



ABN: 42 468 116 472

Masters Swimming NSW

MSNSW Board Members – Jane Noake, Tony Tooher, Sue Wiles, Stuart Meares, Kari Baynes, Jon Hawton and Chris Lock. Administrator – Jillian Pateman

Monthly News – November 2015



Volunteer of the Month (VoM) no nominations received.

To nominate a MSNSW member simply write a paragraph describing their efforts & energy and email the branch office before 13 November. Small print- Be aware that the information may be used for publicity purposes. Take a moment to look around your club... do you have non-swimming volunteers or a non-member coach? From 1st December your club can purchase them a \$10 annual membership and they then become eligible for VoM or Coach of the Year awards. Appreciate them by honouring them with this small token of your respect.

Treasurers and Race Secretaries You must coordinate **payment with entries** for ALL meets!

This note has been in the last few Monthly Newsletters as it has been a concern and frustration for many of those involved on all sides. The solution may now be at hand—for the Hornsby meet on 16 January we are trialling an **individual online entry system** within the IMGSTG console. Race Secretaries can relax! Members need to know their **username & password** (that they use when renewing their membership every year) then follow the easy steps. ANY problems? A youtube video has been created to give you step by step assistance.

INDIVIDUAL ONLINE ENTRY SYSTEM

This may be the most exciting and refreshing change we have experienced in quite some time and commonplace in other branches. Now NSW has stepped into the future and allowing each member to put their own swims and times into the system and paying as they go. No more transferring of funds to their club then treasurers sending on to host clubs. Cutting out the middle men should prove a more efficient and streamlined system. Race Secretaries will still need to send on flyers and regularly remind their members of closing dates.

***NEW* ONLINE COACH COURSE** is now available. Expressions of Interest are sought so we can book a course to be held within the next three months. ALL those interested should contact the branch office before Christmas to get their names on the list. Full details can be found on Masters Swimming Australia's website.

Learn CPR and Make History!



TAKE HEART AUSTRALIA DAY 2015

Learn how to **save a life**

DATE:	Monday 30th November 2015
LOCATION:	Allianz Stadium, Moore Park, Sydney
TIME:	One hour training sessions will run throughout the day Participants can nominate a suitable time slot

Next **Monday, 30 November 2015**, Take Heart Australia will host a **free**, high-quality CPR training session at Allianz Stadium, in order to raise public knowledge and awareness of sudden cardiac arrest. There will also be simultaneous training events held across NSW – in an attempt to break the Guinness World Record in CPR taught across multiple venues.

ATTENTION CLUB REGISTRARS The 2016 membership option will be sent to your club console early next Tuesday morning, 1st December, ready for you to 'open shop'. I will email the Help sheet directly to you, if you

Masters Swimming NSW

Sports House, Quad 1, Level 2, 8 Parkview Drive, Sydney Olympic Park 2127

PO Box 6941, SILVERWATER NSW 2128 Phone 02-8736 1232

Email: admin@mastersswimmingnsw.org.au. Website: www.mastersswimmingnsw.org.au

have any worry, concern, need assistance, any questions at all DO NOT hesitate to ask. I have 12 clubs already on the list to open and am happy to do yours too! **No second claim subscriptions will be sent down.** The same process as 2015 will apply in 2016, where second claimers need to contact the National office.

MSNSW Swimsuit Order NOW by phone, email or online (when entering the Hornsby meet).

Nova has notified us of a price rise, all names listed for the next order will be advised of the new cost.



Webmaster- We warmly welcome Marie Taylor from Manly Masters as the new volunteer to our Webmasters team. Marie provides an amazing newsletter to her club with all the news and activities they are involved with. If you ever get to see a copy you'll know what a great read it is.

Medical Disability form for swimsuits For those among us that, for medical reasons, have specific swimwear requirements eg non-compliant fabric, extra strapping or padding, the MSNSW Board has created an exemption form to be signed by a medical practitioner advising referees about the individuals' needs. Please note: This is NOT a Masters Swimming Australia exemption and would not be accepted at interstate or National competition.

2016 MSNSW swim meet calendar is at the printers and it is hoped that many will be distributed before Christmas. Those that are swimming at Wests Auburn may be the first to receive them.

Coach of the Year Nominations are open. <http://www.mastersswimmingnsw.org.au/Downloads/Forms>. Please consider honouring your tireless coach by putting their name forward. Recognition is all that many of our volunteer coaches get so put your thinking caps on. Clubs can consider paying \$10 for a 'non-swimming Coach membership'.

Official of the Year Nominations are open. To be eligible for consideration, nominees must be an accredited Masters Swimming Technical Official, be a current member from 1 January and have made an outstanding contribution in officiating and/or towards the development of officiating at Club, Branch and/or National level. For example: They attended courses to enhance knowledge and interpretation of rules; or delivered courses to prospective officials; or taken the position of mentor to trainee officials. Nominations will be requested soon. <http://www.mastersswimmingnsw.org.au/Downloads/Forms>

Coaches, Technical Officials and Volunteers can join Masters Swimming Australia for \$10 per year. In the Membership portal on the home page choose Non Swimmer in the State drop down box then NSW in the Club drop down box and follow the prompts. **Congratulations to our clubs that pay this on behalf of their workers, all clubs are encouraged to reward their non-swimming Coaches, Officials and Volunteers with their own membership.**

All 12 month memberships expire on 31st December 2015

On 31st December 2015 all 12 month memberships expire so Club Registrars need to spread the word that once they open their 2016 membership on 1 December all members will want to re-join before December ends. Note: If swimming while unfinancial there is NO insurance cover.

Updating your emergency contacts information When you re-join online in December you will be prompted to review your emergency contacts information. Most members do not update any details in the data base and some leave it to their clubs to organise so please take a moment to check your important contact details. Now included is "medical conditions your coach needs to know", this is a voluntary field to be filled in if you wish to do so. **Registrars take note:** every Masters Swimming Australia member agrees to a Safety in Activity statement when they re-join each year, providing they **ACTUALLY** register themselves! Please don't take on this responsibility yourself but rather encourage and assist members to re-join themselves.

Did you make the FINA Top Ten in 2014? The patches are now available at <http://archives.fina.org/shop/>

Social Media If you don't have access to facebook you can take a peek on the home page of our website.

Masters Swimming NSW

Sports House, Quad 1, Level 2, 8 Parkview Drive, Sydney Olympic Park 2127
PO Box 6941, SILVERWATER NSW 2128 Phone 02-8736 1232

Email: admin@mastersswimmingnsw.org.au. Website: www.mastersswimmingnsw.org.au

Timekeeping at State Long Distance Championships The decision for next year's LD Champs is that a time will only be recorded for those that log the stipulated time as a timekeeper. (Officials exempted)

State Championships 2016 Diarise NOW SOPAC is booked for Sat/Sun 9-10 April for our long course State Championships, a perfect lead-up to the National Championships in Melbourne on 21-24 April. Book it in and start discussing training and strategy with your coach and club members. Would your club be interested in conducting the raffle? Let us know now!

Lost property found at the Long Distance Championships a wonderful jacket from the National Championships in Hobart remains unclaimed, please contact the branch office.

Coming up in NSW:

The ocean swim season has started and again MSNSW is a sponsor of the Fine Ocean Swim Series, the first of which was last weekend around Cockatoo Island at Balmain. www.oceanswims.com

Wests Auburn twilight meet

5 December

Entries closed

Twilight swim meet at the new Hornsby pool

16 January 2016

Individual online entry process

Jillian Pateman Administrator

National Championships- Melbourne 2016 — 5 months to go The program for next year's National Championships, hosted by Masters Swimming Victoria, is available. **Entries open on 10 December.** Accommodation options are available & volunteers and Technical Officials are required. **Eat, Play, Love!**



Supported by the



The next Board meeting is scheduled for Monday 21 December 2015. These meetings are open to any member of Masters Swimming NSW. Please notify the branch office by the Friday before the meeting of your intention to join us or of any agenda items you wish to add.

Masters Swimming NSW

Sports House, Quad 1, Level 2, 8 Parkview Drive, Sydney Olympic Park 2127

PO Box 6941, SILVERWATER NSW 2128 Phone 02-8736 1232

Email: admin@mastersswimmingnsw.org.au. Website: www.mastersswimmingnsw.org.au