



Eyes on the prize!

SWIM INTO SPRING



Spring is nearly here, and it is the time of year you are getting ready for the new season with 4 and 16 month memberships opening on September 1st.

All the info is in the attached Swim into Spring Campaign Toolkit which will help you with activities and promotion of your club. We would love you to start using the artwork for Swim into Spring on your social media accounts. You can find the artworks here: <http://bit.ly/2sG9v18>

MEMBERSHIP OPTIONS

Club Committees - Now is the time is to discuss and plan for the 4-month and 16-month membership options to entice new people and invite past members back into the fold. This membership option opens on 1st September so decide on your 2019 fees now! Club Registrars open these on September 1st. To date the branch office has heard back from 15 clubs that are accepting the offer to have this option open for them.

Club registrars please note all 12-month subscriptions will be mass turned off by Sports TG and archived on the 29/30 August.

NEW AND EXISTING MEMBER PASSWORDS

There is still a bit of confusion with the new encrypted password system (understandable). When renewing or joining, members will no longer receive their password in their receipt. They will only receive Username and a member number (if renewing) or TBA next to member number if new. In the new subscriptions the following text has been added.

Your member number is: MEMBERMEMBERNUMBER Your username is: MEMBERUSERNAME

Your password: *If you are new and have to set up a password or if have forgotten your password you can retrieve it [HERE](#) Or visit www.mastersswimming.org.au - click on Membership, click re-registration, click forgot your password and enter your email and username in password retrieval section.*

Members need to know their email address to retrieve either of their username or password and follow steps above.

NON-MASTERS MEETS TO KEEP YOU COMPETING!

Looking for something to do in the Christmas holidays? Lacking competition in January? How about joining the junior ranks at Blacktown Pool for a quick sprint meet. This is open to all so if you have family staying, children or grandchildren this is the event for you. As you will see in the rules section, medals will be given out in various age groups to cater for swimmers of all ages. It should be a great fast meet and lots of fun. *Please see attached Blacktown Sprint Meet Flyer.*

ELECTRICAL AUDIT ON CLUB MEET EQUIPMENT



Clubs that host swim meets please note that one of our clubs recently received this letter of high importance regarding electrical items stored or used within aquatic and leisure centres.

“Recently the Leisure Centre had an electrical audit conducted by a third party. Part of this audit of the current status on the test and tagging throughout the building. Identified in this was certain electronics do not hold up to date tags on them (within the last year). For your individual club, can you please look into your current electronics that are stored here or that you bring along to the centre. These could be TV's, power boards, extension leads, power leads for other appliances that plug into a wall socket. Testing and tagging will need to be done yearly due to the corrosive environment in the pool hall. This will apply to the equipment that is being brought to your meet. All the computer power cables and power boards will need to be tested and tag. As they are being used at our facility, we need to be compliant with AS/NZS 3760:2010 In-service safety inspection and testing of electrical equipment national standard. This process can be done by any electrician which is qualified to test against the AS/NZS 3760:2010 In-service safety inspection and testing of electrical equipment. This is an issue for all swim meets / school carnivals that use our facility.”

For your peace of mind and everyone's safety Mark Hepple will ensure all MSNSW electrical equipment is compliant but this is a timely advance notice—please expect all pools to eventually request this of your own club's devices that venture onto pool deck. Please discuss and decide now if it applies to your club.

COACHING COURSE



A coach course will be held at Olympic Park on Sunday 28 October, 8am -5pm. All interested members should book their place NOW! Click here to register: <https://bit.ly/2ohwUyK>

MSA would encourage clubs to sponsor/subsidise their members to take on the coaching education and increase their bank of club coaches.

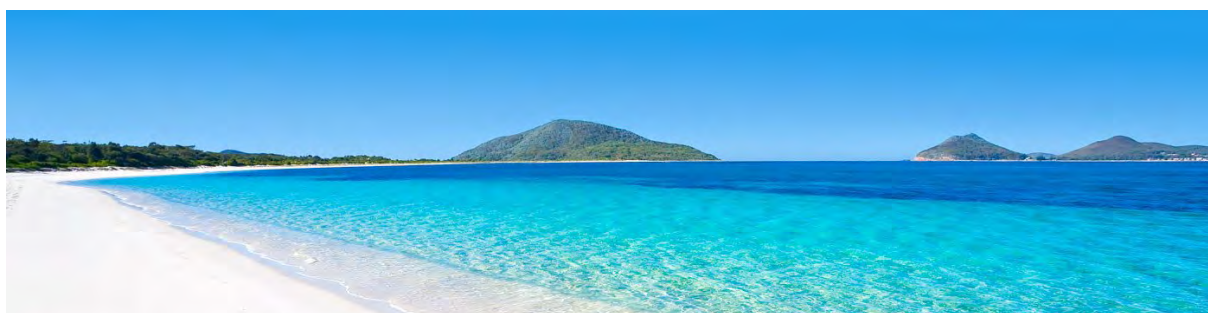
Requirements of the course

1. Complete Masters Club Coach Pre-Registration Form
2. Complete Masters Club Coach Online Course (<https://learning.swimming.org.au>) \$95
3. Complete Masters Club Coach Workshop – \$75
4. Pool-deck practical assessment - at the workshop
5. Complete & submit Workshop Workbook
6. Log 30hrs coaching on pool deck
7. Sign Coaches Code of Behaviour Agreement
8. Provide evidence of a current CPR accreditation

TIMEKEEPING ASSISTANCE REQUIRED

All swim meets and club carnivals NEED assistance with timekeeping. This was evident at Seaside Pirates event two weeks ago. The constant call for timekeepers was disappointing. The biggest contribution to time delays and slow running meets is the lack of timekeepers. All competitors need to be grateful to the generous members that do their share.

OPEN WATER EVENTS



Myall Masters is again going to host an open water swim at Jimmy's Beach, NSW later this year so watch this space for details!

2020 NATIONALS SECRET TEST EVENT

MSNSW is going ahead with a trial event in a quiet Sydney inland location as a dummy run in the lead up to our hosting of the 2020 National Championships. Like Myall's swim this will be an open event so non-members will be welcome. The numbers may be capped at 50 to *test the water* (pun intended). If you are interested in taking part please email admin@mastersswimmingnsw.org.au

MARSHALS/CHECK STARTERS /CLERK OF COURSE (RE)ACCREDITATION OPPORTUNITIES

New candidates are most welcome to join these sessions!

Warringah	6 October 2018	One hour before warm-up (look for Noel)
Port Macquarie	3 November 2018	One hour before warm-up (look for Noel)

All you are required to do is to read the latest M/CS/CoC notes and complete the activities and bring them to the course you chose to attend. You will find these notes here:

<https://bit.ly/2O5Q1r9> All questions regarding these courses can be directed to Diane Partridge diane.partridge@bigpond.com or 0428779985.

SUBSIDY FOR AUTOMATED OFFICIATING EQUIPMENT

To be able to comply with FINA rules for World Records, a subsidy of \$100 will be paid to host clubs that provide Automated Officiating Equipment at sanctioned swim meets. This will be reimbursed on production of a receipt for the AOE hire and paid into the club's account.

EOI FORMS FOR 2020 NATIONALS



A page has been set up on the website with EOI forms for 2020 National Championships at:

<http://www.mastersswimmingnsw.org.au/National-Championships/2020/EOI>

Volunteer NOW to be on the organising committee!

Upcoming Events



Ryde AUSSI Masters NSW BPS Meet

This Saturday is the Ryde Aussi Masters Branch Point Score meet held at the Ryde Aquatic Leisure Centre. This centre boasts a modern indoor heated 25 m pool, 8 lane, with anti-wave ropes. Separate warm up/swim down lanes available throughout meet. This pool has a current survey, state and national records can be set.



Tuggeranong Vikings BPS Meet

Have you booked in your swims and accommodation for the Tuggeranong Vikings BPS Meet on September 15? This will be an awesome swim meet that coincides with Canberra's iconic [Floriade](#) event! This event is also listed on the Masters Swimming NSW Facebook page. You can RSVP to this event on Facebook, invite your friends and share it on your own club wall.



Warringah Masters BPS Meet

Warringah Masters Branch Point Score Meet featuring the 'Rootin Tootin' Medley Shootout! Saturday 6th October 2018 at Warringah Aquatic Centre (WAC). GET YOUR ENTRIES IN NOW! Short Course – 25m, 8-lane indoor heated pool with anti-wave lane ropes. This pool has a current survey, State and National records can be set.

POSTAL SWIMS

Tuggeranong Trifecta 2018

July 1 - August 31 LAST DAYS!

This one will warm you up on those wintery days and double dip - a postal swim and Endurance 1000 points! Swim three swims, each in a different stroke - 400m, 800m and 1500m in a 25m or 50m pool.

Swimming Up Hills 2018

September 1 - November 30, 2018 – Final Postal Swim for 2018

6,300 total distance, swimming up hills over three months. What better way to tune up your fitness, add to your endurance swims, prepare for the summer open water swimming season or just get together with your club mates & crank out some extra laps...Of course there is also the t-shirt and the certificate!

Further details are posted on the Masters Swimming NSW website:

<http://www.mastersswimming.org.au/Events/Postal-Swim-Calendar>

NATIONAL SWIM SERIES

MSA National Swim Series boasts a mix of long and short course meets across Australia. It rewards members' participation and performance in any of the meets, with members only needing to swim two meets to be eligible for prizes. The more meets you enter, the better the multiplier for your points. Eight meets make up the Series including the Alice Springs Masters Games. Click [HERE](#) for the Swim Series Flyer. Events still to go:

[MSSA SC State Championships](#)

MSSA 23 September

[Adelaide](#)

[MSNSW SC Championships](#)

MSNSW 13 - 14 October

Woy Woy

[Alice Springs Masters Games \(LC\) & Branch LC Champs](#)

MSNT 13 - 16 October

Alice Springs



PAN PACS MASTERS GAMES

This year the Pan Pac Masters Games will be hosted by Masters Swimming Queensland. The swimming events will take place from the 7th of November through to the 10th November. The event is open to swimmers from the ages 18 - 90+. All the info on the Pan Pacs Masters Games can be found at www.mastersgames.com.au



ALICE SPRINGS MASTERS GAMES

Registrations are looking really good this year with a number of new participants and teams already registered. Follow the link for the [Friendly Games Bulletin](#) for more information.



2019 NATIONAL CHAMPIONSHIPS

The 2019 National Championships will be held in Adelaide on 19-23 March. Further info on the National Championships can be found here: <https://bit.ly/2wp06lv>



BRAINSWIM

MSNSW is proud to again partner with the 2018 Brain Swim event held at Lane Cove Aquatic Centre on November 18. This is an excellent event that raises much needed funds for Brain Cancer. We would love as many of our members to participate as possible. Please add yourself to the Brain Swim event page on the Masters Swimming NSW Facebook page. Further details will be released soon.

SWIMMING QUOTE OF THE MONTH

Quitters don't swim. Swimmers don't quit.