

WESTS AUBURN MASTERS SWIMMING CLUB

5000m POSTAL SWIM 2017 SUMMARY

Yet another slightly disappointing response this year. Just enough entrants to provide some fun and competition for our long distance endurance swimmers. This year we recognise swimmers from NSW, Northern Territory and Queensland.

Congratulations to all those who took part – the swimmers who keep on coming back year after year , the newbies, *and especially the magnificent 4 x 1250m individual medley swimmers* PLEASE try to convince a few more members to do the long yards in 2018 !

Terry Gainey - Postal Swim Co-ordinator

SUMMARY OF ENTRIES

5000m INDIVIDUAL

MEN: 4 (including one 4 x 1250m Individual Medley and one Breaststroke)
WOMEN: 11 (including two 4 x 1250m Individual Medleys and one Back Stroke)

RELAYS

2 x 2500m: 20
5 x 1000m: 15 (including two breast strokes and one backstroke)
4 x 1250m: 7 (including one breast stroke and one backstroke)
10 x 500m: 3

5000m SWIMMERS - WOMEN

1.	Alison Green QGS Gladstone (Qld)	45 yrs	female	50m	89:57.32 2016 96:11.63
2.	Jillian Pateman NBM Blue Mtns (NSW)	58 yrs	female	50m	97:15.74 2016 97:54.54 2015 96:51.15 2014 93:30.16 2013 96:26.50 2012 97:33.78 2011 93:50.87 <i><u>THIRTEEN YEARS IN A ROW !!!</u></i> 2010 92:38.78 2009 95:23.03 2008 102:20.80 2007 100:27.76 2006 101:18.06 2005 105:07.25
3.	Sue Herbert CAS Alice Springs (NT)	46 yrs	female	50m	97:57.55
4.	Sarah Cullenane CAS Alice Springs (NT)	56 yrs	female	50m	98:35.20 2016 104:47.11 2015 99:16.61 2014 102:57.51 2011 96:46.42 2010 101:37.30 2009 94:13.89
5.	Susan Bellamy NWS Wests Auburn (NSW)	59 yrs	female	50m	112:05.96 2016 109:44.95 2015 110:14.10 2014 110:52.26 2013 110:04.85 2012 111:36.38 2011 110:20.78 <i><u>THIRTEEN YEARS OF SWIMS !!!</u></i> 2010 107:41.26 2009 109:07.26 2008 105:34.95 2007 106:08.07 2005 106:13.82 2004 108:78.25
6.	Julie Collins CAS Alice Springs (NT)	58 yrs	female	50m	113:18.01

7.	Kerryn Blanch NWS Wests Auburn (NSW)	44 yrs	female	50m	132:08.72
					INDIVIDUAL MEDLEY
8.	Beth Clothier NWS Wests Auburn (NSW)	60 yrs	female	50m	137:13.68
					BACKSTROKE
9.	Donna Pierce NCM Clarence River (NSW)	64 yrs	female	50m	140:37.00
10.	Helen Rubin NRY Ryde (NSW)	65 yrs	female	open	148:32.15
11.	Cassie Anderson NWS Wests Auburn (NSW)	37 yrs	female	50m	160:51.55
				2016	<i>155:58.64</i>
				2015	<i>165:58.20</i>
				2014	<i>162:33.26</i>
				2013	<i>174:46.79</i>

WOMEN 36-39 years

- | | | | | | |
|----|--|--------|--------|-----|------------------|
| 1. | Cassie Anderson
NWS Wests Auburn (NSW) | 37 yrs | female | 50m | 160:51.55 |
|----|--|--------|--------|-----|------------------|

INDIVIDUAL MEDLEY

WOMEN 40-44 years

- | | | | | | |
|----|--|--------|--------|-----|------------------|
| 1. | Kerryn Blanch
NWS Wests Auburn (NSW) | 44 yrs | female | 50m | 132:08.72 |
|----|--|--------|--------|-----|------------------|

INDIVIDUAL MEDLEY

WOMEN 45-49 years

- | | | | | | |
|----|--|--------|--------|-----|-----------------|
| 1. | Alison Green
QGS Gladstone (Qld) | 45 yrs | female | 50m | 89:57.32 |
| 2. | Sue Herbert
CAS Alice Springs (NT) | 46 yrs | female | 50m | 97:57.55 |

WOMEN 55-59 years

- | | | | | | |
|----|--|--------|--------|-----|------------------|
| 1. | Jillian Pateman
NBM Blue Mtns (NSW) | 58 yrs | female | 50m | 97:15.74 |
| 2. | Sarah Cullenane
CAS Alice Springs (NT) | 56 yrs | female | 50m | 98:35.20 |
| 3. | Susan Bellamy
NWS Wests Auburn (NSW) | 59 yrs | female | 50m | 112:05.96 |
| 4. | Julie Collins
CAS Alice Springs (NT) | 58 yrs | female | 50m | 113:18.01 |

WOMEN 60-64 years

1. **Beth Clothier** 60 yrs female 50m **137:13.68**
NWS Wests Auburn (NSW) **BACKSTROKE**
2. **Donna Pierce** 64 yrs female 50m **140:37.00**
NCM Clarence River (NSW)

WOMEN 65-69 years

1. **Helen Rubin** 65 yrs female open **148:32.15**
NRY Ryde (NSW)

WOMEN 5000m INDIVIDUAL MEDLEY

1. **Kerryn Blanch** 44 yrs female 50m **132:08.72**
NWS Wests Auburn (NSW) **INDIVIDUAL MEDLEY**
2. **Cassie Anderson** 37 yrs female 50m **160:51.55**
NWS Wests Auburn (NSW) **INDIVIDUAL MEDLEY**

WOMEN 5000m BACK STROKE

1. **Beth Clothier** 60 yrs female 50m **137:13.68**
NWS Wests Auburn (NSW) **BACKSTROKE**

5000m SWIMMERS - MEN

1.	Phillip Holmes NCM Clarence River (NSW)	67 yrs	male	25m	88:41.30
2.	Michael Parkinson Wests Auburn (NSW)	45 yrs	male	50m	104:54.60
				INDIVIDUAL MEDLEY	
				2016	<i>105:05.34</i>
				2015	<i>103:36.53</i>
				2014	<i>104:35.81</i>
				2013	<i>101:10.97</i>
				2012	<i>102:54.55</i>
3.	Richard Austin CAS Alice Springs (NT)	55 yrs	male	50m	111:09.89
4.	Helmut Klein NCM Clarence River (NSW)	76 yrs	male	50m	143:22.15
				BREASTSTROKE	
				2016	<i>134:02.00</i>
				2015	<i>120:14.38</i>
				2014	<i>134:22.56</i>

MEN 45-49 years

1. **Michael Parkinson** 45 yrs male 50m **104:54.60**
West's Auburn (NSW) **INDIVIDUAL MEDLEY**

MEN 55-59 years

1. **Richard Austin** 55 yrs male 50m **111:09.89**
CAS Alice Springs (NT)

MEN 65-69 years

1. **Phillip Holmes** 67 yrs male 25m **88:41.30**
NCM Clarence River (NSW)

MEN 75-79 years

1. **Helmut Klein** 76 yrs male 50m **143:22.15**
NCM Clarence River (NSW) **BREASTSTROKE**

MEN 5000m INDIVIDUAL MEDLEY

1. **Michael Parkinson** 45 yrs male 50m **104:54.60**
West's Auburn (NSW) **INDIVIDUAL MEDLEY**

MEN 5000m BREASTSTROKE

1. **Helmut Klein** 76 yrs male 50m **143:22.15**
NCM Clarence River (NSW) **BREASTSTROKE**

5000m RELAYS

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|---|---|----------------|-----|---|
| 1. | NCM Clarence River (NSW)
John Morton (59) 2500m
James Wheeler (48) 2500m | 107 yrs male | 50m | 84:22.65 |
| 2. | CAS Alice Springs (NT)
Brett Bailey (34) 1000m
William Willis (51) 1000m
Sarah Cullenane (56) 1000m
Alison Foster (57) 1000m
Sue Herbert (46) 1000m | 244 yrs mixed | 50m | 90:34.97 |
| 3. | NWS Wests Auburn (NSW)
Michael Parkinson (46) 2500m
Daryl Slade (62) 2500m | 108yrs male | 50m | 91:26.47
<i>2015 90:38.41</i>
<i>2014 88:07.13</i>
<i>2013 83:33.93</i>
<i>2012 82:13.10</i>
<i>2011 87:32.80</i>
<i>2010 85:56.87</i>
<i>2009 87:30.61</i>
<i>2008 86:20.07</i>
<i>2007 83:42.28</i>
<i>2006 87:20.53</i> |
| <i>ELEVEN YEARS OF SWIMS !!!</i> | | | | |
| 4. | NCM Clarence River (NSW)
Mark Evans (62) 2500m
Kim Morgan (62) 2500m | 124 yrs male | 25m | 91:50.00 |
| 5. | NCM Clarence River (NSW)
Joanne Worboys (48) 2500m
Jane Lawrence (59) 2500m | 107 yrs female | 50m | 92:33.68 |
| 6. | QGS Gladstone (Qld)
Alison Green (45) 2500m
Fran Moroney (55) 2500m | 100 yrs female | 50m | 93:06.67
<i>2016 91:51.22</i> |
| 7. | NWS Wests Auburn (NSW)
Michael Parkinson (47) 1000m
Kerryn Blanch (44) 1000m
Jason Truong (24) 1000m
Daryl Slade (62) 1000m
Alan Harris (69) 1000m | 246 yrs mixed | 50m | 94:10.81 |
| 8. | NML Manly (NSW)
Ruth Fitzpatrick (69) 1000m
Sarah Brewer (52) 1000m
John Masters (65) 1000m
Greg Jewson (62) 1000m
Abel Bornstein (68) 1000m | 316 yrs mixed | 50m | 96:14.24 |
| 9. | NCM Clarence River (NSW)
Mark Evans (62) 1250m
Matthew Eke (61) 1250m
Judy King (69) 1250m
Jillian Ennever (62) 1250m | 254 yrs mixed | 25m | 96:46.36 |

10.	CAS Alice Springs (NT) Richard Austin (55) 500m Brett Bailey (35) 500m William Willis (51) 500m Heather Bunting (54) 500m Clare Hand (36) 500m Julie Collins (58) 500m Susan Henderson (54) 500m Sarah Cullenane (56) 500m James Bristow (57) 500m Alison Foster (57) 500m	512 yrs mixed	50m	97:23.84
11.	CAS Alice Springs (NT) Alison Foster (57) 2500m Sue Herbert (46) 2500m	103 yrs female	50m	98:04.57
12.	NET Ettalong (NSW) Kristen O'Brien (34) 2500m Katelyn Smith (21) 2500m	55 yrs female	50m	98:27.13
13.	NBM Blue Mountains (NSW) Kathy Dobson (60) 1250m Sue Wiles (77) 1250m Robin Griffiths (63) 1250m Penny Rossiter (62) 1250m	262 yrs female	50m	100:31.41
14.	NCM Clarence River (NSW) Kieran Lynch (51) 2500m Simon Worboys (50) 2500m	101 yrs male	50m	101:50.00
15.	NCM Clarence River (NSW) Leonie Daley (66) 2500m Karen Urquhart (61) 2500m	127 yrs female	25m	102:06.00
16.	NCM Clarence River (NSW) Bobby Winger (64) 2500m Alan Lawrence (66) 2500m	130 yrs mixed	50m	104:02.73
17.	CAS Alice Springs (NT) Julie Collins (58) 1000m Kay Bailey (62) 1000m James Bristow (57) 1000m Richard Austin (55) 1000m Heather Bunting (54) 1000m	286 yrs mixed	50m	104:39.75
18.	NML Manly (NSW) Sue Johns (72) 1000m Mary Woodward (65) 1000m Sonja Walters (58) 1000m Pamela Rawling (70) 1000m Jan Bradshaw (64) 1000m	329 yrs mixed	50m	105:09.26
19.	CAS Alice Springs (NT) Sarah Cullenane (56) 2500m Kay Bailey (62) 2500m	118 yrs female	50m	105:20.47
20.	NCM Clarence River (NSW) Chris Muldoon (65) 1000m Alan Lawrence (65) 1000m Richard Crofton (66) 1000m John Morton (59) 1000m Helmut Klein (76) 1000m	332 yrs mixed	50m	109:17.49

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|-----|---|----------------|-----|---|
| 21. | NCM Clarence River (NSW)
Lyn Eke (60) 1250m
Maria Evans (53) 1250m
Gregory Don (52) 1250m
James Wheeler (49) 1250m | 224 yrs mixed | 25m | 109:29.04 |
| 22. | NCM Clarence River (NSW)
Timothy Cashman (62) 2500m
Sue-Ellen Hyne (56) 2500m | 118 yrs mixed | 25m | 109:59.33 |
| 23. | NML Manly (NSW)
Sonja Walters (58) 1000m
Pater Rawling (72) 1000m
Pamela Rawling (70) 1000m
Mary Woodward (65) 1000m
Suzanne Johns (72) 1000m | 337 yrs mixed | 50m | 111:42.32 |
| 24. | NWS Wests Auburn (NSW)
Terry Gainey (60) 1000m
Michael Parkinson (47) 1000m
Jason Truong (24) 1000m
Daryl Slade (62) 1000m
Hillary Morrison (71) 1000m | 264 yrs male | 50m | 113:36.35 |
| 25. | NTR Trinity (NSW)
Geoffrey Murphy (61) 1250m
Stephen Harlow (61) 1250m
Hoe Tong (64) 1250m
Edward Lange (60) 1250m | 246 yrs male | 25m | 117:20.90 |
| 26. | NWS Wests Auburn (NSW)
Susan Bellamy (59) 2500m
Maureen Hall (77) 2500m | 136 yrs female | 50m | 118:27.72 |
| | | | | <i>2016 123:19.10</i> |
| | | | | <i>2015 116:21.85</i> |
| | | | | <i>2014 116:27.18</i> |
| | | | | <i>2013 116:19.22</i> |
| | | | | <i>2012 119:49.86</i> |
| | | | | <i>2011 115:37.88</i> |
| | | | | <i>2010 114:16.12</i> |
| | | | | <i>2009 111:41.04</i> |
| | | | | <i>2008 110:55.72</i> |
| | | | | <i>2007 118:54.42</i> |
| | | | | <u>ELEVEN YEARS IN A ROW !!!</u> |
| 27. | NCM Clarence River (NSW)
Nicole Don (60) 500m
Robyn Wattus (63) 500m
Alan Scholfield (65) 500m
Judy King (69) 500m
Gai Pritchett (62) 500m
Janet Pickup (61) 500m
Sue-Ellen Hyne (56) 500m
Gregory Don (52) 500m
Leonie Daley (66) 500m
Bob Wattus (64) 500m | 628 yrs mixed | 25m | 120:21.26 |
| 28. | NTR Trinity (NSW)
Francis Hanna (70) 1250m
Priscilla Strachan (45) 1250m
Kathryn Grant (58) 1250m
George Constanti (59) 1250m | 232 yrs mixed | 25m | 121:16.35 |

29.	CAS Alice Springs (NT) Christine Brickhill (62) 1000m Annie Godwin (55) 1000m Susan Henderson (54) 1000m Amanda Doyle (55) 1000m Jill Brew (64) 1000m	290 yrs female	50m	124:25.83
30.	NWS Wests Auburn (NSW) Susan Bellamy (59) 1000m Kerryn Blanch (44) 1000m Maureen Hall (77) 1000m Cassie Anderson (37) 1000m Beth Clothier (60) 1000m	277 yrs female	50m	124:36.87
31.	NET Ettalong (NSW) Kevin Haskell (68) 2500m Darren Bennett (52) 2500m	120 yrs male	50m	125:04.46
32.	NCM Clarence River (NSW) Lynne Johnston (68) 1000m Claire Ogle (65) 1000m Richard Crofton (66) 1000m Karen Campbell (60) 1000m Lou Headon (57) 1000m	316 yrs mixed	50m	125:27.21
33.	NWS Wests Auburn (NSW) BACK STROKE Terry Gainey (60) 1000m Kerryn Blanch (44) 1000m Michael Parkinson (47) 1000m Daryl Slade (62) 1000m Beth Clothier (60) 1000m	273 yrs mixed	50m	125:41.23
34.	NTR Trinity (NSW) Christine Pollett (64) 2500m Catherine Byrne (58) 2500m	122 yrs female	25m	128:16.74
35.	CAS Alice Springs (NT) Jill Brew (64) 2500m Christine Brickhill (62) 2500m	126 yrs female	50m	129:25.60
36.	NWS Wests Auburn (NSW) BREAST STROKE Daryl Slade (62) 1000m Cassie Anderson (37) 1000m Kerryn Blanch (44) 1000m Jason Truong (24) 1000m Maureen Hall (77) 1000m	244 yrs mixed	50m	132:20.43
37.	NTR Trinity (NSW) John Kulhan (66) 2500m George Constanti (59) 2500m	125 yrs male	25m	135:42.00
38.	NWS Wests Auburn (NSW) Kerryn Blanch (44) 2500m Cassie Anderson (37) 2500m	81 yrs female	50m	137:00.57 2016 145:25.48
39.	NWS Wests Auburn (NSW) BACK STROKE Susan Bellamy (59) 1250m Kerryn Blanch (44) 1250m Maureen Hall (77) 1250m Beth Clothier (60) 1250m	240 yrs female	50m	138:30.99

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|-----|---|----------------|-----|--|
| 40. | NET Ettalong (NSW)
Marion Dreyer (70) 2500m
Gordon Ferguson (79) 2500m | 149 yrs mixed | 50m | 140:23.90 |
| 41. | NWS Wests Auburn (NSW)
BREAST STROKE
Terry Gainey (60) 1250m
Hillary Morrison (71) 1250m
Daryl Slade (62) 1250m
Jason Truong (24) 1250m | 217 yrs male | 50m | 143:29.34 |
| 42. | NWS Wests Auburn (NSW)
BREAST STROKE
Susan Bellamy (59) 1000m
Kerryn Blanch (44) 1000m
Maureen Hall (77) 1000m
Cassie Anderson (37) 1000m
Beth Clothier (60) 1000m | 277 yrs female | 50m | 150:32.54 |
| 43. | NWS Wests Auburn (NSW)
Terry Gainey (60) 2500m
Hilary Morrison (71) 2500m | 131 yrs male | 50m | 156:35.56
<i>2016 158:23.27</i>
<i>2015 145:36.48</i>
<i>2014 144:05:30</i>
<i>2013 141:55.58</i> |
| 44. | CAS Alice Springs (NT)
Bill Willis (79) 500m
Annie Godwin (55) 500m
Jill Montgomery (55) 500m
Amanda Doyle (55) 500m
Pauline Walsh (57) 500m
Krystine Paice-Brown (51) 500m
Kathryn Bailey (48) 500m
Jill Brew (64) 500m
Bev Ellis (71) 500m
Barb McIlvain (78) 500m | 613 yrs mixed | 50m | 172:20.65 |
| 45. | CAS Alice Springs (NT)
Kathryn Bailey (48) 1000m
Bev Ellis (71) 1000m
Bill Willis (79) 1000m
Jill Montgomery (55) 1000m
Krystine Paice-Brown (51) 1000m | 304 yrs mixed | 50m | 193:07.87 |

2 x 2500m RELAYS

1.	NCM Clarence River (NSW) John Morton (59) 2500m James Wheeler (48) 2500m	107 yrs male	50m	84:22.65
2.	NWS Wests Auburn (NSW) Michael Parkinson (46) 2500m Daryl Slade (62) 2500m	108yrs male	50m	91:26.47
3.	NCM Clarence River (NSW) Mark Evans (62) 2500m Kim Morgan (62) 2500m	124 yrs male	25m	91:50.00
4.	NCM Clarence River (NSW) Joanne Worboys (48) 2500m Jane Lawrence (59) 2500m	107 yrs female	50m	92:33.68
5.	QGS Gladstone (Qld) Alison Green (45) 2500m Fran Moroney (55) 2500m	100 yrs female	50m	93:06.67
6.	CAS Alice Springs (NT) Alison Foster (57) 2500m Sue Herbert (46) 2500m	103 yrs female	50m	98:04.57
7.	NET Ettalong (NSW) Kristen O'Brien (34) 2500m Katelyn Smith (21) 2500m	55 yrs female	50m	98:27.13
8.	NCM Clarence River (NSW) Kieran Lynch (51) 2500m Simon Worboys (50) 2500m	101 yrs male	50m	101:50.00
9.	NCM Clarence River (NSW) Leonie Daley (66) 2500m Karen Urquhart (61) 2500m	127 yrs female	25m	102:06.00
10.	NCM Clarence River (NSW) Bobby Winger (64) 2500m Alan Lawrence (66) 2500m	130 yrs mixed	50m	104:02.73
11.	CAS Alice Springs (NT) Sarah Cullenane (56) 2500m Kay Bailey (62) 2500m	118 yrs female	50m	105:20.47
12.	NCM Clarence River (NSW) Timothy Cashman (62) 2500m Sue-Ellen Hyne (56) 2500m	118 yrs mixed	25m	109:59.33
13.	NWS Wests Auburn (NSW) Susan Bellamy (59) 2500m Maureen Hall (77) 2500m	136 yrs female	50m	118:27.72
14.	NET Ettalong (NSW) Kevin Haskell (68) 2500m Darren Bennett (52) 2500m	120 yrs male	50m	125:04.46

15.	NTR Trinity (NSW) Christine Pollett (64) 2500m Catherine Byrne (58) 2500m	122 yrs female	25m	128:16.74
16.	CAS Alice Springs (NT) Jill Brew (64) 2500m Christine Brickhill (62) 2500m	126 yrs female	50m	129:25.60
17.	NTR Trinity (NSW) John Kulhan (66) 2500m George Constanti (59) 2500m	125 yrs male	25m	135:42.00
18.	NWS Wests Auburn (NSW) Kerryn Blanch (44) 2500m Cassie Anderson (37) 2500m	81 yrs female	50m	137:00.57
19.	NET Ettalong (NSW) Marion Dreyer (70) 2500m Gordon Ferguson (79) 2500m	149 yrs mixed	50m	140:23.90
20.	NWS Wests Auburn (NSW) Terry Gainey (60) 2500m Hilary Morrison (71) 2500m	131 yrs male	50m	156:35.56

5 x 1000m RELAYS

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|----|--|----------------|-----|------------------|
| 1. | CAS Alice Springs (NT)
Brett Bailey (34) 1000m
William Willis (51) 1000m
Sarah Cullenane (56) 1000m
Alison Foster (57) 1000m
Sue Herbert (46) 1000m | 244 yrs mixed | 50m | 90:34.97 |
| 2. | NWS Wests Auburn (NSW)
Michael Parkinson (47) 1000m
Kerryn Blanch (44) 1000m
Jason Truong (24) 1000m
Daryl Slade (62) 1000m
Alan Harris (69) 1000m | 246 yrs mixed | 50m | 94:10.81 |
| 3. | NML Manly (NSW)
Ruth Fitzpatrick (69) 1000m
Sarah Brewer (52) 1000m
John Masters (65) 1000m
Greg Jewson (62) 1000m
Abel Bornstein (68) 1000m | 316 yrs mixed | 50m | 96:14.24 |
| 4. | CAS Alice Springs (NT)
Julie Collins (58) 1000m
Kay Bailey (62) 1000m
James Bristow (57) 1000m
Richard Austin (55) 1000m
Heather Bunting (54) 1000m | 286 yrs mixed | 50m | 104:39.75 |
| 5. | NML Manly (NSW)
Sue Johns (72) 1000m
Mary Woodward (65) 1000m
Sonja Walters (58) 1000m
Pamela Rawling (70) 1000m
Jan Bradshaw (64) 1000m | 329 yrs mixed | 50m | 105:09.26 |
| 6. | NCM Clarence River (NSW)
Chris Muldoon (65) 1000m
Alan Lawrence (65) 1000m
Richard Crofton (66) 1000m
John Morton (59) 1000m
Helmut Klein (76) 1000m | 332 yrs mixed | 50m | 109:17.49 |
| 7. | NML Manly (NSW)
Sonja Walters (58) 1000m
Pater Rawling (72) 1000m
Pamela Rawling (70) 1000m
Mary Woodward (65) 1000m
Suzanne Johns (72) 1000m | 337 yrs mixed | 50m | 111:42.32 |
| 8. | NWS Wests Auburn (NSW)
Terry Gainey (60) 1000m
Michael Parkinson (47) 1000m
Jason Truong (24) 1000m
Daryl Slade (62) 1000m
Hillary Morrison (71) 1000m | 264 yrs male | 50m | 113:36.35 |
| 9. | CAS Alice Springs (NT)
Christine Brickhill (62) 1000m
Annie Godwin (55) 1000m
Susan Henderson (54) 1000m
Amanda Doyle (55) 1000m
Jill Brew (64) 1000m | 290 yrs female | 50m | 124:25.83 |

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|-----|--|----------------|-----|-------------------|
| 10. | NWS Wests Auburn (NSW)
Susan Bellamy (59) 1000m
Kerryn Blanch (44) 1000m
Maureen Hall (77) 1000m
Cassie Anderson (37) 1000m
Beth Clothier (60) 1000m | 277 yrs female | 50m | 124:36.87 |
| 11. | NCM Clarence River (NSW)
Lynne Johnston (68) 1000m
Claire Ogle (65) 1000m
Richard Crofton (66) 1000m
Karen Campbell (60) 1000m
Lou Headon (57) 1000m | 316 yrs mixed | 50m | 125:27.21 |
| 12. | NWS Wests Auburn (NSW)
BACK STROKE
Terry Gainey (60) 1000m
Kerryn Blanch (44) 1000m
Michael Parkinson (47) 1000m
Daryl Slade (62) 1000m
Beth Clothier (60) 1000m | 273 yrs mixed | 50m | 125:41.23 |
| 13. | NWS Wests Auburn (NSW)
BREAST STROKE
Daryl Slade (62) 1000m
Cassie Anderson (37) 1000m
Kerryn Blanch (44) 1000m
Jason Truong (24) 1000m
Maureen Hall (77) 1000m | 244 yrs mixed | 50m | 132:20.43 |
| 14. | NWS Wests Auburn (NSW)
BREAST STROKE
Susan Bellamy (59) 1000m
Kerryn Blanch (44) 1000m
Maureen Hall (77) 1000m
Cassie Anderson (37) 1000m
Beth Clothier (60) 1000m | 277 yrs female | 50m | 150:32.54 |
| 15. | CAS Alice Springs (NT)
Kathryn Bailey (48) 1000m
Bev Ellis (71) 1000m
Bill Willis (79) 1000m
Jill Montgomery (55) 1000m
Krystine Paice-Brown (51) 1000m | 304 yrs mixed | 50m | 193:07.871 |

4 X 1250m RELAYS

1. **NCM Clarence River (NSW)** 254 yrs mixed 25m **96:46.36**
Mark Evans (62) 1250m
Matthew Eke (61) 1250m
Judy King (69) 1250m
Jillian Ennever (62) 1250m
2. **NBM Blue Mountains (NSW)** 262 yrs female 50m **100:31.41**
Kathy Dobson (60) 1250m
Sue Wiles (77) 1250m
Robin Griffiths (63) 1250m
Penny Rossiter (62) 1250m
3. **NCM Clarence River (NSW)** 224 yrs mixed 25m **109:29.04**
Lyn Eke (60) 1250m
Maria Evans (53) 1250m
Gregory Don (52) 1250m
James Wheeler (49) 1250m
4. **NTR Trinity (NSW)** 246 yrs male 25m **117:20.90**
Geoffrey Murphy (61) 1250m
Stephen Harlow (61) 1250m
Hoe Tong (64) 1250m
Edward Lange (60) 1250m
5. **NTR Trinity (NSW)** 232 yrs mixed 25m **121:16.35**
Francis Hanna (70) 1250m
Priscilla Strachan (45) 1250m
Kathryn Grant (58) 1250m
George Constanti (59) 1250m
6. **NWS Wests Auburn (NSW)** 240 yrs female 50m **138:30.99**
BACK STROKE
Susan Bellamy (59) 1250m
Kerryn Blanch (44) 1250m
Maureen Hall (77) 1250m
Beth Clothier (60) 1250m
7. **NWS Wests Auburn (NSW)** 217 yrs male 50m **143:29.34**
BREAST STROKE
Terry Gainey (60) 1250m
Hillary Morrison (71) 1250m
Daryl Slade (62) 1250m
Jason Truong (24) 1250m

10 X 500m RELAYS

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|----|---|---------------|-----|------------------|
| 1. | CAS Alice Springs (NT)
Richard Austin (55) 500m
Brett Bailey (35) 500m
William Willis (51) 500m
Heather Bunting (54) 500m
Clare Hand (36) 500m
Julie Collins (58) 500m
Susan Henderson (54) 500m
Sarah Cullenane (56) 500m
James Bristow (57) 500m
Alison Foster (57) 500m | 512 yrs mixed | 50m | 97:23.84 |
| 2. | NCM Clarence River (NSW)
Nicole Don (60) 500m
Robyn Wattus (63) 500m
Alan Scholfield (65) 500m
Judy King (69) 500m
Gai Pritchett (62) 500m
Janet Pickup (61) 500m
Sue-Ellen Hyne (56) 500m
Gregory Don (52) 500m
Leonie Daley (66) 500m
Bob Wattus (64) 500m | 628 yrs mixed | 25m | 120:21.26 |
| 3. | CAS Alice Springs (NT)
Bill Willis (79) 500m
Annie Godwin (55) 500m
Jill Montgomery (55) 500m
Amanda Doyle (55) 500m
Pauline Walsh (57) 500m
Krystine Paice-Brown (51) 500m
Kathryn Bailey (48) 500m
Jill Brew (64) 500m
Bev Ellis (71) 500m
Barb McIlvain (78) 500m | 613 yrs mixed | 50m | 172:20.65 |