



**masters
swimming**
NEW SOUTH
WALES

Long Distance Championships

Knox Grammar
7 Woodville Ave, Wahroongah
Sunday September 8, 2019

Masters Swimming NSW
Long Distance Championships
Knox Grammar

Sunday 8/9/2019
Warm Up – 8:00am, Start –8:30am

	<i>Estimated Start Time</i>
1 1500m Butterfly	08:30 AM
2 1500m Backstroke	09:10 AM
3 1500m Breaststroke	11:05 AM
4 800m Freestyle	12:15 PM
5 400m Butterfly	02:25 PM
6 400m Backstroke	02:35 PM
7 400m Breaststroke	03:25 PM
8 400m Individual Medley	03:55 PM
9 400m Freestyle	04:15 PM
Finish Time	04:40 PM
Swimmer Count: 107	

Swimmers should consider the above estimated times to be the minimum time that events will take. Note that they are based on 1 swimmer per lane, no staggered starts, and a 40 second interval between heats.

Events will be seeded fastest to slowest. Heats of some events may be combined.



Masters Swimming NSW
'Sunsmart' Policy and **'No Smoking'** policy
will apply at this meet.

Officials

Meet Director:	Jane Noake
Meet Referee:	Marilyn Earp
Referee:	Kerryn Blanch, Jodie Burke, Gordon Ferguson, Ruth Fitzpatrick, Sue Johnstone, Peter McGee, Jane Noake, Di Partridge
Inspector of Turns:	Stephen Black, Dawn Gledhill , David Loader, Ann Reid, Sue Wiles
Starter:	Greg Lewin, Tony Tooher
Chief Timekeeper:	Julia Atkins, Paul Bailey, Helen Campbell
Check Starter:	Cassie Anderson, Shane Batchelor, Graham Campbell, Lawrence Powderly, Marie Taylor
Recorder:	Mark Hepple
Medical:	pool staff

Timekeeping

Allowing for an average number of no-shows, and excluding the above listed technical officials, the **average time** that each competitor should timekeep is:

1 hr 35 min

Any competitor that cannot fulfil their obligations may ask their club members, friends or family to do so on their behalf. In the case of extenuating circumstances you may appeal to the Meet Director for exclusion.

	Club	Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8
	Warringah				9				
	Blacktown City					12	1		
	Wett Ones			6					
	Manly Masters						5		
	Tuggeranong Vikings		8						
	Seaside Pirates							3	
	Wollongong	4							
	Blue Mountains Phoenix								5
	Castle Hill								4
	Merrylands	4							
	Campbelltown Collegians							4	
	Ettalong		4						
	North Sydney						3		
	Ryde				1				
	Wests Auburn	1							
	Sutherland Sandbern			2					
	Novocastrian							2	
	Port Macquarie	2							
	North Shore			2					
	Penrith				2				
	Raymond Terrace								1
	Coogee-Randwick							1	
	Maitland						1		
	Myall						1		
	Hobart Aquatic Centre			1					

Swimmers

Name	Sex Age	Events	Name	Sex Age	Events
BLACKTOWN CITY			MANLY MASTERS		
1 Megan Blamires	F 50	1, 4	1 Katherine Ahern-Sharpe	F 56	2, 6
2 Aaron Cleland	M 45	3, 8	2 Abel Bornstein	M 70	4, 8
3 Kemton Cline	M 45	2	3 Jan Bradshaw	F 66	6, 9
4 Kurt Forrester	M 30	1	4 Ruth Fitzpatrick	F 71	8
5 Louisa Gocking	F 28	4, 7	5 Stephen Lamy	M 70	6, 9
6 Felicity Gordon	F 45	1, 4	6 Olivia Taylor	F 21	2, 9
7 Alex Hardy	F 29	3, 6	7 Sonja Walters	F 60	4
8 Scott Hay	M 50	3, 8	8 Raymond Watson	M 82	6, 7
9 Anthony Horadam	M 62	4, 8	Total Individual Entries: 14		
10 Mark McDonald	M 32	1, 8	MERRYLANDS		
11 Kerry-Ann Michels	F 52	4, 8	1 Peter Johnston	M 40	7, 9
12 Clary Munns	F 75	2, 8	2 Brendan Kirkpatrick	M 35	4, 8
13 Annika-Lee Skulander	F 29	1, 8	3 Alison Sakurovs	F 34	8, 9
Total Individual Entries: 25			4 Ian Wilson	M 54	4, 9
BLUE MOUNTAINS PHOENIX			Total Individual Entries: 8		
1 Jenny Banks	F 46	4, 9	MYALL		
2 Sandy Freeman	F 23	4, 6	1 Christopher Lock	M 77	2
3 Robin Griffiths	F 65	3, 8	Total Individual Entries: 1		
4 Jillian Pateman	F 60	4, 9	NORTH SHORE		
5 Sue Wiles	F 79	4, 9	1 Stuart Ellicott	M 67	7, 9
Total Individual Entries: 10			2 Kevin Willoughby	M 73	7, 9
CAMPBELLTOWN COLLEGIANS			Total Individual Entries: 4		
1 Sharon Carpenter	F 42	7, 9	NORTH SYDNEY		
2 Suzie Haddad	F 34	3, 4	1 John De Vries	M 61	2, 6
3 Kyle O'Brien	M 30	2, 8	2 Colin Reyburn	M 55	7
4 Owen Sinden	M 64	3, 7	3 Helen White	F 69	4, 7
Total Individual Entries: 8			Total Individual Entries: 5		
CASTLE HILL			NOVOCASTRIAN		
1 Kerri Genovese	F 58	5, 8	1 Robin Carson	F 80	4, 6
2 Kathryn Henson	F 57	3, 7	2 Bill Walker	M 90	3
3 Imogen O'Neill	F 30	6, 9	Total Individual Entries: 3		
4 Wendy Sheppard	F 59	8, 9	PENRITH		
Total Individual Entries: 8			1 Stephen de Lorenzo	M 63	4, 9
COOGEE-RANDWICK			2 Scott Parkinson	M 44	4, 9
1 Jacqui Russell	F 48	4, 5	Total Individual Entries: 4		
Total Individual Entries: 2			PORT MACQUARIE		
ETTALONG			1 Margaret Howard	F 66	3, 7
1 Nicola Davies-Cooke	F 61	4, 7	2 Margaret Jopling	F 84	2, 6
2 Marion Dreyer	F 72	4, 6	Total Individual Entries: 4		
3 Johanna Kingma	F 68	4, 6	RAYMOND TERRACE		
4 Paul Lemmon	M 52	2	1 Brinlei Baxter	F 27	4, 9
Total Individual Entries: 7			Total Individual Entries: 2		
HOBART AQUATIC CENTRE			RYDE		
1 Maciej Slugocki	M 67	4, 8	1 Raymond Crook	M 47	4, 9
Total Individual Entries: 2			2 Jamie Turner	F 78	4, 6
MAITLAND			3 Jenny Whiteley	F 61	2, 4
1 Lesley Potter	F 53	4, 9			
Total Individual Entries: 2					

Swimmers (cont'd)

Name	Sex Age	Events	Name	Sex Age	Events
SEASIDE PIRATES			9 Peter McGee	M 69	2, 5
1 Shane Batchelor	F 64	4, 6	Total Individual Entries: 13		
2 Jodie Burke	F 42	4, 5	WOLLONGONG		
3 Jacquelyn Foley	F 37	2, 4	1 Brett Hayman	M 40	3, 9
4 Jon Hawton	M 55	2, 6	2 Mary J	F 29	4, 9
5 Amanda Lehman	F 45	3, 7	3 Sue Johnstone	F 66	4, 9
6 Sue Tompkins	F 56	3, 5	4 Steven Vermey	M 40	4, 9
Total Individual Entries: 12			5 Rylee Wood	F 27	2, 7
SUTHERLAND SANDBERN					
1 Andrew Davis	M 60	3			
2 Stephen Thompson	M 60	8, 9			
Total Individual Entries: 3					
TUGGERANONG VIKINGS					
1 Katrina Burgess	F 52	3, 8			
2 Donna Campbell	F 57	4, 7			
3 Kylie Lane	F 42	2, 5			
4 Caroline Makin	F 51	4, 5			
5 Atsuko McGowan	F 40	4, 8			
6 Richard Phillips	M 51	4, 7			
7 Ann Reid	F 57	1, 6			
8 Anne Smyth	F 59	4, 6			
Total Individual Entries: 16					
WARRINGAH					
1 Julia Atkins	F 56	8, 9			
2 Paul Bailey	M 58	1, 7			
3 Graham Campbell	M 75	2, 6			
4 Helen Campbell	F 71	6, 9			
5 Bridget Cook	F 75	6, 7			
6 Gwendalynne de Mel	F 60	6, 9			
7 Ruwan de Mel	M 61	4, 9			
8 Anthony Gallagher	M 64	7, 9			
9 Paul Johnson	M 52	6, 9			
10 Alison Locke	F 39	4			
11 Nicolai Morris	F 31	6, 9			
12 John Pagden	M 78	9			
13 Craig Saxby	M 54	4, 7			
14 Tony Tooher	M 57	6, 9			
Total Individual Entries: 26					
WESTS AUBURN					
1 Cassie Anderson	F 39	3, 5			
2 Kerry Blanch	F 46	1			
Total Individual Entries: 3					
WETT ONES					
1 Marko Antic	M 37	1, 8			
2 Patrick Birgan	M 47	9			
3 Pascal Blanquer	M 45	9			
4 John Conley	M 28	4, 8			
5 Anthony Fulton	M 36	9			
6 Damon Kendrick	M 60	4			
7 David Loader	M 36	6, 9			
8 Wendy Luna	M 39	8			

Event Seeding

Name	Sex/Age	Club	Time	Name	Sex/Age	Club	Time
Event 1 1500m Butterfly				Event 4 800m Freestyle (cont'd)			
1	Kurt Forrester	M30 NBT	29:50.00	9	Caroline Makin	W51 NTN	11:05.00
2	Paul Bailey	M58 NWG	33:00.00	10	Maciej Slugocki	M67 TAC	11:20.00
3	Kerryn Blanch	W46 NWS	33:00.00	11	Brinlei Baxter	W27 NRT	11:20.00
4	Mark McDonald	M32 NBT	35:00.00	12	Stephen de Lorenzo	M63 NPN	11:35.00
5	Ann Reid	W57 NTN	37:00.00	13	Lesley Potter	W53 NMT	11:50.00
6	Felicity Gordon	W45 NBT	40:00.00	14	Anne Smyth	W59 NTN	11:55.00
7	Megan Blamires	W50 NBT	40:00.00	15	Atsuko McGowan	W40 NTN	12:00.00
8	Annika-Lee Skulander	W29 NBT	40:05.00	16	Richard Phillips	M51 NTN	12:17.00
9	Marko Antic	M37 NWO	1:00:00.00	17	Scott Parkinson	M44 NPN	12:30.00
Event 2 1500m Backstroke				18	Abel Bornstein	M70 NML	12:35.00
1	Paul Lemmon	M52 NET	19:30.00	19	Suzie Haddad	W34 NCT	12:40.00
2	Jon Hawton	M55 NSP	21:00.00	20	Mary J	W29 NWL	12:45.00
3	Jacquelyn Foley	W37 NSP	22:00.00	21	Ruwan de Mel	M61 NWG	13:00.00
4	John De Vries	M61 NNS	22:30.00	22	Sandy Freeman	W23 NBM	13:24.00
5	Jenny Whiteley	W61 NRY	24:45.00	23	Megan Blamires	W50 NBT	13:30.00
6	Clary Munns	W75 NBT	26:00.00	24	Craig Saxby	M54 NWG	13:30.00
7	Kemton Cline	M45 NBT	26:20.00	25	Alison Locke	W39 NWG	14:00.00
8	Olivia Taylor	W21 NML	26:25.00	26	Shane Batchelor	W64 NSP	14:30.00
9	Rylee Wood	W27 NWL	29:00.00	27	Jenny Banks	W46 NBM	14:32.00
10	Kyle O'Brien	M30 NCT	30:00.00	28	Kerry-Ann Michels	W52 NBT	14:35.00
11	Kylie Lane	W42 NTN	30:00.00	29	Jillian Pateman	W60 NBM	14:59.00
12	Peter McGee	M69 NWO	32:30.00	30	Anthony Horadam	M62 NBT	15:00.00
13	Christopher Lock	M77 NMM	34:00.00	31	John Conley	M28 NWO	15:00.00
14	Katherine Ahern-Sharpe	W56 NML	35:00.00	32	Helen White	W69 NNS	15:30.00
15	Margaret Jopling	W84 NPM	45:00.00	33	Louisa Gocking	W28 NBT	15:52.00
16	Graham Campbell	M75 NWG	50:00.00	34	Donna Campbell	W57 NTN	16:30.00
Event 3 1500m Breaststroke				35	Jodie Burke	W42 NSP	17:15.00
1	Aaron Cleland	M45 NBT	22:00.00	36	Sue Wiles	W79 NBM	18:30.00
2	Alex Hardy	W29 NBT	27:00.00	37	Johanna Kingma	W68 NET	18:35.00
3	Scott Hay	M50 NBT	28:00.00	38	Sonja Walters	W60 NML	19:00.00
4	Katrina Burgess	W52 NTN	29:00.00	39	Nicola Davies-Cooke	W61 NET	19:20.00
5	Brett Hayman	M40 NWL	30:00.00	40	Jamie Turner	W78 NRY	19:44.00
6	Owen Sinden	M64 NCT	30:00.00	41	Felicity Gordon	W45 NBT	20:00.00
7	Amanda Lehman	W45 NSP	30:00.00	42	Marion Dreyer	W72 NET	20:20.00
8	Sue Tompkins	W56 NSP	32:00.00	43	Robin Carson	W80 NNC	22:40.00
9	Andrew Davis	M60 NSA	33:00.00	44	Sue Johnstone	W66 NWL	24:40.00
10	Suzie Haddad	W34 NCT	35:00.00	Event 5 400m Butterfly			
11	Margaret Howard	W66 NPM	36:35.00	1	Jacqui Russell	W48 NCR	6:15.00
12	Robin Griffiths	W65 NBM	40:05.00	2	Caroline Makin	W51 NTN	7:15.00
13	Cassie Anderson	W39 NWS	46:15.00	3	Sue Tompkins	W56 NSP	7:24.00
14	Kathryn Henson	W57 NCL	50:50.00	4	Kylie Lane	W42 NTN	8:00.00
15	Bill Walker	M90 NNC	1:05:00.00	5	Peter McGee	M69 NWO	9:30.00
Event 4 800m Freestyle				6	Jodie Burke	W42 NSP	9:55.00
1	Brendan Kirkpatrick	M35 NMR	10:05.00	7	Kerri Genovese	W58 NCL	11:20.00
2	Jacquelyn Foley	W37 NSP	10:20.00	8	Cassie Anderson	W39 NWS	13:00.00
3	Damon Kendrick	M60 NWO	10:23.00	Event 6 400m Backstroke			
4	Jacqui Russell	W48 NCR	10:30.00	1	Jon Hawton	M55 NSP	5:20.00
5	Jenny Whiteley	W61 NRY	10:35.00	2	John De Vries	M61 NNS	6:00.00
6	Raymond Crook	M47 NRY	10:58.00	3	Nicolai Morris	W31 NWG	6:15.00
7	Steven Vermey	M40 NML	11:00.00	4	Tony Tooher	M57 NWG	6:16.00
8	Ian Wilson	M54 NMR	11:00.00	5	David Loader	M36 NWO	6:30.00
				6	Stephen Lamy	M70 NML	6:35.00

Event Seeding (cont'd)

Name	Sex/Age	Club	Time	Name	Sex/Age	Club	Time
Event 6 400m Backstroke (cont'd)				Event 8 400m IM (cont'd)			
7	Sandy Freeman	W23 NBM	7:09.00	12	Kyle O'Brien	M30 NCT	7:55.00
8	Imogen O'Neill	W30 NCL	7:10.00	13	John Conley	M28 NWO	8:00.00
9	Alex Hardy	W29 NBT	7:30.00	14	Marko Antic	M37 NWO	8:00.00
10	Paul Johnson	M52 NWG	7:30.00	15	Julia Atkins	W56 NWG	8:00.00
11	Anne Smyth	W59 NTN	7:30.00	16	Kerry-Ann Michels	W52 NBT	8:30.00
12	Ann Reid	W57 NTN	7:59.00	17	Annika-Lee Skulander	W29 NBT	8:46.00
13	Shane Batchelor	W64 NSP	8:00.00	18	Anthony Horadam	M62 NBT	9:00.00
14	Jan Bradshaw	W66 NML	8:00.00	19	Wendyl Luna	M39 NWO	9:00.00
15	Johanna Kingma	W68 NET	10:00.00	20	Robin Griffiths	W65 NBM	9:05.00
16	Gwendalynne de Mel	W60 NWG	10:00.00	21	Wendy Sheppard	W59 NCL	9:49.00
17	Katherine Ahern-Sharpe	W56 NML	10:00.00	22	Ruth Fitzpatrick	W71 NML	10:10.00
18	Bridget Cook	W75 NWG	10:10.00	23	Kerri Genovese	W58 NCL	10:20.00
19	Helen Campbell	W71 NWG	10:30.00	Event 9 400m Freestyle			
20	Jamie Turner	W78 NRY	10:30.00	1	Steven Vermeij	M40 NML	5:00.00
21	Robin Carson	W80 NNC	12:00.00	2	Pascal Blanquer	M45 NWO	5:00.00
22	Margaret Jopling	W84 NPM	12:00.00	3	Raymond Crook	M47 NRY	5:20.00
23	Graham Campbell	M75 NWG	12:00.00	4	Ian Wilson	M54 NMR	5:20.00
24	Marion Dreyer	W72 NET	12:20.00	5	Brinlei Baxter	W27 NRT	5:25.00
25	Raymond Watson	M82 NML	13:00.00	6	Tony Tooher	M57 NWG	5:30.00
Event 7 400m Breaststroke				7	Alison Sakurovs	W34 NMR	5:35.00
1	Stuart Ellicott	M67 NHS	6:33.00	8	Stephen de Lorenzo	M63 NPN	5:35.00
2	Colin Reyburn	M55 NNS	7:00.00	9	Nicolai Morris	W31 NWG	5:35.00
3	Craig Saxby	M54 NWG	7:20.00	10	Stephen Thompson	M60 NSA	5:40.00
4	Amanda Lehman	W45 NSP	7:20.00	11	Anthony Fulton	M36 NWO	5:40.00
5	Richard Phillips	M51 NTN	7:25.00	12	Stuart Ellicott	M67 NHS	5:40.00
6	Owen Sinden	M64 NCT	7:30.00	13	Olivia Taylor	W21 NML	5:45.00
7	Louisa Gocking	W28 NBT	7:57.00	14	Lesley Potter	W53 NMT	5:45.00
8	Peter Johnston	M40 NMR	8:00.00	15	Patrick Birgan	M47 NWO	5:50.00
9	Rylee Wood	W27 NWL	8:10.00	16	Mary J	W29 NWL	5:55.00
10	Paul Bailey	M58 NWG	8:59.00	17	Ruwan de Mel	M61 NWG	6:00.00
11	Margaret Howard	W66 NPM	9:10.00	18	David Loader	M36 NWO	6:00.00
12	Helen White	W69 NNS	9:15.00	19	Jenny Banks	W46 NBM	6:05.00
13	Donna Campbell	W57 NTN	9:20.00	20	Stephen Lamy	M70 NML	6:05.00
14	Kevin Willoughby	M73 NHS	10:10.00	21	Scott Parkinson	M44 NPN	6:15.00
15	Bridget Cook	W75 NWG	10:20.00	22	Imogen O'Neill	W30 NCL	6:20.00
16	Kathryn Henson	W57 NCL	10:50.00	23	Paul Johnson	M52 NWG	6:30.00
17	Sharon Carpenter	W42 NCT	11:00.00	24	Julia Atkins	W56 NWG	6:40.00
18	Anthony Gallagher	M64 NWG	11:00.00	25	Brett Hayman	M40 NWL	7:00.00
19	Nicola Davies-Cooke	W61 NET	12:30.00	26	Jan Bradshaw	W66 NML	7:00.00
20	Raymond Watson	M82 NML	13:00.00	27	Peter Johnston	M40 NMR	7:00.00
Event 8 400m IM				28	Jillian Pateman	W60 NBM	7:30.00
1	Aaron Cleland	M45 NBT	5:10.00	29	John Pagden	M78 NWG	7:38.00
2	Brendan Kirkpatrick	M35 NMR	5:53.00	30	Helen Campbell	W71 NWG	8:00.00
3	Stephen Thompson	M60 NSA	6:10.00	31	Gwendalynne de Mel	W60 NWG	8:00.00
4	Alison Sakurovs	W34 NMR	6:20.00	32	Anthony Gallagher	M64 NWG	8:20.00
5	Atsuko McGowan	W40 NTN	6:30.00	33	Wendy Sheppard	W59 NCL	8:30.00
6	Maciej Slugocki	M67 TAC	6:30.00	34	Kevin Willoughby	M73 NHS	9:00.00
7	Scott Hay	M50 NBT	6:40.00	35	Sue Wiles	W79 NBM	9:00.00
8	Mark McDonald	M32 NBT	6:40.00	36	Sharon Carpenter	W42 NCT	9:36.00
9	Katrina Burgess	W52 NTN	6:45.00	37	Sue Johnstone	W66 NWL	12:30.00
10	Clary Munns	W75 NBT	7:00.00				
11	Abel Bornstein	M70 NML	7:10.00				