



Swimming Up Hills
2018 postal swim

Results



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Mick Bleach

3 x 400m	10-Nov	Freestyle	LC - 50m	7 : 14 . 00
	17-Nov	Freestyle	LC - 50m	7 : 06 . 00
	17-Nov	Freestyle	LC - 50m	7 : 11 . 90
2 x 800m	10-Nov	Freestyle	LC - 50m	14 : 10 . 00
	10-Nov	Freestyle	LC - 50m	14 : 19 . 43
2 x 1000m	03-Nov	Freestyle	LC - 50m	18 : 08 . 42
	17-Nov	Freestyle	LC - 50m	17 : 44 . 00
1 x 1500m	24-Nov	Freestyle	LC - 50m	26 : 35 . 00



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Jane Lawrence

3 x 400m	05-Nov	Freestyle	LC - 50m	6 : 32 . 05
	05-Nov	Freestyle	LC - 50m	6 : 35 . 12
	05-Nov	Freestyle	LC - 50m	6 : 36 . 61
2 x 800m	07-Nov	Freestyle	LC - 50m	13 : 19 . 23
	07-Nov	Freestyle	LC - 50m	13 : 27 . 92
2 x 1000m	19-Nov	Freestyle	LC - 50m	17 : 19 . 15
	21-Nov	Freestyle	LC - 50m	17 : 23 . 04
1 x 1500m	24-Nov	Freestyle	LC - 50m	26 : 01 . 10



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Tamara Terwal

3 x 400m	17-Nov	Freestyle	LC - 50m	6 : 28 . 11
	21-Nov	Freestyle	LC - 50m	6 : 37 . 00
	25-Nov	Freestyle	LC - 50m	6 : 18 . 69
2 x 800m	23-Oct	Freestyle	LC - 50m	13 : 50 . 00
	21-Nov	Freestyle	LC - 50m	12 : 56 . 00
2 x 1000m	12-Sep	Freestyle	LC - 50m	17 : 40 . 00
	21-Nov	Freestyle	LC - 50m	16 : 27 . 00
1 x 1500m	25-Nov	Freestyle	LC - 50m	24 : 33 . 09



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Kristine Kennedy

3 x 400m	08-Sep	Breaststroke	SC - 25m	8 : 01 . 81
	08-Sep	Backstroke	SC - 25m	7 : 55 . 00
	11-Sep	Freestyle	SC - 25m	6 : 50 . 37
2 x 800m	11-Sep	Breaststroke	SC - 25m	16 : 25 . 84
	18-Sep	Freestyle	SC - 25m	14 : 24 . 81
2 x 1000m	22-Sep	Freestyle	SC - 25m	18 : 18 . 79
	22-Sep	Breaststroke	SC - 25m	20 : 59 . 73
1 x 1500m	29-Sep	Freestyle	SC - 25m	27 : 40 . 86



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Kylie Lane

3 x 400m	18-Oct	Butterfly	SC - 25m	7 : 25 . 12
	08-Sep	Backstroke	SC - 25m	6 : 53 . 93
	08-Sep	Freestyle	SC - 25m	6 : 30 . 62
2 x 800m	17-Oct	Freestyle	SC - 25m	11 : 54 . 16
	16-Oct	Butterfly	SC - 25m	15 : 09 . 83
2 x 1000m	22-Sep	Backstroke	SC - 25m	18 : 31 . 57
	22-Sep	Breaststroke	SC - 25m	18 : 53 . 32
1 x 1500m	07-Nov	Freestyle	LC - 50m	25 : 24 . 54



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Richard Phillips

3 x 400m	04-Sep	Breaststroke	SC - 25m	7 : 43 . 62
	08-Sep	Freestyle	SC - 25m	5 : 55 . 97
	08-Sep	Backstroke	SC - 25m	7 : 42 . 34
2 x 800m	04-Sep	Backstroke	SC - 25m	16 : 17 . 69
	08-Sep	Breaststroke	SC - 25m	15 : 26 . 70
2 x 1000m	25-Sep	Freestyle	SC - 25m	15 : 46 . 97
	16-Oct	Freestyle	SC - 25m	15 : 55 . 42
1 x 1500m	23-Oct	Freestyle	SC - 25m	23 : 52 . 44



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

John Smith

3 x 400m	09-Sep	Freestyle	SC - 25m	7 : 20 . 54
	16-Sep	Backstroke	SC - 25m	8 : 44 . 07
	23-Sep	Freestyle	SC - 25m	7 : 30 . 30
2 x 800m	07-Oct	Freestyle	LC - 50m	16 : 31 . 00
	21-Oct	Freestyle	LC - 50m	16 : 18 . 42
2 x 1000m	23-Oct	Freestyle	LC - 50m	20 : 16 . 13
	27-Oct	Freestyle	LC - 50m	20 : 26 . 25
1 x 1500m	21-Nov	Freestyle	LC - 50m	31 : 00 . 40



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Marilyn Brack

3 x 400m	18-Sep	Freestyle	SC - 25m	8 : 59 . 71
	23-Sep	Freestyle	SC - 25m	8 : 59 . 09
	02-Oct	Freestyle	SC - 25m	9 : 06 . 10
2 x 800m	07-Oct	Freestyle	SC - 25m	18 : 09 . 09
	28-Oct	Freestyle	SC - 25m	17 : 56 . 97
2 x 1000m	09-Nov	Freestyle	SC - 25m	22 : 57 . 06
	13-Nov	Freestyle	SC - 25m	23 : 12 . 43
1 x 1500m	25-Nov	Freestyle	SC - 25m	33 : 96 . 41



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Ruth Fitzpatrick

3 x 400m	19-Oct	Individual Medley	LC - 50m	10 : 25 . 23
	26-Nov	Freestyle	SC - 25m	8 : 40 . 12
	26-Nov	Breaststroke	SC - 25m	11 : 55 . 01
2 x 800m	05-Sep	Freestyle	SC - 25m	17 : 23 . 07
	02-Oct	Freestyle	SC - 25m	16 : 57 . 32
2 x 1000m	05-Sep	Freestyle	SC - 25m	21 : 47 . 55
	27-Sep	Freestyle	LC - 50m	22 : 00 . 56
1 x 1500m	29-Nov	Freestyle	LC - 50m	34 : 24 . 57



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Dawn Gledhill

3 x 400m	05-Sep	Freestyle	SC - 25m	7 : 20 . 34
	25-Nov	Individual Medley	LC - 50m	8 : 01 . 29
	25-Nov	Freestyle	LC - 50m	7 : 15 . 25
2 x 800m	11-Nov	Freestyle	LC - 50m	15 : 41 . 67
	08-Nov	Breaststroke	SC - 25m	18 : 10 . 02
2 x 1000m	05-Sep	Freestyle	LC - 50m	18 : 59 . 40
	27-Sep	Freestyle	LC - 50m	19 : 21 . 68
1 x 1500m	19-Oct	Freestyle	LC - 50m	29 : 47 . 19



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Helen Ludgate

3 x 400m	19-Nov	Breaststroke	LC - 50m	7 : 36 . 86
	25-Nov	Breaststroke	LC - 50m	7 : 17 . 09
	11-Nov	Backstroke	LC - 50m	6 : 40 . 89
2 x 800m	19-Oct	Freestyle	LC - 50m	11 : 56 . 66
	05-Sep	Freestyle	SC - 25m	11 : 36 . 22
2 x 1000m	05-Sep	Freestyle	SC - 25m	14 : 31 . 93
	27-Sep	Freestyle	LC - 50m	14 : 48 . 90
1 x 1500m	25-Nov	Freestyle	LC - 50m	21 : 53 . 47



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Janis Priest

3 x 400m	05-Sep	Freestyle	SC - 25m	7 : 27 . 56
	05-Sep	Freestyle	SC - 25m	7 : 33 . 45
	19-Oct	Freestyle	LC - 50m	7 : 37 . 78
2 x 800m	19-Oct	Freestyle	LC - 50m	15 : 27 . 20
	29-Nov	Freestyle	LC - 50m	15 : 46 . 42
2 x 1000m	09-Nov	Freestyle	SC - 25m	19 : 02 . 47
	15-Nov	Freestyle	SC - 25m	19 : 31 . 64
1 x 1500m	29-Nov	Freestyle	LC - 50m	29 : 34 . 56



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Sonja Walters

3 x 400m	08-Sep	Freestyle	SC - 25m	8 : 49 . 42
	15-Sep	Freestyle	SC - 25m	8 : 29 . 56
	17-Oct	Freestyle	SC - 25m	8 : 37 . 00
2 x 800m	14-Sep	Freestyle	LC - 50m	17 : 50 . 46
	08-Nov	Freestyle	LC - 50m	18 : 09 . 24
2 x 1000m	12-Sep	Freestyle	LC - 50m	22 : 33 . 37
	19-Sep	Freestyle	LC - 50m	22 : 37 . 00
1 x 1500m	25-Nov	Freestyle	LC - 50m	34 : 29 . 35



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Mary Woodward

3 x 400m	08-Sep	Freestyle	SC - 25m	8 : 17 . 29
	15-Sep	Freestyle	SC - 25m	8 : 26 . 31
	17-Oct	Freestyle	SC - 25m	8 : 37 . 85
2 x 800m	14-Sep	Freestyle	LC - 50m	17 : 26 . 75
	19-Oct	Freestyle	LC - 50m	17 : 40 . 13
2 x 1000m	12-Sep	Freestyle	SC - 25m	21 : 55 . 76
	19-Sep	Freestyle	SC - 25m	22 : 11 . 51
1 x 1500m	25-Nov	Freestyle	LC - 50m	33 : 00 . 85



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Suzanne Gunning

3 x 400m	14-Sep	Freestyle	LC - 50m	6 : 41 . 73
	14-Sep	Freestyle	LC - 50m	6 : 36 . 31
	14-Sep	Freestyle	LC - 50m	6 : 40 . 72
2 x 800m	28-Sep	Freestyle	LC - 50m	14 : 09 . 63
	28-Sep	Freestyle	LC - 50m	13 : 53 . 24
2 x 1000m	14-Oct	Freestyle	LC - 50m	17 : 43 . 74
	03-Nov	Freestyle	LC - 50m	17 : 33 . 13
1 x 1500m	24-Nov	Freestyle	LC - 50m	26 : 10 . 12



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Nicolee Martin

3 x 400m	14-Sep	Freestyle	LC - 50m	6 : 33 . 32
	14-Sep	Freestyle	LC - 50m	6 : 30 . 80
	14-Sep	Freestyle	LC - 50m	6 : 29 . 71
2 x 800m	28-Sep	Freestyle	LC - 50m	13 : 33 . 29
	28-Sep	Freestyle	LC - 50m	13 : 32 . 19
2 x 1000m	14-Oct	Freestyle	LC - 50m	16 : 48 . 33
	03-Nov	Freestyle	LC - 50m	16 : 26 . 90
1 x 1500m	24-Nov	Freestyle	LC - 50m	24 : 48 . 40



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Megan Wells

3 x 400m	23-Sep	Freestyle	SC - 25m	5 : 14 . 70
	23-Sep	Freestyle	SC - 25m	5 : 09 . 05
	29-Sep	Freestyle	SC - 25m	5 : 12 . 83
2 x 800m	16-Oct	Freestyle	SC - 25m	10 : 17 . 12
	20-Oct	Freestyle	SC - 25m	10 : 26 . 71
2 x 1000m	28-Oct	Freestyle	LC - 50m	13 : 29 . 50
	04-Nov	Freestyle	LC - 50m	13 : 48 . 40
1 x 1500m	07-Nov	Freestyle	LC - 50m	19 : 37 . 50



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Kylie Duff

3 x 400m	05-Nov	Freestyle	LC - 50m	6 : 20 . 90
	12-Nov	Freestyle	LC - 50m	6 : 28 . 89
	12-Nov	Freestyle	LC - 50m	6 : 25 . 00
2 x 800m	14-Nov	Freestyle	LC - 50m	13 : 06 . 00
	14-Nov	Freestyle	LC - 50m	13 : 11 . 42
2 x 1000m	19-Nov	Freestyle	LC - 50m	16 : 55 . 06
	21-Nov	Freestyle	LC - 50m	16 : 14 . 03
1 x 1500m	24-Nov	Freestyle	LC - 50m	24 : 30 . 11



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Simon Worboys

3 x 400m	24-Oct	Freestyle	LC - 50m	7 : 20 . 58
	24-Oct	Freestyle	LC - 50m	7 : 27 . 13
	07-Nov	Freestyle	LC - 50m	7 : 01 . 23
2 x 800m	14-Nov	Freestyle	LC - 50m	14 : 27 . 85
	17-Nov	Freestyle	LC - 50m	15 : 16 . 63
2 x 1000m	19-Nov	Freestyle	LC - 50m	18 : 39 . 91
	24-Nov	Freestyle	LC - 50m	18 : 27 . 33
1 x 1500m	26-Nov	Freestyle	LC - 50m	27 : 35 . 95



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Joanne Worboys

3 x 400m	05-Nov	Freestyle	LC - 50m	7 : 29 . 00
	05-Nov	Freestyle	LC - 50m	7 : 14 . 00
	07-Nov	Freestyle	LC - 50m	7 : 16 . 00
2 x 800m	12-Nov	Freestyle	LC - 50m	14 : 46 . 22
	17-Nov	Freestyle	LC - 50m	14 : 32 . 30
2 x 1000m	14-Nov	Freestyle	LC - 50m	18 : 36 . 41
	19-Nov	Freestyle	LC - 50m	18 : 08 . 37
1 x 1500m	24-Nov	Freestyle	LC - 50m	27 : 37 . 47



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Leonie Daley

3 x 400m	07-Nov	Freestyle	LC - 50m	8 : 46 . 75
	07-Nov	Freestyle	LC - 50m	8 : 40 . 12
	07-Nov	Freestyle	LC - 50m	8 : 39 . 83
2 x 800m	08-Nov	Freestyle	SC - 25m	16 : 55 . 10
	10-Nov	Freestyle	LC - 50m	17 : 21 . 33
2 x 1000m	11-Nov	Freestyle	SC - 25m	20 : 53 . 03
	12-Nov	Freestyle	LC - 50m	22 : 01 . 40
1 x 1500m	25-Nov	Freestyle	SC - 25m	31 : 35 . 26



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Helmut Klein

3 x 400m	24-Oct	Freestyle	LC - 50m	10 : 32 . 00
	24-Oct	Backstroke	LC - 50m	10 : 13 . 10
	31-Oct	Freestyle	LC - 50m	9 : 52 . 10
2 x 800m	07-Nov	Freestyle	LC - 50m	21 : 33 . 01
	14-Nov	Freestyle	LC - 50m	21 : 09 . 18
2 x 1000m	21-Nov	Freestyle	LC - 50m	25 : 53 . 00
	24-Nov	Freestyle	LC - 50m	24 : 29 . 00
1 x 1500m	26-Nov	Freestyle	LC - 50m	40 : 29 . 21



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

James Wheeler

3 x 400m	05-Nov	Freestyle	LC - 50m	6 : 20 . 13
	05-Nov	Freestyle	LC - 50m	6 : 28 . 00
	05-Nov	Freestyle	LC - 50m	6 : 30 . 29
2 x 800m	07-Nov	Freestyle	LC - 50m	13 : 04 . 00
	07-Nov	Freestyle	LC - 50m	13 : 16 . 90
2 x 1000m	14-Nov	Freestyle	LC - 50m	16 : 10 . 90
	19-Nov	Freestyle	LC - 50m	16 : 17 . 18
1 x 1500m	21-Nov	Freestyle	LC - 50m	24 : 47 . 00



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Bobbie Winger

3 x 400m	05-Nov	Freestyle	LC - 50m	8 : 20 . 66
	05-Nov	Freestyle	LC - 50m	8 : 00 . 86
	05-Nov	Freestyle	LC - 50m	8 : 00 . 20
2 x 800m	10-Nov	Freestyle	LC - 50m	16 : 03 . 59
	10-Nov	Freestyle	LC - 50m	15 : 59 . 65
2 x 1000m	12-Nov	Freestyle	LC - 50m	20 : 05 . 37
	14-Nov	Freestyle	LC - 50m	20 : 13 . 36
1 x 1500m	17-Nov	Freestyle	LC - 50m	31 : 17 . 71



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Philip Smillie

3 x 400m	20-Nov	Freestyle	SC - 25m	7 : 46 . 71
	27-Nov	Backstroke	SC - 25m	8 : 58 . 28
	28-Nov	Backstroke	SC - 25m	8 : 13 . 69
2 x 800m	11-Sep	Freestyle	SC - 25m	14 : 46 . 64
	20-Nov	Freestyle	SC - 25m	15 : 16 . 21
2 x 1000m	09-Oct	Freestyle	SC - 25m	19 : 10 . 83
	28-Nov	Freestyle	SC - 25m	19 : 46 . 22
1 x 1500m	27-Nov	Freestyle	SC - 25m	31 : 04 . 48



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Yunhao Chen

3 x 400m	23-Sep	Breaststroke	SC - 25m	10 : 55 . 44
	07-Oct	Breaststroke	LC - 50m	10 : 38 . 35
	09-Oct	Breaststroke	LC - 50m	10 : 29 . 89
2 x 800m	21-Oct	Breaststroke	LC - 50m	21 : 59 . 87
	24-Oct	Breaststroke	LC - 50m	21 : 41 . 09
2 x 1000m	27-Oct	Breaststroke	LC - 50m	28 : 31 . 53
	10-Nov	Breaststroke	LC - 50m	29 : 49 . 73
1 x 1500m	21-Nov	Breaststroke	LC - 50m	41 : 37 . 33



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Catherine Kiczynski

3 x 400m	09-Sep	Freestyle	SC - 25m	9 : 34 . 06
	22-Sep	Freestyle	SC - 25m	9 : 52 . 71
	23-Sep	Freestyle	SC - 25m	9 : 21 . 03
2 x 800m	16-Oct	Freestyle	LC - 50m	21 : 27 . 42
	24-Oct	Freestyle	LC - 50m	20 : 44 . 75
2 x 1000m	27-Oct	Freestyle	LC - 50m	26 : 16 . 01
	21-Nov	Freestyle	LC - 50m	25 : 37 . 77
1 x 1500m	24-Nov	Freestyle	LC - 50m	40 : 36 . 59



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Mark Siddens

3 x 400m	22-Sep	Freestyle	SC - 25m	8 : 07 . 40
	23-Sep	Freestyle	SC - 25m	8 : 13 . 70
	07-Oct	Freestyle	LC - 50m	8 : 30 . 51
2 x 800m	21-Oct	Freestyle	LC - 50m	18 : 16 . 76
	24-Oct	Freestyle	LC - 50m	17 : 35 . 15
2 x 1000m	27-Oct	Freestyle	LC - 50m	22 : 39 . 04
	21-Nov	Freestyle	LC - 50m	21 : 39 . 33
1 x 1500m	24-Nov	Freestyle	LC - 50m	35 : 15 . 72



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Donna Campbell

3 x 400m	20-Oct	Freestyle	SC - 25m	8 : 13 . 45
	20-Oct	Backstroke	SC - 25m	9 : 20 . 60
	20-Oct	Individual Medley	SC - 25m	9 : 15 . 70
2 x 800m	30-Oct	Breaststroke	SC - 25m	18 : 43 . 44
	30-Oct	Individual Medley	SC - 25m	18 : 44 . 01
2 x 1000m	20-Nov	Freestyle	SC - 25m	21 : 13 . 02
	24-Nov	Breaststroke	SC - 25m	23 : 54 . 20
1 x 1500m	27-Nov	Freestyle	SC - 25m	31 : 39 . 10



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Ann Reid

3 x 400m	08-Sep	Butterfly	SC - 25m	9 : 00 . 10
	08-Sep	Backstroke	SC - 25m	7 : 50 . 13
	08-Sep	Freestyle	SC - 25m	6 : 48 . 70
2 x 800m	22-Sep	Backstroke	SC - 25m	15 : 54 . 61
	22-Sep	Individual Medley	SC - 25m	16 : 45 . 00
2 x 1000m	01-Oct	Freestyle	SC - 25m	17 : 27 . 41
	29-Sep	Breaststroke	SC - 25m	26 : 25 . 72
1 x 1500m	06-Oct	Backstroke	SC - 25m	30 : 45 . 91



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Sue Lyon

3 x 400m	02-Sep	Breaststroke	SC - 25m	9 : 45 . 71
	23-Sep	Individual Medley	SC - 25m	8 : 24 . 56
	23-Sep	Backstroke	SC - 25m	7 : 54 . 22
2 x 800m	09-Sep	Individual Medley	SC - 25m	16 : 56 . 10
	09-Sep	Backstroke	SC - 25m	16 : 41 . 32
2 x 1000m	16-Oct	Freestyle	LC - 50m	18 : 26 . 22
	28-Sep	Butterfly	LC - 50m	23 : 30 . 65
1 x 1500m	16-Sep	Freestyle	LC - 50m	26 : 46 . 47



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Dee Greenwood

3 x 400m	23-Sep	Backstroke	SC - 25m	12 : 04 . 62
	23-Sep	Breaststroke	SC - 25m	13 : 25 . 12
	23-Sep	Individual Medley	SC - 25m	11 : 44 . 37
2 x 800m	23-Sep	Backstroke	SC - 25m	24 : 47 . 87
	23-Sep	Individual Medley	SC - 25m	11 : 44 . 37
2 x 1000m	30-Sep	Freestyle	LC - 50m	23 : 30 . 32
	23-Sep	Freestyle	SC - 25m	22 : 56 . 92
1 x 1500m	28-Sep	Freestyle	LC - 50m	34 : 11 . 56



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Suzie Haddad

3 x 400m	19-Sep	Freestyle	SC - 25m	6 : 20 . 04
	23-Sep	Backstroke	LC - 50m	7 : 10 . 08
	09-Nov	Freestyle	LC - 50m	6 : 01 . 40
2 x 800m	12-Sep	Freestyle	SC - 25m	13 : 38 . 04
	05-Sep	Individual Medley	SC - 25m	14 : 26 . 11
2 x 1000m	06-Nov	Freestyle	LC - 50m	12 : 38 . 14
	04-Oct	Freestyle	LC - 50m	16 : 40 . 09
1 x 1500m	26-Sep	Freestyle	LC - 50m	24 : 11 . 09



Swimming Up Hills

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Certificate of Recognition
awarded to:

Jessica Last

3 x 400m	02-Sep	Freestyle	SC - 25m	7 : 00 . 38
	02-Sep	Breaststroke	SC - 25m	9 : 09 . 83
	02-Oct	Freestyle	SC - 25m	6 : 52 . 65
2 x 800m	09-Sep	Freestyle	SC - 25m	14 : 12 . 47
	16-Sep	Freestyle	SC - 25m	13 : 59 . 10
2 x 1000m	07-Oct	Freestyle	SC - 25m	18 : 28 . 42
	09-Oct	Freestyle	SC - 25m	18 : 23 . 88
1 x 1500m	28-Oct	Freestyle	SC - 25m	27 : 25 . 20



Swimming Up Hills

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Certificate of Recognition
awarded to:

David McIvor

3 x 400m	23-Sep	Freestyle	SC - 25m	6 : 26 . 20
	23-Sep	Freestyle	SC - 25m	6 : 31 . 28
	07-Oct	Freestyle	SC - 25m	6 : 53 . 83
2 x 800m	07-Oct	Freestyle	SC - 25m	13 : 52 . 96
	28-Oct	Freestyle	SC - 25m	14 : 15 . 64
2 x 1000m	04-Nov	Freestyle	LC - 50m	18 : 04 . 03
	10-Nov	Freestyle	LC - 50m	18 : 34 . 65
1 x 1500m	24-Nov	Freestyle	LC - 50m	26 : 57 . 77



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Kerry-Ann Michels

3 x 400m	10-Nov	Freestyle	LC - 50m	6 : 51 . 11
	30-Sep	Backstroke	LC - 50m	9 : 42 . 36
	09-Nov	Butterfly	LC - 50m	9 : 33 . 27
2 x 800m	07-Oct	Butterfly	SC - 25m	19 : 52 . 47
	30-Sep	Breaststroke	SC - 25m	20 : 10 . 26
2 x 1000m	28-Oct	Breaststroke	LC - 50m	25 : 11 . 51
	28-Oct	Freestyle	LC - 50m	18 : 53 . 40
1 x 1500m	07-Nov	Freestyle	LC - 50m	26 : 46 . 52



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Joy Cutler

3 x 400m	04-Oct	Freestyle	LC - 50m	6 : 50 . 15
	15-Oct	Freestyle	LC - 50m	6 : 56 . 15
	19-Oct	Freestyle	LC - 50m	7 : 07 . 39
2 x 800m	23-Oct	Freestyle	LC - 50m	14 : 15 . 71
	27-Oct	Freestyle	LC - 50m	14 : 13 . 80
2 x 1000m	01-Nov	Freestyle	LC - 50m	17 : 50 . 04
	19-Nov	Freestyle	LC - 50m	18 : 09 . 62
1 x 1500m	26-Nov	Freestyle	LC - 50m	28 : 14 . 21



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Louise Horsburgh

3 x 400m	22-Sep	Freestyle	SC - 25m	7 : 19 . 07
	09-Oct	Freestyle	LC - 50m	7 : 43 . 03
	16-Oct	Freestyle	LC - 50m	7 : 48 . 12
2 x 800m	23-Oct	Backstroke	LC - 50m	21 : 03 . 35
	27-Oct	Freestyle	LC - 50m	17 : 29 . 54
2 x 1000m	30-Oct	Backstroke	LC - 50m	26 : 26 . 05
	10-Nov	Freestyle	LC - 50m	22 : 14 . 18
1 x 1500m	24-Nov	Freestyle	LC - 50m	33 : 12 . 01



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Linda Gunzburg

3 x 400m	07-Oct	Freestyle	SC - 25m	7 : 32 . 34
	07-Oct	Backstroke	SC - 25m	8 : 32 . 26
	11-Nov	Individual Medley	SC - 25m	8 : 35 . 64
2 x 800m	07-Oct	Individual Medley	SC - 25m	17 : 26 . 53
	11-Nov	Individual Medley	SC - 25m	17 : 09 . 23
2 x 1000m	14-Oct	Freestyle	SC - 25m	19 : 31 . 13
	21-Oct	Backstroke	SC - 25m	22 : 20 . 82
1 x 1500m	04-Nov	Freestyle	SC - 25m	29 : 55 . 06



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Robin Griffiths

3 x 400m	13-Sep	Breaststroke	LC - 50m	9 : 57 . 32
	13-Sep	Backstroke	LC - 50m	9 : 58 . 34
	05-Sep	Butterfly	SC - 25m	11 : 10 . 00
2 x 800m	26-Sep	Breaststroke	SC - 25m	19 : 34 . 15
	12-Sep	Individual Medley	SC - 25m	18 : 41 . 21
2 x 1000m	17-Oct	Backstroke	LC - 50m	26 : 01 . 48
	31-Oct	Freestyle	LC - 50m	20 : 44 . 57
1 x 1500m	05-Nov	Freestyle	SC - 25m	30 : 05 . 28



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Sally Hatcher

3 x 400m	13-Sep	Breaststroke	LC - 50m	11 : 07 . 86
	13-Sep	Backstroke	LC - 50m	12 : 48 . 93
	19-Sep	Butterfly	SC - 25m	13 : 25 . 14
2 x 800m	30-Nov	Backstroke	SC - 25m	24 : 55 . 88
	19-Oct	Butterfly	SC - 25m	26 : 46 . 63
2 x 1000m	28-Sep	Freestyle	LC - 50m	24 : 29 . 99
	17-Oct	Freestyle	LC - 50m	25 : 20 . 63
1 x 1500m	25-Nov	Freestyle	LC - 50m	35 : 50 . 65



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Terry Demnar

3 x 400m	16-Sep	Freestyle	SC - 25m	7 : 05 . 82
	23-Sep	Freestyle	SC - 25m	7 : 15 . 36
	16-Oct	Freestyle	LC - 50m	7 : 44 . 94
2 x 800m	27-Oct	Freestyle	LC - 50m	16 : 45 . 04
	27-Oct	Freestyle	LC - 50m	16 : 11 . 88
2 x 1000m	29-Oct	Freestyle	LC - 50m	19 : 48 . 19
	24-Nov	Freestyle	LC - 50m	20 : 21 . 01
1 x 1500m	25-Nov	Freestyle	LC - 50m	31 : 29 . 48



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Gil Wainwright

3 x 400m	25-Sep	Freestyle	SC - 25m	6 : 54 . 73
	25-Sep	Freestyle	SC - 25m	6 : 53 . 95
	25-Sep	Freestyle	SC - 25m	6 : 45 . 04
2 x 800m	02-Oct	Freestyle	SC - 25m	13 : 59 . 14
	02-Oct	Freestyle	SC - 25m	13 : 56 . 03
2 x 1000m	16-Oct	Freestyle	SC - 25m	17 : 31 . 11
	16-Oct	Freestyle	SC - 25m	17 : 54 . 56
1 x 1500m	23-Oct	Freestyle	SC - 25m	25 : 44 . 10



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Peter Horsburgh

3 x 400m	02-Oct	Freestyle	LC - 50m	9 : 34 . 21
	09-Oct	Freestyle	LC - 50m	9 : 28 . 23
	16-Oct	Freestyle	LC - 50m	9 : 25 . 61
2 x 800m	23-Oct	Freestyle	LC - 50m	19 : 32 . 23
	27-Oct	Freestyle	LC - 50m	19 : 11 . 54
2 x 1000m	28-Oct	Freestyle	SC - 25m	26 : 19 . 52
	13-Nov	Freestyle	LC - 50m	25 : 31 . 28
1 x 1500m	17-Nov	Freestyle	LC - 50m	37 : 10 . 16



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

Jan Bradshaw

3 x 400m	13-Nov	Freestyle	LC - 50m	7 : 06 . 05
	25-Nov	Freestyle	LC - 50m	6 : 44 . 15
	30-Nov	Backstroke	LC - 50m	7 : 56 . 39
2 x 800m	04-Sep	Freestyle	SC - 25m	13 : 42 . 46
	07-Sep	Freestyle	SC - 25m	13 : 32 . 28
2 x 1000m	20-Nov	Backstroke	LC - 50m	20 : 33 . 54
	30-Nov	Freestyle	LC - 50m	17 : 29 . 01
1 x 1500m	12-Nov	Freestyle	LC - 50m	26 : 47 . 61



Swimming Up Hills

2018 postal swim

Certificate of Recognition
awarded to:

James Walker

3 x 400m	06-Oct	Backstroke	SC - 25m	7 : 41 . 92
	20-Nov	Freestyle	SC - 25m	6 : 57 . 36
	20-Nov	Freestyle	SC - 25m	7 : 07 . 71
2 x 800m	26-Oct	Freestyle	SC - 25m	14 : 18 . 36
	13-Nov	Freestyle	SC - 25m	14 : 27 . 26
2 x 1000m	12-Oct	Freestyle	SC - 25m	17 : 36 . 76
	19-Oct	Freestyle	SC - 25m	17 : 47 . 76
1 x 1500m	05-Oct	Freestyle	SC - 25m	26 : 55 . 69