



ABN: 42 468 116 472

Masters Swimming NSW

MSNSW Board Members – Jane Noake, Tony Tooher, Sue Wiles, Stuart Meares, Jon Hawton, Neil Keele and Owen Sinden. **Administrator** – Jillian Pateman

Monthly News – July 2013



Volunteer of the Month

Volunteer of the Month for May is [Heather Cachia](#) from Castle Hill. Congratulations Heather! Here is a snippet from the nomination:

Heather Cachia is relatively new to Masters and took to it like a duck to water. Heather enters and swims in as many Carnivals as possible. She is always a volunteer timekeeper in between her events. She also takes on and helps any “newbie” to carnivals making them feel at home and comfortable with the routine.

Please nominate a member that you appreciate! Simply write a paragraph describing the members impact on you or your club and they may win the \$30 Coles Myer gift card. Email your nomination to the Branch office BEFORE the Board meeting each month ie by noon on the Friday before the 3rd Monday (16 August). Small print- Be aware that the information may be used for publicity purposes.

Your Branch office is closed for holidays

Please be aware that the Branch office will be closed from next Tuesday 23rd July to Monday 5 August inclusive. While the phone and emails will be checked sporadically your messages will not be responded to until I return.

2014 swim meet calendar

Your Board has spent many hours deliberating over the 2014 swim meet calendar and it is near completion. Clubs with applications for the first four months will be notified of their dates within the next week however the calendar will not go on the website until SOPAC confirm bookings for our State Championships.

2014 Branch fees

The MSNSW Board has decided to leave the Branch component of membership fees at the same level for 2014. This means no rise to the 12 month \$30, 4 month \$25 and 16 month \$37 part of your subscription type. The National office has confirmed they will not impose any increase either so it is now up to clubs to have discussions and make decisions at club level regarding their fee component. You have 6 weeks before the 16 month & 4 month subscription types open, this is a good time to grow your membership.

Splash-e

We're back online with *Splash-e* and it is hoped to now become a monthly newsletter to keep the items more up to date and relevant. Please send a photo in with all stories. Anything happening in your club or around your pool that you would like to share? Send it in. Do, please, always date and label those in any photo's. In the last edition we advertised for a second face book administrator and got some interest. Thank you!

Intro Coach Course

This course is about to take place on Saturday 27 July here at Sports House, Olympic Park. If you or your club would like to learn more about what's involved in becoming or training as a coach contact our Branch Coaching director, Di Coxon-Ellis at coachdirector@mastersswimmingnsw.org.au or send an Expression of Interest to the branch office.

Masters Swimming NSW

Ground Floor, Sports House, 6A Figtree Drive, Sydney Olympic Park 2127
PO Box 6941, SILVERWATER NSW 2128 Phone 02-8116 9716 Fax 02 8732 1606
Email: admin@mastersswimmingnsw.org.au. Website: www.mastersswimmingnsw.org.au

STOP PRESS-do you own an ARENA POWERSKIN swimsuit?

Recall recall Recall recall Recall recall Recall recall Recall recall Recall recall Recall recall Recall recall Recall recall Recall recall
Have you recently purchased an Arena Powerskin Carbon-Pro suit? Are you aware that they have been withdrawn from sale? Arena will replace your suit but it may take six weeks so if you are hoping to compete soon...

Additional details about this matter, including remedies offered by arena to all swimmers going to compete in FINA sanctioned events, are available at arenapowerskin.com.

Technical Courses

I cannot say this often enough: All clubs are welcome to contact the NSW Training Coordinator to arrange for a course to be conducted at your club. Email Di Partridge on officialtraining@mastersswimmingnsw.org.au with your request. The pathways to becoming an official are on the national website www.mastersswimming.org.au under TECHNICAL.

Facebook



This is proving to be a successful adjunct to our website and email communications. If your club would like to foray into the world of social media our face book administrator is happy to assist and train you to launch a successful club page. Contact Roger at msnswfacebook@mastersswimmingnsw.org.au

National Calendar of events

If you are planning an Australian holiday take a look at the national calendar of events and include a swim carnival while interstate. You'll find the link on the front page of our website.

Sports Community courses

Sports Community provide a lot of training and information for local clubs and their volunteers. This is an interesting website to look into, whether you need advice on running your AGM or wanting to grow your club's membership, you'll find some tips or get pointed in the right direction at www.sportscommunity.com.au

Member Protection Information Officer

Are you interested in being the Branch MPIO? The **Member Protection Information Officer (MPIO)** is a person trained to be the first point of contact for a person reporting a complaint under, or a breach of, the Member Protection Policy. The MPIO provides impartial and confidential support to the person making a complaint. If you are interested in finding out more please go to <http://www.playbytherules.net.au/mpio>

COMING UP:



Bunbury Stingers Postal Swim now open: 3 x 400m timed swims by 1st August in 3 different strokes.



Sunday 4 August. Entries close **19 July!!!**



Sunday 11 August. Entries close 4 August



Saturday 31 August. Entries close 16 August

20-22 September Lismore Workers Club 8th Masters Games

The \$50 fee includes the swim clinic as well as competition entry. If you are only doing the competition then the entry fee is \$35.

June 28th – Early Bird Cut-off August 9th – Late Bird Cut-off

It's all in the information on the swimming page at www.lismoremastersgames.com.au

Jillian Pateman Administrator



The next Board meeting is scheduled for Monday 19 August 2013. These meetings are open to any member of Masters Swimming NSW. Please notify the branch office by the Friday before the meeting of your intention to join us or of any agenda items you wish to add.