



ABN: 42 468 116 472

Masters Swimming NSW

MSNSW Board Members – Jane Noake, Tony Tooher, Sue Wiles, Stuart Meares, Jon Hawton, Neil Keele and Owen Sinden. **Administrator** – Jillian Pateman

Monthly News – January 2014



Volunteer of the Month

Volunteer of the Month for December is Lindy Woodrow from Wett Ones.



Congratulations Lindy!

Here is a snippet from the nomination:

Lindy took on the role of editor of the branch newsletter while also actively competing in ocean swims and training in the pool.

Lindy brought a fresh and regular touch to the news. She expanded the subjects covered and sought articles beyond the usual: the basic philosophy was to encourage people to swim and enjoy their swimming.

Please nominate a member that you appreciate! Simply write a paragraph describing a member's impact on you or your club and they may win the \$30 Coles Myer gift card.

Email your nomination to the Branch office BEFORE the Board meeting on 17th February.

Small print- Be aware that the information may be used for publicity purposes.

Sports Development Officer

Please take some time to think about how this person may assist your club to expand its activities, reaching out to new people, being more prominent in your community or growing club numbers. What help does your club need?

Technical Courses

Competition!

News! MSNSW has launched a competition for clubs to get more technical officials trained up and accredited in the first half of 2014. Your club could win a Vorgee gift voucher for \$200 or \$100!! So don't hold back-organise ALL your members NOW to get, at minimum, a timekeeper accreditation in 2014. Contact DiP on officialtraining@mastersswimmingnsw.org.au to hold a training course on your own pool deck.

See attached flyer for details or contact the Branch office.

New Rules

The new rules came into force on 1st January 2014. A summary is inserted into swim meet programmes and clubs are asked to discuss these with all swimmers whether they compete or not.

Another rule to be aware of is that World records will not be recognised at a meet where non-MSA members are swimming. This will not have a large impact on MSNSW as most of our meets are 'members only' but will affect Pan Pacs, World Masters Games, Alice Springs Masters Games, Gay Games etc.

1. Club Committee form. Has your club returned this form yet? This is the Branch office's major resource!
2. Annual Report. Due now.

The Branch Annual Report is archived at the State Library so a memorable reference document.

Masters Swimming NSW

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Email: admin@mastersswimmingnsw.org.au. Website: www.mastersswimmingnsw.org.au

Raffle at State Championships

Would your club like to conduct the raffle at the State Championships in April? Please contact the Branch office immediately if your club is willing to put its hand up and then keep the proceeds. This is a nice fund raiser for your club so discuss now with your members that are already planning to attend.

Workplace Health and Safety

Injury or Incident. Should you or a fellow club member receive an injury whilst training, competing or involved in club activities you MUST complete an injury or incident form and send it to the Branch/National office. It needs to be reported as soon as practicable for insurance purposes so please do not leave it longer than 48 hours before letting us know. Forms are on our website under Downloads/Forms.

Annual Safety reports have been requested so please give some thought to what your club has been able to implement in 2013 and how many members have achieved or maintained their First Aid or CPR certificates. Safety Officers are to return these now please. A sincere thank you to the 23 clubs that have already submitted.

Is your pool 'meet' ready?

There has been some concern raised at the condition, safety and readiness of pools for competition. MEET DIRECTORS have the responsibility to check and approve the age, condition and quality of equipment being used at venues prior to all meets. This means the check list provided in the sanction process needs to be checked and marked off to the meet director's satisfaction. Poor quality and foreseeable incidents cannot be acceptable for our members.

Facebook



Our 'new look' website has been launched and a list of our recent facebook postings is visible on the home page for all members to be able to keep up to date - yes, even those not on facebook! Without any commitment from you to have a FB page you can keep up to date with all our chatter, and chat we do!

You'll find links there to sites like <http://www.playbytherules.net.au/>

So scroll down on our website's home page to keep 'posted'.

(You may need to re-enter the web address in your browser) www.mastersswimmingnsw.org.au

39th National Championships 23-27 April 2014-Rockhampton, Queensland

Entries close 14 March! Have you booked your flights and accommodation yet?

Merchandise is available at the MSQ website <http://www.mastersswimmingqld.org.au/>

February in NSW:



1st January - 30 April

Wests Auburn Postal swim

5km pool swim, solo or relay



1st February

Campbelltown Collegians

Entries closed



8 February

Myall Masters 10th Anniversary

Entries closed



15 February

North Sydney Sprint meet

Entries close this weekend!



Jillian Pateman Administrator



Office of
Communities
Sport & Recreation

The next Board meeting is scheduled for Monday 17 February 2014. These meetings are open to any member of Masters Swimming NSW. Please notify the branch office by the Friday before the meeting of your intention to join us or of any agenda items you wish to add.