



ABN: 42 468 116 472

Masters Swimming NSW

MSNSW Board Members – Jane Noake, Tony Tooher, Sue Wiles, Stuart Meares, Kari Baynes, Jon Hawton and Chris Lock. Administrator – Jillian Pateman

Monthly News – August 2015



Please note our new street address at the bottom of this page and NEW PHONE NUMBER.

The fax line has been discontinued but Post Box, email and website remain unchanged.

Volunteer of the Month had no nominations.

To nominate a MSNSW member simply write a paragraph describing their efforts & energy and email the branch office before 18 September. Small print- Be aware that the information may be used for publicity purposes.

Manly Masters Swim Club says goodbye to Harbord Diggers pool It was the last hoorah for Manly members last Saturday and their long time association with Harbord Diggers. How long? As long as MSNSW has been around and then some. The FIRST EVER Australian Masters Championships were held here in 1975. Manly hosted a morning tea on 29 August, with many past and present members in attendance. It was a lovely morning, my congratulations to the Manly club for organizing such a send off. (Pictures on our facebook page).

State Long Distance meet It was a great day at Knox Grammar, with over 120 swimmers. Many great swims and many, many records were broken. Congratulations to everyone who achieved their goals on that day. Congratulations to Tuggeranong who won the Division 1 trophy, North Sydney who won Division 2. Merrylands won Division 3 and Tattersalls won Division 4.

These trophies will be presented at the State Short course meet in Canberra in October.

Timekeeping at State Long Distance Thank you to the many swimmers who timekept during the very long day at Knox on 23 August. It was clearly stated in the program that due to the number of swimmers, each person who swam would need to timekeep for at least 1 hour so the day would run smoothly and everyone would get their time. While most people did timekeep (and most for more than one hour) there were still a few swimmers who turned up for their event, swam and then went home, leaving the others to do their work. This has been a problem for many years and despite pleas from officials and swimmers alike, there are still a few swimmers who do not contribute to the workload. The Board has resisted making timekeeping compulsory at long distance events but we have now come to the conclusion that this is the only way we will get 100% involvement from all who swim. If you have another suggestion please let us know, otherwise this will be discussed at the next Board meeting.

40th RUBY ANNIVERSARY DINNER Saturday 12 September 2015 7pm at **Ryde-Eastwood Leagues Club** Attendees now booked, catering confirmed, menu decided upon, speeches being edited, cake being iced, decorations are being hung, DJ warming up, it's feeling a lot like christmas. Oh no, that can't be right, must be our 40th BIRTHDAY!!! 153 members and guests are going to a party, all with a dash of ruby red.

ATTENTION CLUB REGISTRARS **16 month Subscription types are ready to go**

This was sent down to your console last weekend. Update your club fee and make the sub type active in your member portal on **Tuesday September 1** (but not before). Instructions have been emailed to you. IMGSTG will do a sweep through the member records and change all unfinancial members who are sitting in there as pending or active into inactive. This will clean the system up in readiness for September and December. IMGSTG will also make inactive any 12 month subscription types currently sitting in the club consoles so we don't have any accidental purchasers of this sub type. Time to check your console is now!

Coaching Development session Following on from the successful time had by both coaches and swimmers at the Whitlam Centre another coach's development session is being planned for later this year. If you would like to attend as a coach to be mentored by our best or if you'd like to come along as a swimmer and assist by putting their ideas into practice please email the branch office to get your name on the list. Numbers will be limited, date, time & venue still to be confirmed.

MSNSW Swimsuit It is hoped that the next order can be lodged so delivery is before the summer season begins. Order NOW!

Nova has notified us of a price rise, all names listed for the next order will be advised of the new cost.

2016 MSNSW swim meet calendar is now being finalised and sent to the printers, watch this space for events to look forward to. *Will there be another weekend away?*



Masters Swimming NSW

Sports House, Quad 1, Level 2, 8 Parkview Drive, Sydney Olympic Park 2127

PO Box 6941, SILVERWATER NSW 2128 Phone 02-8736 1232

Email: admin@mastersswimmingnsw.org.au. Website: www.mastersswimmingnsw.org.au

Attention Treasurers and Race Secretaries You must coordinate payment with entries for ALL meets! Host clubs are finding it too difficult to try and balance their books when you do not follow instructions clearly stipulated on the flyers. ie Eft payments must have a club code reference and be lodged on the day of entries so they can be married up! The following quote is a shocking example of the lackadaisical approach clubs are taking: *“Of the 27 clubs that entered our carnival- I did not hear anything from 11 of those clubs at all”* This makes an individual online entry system almost inevitable.

So, coordinate payment with entries and don't forget to send the printout of the Team Manager report to the club contact. Thank you in anticipation of a more streamlined & less stressful process at all levels.

***NEW* ONLINE COACH COURSE** is now available. Full details can be found on Masters Swimming Australia's website. In brief, it costs \$95 and is the first step to being qualified as a Masters Coach. Once you have purchased the course you can do it over a number of days or weeks to suit your schedule and you can revisit it after completion. The online course is an adaption on the Bronze online course, candidates are advised that it may take 6 hours to complete but most people do it faster than that. If you have completed the old Intro Coach course then you have 12 months to complete your qualification with the Club Coach course.

Webmaster- MSNSW is looking for a member who would like to take on webmaster duties, and join our current webmasters in looking after our website. If you are interested contact Jillian as the office. We would love to have one or two new members to share the workload.

Social Media If you don't have access to facebook you can look on the front page of our website www.facebook.com/mastersswimmingnsw and keep up to date with the happenings of Masters Swimming NSW clubs and members. **Tell us what your club is doing so we can share! Send photos!**

Medical Disability form for swimsuits For those among us that, for medical reasons, have specific swimwear requirements eg non-compliant fabric, extra strapping or padding, the MSNSW Board has created an exemption form to be signed by a medical practitioner advising referees about the individuals' needs.

Please note: This is NOT a Masters Swimming Australia exemption and would not be accepted at interstate or National competition.

2015 National Swim Series Next up is MSNT on October 3-4. If you competed in Hobart you're already participating so please consider going further afield with your swims. The MSNSW Short Course Championships in Canberra is our leg of the National series on 17-18 October.

Lost property found at the Long Distance Championships a wonderful jacket from the National Championships in Hobart. Not my size so please contact the Branch office to arrange for its return to owner.

National Championships- Melbourne 2016 — 8 months to go The program for next year's National Championships, hosted by Masters Swimming Victoria, is available. Four days of tough competition at MSAC from 21 April, bookings open on 10 December 2015. **Eat, Play, Love!** Accommodation options are available & volunteers and Technical Officials are required, please contact the branch office for details.

Thinking of going to Canberra? If you are planning your trip to Canberra for the short course championships in October you could look at accommodation options onsite provided by the AIS.

Coming up in NSW/ACT:

Ryde	05 September	Entries closed
40th RUBY ANNIVERSARY DINNER	Saturday 12 September	Ryde-Eastwood Leagues Club
Tuggeranong	19 September	Entries close 04 September
Warringah	26 September	Entries close 11 September
NSW state champs	17-18 October	Entries close 30 September

Jillian Pateman Administrator

Supported by the



The next Board meeting is scheduled for Monday 21 September 2015. These meetings are open to any member of Masters Swimming NSW. Please notify the branch office by the Friday before the meeting of your intention to join us or of any agenda items you wish to add.

Masters Swimming NSW

Sports House, Quad 1, Level 2, 8 Parkview Drive, Sydney Olympic Park 2127
PO Box 6941, SILVERWATER NSW 2128 Phone 02-8736 1232

Email: admin@mastersswimmingnsw.org.au. Website: www.mastersswimmingnsw.org.au