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June 2011

2010 Awards at the AGM Presentation Lunch—21 May 2011

After the AGM the annual awards were presented at the luncheon. The winners of the main awards were:

Club of the Year 2010: Warringah Masters

Administration Award 2010:

Jamie Turner (Ryde)

Gary Stutsel Award 2010:

Sue Wiles (Blue Mountains)

Female Swimmer of the Year 2010:

Kate Lewis (Campbelltown)

Male Swimmer of the Year 2010:

Max Van Gelder (Warringah)

Branch Pointscore (BPS) winners 2010

Division 1: **Warringah**

Division 2: **Wett Ones**

Division 3: **St George**

Division 4: **Castle Hill RSL**

**** Highest % increase in BPS and Championships points by Division**

Div 1 **Ryde** Div 3 **Oak Flats** (nil in Div 2 & 4)

BPS Average Points 2010 Division 1:

Wyong Wobbygongs

**** BPS Average Points 2010 Division 2-4:**

Blue Mountains, Oak Flats and Castle Hill

Brian Hird Trophy 2010: Seaside Pirates

Sue Johnstone Trophy 2010: Blacktown City

National Aerobic Trophies

NSW Total Aerobic Points:

Campbelltown Collegians

NSW Average Points:

Campbelltown Collegians

**** Highest % increase in membership 2009-10:**

Cronulla Sutherland

** New award 2010



Well deserved Gary Stutsel award recipient, Sue Wiles

Fabulous embroidered towels were presented to the following fifteen swimmers who gained maximum points (390) in the National Aerobic Scheme:

Helga Duncan, Kate Lewis, Heather Rouen, Russell

McLeod, James Pelosa and Owen Sinden (Campbelltown); Brenda Day, Liliana Gilroy, Pam Munday and Ann Reid (Tuggeranong); Maxine Peacock-Smith and Nick Woodhams (Warringah) Jenny Whiteley (Ryde); David King (Castle Hill) and Michael Parkinson (Wests Auburn).



Owen Sinden collects Campbelltown aerobic towels

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Wilson Gamble accepts the Club of the Year 2010 from Stuart Meares

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More towels were presented to eleven who completed all swims in the National Aerobic Scheme:

Helen Rubin (Ryde) 363 points; Geoffrey Llewellyn (Molonglo) 361 points; David Bale (Tuggeranong) 347 points; Kerry Blanch (Wests Auburn) 325 points; Marguerite Davidson (Campbelltown) 311 points;



Bonnie Cook represents Wyong Wobbygongs, winner of BPS Average pts trophy

Diane Baker (Campbelltown) 308 points; Margaret Peterson (Prairiewood) 299 points; Andrea Teunissen (Tuggeranong) 288 points; Tanya Colyer (Molonglo) 269 points; John Kulhan (Trinity) 261 points; and Hilary Morrison (Wests Auburn) 152 points.

MSNSW encourages all clubs to nominate worthy volunteers for annual awards so that their contribution does not go unrecognised. The full list of all award winners and photos can be seen on the Awards page of the MSNSW website.



Sue Johnstone presents her award to Blacktown's Scott Hay

Thanks to Terry Gainey of Wests Auburn for these great shots.

Wyong Wobbygongs President's Vision Fulfilled

Arriving at Gwandalan on the Central Coast in 2001, I was an active member of Warringah Masters and continued my membership. In 2003 I felt there was a need in the community for a masters swimming club. I approached my employer, President of Toukley Titans Swimming Club Mark Pratley, who agreed I could run a masters club under their affiliation, which was a great start. Hence Titans AUSSI club was formed with four enthusiastic members ready to swim. With help and publicity from the local papers, membership started to grow and soon reached six. Even though we only met and trained in a 17.5 m teaching pool, the club was placed in Division 4. Our goal for the future at that time was to branch out independently from the age group club and assume our own identity.

On 21 November 2004, with seven members all contributing to naming our club, we were officially affiliated and became WYONG WOBBYGONGS. By the end of 2005 membership had grown to 10 and we knew the thrill of competition and achieving personal goals. We blitzed the IPS point score and won Division 4. We were promoted to Division 3.

Our growing year was 2006. Starting off with 12, after a considerable family growth our membership

boasted 17 which has formed our great core of wonderful people who represent the true spirit of AUSSI with fun, fitness and friendship their main priority. Current membership is 24. All our members are eagerly awaiting the arrival of Jade's baby in June and hope everything goes well. *(Ed. Note: Born 31 May.)*

As the founder and President I would like to say congratulations to all our members for achieving first place for 2010 in the highest Club Average Point Score award with 199.67 pts. Thank you, and keep swimming!

Ruth Wall, President, Wyong Wobbygongs



Clubs Online Goes Online Only

At the MSNSW AGM on 21 May, 2011 it was announced that the National Board meeting decided that manual registration will no longer be accepted on a national or branch level from 1 September, 2011.

The National Board decision reads as follows:

From 1 September, 2011 (2012 registrations) all member registrations shall be via the online (Clubs Online) portal.

At the May MSNSW Board meeting it was decided to follow the national decision and only accept online branch payments or the branch would have been responsible for putting any manual registrations through online thereby needing a branch credit card.

This means that all registrations will need to be done on Clubs Online. This will eliminate the chance of errors from the manual triple handling of monies from member to club, to branch and then onto national.

It is now up to the clubs to choose how you wish your members to pay. Clubs can still accept manual payments from any members who cannot access the internet (hopefully only a few) and then put through a back end, offline payment for the members' branch and national fee.

The obvious benefit is the hugely reduced administrative time spent on a branch level chasing clubs for money. It will also make the role of the club registrar a lot easier.

Currently manual payments involves 1) accept cash/cheque/EFT payment from the member; 2) calculate and extract the club component 3) pass on the branch and national component to the branch 4) the branch calculates and extracts their component and 5) at the end of the month calculates the national component and forwards payment to the national office with a reconciliation of all the clubs components for that month.

The Clubs Online payment gateway eliminates any of this as it provides for disbursement of funds to all three levels electronically, all within a few days of receipt.

The club treasurer has full control over the process by accessing the settlement reports. (Please note that manual **club** payment records will have to be kept elsewhere as only the national and branch fees will be recorded on the database). Branches can also keep track of payments for easier reconciliations to be made.

Clubs still have complete control over who joins their organisation: When a member pays online, they do not become an active member until the club registrar or authorised person goes into Clubs Online and activates their status. This is extra protection for the club so that if a person registers online and they are unknown to the club or is deemed unacceptable, they remaining on PENDING or ONLINE and cannot enter meets or gain any other Masters Swimming benefits.

There is also a reduction in the amount of paperwork for clubs. When the member registers online they fill out all of the relevant information needed for the club. Clubs can add extra required fields of information e.g. where did you hear about us? CPR/ First Aid qualifications etc. The registering member also reads and accepts the disclaimer online therefore saving more paper. Think of the trees we save!

The database can generate group emails with attachments for better communication with your club members.

Members can be advised of their LOGIN details in this way also. They can log in to change their membership details at any time saving handing out and processing paper application forms each year or any change of details forms.

Clubs and branches can design different membership types so members can receive discounts for such types as coaches, social or family memberships with whatever fee the club feels is appropriate.

There is also the easy export of member's details into an XL spreadsheet by creating your own templates to include the relevant details e.g. emergency contact lists, posting newsletter lists and so on. Or you can simply export ALL DETAILS on a blank template and delete any unnecessary columns.

Training will be provided on request from the Branch and National office so the transition goes smoothly. Sarah Roach will be available from June to September for Skype sessions for individual registrars during business hours. You can book in meeting times via email.

Anyone who has any concerns can contact the branch office or Sarah in the National office for assistance.

Di Coxon-Ellis

Meet Reports

Blacktown: 27 March 2011

Round 4 was held at the Blacktown Aquatic Centre. We had been approached from MSNSW to possibly move our meet date forward from May and were more than happy to accommodate as this would work well for us too. We were fortunate enough to book the pool on the date which was available and it was all systems go.

As it was only late March we were still able to have the full 8 lanes in the indoor pool for competition and the outdoor pool for warm ups and swim downs. We were blessed with a good day weather wise.

Attendance was quite good, we had approximately 190 swimmers from many clubs, far and wide. Many swimmers would use this meet as one of their prep swims for the upcoming Branch long course and National Championships which were both coming up within the month of this meet.

As a point of difference for this meet, we decided that we would offer prizes for the swimmers who swim closest to their nominated times in both the 50m freestyle and 50m backstroke events. We also offered swimmers the chance to do a total of two 100m swims if they so wished, as well as a 200m event of their choice. This seemed to be well received.

We started off a little late due to a minor hiccup with the touchpad recording system.

Unfortunately we were unable to use the almost brand new, fantastic, red L.E.D. 8 lane electronic scoreboard as it had 'blown up' after a heap of condensation from an air conditioner unit above it had recently leaked onto it. This was a real shame as this was a fantastic addition to the pool for swim meets.

The 200 IM was the first event followed by the other 200m events. Things seemed to run fairly smoothly throughout the day until a medical emergency added a bit of drama towards the end of the meet. Thank heavens our own Jodie Burke (with vast medical emergency knowledge) was on hand immediately to treat the patient and the situation was dealt with calmly and professionally with a good outcome all round.

During the meet our own Clary Munns set a new National record in the Women's 65-69 200 IM. Barbara Vickers from Manly had a big day out, claiming three branch records in the three breaststroke events in the women's 85-89 age group. Barbara has obviously been

doing her breaststroke drills! Pam Munday from Tuggeranong set a new branch record in the women's 60-64 200m breaststroke. Val Lincoln from Gosford set a new branch record in the women's 85-89 50m freestyle. Congratulations to all those swimmers.

For the awards and trophies for the meet, home club Blacktown (691 points) narrowly pipped Warringah (638 points) for the overall points trophy.

In the average points trophy, Coogee-Randwick (31.2) finished ahead of Novocastrian (30.5).

A barbeque was enjoyed on the lawns by many at the conclusion of the meet and Michael Peterson's home brews proved to be as popular as ever.

Thanks to all swimmers and partners etc who assisted with timekeeping throughout the meet. Thanks to the officials and volunteers who made the meet possible.

Thanks to all of the clubs and their swimmers who attended our annual swim meet, we certainly enjoyed having you at Blacktown, and hope to see even more of you here next year.

Scott Hay, Club Captain

Ettalong Pelicans: 14 May 2011

The Pelicans members who got involved in the meet preparations and ensured that things went well, ended the day with a quiet smile of satisfaction. We know the club got great support and service from the pool staff and we are fortunate in having Peninsula Leisure Centre as a venue. Ann Ferguson and Helen Heber deserve a special mention for their work in several important functions throughout the day.

Swim meets are very "officials heavy" events and the ready co-operation of many people is such a great feature of Masters Swimming, and their competence ensured a smooth running of swims throughout the meet. Neil Keele and Colleen Garland deserve particular praise for the program preparation and Colleen, Bronwyn Murray and Ellen Sheerin did the data entry throughout the day. Also the great work of Noel Partridge and Linda Ilsley at the Marshal's table, and that of the Check Starters meant that there were no hold-ups. When the relays start loomed as a problem, young Noel stepped forward and sorted things very smartly. The Chief Timekeeper crew did a fine job and although there was the usual tension replacing

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timekeepers, this was not a major problem. I often think that those who never take a watch miss out on the social contact that is a beautiful feature of our sport.

POINT SCORE: In the Club points, Novocastrians were top followed by Warringah and Nick Woodcock took the chance to give the runners-up a bit of a stir. Blacktown finished third followed by Ryde, Manly, Cessnock and Wyong, but hopefully all the competitors enjoyed their swimming with a total of 29 clubs involved.

RECORDS: We love to see them broken, don't we? But sadly they were not announced on the day. So, John Williams (NET) 19 years, broke the branch record in the 25m Fly and the other young bloke, Adam Beisler (NNC) 25-29 years broke a National record in the 100m Fly and a branch record in 25m Fly. Also setting a new National time for the 35-39 years in 100m IM was Ian Jeffery (NNC). Natalie Jefferys (NWY) broke the branch record in the 35-39 years 50m Breaststroke and Haydn Wood (NWO) set a new branch time for 25m Fly for men's 45-49. Paul Wyatt (NCR) had a fabulous meet. Four swims for four branch records for men's 65-69. Paul set records in 100m IM, 25m and 50m Fly and ripped 30 seconds off the 200m Fly time. Shirley Claydon (NPM) broke the branch time for 25m Fly. Then there was Barbara Vickers-Baker (NML) who slashed large amounts off branch records in Breaststroke in 50m, 100m and 200m in the 85-89 age group. Great performances from these people.

We hope everyone enjoyed their day's swimming and look forward to seeing them and many more at future Meets.

Wett Ones: 28 May 2011

The time of year has come again... Wett Ones meet report... this is probably my 4th report in so many years... Not sure what I can talk about...

Should I mention that the meet was a success? ...lots of swimmers (171 registrants in total)...lots of friends... lots of familiar faces.

Should I mention we had many interstate swimmers from Melbourne, Brisbane, Auckland and even one from Canada?

Should I mention the extra-ordinary job of the officials?

Should I mention that the meet ran on time thanks to so

many time-keepers and the organisation of our fabulous Meet Director?

Should I mention that I was sick and only swam the 50m Fly and the relay? ...enough about me.

No, I think we all agree I should mention the strawberries dipped in chocolate, the quiche, the beekeepers biscuits, the slices and cakes and lamingtons and sandwiches, and all the other little treats the officials, timekeepers and others enjoyed.



I think this is now a tradition... I have been to several meets and I do love the BBQ at Gosford... I love the hot soup on the lawn at Trinity... but let's be honest, we raised the bar high this year in terms of catering for the officials. The challenge is on... I can't wait for the next meet to see how you are planning to beat our catering. I guess this is a good way to make sure we locked in officials for next year and we will have plenty of volunteers to come and help with the timekeeping.

Thanks to our new sponsor and supplier of so many of the wonderful goodies, Sugarplum Bakery (www.sugarplumbakery.com.au), as well as our generous members.

Oh, I almost forgot... we had our first winner of our Ian Davis Memorial Prize (i.e. crazy Hawaiian shirt).

I hope to see that shirt at other meets during the year. See you next year...



Pascal Blanquer, Vice President

Sandbern says thank you to Wett Ones.

Thanks for the fun, and well organised event. The laid-back atmosphere and chocolate covered strawberries greatly helped us with our swimming on the day. Keep it fun.

Yola Janic, Sandbern coach

World Top Ten 2010

LONG COURSE - WOMEN

Anna Barnes (NPT) 30-34	200m fly, 400m IM
Pamela Nix (NNB) 40-44	1500m free
Jenny Whiteley (NRY) 50-54	50m free, 200m free, 50m back, 50m breast, 100m breast, 200m breast, 50m fly, 10m fly, 200m IM
Lynette Stevenson (NBT) 60-64	50m free, 50m back, 50m fly
Ann Campbell (NNC) 60-64	200m free
Marilyn Earp (NWG) 60-64	100m back, 200m back, 50m fly, 100m fly, 200m fly, 200m IM
Dawn Gledhill (NML) 60-64	200m fly
Kaye Beer (NSH) 65-69	50m free
Clary Munns (NBT) 65-69	50m back, 100m back, 200m back, 50m breast, 100m fly, 200m fly, 200m IM
Suzanne Levett (NWG) 70-74	50m free, 100m free
Robin Henze (NWL) 70-74	1500m free
Georgene McKenzie-Hicks (NSA) 80-84	200m free
Diana Moore (NWG) 80-84	50m back, 100m back, 200m back
Val Lincoln (NGS) 85-89	100m free, 200m free, 400m free, 1500m free, 100m breast, 200m breast
Joan Morgans (NWG) 85-89	100m breast
Hilda Lindfield (NHL) 90-94	50m back, 100m back

LONG COURSE - MEN

Corey Buckman (NWO) 35-39	400m free, 400m IM
John Bates (NSP) 40-44	50m free, 50m fly
Spyros Georgallides (NSG) 45-49	50m fly
Scott Smith (NET) 45-49	50m free
Stuart Ellicott (NHS) 55-59	50m breast, 100m breast
Stephen Lamy (NML) 60-64	50m back
Paul Wyatt (NCR) 60-64	200m fly
Tony Goodwin (NML) 70-74	50m breast, 100m breast
Colin Cliff (NWS) 75-79	1500m free
Max Van Gelder (NWG) 80-84	50m free, 100m free, 50m fly
David Lawler (NML) 80-84	100m free, 200m free
Keith Messenger (NRT) 80-84	1500m free
Bill Walker (NNC) 80-84	100m fly, 200m IM, 400m IM
Jack Mathieson (NSH) 90-94	400m free

LONG COURSE - WOMEN'S RELAYS (4 X 50)

<i>North Sydney</i> 120-159 free: Gillian O'Mara, Melanie Speet, Louise Stevenson, Isle Hale
<i>Blacktown City</i> 240-279 free: Clary Munns, Michelle Stonehouse, Kaye Beer, Lyn Stevenson
<i>Blacktown City</i> 240-279 medley: Clary Munns, Michelle Stonehouse, Lyn Stevenson, Kaye Beer

LONG COURSE - WOMEN'S RELAYS (4 X 100)

<i>Tuggeranong</i> 200-239 free: Ann Reid, Brenda Day, Caroline Makin, Jeanette Droop
<i>Manly Masters</i> 240-279 free: Dawn Gledhill, Jennie Morgan, Pat Novikoff, Katherine Ahern

<i>Port Macquarie</i> 280-319 free: Christine Carter, Janet Brien, Joy Cain, Shirley Claydon
<i>North Sydney</i> 120-159 medley: Louise Stevenson, Christina Echols, Melanie Speet, Gillian O'Mara
<i>Seaside Pirates</i> 120-159 medley: Noemi Domonkos, Rachel Ireland, Belinda Hall, Helen Wallace
<i>Seaside Pirates</i> 160-199 medley: Christy Clark, Louise Price, Cathie Fuller, Carolyn Opie
<i>Blacktown City</i> 200-239 medley: Clary Munns, Kim Brennan, Michelle Stonehouse, Megan Blamires
<i>Campbelltown</i> 240-279 medley: Annie Cooke, Christine Clough, Heather Rouen, Barbara Briggs

LONG COURSE - MEN'S RELAYS (4 X 50)

<i>Manly Masters</i> 280-319 free: Gary Stutsel, David Lawler, Tony Goodwin, Stephen Lamy
<i>Manly Masters</i> 280-319 medley: Stephen Lamy, Tony Goodwin, Gary Stutsel, David Lawler
<i>Warringah</i> 320-359 medley: Thomas Ryan, Roydon Muir, Noel Peters, Max Van Gelder

LONG COURSE - MEN'S RELAYS (4 X 100)

<i>Wett Ones</i> 120-159 free: Corey Buckman, Pascal Blanquer, Ryan Bennett, Matthew Besanko
<i>North Sydney</i> 160-199 free: David Lovelace, Alan Godfrey, John Kain, Andrew Aebi
<i>Castle Hill</i> 200-239 free: Grant Odell, David King, Todd Bryant, Anthony Priday
<i>Warringah</i> 320-359 free: Graham Hannon, John Steen, Thomas Ryan, Noel Peters
<i>Wett Ones</i> 120-159 medley: Corey Buckman, Matthew Besanko, Vassili Efimov, Haydn Wood
<i>Campbelltown</i> 200-239 medley: Glen Downey, Scott Bidewell, Russell McLeod, Owen Sinden
<i>Castle Hill</i> 200-239 medley: Grant Odell, David King, Anthony Priday, Todd Bryant
<i>Warringah</i> 240-279 medley: Stuart Meares, Peter Ley, Gordon Whyte, Wilson Gamble
<i>Manly Masters</i> 280-319 medley: Stephen Lamy, Tony Goodwin, Gary Stutsel, David Lawler

LONG COURSE - MIXED RELAYS (4 X 50)

<i>Warringah</i> 280-319 free: Max Van Gelder, Violet Wilkinson, Jennifer McLean, Bill Harris

LONG COURSE - MIXED RELAYS (4 X 100)

<i>North Sydney</i> 160-199 free: Louise Stevenson, Melissa Beames, John De Vries, Alan Godfrey
<i>Blacktown City</i> 200-239 free: Jon Hawton, Kim Brennan, Michelle Stonehouse, Bill Devenish
<i>Warringah</i> 240-279 free: Terry Mortimer, Marion Harrison, Sue-Ellen Norris, Jorian Catzel
<i>Novocastrian</i> 240-279 free: Kevin Phillips, Wendy Gordon, Russell Pinkerton, Jeanne Raper
<i>Warringah</i> 280-319 free: Max Van Gelder, Violet Wilkinson, Jennifer McLean, Bill Harris
<i>Novocastrian</i> 280-319 free: Alan Moore, Maureen Woodcock, Bill Walker, Robin Carson
<i>North Sydney</i> 120-159 medley: Christina Echols, David Lovelace, Andrew Aebi, Louise Stevenson
<i>Seaside Pirates</i> 120-159 medley: Noemi Domonkos, Peter Kerr, Matt Frodsham, Cathy Codling

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Warringah 240-279 medley: Jennifer McLean, Suzanne Levett, Wilson Gamble, Max Van Gelder

LONG COURSE - MIXED RELAYS (4 X 200)

North Sydney 120-159 free: Melanie Speet, Colin Hannah, Gillian O'Mara, John Kain

Sandbern 120-159 free: Alison Pitt, Anthony Fenton, Peta Opperman, Matthew Dredge

ITAC Warriors 120-159 free: Daniel Carmichael, Ben Hanson, Karen Simmons, Lizanne Wilmot

Seaside Pirates 160-199 free: Graham Hill, Carolyn Opie, Rachel Ireland, Matt Frodsham

Seaside Pirates 200-239 free: Louise Price, Tracy McGuire, Anthony Brown, Barry McLean

Campbelltown 200-239 free: Glen Downey, Scott Bidewell, Christine Clough, Heather Rouen

Warringah 240-279 free: Wilson Gamble, Susan Myers, Peter Ley, Patricia Appleby

Sandbern 240-279 free: Georgene McKenzie-Hicks, Stephen Murray, Leanne Clark, Graham Munday

Port Macquarie 240-279 free: Shirley Claydon, Gary Berry, Margaret Nunn, Steve Ilsley

Warringah 280-319 free: Jennifer McLean, Noel Peters, Suzanne Levett, Bill Harris

SHORT COURSE - WOMEN

Louise Stevenson (NNS) 25-29 200m free, 400m free, 200m back, 200m breast, 200m IM, 400m IM

Jennifer White (NWY) 25-29 200m breast

Gillian O'Mara (NNS) 30-34 50m free

Noemi Domonkos (NSP) 35-39 200m back

Pamela Nix (NNB) 40-44 400m free, 800m free, 1500m free, 200m fly, 400m IM

Jenny Whitely (NRY) 50-54 50m free, 100m free, 200m free, 50m back, 100m back, 50m breast, 100m breast, 200m breast, 50m fly, 100m fly, 100m IM

Kim Brennan (NBT) 50-54 50m breast

Lynette Stevenson (NBT) 60-64 50m free, 100m free, 50m back, 100m back, 50m fly, 100m IM

Ann Campbell (NNC) 60-64 200m free, 400m free, 1500m free

Marilyn Earp (NWG) 60-64 50m fly, 100m IM

Clary Munns (NBT) 65-69 50m free, 50m back, 100m back, 200m back, 50m breast, 100m breast, 50m fly, 100m fly, 200m fly, 100m IM, 400m IM

Kaye Beer (NSH) 65-69 50m free

Heather Morgan 65-69 200m free, 400m free,

50m breast, 100m breast, 200m breast, 50 fly

Nerida Murray (NBM) 65-69 100m fly

Suzanne Levett (NWG) 70-74 50m free, 100m free

Robin Henze (NWL) 70-74 400m free

Kay Burton (NBM) 70-74 200m fly, 400m IM

Liz Wallis (NML) 80-84 100m free

Margaret Davey (NHL) 80-84 1500m free

Diana Moore (NWG) 80-84 100m back, 200m back

Val Lincoln (NGS) 85-89 100m free, 200m free, 400m free, 200m back, 200m breast

Hilda Lindfield (NHL) 90-94 100m back, 200m back

SHORT COURSE - MEN

Stuart Ellicott (NHS) 55-59 50m, breast, 100m breast

Bill Devenish (NBT) 60-64 200m free, 400m free

Tony Goodwin (NML) 70-74 50m breast, 100m breast, 200m breast

Colin Cliff (NWS) 75-79 1500m free, 400m IM

Max Van Gelder (NWG) 80-84 50m free, 100m free, 50m fly

David Lawler (NML) 80-84 50m free, 100m free, 200m free

Roydon Muir (NWG) 80-84 1500m free

Bill Walker (NNC) 80-84 100m fly, 200m IM, 400m IM

Jack Mathieson (NSH) 90-94 50m back, 100m back, 50m breast, 100m breast, 200m breast

SHORT COURSE - WOMEN'S RELAYS (4 X 100)

Seaside Pirates 120-159 free: Helen Wallace, Noemi Domonkos, Rachel Ireland, Cathy Codling

Wyong Wobbygongs 120-159 free: Pam Martin, Natalie Jeffreys, Jade Mifsud, Jennifer White

Wyong Wobbygongs 160-199 free: Pam Martin, Bonnie Cook, Jade Mifsud, Jennifer White

Blacktown City 240-279 free: Lyn Stevenson, Clary Munns, Kaye Beer, Pamela Nix

Blue Mts Phoenix 240-279 free: Nerida Murray, Kay Burton, Jennifer Dooley, Michelle Herms

Warringah 240-279 free: Maureen Keary, Bev Giveen, Helen Campbell, Marion Harrison

Manly Masters 280-319 free: Jennie Morgan, Agnete England, Ruth Fitzpatrick, Liz Wallis

SHORT COURSE - MEN'S RELAYS (4 X 50)

Warringah 320-359 medley: John Steen, Graham Hannon, Noel Peters, Thomas Ryan

SHORT COURSE - MEN'S RELAYS (4 X 100)

Manly Masters 280-319 free: Tony Goodwin, David Lawler, Gary Stutsel, Stephen Lamy

SHORT COURSE - MIXED RELAYS (4 X 100)

North Sydney 120-159 free: Daniel Beltrami, Christina Echols, Melanie Speet, Simon Ho

Next SPLASH Deadline

The deadline for copy for the September 2011 issue of *SPLASH* is: **Friday, 19 August 2011**. Please email your interesting articles, reports and photos to:

admin@mastersswimmingnsw.org.au, or post, fax or email them to the branch office by this date.



Vale Nancye Mitchell (previously Rowe)

25 April 1923–12 March 2011

Nancye Rowe joined Cronulla Sutherland in 1980, where club members soon realised this gracious lady was a really good swimmer. It was only later that we learned of her success as a young woman, who like many athletes at that time had their ‘Olympic Dreams’ forestalled by the war years. Nancye never felt short changed by these events - she joined the WAAF and served until the end of the war; she never lost touch with her unit and marched every ANZAC Day.

When our club’s inaugural treasurer resigned, Nancye volunteered for the job. She received a bag of money and no records. In her characteristic way, Nancye soon had everything organised, and while she was an excellent treasurer, it was during the later years as ‘Supper Co-ordinator’ that she was most appreciated.

A continuing sadness for Nancye was the debilitating illness of her husband Arthur, which meant he was unable to share in many of her interests or activities. Nancye competed at the first World Masters Championships in Christchurch New Zealand in 1984, and it was shortly after, that Arthur passed away. Nancye embraced widowhood with the same graciousness that personified the way she lived.

Some years later, everyone who knew and loved Nancye was delighted when she met widower Roy Mitchell, members of both families describing them as the ‘love of each others lives’. When Nancye and Roy married at St Philips Anglican Church, Caringbah, it was a delightfully happy occasion. Many of us offered to be bridesmaids and had Nancye accepted everyone’s offer she would have had 37 bridesmaids.

Roy joined Cronulla Sutherland and while we teased Nancye that she had found herself an excellent ‘towel boy’, Roy went on to prove himself invaluable in our relay teams. Roy succumbed to cancer some 12 years later and once again Nancye found herself a widow. A suggestion that life could be very unfair received a dismissal from Nancye with; “Oh no, how often do you get a second chance of happiness, we were so grateful”.

Nancye loved to swim. She participated in the aerobic programme, often gaining top points, she travelled to many carnivals and enjoyed swimming in the relays and was always a dedicated club person. Nancye excelled in backstroke and freestyle and over

the years set many State and National records.

However, to list them all here would not capture the essence of this woman. In the nineties when she heard that AUSSI NSW could re-use medals which were in new condition, she decided to hand back most of her accumulation and returned 57 to the State body.

There was one exception, an event that Nancye was to describe as one of the proudest moments of her life. In 1995 the Cronulla Sutherland 280+ Women’s Relay Team of Betty Stern, Helen Evans, Barbara Rose and Nancye Mitchell (*pictured on next page*) set new World Records not only for the freestyle relay, but also the medley relay. The club’s excitement knew no bounds but the ladies themselves were very modest, with Betty saying; “Well good heavens, and to think I never swim breaststroke events.” Nancye herself on the second day left a family wedding to swim her leg of the relay. How many people attend a wedding with a packed swim bag in the car boot? (Anita Saviane is the only person we could think of.) Nancye paid tribute to Roy for keeping her calm and getting her there. Oh the value of a good support team.

Officially the ladies’ swims were the first World Records swum at the new Olympic Pool at Sydney Olympic Park. When an excited club member declared this to the Sydney Morning Herald, the reporter stated that he believed the ladies could claim the \$25,000 reward offered by Telecom for the first World Record set in the new pool. It was news! An article about the swims by the ‘Groovy Grannies’ appeared on page 3 of the SMH and they also featured on Channel 9 News. Our ladies were for a few days quite the celebrities. Sadly, the ‘Grannies’ were not eligible for the money, but they were made honorary Telecom Dolphins (Australian swimming team members) and issued with team tracksuits and bags, as well as being treated to a harbour cruise and lunch.



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Beryl Stenhouse has worked for years to have a photo of the team and an acknowledgement of their achievements placed in the rooms at Homebush, as promised by Telecom at the time.

In later years, Nancye stopped competing, but never stopped enjoying swimming. She lived very close to Caringbah Pool and joined Caringbah Masters, where she swam for the last few years. She always attended their social functions and became a much loved member of that club also.

Nancye’s funeral was a joyous celebration of a life well lived. Eulogies by her sons spoke of a loving mother who was involved in all their school and sporting endeavours. Her grandson spoke of a grandmother who made each of her grandchildren feel special in their own way. Nancye’s niece from New Zealand spoke not only of the love and guidance she received from her aunt, but brought greetings from all the N.Z. relatives. Roy’s son told how he was surprised by the unexpected bonus of friendship with Nancye, while Nancye’s dear friend Mina told us about their

long years as ‘besties’.

We were pleased that Tony di Betta, a member of Cronulla Sutherland and Welfare Officer of Cronulla RSL could read the Ode while ladies from Nancye’s unit placed poppies. St Philips Caringbah was once again packed and at the conclusion of the last hymn, Reverend Stefan Bull said, “ I love a Christian funeral, now lets say goodbye to Nancye the way she often said goodbye to us, lets blow her a kiss” So we did.

Farewell dear Nancye, may all those kisses surround you with love as you journey home to your Lord.

Compiled by Carol Dawson (Cronulla Sutherland)



A Reflection

AUSSI Masters swimming is stronger than ever and is standing the test of time, an unbroken history of “fitness and fun” since it began in late 1974.

One foundation member, Paul Wyatt, has now progressed through to the 65-69 years age group, his **9th** AUSSI masters age group, having swum in at least one masters swim meet every year since the inaugural meet at Harbord Diggers club in 1975.

Paul believes he is the first swimmer in AUSSI history to reach this milestone. He turned 29 in 1975 and so was already into his 2nd age group (30-34) the

following year (1976). Gary Stutsel will also be competing in his 9th AUSSI age group, but not for another 3 years.

For much of AUSSI’s existence, a masters swimmer’s age was your actual age on the day of each meet, so it was possible to have top 10 recorded times in two age groups in the one calendar year, an extra challenge!

Gary and Paul are two of the very few remaining foundations members of AUSSI who have competed every year since the beginning.

The NSW Association of AUSSI Masters Swimming Clubs Inc. NSW Board 2010–2011

President	Jane Noake
Vice President	Tony Tooher
Vice President Country	Neil Keele
Treasurer	Stuart Meares
Ordinary Members	Stuart Ellicott, Jon Hawton, Sue Wiles

*Supported by Sport and Recreation,
a division of Communities NSW*



Blacktown City Masters Swimming Nationals Campaign 2011 Perth

The National Championships has generally always a major focus for the Blacktown club in recent years and we had hoped that in 2011 we were going to be able to give this title one hell of a shake, in Perth, a place a few of us were quite keen to visit again or for the first time.

Our club has many fond memories of a 'Herculean effort' back in 2005 where we had won the Overall & Visitors trophies at the National Championships in Hobart. We had been for some time quietly trying to build to win the Visitors trophy again sometime.

Our club numbers had remained fairly stable, and although we had been trying to boost numbers and attract new swimmers to the club, we were finding this difficult and weren't having any real success in that regard. From what we hear this has been the case at a lot of the clubs in NSW and beyond recently.

Many of our club members had embarked on a long, hot and somewhat demanding summer season of training from October through to April.

Sadly, we had lost our head coach (Andrew Dorrington) due to work commitments some time ago and had not been able to replace him at all for our two nightly midweek sessions. We had been coming up with our own programs and pinching some others off the net so that we had some challenging programs to do whilst we were without a coach.

Some of our members were joining in a squad session of fellow club Blue Mountains Phoenix on the Saturday mornings at Glenbrook. (Thanks to Paul Dobson from their club for his terrific coaching and sessions and for allowing us to be a part of their sessions.)

We had managed to secure the services of (swim coach) Leonie Talbot to help run our Sunday morning session which we had only started this season along with some swimmers from the Penrith club. Thanks to Garry Fletcher from Penrith Masters and a generous offer from the Penrith pool management we were able to secure three lanes for our Sunday morning training session without an additional lane hire charge.

Leonie quickly pulled the whip out and pressed the buttons that needed to be pressed! By the time April had come around the core group of swimmers we had were as fit as we had been for a long time, if not as fit as ever.

By Mid April, our MSNSW branch titles had been run and the signs were good. We did very well there, managing to win the average points trophy, of which we were very proud. We hoped with a little bit of tapering we would be even faster and better in Perth.

By the time we had to finalise our entries for Nationals, we had managed to assemble a competitive team of 18 swimmers, 9 men and 9 women.

Yes, we had hoped that this number was going to be a few more, but unfortunately we were to be missing some high calibre swimmers who were unavailable for the meet for various reasons. Nonetheless we would soldier on and do our best.

The first day of the meet arrived and most of our swimmers blew their nerves and cobwebs out with the 800m free. Thankfully everyone was able to swim 1 to a lane in this event which hasn't always been the case. Events sped up somewhat after that and the meet seemed to roll along quite smoothly and quickly after the first day.

One thing that stood out to us was the strength and size of the home club, Claremont Masters. As always there was the ever strong presence of our friendly and ever competitive interstate rivals, the Victorian Powerpoints. Any relay victory at this meet by any club in any age group would certainly be a well deserved victory. There certainly were some brilliant relay races across the board with tight finishes.

As always there were plenty of fellow MSNSW swimmers at the meet. Swimmers from Seaside Pirates, Warringah, Manly, Ryde, Hornsby, Novocastrian, Molonglo, Coogee-Randwick, Campbelltown, Dubbo, Ettalong, Gosford, Merrylands, Lake Macquarie, North Sydney, Port Macquarie, Raymond Terrace, Shoalhaven, Tuggeranong, Tattersalls, Wett Ones and Wyong were all present. There was plenty of support and encouragement offered to each other from the MSNSW clubs against some fierce competition from across the country.

One relay result that gave even us a thrill was the Seaside Pirates 160+ men's freestyle team of Craig Smith, Robert Mason, Mark Patterson and John Harvey who won gold in a thrilling race. Well done guys.

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The race commentary offered by Peter & Andrea throughout the meet was particularly well received and Master Swimming Australia & WA should be applauded for re-introducing this. It really adds atmosphere to the meet and gives everyone more of an appreciation of what is going on.

As all good things come to an end, so did these Nationals. It was a well run championships at a terrific venue. Congratulations to the organising committee and to the volunteers who did such a terrific job throughout. As there was no progressive club point score given at the end of each day we had no idea where we were placed in the pointscore until the eventual results were released at the presentation luncheon on the Sunday. Unfortunately none of us were able to attend the function as some were already playing tourist around WA and the others had flown home already. Nine of us were on a minibus down near Albany when we received a call from Helen Rubin (Ryde) explaining that we had won the Visitors trophy and the Runners-Up trophy behind Claremont. For a moment there was

stunned silence in the bus. We couldn't believe what we had just heard! We were stunned. We were thrilled. We couldn't quite believe that we could've finished ahead of Powerpoints, but somehow we managed to squeeze past them by a mere 34 points. It was party time! We had done what we set out to achieve. Blacktown was back!!! Go you Beavers!

During the meet we had two swimmers break National records, Clary Munns in the Women's 65-69 200m fly & 400m IM and Stewart Gough in the Men's 200m fly. We had many swimmers swim several PBs and win their first medals at a National Championships, which was nice to see.

Well done to Jenni Bucknell and Mark Thompson from Powerpoints who were awarded Female & Male swimmers of the meet.

Thanks to (coach) Leonie Talbot for her help and guidance in the lead up to this meet.

And finally, to the swimmers who made this result possible, well done & congratulations to you all.

Scott Hay, Club Captain

Local Publicity for 2010 Swimmers of the Year

Just for the record, she's a master

Paraphrased from an article in the Camden Advertiser 1 June 2011

Katie Lewis, Campbelltown Collegians Masters Swimming Club was named Masters Swimming NSW Female Swimmer of the Year 2010. At last year's State Long Course Championships at SOPAC Kate swam in five events, winning all of them breaking 4 NSW and 4 Australian records in the process to be named Female Swimmer of the Meet.

The 22-year-old also left her rivals in her wake at the Australian Masters Swimming Championships in Launceston, Tasmania, winning 12 gold medals in all 12 of the events in which she swam. She is a NSW Endurance Swimming champion, (*Ed note: Aerobics in 2010*) swimming about 60 kilometres in all strokes, over various distances.

In 2010 Katie set 22 NSW and 21 Australian records. In a swimming career of 12 years, Kate has been in Masters for three years.



Max still swims in the fast lane

Paraphrased from an article by Bryn Kay in the Manly Daily

Max Van Gelder, the 80-year-old from Collaroy, was crowned the top NSW Male Masters Swimmer 2010 and has no plans to slow down.

"I'll keep doing this until I cark it. I don't feel any aches or pains so I'm not complaining. I don't want to give up because it gives me such great social and health benefits", he said.

The Warringah Masters Swimming Club member picked up the award on the back of his 3 gold medals – 50m and 100m free and 100m fly won at the FINA World Masters Championships 2010 held in Sweden.

Max regularly puts in the hard yards with spin classes or surfing but said that it was his club that kept him going. "There's so much camaraderie and support that each of the swimmers give to each other at this club and that's the key", he said.



Branch Banter

As most of you would already know, this will be my last epistle for the newsletter as Administrator of Masters Swimming NSW as I tendered my resignation to the Board in March. My husband, Colvin, and I have plans to travel Australia in our new Jurgens caravan. I have held this position for almost thirteen years and have enjoyed immensely working for a wonderful group of people and thank many of you for your kind words and well wishes. Colvin is way ahead of me having worked for State Transit for 42 years since starting as an apprentice bus body builder at 16. So, Colvin can retire at 58...so we are! Grey nomads – here we come!

MSNSW Annual General Meeting was held on May 21 at the Ken Brown Rooms, Sydney Olympic Park. At that meeting I thanked past Presidents Gary Stutsel, Stephen Lamy & Ian Davis and current President Jane Noake for their leadership. They have all been fine ‘bosses’ over the years. Also worthy of mention are all the past Committee/Board members for their contribution to the conduct of the Board of MSNSW over many years and in particular current members, Tony Tooher, Neil Keele, Stuart Meares, Stuart Ellicott, Jon Hawton and Sue Wiles. Without these people at the helm this organisation would not be the great one that it is. Also the wonderful people who run each and every masters club in NSW and ACT. You are the oil that keeps the wheels rolling smoothly.

I also appreciate the contribution from above, current national General Manager Noeleen Dix and Operations Manager Sarah Roach and the great contributors on the National Board of Management, past and present. I have forged many wonderful friendships on all levels on Masters Swimming and truly value all that it has done for me. Now I simply need to get back in the water and continue those friendships and really enjoy the fitness and fun too! But back to banter...

Firstly, as you will have realised, Sue Wiles has resigned from her editorship role of *Splash* (and also as the National Delegate) due to other commitments and ill health. I would like to say a huge thank you to Sue for her fantastic attention to detail and for producing a comprehensive newsletter for the last four years. The Gary Stutsel award 2010 is well deserved and we wish you a fast recovery!

Lots of other things happened at the AGM also – discussion on the future direction of this newsletter being one of them. This MAY be the last issue of *Splash* to be printed and it may be the responsibility of the club to provide a hard copy to any members who can't access the internet. The *Post me Splash* group is easily identified on the Clubs Online database and those members can be given a copy at club sessions or posted if they don't attend. If the Board decides this is the way to go, training will be provided on the processes.

The full 2010 annual report is available for download from the MSNSW website and the minutes of the AGM will be available on the MSNSW website. A hard copy of the annual report is only available on request from the branch office.

An Expression of Interest form for appointment to various positions/ project teams has been sent. If you are interested in contributing in any way, please phone, fax or email the Branch Office to express your interest in helping out.

Details of the Presentation lunch and awards are on Page 1 of this issue.

NSW swimmers attended the National Swim in the fabulous venue in Perth in April/May. Congratulations to Blacktown who won the Runner Up and Visitor's trophies and was advised of this victory as they travelled around WA after the event. Read their story on Page 10 of *Splash*. Congratulations to MSWA on conducting a fantastic meet by all accounts.

Prior to this the NSW Long Course Championships was held in early April at SOPAC. National sponsor, Vorgee, again donated packs for Swimmers of the Meet awards which went to female Pam Hutchings and male John Bates, both of Seaside Pirates. Thanks to John Vorgias for Vorgee's continued support of Masters Swimming NSW. At these branch Championships, age group winners for 2010 were awarded fabulous embroidered towels. The NSW Coach of the Year was awarded to John Kulhan (Trinity). The Ian McPhail Memorial Official of the Year was presented to Noel Partridge (Cessnock) and Noel went on to win the National OOTY. Congrats guys!

Our Branch Point Score competition continues with a further four competitions since the end of March

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Splash: Blacktown, Ettalong, Wett Ones and Yamba (Clarence River Masters).

The latest records broken are listed through this newsletter. Two more World relay records have been belatedly recognised. Perseverance pays!

Plans are underway for the National Championships in Sydney in 2013 and the call has gone out for experts in marketing to gain sponsorships for this event and volunteers to go on the Committee to run the championships. Also a logo competition is in full swing so get your artistic skills working and you can win free entry to the Championships.

MSNSW website is set for a major upgrade with significant financial input from Masters Swimming Australia. Content will be migrated to the Clubs Online website and will have a 'look and feel' similar to the national website.

Technical Matters

Competition Crisis!!

Masters Swimming NSW (MSNSW) is looking at a looming crisis for its competition program. In 2011 we will have had 24 open swim meets plus at least three interclub meets involving two or more clubs.

Providing the officials for these is a bit of an enigma because in some positions we have too many officials. This means that there are some who rarely get to work at more than one meet a year.

In other positions we do not have enough. Most obvious example of this is the constant calling for timekeepers, let alone accredited timekeepers being available. This situation has been eased a little by the changes to the rules that now allow two timekeepers when three are not available. However there is no reason why at least every competitor (except those who cannot physically perform the duties) and preferably every member, cannot become accredited as timekeepers.

Without accurate times we cannot measure our improvement (or decline with age) whether it is in Aerobics (*Ed. Now Endurance 1000*), club swims or Branch Championships. Over the years we have developed a wonderful system of training our own officials who in turn ensure that, not only do we enjoy our competitions, but also that they are fair and the

To early June, 1430 members are active and financial on the Clubs Online database, about seventy short of the same time in 2010. At the April National Board meeting it was resolved that all registrations from September 1, 2011 will be done online. MSNSW followed suit and encourages clubs to do the same. This will alleviate the errors resulting from chasing up the manual registrations and reduce the amount of work done by Club Branch and national registrars.

To assist club registrars I have included a short explanation on Page 3 of *Splash*.

To conclude, I will (hopefully) not be disappearing off the face of Masters Swimming so hope to see you all around the pools!

Di Coxon-Ellis

– signing off as Administrator MSNSW

times swum are recognised internationally.

A longer-term problem is the aging of our existing officials. Like the rest of us, officials don't live forever. For example, in the NSW/ACT Branch we have 18 current referees with 3 more in training, a total of 22. Their average age is 63. Given current trends, in 10 years time that number will reduce to 13 or less. With over 20 meets a year and each meet needing at least 5 referees, the big question is **who will do it?**

We need to look very closely at our situation and demographics and decide: Do we need to train more officials, especially in their 50s and younger? How do we attract new candidates? What is needed to attract them? We also need to look at our existing officials and how to encourage them to progress to higher positions.

I suggest that a combination of carrot and stick is needed. For example SAL clubs, many schools, and of course other sports give financial inducements to officials. These range from out of pocket expenses to fixed match fees. This is an issue that should be discussed now.

One big stick idea is to not allow swimmers to compete until they qualify as Timekeepers. Or perhaps

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the requirement to have three club officials above timekeeper level before holding a swim meet should be extended to requiring all competing clubs to have three club officials within two years.

What do you think?

Gary Stutsel, Branch Technical Director

The views expressed above are mine and do not necessarily reflect the policies or views of MSNSW.

Branch, Australian and World Records

(Some of these records may still be provisional at the time of going to press.)

BLACKTOWN: 27 MARCH 2011 (LONG COURSE)

Women

50 Free	Val Lincoln (NGS) 85-89	1:01.75	B
50 Breast	Barbara Vickers-Baker (NML) 85-89	1:15.66	B
100 Breast	Barbara Vickers-Baker (NML) 85-89	2:43.44	N
200 Breast	Pam Munday (NTN) 60-64	3:43.81	B
	Barbara Vickers-Baker (NML) 85-89	5:53.29	B
200 IM	Clary Munns (NBT) 65-69	3:13.04	N

ETTALONG: 27 MARCH 2011 (SHORT COURSE)

Women

200 Breast	Barbara Vickers-Baker (NML) 85-89	5:54.96	B
50 Breast	Natalie Jeffreys (NWY) 35-39	36.91	B
	Barbara Vickers-Baker (NML) 85-89	1:17.21	B
25 Fly	Shirley Claydon (NPM) 75-79	26.59	B
100 Breast	Barbara Vickers-Baker (NML) 85-89	2:46.18	B

Men

200 Fly	Paul Wyatt (NCR) 65-69	3:01.62	B
100 Fly	Adam Beisler (NNC) 25-29	58.00	N
25 Fly	John Williams (NET) 18-24	13.07	B
	Adam Beisler (NNC) 25-29	12.04	B
	Haydn Wood (NWO) 45-49	13.11	B
	Paul Wyatt (NCR) 65-69	15.48	B
50 Fly	Paul Wyatt (NCR) 65-69	34.29	B
100 IM	Ian Jeffrey (NNC) 35-39	1:01.34	N
	Paul Wyatt (NCR) 65-69	1:18.34	B

BRANCH LC CHAMPIONSHIPS: 9-10 APRIL 2011

Women

50 Free	Pam Hutchings (NSP) 75-79	38.19	N
200 Free	Jacqueline Robinson (NCR) 40-44	2:15.83	B
	Val Lincoln (NGS) 85-89	4:44.77	B
50 Back	Pam Hutchings (NSP) 75-79	45.44	N
100 Back	Pam Hutchings (NSP) 75-79	1:44.97	N
200 Back	Christina Echols (NNS) 40-44	2:44.89	B

50 Breast	Barbara Vickers-Baker (NML) 85-89	1:11.47	N
Men			
50 Free	John Bates (NSP) 40-44	25.12	B
	Alan Brown (NTS) 65-69	29.25	B
100 Free	John Harvey (NSP) 50-54	58.90	B
200 Free	Stuart Meares (NWG) 50-54	2:10.26	B
50 Back	Adam Beisler (NNC) 25-29	29.03	N
	Ian Jeffery (NNC) 35-39	28.66	B
	Gary Nicholls (NCR) 70-74	39.46	N
200 Back	Ian Jeffery (NNC) 35-39	2:17.68	N
50 Breast	Peter Kerr (NSP) 35-39	30.57	B
50 Fly	John Bates (NSP) 40-44	26.31	N
50 Fly	John Bates (NSP) 40-44	25.51	W
100 Fly	Adam Beisler (NNC) 25-29	59.74	B
	Paul Wyatt (NCR) 65-69	1:22.45	N
200 Fly	Stewart Gough (NBT) 35-39	2:22.02	B
	Paul Wyatt (NCR) 65-69	3:11.17	B

Relays

Mixed 4 x 50 Free	320-359 Seaside Pirates	3:08.38	N
	P Hutchings, E Vickery, A Dufty, K Vickery		
Mixed 4 x 50 Medley	320-359 Seaside Pirates	3:49.18	B
	P Hutchings, A Dufty, E Vickery, K Vickery		

World Record Certificates received from Relay Meet 2010

Men's 400 Free	320-359 Warringah	9:06.34	W
	G. Hannon, J. Steen, T. Ryan, N. Peters		
Mixed 800 Free	280-319 Warringah	14:04.72	W
	B. Harris, S. Levett, N. Peters, J McLean.		

Stop press!!! Just received notification of approval of world record swum on 18 July 2010 of:

Women's 400 Free	100-119 North Sydney	4:19.38	W
	G. O'Mara, M. Beames, M. Speet, I. Hale		

B = Branch record
 N = National record
 W = World record

Division and Progressive Club Points for 2011

(including the Wett Ones meet on 28 May 2011)

The progressive tally of club points is updated regularly on the Masters Swimming NSW web site

<i>Place</i>	<i>Club</i>	<i>Points</i>	<i>Place</i>	<i>Club</i>	<i>Points</i>
Division 1					
1	NWG Warringah Masters	2569	1	NRT Raymond Terrace AUSSI	260
2	NNC Novocastrian Masters	2522	2	NMR Merrylands	246
3	NBT Blacktown City	1818	3	NCS Cronulla Sutherland AUSSI	242
4	NRY Ryde AUSSI Masters (RAMS)	1775	4	NWL Wollongong Masters	168
5	NML Manly Masters	1667	5	NCB Caringbah AUSSI	127
6	NWO Wett Ones	1498	6	NLC Lane Cove Masters	114
7	NCK Cessnock Masters	1250	7	NHL Hills Masters	87
8	NWY Wyong Wobbygongs	1219	8	NMM Myall Masters	57
9	NCL Castle Hill RSL Masters	962	9	NIT ITAC Warriors	27
10	NSP Seaside Pirates	958	10	NSH Shoalhaven Seahawks	20
11	NPN Penrith AUSSI	728	11	NMB Bidgee Masters	0
12	NET Ettalong Pelicans	633	11	NTH Terrey Hills Terriers	0
13	NNS North Sydney AUSSI	597	11	NTR Trinity AUSSI	0
14	NPM Port Macquarie Masters	473	Division 4		
Division 2					
1	NSA Sandbern	1146	1	NCP Cook & Phillip Masters	256
2	NGS Gosford City Seagulls	765	2	NLP Liverpool Leatherjackets	60
3	NCT Campbelltown Collegians	579	3	NTS Tattersalls Club	20
4	NMT Maitland AUSSI	549	4	NBR Bush Rangers	16
5	NCR Coogee Randwick Masters	452	5	NAM Armidale AUSSI	0
6	NTN Tuggeranong Masters ACT	451	5	NCH Coffs Harbour Masters	0
7	NSG St George Masters	441	5	NCN Molonglo Water Dragons	0
8	NWS Wests Auburn Masters	435	5	NGB Georges River Bull Sharks	0
9	NHS Hornsby Masters	311	5	NHN Hunter Masters	0
10	NOF Oak Flats AUSSI	274	5	NOP SOPAC Masters	0
11	NPT Picton Masters	266	5	NPW Prairiewood AUSSI	0
12	NBM Blue Mountains Phoenix	233	5	NTM Tamworth AUSSI	0
13	NNB Nelson Bay Dolphins	181			
14	NMS Lake Macquarie Crocs	148			
15	NDB Dubbo Redfin	135			
16	NCM Clarence River Masters	0			

Accreditation Update

Congratulations to the following new officials, who gained accreditation between January and May 2011:

TECHNICAL OFFICIALS

Marguerite Davidson	Timekeeper	Feb 2011	Campbelltown
Steven Clough	Chief Timekeeper	Feb 2011	Campbelltown
Jeanne Raper	Chief Timekeeper	May 2011	Novocastrian
Jean Low	Timekeeper	May 2011	Manly

COACHES

Julie Dart	Shoalhaven Seahawks	Level 1M reaccreditation January 2011
Wendy Seale	Ryde AUSSI Masters	Level 1M course 2010 Accredited February 2011
Darren Gum	Southern Cross Club Singapore	Level 1M course 2010 accredited May 2011

MILLION METRE AWARD WINNERS

Applications have been submitted for these swimmers clocking up the metres!

Two Million	Brenda Day	Tuggeranong Masters Swimming ACT
Three million	Oliver Harris	Hornsby Masters Swimming
Five Million	Cyril Baldock	Coogee Randwick Master Swimmers
	Roy Swan	Coogee Randwick Master Swimmers

Vale Bess Barrie—the quintessential quiet achiever

Born at Sans Souci on the 22nd April 1915, and one of the original AUSSI masters swimmers, Bess (Bessie) Barrie, passed away on 9th May this year, at the age of 96.

Bess, one of nine children, grew up in the days when being ‘taught’ to swim meant literally being thrown in at the deep end of the pool at a young age and told to ‘swim’, in Bess’s case, the baths at Sans Souci. That was no setback for Bess who became school swimming and track champion and a state finalist in both sports during her time at boarding school, Woodcourt College (1924-1930). Bess also represented her school in tennis, hockey and netball, where she was the captain.

She excelled in the water, defeating swimmers who would later represent Australia. However, her father did not approve of young ladies competing in the pool. She would have to wait until her own children left home to conquer the world.

Along with her siblings, she learnt at least two musical instruments and became an accomplished violinist.

At fifteen, she was removed from school when the family moved to Murwillumbah, where they resided for three years during The Depression. At eighteen, Bess’ family moved to Roseville. In 1935, Bess met Doug at a church fellowship function and they married in January 1941. Bess and Doug had two children, Margaret born in 1943 and Ross born in 1948. Margaret (Lowe) is currently an active masters swimmer in Melbourne.

During the war, Bess learnt how to knit and became a prolific knitter for the remainder of her life. Even as her eye sight was failing, she continued to knit squares for others to sew to make blankets for the Royal Flying Doctor Service.

Bess revived her interest in swimming with husband Doug when their children began swimming training. She not only competed amongst her peers, but more importantly became a swimming instructor. She spent the remainder of her life teaching others, both children and adults, how to swim and how to enjoy the water. This included her later years while in the nursing home, as she would often instruct the nurses on how to swim and improve their stroke, even though they were nowhere near the water.

Joining AUSSI as soon as it was formed, Bess was racing again. In 1976 she took part in the AUSSI tour of the USA, which competed in St. Louis Missouri at the US National Long Course meet where Bess won 1 gold, 1 silver, and 1 bronze medal.



Photo from the 1976 tour, as printed in the AUSSI 1977 yearbook.

On her return from the USA, she and Doug joined Woollahra AUSSI and when the pool was sold off to developers they moved across with AUSSI to Coogee Randwick. Both were a wonderful asset to the club, living up to AUSSI’s motto of “fitness and fun”. Bess’s unassuming and endearing personality belied her achievements.

During her time in AUSSI, Bess broke state, national and world masters swimming records in both breaststroke and butterfly individually and as part of relay teams.

As an illustration of her generosity of spirit and time, one year she surprised us all by presenting every (Coogee Randwick) club member with a beanie in club colours that she had knitted in the previous months.

Doug and Bess moved to country NSW (Laurieton) in 1990. Doug was always her unofficial coach for the 20 years of masters competition into her early 80’s until Doug passed away in 1996. Bess remained at Laurieton until 2008 when failing eyesight and memory forced a return to Sydney.

In 1995, Bess in her 80th year, received the Hastings Council Australia Day ‘Sportsperson of the Year Award’ for her achievements in the pool. This was followed by the Premier’s award in 1996 with which Bess was honoured “for contributions to her community and for the people of NSW”.

Bess is survived by her two children, three grandchildren and five great grandchildren. Bess will be fondly remembered by all who had the privilege of knowing her.

Paul Wyatt, Coogee-Randwick (formerly Woollahra)



Masters Swimming NSW Calendar 2011

BPS - Branch Point Score Meets
 SC - Short Course; LC - Long Course

Meet date 2011		Host club / type of meet / course	Closing date at host club
JULY	3 (Sun)	NSW Relay Meet SOPAC Diving Pool SC	Closed
	9	Hunter Festival of Sport	24/06/2011
	24 (Sun)	Hills BPS SC	08/07/2011
AUGUST	7 (Sun)	Campbelltown BPS SC	22/07/2011
	21 (Sun)	Manly BPS SC	05/08/2011
	28 (Sun)	NSW Long Distance Championships Kurri Kurri SC	12/08/2011
SEPTEMBER	3	Ryde BPS SC	19/08/2011
	18 (Sun)	Seaside Pirates BPS SC	02/09/2011
OCTOBER	8	Warringah Masters BPS SC	23/09/2011
	22-23	NSW SC Championships CISAC, ACT	Wed 05/10/2011
NOVEMBER	5	Port Macquarie BPS LC	21/10/2011
	19	Novocastrian BPS LC	04/11/2011
	26	Tuggeranong Challenge	11/11/2011
DECEMBER	3	West's Auburn Long Distance LC	18/11/2011
	10	Raymond Terrace BPS LC	25/11/2011

Leeton 24-Hour Mega Swim

All 10 members of Bidgee Masters plus little Amie Offner (aged 8 yrs) participated in the Leeton 24-hour MS Mega Swim on 19 & 20 March 2011. Tents were pitched and we had loads of warm sleeping bags as the night temperatures had already dropped to 8 degrees earlier in the week. Luckily the outdoor pool was solar heated to 27 degrees and on the Sunday morning the temperature **only** went down to 13 degrees.

Six teams participated with 102 competitors swimming and each team managed to keep a member in the water for the full 24 hours. (The night swimmers were able to watch the closest, brightest moon in 20 years as they lapped the pool.)

The original fund raising target for the MS Go For Gold Scholarship was \$5,000 but a mighty \$35,000 was raised. Bidgee Masters swam 78 km, raised \$7,000 and won the team trophy.

Everyone had a great time as it was extremely well

organised by Bushranger, Brian Munro, and his team and by noon Sunday everyone was waterlogged, exhausted but very happy to have supported a great cause.

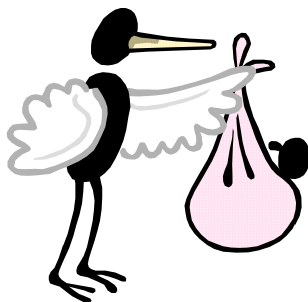
Robyn Hoare



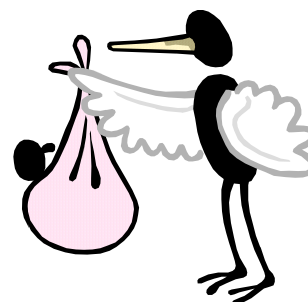
Photo courtesy of Leeton Irrigator/Area News



Congratulations to Masters' New Mums!



Three new potential masters swimmers have arrived.
Jodie (Blacktown) and Patrick Burke gave birth to a baby girl,
Olivia Jane, on 27 May.
Jade Mifsud (Wyong) and Al Gerritsen have a healthy baby boy,
Tye, born 31 May.
Noemi Domonkos (Seaside Pirates) and David Hall had a quick
arrival, Alex Elizabeth, on 13 June.



SPLASH

Newsletter of the NSW Branch
Masters Swimming Australia Inc.

The views expressed in *SPLASH* are not necessarily those of the editor or the Board of Masters Swimming NSW. We try to give all members a fair say in this, their own magazine, and welcome the views and correspondence of ALL members.

Advertising Rates

Full page	\$180
Half page	\$100
Quarter page	\$80

The rate for club meet ads is \$45 (one-sixth of a page)

Clubs wishing to advertise their meets must have them sanctioned by the newsletter deadlines.



Websites

Masters Swimming Australia
NSW/ACT Branch
2012 National Championships, Adelaide
XIII Australian Masters Games
Ocean swims

www.mastersswimming.org.au
www.mastersswimmingnsw.org.au
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