

# WESTS AUBURN MASTERS SWIMMING CLUB

## 5000m POSTAL SWIM 2018 SUMMARY

A slightly better response this year. Enough entrants to provide some fun and competition for our long distance endurance swimmers. This year we recognise swimmers from every mainland state and territory in Australia (Come on Tassie !).

Congratulations to all those who took part – the swimmers who keep on coming back year after year , the newbies, *and especially the magnificent 4 x 1250m individual medley swimmer* .... PLEASE try to convince a few more members to do the long yards in 2019 !

Terry Gainey - Postal Swim Co-ordinator

## SUMMARY OF ENTRIES

### 5000m INDIVIDUAL

MEN: 4

WOMEN: 17 (including one 1250m Individual Medley and two open water swims)

## RELAYS

2 x 2500m: 20

5 x 1000m: 16 (including one breast stroke and one backstroke)

4 x 1250m: 4

10 x 500m: 4

## 5000m SWIMMERS - WOMEN

1.	<b>Kim Norris</b> QAC Albany Creek (Qld)	59 yrs	female	50m	<b>87:12.00</b>
2.	<b>Karina Horton</b> QAC Albany Creek (Qld)	60 yrs	female	50m	<b>90:04.48</b> 2016 89:41.84 2013 97:13.73 2012 97:02.54
3.	<b>Jane Lawrence</b> NCM Clarence River (NSW)	60 yrs	female	50m	<b>91:38.00</b> 2016 93:35.00 2014 93:05.00 2013 94:49.11 2012 96:09.20
4.	<b>Sarah Cullenane</b> CAS Alice Springs (NT)	57 yrs	female	50m	<b>94:39.87</b> 2017 98:35.20 2016 104:47.11 2015 99:16.61 2014 102:57.51 2011 96:46.42 2010 101:37.30 2009 94:13.89
5.	<b>Suzie Gunning</b> NTN Tuggeranong (ACT)	56 yrs	female <i>open water</i>	open	<b>96:24.00</b>
6.	<b>Sue Lyon</b> VSP Surrey Park (Vic)	53 yrs	female	50m	<b>97:15.46</b> 2016 117:28.90 2015 106:50.29
7.	<b>Jacqueline Panizza</b> WBB Bunbury (WA)	55 yrs	female	50m	<b>97:21.84</b>
8.	<b>Fran Moroney</b> QGS Gladstone (Qld)	56 yrs	female	50m	<b>98:40.05</b> 2016 89:45.30 2015 92:02.99
9.	<b>Jillian Pateman</b> NBM Blue Mtns (NSW)	59 yrs	female	50m	<b>102:29.26</b> 2017 97:15.74 2016 97:54.54 2015 96:51.15 2014 93:30.16 2013 96:26.50 2012 97:33.78 2011 93:50.87 <b><u>FOURTEEN YEARS IN A ROW !!!</u></b> 2010 92:38.78 2009 95:23.03 2008 102:20.80 2007 100:27.76 2006 101:18.06 2005 105:07.25

10.	<b>Amber Kennington</b> QAC Albany Creek (Qld)	26 yrs	female	50m	<b>105:38.03</b>
11.	<b>Susan Bellamy</b> NWS Wests Auburn (NSW)	60 yrs	female	50m	<b>111:35.71</b>
				2017	112:05.96
				2016	109:44.95
				2015	110:14.10
				2014	110:52.26
				2013	110:04.85
				2012	111:36.38
				2011	110:20.78
				2010	107:41.26
				2009	109:07.26
				2008	105:34.95
				2007	106:08.07
				2005	106:13.82
				2004	108:78.20
	<b><u>FOURTEEN YEARS OF SWIMS !!!</u></b>				
12.	<b>Kathryn Knoll</b> WBB Bunbury (WA)	51 yrs	female	50m	<b>113:41.86</b>
13.	<b>Dee Greenwood</b> VSP Surrey Park (Vic)	53 yrs	female	50m	<b>127:18.95</b>
				2016	113:28.30
				2014	109:12.97
14.	<b>Sally Hatcher</b> NPN Penrith (NSW)	61 yrs	female	50m	<b>131:55.51</b>
15.	<b>Jade Murdock</b> CDW Darwin (NT)	60 yrs	female	50m	<b>131:58.31</b>
16.	<b>Helen Rubin</b> NRY Ryde (NSW)	66 yrs	female	open	<b>146:53.00</b>
				open water	2017 148:32.15
17.	<b>Cassie Anderson</b> NWS Wests Auburn (NSW)	38 yrs	female	50m	<b>182:37.72</b>
				INDIVIDUAL MEDLEY	2017 160:51.55
					2016 155:58.64
					2015 165:58.20
					2014 162:33.26
					2013 174:46.79

## WOMEN 26-39 years

1.	<b>Amber Kennington</b> QAC Albany Creek (Qld)	26 yrs	female	50m	<b>105:38.03</b>
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## WOMEN 36-39 years

1.	<b>Cassie Anderson</b> NWS Wests Auburn (NSW)	38 yrs	female	50m	<b>182:37.72</b>
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**INDIVIDUAL MEDLEY**

## WOMEN 50-54 years

1.	<b>Sue Lyon</b> VSP Surrey Park (Vic)	53 yrs	female	50m	<b>97:15.46</b>
2.	<b>Kathryn Knoll</b> WBB Bunbury (WA)	51 yrs	female	50m	<b>113:41.00</b>
3.	<b>Dee Greenwood</b> VSP Surrey Park (Vic)	53 yrs	female	50m	<b>127:18.95</b>

## WOMEN 55-59 years

1.	<b>Kim Norris</b> QAC Albany Creek (Qld)	59 yrs	female	50m	<b>87:12.00</b>
2.	<b>Sarah Cullenane</b> CAS Alice Springs (NT)	57 yrs	female	50m	<b>94:39.87</b>
3.	<b>Suzie Gunning</b> NTN Tuggeranong (ACT)	56 yrs	female <i>open water</i>	open	<b>96:24.00</b>
4.	<b>Jacqueline Panizza</b> WBB Bunbury (WA)	55 yrs	female	50m	<b>97:21.84</b>
5.	<b>Fran Moroney</b> QGS Gladstone (Qld)	56 yrs	female	50m	<b>98:40.05</b>
6.	<b>Jillian Pateman</b> NBM Blue Mtns (NSW)	59 yrs	female	50m	<b>102:29.26</b>

## WOMEN 60-64 years

1.	<b>Karina Horton</b> QAC Albany Creek (Qld)	60 yrs	female	50m	<b>90:04.48</b>
2.	<b>Jane Lawrence</b> NCM Clarence River (NSW)	60 yrs	female	50m	<b>91:38.00</b>
3.	<b>Susan Bellamy</b> NWS Wests Auburn (NSW)	60 yrs	female	50m	<b>111:35.71</b>
4.	<b>Sally Hatcher</b> NPN Penrith (NSW)	61 yrs	female	50m	<b>131:55.51</b>
5.	<b>Jade Murdock</b> CDW Darwin (NT)	60 yrs	female	50m	<b>131:58.31</b>

## WOMEN 65-69 years

1.	<b>Helen Rubin</b> NRY Ryde (NSW)	66 yrs	female <i>open water</i>	open	<b>146:53.00</b>
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## WOMEN 5000m INDIVIDUAL MEDLEY

1.	<b>Cassie Anderson</b> NWS Wests Auburn (NSW)	38 yrs	female	50m	<b>182:37.72</b>
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### INDIVIDUAL MEDLEY

## WOMEN 5000m OPEN WATER

1.	<b>Suzie Gunning</b> NTN Tuggeranong (ACT)	56 yrs	female <i>open water</i>	open	<b>96:24.00</b>
2.	<b>Helen Rubin</b> NRY Ryde (NSW)	66 yrs	female <i>open water</i>	open	<b>146:53.00</b>

## 5000m SWIMMERS - MEN

1.	<b>Paul Crowley</b> QAC Albany Creek (Qld)	61 yrs	male	50m	<b>85:00.95</b>
2.	<b>Ross Cummins</b> CDW Darwin (NT)	55 yrs	male	50m	<b>111:03.66</b>
3.	<b>Robert Magin</b> CDW Darwin (NT)	73 yrs	male	50m	<b>121:22.56</b>
4.	<b>Brian Hall</b> WBB Bunbury (WA)	76 yrs	male	50m	<b>148:59.48</b>

## MEN 55-59 years

1.	<b>Ross Cummins</b> CDW Darwin (NT)	55 yrs	male	50m	<b>111:03.66</b>
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## MEN 65-69 years

1.	<b>Paul Crowley</b> QAC Albany Creek (Qld)	61 yrs	male	50m	<b>85:00.95</b>
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## MEN 75-79 years

1.	<b>Robert Magin</b> CDW Darwin (NT)	73 yrs	male	50m	<b>121:22.56</b>
2.	<b>Brian Hall</b> WBB Bunbury (WA)	76 yrs	male	50m	<b>148:59.48</b>

## 5000m RELAYS

1.	<b>NCM Clarence River (NSW)</b> Jane Lawrence (60) 2500m James Wheeler (50) 2500m	131 yrs mixed	25m	<b>82:13.71</b>
2.	<b>NTN Tuggeranong (ACT)</b> Kylie Lane (41) 2500m Richard Phillips (50) 2500m	91 yrs mixed	50m	<b>82:37.91</b>
3.	<b>CDW Darwin (NT)</b> Claire Gorham (31) 1000m Jane Davies (60) 1000m Jayna Gordon (51) 1000m Paul Gibson (64) 1000m Don Taylor (68) 1000m	274 yrs mixed	50m	<b>83:15.91</b>
4.	<b>NCM Clarence River (NSW)</b> John Morton (60) 2500m James Wheeler (50) 2500m	110 yrs male	50m 2017	<b>84:38.21</b> <i>84:22.65</i>
5.	<b>NCM Clarence River (NSW)</b> James Wheeler (50) 2500m Doug Jeffrey (63) 2500m	113 yrs male	25m	<b>85:07.24</b>
6.	<b>NTN Tuggeranong (ACT)</b> Donna Campbell (55) 1000m Leisa Cass (56) 1000m Suzie Gunning (55) 1000m Ann Reid (55) 1000m Katrina Burgess (50) 1000m	271 yrs female	50m	<b>91:26.18</b>
7.	<b>NCM Clarence River (NSW)</b> Kim Morgans (63) 2500m Phillip Holmes (68) 2500m	131 yrs male	25m	<b>91:30.86</b>
8.	<b>NCM Clarence River (NSW)</b> Joanne Worboys (49) 2500m Simon Worboys (51) 2500m	100 yrs mixed	50m	<b>94:42.01</b>
9.	<b>NCM Clarence River (NSW)</b> Jane Lawrence (60) 1000m Alan Lawrence (67) 1000m Lynne Johnston (69) 1000m Jillian Ennever (63) 1000m John Morton (60) 1000m	319 yrs mixed	50m	<b>94:59.78</b>
10.	<b>NWS Wests Auburn (NSW)</b> Daryl Slade (63) 1250m Michael Parkinson (48) 1250m David Hansen (59) 1250m Susan Bellamy (60) 1250m	230 yrs mixed	50m	<b>95:43.80</b>
11.	<b>NCM Clarence River (NSW)</b> Jane Lawrence (60) 2500m Bobby Winger (65) 2500m	125 yrs female	50m	<b>96:00.05</b>
12.	<b>QAC Albany Creek (Qld)</b> Lyn Bull (72) 500m Karina Horton (60) 500m Andrew Melrose (29) 500m Jenny Edwards (70) 500m Paul Colch (65) 500m David Butler (59) 500m John Bull (73) 500m Mark Ashman (49) 500m Mark Mulcahy (69) 500m Kylie Cox (43) 500m	589 yrs mixed	50m	<b>96:19.21</b>

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|-----|--|----------------|-----|------------------|
| 13. | <b>NWS Wests Auburn (NSW)</b><br>Michael Parkinson (48) 2500m<br>Susan Bellamy (60) 2500m  | 108 yrs mixed  | 50m | <b>97:05.44</b>  |
| 14. | <b>NCM Clarence River (NSW)</b><br>Matthew Eke (62) 2500m<br>Nicolette Ryan (56) 2500m   | 118 yrs mixed  | 25m | <b>98:01.43</b>  |
| 15. | <b>NWS Wests Auburn (NSW)</b><br>Susan Bellamy (60) 1000m<br>Kerryn Blanch (45) 1000m<br>Michael Parkinson (48) 1000m<br>Daryl Slade (63) 1000m<br>David Hansen (59) 1000m   | 275 yrs mixed  | 50m | <b>98:04.26</b>  |
| 16. | <b>MH20 Melbourne (Vic)</b><br>Rebecca Keen (55) 1000m<br>Diana Holmes (71) 1000m<br>Richard Suan (56) 1000m<br>Denise Bennett (56) 1000m<br>Joanne Harpur (57) 1000m  | 295 yrs mixed  | 50m | <b>98:13.00</b>  |
| 17. | <b>CAS Alice Springs (NT)</b><br>Sarah Cullenane (57) 2500m<br>Alison Foster (58) 2500m  | 115 yrs female | 50m | <b>101:12.28</b> |
| 18. | <b>CAS Alice Springs (NT)</b><br>Alison Foster (58) 2500m<br>Kay Bailey (63) 2500m   | 121 yrs female | 50m | <b>102:06.07</b> |
| 19. | <b>NCM Clarence River (NSW)</b><br>Alan Lawrence (67) 2500m<br>Kieran Lynch (52) 2500m   | 119 yrs male   | 50m | <b>102:24.92</b> |
| 20. | <b>NTR Trinity (NSW)</b><br>Hoe Tong (67) 1250m<br>Stephen Harlow (62) 1250m<br>Russell Thomas (58) 1250m<br>Graham Goodman (66) 1250m   | 253 yrs male   | 25m | <b>102:93.59</b> |
| 21. | <b>NHL Hills (NSW)</b><br>Kim Chapman (64) 1000m<br>Tony Howe (72) 1000m<br>Sarnia Rusbridge (43) 1000m<br>Phillip Smillie (50) 1000m<br>James Walker (67) 1000m   | 296 yrs mixed  | 50m | <b>103:50.85</b> |
| 22. | <b>NCM Clarence River (NSW)</b><br>Judy King (70) 1000m<br>Jillian Ennever (63) 1000m<br>Nicolette Ryan (56) 1000m<br>Lynne Eke (61) 1000m<br>Kim Morgans (63) 1000m   | 313 yrs mixed  | 25m | <b>104:07.07</b> |
| 23. | <b>CAS Alice Springs (NT)</b><br>Kay Bailey (63) 1000m<br>Susan Henderson (55) 1000m<br>Sarah Cullenane (57) 1000m<br>Alison Foster (58) 1000m<br>William Willis (52) 1000m  | 285 yrs mixed  | 50m | <b>104:08.51</b> |
| 24. | <b>NCM Clarence River (NSW)</b><br>John Morton (60) 500m<br>Bobby Winger (65) 500m<br>Joanne Worboys (49) 500m<br>Jan Klein (73) 500m<br>Ian MacLean (58) 500m<br>Lou Headon (58) 500m<br>Richard Crofton (67) 500m<br>Simon Worboys (51) 500m<br>Karen Campbell (61) 500m<br>Helen Hamilton (71) 500m | 613 yrs mixed  | 50m | <b>107:54.44</b> |



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|---|--|----------------|-----|--|
| 25.                                     | <b>NCM Clarence River (NSW)</b><br>Bobby Winger (65) 1000m<br>Joanne Worboys (49) 1000m<br>Jan Klein (73) 1000m<br>Chris Muldoon (66) 1000m<br>Richard Crofton (66) 1000m    | 320 yrs mixed  | 50m | <b>113:11.12</b>   |
| 26.                                     | <b>NWS Wests Auburn (NSW)</b><br>Terry Gainey (61) 1000m<br>Michael Parkinson (48) 1000m<br>David Hansen (59) 1000m<br>Daryl Slade (63) 1000m<br>Hillary Morrison (72) 1000m | 303 yrs male   | 50m | <b>113:36.35</b>   |
| 27.                                     | <b>NCM Clarence River (NSW)</b><br><b>BREASTSTROKE</b><br>Timothy Cashman (63) 2500m<br>Bobby Winger (65) 2500m  | 128 yrs mixed  | 50m | <b>118:01.77</b>   |
| 28.                                     | <b>QAC Albany Creek (Qld)</b><br>Heather Butler (62) 2500m<br>Marion Slattery (65) 2500m   | 127 yrs female | 50m | <b>118:12.64</b>   |
| 29.                                     | <b>CDW Darwin (NT)</b><br>Jose Casimiro (57) 1000m<br>Jac Stirrat (57) 1000m<br>Brian Lewins (66) 1000m<br>Maggie Roberts (81) 1000m<br>Pauline Tauschke (63) 1000m          | 324 yrs mixed  | 50m | <b>118:25.03</b>   |
| 30.                                     | <b>NWS Wests Auburn (NSW)</b><br>Susan Bellamy (60) 2500m<br>Maureen Hall (78) 2500m   | 136 yrs female | 50m | <b>118:37.29</b><br>2017 118:27.72<br>2016 123:19.10<br>2015 116:21.85<br>2014 116:27.18<br>2013 116:19.22<br>2012 119:49.86<br>2011 115:37.88<br>2010 114:16.12<br>2009 111:41.04<br>2008 110:55.72<br>2007 118:54.42 |
| <b><u>TWELVE YEARS IN A ROW !!!</u></b> |  |                |     |  |
| 31.                                     | <b>NCM Clarence River (NSW)</b><br><b>BREASTSTROKE</b><br>John Morton (60) 2500m<br>Helmut Klein (77) 2500m  | 107 yrs male   | 50m | <b>120:27.09</b>   |
| 32.                                     | <b>NWS Wests Auburn (NSW)</b><br>Susan Bellamy (60) 1000m<br>Kerryn Blanch (45) 1000m<br>Maureen Hall (78) 1000m<br>Cassie Anderson (38) 1000m<br>Beth Clothier (61) 1000m   | 282 yrs female | 50m | <b>124:10.36</b><br>2017 124:36.87   |
| 33.                                     | <b>NTR Trinity (NSW)</b><br>Cathy Burney (59) 1250m<br>Chris Pollett (65) 1250m<br>John Kulhan (67) 1250m<br>George Constanti (60) 1250m                                     | 251 yrs mixed  | 25m | <b>126:47.46</b>   |

34. **NCM Clarence River (NSW)** 629 yrs mixed 50m **126:51.15**  
 Nicole Don (61) 500m  
 Robyn Wattus (64) 500m  
 Alan Scholfield (66) 500m  
 Judy King (70) 500m  
 Donald Lee (75) 500m  
 Lynnette Brighton (51) 500m  
 Anthony Seul (55) 500m  
 Lynnette McQueen (74) 500m  
 Julie Henry (61) 500m  
 Danielle Conolly (52) 500m
35. **NCM Clarence River (NSW)** 301 yrs mixed 25m **127:51.97**  
 Janet Pickup (62) 1000m  
 Gregory Don (63) 1000m  
 Gai Pritchett (63) 1000m  
 Danielle Connolly (52) 1000m  
 Linda Horton (61) 1000m
36. **NTR Trinity (NSW)** 127 yrs male 25m **128:06.52**  
 John Kulhan (67) 2500m  
 George Constanti (60) 2500m  
*2017 135:42.00*
37. **NBM Blue Mountains (NSW)** 263 yrs female 50m **129:51.64**  
 Sue Wiles (78) 1250m  
 Heather McNair (48) 1250m  
 Genie Melone (73) 1250m  
 Robin Griffiths (64) 1250m
38. **NTR Trinity (NSW)** 124 yrs female 25m **133:39.46**  
 Christine Pollett (65) 2500m  
 Catherine Burney (59) 2500m  
*2017 128:16.74*
39. **NWS Wests Auburn (NSW)** 335 yrs mixed 50m **144:49.56**  
**BACK STROKE**  
 Terry Gainey (61) 1000m  
 Maureen Hall (78) 1000m  
 Hillary Morrison (72) 1000m  
 Daryl Slade (63) 1000m  
 Beth Clothier (61) 1000m
40. **CAS Alice Springs (NT)** 315 yrs female 50m **146:11.36**  
 Christine Brickhill (63) 1000m  
 Annie Godwin (56) 1000m  
 Krystine Paice-Brown (52) 1000m  
 Barb McIlvain (79) 1000m  
 Jill Brew (65) 1000m
41. **NWS Wests Auburn (NSW)** 83 yrs female 50m **146:35.19**  
 Kerryn Blanch (45) 2500m  
 Cassie Anderson (38) 2500m  
*2017 137:00.57*  
*2016 145:25.48*
42. **CAS Alice Springs (NT)** 606 yrs female 50m **147:30.01**  
 Barb McIlvain (79) 500m  
 Bev Ellis (72) 500m  
 Pauline Walsh (58) 500m  
 Kathryn Bailey (49) 500m  
 Christine Brickhill (63) 500m  
 Sue Herbert (47) 500m  
 Susan Henderson (55) 500m  
 Eunice Lee (57) 500m  
 Margo Northey (63) 500m  
 Fran Neylon (63) 500m

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|-----|--|----------------|--------------------|--------------------------------------|
| 43. | <b>NWS Wests Auburn (NSW)</b><br><b>BACKSTROKE</b><br>Beth Clothier (61) 2500m<br>Terry Gainey (61) 2500m  | 122 yrs mixed  | 50m                | <b>151:38.55</b>                     |
| 44. | <b>NWS Wests Auburn (NSW)</b><br><b>BREAST STROKE</b><br>Susan Bellamy (60) 1000m<br>Kerryn Blanch (45) 1000m<br>Maureen Hall (78) 1000m<br>Cassie Anderson (38) 1000m<br>Beth Clothier (61) 1000m | 282 yrs female | 50m<br><i>2017</i> | <b>158:12.75</b><br><i>150:32.54</i> |

## 2 x 2500m RELAYS

1.	<b>NCM Clarence River (NSW)</b> Jane Lawrence (60) 2500m James Wheeler (50) 2500m	131 yrs mixed	25m	<b>82:13.71</b>
2.	<b>NTN Tuggeranong (ACT)</b> Kylie Lane (41) 2500m Richard Phillips (50) 2500m	91 yrs mixed	50m	<b>82:37.91</b>
3.	<b>NCM Clarence River (NSW)</b> John Morton (60) 2500m James Wheeler (50) 2500m	110 yrs male	50m 2017	<b>84:38.21</b> <i>84:22.65</i>
4.	<b>NCM Clarence River (NSW)</b> James Wheeler (50) 2500m Doug Jeffrey (63) 2500m	113 yrs male	25m	<b>85:07.24</b>
5.	<b>NCM Clarence River (NSW)</b> Kim Morgans (63) 2500m Phillip Holmes (68) 2500m	131 yrs male	25m	<b>91:30.86</b>
6.	<b>NCM Clarence River (NSW)</b> Joanne Worboys (49) 2500m Simon Worboys (51) 2500m	100 yrs mixed	50m	<b>94:42.01</b>
7.	<b>NCM Clarence River (NSW)</b> Jane Lawrence (60) 2500m Bobby Winger (65) 2500m	125 yrs female	50m	<b>96:00.05</b>
8.	<b>NWS Wests Auburn (NSW)</b> Michael Parkinson (48) 2500m Susan Bellamy (60) 2500m	108 yrs mixed	50m	<b>97:05.44</b>
9.	<b>NCM Clarence River (NSW)</b> Matthew Eke (62) 2500m Nicolette Ryan (56) 2500m	118 yrs mixed	25m	<b>98:01.43</b>
10.	<b>CAS Alice Springs (NT)</b> Sarah Cullenane (57) 2500m Alison Foster (58) 2500m	115 yrs female	50m	<b>101:12.28</b>
11.	<b>CAS Alice Springs (NT)</b> Alison Foster (58) 2500m Kay Bailey (63) 2500m	121 yrs female	50m	<b>102:06.07</b>
12.	<b>NCM Clarence River (NSW)</b> Alan Lawrence (67) 2500m Kieran Lynch (52) 2500m	119 yrs male	50m	<b>102:24.92</b>
13.	<b>NCM Clarence River (NSW)</b> <b>BREASTSTROKE</b> Timothy Cashman (63) 2500m Bobby Winger (65) 2500m	128 yrs mixed	50m	<b>118:01.77</b>
14.	<b>QAC Albany Creek (Qld)</b> Heather Butler (62) 2500m Marion Slattery (65) 2500m	127 yrs female	50m	<b>118:12.64</b>
15.	<b>NWS Wests Auburn (NSW)</b> Susan Bellamy (60) 2500m Maureen Hall (78) 2500m	136 yrs female	50m	<b>118:37.29</b>
16.	<b>NCM Clarence River (NSW)</b> <b>BREASTSTROKE</b> John Morton (60) 2500m Helmut Klein (77) 2500m	107 yrs male	50m	<b>120:27.09</b>

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|-----|---|----------------|-----|------------------|
| 17. | <b>NTR Trinity (NSW)</b><br>John Kulhan (67) 2500m<br>George Constanti (60) 2500m                         | 127 yrs male   | 25m | <b>128:06.52</b> |
| 18. | <b>NTR Trinity (NSW)</b><br>Christine Pollett (65) 2500m<br>Catherine Burney (59) 2500m                   | 124 yrs female | 25m | <b>133:39.46</b> |
| 19. | <b>NWS Wests Auburn (NSW)</b><br>Kerryn Blanch (45) 2500m<br>Cassie Anderson (38) 2500m                   | 83 yrs female  | 50m | <b>146:35.19</b> |
| 20. | <b>NWS Wests Auburn (NSW)</b><br><b>BACKSTROKE</b><br>Beth Clothier (61) 2500m<br>Terry Gainey (61) 2500m | 122 yrs mixed  | 50m | <b>151:38.55</b> |

## 5 x 1000m RELAYS

- |     |  |                |     |                  |
|-----|--|----------------|-----|------------------|
| 1.  | <b>CDW Darwin (NT)</b><br>Claire Gorham (31) 1000m<br>Jane Davies (60) 1000m<br>Jayna Gordon (51) 1000m<br>Paul Gibson (64) 1000m<br>Don Taylor (68) 1000m                   | 274 yrs mixed  | 50m | <b>83:15.91</b>  |
| 2.  | <b>NTN Tuggeranong (ACT)</b><br>Donna Campbell (55) 1000m<br>Leisa Cass (56) 1000m<br>Suzie Gunning (55) 1000m<br>Ann Reid (55) 1000m<br>Katrina Burgess (50) 1000m          | 271 yrs female | 50m | <b>91:26.18</b>  |
| 3.  | <b>NCM Clarence River (NSW)</b><br>Jane Lawrence (60) 1000m<br>Alan Lawrence (67) 1000m<br>Lynne Johnston (69) 1000m<br>Jillian Ennever (63) 1000m<br>John Morton (60) 1000m | 319 yrs mixed  | 50m | <b>94:59.78</b>  |
| 4.  | <b>NWS Wests Auburn (NSW)</b><br>Susan Bellamy (60) 1000m<br>Kerryn Blanch (45) 1000m<br>Michael Parkinson (48) 1000m<br>Daryl Slade (63) 1000m<br>David Hansen (59) 1000m   | 275 yrs mixed  | 50m | <b>98:04.26</b>  |
| 5.  | <b>MH20 Melbourne (Vic)</b><br>Rebecca Keen (55) 1000m<br>Diana Holmes (71) 1000m<br>Richard Suan (56) 1000m<br>Denise Bennett (56) 1000m<br>Joanne Harpur (57) 1000m        | 295 yrs mixed  | 50m | <b>98:13.00</b>  |
| 6.  | <b>NHL Hills (NSW)</b><br>Kim Chapman (64) 1000m<br>Tony Howe (72) 1000m<br>Sarnia Rusbridge (43) 1000m<br>Phillip Smillie (50) 1000m<br>James Walker (67) 1000m             | 296 yrs mixed  | 50m | <b>103:50.85</b> |
| 7.  | <b>NCM Clarence River (NSW)</b><br>Judy King (70) 1000m<br>Jillian Ennever (63) 1000m<br>Nicolette Ryan (56) 1000m<br>Lynne Eke (61) 1000m<br>Kim Morgans (63) 1000m         | 313 yrs mixed  | 25m | <b>104:07.07</b> |
| 8.  | <b>CAS Alice Springs (NT)</b><br>Kay Bailey (63) 1000m<br>Susan Henderson (55) 1000m<br>Sarah Cullenane (57) 1000m<br>Alison Foster (58) 1000m<br>William Willis (52) 1000m  | 285 yrs mixed  | 50m | <b>104:08.51</b> |
| 9.  | <b>NCM Clarence River (NSW)</b><br>Bobby Winger (65) 1000m<br>Joanne Worboys (49) 1000m<br>Jan Klein (73) 1000m<br>Chris Muldoon (66) 1000m<br>Richard Crofton (66) 1000m    | 320 yrs mixed  | 50m | <b>113:11.12</b> |
| 10. | <b>NWS Wests Auburn (NSW)</b><br>Terry Gainey (61) 1000m<br>Michael Parkinson (48) 1000m<br>David Hansen (59) 1000m<br>Daryl Slade (63) 1000m<br>Hillary Morrison (72) 1000m | 303 yrs male   | 50m | <b>113:36.35</b> |

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|-----|--|----------------|-----|------------------|
| 11. | <b>CDW Darwin (NT)</b><br>Jose Casimiro (57) 1000m<br>Jac Stirrat (57) 1000m<br>Brian Lewins (66) 1000m<br>Maggie Roberts (81) 1000m<br>Pauline Tauschke (63) 1000m                                | 324 yrs mixed  | 50m | <b>118:25.03</b> |
| 12. | <b>NWS Wests Auburn (NSW)</b><br>Susan Bellamy (60) 1000m<br>Kerryn Blanch (45) 1000m<br>Maureen Hall (78) 1000m<br>Cassie Anderson (38) 1000m<br>Beth Clothier (61) 1000m                         | 282 yrs female | 50m | <b>124:10.36</b> |
| 13. | <b>NCM Clarence River (NSW)</b><br>Janet Pickup (62) 1000m<br>Gregory Don (63) 1000m<br>Gai Pritchett (63) 1000m<br>Danielle Connolly (52) 1000m<br>Linda Horton (61) 1000m                        | 301 yrs mixed  | 25m | <b>127:51.97</b> |
| 14. | <b>NWS Wests Auburn (NSW)</b><br><b>BACK STROKE</b><br>Terry Gainey (61) 1000m<br>Maureen Hall (78) 1000m<br>Hillary Morrison (72) 1000m<br>Daryl Slade (63) 1000m<br>Beth Clothier (61) 1000m     | 335 yrs mixed  | 50m | <b>144:49.56</b> |
| 15. | <b>CAS Alice Springs (NT)</b><br>Christine Brickhill (63) 1000m<br>Annie Godwin (56) 1000m<br>Krystine Paice-Brown (52) 1000m<br>Barb McIlvain (79) 1000m<br>Jill Brew (65) 1000m                  | 315 yrs female | 50m | <b>146:11.36</b> |
| 16. | <b>NWS Wests Auburn (NSW)</b><br><b>BREAST STROKE</b><br>Susan Bellamy (60) 1000m<br>Kerryn Blanch (45) 1000m<br>Maureen Hall (78) 1000m<br>Cassie Anderson (38) 1000m<br>Beth Clothier (61) 1000m | 282 yrs female | 50m | <b>158:12.75</b> |

## 4 X 1250m RELAYS

- NWS Wests Auburn (NSW)** 230 yrs mixed 50m **95:43.80**  
Daryl Slade (63) 1250m  
Michael Parkinson (48) 1250m  
David Hansen (59) 1250m  
Susan Bellamy (60) 1250m
- NTR Trinity (NSW)** 253 yrs male 25m **102:93.59**  
Hoe Tong (67) 1250m  
Stephen Harlow (62) 1250m  
Russell Thomas (58) 1250m  
Graham Goodman (66) 1250m
- NTR Trinity (NSW)** 251 yrs mixed 25m **126:47.46**  
Cathy Burney (59) 1250m  
Chris Pollett (65) 1250m  
John Kulhan (67) 1250m  
George Constanti (60) 1250m
- NBM Blue Mountains (NSW)** 263 yrs female 50m **129:51.64**  
Sue Wiles (78) 1250m  
Heather McNair (48) 1250m  
Genie Melone (73) 1250m  
Robin Griffiths (64) 1250m

## 10 X 500m RELAYS

- QAC Albany Creek (Qld)** 589 yrs mixed 50m **96:19.21**  
Lyn Bull (72) 500m  
Karina Horton (60) 500m  
Andrew Melrose (29) 500m  
Jenny Edwards (70) 500m  
Paul Colch (65) 500m  
David Butler (59) 500m  
John Bull (73) 500m  
Mark Ashman (49) 500m  
Mark Mulcahy (69) 500m  
Kylie Cox (43) 500m
- NCM Clarence River (NSW)** 613 yrs mixed 50m **107:54.44**  
John Morton (60) 500m  
Bobby Winger (65) 500m  
Joanne Worboys (49) 500m  
Jan Klein (73) 500m  
Ian MacLean (58) 500m  
Lou Headon (58) 500m  
Richard Crofton (67) 500m  
Simon Worboys (51) 500m  
Karen Campbell (61) 500m  
Helen Hamilton (71) 500m
- NCM Clarence River (NSW)** 629 yrs mixed 50m **126:51.15**  
Nicole Don (61) 500m  
Robyn Wattus (64) 500m  
Alan Scholfield (66) 500m  
Judy King (70) 500m  
Donald Lee (75) 500m  
Lynnette Brighton (51) 500m  
Anthony Seul (55) 500m  
Lynnette McQueen (74) 500m  
Julie Henry (61) 500m  
Danielle Conolly (52) 500m
- CAS Alice Springs (NT)** 606 yrs female 50m **147:30.01**  
Barb McIlvain (79) 500m  
Bev Ellis (72) 500m  
Pauline Walsh (58) 500m  
Kathryn Bailey (49) 500m  
Christine Brickhill (63) 500m  
Sue Herbert (47) 500m  
Susan Henderson (55) 500m  
Eunice Lee (57) 500m  
Margo Northey (63) 500m  
Fran Neylon (63) 500m