



Masters Swimming NSW

Short Course Championships 2019

Sanction # N2019/10CH

Peninsula Leisure Centre

243 Blackwall Rd, Woy Woy

12-13 October, 2019

Short Course - 25m

(surveyed pool)

Saturday 12 October	Sunday 13 October
Warm-up: 9:00am Start: 10:00am	Warm-up: 8:00am Start: 9:00am
1. 200m Freestyle 2. 100m Breaststroke 3. 50m Butterfly 4. 200m Individual Medley 5. 50m Freestyle 6. 100m Backstroke 7. 200m Butterfly 8. 4x50m Men's Medley Relay 9. 4x50m Women's Medley Relay 10. 4x50m Mixed Freestyle Relay	11. 200m Backstroke 12. 100m Butterfly 13. 50m Breaststroke 14. 100m Individual Medley 15. 50m Backstroke 16. 100m Freestyle 17. 200m Breaststroke 18. 4x50m Men's Freestyle Relay 19. 4x50m Women's Freestyle Relay 20. 4x50m Mixed Medley Relay

Warm up will be conducted in accordance with safety procedures. Please observe all safety signs.

Maximum of five (5) events per swimmer+ four (4) relay events per swimmer

Cost: Registration fee: \$25 per swimmer, plus
Swim fee: \$5 per individual event
Relay team fee \$10 per team

Pool entry not included, please pay at gate. Two day pass available.

Closing date: Individual entries - midday Friday 4 October

Relay nominations - midday Friday 11 October

No late entries accepted.



Supported by the



Masters Swimming NSW – Short Course Championships 2019


Entries

SWIMMERS MUST INDIVIDUALLY LODGE THEIR ENTRIES ONLINE THROUGH THE SportsTG SYSTEM, AND PAY BY CREDIT CARD OR PAYPAL.

- A link to step-by-step instructions on this entry process may be found on the “Events” page for this meet on the MSNSW website.
- MSA members will use the “Login” button and access the online entry system with their Masters Swimming Australia username & password.
- If any person is unable to submit an online entry, they must contact the MSNSW office no later than 3 working days prior to the closing date for entries to make alternative arrangements.
- Swimmers’ ages will be calculated as at 31 December 2019. Swimmers must be registered with MSA at the closing date for entries.

Relays

CLUB OFFICIALS MUST LODGE RELAY TEAMS ONLINE THROUGH THE SportsTG SYSTEM, AND PAY BY CREDIT CARD OR PAYPAL.

- Club level login details are required, either the club Registrar or other registered user. A link to an instructional video on this entry process may be found on the “Events” page for this meet on the MSNSW website. 
- No changes to team details can be made after close of entries, unless due to extenuating circumstances, and at the discretion of the Meet Director.
- Clubs should appoint a Team Captain as a point of contact with the meet organisers, and to co-ordinate their teams.
- To be eligible to swim in a relay, a swimmer must have entered at least one individual event.
- There is no limit on the number of teams that a club may enter in any age group. All teams may score points.


Timekeeping

- Clubs are requested to bring stopwatches and prepare a roster as all swimmers are expected to assist with timekeeping.
- Masters Swimming NSW thanks the volunteers from Volunteering NSW for their assistance at all MSNSW meets.

Rules

- This competition will be governed by the rules of Masters Swimming Australia and Masters Swimming NSW in force at the closing date for entries.
- Pool is surveyed, and Automatic Officiating Equipment will be utilised to validate branch, national and world records.
- MSNSW SunSmart Sport & No Smoking policies, and MSA Warm-Up Safety policy will apply at this meet. Please observe all safety signs.

Results

- Multi Class swimming provides meaningful competition for swimmers with a disability.
- In order to integrate MultiClass results, placings for all swimmers in each event will now be ranked according to a FINA points calculation, rather than strictly on the time swum. Full details can be viewed on the [MSNSW website](http://www.msnsw.org.au). 

Warm-up facilities

- Warm-up and swim-down facilities will be available throughout the meet.

Lunch

- A lunch break will be held each day, if time allows. Details will be announced.

Awards

CLUB

- Trophies to the club with the highest point score in each division.
- Harry Fowler Memorial Trophy for the outstanding performance by a relay team with a combined age of 200 years or over.
- Gordon Cozins Memorial Trophy for the club scoring the highest total points in relays.
- Des McCormick Memorial Trophy for the club with the highest average point score per swimmer (minimum of 10 competitors).

INDIVIDUAL

- Vorgee Male & Female Swimmer of the Meet.
- Medals to 1st, 2nd and 3rd placegetters in each individual event in each age group for NSW members. Visitors are also eligible for medals.
- Medals to each member of the winning relay team in each age group of each event.
- Aggregate age group winners will be announced.

To contact Masters Swimming NSW

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