



ABN: 42 468 116 472

Masters Swimming NSW

MSNSW Board Members – Jane Noake, Tony Tooher, Sue Wiles, Stuart Meares,
Jon Hawton, Chris Lock and Owen Sinden. **Administrator** – Jillian Pateman

Monthly News – April 2015



Please note our new street address at the bottom of this page and NEW PHONE NUMBER. The fax line has been discontinued but Post Box, email and website remain unchanged. This is the venue for the AGM in May.

Volunteer of the Month was Jon McRae from Tuggeranong Vikings Masters Swim Club.

Congratulations Jon! *“Jon has spent many hours working behind the scenes streamlining our finances. He has introduced a card system and organised our money collection at training to make it as efficient as possible. Jon has also been spending many hours upgrading our banking system, safeguarding our finances and working out the safest way our club can use internet banking.”*

To nominate a MSNSW member simply write a paragraph describing their impact on you or your club and they may win the \$30 Coles Myer gift card. Email your nomination to the Branch office by 15 May.

Small print- Be aware that the information may be used for publicity purposes.

Time to Party.... 40th RUBY ANNIVERSARY DINNER We turn 40 this year! It's our ruby anniversary and a State dinner—smart casual (with party) is on Saturday 12 September 2015 to which everyone is invited.

Members will enjoy a subsidised price of \$40 per head and non-members \$50 per head, bookings are open through the branch office, why not book a table for your club? **Bookings now open.**

Photos from your club's history are sought At the State dinner there will be a video collage of where we've come from, who we are and what we've been up to in the last 40 years. To support this project each club is asked to provide up to ten favourite photographs that highlight your years. Last call!

Technical requirements: at least 2mb but less than 4mb at 320 dpi each.

Please choose wisely and submit to the branch office IMMEDIATELY so your club is included.

Are you a current Technical Official? You can order a new polo shirt from the branch office for a subsidised price of \$15 which has the new logo. There is no necessity to buy but we have many newly qualified officials who do not yet have a 'uniform' shirt.



Blacktown City Masters Report from the National Championships in Hobart.

The Blacktown Masters Swimming Club has pulled off a major success by winning the hotly contested 40th annual Masters National championships recently held at the Hobart Aquatic Centre over 4 days in April.

A total of 94 clubs from all over Australia competed at this meet, with Blacktown sending a strong contingent of 35 swimmers, with ages spanning from 22 to 71. The competition between the top clubs was fierce, with Malvern Marlins & PowerPoints (Victoria), Launceston Lemmings & Hobart Aquatic (Tas), Claremont Masters (WA) & Tuggeranong Vikings (ACT) all providing strong competition.

The preparation was long & hard, the planning & motivation required to get everyone together was tedious, but we managed to come together to pull off what was arguably the greatest result in the club's long history.

We had quite a few very accomplished former members making a comeback for this meet after some years out of the water and/or competition. The club's last & only other major success was back in 2005 in Hobart where we managed to achieve the same result. Tassie water must agree with us!

Many personal bests (PB's) were achieved at the meet, with the club taking home an impressive total of 47 gold, 27 silver & 30 bronze medals across all age groups and relays.

Long-time member Clary Munns broke 2 World Records at the meet, in the 800m IM & 50m Backstroke events in the women's 70-74 year age group. Out of 11 individual swims, Clary won 10 gold medals. Clary is one of the most decorated Masters Athletes in Australia. Clary was named the female swimmer of the meet.

Stewart Gough (Men's 35-39) in another amazing achievement managed to win 10 gold medals from his 11 swims.

Other multiple gold medal winners were Jon Hawton, Kasey Shepherd, Pamela Nix, club captain Mark McDonald, Damien Eyre & Lee Murphy. (There are too many medal winners to list here)

This was obviously a fantastic result for the club, credit must be paid to our head coach Leonie Talbot for the work she has put into the swimmers over the last few seasons in the build up to this event.

Credit also to our club's social secretary Sue Reinker for the huge task of organising, motivating & bringing the team together for this meet.

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Thanks to the Blacktown Aquatic Centre (our training venue), The Blacktown Council, & to local sport & recreation development officer Mr Matthew O'Connor for their assistance in helping provide fully subsidised lane hire for our nightly training sessions in the last few months.



A note from Clarence River Masters Swim Club Firstly, we had 10 members swim at the Copeton Waters Dam swim. We had swimmers in all the events, 5km, 2 1/2km and 600m. We all finished and had fantastic results. We also had 2 members provide water safety, which was provided by Yamba Surf Club. We again had such a fun weekend of camping, fishing, hiking, biking and even had our own coffee machine! I would love to see other clubs come next year. We had 2 members compete at the Nationals in Tassie and 1 member competed at the National Surf Life Saving Titles.

Three members headed off for the Anzac Centenary Celebrations, representing Yamba Surf Club, and I am sure Masters Swimming! Then there's 1 member and wife walking the Kokoda track in memory of the Anzacs. It's a really busy time of year for our club leading up to our annual June long weekend carnival and I hope lots of members come along. I hear the weather is going to be fine and sunny!!! We also have a new item on our agenda for the dinner on Sunday night, its being keep secret, but I think it may be some sort of [REDACTED]! Should be a lot of fun. It really is about fitness, friendships and fun here in the Clarence Club. *Jane L*

FINA Masters World Championships in Kazan, Russia 9-16 August 2015. Entries have now opened and you need a certificate of membership, available through the National office. IST sports tours are offering travel packages info@sportstours.com.au The registration for the FINA World Masters Championships is **INDIVIDUAL**. Each participant must create their own account and register through the FINA General Management System (FINA GMS) Public Portal <https://registration.fina.org> Please note the following important deadlines for registration: **FINAL registration and individual events deadline: 15 June 2015** *No registrations will be accepted after 15 June & all individual event entries must be paid by 15 June 2015.* **FINAL Sport Entries (Correction for individual events and submission of team events entries) Deadline: 02 July 2015** For all information about the FINA World Masters Championships in Kazan please refer to the Official website of the Championships: <http://masters.kazan2015.com/en> Should you have any questions relating to the event, please send enquiries to: masters2015@kazan2015.com

Updated news: Mexico cancelled their hosting of the 2017 Masters World Championships and Budapest, Hungary has picked it up!

2015 National Swim Series Next up is the MSV LC Championships at MSAC on 17 May followed by the MSTAs Winter Championships in Launceston on 22-23 August. If you competed in Hobart you're already participating so please consider going further afield with your swims.

National Championships- Melbourne 2016

The program for next year's National Championships, hosted by Masters Swimming Victoria was released in Hobart. Four days of tough competition at MSAC from 21 April, bookings open on 10 December 2015.

Social Media We now have 1494 likes! Look on the front page of our website or visit our fb page directly at www.facebook.com/mastersswimmingnsw This is a good way to keep up to date with the happenings of Masters Swimming NSW. **Tell us what your club is doing so we can share!**

MSNSW Swimsuit Ongoing orders will be placed each time we get the minimum fifteen so feel free to leave your name at the branch office.

****Nova has notified us of a price rise, all names listed for the next order will be notified of the new cost. ****

Castle Hill RSL Masters Swim club are to be congratulated for hosting a free fun event last Thursday at 6.30pm. A few masters members managed to attend and they all had a ball. A fabulous supper was provided after the event by the RSL club and the whole evening was to commemorate and recognise the diggers at ANZAC Cove swimming each day, and recognising the tough conditions they endured. Thanks NCL!

Mildura Murray Masters have sent through the flyer for the weekend of 15-16 August. Details available.

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Medical Disability form for swimsuits It was brought to the Boards attention that the rules of masters swimming does not make allowances for those among us that, for medical reasons, have specific swimwear requirements. Eg non-compliant fabric, extra strapping or padding. For this reason the **NSW** Board has created an exemption form to be signed by a medical practitioner advising referees about the individuals' needs. Please note: This is NOT a Masters Swimming Australia exemption and would not be accepted at interstate or National competition.

Thredbo Training Camp The branch office has information from the Thredbo Alpine Village if your club wishes to have a training camp with altitude! Ryde and Tuggeranong clubs participate in a spirited weekend away annually enjoying what the Snowy's have to offer. Packages are available.

Transport costs are now reinstated Clubs hosting swim meets need to have certain equipment for the smooth running of the event and this MUST be picked up from the previous meet. The transport cost (\$25) is now reinstated as too many clubs have not organised collection and the delivery has been imposed upon others. Equipment remains free if collected.

Results of member survey At the branch Championships last month there was a survey asking members their opinions on where/when they wanted the Championships. Results are now in and the favoured venue is SOPAC, while it was 50/50 on having it prior to the National Championships the majority did want to retain both LC & SC Championships annually and not combine or alternate them. The Board thanks all respondents for taking the time to participate. Please know that the Friday/Saturday timing IS NOT a decision taken by MSNSW but rather the ONLY dates offered by SOPAC.

Coming up in NSW & beyond:

	Grape Escape in Griffith	Mini meet & Coach clinic	Entries closed
	Wests Auburn 5000m Turtle swim	Solo or Relay	<u>Postal swim closes 30 April</u>
	Bunbury Postal swim	3 x 400m swims	From 1 May to 30 June
	ANNUAL GENERAL MEETING 16 MAY Ettalong Pelicans swim meet	Sydney Olympic Park 23 May	All welcome Entries close on 8 May
	Wett Ones swim meet	30 May	Entries close on 15 May
	Clarence River Masters	6-7 June	Entries close on 22 May

40th RUBY ANNIVERSARY DINNER

Saturday 12 September

Ryde-Eastwood Leagues Club

Jillian Pateman Administrator

Attached: IST Kazan tour information



Supported by the



The next Board meeting is scheduled for Monday 15 June 2015. These meetings are open to any member of Masters Swimming NSW. Please notify the branch office by the Friday before the meeting of your intention to join us or of any agenda items you wish to add.

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