Di Coxon-Ellis ran Club Coach courses and our thanks go to John Kulhan, Anne Smyth, Vicky Watson and Paul Bailey who also presented at these.

The Coach Project team, led by Anne Smyth, provided constant updates for both the website and Facebook throughout the year. These have been enormously helpful for both coaches AND members. If you're ever looking for a training session go to the Coaching page on the website. Detailed information from Di and Anne are expressed in the Coaching report.

### ***Endurance 1000 Recorder***

Jenny Whiteley kept the branch up to date with all things endurance and MSNSW finished 2019 with twenty six members achieving maximum points while another twenty one managed all swims. These numbers are up again from previous years.

Campbelltown topped Tuggeranong, but both clubs accrued more points than last year. Participants came from 42 MSNSW clubs.

Again we thank Pauline Samson for her tireless efforts in keeping us all up to speed with the E1000 program and with all things record-y!

### ***Safety***

The Branch Safety Coordinator, Jodie Burke, continued to ensure that clubs follow the national safety guidelines at all club and interclub activities.

CPR courses were again conducted at cost price to encourage all members to get this life-saving qualification.

### ***Technical and Training Team***

2019 saw Gary Stutsel stand down from his position as Technical Director and luckily for MSNSW Marilyn Earp took on the role. The contribution that Gary has made to Masters Swimming, not only the Branch but the sport as a whole cannot be expressed but his help and advice over the years to anybody who asked is deserving of a knighthood! Enjoy your well-earned retirement Gary and Audrey, we'll see you on pool deck.

Marilyn has hit the floor running by investigating and clarifying certain rules and discussing these widely with fellow Referees and Technical Officials, also writing hints and tips for members in the Monthly News.

MSNSW continues to have a healthy base of officials on which to call but can never have enough to share the workload. All members are strongly encouraged to get qualified in one or more positions to help on pool deck.

### ***Swim Meets***

Throughout NSW and the ACT eighteen sanctioned meets were booked to be held in 2019. The calendar was made up of nine long-course and nine short-course meets inclusive of our four Branch meets as follows:

Long-course championships were conducted at Sydney Olympic Park Aquatic Centre, with 309 swimmers booked in to compete from 42 clubs including thirteen inter-staters, a swimmer from NZ and one from Canada.

The Branch relay meet in July was held in the short-course pool at Woy Woy, attracting 67 swimmers from 17 clubs.

The Branch long-distance long-course championships were held in September at Knox Grammar, with 107 swimmers from 25 clubs.

The short-course championships were held in October over two days at Woy Woy, attracting 231 competitors from 34 clubs including seven MSA members from Queensland, Tasmania and Victoria.

October also saw the Branch host an open water swim as a test event prior to the 2020 National Championship offering. The quiet and almost secret location of Lake Parramatta was supported by Parramatta City Council and happily it went ahead on the launch day of Our Living River so was included in the Council's promotions. The swimmers that took up the option enjoyed the surprisingly clean and almost warm waters.

#### Acknowledgements

Jamie Turner and Kevin Stirling continued to support and help run and organise the Branch office throughout the year.

Due to ill health Kevin now needs to stand down from this support. For many years Kevin has volunteered both in the office and from his home providing detailed data to me for upcoming Branch meets and then attending events and assisting on the Medals Table. Like many of our members Kevin has a fascinating background and is widely read, he could talk and advise on many subjects and recommended many an interesting book to read. I thank him from the bottom of my heart and wish him all the very best, I miss his contribution already.

My grateful thanks also go to Jamie who pops in whenever I am swamped with mundane tasks and her cheery personality always eases the workload. If, as a member, you receive certificates, get any printed material from MSNSW or merchandise/products then it probably has Jamie's fingerprints on it. I love your company Jamie!

Since taking early retirement the branch office receives the benefit of advice and assistance from Lawrence Powderly on a weekly basis. Most members who attend events will know him well from the Marshalling desk and Check starting, he is equally as calm, helpful and funny as you have experienced on pool deck.

Thank you Lawrence.

We again had the assistance of Volunteering NSW volunteers at Branch Championships with timekeeping and running and we are most appreciative of their presence.

Many thanks also go to our national General Manager and Administration team for their consistent support throughout 2019. It is comforting to know they have my back. Thank you to both Sarah and Kath.

**Jillian Pateman**  
Administrator

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**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.  
FOR THE YEAR ENDED 31 DECEMBER 2019**

**DIRECTOR'S REPORT**

Your committee members submit the financial report of The NSW Association of AUSSI Masters Swimming Clubs Inc. for the financial year ended 31 December 2019.

**Committee Members**

The names of committee members throughout the year and at the date of this report are:

<b>Committee Member</b>	<b>Position</b>
Kerryn Blanch	President
Paul Bailey	Treasurer
Tony Tooher	Vice President
Lawrence Powderly	Country Vice President
Jon Hawton	Committee
Diana Watts	Committee
David Loader	Committee

**Principal Activities**

The principal activities of the Association during the financial year were the promotion of sport, in particular, that it is a national organisation founded to encourage all adults regardless of age or ability, to swim regularly in order to promote fitness and improve their general health.

**Significant Changes**

No significant change in the nature of these activities occurred during the year.

**Operating Result**

The loss of the Association for the financial year after providing for income tax amounted to \$19,872 (2018: loss \$35,808), as per the financial statements.

**Going Concern**

This financial report has been prepared on a going concern basis which contemplates continuity of normal business activities and the realisation of assets and settlement of liabilities in the ordinary course of business. The ability of the association to continue to operate as a going concern is dependent upon the ability of the association to generate sufficient cashflows from operations to meet its liabilities. The members of the association believe that the going concern assumption is appropriate.

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.  
FOR THE YEAR ENDED 31 DECEMBER 2019**

**DIRECTOR'S REPORT  
(Continued)**

**After Balance Date Events – Impact of COVID-19**

In December 2019, a novel strain of coronavirus disease (“COVID-19”) was first reported in Wuhan, China. Less than four months later, on March 11, 2020, the World Health Organisation declared COVID-19 a pandemic. The extent of COVID-19’s effect on the Company’s operational and financial performance will depend on future developments, including the duration, spread and intensity of the pandemic, all of which are uncertain and difficult to predict considering the rapidly evolving landscape. As a result, it is not currently possible to ascertain the overall impact of COVID-19.

Signed in accordance with a resolution of the Members of the Committee on:

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Kerryn Blanch (President)  
Date    /    /

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Paul Bailey (Treasurer)  
Date    /    /

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.  
FOR THE YEAR ENDED 31 DECEMBER 2019**

**INCOME AND EXPENDITURE STATEMENT**

	<b>2019</b>	<b>2018</b>
<b>Income</b>		
<b>Grant Operating</b>		
Realisation of Grant Income	27,904	17,540
<b>Total Grant Operating</b>	<b>27,904</b>	<b>17,540</b>
<b>Event Income</b>		
AGM Function Ticket	420	466
Bushranger Fees Online	222	199
Club Registration Fees	2,410	2,480
Coaching Income	1,858	171
Meet Sanction Fee	650	800
Member Registrations Online	42,823	42,819
MSNSW Long Course Championships	14,052	853
MSNSW Long Distance Championships	2,514	2,599
MSNSW Relay Meet	6,342	2,751
MNSW Short Course Championships	8,081	6,072
Open Water Event	320	-
<b>Total Event Income</b>	<b>79,692</b>	<b>59,210</b>
Fundraising	160	-
<b>Total Income</b>	<b>107,756</b>	<b>76,750</b>
<b>Cost of Sales</b>		
Carnival Expenses	23,480	4,432
Coaching Expenses	3,141	1,204
Officials Training & Courses	4,272	844
Recorder Expenses	3,231	1,985
<b>Total Cost of Sales</b>	<b>34,124</b>	<b>8,465</b>
<b>Gross Profit</b>	<b>73,632</b>	<b>68,285</b>
<b>Other Income</b>		
Other Revenue	4,425	410
Interest Income	580	899
Newsletter and Other Promotional Income	400	400
<b>Total Other Income</b>	<b>5,405</b>	<b>1,709</b>

The accompanying notes form part of these financial statements.  
These statements should be read in conjunction with the attached compilation report.

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.  
FOR THE YEAR ENDED 31 DECEMBER 2019**

**INCOME AND EXPENDITURE STATEMENT  
(Continued)**

	<b>2019</b>	<b>2018</b>
<b>Expenditure</b>		
Depreciation	1,554	997
Travel and Accommodation	337	-
Advertising	-	1,780
Aerobic Expenses	1,994	1,686
AGM Expenses	1,269	1,946
Audit Fees	2,200	2,200
Board Meeting Expenses	963	1,757
Entertainment	330	-
General Expenses	111	95
Go Country Expenses	973	-
Illawarra Grant Expenses	6,110	-
Insurance	654	331
Office Expenses	181	-
Postage, Printing & Stationery	892	1,063
Subscriptions & Dues	790	1,000
Superannuation	6,822	7,300
Telephone & Internet	296	113
Top Ten Expenses	408	456
Training & Development – Member & Club	1,216	2,163
Wages and Salaries	71,809	81,551
Website Development	-	1,364
<b>Total Expenditure</b>	<b>98,909</b>	<b>105,802</b>
<hr/>		
<b>(Deficit) Before Income Tax Adjustment</b>	<b>(19,872)</b>	<b>(35,808)</b>
<hr/>		
<b>(Deficit) for the Year Before Income Tax</b>	<b>(19,872)</b>	<b>(35,808)</b>
<hr/>		
<b>Current Year (Deficit) After Income Tax</b>	<b>(19,872)</b>	<b>(35,808)</b>

The accompanying notes form part of these financial statements.  
These statements should be read in conjunction with the attached compilation report.

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.  
AS AT 31 DECEMBER 2019**

**ASSETS AND LIABILITIES STATEMENT**

	Notes	31 Dec 2019	31 Dec 2018
<b>Assets</b>			
<b>Current Assets</b>			
<b>Cash and Cash Equivalents</b>			
Cheque Account		19,290	13,074
Online Saver		180,296	209,716
Petty Cash on Hand		349	200
<b>Total Cash and Cash Equivalents</b>		<b>199,935</b>	<b>222,990</b>
<b>Total Current Assets</b>		<b>199,935</b>	<b>222,990</b>
<b>Non-Current Assets</b>			
<b>Office Equipment</b>			
Office Equipment		14,774	9,924
Office Equipment – Less Accumulated Depreciation		(8,904)	(7,350)
<b>Total Office Equipment</b>		<b>5,870</b>	<b>2,574</b>
<b>Other Non-Current Assets</b>			
Inventory		1,478	834
<b>Total Other Non-Current Assets</b>		<b>1,478</b>	<b>834</b>
<b>Total Non-Current Assets</b>		<b>7,348</b>	<b>3,408</b>
<b>Total Assets</b>		<b>207,283</b>	<b>226,398</b>
<b>Liabilities</b>			
<b>Current Liabilities</b>			
<b>Trade and Other Payables</b>			
Club Registration Fees – In Advance		1,580	2,020
Audit Fees Accrued 31 December		2,200	2,100
PAYG Withholdings Payable		2,030	5,944
<b>Total Trade and Other Payables</b>		<b>5,810</b>	<b>10,064</b>

The accompanying notes form part of these financial statements.  
These statements should be read in conjunction with the attached compilation report.

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.  
AS AT 31 DECEMBER 2019**

**ASSETS AND LIABILITIES STATEMENT  
(Continued)**

	Notes	31 Dec 2019	31 Dec 2018
<b>Employee Benefits</b>			
Superannuation Payable		152	-
<b>Total Employee Benefits</b>		<b>152</b>	<b>-</b>
Illawarra Grant - May 2018 \$10,000		-	3,333
National Championships Account (for transfer)		516	-
NSW Office of Sport Grant - 12 months from 1 April 2020 \$20,000		3,333	-
NSW Office of Sport Grant - December 2019		5,000	-
Registrations NSW Online - In Advance		16,683	17,340
<b>Total Current Liabilities</b>		<b>31,494</b>	<b>30,737</b>
<b>Other Current Liabilities</b>			
Rounding		-	-
<b>Total Other Current Liabilities</b>		<b>-</b>	<b>-</b>
<b>Total Liabilities</b>		<b>31,494</b>	<b>30,737</b>
<b>Net Assets</b>		<b>175,789</b>	<b>195,661</b>
<b>Equity</b>			
<b>Capital Reserve</b>			
Current Year Earnings		(19,872)	(35,808)
Retained Earnings		191,869	227,677
<b>Total Capital Reserve</b>		<b>171,997</b>	<b>191,869</b>
<b>Financial Instruments</b>			
Betty Grant Legacy		1,000	1,000
Corpus		2,792	2,792
<b>Total Financial Instruments</b>		<b>3,792</b>	<b>3,792</b>
<b>Total Equity</b>		<b>175,789</b>	<b>195,661</b>

The accompanying notes form part of these financial statements.  
These statements should be read in conjunction with the attached compilation report.

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.  
FOR THE YEAR ENDED 31 DECEMBER 2019**

**NOTES TO THE FINANCIAL STATEMENTS**

**1. Summary of Significant Accounting Policies**

The financial statements are special purpose financial statements prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act 2009 and Associations Incorporation Regulation 2010. The committee has determined that the association is not a reporting entity.

The financial statements have been prepared on an accruals basis and are based on historic costs and do not take into account changing money values or, except where stated specifically, current valuations of non-current assets.

The following significant accounting policies, which are consistent with the previous period unless stated otherwise, have been adopted in the preparation of these financial statements.

**Property, Plant and Equipment (PPE)**

Leasehold improvements and office equipment are carried at cost less, where applicable, any accumulated depreciation.

The depreciable amount of all PPE is depreciated over the useful lives of the assets to the association commencing from the time the asset is held ready for use.

Leasehold improvements are amortised over the shorter of either the unexpired period of the lease or the estimated useful lives of the improvements.

**Impairment of Assets**

At the end of each reporting period, the committee reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have been impaired. If such an indication exists, an impairment test is carried out on the asset by comparing the recoverable amount of the asset, being the higher of the asset's fair value less costs to sell and value in use, to the asset's carrying amount. Any excess of the asset's carrying amount over its recoverable amount is recognised in the income and expenditure statement.

**Provisions**

Provisions are recognised when the association has a legal or constructive obligation, as a result of past events, for which it is probable that an outflow of economic benefits will result and that outflow can be reliably measured. Provisions are measured at the best estimate of the amounts required to settle the obligation at the end of the reporting period.

These notes should be read in conjunction with the attached compilation report.

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.  
FOR THE YEAR ENDED 31 DECEMBER 2019**

**NOTES TO THE FINANCIAL STATEMENTS**

**1. Summary of Significant Accounting Policies** (continued)

**Cash on Hand**

Cash on hand includes cash on hand, deposits held at call with banks, and other short-term highly liquid investments with original maturities of three months or less.

**Accounts Receivable and Other Debtors**

Accounts receivable and other debtors include amounts due from members as well as amounts receivable from donors. Receivables expected to be collected within 12 months of the end of the reporting period are classified as current assets. All other receivables are classified as non-current assets.

**Revenue and other Income**

Revenue is measured at the fair value of the consideration received or receivable after taking into account any trade discounts and volume rebates allowed. For this purpose, deferred consideration is not discounted to present values when recognising revenue.

Interest revenue is recognised using the effective interest method, which for floating rate financial assets is the rate inherent in the instrument. Dividend revenue is recognised when the right to receive a dividend has been established.

Grant and donation income is recognised when the entity obtains control over the funds, which is generally at the time of receipt.

If conditions are attached to the grant that must be satisfied before the association is eligible to receive the contribution, recognition of the grant as revenue will be deferred until those conditions are satisfied.

All revenue is stated net of the amount of goods and services tax.

**Financial Assets**

Investments in financial assets are initially recognised at cost, which includes transaction costs, and are subsequently measured at fair value, which is equivalent to their market bid price at the end of the reporting period. Movements in fair value are recognised through an equity reserve.

**Accounts Payable and Other Payables**

Accounts payable and other payables represent the liability outstanding at the end of the reporting period for goods and services received by the association during the reporting period that remain unpaid. The balance is recognised as a current liability with the amounts normally paid within 30 days of recognition of the liability.

These notes should be read in conjunction with the attached compilation report.

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.  
FOR THE YEAR ENDED 31 DECEMBER 2019**

**NOTES TO THE FINANCIAL STATEMENTS**

	<b>2019</b>	<b>2018</b>
<hr/>		
<b>2. Plant and Equipment, Motor Vehicles</b>		
<hr/>		
<b>Plant and Equipment</b>		
Plant and Equipment at Cost	14,774	9,924
Accumulated Depreciation of Plant & Equipment	(8,904)	(7,350)
<b>Total Plant and Equipment</b>	<b>5,870</b>	<b>2,574</b>
<b>Total Plant and Equipment, Motor Vehicles</b>	<b>5,870</b>	<b>2,574</b>
	<b>2019</b>	<b>2018</b>
<hr/>		
<b>3. Trade and Other Payables</b>		
<hr/>		
<b>Other Payables</b>		
PAYG Withholdings Payable	2,030	5,944
<b>Total Other Payables</b>	<b>2,030</b>	<b>5,944</b>
<b>Total Trade and Other Payables</b>	<b>2,030</b>	<b>5,944</b>

These notes should be read in conjunction with the attached compilation report.

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.  
FOR THE YEAR ENDED 31 DECEMBER 2019**

**MOVEMENTS IN EQUITY**

	<b>2019</b>	<b>2018</b>
<hr/>		
<b>Equity</b>		
Opening Balance	195,661	231,469
<b>Increases</b>		
(Loss) for the Period	(19,872)	(35,808)
<b>Total (decreases)</b>	<b>(19,872)</b>	<b>(35,808)</b>
<b>Total Equity</b>	<b>175,789</b>	<b>195,661</b>

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.  
FOR THE YEAR ENDED 31 DECEMBER 2019**

**STATEMENT OF CASH FLOWS**

	<b>2019</b>	<b>2018</b>
<b>Operating Activities</b>		
Receipts from Customers	160	-
Payments to Suppliers and Employees	(96,635)	(93,283)
Cash Receipts from Other Operating Activities	113,001	78,459
Cash Payments from Other Operating Activities	(29,368)	(20,984)
<b>Net Cash Flows from Operating Activities</b>	<b>(12,842)</b>	<b>(35,808)</b>
<b>Investing Activities</b>		
Proceeds from Sales of Property, Plant and Equipment	-	997
Payment for Property, Plant and Equipment	(4,850)	-
Other Cash Items from Investing Activities	(6,269)	20,852
<b>Net Cash Flows from Investing Activities</b>	<b>(11,119)</b>	<b>21,579</b>
<b>Financing Activities</b>		
Other Activities	757	(3,352)
<b>Net Cash Flows from Other Activities</b>	<b>757</b>	<b>(3,352)</b>
<b>Net (Decrease) in Cash Flows</b>	<b>(23,204)</b>	<b>(17,581)</b>
<b>Cash and Cash Equivalents</b>		
Cash and cash equivalents at beginning of period	222,790	240,371
Cash and cash equivalents at end of period	199,586	222,790
<b>Net change in cash for period</b>	<b>(23,204)</b>	<b>(17,581)</b>

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.  
FOR THE YEAR ENDED 31 DECEMBER 2019**

**TRUE AND FAIR POSITION**

**Annual Statements Give True and Fair View of Financial Position and  
Performance of the Association**

We, Kerry Blanch, and Paul Bailey, being members of the committee of The NSW Association of AUSSI Masters Swimming Clubs Inc., certify that –

The statements attached to this certificate give a true and fair view of the financial position and performance of The NSW Association of AUSSI Masters Swimming Clubs Inc. during and at the end of the financial year of the association ending on 31 December 2019.

Signed: Kerry Blanch

Dated: / /

Signed: Paul Bailey

Dated: / /

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.  
FOR THE YEAR ENDED 31 DECEMBER 2019**

**CERTIFICATE BY MEMBERS OF THE COMMITTEE**

I, Paul John Bailey of Narrabeen NSW certify that:

1. I am a committee member of the Association, and
2. I am duly authorised by the committee to make this statement
3. The financial statements for the year ended 31 December 2019 were submitted to the members of the association at its annual general meeting.

Dated: / /

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.  
FOR THE YEAR ENDED 31 DECEMBER 2019**

**INDEPENDENT ASSURANCE PRACTITIONER'S  
REVIEW REPORT**

**Report on Financial Report**

We have reviewed the accompanying special purpose financial report, of The NSW Association of AUSSI Masters Swimming Clubs Inc., which comprises the assets and liabilities statement as at 31 December 2019, the income and expenditure statement, movement in equity and statement of cash flows for the year ended on that date, notes comprising a summary of significant accounting policies, other explanatory information and the certificate by the members of the committee. The financial report has been prepared to fulfil the financial reporting requirements of the committee under the constitution.

**Committee Members' Responsibility for the Financial Report**

The committee of the association is responsible for the preparation and fair presentation of the financial report in accordance with the requirements of the constitution, and for such internal control as committee determines is necessary to enable the preparation of a financial report that is free from material misstatement, whether due to fraud or error.

**Assurance Practitioner's Responsibility**

Our responsibility is to express a conclusion on the accompanying financial report. We conducted our review in accordance with Standard on Review Engagements ASRE 2400, Review if a Financial Report Performed by an Assurance Practitioner Who is not the Auditor of the Entity. ASRE 2400 requires us to conclude whether anything has come to our attention that causes us to believe that the financial report, taken as a whole, are not prepared in all material respects in accordance with the applicable financial reporting framework. This Standard also requires us to comply with relevant ethical requirements.

A review of financial report in accordance with ASRE 2400 is a limited assurance engagement. The assurance practitioner performs procedures, primarily consisting of making enquiries of management and others within the association, as appropriate, and applying analytical procedures, and evaluates the evidence obtained.

The procedures performed in a review are substantially less than those performed in an audit conducted in accordance with Australian Auditing Standards. Accordingly, we do not express an audit opinion on the financial report.

### **Conclusion**

Based on our review, nothing has come to our attention that causes us to believe that this financial report does not present fairly, in all material respects, the financial position of The NSW Association of AUSSI Masters Swimming Clubs Inc. as at 31 December 2019, and of its financial performance and cash flows for the year then ended, in accordance with the requirements of the constitution.

### **Basis of Accounting and Restriction on Distribution and Use**

Without modifying our conclusion, we draw attention to Note 1(a) to the financial report, which describes the basis of accounting. The financial report is prepared to assist the committee to comply with the financial reporting requirements under the constitution. As a result, the financial report may not be suitable for another purpose. Our report is intended solely for members and should not be distributed to or used by parties other than the members.

### **Cabel Partners**

Chartered Accountants

Ray Khalil  
Partner  
12 June 2020

# COACHING DIRECTOR'S REPORT 2019

The coaching group aims to provide support and professional development opportunities to coaches.

It has been a productive and busy coaching year with many of team making huge contributions. Members of Anne's team are: *Di Coxon Ellis* (coaching director) *Paul Bailey*, *Greg Gourley*, *John Kulhan*, *Caroline Makin*, *Peter McGee*, *Jane Noake*, *Bill Moorcroft* and *Peter Johnston*.

In 2019 we welcomed Leisa Cass and Greg Lewin to our team. Big congratulations to Greg L who was awarded NSW and National Coach of the Year for 2018.

Here is a brief summary of what has been achieved:

## **Coach Workshops**

- January: Shoulder Workshop (organised by Peter M)
- July: Peter Raeburn's session on the ageing swimmer (organised by Peter M)
- September: Freestyle workshop-basic faults and how to fix (presented by Greg G and Anne)
- September: Club Coach Course (organised by Di, presenters Paul, John and Anne)
- October: Coaching Forum at State (presenters Greg L and Anne)
- Online support has been provided through articles (by Anne and Greg G) and links to websites

## **Swimmer Workshops**

- February: Starts Workshop (presented by Peter Johnstone)
- May: Ulladulla weekend (presenters Anne Smythe, Greg Gourley, Peter McGee, Paul Bailey and Tony Goodwin)
- June: Pambula Come and Try Masters (presenters Anne S, Greg G, Leisa Cass, with Tom Boyce (NTN) and Sue Keey (NSC))
- July: Canberra (presenters Anne, Greg, G, Leisa, Caz Makin and Tuggeranong coaches)
- July: Goulburn Come and Try Masters (presenters Anne S, Jillian Pateman, Tony Goodwin (NML) and Nerida Murray (NBM))
- October: MSNSW Thredbo Swim Camp (head coaches Anne and Greg G with Susan Leech (NRY) and Wendy M (NWO))
- November: Molonglo Freestyle workshop (run by Greg G and Anne)
- November: Yass - Come and Try Masters (presented by Anne with Joan Bratton (NGN))
- November: Campbelltown Freestyle workshop (run by Anne and Greg G)

Behind the scenes Di, as the coaching director has organised the Club Coach Course and dealt with coach re-qualifications as well as working with MSA coaching committee on coaching issues such as developing an Advanced Club Coach course and improving the current CC course. Congratulations to Di who has been elected Chair of MSA Coaching Committee and to Anne who is now a member of the National Coaching Committee (NCC).

Thank you to Caz Makin who has produced many of our promotional flyers this year.

A big thank you to Jillian who does so much behind the scenes in organising booking rooms, lunches etc.

**Anne Smyth**  
Coaching Team Coordinator

\* \* \* \* \*

As Anne stated, the Branch Coaching Director's role concentrates on coach accreditation and reaccreditation

The Masters Club Coach **accreditation** has three components (1) an online Club Coach course, (2) a face-to-face one day workshop and (3) supervised on-deck coaching. After the workshop participants are required to complete a workbook, log their coaching hours and submit evidence of a CPR and a signed Code of Behavior and they become accredited as a Club Coach.

In 2019 one MSNSW **Club Coach Course workshop** was conducted in August at Sports House, Sydney Olympic Park and Ruth Everuss Aquatic Centre at Auburn with 7 participants. Presenters were *Paul Bailey, Anne Smyth* and *John Kulhan*. One completed the requirements by the end of 2019 Congrats - *Susie Purcell*.

As reported last year we held two CCC workshops in 2018 and in 2019 a further six of the other trainees completed all their requirements – Well done to *Thomas Boyce, Roger Carter, Aaron Cleland, Hannah Cousin* and *Peter Kaupert* (moved to WA).

Two participants in 2017 workshops gained accreditation after an extension – *Peter Bull* and *Susan Leech*.

One coach was granted Recognition of Current Competency (RCC) by MSA – Welcome to *Gray Parkes*.

In 2019 a small number of coaches needed to update their Club Coach **accreditation**.

Of 9 coaches to reaccredit, 6 renewed: *Paul Bailey, Lloyd Mills, Mary-Liz Partridge, Julian Rifkin, plus Kylie and Ray Woods.*

Summary	Total Coaches in 2019	New in 2019	Reaccredited in 2019
NSW	90	10	6

**MSNSW Coach of the Year 2019:**

Two clubs nominated their wonderful coaches for the award this year: *Greg Gourley* by Tuggeranong and *Aaron Cleland* by Blacktown. Greg Gourley. Greg has therefore been nominated for the MSA Coach of the Year which is announced at the National Swim and is presented at the ASCTA Conference at the Gold Coast.

As always, I am supported by previous Branch Coaching Director *John Kulhan* in presenting and assessing the Club Coach course. Also a big thank you to *Anne Smyth* and *Paul Bailey* as presenters.

I echo Anne’s thanks as once again, a huge thankyou to MSNSW administrator, *Jillian Pateman*, for her continued support in organising workshops and professional development activities.

I would like to recognise the tremendous effort again in 2019 by *Anne Smyth* in her work as the Team leader of the Coaching group as evidenced by her report. As Anne has mentioned I am taking on the role of the Chair of the National Coaching Committee and am happy to say that Anne is willing to step into the role of Branch Coaching Director. I have been proud to have held this role for the past 9 years again and also for the years from 1994 to 1998 before I became administrator of MSNSW for 13 years and, in that role, assisted a number of other BCDs. In these positions I have seen many changes to the coaching courses and hope that I can continue the evolution of the courses in my new position leading the NCC. I feel confident that MSNSW will continue to be a force in the development of a strong culture of coaching in our clubs across NSW/ACT and also nationally.

**Di Coxon-Ellis**  
Coaching Director



## MEET DIRECTOR'S REPORT 2019

2019 was our warm up for the National Championships in 2020, so we looked at many of our processes during the year to see how we could improve in order to run a fantastic National Championships in Sydney.

MSNSW already has a wonderful group of officials and as Meet Director I am blessed to be able to work with all these wonderful volunteers. During the year we reached out to our officials to see what innovations could be made to our meets to help us run the Nationals.

One such innovation was marshaling and check starting. Mark Hepple and I attended the Adelaide Nationals and noticed the Marshals and Check Starters used sheets of paper for each heat which was passed on from one check starter to the next - rather than constantly calling out names at each check point. We tried this technique at our Branch Championships at SOPAC and it worked well. But our Marshals went further and suggested this could be done digitally and be more effective.

With the help of Omnium, one of our sponsors for the Nationals (thank you David King), we were able to purchase tablets which were programmed by our IT guru Mark Hepple and we started using these at Marshaling and Check Starting for the rest of the year. There were a few teething problems but with practice and feedback we had a very efficient system by the beginning of 2020.

Another innovation we worked on at SOPAC was getting the marshaling heats on the diving board score board - something we have been asking for, for many years - we finally worked it out!!

Our Branch Long Course Championships were held later than usual in 2019, due to the Nationals being so early in March. This allowed us to hold 6 BPS meets in preparation for the Branch Championships. We had 309 swimmers over the 2 days and a number of interstate visitors, plus a couple from Canada and a lady from NZ. This was also our first Branch Championships where we offered multiclass competition, we had 5 multiclass competitors!

There were 15 Branch records, 11 National records and 4 World records set at this event - congratulations to Clary Munns from Blacktown City for her 4 world records in 50m, 100m and 200m backstroke and 200m butterfly in the 75-79 years age group.

Congratulations to Warringah Masters for winning Division 1, Blue Mountains Phoenix for winning Division 2, Coffs Harbour Masters who won Division 3 and Armidale Masters who won Division 4. Special congratulations to Coffs Harbour and Armidale—wonderful to see them winning trophies.

Unfortunately SOPAC could not give us a date for our Relay Meet this year and we were very lucky to be able to hold the meet at Peninsula Leisure Centre in Woy Woy. This was an interesting change and enabled some of our country clubs to participate in larger numbers. It also brought some innovation from some of our clubs who brought teams by bus - well done Blacktown City and Campbelltown Collegians (and anyone I missed). We had 267 swimmers from 17 clubs and although challenged early on by the electronics at the pool it was a very successful day. Congratulations to North Sydney Masters who won the pointscore narrowly from Wett Ones and Warringah and congratulations to North Shore Masters who won the average points cup very narrowly from Manly Masters.

The Branch Long Distance meet was short course in 2019 at Knox school pool in September. This date was also moved due to the inavailability of the pool on the advertised date. This is becoming more of a problem for Masters Swimming, not just for Branch meets but for club meets as well.

It proved to be another successful day with 107 swimmers entered from 25 clubs. Congratulations to Warringah for winning the Division 1 trophy, Blue Mountains Phoenix for winning Division 2, Ettalong Division 3 and Castle Hill Division 4.

Due to the Nationals being Short course in 2020 we made the decision to hold the Short course Championships at Peninsula Leisure Centre in 2019 and the Long Course Championships at the AIS in Canberra in 2020.

Fortunately we did not have the electronic problems that we encountered at the Branch Relay meet. Again there were a number of interstate visitors and we had 231 swimmers over the 2 days.

Congratulations to Warringah for winning the Division 1 pointscore from Manly and Wett Ones. Division 2 was won by North Sydney, Division 3 by Ettalong Pelicans and Division 4 by Castle Hill RSL.

None of these championships or swim meets would be possible without our wonderful team of officials and volunteers, many of whom you see at nearly every swim meet. Thank you to everyone who gives up their time to officiate and volunteer so that we can hold our swim meets. It's not just about the swimming, but the friendship and camaraderie of Masters swimming that keeps us involved in our sport. If you would like to become involved and help with the running of our meets talk to any of our friendly officials you see on pool deck. It is not hard, it just requires concentration and dedication and you may find you get even more out of Masters swimming.

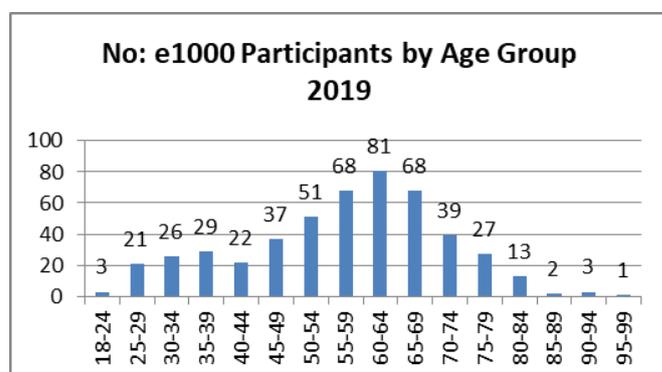
Thank you to everyone for loving our sport

**Jane Noake**  
Meet Director

## ENDURANCE RECORDER'S REPORT 2019

For the e1000 highest points scoring clubs, it was a close finish. **Congratulations to Campbelltown** who edged out Tuggeranong. Both clubs accrued more points than last year. It was also close between 3rd and 4th, with only 50 points separating Blacktown and Wests Auburn.

- There were 42 NSW clubs with members who swam applicable e1000 swims (2 less than last year).
- The total of all points accrued for these clubs was 78950, (last year it was 80543).
- Total participants = 452, (last year it was 432).
- Gender distribution of e1000 participants: Females = 251, Men = 201. (Last year, there were 230 females and 202 males).
- Age group with highest number of participants continues to be the 60-64 year age group.



<b>Clubs with Highest e1000 Points</b>			
1st	NCT	Campbelltown	16363
2nd	NTN	Tuggeranong	15803
3rd	NBT	Blacktown	7476
<b>Clubs with Highest Average e1000 Points per number of club members</b>			
1st	NWS	Wests Auburn	<b>618.8</b>
2nd	NCL	Castle Hill	503.3
3rd	NCT	Campbelltown	467.5
<b>Clubs with Highest Proportion of Participants</b>			
1st	NCL	Castle Hill RSL (6/6)	100.0
1st	NWS	Wests Auburn (12/12)	100.0
2nd	NTN	Tuggeranong (34/35)	97.1
3rd	NOF	Oak Flats (7/8)	87.5

### Swimmers with Maximum Points (1005)

Member	Club	Age Group	Points
BALE, DAVID	NTN	45-49	1005
BLAMIRE, MEGAN	NBT	50-54	1005
BURGESS, KATRINA	NTN	50-54	1005
DA COSTA, LEANNE	NCH	55-59	1005
DAY, BRENDA	NTN	70-74	1005
GRIFFITHS, ROBIN	NBM	65-69	1005
HADDAD, SUZIE	NCT	30-34	1005
HAY, SCOTT	NBT	50-54	1005
JACQUES, GREGORY	NCT	70-74	1005
KAUPERT, PETER	NWG	75-79	1005
KEOGH, LESLEY	NCT	60-64	1005
LANE, KYLIE	NTN	40-44	1005
MAKIN, CAROLINE	NTN	50-54	1005
MCDONALD, MARK	NBT	30-34	1005
MCLEOD, RUSSELL	NCT	65-69	1005
MCMURTRIE, WENDY	NPM	50-54	1005
MICHELS, KERRY-ANN	NBT	50-54	1005
PARKINSON, MICHAEL	NWS	45-49	1005
PELOSA, JAMES	NCT	55-59	1005
PHILLIPS, RICHARD	NTN	50-54	1005
REID, ANN	NTN	55-59	1005
ROUEN, HEATHER	NCT	60-64	1005
SINDEN, OWEN	NCT	60-64	1005
TAYLOR, BEN	NWS	50-54	1005
WHITLEY, JENNY	NRV	60-64	1005
WILSON, LINDALL	NBM	65-69	1005

### Swimmers with Maximum Swims (62)

LEARY, CHRISTINE	NTN	65-69	1003
LLEWELLYN, GEOFFREY	NCN	85-89	995
RISK, LINDSAY	NCT	70-74	985
CAMPBELL, DONNA	NTN	55-59	977
OKE, JOHN	NCN	75-79	975
PREISS, HANS	NCT	70-74	956
PATEMAN, JILLIAN	NBM	60-64	874
SHEPPARD, WENDY	NCL	55-59	855
HENSON, KATHRYN	NCL	55-59	832
TEUNISSEN, ANDREA	NTN	55-59	814
BLANCH, KERRY	NWS	45-49	812
O'BRIEN, KYLE	NCT	30-34	755
SKULANDER, ANNIKA-LEE	NBT	25-29	690
HATCHER, SALLY	NBM	60-64	684
MORRISON, HILARY	NWS	70-74	672
KULHAN, JOHN	NTR	65-69	671
BAKER, DIANE	NCT	65-69	644
ROUEN, ALEXANDRA	NCT	25-29	563
SWEETING, BRUCE	NCL	55-59	505
COLYER, TANYA	NCN	55-59	499
ANDERSON, CASSIE	NWS	35-39	488

**Jenny Whiteley**  
e1000 Recorder

Supported by the



# MEET RECORDER'S REPORT 2019

## Swim Meet System

In 2019, I officiated at 11 interclub meets, three State Championships, and the State Relay meet. My role for each of these includes setup of the online entry system and compilation of entries, setup of the meet database, programme preparation, report preparation for officials, management of results poolside, checking for broken records, submission of relevant record applications, and the uploading of results to the MSNSW website and MSA results portal.

An additional 3 meets were conducted by host clubs using their own licenced software and equipment. For each of these meets my role includes the setup of the online entry system, the compilation of entries and the setup of the meet database, checking post-meet that all broken records have been correctly identified and that relevant record applications have been submitted, then the uploading of results to the MSNSW website and MSA results portal.

717 members participated in one or more swim meets during 2019, representing 49.3% of our membership, compared with 46.5% in 2018.

## Semi-Automatic Timing

Wylas Timing has been utilised at all meets where I officiated as Meet Recorder, except where AOE electronic timing was used. Timekeepers and officials have become familiar with the equipment.

Many thanks to Port Macquarie's Andrew Barltrop who has now completed fabrication of a full set of push-buttons for the Android timing devices.

## Results and Top Ten System

[The MSA Results Portal](#) continues to be the go-to place for up-to-date information on member's results, Top Ten rankings and records – Australia wide. The database is updated from swim meet results and [Endurance 1000](#) data throughout the year, plus additional manual entries from club time trials and non-MSA meets that are submitted by club recorders at the end of the year. A total of 951 times were entered manually from club time trials.

The [results page on the MSNSW website](#) also holds results for meets sanctioned by MSNSW, along with BPS scores, LiveResults for championship meets, and a feature for members to print certificates of meet results.

## Marshalling/Check Starting

Following sponsorship received from Omnium for IT equipment for the 2020 National Championships, 5 Microsoft tablets were purchased. An application has been written to facilitate updating and transfer of information between Marshals and Check Starters across a wireless network. A bonus is that the information can also be accessed by AOE operators, Meet Recorders and Announcers. Trials of the system began at meets around the middle of the year.

## **MultiClass Competition**

Following the decision of MSNSW, at the behest of MSA, to include MultiClass competition in the 2020 National Championships, a great deal of work has been done to create a system to enable the full integration of MultiClass competition with Masters Swimming age group competition, where swimmers with a disability are not treated differently:

- All swimmers are seeded in events according to their nominated entry time, regardless of gender, age, or disability
- Results are calculated using a widely accepted formula to allocate points for the comparison of swim times across different events, rather than strictly on the time swum
- There is no separation of results, other than the traditional Masters age groups
- There is no separation, or duplication of awards
- There is no extra work required by meet recorder, no duplication of events or manual extraction of results

Thanks again to Peter Gregory for his expert assistance when required.

The system was trialed successfully at MSNSW Championships meets during 2019 and our approach was applauded at all stages of development by the MSA General Manager and multiclass stakeholders. This system for full integration of MultiClass competition will continue to be utilised for all MSNSW championship meets, and will be rolled out to the majority of BPS meets in 2020.

Regrettably, due to 11<sup>th</sup> hour objections by the MSA President Gerry Tucker, who objected in principle to the aggregation of results for swimmers with a disability and able-bodied swimmers, the system was not endorsed for use at the 2020 National Championships. Because of the late timing of this decision, and in the absence of any other workable system (as traditional methods do not incorporate masters age groups or nearly 30% of the individual SC events for the meet), MultiClass competition could not be incorporated in the 2020 National Championships.

I would like to take this opportunity to thank Peter Gregory for his expert assistance when things got tricky with coding, with both the Marshalling/Check Starting and MultiClass projects.

**Mark Hepple**  
Meet Recorder



# WEBMASTER'S REPORT 2019

The MSNSW website is the main source of information about the organisation for our members and the wider public.

The biggest project this year has been the addition of over a dozen pages related to the 2020 National Championships, plus many online forms.

Many thanks to:

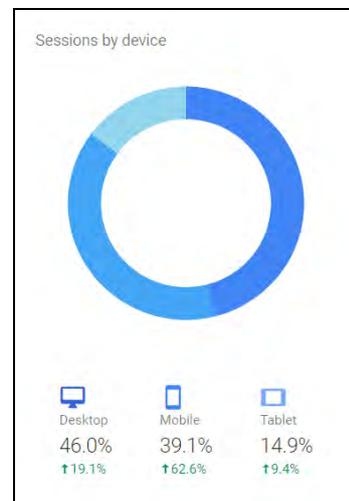
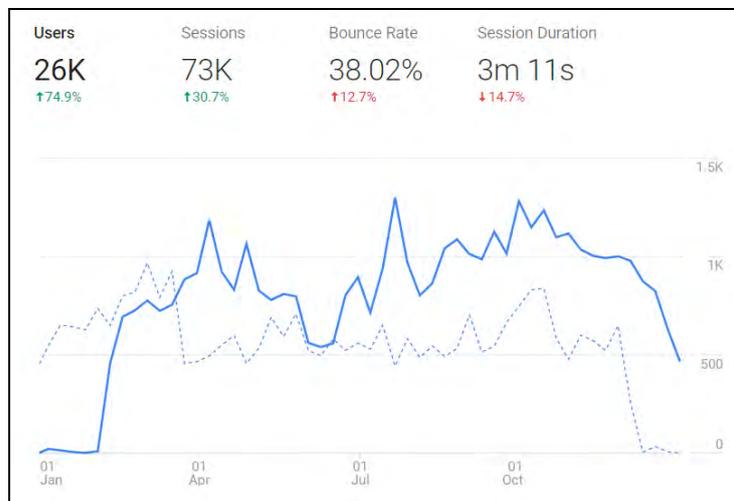
- **Lindsay Brice** for assistance with the MSNSW meet results pages
- **Peter Gregory** for assistance with all things technical

## Website Statistics

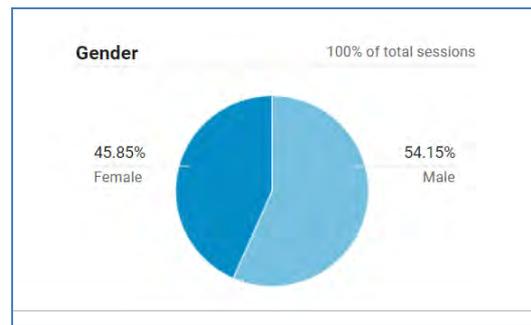
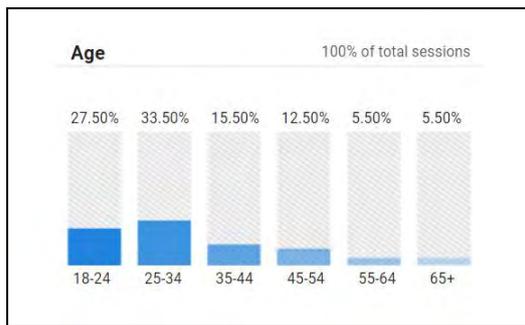
Top 10 pages for traffic:

Page	Page Views	% Page Views
1. /	54,966	22.92%
2. /meet-results/	25,778	10.75%
3. /events/category/sanctioned-meets	19,994	8.34%
4. /downloads/swim-meet-programmes/	13,655	5.69%
5. /events/category/sanctioned-meets/	8,667	3.61%
6. /2020-national-championships/	7,492	3.12%
7. /competition/	4,703	1.96%
8. /about/membership/	4,619	1.93%
9. /event/msnsw-short-course-championships/	3,790	1.58%
10. /coaches-and-officials/coaching/training-programs/	3,738	1.56%

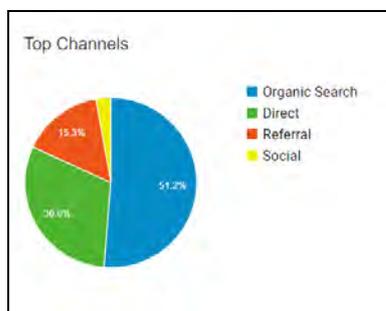
Usage:



## Demographics:



## Site Acquisition:



Social Network	Sessions	% Sessions
1. Facebook	4,069	98.57%
2. Weebly	27	0.65%
3. Instagram	26	0.63%
4. Twitter	6	0.15%

While our main website is hosted by SportsTG, we would like to also thank:

- **Ingenium Internet** for the hosting of our MSNSW Results & LiveResults pages
- [Spin Internet Services](#) for hosting our email

**Mark Hepple**

**INGENIUM INTERNET**



# RECORDS RECORDER'S REPORT 2019

## World Records

Twelve World Records were ratified by FINA in 2019, nine to **Clary Munns** from Blacktown City and three to **Jenny Whiteley** from Ryde AUSSI Masters. Congratulations Clary and Jenny! You are both inspirational to so many members.

<b>Clary Munns</b>	50m Backstroke	LC	40.27
<b>Clary Munns</b>	100m Backstroke	LC	1:28.96
<b>Clary Munns</b>	200m Backstroke	LC	3:16.80
<b>Clary Munns</b>	200m Butterfly	LC	3:44.93
<b>Clary Munns</b>	200m Individual Medley	LC	3:25.01
<b>Clary Munns</b>	50m Backstroke	SC	39.01
<b>Clary Munns</b>	100m Backstroke	SC	1:27.40
<b>Clary Munns</b>	200m Butterfly	SC	3:34.50
<b>Clary Munns</b>	100m Individual Medley	SC	1:27.96
<b>Jenny Whiteley</b>	200m Freestyle	LC	2:21.03
<b>Jenny Whiteley</b>	50m Breaststroke	LC	37.51
<b>Jenny Whiteley</b>	200m Individual Medley	LC	2:44.62

## National Records

118 National records were recognised throughout the year, 71 to women and 47 to men plus 2 Relay records.

Congratulations to:

Aaron Cleland, Jon Hawton, Cameron Horn, Stuart Ellicott, Stephen Lamy, Paul Lemmon, Bill Walker, Jacquelyn Foley, Alex Hardy, Val Lincoln, Heather Morgan, Clary Munns, Olivia Taylor, Liz Wallis and Jenny Whiteley

## Relay Teams

Blacktown City	72-119	4 x 100m	Medley	women	SC
Port Macquarie	320-359	4 x 25m	Free	women	SC

## Branch Records

2019 saw 179 individual branch records made or broken and 7 relay records achieved.

There was a wide split with 103 going to women and 76 to men.

The statistics in regards to pool length showed 79 of these records being attained in long course and 100 in short course pools.

The spread across the **age groups** looked like this:

20-24	1	25-29	6
30-34	5	35-39	5
40-44	1	45-49	19
50-54	8	55-59	12
60-64	28	65-69	3
70-74	8	75-79	46
80-84	7	85-89	3
90-94	17	95-99	10

All **strokes** were targeted:

76 in Backstroke

38 in Breaststroke

24 in Butterfly

23 in Freestyle

18 in Individual Medley

Lastly a look at what **distances** were popular with record breakers in 2019:

10 for 25m

24 for 50m

31 for 100m

34 for 200m

29 for 400m

27 for 800m

24 for 1500m

The branch relay records were made by (in alphabetical order):

Blacktown City (1), North Shore (1), North Sydney (2), Port Macquarie (1) and Wett Ones (2).

My congratulations to you all.

**Jillian Pateman**  
Records Recorder



## TECHNICAL DIRECTOR'S REPORT 2019

Gary Stutsel was always going to be a hard act to follow! His years of experience in Masters Swimming officiating and wealth of knowledge on our complex and often confusing rules is second to none. However, he has been a constant source of support to me and I thank him for sharing his wisdom with me throughout the year.

Gary held a referees meeting at State Long Course where we found we had questions on rules that needed clarification:

**1. If a swimmer misses the wall when turning in a Freestyle race can they go back touch the wall and then continue their race?**

We have two schools of thought.

One says that because Rule SW 10.4 reads *"In all events a swimmer when turning shall make physical contact with the end of the pool or course. The turn must be made from the wall etc"* the swimmer who misses the wall must be disqualified.

The other school says that because Rule SW 5.2 says *"Some part of the swimmer must touch the wall upon completion of each length etc"* it can be interpreted that the swimmer who first misses the touch then goes back has not completed the length the first time so it is ok to go back and touch.

**2. If Medley events require each leg to be 1/4 of the distance and FINA has ruled that kicking underwater while on the back in the Freestyle leg is swimming Backstroke what is the situation if a swimmer:**

- a) pushes off at the start of the Freestyle leg and does an underwater Breaststroke arm pull; or
- b) pushes off at the start of the Freestyle leg and does underwater Butterfly kicks before surfacing.

**Are either of these swimmers breaking the Medley rules for the Freestyle leg?**

**3. In Rule SW 8.5 (Butterfly) the final sentence reads *"The swimmer must remain on the surface until the next turn or finish"*.**

If a swimmer is completely covered by water between arm strokes even for an instant it would seem that they have not complied with this rule.

As about 1/3rd of our MSNSW swimmers are completely underwater at some point between arm strokes, we wish to have this clarified so we can advise them correctly.

Gary contacted FINA and this was the reply:

**1. If the swimmer misses the wall when turning in a Freestyle race.... If the swimmer who misses the wall and continues with the swim by rule the swimmer is disqualified. However, if the swimmer returns to the wall and touches the wall then continues on the swimmer is not disqualified. There is no advantage gained by the swimmer returning to the wall.**

2. In Medley events, we require each of the competitive strokes (*Freestyle, Backstroke, Breast, Butterfly*) to be swum whether it be an Individual Medley or Medley Relay. While the dolphin kick is permitted on freestyle before starting the crawl stroke, swimming breaststroke on the Freestyle portion is not permitted.
3. While swimming the Butterfly stroke the swimmer must remain on the surface until the next turn or finish. The purpose of the rule is to keep the swimmer from going beyond the 15 meter mark underwater with a dolphin kick, going underwater while swimming the stroke is not a rule for disqualification.

*What we really wanted to know here was could you be underwater at the finish?*

***There is still some confusion about this but our interpretation from this answer is that you can be, as," the swimmer must remain on the surface until the next turn or finish."***

At the Ettalong Carnival in May there were a larger than normal number of disqualifications – 10! This concerned me so I looked at them all to see if there was some common denominator. Although 4 of the swimmers disqualified were new to Masters the others had all been competing for a number of years so it was not an influx of new swimmers who caused this spike! I continued to look at the disqualification reports throughout the year and the most common causes of disqualification are:

**false starts** – there will always be swimmers who try to anticipate the start  
**breaststroke touch** – swimmers fail to touch with both hands

To remind swimmers about swimming rules and procedures I have written articles for the Masters Swimming NSW newsletter in an effort to make swimmers more aware of what they should be doing on pool deck and in the pool.

We had a successful and productive Referees Forum in September. In preparation for the forum I was looking through the rules only to discover that there is no rule relating to jewellery and that we needed to look at the current swimwear rules.

**These are the current swimwear rules and By-Laws:**

**GR 5.1** The swimwear (swimsuit, cap and goggles) of all competitors shall be in good moral taste and suitable for the individual sports disciplines and not to carry any symbol which may be considered offensive.

**GR 5.2** All swimsuits shall be non-transparent. It is permissible to wear two (2) caps.

**GR 5.3** The referee of a competition has the authority to exclude any competitor whose swimsuit or body symbols do not comply with this Rule.

**GR 5.4** Before any swimwear of new design, construction or material is used in competition, the manufacturer of such swimwear must submit the swimwear to FINA and obtain approval of FINA.

## **BL 8 SWIMWEAR**

**BL 8.1** All swimwear used at Olympic Games and FINA Events (pool and open water swimming competitions) shall be swimwear approved by FINA in accordance with the rules and procedures set forth in the FINA Requirements for Swimwear Approval (FRSA) issued by the FINA Bureau and valid on the date of approval. Following an approval process conducted by the Swimwear Approval Commission, a list of approved swimwear is published by FINA (the Approved List) each year. The Approved List is published each year before December 31 and is valid starting from January 1 of the subsequent year.

**BL 8.2** In pool and open water swimming competitions the competitor must wear only one swimsuit in one or two pieces. No additional items, like arm bands or leg bands shall be regarded as parts of a swimsuit. All swimsuits (including wetsuits for open water competitions) shall comply with the requirements set forth in these By-Laws and the FRSA.

**BL 8.3** For pool swimming competitions swimsuits for men shall not extend above the navel nor below the knee, and for women, shall not cover the neck, nor extend past the shoulder, nor below knee. The swimsuits shall be made from textile materials.

As FINA now issues a list of approved swimwear each year, there is no mention of clips, zips etc. The previous policy was in 2014 and the annual list has taken its place. Clips and zippers are no longer mentioned so we cannot DQ on their basis.

With regard to jewellery we talked about it as a safety issue and the potential for it to be used as a pacemaking device. We believe that there needs to be a safety rule that covers this and that "watches" needs to be specified in the following rule:

**SW 10.8** No swimmer shall be permitted to use or wear any device or swimsuit that may aid his/her speed, buoyancy or endurance during a competition (such as webbed gloves, flippers, fins, power bands, or adhesive substances, etc.). Goggles may be worn. Any kind of tape on the body is not permitted unless approved by FINA Sport Medicine Committee.

To this end I am trying to make contact with the National Technical Director to discuss these matters with him. So far I am having no luck!

A NSW officials meeting is to be held at the end of February to give out information about Nationals and discuss any contentious rules or procedures. I believe it is important for us to be seen as a team that works cohesively and is consistent in its decision making.

**Marilyn Earp**  
Technical Director

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## TRAINING COORDINATOR'S REPORT 2019

Congratulations to the officials who gained their accreditation and re-accreditation in 2019. I encourage clubs when recruiting officials for your swim meets to offer positions to these new officials. Don't know who they are, please contact the Training Coordinator.

It would be nice if the newly accredited timekeepers would continue the path of accrediting in other positions. Not sure what to do? Have a discussion with your club members as to the officials that are needed to host a swim meet.

MSNSW has a total of 363 qualified officials 35 less than 2018. This is due to officials deciding that they are too old to continue at the required standard, sadly some have passed and others just don't have time to re-accredit. Unfortunately, there is several officials who only attend and officiate when their club hosts a swim meet. There are approximately 60 officials who are constantly seen at many swim meets. Thank you to all officials for your dedication to MSNSW. All BPS and Branch Championship swim meets run smoothly, so congratulations to all officials for their outstanding teamwork throughout the year. Please remember, MSNSW can never have too many officials.

There were only five courses offered in 2019 as there was a concerted effort to re-accredit all officials for the 2020 Nationals being hosted by MSNSW at SOPAC. Courses are usually held on a day of a swim meet and one hour before warmup. Thank you to all the dedicated mentors, presenters and co-ordinators.

Officials need to remember their certificate has an expiry date printed on it and a Technical ID number and these are now E-Certificates. Remember re-accreditation very four years (only takes one hour of your time) is the FINA rule that we must follow through to maintain our currency and professionalism.

Thank you all the wonderful dedicated non swimming volunteers, MSNSW board for your support, Jillian Pateman, State Administrator and Gary Stutsel, Technical Director (retired) and now the position is in the very capable hands of Marilyn Earp for their many hours of work during 2019. All are valued members of MSNSW.

My usual parting statement: all swimmers should consider becoming an official. Without officials, swim meets would not be conducted in a professional manner allowing every swimmer the opportunity to swim to the best of their ability. **Friends and partners of swimmers make wonderful officials.**

<b>Current Qualified Officials 2019</b> (Please note some officials are accredited in multiple positions)					
<b>Officials</b>	<b>Female Metro</b>	<b>Male Metro</b>	<b>Female Country</b>	<b>Male Country</b>	<b>Total</b>
Referees	7	4	3	4	18
Inspectors of Turns	6	4	7	3	20
Judge of Strokes	0	0	0	1	1
Starters	5	9	1	5	20
Marshals Check Starters/Clerk of Course	9	9	16	3	37
Chief Timekeepers	5	9	3	8	25
Timekeepers	91	59	68	27	245
<b>Total</b>	<b>123</b>	<b>94</b>	<b>98</b>	<b>51</b>	
Total Metro/Country	<b>212</b>		<b>149</b>		
Total Officials 2019	<b>363</b>				

<b>Officials Positions</b>	<b>Accredited in 2019</b>
Timekeepers	24
Chief Timekeepers	1
Marshal/Check Starter/Clerk of Course	8
Starter	0
Inspector of Turns	3
Judge of Strokes	0
Referee	1

*Please note some candidates accredited in multiple positions.*

<b>Courses</b>	<b>Number of Courses</b>	<b>Candidates in 2019</b>
Timekeepers (individual clubs can conduct TK courses)	4	30
Chief Timekeepers	0	0
Marshal/Check Starter/Clerk of Course	2	10
Starter	0	0
Inspector of Turns	0	0
Judge of Strokes	0	0
Referee	0	0

<b>Coordinator:</b>	<b>Presenters:</b>
Diane Partridge	Ann Reid
Ann Reid	Noel Partridge
Lindsay Risk	Heather Rouen
Chris Lock	Diane Partridge
	Chris Lock

**Diane Partridge**  
Training Coordinator

## MEETINGS 2019

### MSNSW Branch at National Meetings

During 2019 Jon Hawton, as Branch Delegate, attended both the National Annual General Meeting and the Spring General Meeting.

In August 2019 Jillian Pateman attended the National Branch Administrators' meeting in Melbourne.

### MSNSW Board

The Board of Masters Swimming NSW met on ten occasions throughout 2019 at Sports House, Sydney Olympic Park including the Annual General Meeting. The attendance at these meetings was as follows:

Name	Position	Attended	Apologies	Possible
Kerryn Blanch	President	11	0	11
Tony Tooher	Vice President	9	2	11
Sue Wiles	Vice President, Country	4	0	4
Lawrence Powderly	Board member/Vice President, Country	10	1	11
Paul Bailey	Treasurer	8	3	11
Jon Hawton	Board member	6	5	11
Diana Watts	Board member	7	4	11
David Loader	Board member	7	0	7
Jillian Pateman	Administrator/ Minute taker	11	0	11

### Annual General Meeting

This was held in the Lachlan & Murray rooms at Sports House, Sydney Olympic Park on 18 May 2019 and was attended by the Board, sixteen delegates from Member Clubs and thirteen registered persons, including three Life Members.

Apologies were received from nine registered persons and fifteen clubs.



## CLUB MEMBERSHIP 2019

CLUBS	2018	2019
Armidale AUSSI Masters Swimming Club	24	20
Bidgee Masters Swimming Club	10	9
Blacktown City Masters Swimming Inc	46	45
Blue Mountains Phoenix Masters Swimming	22	23
Bush Rangers	11	10
Campbelltown Collegians AUSSI MSC Inc	28	35
Castle Hill RSL Masters Swimming Club	5	6
Cessnock Masters Swimming Inc	29	29
Clarence River Masters Swimming	75	67
Coffs Harbour Masters Swimming Inc	21	20
Coogee-Randwick Master Swimmers Inc	19	19
Dubbo Redfin AUSSI Masters Swimming Club	3	3
Ettalong Pelicans Swimming Club Inc	16	21
Ginninderra Masters Swim Club	13	11
Gosford City Seagulls AUSSI Masters	9	10
Hills Masters Swimming Inc	23	20
Lake Macquarie Crocs Masters Swimming In	21	17
Lane Cove Masters Inc	15	15
Liverpool Leatherjackets Masters Swimming	19	14
Maitland AUSSI Masters	30	27
Manly Masters Swimming Club Inc	67	74
Merrylands Swimming Club	14	13
Molonglo Water Dragons	60	57
Myall Masters Swimming Club	56	58
Nelson Bay	2	3
North Shore Masters Swimming Club	23	21
North Sydney Masters Swimming Club Inc	83	95
Novocastrian Masters Swimming Inc	36	28
Oak Flats AUSSI Masters Inc	8	9
Penrith AUSSI Masters Swimming Inc	10	15
Port Macquarie Masters Swimming Club Inc	40	39
Raymond Terrace AUSSI Masters Swim Club	7	7
Ryde AUSSI Masters Swimmers (RAMS) Inc	59	59
Sapphire Coast Stingrays Inc	23	16
Seaside Pirates Inc	39	42
Singleton Masters Swimming Club	3	4
St George Masters Swim Club Inc	22	26
Sutherland Sandbern Masters Swim Club Inc	26	19
Tattersalls Club Swimming	34	23
Trinity AUSSI Masters Swim Club	40	42
Tuggeranong Masters Swimming ACT	94	91
Vladswim	10	4
Warringah Masters Swimming Inc	88	92
West's Auburn Masters Swimming Club Inc	17	12
Wett Ones Swimming Club Inc	133	174
Wollongong Masters Swimming Inc	18	21
Wyong Wobbygongs Swimming Club	8	12



# Armidale Masters Swimming Association

## Annual Report 2019

Armidale AUSSI Masters Swimming Club continued to enjoy stable membership in 2019, with 16 swimmers currently registered with Masters Swimming Australia. As a number of members are now retired, participation in our two, weekly sessions varied as members were often away enjoying travel and other activities. This was especially so during the winter months.

As in past years a small number of members entered in open water swims, with the Cole Classic being the most popular. The majority of members undertook most of their swimming with the club; average attendance being between 8 and 12 swimmers on Sundays with slightly fewer participants at the mid-week session. Numbers drop most noticeably at the mid-week, evening sessions in winter when Armidale's low temperatures make venturing out for a swim less appealing for some.

The ongoing refurbishment of the University of New England (UNE) pool continued to place additional demands on The Armidale School (TAS) pool. As the now completed UNE pool has not been filled due to the drought this demand is destined to continue for the foreseeable future. Fortunately, TAS has generously retained the club's access on Thursday evenings and Sunday mornings.

While some members have moved to swimming outdoors at the Armidale town pool (Monckton Aquatic Centre) for the 2019-2020 summer, problems with heating equipment and the resultant low water temperatures through October and into November ensured some members continued to swim at TAS until late December. This demand for indoor swimming was also driven by low air quality resulting from extensive bushfires in the region. On a number of occasions Monckton Aquatic Centre was forced to close due to poor air quality.

The club continued to hold regular, post swim brunch gatherings throughout the year and attendance at these social events was consistently high.

Armidale AUSSI Masters Swimming Club looks forward to another successful year in 2020. Membership is anticipated to remain stable and possibly grow. Potential new members are always encouraged and Masters swimmers visiting from other clubs are always made welcome.

**Stephen Phelps**  
President



# Bidgee Masters Swimming Club

## Annual Report 2019

Thanks for the opportunity of being President of the Bidgee Masters for 2019.

At the last AGM it was resolved to continue with a monthly swim meet and training session on the first Monday and a social swim on the third Monday of each month at 6pm.

There were several meets that were cancelled, though I understand that all those that were held went very well. I don't think any social swims were held.

This year we did not have any outside coaches, however, the members continued to provide an interesting line up. Thanks to all the members who went to the trouble of setting up session and being a coach!!

Again, the Bidgee Masters Club did not manage to compete at a national or state level. It has already been raised that a team could make the National Short Course Meet in Sydney in April 2020. I believe this is a great idea.

I did report last year that I would not be coordinating a MS 24 Hour Megaswim in 2019 and that MS Australia believed that they could coordinate an event with a Laura Tenison in charge. MS Australia failed to plan at all well and the event was cancelled. Thanks to those who put their name forward to start a team for Bidgee Masters.

Thanks to Secretary Robyn, Treasurer Di and Public Safety Officer Nancy for being our authorised officers and looking after all the necessary officialdom of a small club. It is nice to know that all these matters are dealt with by such a capable and thorough group of people.

I have really missed getting to sessions on Monday nights. It seems that either work, travel or health issues have made swimming difficult or impossible. I hope that 2020 will allow me to be more involved in the sessions.

I would like to this opportunity to wish all members a safe holiday period and the compliments of the Season and a successful and bit more importantly HEALTHY New Year.

**Brian Munro**  
President



## **BLACKTOWN CITY MASTERS SWIMMING**

### **Annual Report 2019**

2019 has been another good year for us at Blacktown. Our membership base continues to slowly grow and the good thing is the injection of members from the younger age groups, which is both important for both Blacktown and Masters Swimming as a whole.

We have had some of the younger members also get involved on our committee, which we hope will keep us relevant as a club with some fresh ideas and enthusiasm coming through.

We have introduced a monthly club internal e-newsletter, (thanks to Mark - our wonderful club captain) keeping all members involved of upcoming carnivals and the all-important entry cut-off dates, Endurance 1000 swim group events, restaurant nights, fundraising activities and any other social events that may be coming up. We have also re-introduced the quarterly or 6 monthly hard copy newsletter, a more detailed account of what is happening, any notable performances from carnivals, training and stretching tips and even the odd recipe might make an appearance!

Performances from our swimmers have been very good as a whole with the usual suspects (Clary Munns and Aaron Cleland) doing their usual thing of breaking State, National and even the odd World record! What was also great to see were State record swims by lesser noted swimmers, Mark McDonald in the 400m butterfly and Megan Blamires in the 1500m butterfly. Congratulations to all of these swimmers on their personal achievements.



Our involvement in the E-1000 endurance swim program continues with ongoing enthusiasm from a number of swimmers. We had 5 swimmers complete the entire program, 4 of which have gone back to back from 2018. (Mark, Megan, Kerry and Annika) As you can appreciate this is a monumental effort. We even had an E-1000 swim weekend away event at Stockton Beach caravan park Newcastle that proved quite popular. It was the perfect location as the 50m Stockton Pool was right next door to the park, and nearly everything we needed was within walking distance. This weekend enabled a number of swimmers to complete their dreaded 60 min, 45 min and 30 min swims amongst others. Well done to Megan for her ongoing enthusiasm with this and her organisational skills in getting all the details collated and sent off.

We like to think that we held another successful BPS carnival, a carnival that we have now finally won as a hosting club! Financially the carnival had a slight negative return for us, as the numbers were a fraction down on what we had hoped for, but our costs to host the carnival are higher due to the use of touch pads and the electronic scoreboard and timing system employed on the day. This is something we will try to continue in future carnivals where possible due to positive feedback from swimmers. Unfortunately, we have lost a couple of qualified officials recently so if we are to host carnivals in future, we need to get another 1 or 2 members trained and qualified before we can host another carnival.

2019 saw the official qualification come through as a Masters coach for our wonderful Aaron Cleland. Aaron has been an absolute godsend for us since he joined Masters Swimming a couple of years back. He has introduced a more professional approach to our club night training sessions with a longer-term program involved trying to get us to peak at the right times. He has a lot of experience in performance swimming from his background as a former junior elite swimmer and is trying to help us mere mortals with his experience. He is also helping on club nights with some all-important stroke correction where possible.

Our club nights continue to be on the Tuesday and Thursday nights, still thankfully fully subsidised lane hire from the Blacktown City Council which is greatly appreciated, keeping the costs down for our regular squad swimmers. Unfortunately, often in the winter season we can only be made available the one lane, due to increased pressure on the pool from learn to swim and other junior squads. This can be a challenge for us at times, but we are looking at other possible solutions to help combat this next winter season.

Financially, the club is still in a pretty good place mainly due to our fund raising, mainly from our Bunnings barbeques at Blacktown.

And let's face it, swimming clubs are not all about swimming! Our social element to the club remains strong, with regular get-togethers, restaurant nights, lunches, or breakfasts, and now even the odd weekend away!

We were lucky enough to hold our club Xmas party at the wonderful 'Sue and Remy's function centre' Thanks to Sue and Remy to opening their home to us, and the wonderful catering and cooking performance as always by Sue.

Looking forward we hope to have another good year in 2020 and to keep the club growing and performing well as a whole.

I would like to take this opportunity to thank our committee for their work throughout the year. Thanks to Remy for him continuing in the role as secretary for many years, for Sue as her work as treasurer, to Megan and Mark for their valued input across the club. Thanks also to Aaron for his outstanding work as coach and his input to the club.

As usual, I would like to acknowledge the hard work done throughout the year by those at MSNSW.

To Jane, Kerryn, Gillian, and Tony (and the MSNSW board), well done and thank you for your continued efforts for Masters Swimming NSW and the clubs involved.



Yours faithfully and in swimming,

**Scott Hay**  
President

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# Blue Mountains Phoenix

## Adult Swimming Club

30 Coolabah Rd, Valley Heights NSW 2777  
Nerida Murray 4751 3422 — Sue Wiles 4757 1065 — Kathy Dobson 4782 3947

### **Annual Report 2019**

Blue Mountains Phoenix was reinvigorated in 2019 due to very welcome new members. We did well at BPS carnivals in 2019, largely due to a few dedicated performers. Between us our 22 members did so well in division 2, ranking third with 1615 points, that we have once again rather inexplicably been moved up into division 1 for 2020.

In the e1000 program our four most devoted endurance swimmers kept up the good work. As Robin Griffiths has said in her report, she and Lyndall Wilson both completed all 62 swims for maximum points—she didn't mention, though, that they topped their age group—and Jillian Pateman and Sally Hatcher also completed all 62 swims. Ooff!

FINA Masters Top Ten aren't announced until almost mid year so results always lag behind our AGM. As anticipated, our 320–359 women's relay team of Kay Burton, Nerida Murray, Liz Wallis and Sue Wiles did exceptionally well:

- \* short course: 200 medley relay #1; 200 free relay #2.
- \* long course: 400 free relay #1; 200 free relay #2; 200 medley relay #4.

Liz Wallis was exceptional individually in her 90–94 age group:

- \* short course: 50 free #2; 100 free #2; 200 free #1; 50 back #1; 200 back #1.
- \* long course: 50 free #3; 100 free #3; 400 free #2; 50 back #3; 100 back #5; 200 back #2.

Liz also set a national Australian record for the 400 back (short course). Liz has decided not to rejoin Phoenix as a second-claim member, because she's preparing for nationals and therefore needs to be able to train in the same actual pool as other swimmers. Thank you, Liz, for all your swimming, encouragement and welcome advice and coaching over the last few years.

Quite apart from winning, our members have swum steadily through the year, both in the pool and in the open water. There have been competitive ocean swims and swims in Lake Parramatta as well as a few very enjoyable friendly weekend swims mostly with members of other clubs at Manly–Shelly. We've kept up a commendable presence in most of the postal swims on offer, and weekly training has been a constant for many of us. Our upper mountains swimmers have been delighted to have a new coach, Danijela Selby, who

keeps us focused and working hard every Tuesday and Thursday morning from 6 am to 7:30 am. Saturday morning squad continues at Glenbrook (summer) and Springwood (winter).

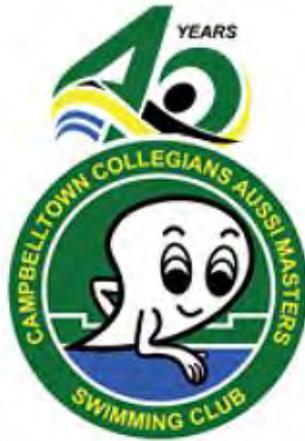
It's well and truly time I stepped away from the presidency of Blue Mountains Phoenix so I'm going to. Apart from thanking our members for their friendliness and helpfulness and willingness to swim at the drop of a hat, I would like in particular to thank Jillian Pateman for her unfailing support and knowledge, Robin Griffiths for urging us on to endurance swims, Nerida Murray for keeping us all informed, on our toes and up to date and Kathy Dobson for, among other things, doing the books over the last few years. You've all kept our small club going and kept Blue Mountains Phoenix right up there as a club that's always in contention. Thank you all and let's keep on keeping on.

**Sue Wiles**  
President

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# CAMPBELLTOWN COLLEGIANS AUSSI MASTERS SWIMMING CLUB



## Annual Report 2019

What were you doing in October 1980? Too old to remember? Too young to remember?? Not even born??? Does it matter? To Campbelltown Masters Swimming Club members it matters - a lot! Because in 2020 we are stronger than we have ever been, with new (and younger) members complementing our more senior swimmers.

Here is how it all started, with an excerpt from our 30-year celebrations:

“In typically Australian fashion, it started with a beer... or two... and a bet. In January 1980, Barry Jarvis sat in the grandstand of Bradbury Pool, Campbelltown, beer in hand, watching his son’s squad training with the Campbelltown Amateur Swimming Club. Pool attendant John Hunter noticed Barry’s relaxed figure and bet him a bottle of beer that he couldn’t swim 25m. This was the innocent beginning of Campbelltown Collegians AUSSI Masters Swimming Club.

“Of course Barry took up the challenge, promptly diving in and completing 12 metres before sinking and losing the bet. Determination is a wonderful thing - Barry started swimming with John of a Sunday morning and a few weeks later he completed 50m of freestyle.

“Barry and John attracted others to their Sunday morning swims. In October 1980, John talked to Barry about contacting AUSSI and forming a masters swimming club. John Hunter was elected the inaugural President and Barry Jarvis the Club Captain.”

Humble beginnings, certainly. We are still a relatively small club, averaging about 25-30 members per year, yet we punch well above our weight at NSW and Australian levels. The statistics back up this claim: as a club we have well over 20 state titles for endurance swimming and several Australian titles too. Don’t even try to count the individual awards and medals Campbelltown members have won over the years, they count in the thousands (that’s not a typo). All this at a club that is small in numbers but huge in determination and camaraderie.

And yet, while we are celebrating our 40th year, the whole of masters swimming in Australia is watching our club! No, not for our legendary celebrations (they are legendary); it’s because we are leading the country in a new endurance swimming program, the E500.

Based on the common E1000, the E500 benefits - for the first time – those who are unable for swim all strokes. The endurance factor is still there, with hourlong swims, but it’s designed especially for people who may have knee or shoulder problems or who don’t want to swim all

strokes (and who likes butterfly anyway?). There had never been a possibility for such swimmers to achieve at state level – but now there is.

The E500 challenge was accepted by about half of all club members, with six completing the program - Linda Beveridge, Helga Duncan, Lesley Thompson, Mark Thompson, Kerry Tier, Janette Towell - congratulations!

Twelve others polished off the E1000 program: Diane Baker, Suzie Haddad\*, Greg Jacques\*, Lesley Keogh\*, Russell McLeod\*, Kyle O'Brien, Jim Pelosa\*, Hans Preiss, Lindsay Risk, Heather Rouen\*, Lexie Rouen and Owen Sinden\*, seven of them scoring maximum points (\*).

Endurance swimming is only part of what we do; Sunday mornings are our regular swim meets and great way to get over a hectic Saturday night. Sometimes sprints, sometimes middle distance swims, all accumulate points towards the club's point score championship. At the time of writing we didn't know the 2019 winner: three were vying for the big award, Sharon Carpenter, Suzie Haddad and Jim Pelosa. All will be revealed at our annual presentation.

Annually, there are about 20 swim meets around the state, where competitors accumulate points individually and for the club. Promoted to the top division in NSW in 2016, Campbelltown has gradually risen through the ranks, excelling in 2019 with an exceptionally laudable 5th place (against clubs with 100+ members!). We also had two members winning their age group state point score, Suzie Haddad and Owen Sinden.

State Championships are high on the agenda for many club members, but it isn't just competitors who attend. Bev Conley and Kevin Stirling graciously gave their time to volunteer to hand out medals and it was very much appreciated.

The individual performance of 2019 went to Annie Cooke, who (along with Suzie Haddad and Lindsay Risk) competed at the World Championships and came home with three silver medals and two bronze. Congratulations Annie!

A huge day of fun was had at the State Relay Championships at Woy Woy. 22 of us travelled together on a mini-bus and brought home several gold medals, due to a combination of fast swimming and hours of astute planning by our Club Captain Jim Pelosa.

Many in the club would heartily agree that we are more of a social club than a swimming club. We classify our out swimming carnival as 'social' because everyone has such a good time - and it kicks off the year in mid January. We always celebrate members' birthdays, especially the big ones, with Big O brunches at Campbelltown Art Gallery after swimming (6 during 2019).

The arts are favourite club outings, with trips to Illawarra Performing Arts Centre for shows like The Wharf Review, Gospel According to Paul and Senior Moments, and to Casula Powerhouse for Prada's Priscillas are coming to Town. We had two walking tours; one to the Coal Loader + Wendy Whiteley's Secret Garden at Lavender Bay, the other lead by Russell McLeod around the 'Wool Wash' area covering local historic areas.

Annie Cooke organised quarterly Ladies Lunches, we held a mid-winter soup-and-movie night to watch Swimming With Men, and some club members opened up their homes for club functions: Lesley & Mark Thompson for the Australia Day BBQ, Heather & Terry Rouen for the annual presentation, and Annie & Doug Cooke for the Christmas BBQ. We celebrated Christmas again with our usual Campbelltown Art Gallery brunch just before the big day. The whole club thanks Lesley and Mark Thompson as the best social organisers in the southern hemisphere.

The past twelve months have seen three new members join our club, Lexie Rouen, Stacey Ferreira and Jim Willis. Welcome aboard, we hope you get as much out of the club as the rest of us do.

In finishing, there are a few people to thank. Firstly, to the Board of Masters Swimming NSW, especially President Kerry Blanch and Administrator Jillian Patemen; thank you for your organisation, support and encouragement as we embarked on our E500 journey. Thanks too to Campbelltown Council and Campbelltown Catholic Club for your continued support. Thanks to my right-hand man, Lindsay Risk, the person who does most of the running around for the club. Finally, thanks to Campbelltown Masters Swimming Club members for making 2019 such a wonderful year!

**Gregory Jacques**  
President



*Part of the crowd at our annual carnival in January*



*Also at the annual Campbelltown swim meet: Laura Lawrence (left) and Jim Willis show their class*



*'A thorn between two roses' Bev Conley and Linda Beveridge with Daniel Kowalski*



# Clarence River Masters Swimming Club

## Annual Report 2019

At the time of this report we have 67 members.

We started this year with good numbers of swimmers attending both Maclean and Yamba sessions. New members are improving their fitness, technique and style and have reported that they are loving the training sessions and the friendly, welcoming club. We had to cancel a few sessions since opening this half of the season due to storms, smoke and strong winds.

Our club did not go well in the Branch Point Score, coming eleventh from eleven clubs in Division 2. We won this Division last year. These results come from us not having our own carnival, where we usually gain many points. Hopefully we can get back up in the ranks next year.

Members attending other carnivals increased slightly this year, 9 in Port Macquarie, 6 in Miami, 2 at the nationals and 39 in the West Auburn turtle swims.

We again provided officials at these carnivals.

Our club ran a timekeepers course and had 11 starters and 8 have already been accredited.

We had 3 members re accredit their starter and chief timekeepers certificates.

Our club also ran a very successful coaching workshop with Judy Bonning and Peter Rayburn. Over 20 members attended.

We have enjoyed many social activities this year. Members enjoyed a Melbourne Cup Luncheon, ran by our local Surf Club, travelling, and competing in ocean swims. We have regular breakfasts out and dinner after training sessions.

We had a sprint night, carnival in February, with over 30 members swim. We had over 40 stay after the swimming to enjoy dinner and catching up with everyone.

Our club did not hold their annual carnival this year but a few swimmers swam every session up till the pool closed. The club held a dinner in June and over 50 members attended.

Our annual breakfast is always a popular social event. Again this year we held it in the beautiful Surf Club and over 55 members attending.

We continue to give back to members, having accredited coaches on deck at training sessions, and purchased training equipment for both our pools, paddles, pool buoys, and kick boards.

We subsidised our annual breakfast, dinner and bought prizes and supplying caps to new members.

I would like to thank the many volunteers who give their time to our club and to the coaches who provide good programs and encouragement.

At the end of another year for Clarence River Masters Swimming club, I would like to wish you all a Merry Christmas and may we all continue swimming into 2020.

**Jane**  
President

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# Coffs Harbour Masters Swimming Club

## Annual Report 2019

Coffs Harbour continues to shine as a swimming club. While our numbers are not huge (20) our quality is increasing. The overall individual fitness remains steady around trips away, lapses in work-life balance, incidental injuries and demands of family; the fun level shows occasional and spontaneous flashes depending on who is about, and the friendships continue to grow as we train, compete and socialize.

Requests for nominations for the Wiri Award (in honour of Stephen Wirihana) brought in such a response that I am prompted to develop other means of recognition for services to the Club during the year. While this year's recipient is experienced, consistent and well deserving, the runners-up are also big contributors to the club. The decision was difficult, to say the least. Kathy Wirihana has been the curator of the award for the last 12 months, is reluctant to make a speech, so will present the trophy to Rose Jeff at our Christmas dinner. Special mention must be made of Leanne da Costa's dedication to competition and being such an enthusiastic ambassador for the Club. The most improved swimmer, Diane Bridgewater, must be recognised for her diligence and willingness to tackle new drills. There are three members who come to mind in their skill of number juggling to make relay teams, usually at short notice: Grant da Costa, Michael Stubbs, and Richie Goddard. Overall, I am proud of the technical and social support members give each other.

The research into a defibrillator for the Aquatic Centre came to fruition in September. The purchase, delivery and placement of the Powerheart G5 fully automatic defibrillator required some co-ordination but came together soon enough. I am grateful that Danny Kollen has agreed to carry ongoing costs of maintaining this valuable asset. Plans are underway to run a CPR refresher course for members, co-ordinated by Jamie Marschke and assisted by Paul Edwards, on a date to be decided. We hope the defibrillator never gets used!

Our core of competitive swimmers has excelled again this year. Two newbies (Diane Bridgewater and Lorraine Booth) joined us at the Port Macquarie carnival and were promptly put into relay teams. Apparently, they enjoyed themselves! The regulars (individuals and families alike) competed at local, State and National level with great results, returning with yet another touch of bling. Geoff Eastwood went to World Championships in Korea and did well in a huge field of swimmers. Lou Dam, normally an open water distance

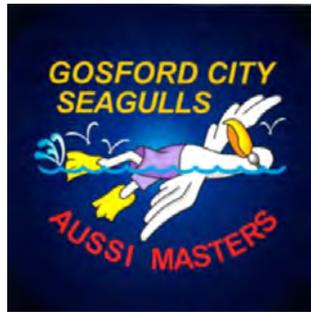
swimmer, found she excelled in areas previously untested: our previous dearth of breaststrokes seems to be turning about. Another swimmer has been seen including some very smooth butterfly in his repertoire (Grant da Costa).

Finally, I repeat how valuable has been the contribution of all the committee members, and I would like to thank them all. The role of Secretary Julie Collins is demanding of time and detail, and is the primary co-ordination of information between members, particularly around meetings and competition. The Treasurer Rose Jeff has sorted the finances, in particular with the purchase of the defibrillator. The website with up-to-date schedules of training has enabled visitors to get in touch and prevents members being left out of the loop: Leanne da Costa. The very capable Vice President Anthea Barnfield manages to step into the void in the event that I am unavailable. Our Safety Officer Kathy Wirihana has managed many issues in researching the defibrillator. I would also like to thank Danny Kollen for the ongoing use of the pool free of charge on Saturday afternoons. Last, but not least, our social event co-ordinator Lorraine Booth, makes smooth and considerate planning to keep us relating out of the pool. I am confident that the members both on and off the committee will continue to be engaged in fun, friendship and fitness at a level that works for them.

**Hilary Young**  
President

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## **GOSFORD CITY SEAGULLS AUSSI MASTERS SWIMMING CLUB Inc.**

### **Annual Report 2019**

It is with pleasure that I am able to write this Presidents Report for 2018-2019.

I would like to thank all new and current members of the Gosford City AUSSI Masters Swimming club with particular thanks to all members of the executive committee for their dedication and enthusiasm throughout the year.

Our membership numbers have remained constant. As at 30 June 2019 we have nine (9) financial member. Whilst this may appear a small amount, it is great to see that all members are committed to the Masters ethos of '*Fun, Friendship and Fitness*'.

As club president I was able to attend a swimming coaching course conducted by NSW Masters Swimming. It was a great and informative course and all members were receptive to the coaching concepts and new skills set that were achieved.

Recently, four of our members (Colin Hodgson, Rob Lewis, Paul Stalgis and I) attended the NSW Masters Short course Relay Championships at Peninsula Aquatic Centre, Woy Woy. The submitted entry times were beaten very convincingly across our five (5) events. All members performed admirably in all the chosen events and stroke styles.

We continue to train each week on a Wednesday evening either in the indoor pool during winter or outdoors when the weather is warmer. Occasionally, previous club members have returned for a social swim and they are more than welcome to re-join our small but dynamic club.

Thanks for a great 2018-2019 and I wish all members the best for 2019-2020.

**Michael Stringfellow**

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## Hills Masters Swimming Inc

### Annual Report 2019

Hills lost a couple of members (careless!) but ended the year with 21 members. Our official Club training session is Tuesday 7pm at Galston Aquatic Centre with GAC coach *Debra Francia*.

A small percentage of the Hills represented the club in swim meets on the MSNSW calendar - a total of 9 swimmers at 8 swim meets. Participants were Tony Howe 6 meets, Jim Walker 4 meets, Gail Butler & Mark Hepple 2 meets each plus Kim Chapman & Janet Shearer, Freya Shearer & Sam Shearer and Philip Smillie 1 meet each.

Hills stats for 2019: Meet (no of swimmers) Placing/no of clubs:  
National Champs SA (1) 3<sup>rd</sup> and 4<sup>th</sup> place; Blacktown (4) 14/28; Ulladulla (1) 11/16; Ettalong (1) 27/28; Warringah (1) 23/25; Ryde (2) 21/25; Pirates (2) 25/29; Hills (7) 4/23.



Our postal swim “*Swimming up Hills*” [SUH] runs from 1 September through to 30 November with online entries.

In 2019 we had 36 entries in total but 3 not completed the swims. This was decreased from 49 in 2018. Recent year’s figures - 2 in 2015, 22 in 2016 and 36 in 2017.

Stats as follows:

Gender: 7 Male and 29 female

Age groups: 30-34 -1; 35-39 - 1; 40-44 - 2; 45-49 - 3; 50-54 - 7;  
55-59 - 7; 60-64 - 3; 65-69 - 9; 70-74 - 2; 80 -84 - 1.

States: ACT: 6; NSW - 13; QLD - 11; TAS - 4; VIC - 2.

Trends: Most entered in September (17) & October (8) Early birds in August (7) & late comers in November (4).

Once again thanks to Mark Hepple for his great prompt work in certificate production and results. Thanks to Phil Smillie, Lorraine Mooring and Janet Shearer for assisting Di Coxon-Ellis with the admin work of printing, posting and handling!

SUH 2020 We have a mock-up from Scott of Krunch Designs for an awesome black T-shirt so get ready to start swimming in September!

Hills conducted the last BPS Meet for 2019 at Galston AC, attracting 132 attending swimmers (40 female and 27 male) from 21 clubs. The meet was won in spectacular fashion by Wett Ones. Again our small club offered great hospitality with a sausage sizzle all day and refreshments available. Galston Swim Club provided support with PA equipment. Credit also goes to the visiting officials led by Marilyn Earp as Meet Referee and many fantastic volunteers from near and far. Woolworths Glenorie, Cherrybrook, Dural and Castle Hill provided thank you gift cards to recognise the efforts of these wonderful officials. Thanks to GAC Management & staff. Also Hills members finished the night at the Glenorie RSL Club, our major sponsor.

Hills holds bi monthly meetings at the RSL also, usually combined with dinner. It was the venue for our Christmas meeting and party. We also held a lovely Christmas lunch at the Village Pantry at Galston.

Hills say thanks to the following hard workers:

Top job as President *Philip Smillie*;

*Di Coxon-Ellis* as Secretary/ Fitness Director/ Registrar/Meet Director. *Di* and *Colvin Ellis* represent the club as officials and *Di* volunteers as MSNSW Coaching Director;

*Tony Howe* as Minutes Secretary/ Race Secretary and officiating at meets;

Treasurer *Kim Chapman* our financial overseer with the help of whiz *Melita Sutton*;

*Mark Hepple* continued his work as MSNSW recorder at our BPS meet and overseeing the postal swim;

*Sarnia Rusbridge* records our Endurance Swims and race nights;

*Jim Walker* motivates us to go to meets, training and organises social occasions.

*The Shearers - Janet* Club Captain welcoming new members plus *Freya & Sam* with catering and WUSs at the carnival. *Freya* looks after our Facebook page;

*Debra Francia* our Coach inspires new swimmers to join masters and is a great advocate for our club.



We sincerely thank our major sponsor Glenorie RSL and also the four Woolworths stores' contribution to our meet and annual awards (Glenorie store).



Hills thanks Jillian in the MSNSW office, the Board of Management and all the volunteers who help make our great organisation function so well. Thanks also to the admin and volunteers of Masters Swimming Australia for their contribution in 2019.

**Di Coxon-Ellis**  
Secretary/ Fitness Director/ Registrar





# Manly Masters Swimming Club Inc.

## Annual Report 2019

2019 has been an exciting year in the water for our top swimmers, and the club. New committee members have had fresh ideas, combining well with the soundness that comes with experience.

Our top swimmers have provided inspiration to the club.

- Both Tony Goodwin (80-84 yrs) and Stephen Lamy (70-74 yrs) won gold medals at the FINA Masters Swimming Championships in Gwangju, South Korea. Tony also set a FINA meet record.
- Tony Goodwin had the honour of being inaugural FINA ambassador, Australia, for the meet.
- At the Masters National Championships held in Adelaide, on top of Stephen and Tony's very pacy swims, Helen Ludgate (45-49 yrs) won 1 gold, 3 silver and 4 bronze medals, and Dawn Gledhill (65-69 yrs) won 1 gold and 3 silver medals. The team, consisting of Tony, Stephen, Dawn and Helen, placed second in the 4 x 100 m mixed medley.
- Stephen Lamy set and reset 12 national backstroke records in distances from 50m to 400m, and 1500m.
- Olivia Taylor (18-24 yrs) broke the national 1500 backstroke record, set in 1993.
- Tony Goodwin set a state 100 IM record.
- Abel Bornstein finished the year with 14 national Top 3 rankings.
- Abel Bornstein and Katherine Ahern Sharp topped the MSNSW Most Active Swimmer table, for male and female.

The Club came second in both the Masters NSW Long Course and Short Course Championships. We continually rely on the participation of the whole club, including our 'social' swimmers, at the big meets, and the club captain for getting all the relay teams into the water. Captain, Dawn Gledhill, was assisted by Vice-Captain, Eric McNamara.

Mark Bemer continues to be the backbone our coaching program. Club volunteers – Dawn Gledhill, Helen Ludgate, Stephen Lamy, Tony Goodwin, Abel Bornstein, Greg Tye and Marie Taylor - have also assisted with coaching. One of our regular pool hire/club training sessions is now managed by Manly Aquatic Centre (MAC), in consultation with the committee, and at reasonable cost to our members. Kei Shiono coaches these sessions.

Our own carnival was cancelled for reasons beyond our control. It is a reminder of the limited availability of suitable venues around Sydney, and how difficult it can be to get access to those venues. Happily, we hosted our own Family Fun day on the scheduled date. However, we're on the ready for hosting another a great BPS meet, Sunday October 4, 2020.

Twelve members of the club participated in the Shoalhaven Ulladulla Escape. We were joined by our two south coast swim buddies, Kaye Beer and Jan Bradshaw, as well as our north coast member, Lorraine Ramsden. The event hit the mark for us all - quality of coaching was excellent, combined with fun racing and a beautiful location. Social Secretary, Sonja Walters organised our Friday night dinner. We met up with other clubs for the Saturday dinner, and enjoyed a sausage sizzle before going home. Accommodation organised by Dawn Gledhill. Sonja also organised a range of dining, celebrations, accommodation for state short course and a fund raising Bunnings BBQ.

During the year we revised our Safety Policy, conducted safety training for club members, and held a CPR certification course attended by 13 members. Kerry Blanch generously presented the course, at a time and place to suit us.

Matthew Mortimer maintains our finances, giving timely advice when required.

We have recently taken up new opportunities for signage and onsite publicity at MAC. We are hopeful that this will reward us with a trickle of new members. MAC is also offering some discount pricing, exclusive to club members.

Our new Publicity Officer, Niamh Mulkeen has introduced us to social media. We now have a public Facebook account and Instagram. This increases our public presence, as well as recognising the different ways our members like to access information. We introduced a Social Media Policy, to support this practice.

We are looking forward to events in 2020, which include the National Championships and, not to be missed, our own meet.

**Marie Taylor**  
President





# Molonglo Water Dragons Masters Swimming Club

## Annual Report 2019

We have had another successful year this year, largely as a result of the combined efforts of our committee, and our coaches.

Gary Stutsel has been outstanding as usual. As Treasurer he has kept the books in order and made sure bills were paid, and people reimbursed for approved expenditure, promptly. He is tireless in his efforts in organising competitions, preparing reports on performances, providing training courses for officials and doing countless other jobs behind the scenes. All that while officiating and successfully competing in Local, Branch, State and National swimming meets, and doing and recording endurance swims.

David Dedenczuk has been a great Secretary, managing to distill the wide-ranging discussions at Committee meetings to a few succinct points and clear action items. He regularly passes on Branch newsletters and other relevant material to members. As our safety officer he also makes sure our safety procedures are up to date.

We have had a strong year on the coaching front, with Roger Carter joining the ranks as a fully qualified coach and taking on the role as a trainee coach with great enthusiasm. Greg Reynolds has done a good job as coaching director, maintaining the roster and promoting new techniques through coaching clinics. Craig Allatt is a regular coach and has taken on the role of Membership Secretary. Mary Liz Partridge is another regular coach and is always ready to volunteer, along with her husband Lenny who is a regular recorder at meets. Les Worthington has been a great Vice President, an excellent coach and reliable volunteer at swimming meets.

Matt Piroglu has been a very efficient webmaster regularly publishing content to keep the website fresh. John Oke continues to record and submit endurance swims for the hardy few who rack up maximum laps as part of the Endurance Program. Chris Loose regularly banks lane fees and keeps us updated on issues relating to Queanbeyan. I have probably forgotten someone, and I apologise if that is the case.

I am glad I have been able to do my bit to keep this happy band of swimmers going and I hope we can continue to improve and expand in the future. I am glad that we got our club swimming caps printed this year and I think we did a good job hosting two ACT Interclub Meets as well. I would encourage more swimmers to get involved in the Committee, as officials, and as competitors, as these are very rewarding aspects of masters swimming. And above all, come back to the pool – we miss you all.

**John Collis**  
President





## **Myall Masters Swimming Club Inc.**

### **Annual Report 2019**

**The new office bearers were elected on the 1<sup>st</sup> April with the committee being:**

**President,** Leon Bobako; **Vice President,** Linda Stubbs; **Secretary,** Ann O'Brien; **Treasurer,** John Estens; **Committee members:** Val Mobbs, Judy Glover, and Chris Dunning.

Sub groups were formed with a range of functions taken on by highly skilled and motivated members. We are so fortunate to have these members: Chris Lock, Brad Jensen, Kerry Patterson, Sharon Taylor, Adrian Reynolds and David Brailey.

For the first three months of 2019 under the leadership of then President, Chris Lock the following events kept the Club very busy:

Chris attended the **Palm Lakes Expo** to promote the benefits of Masters Swimming.

Nine members participated in the **Starlight Fund Raiser and 30 day Swim Challenge** raising a total of \$1383 and swimming 202 klm.

February attracted 177 swimmers to the **Myall Masters Swim Meet**. Brad Jensen had the support of a very motivated group of members to stage the event.

The committee successfully applied for a grant to install a **Defibrillator** at the pool which is easily accessible to the community if needed.

Two of our members, Peter Kellaway and Chris Sefton, took advantage of the generous **travel and accommodation assistance** from Masters NSW to attend the State carnival.

**Myall Masters Presentation Night** proved once again to be a night to remember with club Treasurer, **John Estens** being the recipient of the **2018 Club Member of the Year Award**. Super keen member, **Doug Gillespie**, was the recipient of the **2018 Encouragement Award**. A \$20 meal subsidy was allocated to all members attending the presentation night.

**Chris and John Dunning** gained their qualification of Marshall.

In May, **Brad Jensen** was approved as the **Open Water Coordinator** for the Myall Masters popular swim. Brad put together an enthusiastic team to assist in the organisation of the Open Water Swim event, held at Jimmys Beach, Hawks Nest. The OWS in November attracted 119 swimmers with 70 participating in the 600 m swim and 75 swimmers in the 1500 m Chris Mobbs Memorial Swim.



*Heading to the starting line*



*The **Betty Grant Award** was presented at the State Relay championships to a deserving Brad Jensen.*

Myall Masters participated at the State Relay Championships in July achieving excellent results.

Members Peter Kellaway and Leon Bobako attended the **FINA World Masters Swimming Championships** held in August, 2019, at Gwangju, South Korea. Peter achieved fifth placing in the 50 m freestyle, 80-84 grouping. Leon, achieved three gold medals in the 50, 100 and 200 m breaststroke events, a 4<sup>th</sup> in the 50 m butterfly and 6<sup>th</sup> placing in the 50 m freestyle, 70-74 age group.



*Leon Bobako*



*Peter Kellaway*

Kerry Patterson our **Social Coordinator** kept our social activities happening with BBQs, Pizza nights, Presentation Night and our Christmas function. The Club gathered together to give Leon and Peter a congratulatory welcome home party.

In October, Myall Masters had an information stand as part of **the Myall River Festival**.

The 2019/20 Summer season has commenced with Brad Jensen as Head Coach assisted by Leon Bobako, Peter Kellaway and Mal Motum. Club membership currently stands at 50 swimmers and 4 social members.

Members Sharon Taylor and Brad have completed their qualifications for **Inspector of Turns**. Myall Masters are grateful we have a substantial number of qualified officials.

During 2019 the club was saddened by the passing of our past member Peter Kendall and our friends, Roy Smith and Col Cliff (Maitland).

As President, I am very thankful for the talents and commitment of our committee, sub groups members and supporters.

**A club is only as good as its members.**



*Club Secretary Ann O'Brien with husband Michael (volunteer photographer)*

**Leon Bobako**  
President/Life Member



# North Sydney Masters

## Annual Report 2019

North Sydney Masters is known as a very active swimming club, in terms of participation both at sanctioned meets, and ocean swims. This year we have excelled as a club, with some outstanding competition results, and numerous new members.

Our strongest performance as a club was at the Masters NSW Relay Meet in July. We had a total of 33 swimmers, 16 women and 17 men who travelled from Sydney to participate as part of 37 teams. Overall, 46% percent of these teams placed first in their respective races, whilst 78% placed on the podium. Ultimately, our team triumphed, winning the carnival by 38 points, but more importantly, personifying the Masters spirit.

We have had a number of other outstanding results this year. John De Vries and Helen White attended the Masters World Championships in Korea. Helen placed in the top ten in multiple races while John placed 3<sup>rd</sup> in the 200m backstroke, and 5<sup>th</sup> in 100m backstroke. He also swam his way to eight new club records, three new state records and had two of the top three FINA point swims (over 600 points each). Our oldest club record was broken by Simone Salier's 100m backstroke swim. Christina Echols also broke the NSW state record for 400m backstroke by 3 seconds at the Long Distance Championships in early December

Our club is also known to have a strong presence at ocean swims around the Sydney region. This year, certain members extended that range. Both Luke Ranson (VP) and Joe Watkins completed the Port to Pub Rottneest Island solo swim, a total of 19.7km. It was a pleasure to watch these guys train and take on this astonishing challenge. Mickaela Mate (President) and David Lovelace made their debuts into marathon swimming, each completing the Mana Island 10km swim in Fiji. Ultimately this race turned out to be 12.5-13km, but that didn't hold Dave back, finishing third in a pack of strong competition. Joe Watkins also made the trip and swam in the 5km event.

Overall, our club has had an extremely successful year. Not only has membership grown, and consequently our participation in sanctioned meets and ocean swims, our members continue to display an inclusive attitude and the social aspect of our club thrives.

Next year shall be an interesting year for our club, as it is expected that our beloved pool will close for renovations. We look forward to finding a new temporary home for our club and continuing our tradition of swimming with friends.

**Mickaela Mate**  
President

# *Oak Flats Aussi Masters Inc*

*“Swimming for fitness and fun”*

**Phone:** 02 42377852

**Postal Address:** 20 Eureka Ave, Kiama Downs

**Email:** [chworthy@westnet.com.au](mailto:chworthy@westnet.com.au)



*Oak Flats Blue Swimmers*

## **Annual Report 2019**

We started off 2018 with the ambition and commitment to win our division for the year. We swim in Division Three so we thought if we put the effort in to competing in as many carnivals as we could we win this!

This is how I started the report for last year, well we did win and a great effort by all members.

Now for 2019. We had a very lazy year for competing. We all still trained just a hard but everyone one in the club did a lot of travelling. So we all kept fit for seeing the world. Some of us went overseas for short and long trips, some saw parts of this great land of ours and some just had short breaks away.

Maybe 2020 will bring us back to pool as a team. Watch this space.

Yours in swimming

**Narelle Day**  
President

Supported by the





# RYDE AUSSI MASTERS SWIMMERS Inc. (RAMS)

Inaugurated 7<sup>th</sup> November, 1981

Affiliated with Masters Swimming NSW 24<sup>th</sup> November, 1981

Incorporated 14<sup>th</sup> October, 1999

ABN 20 075 220 716

## Annual Report 2019

**Membership:** Ryde currently has 59 members – 37 females and 22 males. The club continues its success under the leadership of our President, Andrew McCrindell, and we acknowledge Andrew's many contributions to club activities and direction. The club also thanks all committee members, and the large number of members who generously give their time to help organise a wide range of club activities over the year.

**Club sessions and venues:** Regular training nights are held at Ryde Aquatic Leisure Centre on Mondays (7.45-8.45pm) and Wednesdays (7.30-8.30pm); a Saturday morning swim (8.00-9.00am) is also available. Wednesday night includes a social gathering after training for tea/coffee and biscuits, and once a month member birthdays are celebrated with birthday cake. The club is fortunate to have Greg Lewin as its Head Coach, who coordinates a stimulating mix of training sessions and drills with ever changing instructional techniques tailored to our abilities to prepare members for all major meets. Training videos, weekly core strength work, and training mirrors are included in his programs as well as some mentoring for budding coaches. All club members are encouraged regardless of ability, from high achieving swimmers to those learning form strokes for the first time.

**Interclub meets:** We are coming a respectable fourth in the BPS Division 1 having performed well at various carnivals; notably 2<sup>nd</sup> Port Macquarie, 3<sup>rd</sup> at Campbelltown and Ryde, 4<sup>th</sup> at Warringah and Merrylands, 5<sup>th</sup> at Blacktown, Novocastrian and Seaside Pirates, 7<sup>th</sup> at Ettalong and 8<sup>th</sup> at Myall and Wett Ones.

Ryde also participated in the NSW Long Course Championships 6<sup>th</sup>, MSNSW Relay Meet 11<sup>th</sup>, MSNSW Short Course Championships 13<sup>th</sup>, and the Long Distance Short Course Championships. Two members also swam at Jimmy's Beach, Hawks Nest.

Results at all these meets were achieved not only through some outstanding individual efforts but also from members of all ages and abilities. Two stand outs were listed in this year's top 24 most active swimmers: Jamie Turner and Andrew McCrindell.

**Achievements of members:** The club would like to make special mention of Greg Lewin as the winner of the Masters '*National Coach of the Year*' and '*NSW Coach of the Year*' awards. These awards were announced and awarded in 2019 for work done in 2018. Greg also played a mentoring role for Susan Leech who qualified as a coach in January this year.

Jenny Whiteley continued to build on her incredible list of achievements in the pool being named the 2019 Female Swimmer of the Meet at the Masters Swimming Australian National Championships in Adelaide. Jenny was also named as the 2018 Masters Swimming Australia 'Swimmer of the Year' which was awarded and announced in 2019 – fitting recognition for breaking 11 World records and 39 National records.

A small team attended the National Championships in Adelaide where Ryde came 15<sup>th</sup> out of 86 clubs with some outstanding individual medal results:

Jenny Whiteley 5 Gold: 50BS, 200BS, 200FS, 200IM, 1 Silver, 50BF  
Heather Morgan 6 Gold: 50FS, 100FS, 200FS, 400FS, 100BS, 200BS  
Andrew McCrindell 1 Bronze: 200BS

This year Jenny has broken World records in the 200 Freestyle, 50 Breaststroke and 200 Individual Medley: National records in the 800 Freestyle, 100, 200, 400, 800 and 1500m Backstroke and the 50 and 200 Butterfly.

Heather Morgan broke 3 National records in Adelaide: 800 Freestyle and the 100 and 200 Breaststroke.

Ray Crook represented Ryde at the World Masters Swimming Championships in Gwangju where he competed incredibly well in the 50 (29:48) 100 (1:05.44) and 200 (2:28.25) (19<sup>th</sup>) Freestyle events.

**Safety:** Our Safety Officer, Ailsa Jeanes, reported on all incidents and organised the club's annual CPR course, updating qualifications for both members and friends.

**Carnival officials:** Ryde has continued to qualify more swimmers as carnival officials.

**Social activities:**

1. A successful charity swim-a-thon was held during a club training night, raising almost \$5000 for Muscular Dystrophy NSW as our beneficiary.
2. Annual Dinner: continues to be popular and is very well attended.
3. Annual Christmas Party with presentation of club awards for:  
**Service:** Lesa Colburn; **Participation:** Wim and Anne van Bussel  
**Encouragement:** Susan Leask, and **Long Service:** David King

Ryde club members have participated in all international, national and branch events in the spirit of *fitness, friendship and fun.*

**Lesa Colburn**  
Secretary



# Sapphire Coast Adult Swimming Club

## Annual Report 2019

We're settling in to our second year as a masters swimming club. The learning curve has levelled out a little, however we still have a long way to go towards becoming a mature club. Early in 2019 we successfully incorporated with Fair Trading NSW putting at ease some of the responsibilities of the club executive.

Membership did not maintain the numbers of our widely publicised first year and we finished the 2019 season with a total of 16 swimmers. Our isolation and limited population will always be a factor here. However, what we lack in numbers we make up for in a truly friendly and inclusive club.

In a business sense we retained our valued sponsor, Maggie & Rosies Antique Emporium, whose support allowed us to feel financially independent without too much of a draw on members' pockets. This included some sponsorship of events, club apparel and the cost of club overheads.

Members continue to meet every Sunday morning at Sapphire Aquatic Centre Pambula which is usually followed by brunch at a local cafe. Less formally, some members get together for a swim on Tuesdays and a few hardcore swimmers attend the swim centre's Adult Squads on Tuesdays and Thursdays. The "fitness, friendship & fun" motto certainly runs true for us Stingrays.

There were a number of notable activities the club undertook during the year:

### **BEGA BUSINESS HOUSE RELAY**

Although a local event this still meant a round trip of over 100kms for many members. Though neither of our 2 teams won we still placed in the final heat and more than a few of us won the individual sprint challenge for our age groups.

### **ACT INTERCLUB MEET**

A few of our members travelled to Canberra to attend the ACT Interclub Meet earlier in the year and again in June. Yes we did well and these smaller meets help us get familiar with a competitive environment.



### **NSW SHORT COURSE CHAMPIONSHIPS**

One of our members attended the NSW Short Course C'ships in April and managed a few medals to bring home plus a little networking among other clubs and catching up with old friends in the movement.



**MASTERS GAMES - ADELAIDE**

Four Stingrays made the trek to Adelaide in October for the swimming events at the National Masters Games. It was an incredible success with a stack of medals coming home and much publicity for the club in local press resulting in front page news which, by the way, secured another member or two.



**FREE STYLE WORKSHOP CLINIC**

In June our club ran a very successful freestyle workshop at Pambula. Again publicity played an important in getting the more than 40 local non-members to attend. Yes, we got another member or two out of it with the rest praising the quality of the event. Huge thanks to the hard working NSW Coaching Team and Masters NSW for getting behind us.

Finally, thanks so much to our coach, Sue Keey, who does so much hard work writing up weekly programs and pacing the pool side while we enjoy the swimming. Thanks also to the pool management at Sapphire Aquatic Centre for getting right behind us as a club, making our activities so much easier.

Yours swimmingly,

**Bruce Williamson**  
President





## Seaside Pirates

### Annual Report 2019



2019 was my fifth year with Seaside Pirates and my second year as President. I would like to step down as President now and hand the baton to someone who can approach the role with fresh ideas.

Our membership numbers were up a little and we finished the year with 42 members. Attendance at branch meets in 2019 was up and down. At most meets we had a handful of competitors, but numbers were higher at the more competitive meets, and this was reflected in the points scores for those meets, e.g. State Long Course (8<sup>h</sup> in point score), State Short Course (9<sup>th</sup>), the Relay Meet (7<sup>th</sup>) and of course our own Meet in September, where we placed second to the mighty Wett Ones.

As usual we provided a very healthy number of officials. Once again Jane and Jodie were visible on deck as officials at almost every meet throughout the year.

Only 4 of our members travelled to Nationals in Adelaide in April.

One of the highlights of 2019 for some of us – Jean, Tim, Heidi, Jon and me – was participation in the World Masters Swimming Championships in Gwangju, South Korea, in August. We had an exhausting and very social time over there and made many new friends. After 5 months our WhatsApp group, led by Jon, and consisting of members from Australia, New Zealand, the US, Canada and Israel – are still in regular contact with each other and inspiring each other to keep on going with our swimming.

Jon returned from Worlds with a swathe of medals and records– two golds and two fourth places. One Competition record, and two National records. These are in addition to the other 11 National records Jon has set this year, all in backstroke. There are not even 13 backstroke events. It's just that Jon kept getting faster and beating his own times! For this reason, Jon is being awarded Seaside Pirates Swimmer of the Year for 2019.

For the others in our team who participated in Worlds, we all managed to achieve an individual goal, whether it was completing all races, making the qualifying time, setting a PB, or in my case bringing home a medal.

Our annual Pirates Meet was held at Knox in September and was a successful event, due to the involvement of so many team members in preparations and on the day itself. Big thanks to Jane for her organisation of this meet and for all committee members for their time and contributions. We celebrated after the meet with a big Pirates 20<sup>th</sup> birthday cake!



We still run our Sunday and Tuesday training sessions, but numbers were down this year.

We held the 100 x 100 at Abbotsleigh at the end of the year. Profit was slightly up on last year's event, mainly I feel due to the pre-meet advertising campaign, led by Sandi.

As we start 2020, our membership numbers seem low, but we are optimistic that 2019 members and more will re-join or join for the first time, with competition at the Nationals as an incentive.

Our plans for 2020 include the Endurance series (and I have a personal goal of completing all 62 swims), a Bunnings BBQ if we can get a slot, a big turnout at Nationals both for swimming and also in a volunteer capacity, slight modification of club colours and gear, a Pirates Carnival and of course the 100 x 100s again. There will be some Club breakfasts and dinners.

I would like to thank the 2019 committee. Our Sunday morning meetings have been lively and fun. Thank you to all club members who have helped out during the year, with officiating, organising raffles, helping out with Sunday pool duties and everything else you do to support the Club. We would not be able to run a club successfully without your ideas, time and support – so thank you all. I wish the new committee all the best for the year ahead.

**Sue Tomkins**  
President



# Trinity AUSSI Masters Swim Club

## Annual Report 2019

Trinity this year had a pleasing year both in and out of the pool. Our membership has continued to stay at around 40. Good result and we are still happy with the numbers. We still hold our club night on Wednesday from 7pm to 9pm in the Trinity Grammar school pool at Summer Hill. During the night we have training and stroke correction for all level of swimmers provided by our coach and club captain, John Kulhan.

It is here we've had new members coming in to learn to swim. We also see our newest members making significant progress. A lot of them are now participating in our club races on Wednesday nights. We are trying to encourage them to even try aerobic swimming.

On the last club night of the month we have a short program and then a light supper to keep us as social as possible. It is here that we discuss our swimming techniques and future events. Of course we also discuss the latest topics in the news and latest gossips.

Our participation in other carnivals was not many. Hopefully, we can encourage few more for next year. Although no records were set by our swimmers, they enjoyed themselves and were proud of their performances.

We are always trying to get more swimmers involved in the Endurance 1000 program. We had seven swimmers compete this year with our brave captain, John Kulhan completing all the swims. Well done!

At Trinity we are a social bunch and enjoy ourselves whenever we are out and about. This year we had our Christmas Party at a Massey park golf club at Concord. We had a great night with 30 members attending and we need to thank Daphne Kulhan and Johanne Staplfeldt for arranging it and all those that attended. In conclusion we wish everyone in AUSSI good health and keep up the swimming.

Regards

**John Kulhan**





## **West's Auburn Masters**

### **Annual Report 2019**

#### **MEMBERSHIP**

We had 12 financial members at the end of 2019. We average about 6 swimmers at most sessions and most members participate in regular endurance swims. We are working closely with Dooleys (Lidcombe Catholic Club) as a major sponsor.

#### **CLUB SESSIONS & VENUE**

We have been swimming at Ruth Everuss Aquatic Centre on Wednesdays at 5:30pm and 7:00pm, Fridays at 7:00pm, and Sundays at 9:00am. We have a wonderful coach (Kerryn Blanch), who has provided all of us with individual programs to follow whenever we can get to a pool. We have five members with Bronze Medallion qualifications and three with Senior First Aid Training.

#### **INTERCLUB MEETS**

We were represented at most BPS carnivals in NSW this year, as well as all State carnivals and the Australian Masters Games. Club officials were on deck at many carnivals - in particular Kerryn Blanch and Cassie Anderson.

#### **WESTS LONG DISTANCE CARNIVAL**

WE held a long distance carnival which was a little down in numbers due to the problem with bush fires in the state. A successful carnival, with 80 entries from 24 clubs represented. The weather was good to us, but the air was a little thick!

#### **WESTS 5000m POSTAL SWIM**

We held our annual 5000m postal swim again this year. We had fewer swimmers this year with 111 participants (20 individual swims and 39 relays). We hope more members will take up the challenge in 2020.

#### **ENDURANCE 1000**

All of our 12 members participated in the National Endurance 1000 Scheme (100%), giving us a total of 7426 points (which is 800 more than 2018). Two members (Ben Taylor and Michael Parkinson) scored maximum points, while Cassie Anderson, Kerryn Blanch and Hillary Morrison competed in all swims.

### **CLUB COMPETITIONS**

We run two competitions within the club. One is a short distance point scoring competition (200, 100, 50, 25m) where eight swims per month score points. The other is a club record breaking competition which was very keenly contested this year.

### **ACHIEVEMENTS**

Most of our swimmers will have their times entered for the Top Ten competition.

Kerryn Blanch broke the Branch record for women 45-49, 1500 Butterfly.

### **SOCIAL ACTIVITIES**

Although small in numbers, we regularly enjoy social events such as Sunday more BBQ brunch, dinners at Dooley's, bush walks and Christmas dinner.

**Kerryn Blanch**  
President

Supported by the





## **Wett Ones Swimming Club Inc.**

### **Annual Report 2019**

I am delighted to present the President's Report to be read alongside the separately-presented financial statements for the year 1 October 2018 to 30 June 2019.

The deliberately premature end of the 2018-19 Wett Ones committee brings with it huge excitement and great opportunities for the years ahead. I am pleased to report that the Club is probably at its strongest in many years, both financially and membership-wise.

In my report, I will look back at the past nine months and consider our success against the [Strategic Plan](#) the Committee adopted in January this year. At the end of the first six months of our three year plan, we have established a strong foundation upon which to deliver our objectives and meet our goals.

#### ***Our Strategic Plan***

In January, the Committee adopted our Strategic Plan for 2019-2022. Our vision is to be:

*'An inclusive, competitive and social LGBT+ swimming club in Sydney'*

And this is supported by our mission, to:

*'Provide a safe, friendly and supportive swimming environment for the gay and lesbian community, our allies, friends and supporters in Sydney.'*

We adopted three strategic objectives for the following three year period:

1. Improve and consolidate the club's membership, financial position and future operations
2. Increase active participation of lesbian members of the club
3. Encourage increased participation in competitions, including at the Gay Games in Hong Kong in 2022

Our Key Performance Indicators to achieve our objectives are:

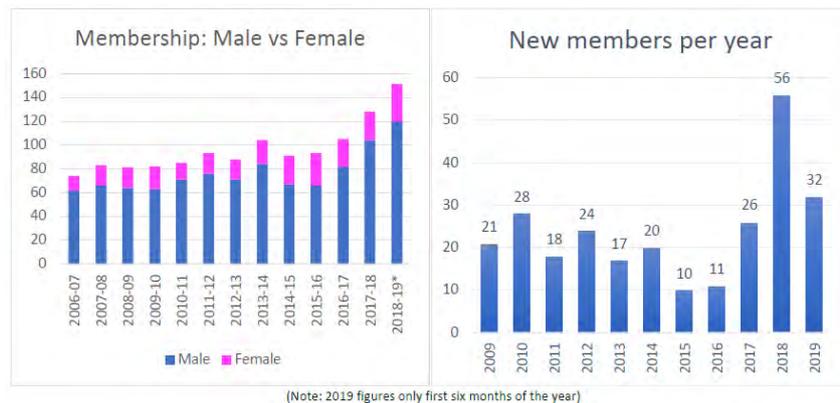
- Encourage more female participation in training and competition events
- Extend the capacity of our coaching staff, through professional development and training opportunities
- Look for opportunities to provide further swimming training classes, diversifying our membership
- Increase engagement with new and existing sponsors
- Lift participation in swimming carnivals and lead the Masters Swimming NSW points score table in 2019 and beyond
- Work more closely with LGBT+ swimming clubs in Australia, New Zealand and our region
- Engage with bodies such as Team Sydney and IGLA, as well as Masters Swimming Australia, to leverage opportunities for members

With one exception, we remain firmly on-track. A summary of our progress is attached. I will turn, now, to report progress in meeting our overall objectives:

#### **Improve and consolidate the club's membership, financial position and future operations**

##### **Membership**

Over the past nine months (since our last AGM), the club has recruited 51 new members, bringing (to 30 June 2019) our total membership to 151 members.



Female engagement has been a major focus for the club. Of the 51 new members recruited since October 2018 14 of them are female; our total female membership is now 31, up from 24 in 2018 and higher than ever.

I want to particularly acknowledge **Susie Purcell**, our female rep, and our other female coaches **Janet Bolton** and **Wendy Magnus**, for their dedication to our three women's boot camps earlier this year – the growth in our female membership is almost entirely attributable to these events.

### Finances

Financially, we have performed much better over the past 12 months than was anticipated in our budget. Notwithstanding the modest increase in membership fees and swimming fees, our higher swimming participation, lower costs and successful events have seen the club record a profit.

While we are a community-based, not for profit club, it is important that we have the financial flexibility which allows us to invest in training and opportunities for club members.

One dividend of our strong financial position is the ability to run additional training sessions and ensure they are professionally coached, even where paid attendance is below the cost of the coach and the lane hire. We have done this in order to ensure more opportunities for swimmers to train and to reduce crowding at certain sessions.

Our cash at bank assets still represent a fraction of the annual operational expenses of the club – money for the proverbial rainy day. Nevertheless, the Committee has earmarked some of this year's financial windfall to spend on new club uniforms, the swimming camp later this year and assisting members to participate in IGLA next year – this money belongs to the members and we intend to invest it wisely in our members.

A full breakdown of the club's finances will be presented separately by the Treasurer.

I want to acknowledge the stewardship of **David Loader** as the club's Treasurer. In addition to managing the accounts, David has overseen the transition of Wett Ones' accounts onto a cloud-based accounting system which is fully-integrated with our online booking system.

This work will ensure that the next Treasurer will easily be able to pick up where David leaves off.

David's achievements on behalf of Wett Ones have also been recognised by Masters Swimming NSW; in April, David became the first Wett Ones member to be awarded the Ian Davis Memorial Award. Ian was a member of Wett Ones and president of Masters Swimming – after he tragically passed away, an award was established in his honour to recognise a swimming member for making a positive



contribution to the Association and swimming in New South Wales. David embodies this spirit and I again congratulate him for his dedication to our club and Masters Swimming NSW.

**Future operations**

The current committee ran out of time to refresh our club website, which should be a project for the coming year along with updating our archives, including the club records database. For many years, **Vassili Efimov** has looked after the club record database, and the Committee appreciates his dedication to this task (begun by the late Ian Davis) – our database is more comprehensive than that held by Masters Swimming NSW. Bringing it online and making it searchable by members is something next year’s Committee is encouraged to consider.

The decision to move to a Google Drive system to manage our files ensures they are less likely to be lost. Our social media profiles (Facebook and Instagram) continue to attract followers; the decision to make our members’ page ‘secret’ ensures members can engage freely and our swimming secrets are kept hidden!

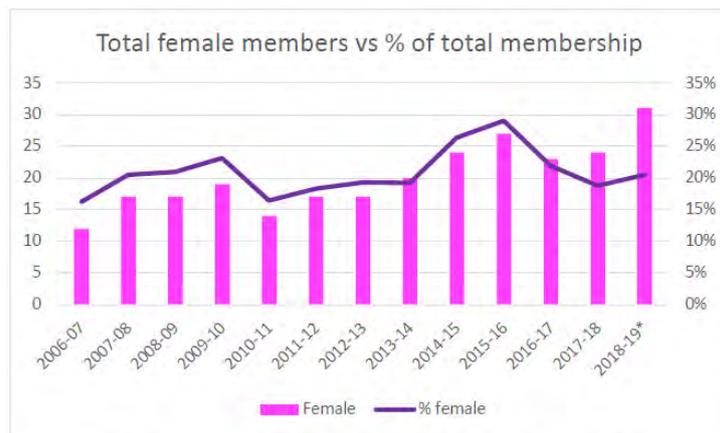
**Increase active participation by lesbian members of the club**

As noted above, the increase in our female membership has been driven by three women’s boot camps held in March and May. In addition to increased membership, there are more female members swimming in the pool on a regular basis.



In March this year, the club devoted the theme of our Mardi Gras float to ‘Swim like a girl’ to honour the success of our female swimmers at the Gay Games in Paris in 2018. We were featured on the SBS coverage of the Mardi Gras – shout out to **Susie** and **Nick Westaway** (and **Gary Chak!**) for their advocacy for the club on television (in matching Wett Ones shirts and caps...).

Notwithstanding the growth in our female membership, our female membership numbers remain low, particularly against other Masters Swimming clubs in New South Wales and as a proportion of our overall club membership. This area will remain a key priority for the club over coming years and I welcome thoughts about how we can continue to encourage increased female participation in the club.



\*Previous year figures run through until Oct/Nov; 2018-19 are to 30 June 2019.

**Encourage increased participation in competitions, including at the Gay Games in Hong Kong in 2022**

We are obviously a long way from the next Gay Games, but participation in other international carnivals, as well as those closer to home, remains solid. I want to pay particular



thanks to **Evan Morris** who, as our race secretary, has (politely) cajoled and encouraged swimmers into registering for masters swimming meets across New South Wales.

There is absolutely no requirement for any member to participate in a swimming carnival, however we will present the opportunity for those who are so interested in participating.

#### Wett Ones BPS meet

The Wett Ones BPS meet at Sydney Uni was a runaway success, setting the bar ever higher for swimming meets in New South Wales. **Nick Westaway** and his team of helpers, including **Charlie Edwards** and **Megan McLachlan**, deserve our grateful thanks for their management of this event.



From the music between sets (we've been requested to provide music support for next year's National Championships!) and the meal afterwards, it was an enjoyable afternoon by the pool. Importantly, 61 Wett Ones members took advantage of the reduced entry fee to participate, many competing for the first (but hopefully not last) time. A number of club records were broken (read: smashed), too.



#### Ocean swimming

As the weather warmed for the summer, a small group of Wett Ones began ocean swimming training. Splitting their swims between Manly and the eastern suburbs beaches, our members with an interest in ocean swimming, either as beginners or advanced, found their needs catered for (in and out of the water). Special thanks to **Nick Westaway** and **Masaki Shibata** for coordinating these sessions.

#### Branch Points Score

We remain on-track to secure first place on the Masters Swimming NSW Branch Points Score table for 2019. In 2018, we were awarded the club with the highest percentage increase in points; in 2019, we aim to win the trophy! Thank you to everyone who participates in carnivals – they are lots of fun, made better by the good company and camaraderie on the pool deck as well as in the water.

#### IGLA 2019 – New York

A small group of Wett Ones participated in the IGLA tournament in New York in late June 2019. Many excellent performances were noted, and a slew of medals collected. Well done to those who participated – let's hope the rest of the world saw how competitive we plan to be in Melbourne next February!



#### National championships

The National Championships were held in Adelaide; **Mark Sendecky** was the only Wett Ones member who participated, winning a number of gold, silver and bronze medals. The next national championships will be held in Sydney in April 2020 and Wett Ones will aim to have a few more participants in the water and helping out on the sidelines.

#### *The fun side of things...*

As I look back through my monthly emails, one issue strikes me – there is always something going on! On the social front, the Club adopted a calendar for social events; the dual highlights were the mesmerising Mardi Gras float and the Drag Yourself Out fancy dress party.

### Christmas Party

The Wett Ones celebrated Christmas with a BBQ and party at the Tamarama Surf Life Saving Club – thanks to **Nick Westaway**, **Charlie Edwards** and **Mark Holmes** for looking after the cooking. With a preview of our Mardi Gras dance routine, we also took the opportunity to present Masters Swimming Australia certificates to **David Loader**, **Susie Purcell** and **Jodie Johnson** for their individual efforts at swimming carnivals throughout the year.



The Tamarama location was spectacular, and notwithstanding the strong ocean current (I think the beach may even have been closed...) we naturally managed to get in a swim in the surf.

The Committee has decided that we will include an awards presentation in our Christmas function in 2019, moving it from its previous place as an adjunct to the Annual General Meeting.

### Mardi Gras

In 2019, it's fair to say that Wett Ones went all out with our float and engagement in Mardi Gras. Professionally choreographed, our float was themed 'Swim like a girl' and honoured our female swimming champions from the 2018 Gay Games in Paris. Eighty club members and friends danced their way down Oxford Street; our Mardi Gras coordinator **Louise Nealon**, ably assisted by so many people, has set the bar exceedingly high for those who follow in the years to come.



I want to again acknowledge the assistance of **Melissa Stefano**, our indefatigable choreographer, who donated so much time and effort to the Wett Ones float. The \$1,000 surplus (due to Louise's budgetary mastery and generous private donations) will be put towards the cost of next year's float.



We were also fortunate to join with Queer Screen to be a presenting partner for the 2019 Mardi Gras Film Festival. We were the presenting partner for the Australian premiere of *Light in the Water*, the story of one of the first LGBT+ swimming clubs, West Hollywood Aquatic (WH2O). We were joined by an original member of WH2O, **Ron Kirchoff**, who shared his memories of the early days of gay and lesbian masters swimming.

### The social scene

Wett Ones' social coordinator, **Bradley Monks**, has not failed to deliver this year. From brunches and casual drinks through to major costume extravaganza, Brad and those who have helped him has ensured that the Wett Ones family is happy in and out of the water.



Key feedback from the survey (mentioned below) was to ensure that we offered a variety of social functions accessible to all members; specifically, members asked that social events not be solely held at night time and in bars and clubs. To that end, we have coordinated a Vietnamese lunch in Cabramatta, a Finska tournament, kayaking and a boat party on Australia Day on Sydney Harbour, as well as gin tasting and 'Sundowner' drinks and dinner in Manly. Our Instagram feed is a constant array of food, fun and friendship.

However, the 'Drag Yourself Out' fancy dress party was arguably the greatest social success of the year. Perhaps this annual fundraiser can become a new club tradition? The event raised money to assist the upcoming swim camp – well done to **Jay Brown** for taking home the thoroughly-deserved best dressed award, and to our resident DJ And.E (**Andrew Elias**) who kept the tunes going all night long.



## Managing our growing club

At the end of 2017, the outgoing President wrote in his report:

*“While our [financial] position is sound, we have concerns over the ongoing decline in swimmer attendance at Sydney Uni evening sessions. Our membership numbers have grown, but our swimmer attendance has dropped – this should be investigated and worked upon in the coming year.”*

I am pleased to say that we solved the second half of this equation – a growing membership linked to increased participation in Sydney Uni evening sessions. While a good problem to have, it is not without challenges. We have approached other pools in central Sydney to investigate their capacity; their existing bookings mean we have to work around already limited availability. Sydney Uni’s decision to limit us to three lanes as they attempt to grow their own squad has necessitated us capping numbers for Monday and Wednesday evenings; we have sought additional lanes but have so far been unsuccessful.

Some have suggested that the club’s membership should be capped. This is not something that I personally support but, ultimately, this is a matter for the club as a whole to consider.

No city in the world has more than one LGBT+ swimming club – rather than turn people away and see the establishment of a competitor club to Australia’s original LGBT+ swimming club, I would rather find a way to provide more swimming opportunities at additional times to the traditional evening sessions, as well as encouraging people to try swimming at a different time when their ‘normal’ sessions are busy.

Our online booking system has assisted us to manage busy evenings – as we head toward preparation for IGLA and the national championships in Sydney next year, we anticipate increased participation in training and will look to find additional ways to manage this. An additional session on a Thursday evening, as well as the reinstatement of a Monday (or other) morning session once the weather improves is definitely a live option. As the Wett Ones family increases in size, ensuring we remain the warm, welcoming and friendly club we are renowned for will take on a higher priority – our social events will be a key part of this.

### Safety

I am pleased to say there were no serious incidents in or out of the water this year. Our safety officer, **Wendy Magnus**, has ensured that our coaches are appropriately accredited with up to date CPR training. The coaches have also attended special Masters Swimming NSW training courses to learn about injury prevention and management techniques. It is important that any safety incidents are recorded and followed up in the event that something minor turns into something more sinister!

### Survey

An all-club survey at the start of 2019 provided valuable information to the committee about the concerns of members. The Committee appreciated the frank feedback from members and has endeavoured to act to resolve issues identified. A full breakdown of the survey results has been posted on the club’s website.

### Uniform

Late last year the Committee began a process to refresh our club uniform. Over the past months we have worked to develop a style which will be unique to Wett Ones and, in August, we anticipate taking pre-orders. The design has been developed to last through until the Gay Games in Hong Kong – the special uniform adopted by our 2019 IGLA swimmers is a unique memento for those who participated.



## Constitution

In June the club endorsed a change to the Constitution, changing the club's financial year from ending on 30 September to 30 June. The change will give a new committee more time to plan for key events which occur early in the club year (including Mardi Gras and our swimming meet). Going forward this means that the club's Annual General Meeting will be held in either July or August rather than in October or November.

At the same time, the special meeting authorised the establishment of a Constitutional Working Party to review and consider the need to refresh our club constitution. With a brief to report back by December 2019, the committee will consider nominations from members and form a working party in July 2019.

## Sponsors

The Club grateful acknowledges the ongoing support of **SheCamp** and **Dentistry in the Cross** as our two current sponsors. Working to grow and develop our sponsorship base is an important objective for the future; the appointment of a dedicated person on the committee to manage fundraising, sponsorship and engagement is critical.



We are also grateful to **ACON** for a grant we received in 2018, and to **Google** in support of the Mardi Gras float. The Committee decided against applying for a grant from ACON in 2019 owing to our financial position.

## Our people

When you start to name people you inevitably forget someone. So, please consider this a general acknowledgment of and thanks to all members and your families and friends for your participation, hard work and dedication throughout the year. However, I do want to particularly single out two people:

**Cecily Black**, a stalwart of the club, who continues to provide fundraising and sponsorship support. Perhaps more important, though, is to thank Cec for providing the cakes for our monthly birthday celebrations. Thank you, Cec, for your perpetual smile and willingness to help – nobody does a cake night quite like you!



**Bob Nagel**, another long-time member, who ensures our Saturday morning Boy Charlton squad is drilled with challenging sets, good company and delicious brunch. On a personal note, I hope to get to a few more of these sessions in the coming season and encourage everyone to think about a swim and brunch at one of the most beautiful spots in Sydney. Neither Cec nor Bob are on the committee, however they continue to provide support to the club for which we are grateful.



## Coaches

The club is fortunate to have at its disposal a team of dedicated, talented and exceptionally professional coaches. I want to thank **Janet Bolton, Wendy Magnus, Susie Purcell, Marko Antic, Peter McGee, Bradley Monks, Brian Osterio, Oscar Perez-Concha, Mark Sendecky** and **Nick Westaway**, for their service to the club this year. It is pleasing to see some new coaches on the pool deck, some of whom are undertaking their training; more coaches give the club flexibility in our programming and spreads the coaching responsibilities across more people.

While it would be wrong to single out any one of the coaches, I do want to especially acknowledge Peter McGee for his willingness to step into the breach, sometimes at short notice, to ensure that a session is never without a coach.

### **Committee**

The club is run by a team of passionate volunteers who have devoted themselves to ensuring the club runs smoothly. As President, I have been incredibly fortunate to be so ably supported by:

**Nick Westaway (Secretary and Meet director)**  
**David Loader (Treasurer)**  
**Evan Morris (Registrar and Race secretary)**  
**Wendy Magnus (Safety Officer)**  
**Susie Purcell (Female rep and Social media coordinator)**  
**Charlie Edwards (Male rep)**  
**Janet Bolton (Coaches' rep)**  
**Bradley Monks (Social coordinator) and**  
**Louise Nealon (Mardi Gras coordinator)**



It is also important to acknowledge that **Lawrence Powderly** is Vice President (Country) and **David Loader** is a Board member with Masters Swimming NSW, and **Peter McGee** is part of the Masters Swimming NSW coaching panel. **Nick Westaway** has also recently been appointed Webmaster of International Gay and Lesbian Aquatics (IGLA).

### ***The future***

With your support, I look forward to continuing to deliver our strategic plan and drive the club towards IGLA in Melbourne (next year), our 30th anniversary (in 2021) and the Gay Games in Hong Kong (in 2022).

On balance, over the past year I think we have made the sometimes tough but ultimately necessary decisions to ensure the continued smooth running of our growing club. It is not for nothing that we are the envy of the other clubs across New South Wales, and Australia – we are young, dynamic, fun to be around, and we promote the best ideals of sportsman and sportswomanship in and out of the water.

Wett Ones is the largest Masters swimming club in New South Wales and one of the largest Masters swimming clubs in Australia. We are certainly the biggest gay and lesbian swimming club in Australia, and possibly even the southern hemisphere. Let's build on our place in the community to further strengthen our club and highlight the benefits of swimming, being part of a wider swimming family and, most importantly, making friends and having fun.

Thank you everyone for a great year in and out of the water.

**Robert Hardie**  
President

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## **MASTERS SWIMMING**

### **Annual Report 2019**

The year started with a club breakfast on the 6<sup>th</sup> January enjoyed by many at the Passionate Palate Dapto. The club Person of the Year was announced, Brett Hayman, and he was presented with a trophy.

I think we should continue to hold the New Year club breakfast and I hope we can arrange a date soon for 2020.

Our first carnival for the year at Campbelltown was well represented and Merrylands Carnival was such a fun event, but not sure if I will do it again though!!

All other targeted carnivals were well represented and with around 20 members 2019 was a fabulous year of competition. And I am sure our club registrar will have some of the highlights of those carnivals.

We had many days and nights of wining, dining and socializing at carnivals where we cemented our friendship and applauded our swimming achievements. I feel socializing at carnivals and swim sessions is the best way of catching up with and getting to know each other and it was not necessary to get together outside club events as time does not permit. The best carnivals for me were the Ulladulla Escape and Woy Woy, but I'm sure each of us as a favourite masters event for 2019. My most memorable social event was afternoon tea at my home where we learnt about all things timekeeping.

As many of you know I will be standing down as President of the club this year. I have enjoyed the 3 years I have held this position. I would like to thank you all for your support, especially the committee who have helped and trusted me with many club decisions during my time as president.

We currently sit in 4<sup>th</sup> position in the 2<sup>nd</sup> division of the branch point score with 1476 points. What a great achievement Wollongong.

I wish you all the best for 2020, with many miles of swimming.

Thank you

**Doreen Walton**  
President

## **CLUBS THAT DID NOT SUBMIT AN ANNUAL REPORT FOR 2019**

Castle Hill RSL Masters  
Cessnock Masters Swimming Incorporated  
Coogee-Randwick Master Swimmers Inc.  
Dubbo Redfin AUSSI Masters Swimming Club  
Ettalong Pelicans Masters Swimming Club Inc.  
Ginninderra Swim Club  
Lake Macquarie Crocs Masters Swimming Inc.  
Lane Cove Masters Inc.  
Liverpool Leatherjackets Masters Swimming Club  
Maitland AUSSI Masters  
Merrylands Amateur Swimming Club Inc.  
Nelson Bay Dolphins  
North Shore Masters Swimming  
Novocastrian Masters Swimming Club  
Penrith AUSSI Masters Swimming Inc.  
Port Macquarie Masters Swimming Club Inc.  
Raymond Terrace AUSSI Masters Swim Club  
Singleton Masters Swimming Club Inc.  
Sutherland Sandbern Masters Swim Club  
St George Masters Swim Club Inc.  
Tattersalls Masters Swim Club  
Tuggeranong Masters Swimming ACT  
Vladswim Masters Swim Club Inc.  
Warringah Masters Swimming  
Wyong Wobbygongs Masters Swimming Club Inc.

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