



**masters
swimming**
NEW SOUTH
WALES

MSNSW Long Distance Championships

Blacktown Aquatic Centre -
Boyd St, Blacktown
16/11/2014

V3 amended 12/11/2014

MASTERS SWIMMING NSW
NSW Long Distance Championships
Blacktown Aquatic Centre

Sunday - 16/11/2014

Warm Up – 8:00 to 8:45am, Start – 9:00am

		Estimated Start Time
1	1500m Freestyle	09:00 AM
2A	800m Butterfly	12:30 PM
2B	800m Backstroke	12:50 PM
2C	800m Breaststroke	01:30 PM
2D	800m Individual Medley	02:15 PM
3	400m Freestyle	02:40 PM
4A	400m Butterfly	03:30 PM
4B	400m Backstroke	03:40 PM
4C	400m Breaststroke	04:20 PM
4D	400m Individual Medley	04:50 PM
	Finish Time	05:10 PM
	Swimmer Count: 129	

Swimmers should consider the above estimated times to be approximate only.

Note that they are based on:

- one swimmer to a lane
- heats seeded from fastest to slowest
- standard start for the first heat of each event, and
- staggered starts for subsequent heats of each event.

Officials

Meet Director:	Jane Noake
Meet Referee:	Richard Vander Reyden
Referee:	Jodie Burke, Di Coxon Ellis, Carol Dawson, Sue Johnstone, Neil Keele, Peter McGee, Dennis Moore, Gary Stutsel, Jane Noake
Inspector of Turns:	Wendy Gordon, Helen Rubin, Owen Sinden, Sue Wiles
Starter:	Colvin Ellis, Allan Walsh, Karen Walsh
Chief Timekeeper:	Paul Bailey, Colvin Ellis
Marshal/Check Starter:	Kerryn Blanch, Colleen Garland, Lawrence Powderley, Jamie Turner
Recorder:	Mark Hepple

Timekeeping

All swimmers are requested to complete their share of timekeeping duties to ensure that the meet proceeds in a timely manner and is enjoyed by all.

Note that there are 129 swimmers entered in 236 individual swims, totalling 58½ hours of swimming. To maintain 2 timekeepers in 8 lanes throughout the meet, each swimmer (excluding technical officials) will need to timekeep for at least **1 hour**.

2014 Official of the Year & 2014 Coach of the Year

Please consider submitting a nomination for anyone you think has achieved excellence as a Technical Official or Coach during 2014.

Criteria and nomination forms are available on the [website](#), and must be submitted by January 24, 2015.



Masters Swimming NSW
'Sunsmart' Policy and **'No Smoking'** policy
will apply at this meet.

Swimmers

Name	Sex	Age	Events	Name	Sex	Age	Events	
Blacktown City				Ettalong				
1	Megan Blamires	F	45	2B, 4D	1	Marion Dreyer	F 67	1, 4B
2	Jon Hawton	M	50	1, 4B	2	Colleen Garland	F 61	4B
3	Scott Hay	M	45	3, 4C	3	Cameron Horn	M 55	2D, 4D
4	Clary Munns	F	70	2B, 4A	Total Individual Entries: 5			
Total Individual Entries: 9				Ginninderra				
Blue Mountains Phoenix				1 Patrick Thomas				
1	Kay Burton	F	75	4D	Total Individual Entries: 1			
2	Kathryn Dobson	F	57	2B, 3	Lake Macquarie Crocs			
3	Melanie Holdsworth	F	34	3, 4D	1 Gordon Creek			
4	Russell Merrick	M	45	2D, 4A	Total Individual Entries: 2			
5	Jillian Pateman	F	55	1, 3	Lane Cove Masters			
6	Sue Wiles	F	74	2B, 3	1 Jenni Burgess			
Total Individual Entries: 11				2 Hugo Foong				
Bush Rangers				3 Hiroshi Mizutani				
1 Kylie Woods				4 John Notley				
Total Individual Entries: 2			Total Individual Entries: 7					
Campbelltown Collegians				Liverpool Leatherjackets				
1 Victor Libdy				1 Anissa Abela				
2 Russell McLeod				2 Sean Donovan				
3 Owen Sinden				3 Vesna Mirkovic				
Total Individual Entries: 6			4 Sarah Mulligan					
Castle Hill				5 Jenny Shay				
1 Mark Burrough				Total Individual Entries: 9				
2 Heather Cachia				Manly				
3 Kerri Genovese				1 Katherine Ahern-Sharpe				
4 Kathryn Henson				2 Jan Bradshaw				
5 Angelique Solimon				3 Lindsay Brice				
6 Amanda U				4 Annie Gurton				
Total Individual Entries: 11			5 Stephen Lamy					
Cessnock				6 Dale Moore				
1 Stephen Irwin				7 Barry Seymour				
2 Dennis Moore				8 Vincent Squillace				
3 Gail Wright				9 Marie Taylor				
Total Individual Entries: 6			10 Raymond Watson					
Coogee-Randwick				Total Individual Entries: 20				
1 Katherine de Bry				Merrylands				
2 Gary Nicholls				1 Melissa Cohen				
3 Mark O'Sullivan				2 Mathew Edsall				
Total Individual Entries: 5			3 Graham Edwards					
Cronulla Sutherland				4 Ian Johnston				
1 Anita Saviane				5 Patricia Johnston				
2 Beryl Stenhouse				6 Peter Johnston				
3 Stephen White				7 Craig Leckie				
Total Individual Entries: 6			8 Kylee Murray					
				9 Alison Sakurovs				
				10 Ian Wilson				
				Total Individual Entries: 19				

Swimmers (cont'd)

Name	Sex Age	Events	Name	Sex Age	Events
North Sydney			St George		
1 John de Vries	M 56	2B, 4B	1 Kim Beazley	M 60	1, 4B
2 Peter Gregory	M 40	1	Total Individual Entries: 2		
3 Helen White	F 64	1	Sutherland Sandbern		
4 Alice Wilson	F 30	3, 4C	1 Nicholas Grinter	M 23	1, 4B
Total Individual Entries: 6			2 Colin Stanford	M 76	1, 3
Novocastrian			3 Stephen Thompson	M 55	2C, 4D
1 Robin Carson	F 75	2B, 4B	Total Individual Entries: 6		
2 Wendy Gordon	F 61	1, 4C	Tuggeranong		
3 Michelle Herms	F 54	2D, 4A	1 Katrina Burgess	F 47	2B, 4A
4 Michael Hickerton	M 61	2C, 4C	2 Leisa Cass	F 53	2B, 4C
5 Rhonda O'Donnell	F 50	2A, 3	3 Brenda Day	F 65	2D, 4B
6 Cherie Walters	F 45	1, 3	4 Roger Dietrich	M 52	1, 3
Total Individual Entries: 12			5 Suzie Gunning	F 52	1, 3
Oak Flats			6 Caroline Makin	F 46	1, 3
1 Robert Kirkbride	M 71	1, 4D	7 Tara Olsthoorn	F 31	1
2 Geoff White	M 63	1, 3	8 Ann Reid	F 52	2A, 4D
Total Individual Entries: 4			9 Gary Stutsel	M 75	2B, 4D
Penrith			Total Individual Entries: 17		
1 Stephen de Lorenzo	M 58	1, 3	Warringah		
2 Sally Hatcher	F 58	2C, 4D	1 Paul Bailey	M 53	2A, 4A
Total Individual Entries: 4			2 Graham Campbell	M 70	1, 4B
Port Macquarie			3 Bridget Cook	F 70	2C, 4C
1 Margaret Jopling	F 79	2B, 4B	4 Brendan Foley	M 40	1
Total Individual Entries: 2			5 Wilson Gamble	M 70	1, 4D
Ryde			6 Peter Kaupert	M 73	2B, 4B
1 Khyiah Angel	F 49	1, 4B	7 James Reynolds	M 74	3, 4C
2 Alan Burgess	M 63	1, 3	8 Tony Tooher	M 52	3, 4C
3 Yvette Cotton	F 43	1, 3	Total Individual Entries: 15		
4 Ailsa Jeanes	F 47	2A, 4B	Wests Auburn		
5 Helen Rubin	F 62	1, 4C	1 Cassie Anderson	F 34	1, 4B
6 Jamie Turner	F 73	2B, 3	2 Susan Bellamy	F 56	1
7 Vicky Watson	F 48	3	3 Kerry Blanch	F 41	2A, 4A
8 Jenny Whiteley	F 56	2C, 3	4 Terry Gainey	M 57	3, 4B
Total Individual Entries: 15			5 Roger Montgomery	M 69	2B, 4B
Seaside Pirates			Total Individual Entries: 9		
1 Emma Bartley	F 25	2B, 3	Wett Ones		
2 Jodie Burke	F 37	3, 4A	1 Damon Kendrick	M 55	1
3 Biff Grindley	F 67	1	2 Peter McGee	M 64	1, 4B
4 Rachel Ireland	F 48	1, 3	3 Ruairi O'Connor	M 39	1, 3
5 Jane Noake	F 57	3, 4D	4 Wayne Sherson	M 52	1
6 John Payne	M 54	4B	Total Individual Entries: 6		
7 Sandi Rigby	F 69	1, 3	Wollongong		
8 Heidi Roche	F 42	3, 4D	1 Sue Johnstone	F 61	3
9 Emma Rogers	F 21	3, 4B	Total Individual Entries: 1		
10 Sandra Rogers	F 50	1, 3	Wyong Wobbygongs		
11 William Watkins	M 52	1, 3	1 Aileen Williams	F 73	3
Total Individual Entries: 20					

Event Seeding

Name	Sex/Age	Club	Time
Event 1 1500m Freestyle			
1	Nicholas Grinter	M23 NSA	19:30.00
2	Damon Kendrick	M55 NWO	19:59.00
3	Jon Hawton	M50 NBT	20:00.00
4	Peter Gregory	M40 NNS	20:45.00
5	Ian Wilson	M49 NMR	21:21.00
6	Barry Seymour	M67 NML	22:00.00
7	Stephen de Lorenzo	M58 NPN	22:00.00
8	Mathew Edsall	M34 NMR	22:06.00
9	Peter Johnston	M35 NMR	22:08.00
10	Wayne Sherson	M52 NWO	22:30.00
11	Caroline Makin	W46 NTN	22:35.00
12	Mark O'Sullivan	M48 NCR	22:50.00
13	Patrick Thomas	M53 NGN	23:00.00
14	Tara Olsthoorn	W31 NTN	23:00.00
15	Rachel Ireland	W48 NSP	23:07.00
16	Sandra Rogers	W50 NSP	23:07.00
17	Vincent Squillace	M45 NML	23:45.00
18	William Watkins	M52 NSP	24:00.00
19	Cherie Walters	W45 NNC	24:00.00
20	Suzie Gunning	W52 NTN	24:15.00
21	Dale Moore	M43 NML	24:30.00
22	Wilson Gamble	M70 NWG	24:59.40
23	Kylee Murray	W48 NMR	25:22.00
24	Kim Beazley	M60 NSG	25:30.00
25	Stephen White	M45 NCS	25:30.00
26	Ruairi O'Connor	M39 NWO	26:00.00
27	Wendy Gordon	W61 NNC	26:00.00
28	Peter McGee	M64 NWO	26:00.00
29	Yvette Cotton	W43 NRY	27:22.00
30	Anissa Abela	W44 NLP	28:00.00
31	Sarah Mulligan	W26 NLP	28:00.00
32	Geoff White	M63 NOF	28:00.00
33	Jillian Pateman	W55 NBM	28:00.00
34	Craig Leckie	M53 NMR	28:00.00
35	Marie Taylor	W61 NML	29:00.00
36	Lindsay Brice	M63 NML	29:00.00
37	Brendan Foley	M40 NWG	29:06.24
38	Helen White	W64 NNS	30:00.00
39	Kerri Genovese	W53 NCL	30:00.00
40	Jenni Burgess	W55 NLC	30:00.00
41	Robert Kirkbride	M71 NOF	30:00.00
42	Jenny Shay	W54 NLP	30:00.00
43	Russell McLeod	M64 NCT	30:30.00
44	Colin Stanford	M76 NSA	31:00.00
45	Susan Bellamy	W56 NWS	31:00.00
46	Sandi Rigby	W69 NSP	32:00.00
47	Roger Dietrich	M52 NTN	32:00.00
48	Vesna Mirkovic	W57 NLP	32:00.00
49	Stephen Irwin	M64 NCK	33:00.00
50	Gail Wright	W63 NCK	33:20.00
51	Marion Dreyer	W67 NET	34:06.00
52	Alan Burgess	M63 NRY	34:08.00

Name	Sex/Age	Club	Time
Event 1 1500m Freestyle (cont'd)			
53	Helen Rubin	W62 NRY	37:00.00
54	Cassie Anderson	W34 NWS	38:00.00
55	Khyiah Angel	W49 NRY	39:00.00
56	Biff Grindley	W67 NSP	40:00.00
57	Gordon Creek	M73 NMS	40:00.00
58	Victor Libdy	M55 NCT	42:00.00
59	Graham Campbell	M70 NWG	45:54.00
Event 2A 800m Butterfly			
1	Ailsa Jeanes	W47 NRY	17:17.00
2	Ann Reid	W52 NTN	18:50.00
3	Paul Bailey	M53 NWG	19:22.80
4	Rhonda O'Donnell	W50 NNC	20:00.00
5	Kerryn Blanch	W41 NWS	20:00.00
Event 2B 800m Backstroke			
1	John de Vries	M56 NNS	11:56.00
2	Stephen Lamy	M65 NML	13:00.00
3	Megan Blamires	W45 NBT	14:00.00
4	Katrina Burgess	W47 NTN	14:00.00
5	Emma Bartley	W25 NSP	14:30.00
6	Amanda U	W34 NCL	14:30.00
7	Kathryn Dobson	W57 NBM	14:40.00
8	Clary Munns	W70 NBT	14:45.00
9	Peter Kaupert	M73 NWG	14:47.40
10	Kylie Woods	W44 NBR	14:56.00
11	Leisa Cass	W53 NTN	16:35.30
12	Katherine Ahern-Sharpe	W51 NML	16:37.00
13	Gary Stutsel	M75 NTN	17:30.00
14	Robin Carson	W75 NNC	23:00.00
15	Sue Wiles	W74 NBM	23:00.00
16	Heather Cachia	W68 NCL	25:00.00
17	Roger Montgomery	M69 NWS	25:12.00
18	Jamie Turner	W73 NRY	28:00.00
19	Margaret Jopling	W79 NPM	NT
Event 2C 800m Breaststroke			
1	Jenny Whiteley	W56 NRY	14:00.00
2	Stephen Thompson	M55 NSA	15:00.00
3	Hiroshi Mizutani	M46 NLC	15:00.00
4	Owen Sinden	M59 NCT	15:00.00
5	Mark Burrough	M58 NCL	17:00.00
6	Angelique Solimon	W43 NCL	17:30.00
7	Bridget Cook	W70 NWG	18:21.60
8	Sally Hatcher	W58 NPN	20:00.00
9	Graham Edwards	M55 NMR	20:00.00
10	Michael Hickerton	M61 NNC	20:30.00
11	Raymond Watson	M77 NML	22:00.00

Event Seeding (cont'd)

Name				Sex/Age	Club	Time	Name				Sex/Age	Club	Time
Event 2D 800m IM							Event 3 400m Freestyle (cont'd)						
12	Dennis Moore	M65	NCK	23:00.00	42	Jodie Burke	W37	NSP	8:50.00				
13	Beryl Stenhouse	W75	NCS	28:00.00	43	Gordon Creek	M73	NMS	9:10.00				
1	Cameron Horn	M55	NET	12:20.00	44	Annie Gurton	W65	NML	9:20.00				
2	Russell Merrick	M45	NBM	13:00.00	45	Katherine de Bry	W66	NCR	9:30.00				
3	Michelle Herms	W54	NNC	14:30.00	46	Terry Gainey	M57	NWS	10:00.00				
4	Brenda Day	W65	NTN	18:30.00	47	Victor Libdy	M55	NCT	10:00.00				
5	Anita Saviane	W71	NCS	20:30.00	48	Jamie Turner	W73	NRV	10:30.00				
6	Kathryn Henson	W52	NCL	26:00.00	49	Sue Johnstone	W61	NWL	12:00.00				
Event 3 400m Freestyle							50	Beryl Stenhouse	W75	NCS	12:00.00		
1	Stephen de Lorenzo	M58	NPN	5:12.41	51	John Notley	M87	NLC	13:00.00				
2	Emma Rogers	W21	NSP	5:15.00	52	Aileen Williams	W73	NWY	19:00.00				
3	Jenny Whiteley	W56	NRV	5:15.00	Event 4A 400m Butterfly								
4	Sandra Rogers	W50	NSP	5:28.00	1	Russell Merrick	M45	NBM	6:50.00				
5	Tony Toohar	M52	NWG	5:33.54	2	Michelle Herms	W54	NNC	6:55.00				
6	Scott Hay	M45	NBT	5:35.00	3	Katrina Burgess	W47	NTN	7:50.00				
7	Caroline Makin	W46	NTN	5:35.00	4	Clary Munns	W70	NBT	8:00.00				
8	Rachel Ireland	W48	NSP	5:35.00	5	Paul Bailey	M53	NWG	9:41.40				
9	Emma Bartley	W25	NSP	5:40.00	6	Kerryn Blanch	W41	NWS	9:45.00				
10	Cherie Walters	W45	NNC	5:40.00	7	Jodie Burke	W37	NSP	9:55.00				
11	Barry Seymour	M67	NML	5:40.00	Event 4B 400m Backstroke								
12	William Watkins	M52	NSP	5:55.00	1	Jon Hawton	M50	NBT	5:20.00				
13	Vicky Watson	W48	NRV	6:00.00	2	John de Vries	M56	NNS	5:44.00				
14	Alison Sakurovs	W29	NMR	6:00.00	3	Dale Moore	M43	NML	5:55.00				
15	Rhonda O'Donnell	W50	NNC	6:00.00	4	Nicholas Grinter	M23	NSA	6:06.00				
16	Suzie Gunning	W52	NTN	6:10.00	5	Stephen Lamy	M65	NML	6:15.00				
17	Kathryn Dobson	W57	NBM	6:15.00	6	Mathew Edsall	M34	NMR	6:30.00				
18	Sarah Mulligan	W26	NLP	6:15.00	7	Emma Rogers	W21	NSP	6:30.00				
19	Heidi Roche	W42	NSP	6:20.00	8	Ailsa Jeanes	W47	NRV	6:45.00				
20	Gary Nicholls	M74	NCR	6:30.00	9	Hiroshi Mizutani	M46	NLC	7:00.00				
21	Yvette Cotton	W43	NRV	6:41.00	10	John Payne	M54	NSP	7:00.00				
22	Jillian Pateman	W55	NBM	6:50.00	11	Vincent Squillace	M45	NML	7:00.00				
23	Sean Donovan	M49	NLP	6:50.00	12	Gary Nicholls	M74	NCR	7:10.00				
24	Geoff White	M63	NOF	6:55.00	13	Kylie Woods	W44	NBR	7:11.00				
25	Hugo Foong	M29	NLC	6:55.00	14	Peter Kaupert	M73	NWG	7:18.60				
26	Ruairi O'Connor	M39	NWO	7:00.00	15	Kim Beazley	M60	NSG	7:20.00				
27	Jan Bradshaw	W61	NML	7:10.00	16	Katherine Ahern-Sharpe	W51	NML	7:47.00				
28	Jane Noake	W57	NSP	7:30.00	17	Jan Bradshaw	W61	NML	7:50.00				
29	Craig Leckie	M53	NMR	7:30.00	18	Peter McGee	M64	NWO	8:00.00				
30	Colin Stanford	M76	NSA	7:31.00	19	Marie Taylor	W61	NML	8:10.00				
31	Alan Burgess	M63	NRV	7:35.00	20	Brenda Day	W65	NTN	8:40.00				
32	Melanie Holdsworth	W34	NBM	7:36.00	21	Anissa Abela	W44	NLP	8:46.00				
33	Melissa Cohen	W49	NMR	7:38.33	22	Heather Cachia	W68	NCL	10:00.00				
34	James Reynolds	M74	NWG	7:39.00	23	Cassie Anderson	W34	NWS	10:00.00				
35	Gail Wright	W63	NCK	7:40.00	24	Dennis Moore	M65	NCK	10:00.00				
36	Roger Dietrich	M52	NTN	7:40.00	25	Annie Gurton	W65	NML	10:30.00				
37	Ian Johnston	M62	NMR	7:52.25	26	Terry Gainey	M57	NWS	10:30.00				
38	Alice Wilson	W30	NNS	8:00.00	27	Katherine de Bry	W66	NCR	10:50.00				
39	Sue Wiles	W74	NBM	8:30.00	28	Khyiah Angel	W49	NRV	11:00.00				
40	Sandi Rigby	W69	NSP	8:30.00									
41	Stephen Irwin	M64	NCK	8:30.00									

Event Seeding (cont'd)

Name				Sex/Age	Club	Time	Name				Sex/Age	Club	Time
Event 4B 400m Backstroke (cont'd)						Event 4D 400m IM (cont'd)							
29	Marion Dreyer	W67	NET	11:14.00	16	Jane Noake	W57	NSP	9:30.00				
30	Robin Carson	W75	NNC	11:30.00	17	Melanie Holdsworth	W34	NBM	9:40.00				
31	Roger Montgomery	M69	NWS	12:10.00	18	Kay Burton	W75	NBM	10:45.00				
32	Graham Campbell	M70	NWG	12:26.64									
33	John Notley	M87	NLC	13:00.00									
34	Colleen Garland	W61	NET	16:00.00									
35	Margaret Jopling	W79	NPM	NT									
Event 4C 400m Breaststroke													
1	Peter Johnston	M35	NMR	6:25.23									
2	Tony Tooher	M52	NWG	6:48.00									
3	Scott Hay	M45	NBT	6:50.00									
4	Ian Wilson	M49	NMR	7:00.00									
5	Owen Sinden	M59	NCT	7:10.00									
6	Wendy Gordon	W61	NNC	7:50.00									
7	Sean Donovan	M49	NLP	8:00.00									
8	James Reynolds	M74	NWG	8:09.60									
9	Mark Burrough	M58	NCL	8:30.00									
10	Angelique Solimon	W43	NCL	8:35.00									
11	Lindsay Brice	M63	NML	8:40.00									
12	Graham Edwards	M55	NMR	8:58.85									
13	Melissa Cohen	W49	NMR	9:00.00									
14	Leisa Cass	W53	NTN	9:20.10									
15	Jenny Shay	W54	NLP	9:30.00									
16	Michael Hickerton	M61	NNC	9:30.00									
17	Bridget Cook	W70	NWG	10:01.80									
18	Anita Saviane	W71	NCS	10:25.00									
19	Raymond Watson	M77	NML	10:30.00									
20	Ian Johnston	M62	NMR	11:26.31									
21	Kathryn Henson	W52	NCL	12:00.00									
22	Patricia Johnston	W61	NMR	14:00.00									
23	Alice Wilson	W30	NNS	15:00.00									
24	Helen Rubin	W62	NRV	NT									
Event 4D 400m IM													
1	Cameron Horn	M55	NET	5:55.00									
2	Stephen Thompson	M55	NSA	6:35.00									
3	Heidi Roche	W42	NSP	6:50.00									
4	Megan Blamires	W45	NBT	7:10.00									
5	Amanda U	W34	NCL	7:15.00									
6	Alison Sakurovs	W29	NMR	7:20.00									
7	Stephen White	M45	NCS	7:30.00									
8	Russell McLeod	M64	NCT	7:45.00									
9	Kylee Murray	W48	NMR	8:00.00									
10	Wilson Gamble	M70	NWG	8:09.60									
11	Ann Reid	W52	NTN	8:20.00									
12	Hugo Foong	M29	NLC	8:30.00									
13	Gary Stutsel	M75	NTN	8:30.00									
14	Robert Kirkbride	M71	NOF	9:00.00									
15	Sally Hatcher	W58	NPN	9:30.00									