



MASTERS SWIMMING NSW INC.

2015 ANNUAL REPORT

Life Members:

Ken Ford (dec)

Brian Hird

Sue Johnstone

George McGilvray (dec)

Jane Noake

Helen Rubin

Beryl Stenhouse

Gary Stutsel

Margaret (Peg) Wilson (dec)

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PRESIDENT'S REPORT 2015

2015 was a very special year for Masters swimming in Australia and particularly NSW being the 40th year since its birth in September 1975.

Quoting from the history of the first 10 years penned by Gary Stutsel the formation of A.U.S.S.I., the organisation that eventually became Masters Swimming Australia, can be likened to the conception, then birth of an elephant or a whale. It was 18 months from when the seed was sown in March 1974 until the birth in September 1975.

Similarly some of the events of 2015 took 18 months of preparation and we hope that we celebrated the hard work of many who formed our organisation and made it what it is today.

Our first celebration was our “grape escape weekend” in May where a number of NSW and Victorian members went to Griffith for a weekend of AUSSI fun, fitness and friendship. A number of our coaches led a session on Saturday afternoon for the Bidgee club members and local swimmers to give them an idea about our club sessions. It was very well attended, even had the local press and the afternoon was enjoyed by all. Before the session we had enjoyed a trip to a couple of the local wineries, purchased some local wines, enjoyed lunch together and then headed to the pool. After the session some of us met at the pub, then on to one of the local Italian restaurants for the fun and friendship part of the weekend.

On Sunday morning we held a mini meet, the aim was to show the local community what Masters swimming is about and how much fun our meets can be. It was a fun morning and we had a number of visitors enjoy competing with us and even had the local mayor say a few words. Afterwards we had a celebration, with lots of prizes (thanks to Robyn and the Bidgee members) and our first 40th anniversary cake which was fittingly cut by Gary Stutsel, one of the founders of our organisation. The weekend had been organised by Sue Wiles, our country Vice President, Jillian Pateman, our administrator and Robyn Hoare with the help of other Bidgee members and was a great success.

After seeing how much the club benefitted from a coaching session, the Board agreed to send a coach out to Griffith once a month for the rest of the year to run a training session and hopefully help the members build up their club. Thanks to Paul Bailey who organised coaches to go to Griffith and thanks to the coaches who went to Griffith during the year. I am very pleased to say that the Bidgee club doubled in size last year and I hope it continues as there is talk of a new 50m pool being built to go with their 25m indoor pool.

Our AGM was held in May and we thanked Owen Sinden for his 2 years of contribution to the NSW Board and welcomed Kari Baynes as a new member to the Board. Our annual awards were presented at the lunch following the AGM and congratulations to Blue Mountains Phoenix who were named Club of the Year for 2014. As we love to party we shared another birthday cake at the AGM for our 40th anniversary.

The world championships were held in Kazan in Russia this year, the first time they had been aligned with the FINA world championships (they were held immediately afterwards) and I believe they were a great success. There were many notable results but I would like to particularly highlight Tony Goodwin's hat trick of gold medals in the 50m, 100m and 200m breaststroke, which in fact completed a hat trick of hat tricks- he also won the 3 events in Riccione and Montreal. Congratulations to Tony, I would be surprised if this has ever been achieved before and we are very proud of your achievements. This success led to Tony getting some great press when he was back in Australia and during these interviews Tony was able to heavily promote Masters swimming.

Our 40th Ruby anniversary dinner was held at the Ryde Eastwood Leagues club on 12th September and as I have already mentioned was in planning for around 18 months. My thanks to Ruth Fitzpatrick and Dawn Gledhill who did the original footwork on securing the venue, it certainly was a wonderful place to hold our celebration.

Our guest of honour was Gary Stutsel who gave a memorable speech with a little help from Carol Dawson and Paul Wyatt. It was intriguing to hear all the anecdotes from early years. I must thank Gary, once again with a lot of help from others such as Carol Dawson, Brian Hird, Beryl Stenhouse, Lena Theuns and particularly Paul Wyatt who has written the history of the first 10 years of A.U.S.S.I which is well worth reading.

Steve Lamy was our host for the night and did a wonderful job, particularly with our trivia questions which had everyone thinking about yesteryears. Lovely to see some of the more mature faces of our organisation who played a part in making us what we are today.

Our 40th anniversary cake, was cut for us by the youngest person in the room, thank you Jess and we celebrated the rest of the night with stories, dancing and heaps of friendship.



My thanks to everyone who helped us celebrate this occasion and particular thanks to Jillian Pateman (our party planner) who did a wonderful job organising the night (with a little help from her friends).

In the pool there were lots of memorable meets, swims and records. A particular mention of Clary Munns who continued where she left off in 2014 breaking record after record- congratulations on an awesome year Clary.

WE lost a few members during 2015, may they rest in peace and be remembered by us all for their contributions to our 40 years.

My thanks to Roger Dietrich who retired from the role of facebook administrator late in the year due to mounting pressures in his business. We appreciate your massive contribution to Masters swimming social media over the past few years and hope one day to see you back in the pool.

Each year there are a significant number of people who work together to make our organisation what it is, and my sincere thanks to each and every one of them, but this year I would like to offer particular thanks to those who were involved in the founding of A.U.S.S.I, without whom we would not be what we are today.

I hope we all enjoyed the celebrations of our great organisation's 40th birthday and look forward to many more years of Fun, Fitness and Friendship.

Jane Noake
President

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COUNTRY VICE PRESIDENT'S REPORT 2015

In late 2015 the board slightly restructured the breakdown of clubs into seven regions that reflect the reality that the bulk—29—of our clubs are within much the same driving distance from Sydney. So we've called this the Greater Sydney region and, yes, it's quite big. It stretches from the Central Coast to south-west Sydney to the Blue Mountains. The Hunter region is the seven clubs around Newcastle, the coast just to the north of Newcastle and the Hunter Valley. The North Coast remains Clarence River, Coffs Harbour and Port Macquarie; New England is Armidale and Tamworth; Western is Dubbo, Orange and Bidgee; Illawarra is Wollongong and Oak Flats; and ACT is Ginninderra, Molonglo and Tuggeranong. The reason for doing this was to clarify which clubs could be regarded as country and therefore eligible (through the board) for funds such as Go Country.

Nine of the BPS carnivals in 2015 were held in metropolitan areas and six in country regions. In addition to the branch (MSNSW) carnivals, the ACT held three interclub swim meets (March, June, November) and MSNSW supported the very successful Bidgee Masters Grape Escape weekend in Griffith (in western NSW) in early May. Bidgee member Robyn Hoare was crucial in organising the Griffith end of this venture and our thanks go to her for her hard work. Two positive outcomes from this weekend are that plans have firmed for the construction of an outdoor 50-metre pool in Griffith and there has been an increase in membership of Bidgee Masters.

Another good outcome from Griffith was that several coaches (from Sydney and the ACT) volunteered their services to Bidgee for once-a-month coaching sessions, to help keep the momentum going. This meshes nicely with the board's thinking on how to offer coaching and stroke correction clinics to regional clubs on a periodic basis. This discussion continues.

The board is keen to hold similar weekends in regional areas but with 2016 almost gone and 2017 awash with national and international meets we'll have to wait until 2018 to put another event in place. In the meantime, plans are afoot to initiate local carnivals in regional areas, such as the north coast and New England, both to give local masters swimmers more opportunities to compete and to gain experience as officials without having to travel vast distances and to encourage non-masters adult swimmers to join in. These carnivals will probably be run along the lines of the interclub mini meets Tuggeranong has been putting on.

Again, country clubs have enjoyed the Endurance 1000 program. Nine swimmers, from 4 clubs, completed all 62 swims for maximum points, while another 37 swimmers, from 9 clubs, completed 20 or more swims. Tuggeranong came a creditable second for the top scoring club trophy, with Port Macquarie fourth and Novocastrian fifth.

Sue Wiles

Country Vice President

NATIONAL BOARD DELEGATE'S REPORT 2015

During 2015 I attended both the autumn meeting which was held after the National Championships in Hobart and the spring meeting that was held in October.

At the autumn meeting there were two (2) motions tabled and voted on.

1. The first motion was in relation to proposed changes to Masters Swimming Rules to reflect changes that were made to the FINA rules in 2014.
 - This motion was carried.
2. The second motion was in relation to National Heart Foundation trophy and no longer engraving the trophy and moving to a virtual trophy cabinet on the national website.
 - This motion was carried.

Other items of discussion included a review of the National Championships held at Hobart of the overall consensus was that it was a successful championships although there was a few issues raised regarding the running of the long distance events and the popularity of the dinner and presentation evening.

Of interesting note was the rotation schedule for the future championships with an extended discussion on the venue for the 2017. With the World Masters Games and the FINA World championships to be held during 2017 there was concern regarding the possible drop in attendance and hence viability of the event.

At the spring meeting only two motions were discussed and voted on.

1. That two additional rules be added.
 - a. Life Members' Trophy - For Clubs with 5-20 members. Number of points gained at the Championships divided by membership at end of previous year.
 - b. Presidents' Trophy - For Clubs with 21-50 members. Number of points gained at the Championships divided by membership at end of previous year.
 - The motion was carried.
2. That the general rules be amended to allow virtual clubs to win the trophies.
 - The motion was carried.

There was a lot of discussion regarding membership numbers and that some branches numbers were declining. The resultant action was for the national body to ask the branches for recommendations or actions that could address this fall in membership.

MSQ announced that the 2017 National would be held at the Southport facility in March of that year. MSQ will look to use the same on line entry system that was used in Hobart.

Discussion was held on the topic of introducing a Masters Swimmer of the Year. The vote for this was put the meeting and was carried. (Note that the meeting minutes do reflect the notes taken by myself on the branches that voted yes, no or abstained.)

There was also some discussion as to whether Masters Swimming could offer an OWS at the SAL event going forward.

ADMINISTRATOR'S REPORT 2015

Governance

Masters Swimming NSW is governed by a board of seven members assisted by position holders in Endurance, Coaching, Recording, Safety, Technical, Training and Technology. Board members were elected at the Annual General Meeting held in May 2015 which was attended by 41 registered persons representing 18 of our 51 clubs. Kari Baynes from Wett Ones Masters was voted onto the board and outgoing Owen Sinden from Campbelltown Collegians was thanked for his contribution over the past two years.

MSNSW offices, located at Sports House in Sydney Olympic Park, remained rent free; we pay for outgoings. During 2015 the office moved within the Olympic Park precinct from Figtree Drive to Parkview Drive.

Membership figures for 2015 dropped slightly compared with previous years, finishing around 1500, but participation numbers at swim meets remained stable.

Promotions

Awards

Male & Female Swimmer of the Year awards were awarded at the Annual General meeting to Bill Walker, Novocastrian and Clary Munns, Blacktown City.

Anne Smyth from Tuggeranong Vikings, in the ACT, was awarded MSNSW Coach of the Year and then went on to be named MSA Coach of the Year. Tuggeranong Vikings is a pro-active club with Anne on pool deck and members are at both swim meets and open water swims where they are achieving many personal best times.



Sue Wiles was awarded MSNSW Official of the Year and was a finalist in the Sport NSW Volunteer awards and attended a function at NSW State Parliament where she was presented with a trophy.



Recognition

Many members of MSNSW were recognised for their work and dedication during 2015. These included, but are not limited to, Jamie Turner (Gary Stutsel Award), Paul Vallis and Graham Campbell (Administration Award), Kerry Blanch (Ian Davis Award) and John Kulhan (Betty Grant Award). The branch offers congratulations to all these plus the many others nominated.

We also acknowledged members at club level with the Volunteer of the Month award going to Melanie Holdsworth NBM, Ted Samojlowicz NML, Judith Glover NMM, Jon McRae NTN, Robyn Hoare NMB, Sue Currie NRY, Jenny Shay NLP and Lindsay Brice NML.

While our coaches on pool deck are the backbone for our swimmers the Technical Officials on pool deck at swim meets are guiding lights and deserve special mention. Thank you to all of them.

Competitions

MSNSW sponsored the Fine Ocean swim series with oceanswims.com
The prize offered was a 2015 membership with our Bushrangers club.

Marketing

The start of 2015 was focussed on the acknowledgement of our 40th anniversary with many celebrations and opportunities to enjoy the history of our sport. Not least of these was a social weekend away in Griffith.

Bidgee Masters club reside here and are a small club that chooses to grow. A Grape Escape weekend was organised with advice and assistance from Sports Marketing Australia and in conjunction with Griffith City Council. Bidgee club members pulled out all the stops with warmly welcoming the visitors and plenty of partying and swimming took place.

MSNSW thanks the participants from MSV & MSSA that were able to take part in the winery tours, coach clinic and mini-meet. Many friendships were made & have continued since.

On 12 September 2015 MSNSW hosted a 40th Anniversary dinner with honoured guest and one of our founding members Gary Stutsel. Gary was one of six Life Members present plus Noeleen Dix, General Manager of Masters Swimming Australia.



Programs & Activities

Technology Team

The volunteer Webmasters team maintain an interesting and up to date website ensuring relevant information is available to members in a timely fashion. All this behind-the-scenes activity provides MSNSW members with facts, news, ideas and information in a consistent format with Masters Swimming Australia.

Facebook

An active volunteer Facebook team administer our social media platforms and are constantly communicating, updating and sourcing information and relevant material. With over 1700 likes our page continues to amuse, educate and keep us 'social'. It's all about the fun and friendship in our sport!

Roger Dietrich is not able to rejoin MSNSW in 2016 due to work commitments and new business ventures. We will miss him sorely but wish him well and look forward to the future when he is able to take the sport back up again. His report follows.

Coaching Team

While we didn't get to present the new Club Coach course in 2015 there was a fair amount of activity with a session at our weekend in Griffith which was followed with visits from coaches after the event and a Coaches Development day at Liverpool. Di Coxon-Ellis's report follows.

Endurance 1000 Recorder

The 2015 Endurance 1000 results have been finalised after a lot of work by both the Branch Recorder Jenny Whiteley, and the National Recorder Pauline Samson. MSNSW had 21 members gain maximum points and nine others achieved all 62 swims-report follows. The work done by volunteers throughout our sport is quite outstanding.

Safety

It is highly recommended that clubs organize CPR and First Aid courses for their membership, this not only provides assistance in a time of need but gives everyone added confidence that they could lend a hand.

Technical and Training Team

The expertise MSNSW has within its ranks is phenomenal and often not appreciated but we are guided and supervised by well trained and well respected volunteer professionals. I call on clubs to qualify their members at the minimum Timekeeper level and encourage all to take on responsibility to train up to assist at swim meets. Training courses are free and while often booked in at swim meets can also be arranged to be presented at a time convenient to your members.

Swim Meets

Throughout NSW and the ACT twenty-one sanctioned meets were booked to be held in 2015. The calendar was made up of nine long-course and twelve short-course meets but two of those had to be cancelled during the year due to pool renovations then timetable clashes.

Our long course championships were conducted at SOPAC over a Friday evening and all day Saturday, due to pool availability, with 293 swimmers booked in to compete from 40 clubs.

The branch relay meet in July was held in the short-course diving pool at SOPAC, attracting 277 swimmers from 14 clubs, the branch long-distance short-course championships were held in August at Knox Grammar School, with 124 swimmers from 33 clubs and the short course championships were held in October over two days at the AIS in Canberra attracting 198 competitors from 40 clubs.

Acknowledgements

Mark Hepple continues to work tirelessly on the branch website keeping it current and relevant and revised and reviewed many documents. I am so very grateful for his expertise.

MSNSW acknowledges the work of its many volunteers in assisting to conduct the business in all areas of the Branch, in the office, at meets and in all clubs. This includes, but is not limited to, three facebook administrators, three webmasters and two office assistants and the many, many officials and timekeepers that consistently provide professional service to the organisation.

We continue to have two dedicated members who volunteer their time to assist in the branch office—Kevin Stirling and Jamie Turner—and I am most grateful to them. They often get the drudge tasks, counting stocktaking, checking and collating, even standing out in the weather to provide carpark access at the AGM. Thank you Jamie and Kevin!

We again had the assistance of Volunteering NSW at branch championships with timekeeping and running and are most appreciative of their presence.

My thanks also go to the national General Manager and Administration Manager for their consistent support throughout 2015. Thank you Noeleen and Jane, I love having you both on the end of the telephone.

Jillian Pateman
Administrator

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THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

BOARD REPORT
FOR THE YEAR ENDED 31 DECEMBER 2015

Your committee members submit the financial report of The NSW Association of Aussi Master Swimming Clubs Inc. for the financial year ended 31 December 2015.

1. General Information

Committee members

The names of committee members throughout the year and at the date of this report:

Chris Lock	Jon Hawton
Kari Baynes	Tony Tooher
Stuart Meares	Sue Wiles
Jane Noake	Owen Sinden

Principal Activities

The principal activities of the Association during the financial year were the promotion of sport, in particular that of being a national organisation founded to encourage all adults regardless of age or ability, to swim regularly in order to promote fitness and improve this general health.

Significant Changes

No significant change in the nature of these activities occurred during the year.

2. Operating Results and Review of Operations for the Year

Operating Result

The deficit of the Association for the financial year after providing for income tax amounted to \$4,226 (2014: deficit \$5,116)

Signed in accordance with a resolution of the Members of the Committee:

Committee Member

Committee Member

Dated this _____ day of _____ 2016.

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472**

TREASURER'S REPORT

**To the Members of
The NSW Association of AUSSI Masters Swimming Clubs Inc.**

I have pleasure in submitting the financial report for the year ended 31 December 2015. Whilst the report gives a clear view of the result for the year and of the financial position of the association at year end, I would like to make the following comments.

The activities of the Association throughout the year resulted in a deficit of \$4,226. The income of the Association rose slightly for the period. Expenditure also rose slightly with the costs of digitising our archives and the 40th Anniversary Dinner not quite being covered by the loss of the Sports Development Officer.

The deficit has reduced the Association's asset base with net assets of approximately \$218,000 and liquid funds of \$228,032.

I would like to thank the Committee and Jillian for their hard work and assistance.

Stuart Meares
Honorary Treasurer

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

STATEMENT BY MEMBERS OF THE BOARD

The committee has determined that the Association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In the opinion of the committee the financial report:

1. Presents fairly the financial position of the NSW Association of AUSSI Master Swimming Clubs Incorporated as at 31 December 2015 and its performance for the year ended on that date.
2. At the date of this statement, there are reasonable grounds to believe that the NSW Association of AUSSI Master Swimming Clubs Incorporated will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the committee and is signed for and on behalf of the committee by:

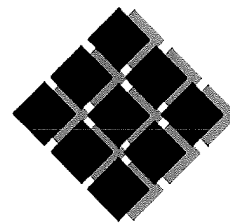
Committee Member

Committee Member

Dated this

day of

2016.



INDEPENDENT ASSURANCE PRACTITIONER'S REVIEW REPORT TO THE MEMBERS OF THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.

Report on Financial Report

We have reviewed the accompanying annual financial report of The NSW Association of Aussi Masters Swimming Clubs Inc., which comprises the statement of financial position (balance sheet) as at 31 December 2015, and the statement of profit or loss and other comprehensive income, statement of changes in equity and statement of cash flows for the year ended on that date, notes comprising a summary of significant accounting policies, other explanatory information and the declaration by the members of the committee.

Committee Members' Responsibility for the Financial Report

The committee of the association is responsible for the preparation and fair presentation of the financial report in accordance with the applicable Australian Accounting Standards, NSW Associations Incorporations Act 2009 and Associations Regulations 2010, and for such internal control as committee determines is necessary to enable the preparation of financial report that is free from material misstatement, whether due to fraud or error.

Assurance Practitioner's Responsibility

Our responsibility is to express a conclusion on the accompanying financial report. We conducted our review in accordance with Standard on Review Engagements ASRE 2400, *Review of a Financial Report Performed by an Assurance Practitioner Who is not the Auditor of the Entity*. ASRE 2400 requires us to conclude whether anything has come to our attention that causes us to believe that the financial report, taken as a whole, are not prepared in all material respects in accordance with the applicable financial reporting framework. This Standard also requires us to comply with relevant ethical requirements.

A review of financial statements in accordance with ASRE 2400 is a limited source engagement. The assurance practitioner performs procedures, primarily consisting of making enquiries of management and others within the entity, as appropriate, and applying analytical procedures, and evaluates the evidence obtained.

The procedures performed in a review are substantially less than those performed in an audit conducted in accordance with Australian Auditing Standards. Accordingly, we do not express an audit opinion on the financial report.

Conclusion

Based on our review, nothing has come to our attention that causes us to believe that this financial report do not present fairly, in all material respects, the financial position of The NSW Association of Aussi Masters Swimming Clubs Inc. as at 31 December 2015, and of its financial performance and cash flows for the year then ended, in accordance with the applicable Australian Accounting Standards, NSW Associations Incorporation Act 2009 and Associations Regulations 2010.

W.W. VICK & CO.

Chartered Accountants

Peter P. Vlahopol
Partner

Dated:

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

INCOME STATEMENT
FOR THE YEAR ENDED 31 DECEMBER 2015

	2015	2014
	\$	\$
Income		
Registrations - State	42,218	40,460
Surplus at Carnivals	9,413	6,573
Other Income	500	753
Affiliation Fees	2,110	2,150
Interest Received	3,422	5,027
NSW Government Grant	20,000	20,000
Total income	<u>77,663</u>	<u>74,963</u>
Expenditure		
Administration & General Expenses	2,742	2,300
Aerobic Production	2,515	1,546
Anniversary Dinner	5,276	-
Archival Expenses	9,525	-
Coaching Costs	1,766	276
Computer Expenses	4,761	5,704
Depreciation	1,395	2,099
Insurance	300	189
Membership & Officials' Development	838	15,706
Postage	455	620
Printing & Stationery	499	1,396
Promotional Expenses	76	301
Repairs & Maintenance	144	250
Review Fees	2,200	2,310
Salaries & Wages	44,684	42,750
Superannuation	4,343	3,885
Telephone	370	439
Top 10 Production	-	308
Total expenses	<u>81,889</u>	<u>80,079</u>
Deficit before income tax	(4,226)	(5,116)
Income tax expense	-	-
Deficit after income tax	<u>(4,226)</u>	<u>(5,116)</u>
Retained surplus at the beginning of the financial year	220,695	225,811
Retained surplus at the end of the financial year	<u><u>\$216,469</u></u>	<u><u>\$220,695</u></u>

The accompanying notes form part of these financial statements.

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

STATEMENT OF CHANGES IN EQUITY
FOR THE YEAR ENDED 31 DECEMBER 2015

	RETAINED EARNINGS	RESERVE - BETTY GRANT LEGACY	CORPUS	TOTAL
	\$	\$	\$	\$
Balance 1 January 2014	225,811	1,000	532	227,343
Deficit for the 2014 year	<u>(5,116)</u>	<u>-</u>	<u>-</u>	<u>(5,116)</u>
Balance 31 December 2014	220,695	1,000	532	222,227
Deficit for the 2015 year	<u>(4,226)</u>	<u>-</u>	<u>-</u>	<u>(4,226)</u>
Balance 31 December 2015	<u><u>\$216,469</u></u>	<u><u>\$1,000</u></u>	<u><u>\$532</u></u>	<u><u>\$218,001</u></u>

The accompanying notes form part of these financial statements.

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

ASSETS AND LIABILITIES STATEMENT
AS AT 31 DECEMBER 2015

	Note	2015 \$	2014 \$
ASSETS			
CURRENT ASSETS			
Cash and cash equivalents	2	228,032	241,039
Trade and other receivables	3	20,000	20,700
Inventories		2,224	1,309
TOTAL CURRENT ASSETS		<u>250,256</u>	<u>263,048</u>
NON-CURRENT ASSETS			
Plant & equipment	4	<u>2,161</u>	<u>3,556</u>
TOTAL NON-CURRENT ASSETS		<u>2,161</u>	<u>3,556</u>
TOTAL ASSETS		<u>252,417</u>	<u>266,604</u>
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables	5	<u>34,416</u>	<u>44,377</u>
TOTAL CURRENT LIABILITIES		<u>34,416</u>	<u>44,377</u>
TOTAL LIABILITIES		<u>34,416</u>	<u>44,377</u>
NET ASSETS		<u>218,001</u>	<u>\$222,227</u>
MEMBERS' FUNDS			
Reserve - Betty Grant Legacy		1,000	1,000
Corpus		532	532
Retained surplus		216,469	220,695
TOTAL MEMBERS' FUNDS		<u>\$218,001</u>	<u>\$222,227</u>

The accompanying notes form part of these financial statements.

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 DECEMBER 2015

	Note	2015 \$	2014 \$
CASH FLOWS FROM OPERATING ACTIVITIES			
Receipts from customers		98,163	104,709
Payments to suppliers and employees		(114,592)	(104,686)
Interest Received		3,422	5,027
Nest cash provided by/(used in) operating activities	6	(13,007)	5,050
NET INCREASE/(DECREASE) IN CASH HELD			
Cash and cash equivalents at beginning of financial year		(13,007)	5,050
		241,039	235,989
Cash and cash equivalents at end of financial year	2	\$228,032	\$241,039

The accompanying notes form part of these financial statements

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2015

1. Summary of Significant Accounting Policies

(a) Basis of preparation

This financial report is a special purpose financial statements prepared in order to satisfy the financial reporting requirements of the Associations Incorporations Act (NSW) 2009 and Associations Incorporation Regulation (NSW) 2010. The committee has determined that the Not-For Profit Associations is not a reporting entity.

The financial report has been prepared on an accruals basis and is based on historic costs and does not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following signification accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report.

(b) Property, Plant and Equipment

Property, plant and equipment is carried at cost less, where applicable, any accumulated depreciation.

The depreciable amount of all property, plant and equipment is depreciated over the useful lives of the assets to the Association commencing from the time the asset is held ready for use.

Leasehold Improvements are amortised over the shorter of either the unexpired period of the lease or the estimated useful lives of the improvements.

(c) Impairment of Non-Financial Assets

At the end of each reporting period, the Association reviews the carrying values of its tangible and intangible assets to determine whether there is any indication that those assets have been impaired. If such an indication exists, the recoverable amount of the asset, being the higher of the asset's fair value less costs to sell and value in use, is compared to the asset's carrying value. Any excess of the asset's carrying value over its recoverable amount is expensed to the income statement.

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2015

1. Summary of Significant Accounting Policies (continued)

(d) Financial Assets

Investments held are originally recognised at cost, which includes transaction costs. They are subsequently measured at fair value which is equivalent to their market bid price at the end of the reporting period. Movements in fair value are recognised through an equity reserve.

(e) Cash and Cash Equivalents

Cash and cash equivalents include cash on hand, deposits held at call with bank, other short-term highly liquid investments with original maturities of three months or less.

(f) Income Tax

The Association is exempt from income tax under Division 50 of the Income Tax Assessment Act 1997.

(g) Revenue and other Income

The Association recognises revenue when the amount of revenue can be reliably measured, it is probable that future economic benefits will flow to the entity and specific criteria have been met for each of The NSW Association of Aussi Masters Swimming Club Inc's activities as discussed below.

Revenue is measured at the fair value of the consideration received or receivable after taking into account any trade discounts and volume rebates allowed. Any consideration deferred is treated as the provision of finance and is discounted at a rate of interest that is generally accepted in the market for similar arrangements. The difference between the amount initially recognised and the amount ultimately received is interest revenue.

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2015

1. Summary of Significant Accounting Policies (continued)

Grant Revenue

Grant revenue is recognised in the income statement when the entity obtains control of the grant, it is probable that the economic benefits gained from the grant will flow to the entity and the amount of the grant can be measured reliably.

When grant revenue is received whereby the entity incurs an obligation to deliver economic value directly back to the contributor, this is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the service has been delivered to the contributor, otherwise the grant is recognised as income on receipt.

The NSW Association of Aussi Master Swimming Clubs Inc. receives non-reciprocal contributions of assets from the government and other parties for zero or a normal value. These assets are recognised at fair value on the date of acquisition in the statement of financial position, with a corresponding amount of income recognised in the income statement.

Interest Revenue

Interest revenue is recognised using the effective interest rate method, which for floating rate financial assets is the rate inherent in the instrument.

All revenue is stated inclusive of the amount of goods and services tax (GST).

(h) Goods and Services Tax (GST)

Revenue, expenses and assets are recognised inclusive of the amount of GST, as the Association is not registered for GST reporting. In these circumstances, the GST is recognised as part of the cost of acquisition of the asset or as part of the expense. Receivables and payables in the statement of financial position are shown inclusive of GST.

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2015**

	2015	2014
	\$	\$
2. Cash and Cash Equivalents		
Cash on Hand - Imprest Account	200	200
ANZ Bank	227,832	240,839
Total cash and cash equivalents	<u><u>\$228,032</u></u>	<u><u>\$241,039</u></u>
3. Trade and Other Receivables		
Current		
Government subsidies receivable	20,000	20,000
Deposits paid	-	700
Total current trade and other receivables	<u><u>\$20,000</u></u>	<u><u>\$20,700</u></u>
4. Property, Plant and Equipment		
Office Equipment - at cost	10,072	32,886
Less: Accumulated Depreciation	(7,911)	(29,330)
Total property, plant and equipment	<u><u>\$2,161</u></u>	<u><u>\$3,556</u></u>
5. Trade and Other Payables		
Current		
Unsecured liabilities		
Creditors and Accruals	2,544	6,050
Affiliation fees in advance	1,400	1,600
Government Grant in advance	10,000	13,462
PAYG Tax Payable	1,464	1,804
State Registrations Received in Advance	19,008	21,461
Total current trade and other payables	<u><u>\$34,416</u></u>	<u><u>\$44,377</u></u>
6. Cash Flow Information		
Reconciliation of cash flows from operating activities with deficit:		
Deficit for the year	(4,226)	(5,116)
Non-cash flows in surplus:		
depreciation	1,395	2,099
Changes in assets and liabilities:		
(increase)/decrease in trade and other receivables	700	(700)
(increase)/decrease in inventories	(915)	194
increase/(decrease) in trade and other payables	(9,961)	8,573
Cash flows (used in)/from operating activities	<u><u>\$(13,007)</u></u>	<u><u>\$5,050</u></u>

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2015

7. Contingent Liabilities and Contingent Assets

In the opinion of the Committee of Management, the Association did not have any contingencies at 31 December 2015 (31 December 2014: None)

8. Events after the end of the Reporting Period

The financial report was authorised for issue on 4 April 2016 by the Committee of Management.

No matters of circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the Association, the results of those operations or the state of affairs of the Association in future financial years.

9. Association Details

The registered office of the Association is:
The NSW Association of Aussi Masters Swimming Club Inc.
Quad 1
Level 2
8 Parkview Drive
SYDNEY OLYMPIC PARK NSW 2127

The principal place of business is:
Quad 1
Level 2
8 Parkview Drive
SYDNEY OLYMPIC PARK NSW 2127

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

CERTIFICATE BY MEMBERS OF THE COMMITTEE

I, Stuart Meares of Chatswood certify that:

- a) I am a committee member of the Association, and
- b) I am duly authorised by the committee to make this statement, and
- c) The attached financial statement was submitted to the members at the Annual General Meeting.

Stuart Meares (Committee Member)

Dated this day of 2016.

The accompanying notes form part of these financial statements

COACHING DIRECTOR'S REPORT 2015

In 2015 no courses were conducted in NSW as the new course was being developed (see below) and later in the year I was travelling around Australia.

New Coaching Course

The accreditation of the **Masters Swimming Australia (MSA) Coaching Course – Club Coach Course** was updated and resubmitted to Swimming Australia (SAL) and the Australian Sports Commission (ASC) at the end of 2014.

The final form of the new Masters Club Coach accreditation has three components (1) an online Club Coach course based on the SAL bronze licence course, (2) a face-to-face one day workshop and (3) supervised on-deck coaching.

Kim Tyler from MSWA was engaged to edit (masterise) the slides/storyboards which she completed for the on-line course, drafted the face-to-face one day workshop for the candidates and the presenters and revised the workbook.

In March 2015 MSA conducted a pilot course for Branch Presenters to run through the course, with Kim's leadership, and refine it for release. *Vicky Watson* attended this Presenters course for MSNSW.

Presenters are also expected to complete the on-line Club Coach Course.

Unfortunately it was decided that those who have completed the Intro Coach course will still have to complete the entire new Club Coach course. They can, however, count 10 hours towards their 30 hours practical coaching component.

In 2015 *Paul Mason* was the last NSW coach to complete the now obsolete Intro Coach course. Two more coaches completed the last of the previous Club Coach course – congratulations to *Paul Bailey* (Warringah) and *Mary-Liz Partridge* (Molonglo). This 2014 course then had a 100% completion rate.

We had two Club Coach reaccreditations early in the year – *Wendy Seale* of Ryde and *Lloyd Mills* (currently residing in Singapore).

Professional Development:

- As a fitting part of the MSNSW 40th anniversary launch at the Grape Escape weekend at Griffith in May 2015, a highly successful coaching clinic was held. Thanks to *Vicky Watson* and *Paul Bailey* as coaches on deck, plus *Graham Hill*, *Steve Lamy* and *Tony Tooher* for lending a hand with their strokes expertise. This clinic was followed by a swim meet at Griffith Regional Aquatic Centre on the Sunday.

- As a commitment after this weekend, MSNSW sent a coach to Griffith to run a monthly session to create a coaching structure for Bidgee masters. Thanks again to Paul Bailey for implementing this.
- MSNSW also conducted a highly successful Coach Development Session at Whitlam Leisure Centre, Liverpool in July 2015. There were four mentor coaches, *Catherine Rogers, Vicky Watson, Graham Hill and John Kulhan*. These competent coaches mentored 8 coaches with approximately 25 swimmers in the water.
- **Presenter training:** It would be preferable that coaches undertake training in Presenters and Assessors so MSNSW is not reliant on three people to present at all the courses.
- **Mentor training:** current coaches are encouraged to do this course also to mentor other coaches in a professional manner. *Paul Bailey* completed the Mentor Training course in 2015.

MSNSW Coach of the year 2015:

Congratulations to *Anne Smyth* of Tuggeranong Masters. Anne's very worthy nomination was forwarded for the National Award and was a hands down winner nationally too. The award was presented to Anne at the ASCTA Conference on the Gold Coast, unfortunately on the same weekend as Griffith Grape Escape.

As usual I remind clubs that recognition is a way of thanking your coach for the time and effort they put into your club and nomination for awards is recognition in itself. It's like a PB for your coach, even if they don't win the award!

Coaching Resources: The resources were transferred to the Branch office after relocation within SOP in 2015.

Once again huge credit to *Jillian Pateman* for her superlative administrative support in the organization of courses, facilitating the Grape Escape weekend plus the coaches for Bidgee Masters, the Coach Development session and the accrediting & reaccrediting process.

I again acknowledge the continued support of previous Branch Coaching Directors, *John Kulhan* and *Vicky Watson*. John assesses all the workbooks from the courses, for consistency sake.

Di Coxon-Ellis

MSNSW Branch Coaching Director

TECHNICAL COMMITTEE REPORT 2015

2014 was far from challenging technically as there were no rule changes. FINA issued a couple of rule interpretations but we were already following one of them and the other was deemed to be contrary to our long established philosophy of allowing old and disabled swimmers a bit of latitude when starting as long as they didn't obtain an advantage.

There were a couple of enquiries regarding interpretations of swimming rules and the latitude allowed by MDs but nothing worth passing on.

All in all not very challenging, somewhat of a disappointment to me as I thrive on turmoil. Speaking of which I hope that I am able to serve the swimmers and officials of MSNSW for a few more years despite the more frequently occurring disruptions of ageing such as skin cancers.

To finish on a pleasant note I am delighted that we are attracting new people to the roles of Starter and Referee and urge others to consider taking this path.

Gary Stutsel
Technical Director

Supported by the



TRAINING COORDINATOR'S REPORT 2015

Thank you to all officials who officiated at our twenty two swim meets, three swim meets less than last year. Masters Swimming New South Wales (MSNSW) has a contingent of 127 active officials, Chief Timekeeper and above who offer their services at MSNSW swim meets. Congratulations to these officials for their fantastic team work throughout the year. A big thank you must go to all the timekeepers.

Congratulations to the twenty six officials who gained their accreditation in 2015. Very disappointing to see a decrease of twenty three compared to 2014.

Three swim meets were cancelled in 2015 due to one club being just short of members to work at the swim meet but could fulfil the official's criteria, the second club being unable to meet the official criteria for a sanctioned meet and the other club did meet the official criteria but was unable to conduct a swim meet due to these officials being unavailable. These situations are prime examples why clubs should have more than the minimum four qualified officials required to sanction a swim meet.

There were twenty five courses offered with a total of fifty two candidates twenty three down on 2014. Thank you to all the dedicated mentors, presenters and co-ordinators. Lake Macquarie Crocs were the majority of course candidates and qualifying officials in 2015.

2015 was the year for Chief Timekeepers to re-accredit. Thirty three of a possible fifty qualified Chief Timekeepers attended the workshops for re-accreditation and seventeen decided not to continue.

Re-accreditation seems to play a part in people not wanting to become officials. There is a misperception of how often you must re-accredit. Every four years for each position you wish to officiate in. It is easy to keep track of, as your certificate has an expiry date printed on it. Remember re-accreditation is the recommendation from FINA.

It must be remembered that everyone must qualify as a Timekeeper and then you are able to qualify in any other position in any order except for Referee which you must qualify in all positions before completing a referee's course.

I would like to thank MSNSW board for your support, Jillian Pateman, State Administrator and Gary Stutsel, Technical Director for their many hours of work during 2015. Both of you are valued members of MSNSW and all those wonderful dedicated non swimming volunteers.

My usual parting statement: all swimmers should consider becoming an official. Without officials, swim meets would not be conducted in a professional manner allowing every swimmer the opportunity to swim to the best of their ability.

Friends of swimmers are also welcome to become officials and so are your mature age children and grandchildren.

Officials Positions	Accredited in 2015
Timekeepers	13
Chief Timekeepers	2
Marshal/Check Starter/Clerk of Course	10
Starter	0
Inspector of Turns	0
Judge of Strokes	0
Referee	1

Please note some candidates accredited in multiple positions.

Courses	Number of Courses	Candidates in 2015
Timekeepers	4	25
General Principles of Officiating 1&2 (requiring no training hours)	4	25
Chief Timekeepers	5	12
Marshal/Check Starter/Clerk of Course	5	8
Starter	1	1
Inspector of Turns	2	3
Judge of Strokes	1	1
General Principles of Officiating 3 & 4 (requiring no training hours)	2	1
Referee	1	1

Please note some candidates participated in multiple courses.

Coordinators were:	Presenters were:
Di Coxon Ellis	Di Coxon Ellis
Jane Noake	Neil Keele
Diane Partridge	Jane Noake
	Diane Partridge
	Noel Partridge

Diane Partridge
NSW Training Coordinator

ENDURANCE RECORDER'S REPORT 2015

Trophy for Club Scoring Highest Number of Points:

This year Campbelltown again claimed the lead from Tuggeranong for the Trophy of 'Highest number of aggregated e1000 points' while Wests Auburn grabbed 3rd spot.

Code	Club Name	Points	Average Points	F-Points	M-Points	Participants	Female	Male	Members
NCT	Campbelltown	13713	527.42	7392	6321	26	15	11	26
NTN	Tuggeranong	12165	126.72	9428	2737	55	37	18	96
NWS	Wests Auburn	5540	346.25	2680	2860	13	5	8	16

The Highest Average Points per Club Award:

Campbelltown hit the top spot again with the highest average points for e1000 swims based on number of club members (n=26). They were followed by Wests Auburn (n=16) and Blue Mountains claimed 3rd (n= 13).

Club Code	Club Name	Average Points	Points	F-Points	M-Points	Participants	Female	Male	Members
NCT	Campbelltown	527.42	13713	7392	6321	26	15	11	26
NWS	Wests Auburn	346.25	5540	2680	2860	13	5	8	16
NBM	Blue Mountains	272.92	3548	3438	110	7	6	1	13

Swimmers with Maximum Points

There were 21 swimmers who achieved maximum points (1005).

Member	Club	Age	Age Group	Points
BURGESS , KATRINA	NTN	48	45-49	1005
DAVIS , ADRIAN	NPM	64	60-64	1005
DAY , BRENDA	NTN	66	65-69	1005
GRIFFITHS , ROBIN	NBM	61	60-64	1005
KAUPERT , PETER	NWG	74	70-74	1005
KING , DAVID	NCL	63	60-64	1005
KIRKBRIDE , ROBERT	NOF	72	70-74	1005
LEWIS , KATE	NCT	27	25-29	1005
LLEWELLYN , GEOFFREY	NCN	82	80-84	1005
MAKIN , CAROLINE	NTN	47	45-49	1005
MCLEOD , RUSSELL	NCT	65	65-69	1005
MCRAE , JON	NTN	65	65-69	1005
OKE , JOHN	NCN	75	75-79	1005
PARKINSON , MICHAEL	NWS	45	45-49	1005
PATEMAN , JILLIAN	NBM	56	55-59	1005
PELOSA , JAMES	NCT	53	50-54	1005
REID , ANN	NTN	53	50-54	1005
ROUEN , HEATHER	NCT	59	55-59	1005
SAVIANE , ANITA	NCS	72	70-74	1005
SINDEN , OWEN	NCT	60	60-64	1005
WHITELEY , JENNY	NRY	57	55-59	1005

Swimmers with Maximum Swims (62)

A further 9 swimmers achieved the maximum number of swims in the e1000 program.

Member	Club	Age Group	Points
BALE , DAVID	NTN	40-44	922
GENOVESE , KERRI	NCL	55-59	900
TEUNISSEN , ANDREA	NTN	55-59	845
PREISS , HANS	NCT	65-69	838
COLYER , TANYA	NCN	55-59	699
BAKER , DIANE	NCT	60-64	654
BLANCH , KERRYNN	NWS	40-44	650
MORRISON , HILARY	NWS	65-69	531
ANDERSON , CASSIE	NWS	35-39	495

Jenny Whiteley
NSW e1000 Recorder

Supported by the



BRANCH MEET RECORDER'S REPORT 2015

Swim Meet System

In the year 2015, I officiated at twelve Branch Point Score meets, three State Championships, the State Relay meet and the Grape Escape in Griffith. My role for each of these includes setup of the meet database & Team Manager files, the compilation of entries, programme preparation, report preparation for officials, management of results poolside, checking for broken records, submission of relevant record applications, and the uploading of results to the MSNSW website and MSA results portal.

At each of the Branch Championship meets, results have been made available in "real-time" on our own Live Results website:
(<http://www.liveresults.mastersswimmingnsw.org.au/mmexports/>),
accessible poolside on smart phones and tablets.

Additional meets were conducted by host clubs using their own licenced software and equipment. For each of these meets my role includes the setup of the meet database, complete with current registrations and latest available records, Team Manager files, post-meet checking that all broken records have been correctly identified & that relevant record applications have been submitted, then the uploading of results to the MSNSW website and MSA results portal.

Top Ten System

The MSA Results Portal (<http://www.portal.aussi.org.au/index2.php>) continues to be an invaluable source of up-to-date information on member's results, Top Ten rankings and records. The database is updated from swim meet results and Endurance 1000 (<http://e1000.mastersswimming.org.au/>) data throughout the year, plus additional manual entries from club time trials and non-MSA meets that are submitted by club recorders at the end of the year.

Swim Meet Entries

The use of Team Manager software for electronic entries has been well accepted by most clubs and accounts for the vast majority of entries to swim meets in recent years and has been mandatory for all Branch Championship meets. This reduces the workload of data entry by the meet recorder and minimises data entry errors.

Late in 2015, implementation began on the next step in the evolution of meet entries - **individual on-line entries**. This involves a cultural shift from the emphasis on entries being collected and submitted by club Race Secretaries, to individual entries being made on-line together with electronic payment directly to the host club.

In 2016 and beyond on-line entries will be mandatory for all Branch Championship meets.

At the time of writing, two meets in 2016 have accepted on-line entries with great success.

Benefits of the Online Entry System for Swimmers:

- Swimmers can enter 'online' at their convenience
- Easy to use - a one-step process to go online, pick the meet to attend, the events you wish to swim, and pay in just a few minutes without having to print, manually fill out and send paper forms
- No more emails, phone calls or payment worries.
- Swimmers receive a receipt of payment and confirmation of their entry
- Swimmers can update their own personal details at the time when entering a swim meet
- Entries do not incur a surcharge when paying by credit card or PayPal
- Step-by-step instructions, FAQ's, and even a webinar type video are available on the [MSNSW website](http://www.mastersswimmingnsw.org.au/Competition/Events/Online-Meet-Entry-Instructions):
(<http://www.mastersswimmingnsw.org.au/Competition/Events/Online-Meet-Entry-Instructions>).

Benefits of the Online Entry System for Competing Clubs:

- Club Race Secretaries benefit from reduced workload and stress levels of compiling and submitting manual entries or electronic entry files
- Saves time on data entry and back-and-forth communications
- No money handling at club level, no need to track down payments
- Gets rid of email chains and phone tag trying to figure out which swimmers are going to which meets and what events they wish to swim
- Club relay organisers can go online at any time to view the "confirmed entrants" list to assist with the compilation of relay teams

Benefits of the Online Entry System for Host Clubs:

- Real-time reports - Traditionally, host clubs have not known how many entrants they have for their meet until the close of entries. An online entry system offers the ability to watch entries flow into the database in real-time. Comprehensive reporting of entries is available by status (pending / unpaid / approved / withdrawn / etc), age, gender, region, trends over time
- No more headaches due to late entries from lost emails or manual forms
- Potentially, no money handling at club level and no need to track down late payments. Payments go directly to your club bank account, with weekly settlements and reports available to view or download.
- Small fee deducted directly from entry fees paid by credit card or Paypal by IMG covers internet payment gateway and bank merchant fees
- Option to input manual entries and payments into the back-end of the system without incurring CC fees
- You can email any, or all, entrants directly from the IMG console

Mark Hepple

MSNSW Meet Recorder



RECORDS RECORDER'S REPORT 2015

World Records

Four World Records were approved in 2015 and all went to Clary Munns from Blacktown City Masters Swim Club. Congratulations Clary!

May	Clary Munns	200m Individual Medley	SC	3:09.90	70-74
June	Clary Munns	50m Backstroke	SC	38.17	70-74
Oct	Clary Munns	200m Backstroke	SC	3:05.23	70-74
Oct	Clary Munns	200m Individual Medley	SC	3:09.87	70-74



National Records

73 National records were recognised throughout the year, 43 to women (28 going to Clary Munns alone) and 30 to men plus 4 Relay records.

Congratulations to:

Nicholas Grinter NSA, Caroline Saxby NWO, Jon Hawton NBT, Michelle Herms NNC, Cameron Horn NET, Jenny Whiteley NRY, Heather Morgan NRY, Craig Magnusson NHS, Stuart Ellicott NHS, Paul Lemmon NET, Stephen Lamy NML, Leon Bobako NMM, John Bates NSP, Clary Munns NBT, Gary Nicholls NCR, Bill Walker NNC, Max Van Gelder NWG, Margaret Jopling NPM and Valerie Lincoln NGS.

Relay teams: Seaside Pirates 72-119 women SC, North Sydney Masters 200-239 men SC, Manly Masters 240-279 men LC, Blue Mountains Phoenix 280-319 women SC.

Branch Records

2015 saw 195 individual branch records made or broken and 10 relay records achieved.

There was the same close split again this year with 101 going to women and 99 to men.

The statistics in regards to pool length in 2015 showed 47 of these records being attained in long course with 148 in short course pools.

The spread across the age groups looked like this:

20-24	8	25-29	10
30-34	4	35-39	1
40-44	3	45-49	17
50-54	23	55-59	28
60-64	4	65-69	7
70-74	52	75-79	16
80-84	4	85-89	17
90-94	1	95-99	0

All strokes were targeted:

49 in Backstroke

37 in Breaststroke

45 in Butterfly

32 in Freestyle

32 in Individual medley

Lastly a look at what distances were popular with record breakers in 2015:

8 for 25m

37 for 50m

31 for 100m

34 for 200m

36 for 400m

25 for 800m

24 for 1500m

The branch relay records were made by a variety of clubs namely (in alphabetical order) Blue Mountains Phoenix, Manly, North Sydney, Ryde, Seaside Pirates, Tuggeranong and Warringah.

Thank you to all the champions named above for inspiration and awe inspiring talent. While record times are not in reach for many of our membership it is a joy to be a spectator of your efforts.

My congratulations to you, one and all.

Jillian Pateman

Records Recorder

SAFETY COORDINATOR'S REPORT 2015

Once again I thank the Masters Swimming NSW Board for their support and ensuring our training and competition pool decks remain safe at all times. Also, my unwavering thanks to Jamie Turner from Ryde AUSSI Masters for compiling the Clubs Safety summaries again this year.

Congratulations and thank you to the Club Safety Officers and their Committees for their work in 2015 and remaining vigilant in the care and concern for our members.

Incidents/Accidents:

Seven minor incidents were reported and the majority were at training sessions rather than swim meets, further proof that running a first aid course for your club members is important!

Incident Reporting

I remind all clubs again about the importance of ensuring incident forms are completed and emailed to the MSNSW branch office as soon as possible after any incident.

The Incident form is available on the Masters Swimming NSW website. Meet Directors must have incident forms available at all MSNSW meets and I also encourage Meet Referees to carry one.

Emergency contact information

From the safety reports received most clubs have immediate access to member's emergency contact information but there are a few that rely on phone or computer access. Perhaps, as some clubs do, swimmers could be encouraged to carry a card with these details attached to their swim bag.

Medical Disability Certificates

If you or your fellow swimmers have physical difficulty in performing butterfly or breaststroke I ask that you get an MD on file.

The disability may be permanent or temporary and must prevent the swimmer from doing one of the stipulated actions in butterfly and/or breaststroke according to the Rules of Masters Swimming Australia.

A swimmer with a non-manifest disability shall provide a medical certificate stating the swimming action (s) that may/will be affected. The certificate must be signed by an eligible healthcare practitioner.

Since 2014 MSNSW has had a swimwear Medical Disability form for those who need to wear a constructed suit or have extra binding.

This masters swimmer has a medical reason for being unable to comply with Masters Swimming Australia Rule GR16—Swimwear, which requires that only one swimsuit, made of traditional textile fabric (permeable) and without zippers or fasteners, be worn and disallows "items other than caps, goggles and swimsuits covering the body and not part of the swimsuit", including taping and prosthetics.

This is NOT a Masters Swimming Australia exemption and, like the MD, would not be accepted at interstate or National competition.

Warm Up Supervisors (WUS) during Competition

All clubs that responded with a 2015 safety report pay attention to the importance of warm-up and swim down periods at training sessions.

I am pleased to say that during 2015 I didn't receive any incident notification of incidents in warm up lanes so thank you to all Clubs who are now adhering to the MSNSW Safety policy of having Warm Up Supervisors present in the warm up lane during competition time.

I again ask Meet Directors and Meet Referees to continue to ensure that we have Warm Up Supervisors (WUS) present at all times at the warm up lane/pool during competition and encourage members to volunteer at meets for this essential role. I also ask that swimmers respect advice or requests from the WUS, they are there for your safety.

Medical Notification

"Do you have any medical conditions that your coach should be aware of?" is now part of the membership registration process, and I ask members to give this consideration so assistance can be provided.

There is an At Risk Notification form available on the website so members can keep their club, coach or meet referee alert to any health conditions they may have.

First Aid Certificates and Bronze Medallions

Proactive clubs continue to organise First Aid Certificates and Bronze Medallion courses for their Club members. Wests Auburn Masters Swimming Club, for example, hold a Bronze Medallion course every year and I'd like all clubs to follow suit. A simple course on a Sunday morning can save a fellow members life.

Slip, slop, slap

Sun protection is important as nearly all skin cancers are preventable. For information on skin cancer prevention visit Cancer Council NSW's website:

<http://www.cancercouncil.com.au/cancer-prevention/sun-protection/sports-groups-sun-protection/> They have a FREE SunSmart app for you to download to check UV levels on the go plus advice about sunscreen.

What can we do better?

Here's some ideas from those clubs that lodged a safety report:

- 4 clubs ran CPR courses in 2015 for their members
- Emphasis on warm-up
- Sessions on safety procedures and location of safety equipment.
- Ensuring jewellery is removed for training sessions
- One club provides a card of members emergency contact details at training and swim meets
- A club initiates new members in location of first aid equipment.

MEMBERS WITH QUALIFICATIONS

Of the 50% of clubs that sent in a Safety report, members who are qualified in CPR range from 0% to 28% (congratulations Clarence River Masters!) with an average of seven members per club.

☞ Don't forget—these should be reaccredited each year.

Thank you all for your assistance throughout 2015.

Yours in safety,

Jodie Burke

Branch Safety Officer

WEBMASTER'S REPORT 2015

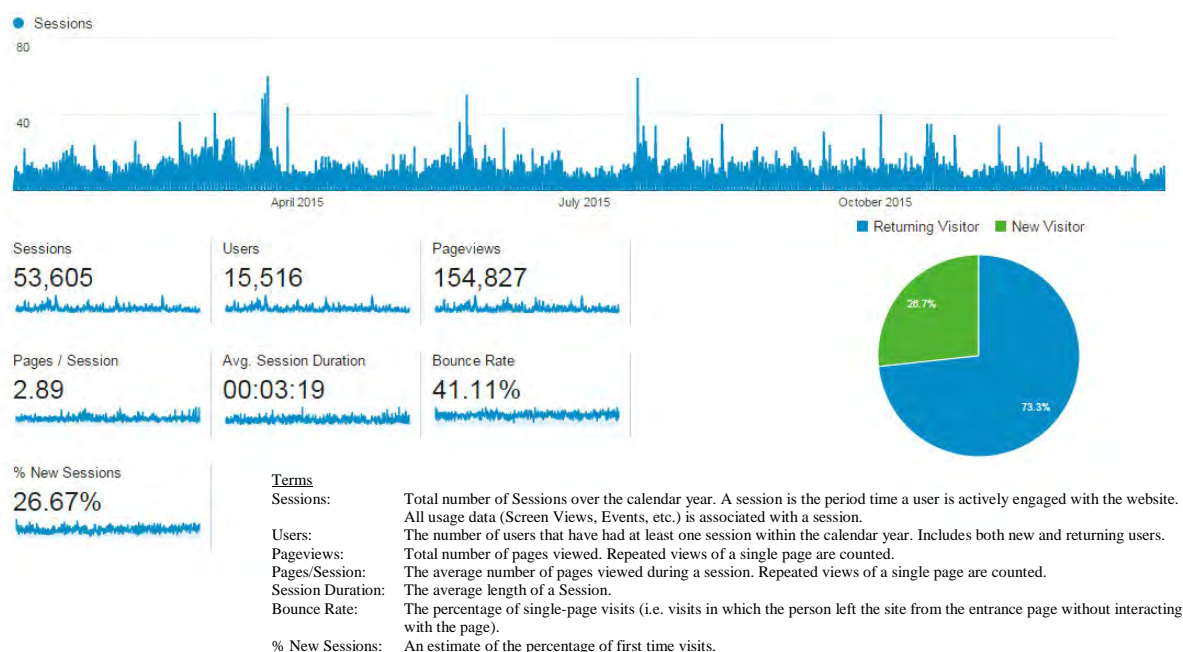
The MSNSW website has grown to be the main source of information about the organisation for our members and the wider public.

A number of new features/upgrades were introduced during the year, including:

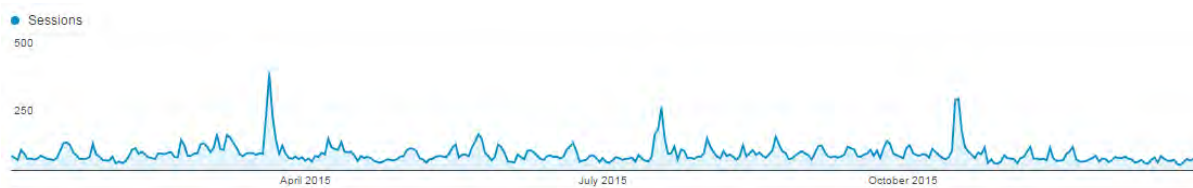
- **Picture Galleries** page upgrade, including addition of a form to allow upload of photos by members.
- **Online Meet Entry Instructions** page added, including video.
- **Meet Recorders Guide** page added with instructions for host club meet recorders.
- **Contact Details** page upgrade, including map and online contact form.
- **Home page** tidy up to reduce information overload

Website Statistics

The usage statistics are broadly consistent with previous years.



Use of mobile devices now accounts for around 40% of site visits. The following graph shows the peaks for mobile devices (overwhelmingly iPads and iPhones) coinciding with the LC Championships, State Relay meet and the SC Championships. This is presumed to be due to accessing the Live Results for these meets.



After the Home page, the most common pages visited relate to swim meets - Programmes, Calendar & Results. Membership and Club List pages round out the list of most visited. These statistics do not include the links to external sites such as the MSA Results Portal, Endurance 1000 or Million Metres.

Page		Pageviews	Pageviews
		154,827 % of Total: 100.00% (154,827)	154,827 % of Total: 100.00% (154,827)
1.	/	41,118	26.56%
2.	/Downloads/Swim-Meet-Programmes	14,757	9.53%
3.	/Competition/Events/Meet-Calendar	12,002	7.75%
4.	/Competition/Results/MSNSW-Swim-Meet-Results	10,621	6.86%
5.	/Home	8,348	5.39%
6.	/Clubs/Clubs-List	3,889	2.51%
7.	/Competition	3,509	2.27%
8.	/About-Us/Membership	3,005	1.94%
9.	/Competition/Events/Events	2,888	1.87%
10.	/Competition/Results/MSNSW-Live-Results	2,556	1.65%

We would appreciate receiving any feedback from our readers, with ideas of what they would like to see or anything they do not like about the website. An online **feedback form** is available for this purpose.

We also ask that clubs send stories with photographs that can be featured in the news section of the website and/or Facebook. These may be uploaded via the online form on the **Picture Galleries** page, or emailed to:
webmaster@mastersswimmingnsw.org.au

Our website is the work of a team that includes Mark Hepple, Lindsay Brice, Jillian Pateman and enthusiastic newcomer Marie Taylor, with assistance from Peter Gregory and Helen Rubin.

Marie would like to express her thanks for the patient guidance received from the webmaster team since joining in late 2015. Marie considers the website a vital part of the life of MSNSW and has been surprised by the statistics of the high number of page visits to some sections of the site. She looks forward to developing her skills and further enhancing this vital communication tool.

We would like to take this opportunity to thank Ingenium Internet and **Spin Internet Services** for their roles in hosting our website and email service.

Mark Hepple



SOCIAL MEDIA REPORT 2015

Masters Swimming NSW continued to achieve the promotional benefits through its Social Media channels throughout 2015 while maintaining considerable growth, particularly with Facebook. We started the year with 1313 Facebook followers and finished the year with 1691, some 378 new people keeping an eye on our page.



Facebook is our main and most successful platform with something like 1.55 billion monthly users worldwide and approximately 14 million users in Australia.

2015 saw us expand our coverage of Masters Swimming events throughout almost the entire state from Clarence River and Yamba in the north to Griffith in the south in addition to our normal meets throughout the Sydney metropolitan area, Hunter districts and the ACT.

In addition our coverage was not limited to our own pool events. We had a great contingent of swimmers that participated in many ocean swims and other events such as the MS 24 hour megaswim and Masters Swimming NSW kept a keen eye on these events as well.

The highlight of the year in my opinion was our 40th Anniversary celebrations which was started at Griffith in southern NSW earlier in the year and continued on through the year until our 40th Anniversary dinner which was held at Ryde in Sydney in September.

Paul Bailey from Warringah Masters continued to provide great coverage of our events and attended almost every meet and gave us a fantastic commentary on Facebook. Paul has also been instrumental in giving our audience a fantastic insight into swimming through the videos he shares from Youtube and many other sources. Videos were very well received by our audience throughout the year with them receiving the highest engagement with an average of 2100 people seeing these posts.



Jillian Pateman also continued to work with us and helping to get our messages out to the community from her office in Sydney and when she had time given the busy office that she runs. We also continued to have another person on our team who posted to our page and continued to remain incognito.

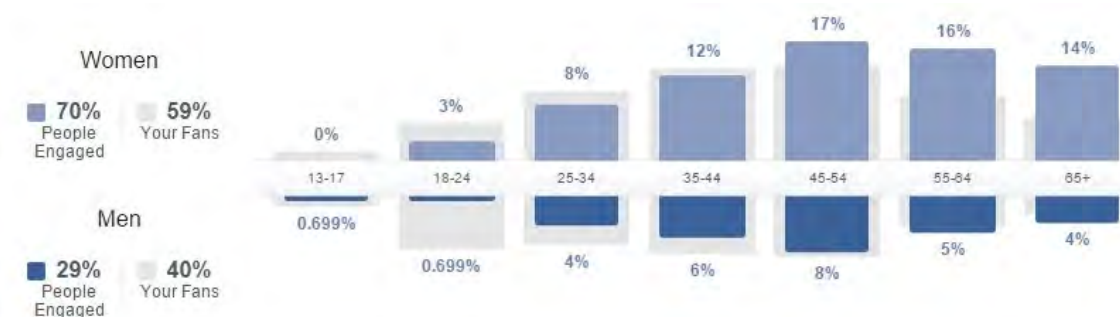
We have been using Twitter as a platform to reach people and spread the word of Masters Swimming but Twitter is not used by our members nearly to the same extent as Facebook. Our Facebook posts are automatically posted to Twitter.

Facebook in addition to our website is the public image of our state organisation and we have endeavored to maintain high quality postings throughout our Social Media platforms during the year.

It has provided a sense of community to our Masters Swimming organisation, with many of our clubs also jumping onto the Social Media bandwagon throughout 2015.

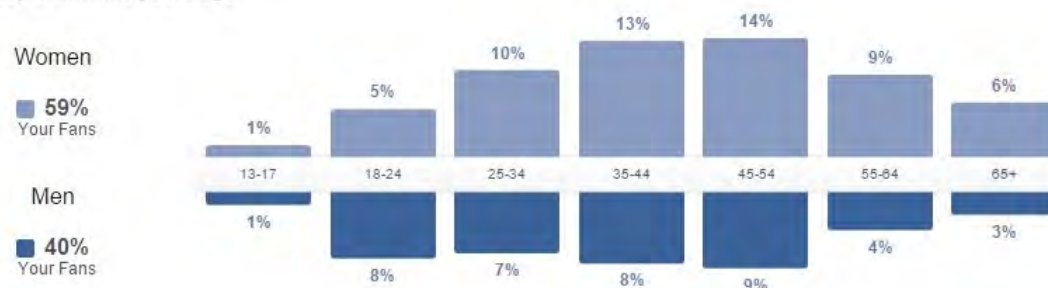
Demographics

Our Facebook page was still a very busy place over 2015 and our engagement was quite high given the number of fans we have. The image below is the number of people that liked, commented on or shared our posts. As you can see, women outnumber men in all age groups and are far more active in Social Media.



In addition, below is the numbers of fans that are looking at our page in each age group.

The people who like your Page



Conclusion and Resignation

Unfortunately time constraints in my business meant that I could not renew my membership in Masters Swimming in December and I submitted my resignation to the MSNSW board and made an announcement on Social Media in late December. This was a decision that I did not make lightly and have thoroughly enjoyed my time over the last nearly four years as Social Media Administrator for Masters Swimming NSW.

I would like to thank all members throughout the organisation and in particular all board members and administrators, both past and present since I first set up the Social Media platforms with their assistance and support.

I am quite proud of the tremendous gains that we have made since placing the initial footsteps into the Social Media arena. There now exists an opportunity for someone else to step up and continue this work.

Keep swimming and be social in 2016 and beyond.

Roger Dietrich

MSNSW Social Media Administrator

MEETINGS 2015

NSW Branch at National Meetings

During 2015 Jon Hawton, as Branch Delegate, attended the National Annual General meeting in April after the National Championships in Hobart, Tasmania and also the Spring General Meeting held in October in Melbourne.

In May 2015 Jillian Pateman attended the National Branch Administrator's meeting in Melbourne.

NSW Board

During 2015, the Board of Masters Swimming NSW met on eleven occasions at Sports House at Sydney Olympic Park. The attendance at these meetings was as follows:

Name	Position/s	Attended	Apologies	Possible
Jane Noake	President	9	0	9
Tony Tooher	Vice President	7	2	9
Sue Wiles	Vice President Country	8	1	9
Stuart Meares	Treasurer	8	1	9
Jon Hawton	Board Member	7	2	9
Owen Sinden	Board Member until May	2	1	3
Chris Lock	Board Member	5	4	9
Kari Baynes	Board Member from May	5	1	6
Jillian Pateman	Administrator / Minute Taker	9	0	9

Annual General Meeting

This was held in the Lachlan & Murray rooms at Sports House, Sydney Olympic Park on 16 May 2015 and was attended by the Board, 19 delegates from Member Clubs and 14 registered persons, including four Life Members.

Apologies were received from thirteen registered persons and seven clubs.

Supported by the





Bidgee Masters Swimming Club

Annual Report 2015

The Bidgee Masters crew had a great 2015 with lots of swimmers competing and even some organised training. We must thank Jillian Pateman, Sue Wiles and Masters Swimming NSW for their kind gesture of sending us coaches at regular intervals during the year.

We are most grateful to Peter Kaupert, Anne Smyth, Vicky Watson and Paul Bailey for giving up their time and travelling to Griffith to run the training sessions this year.

We also hosted the first Grape Escape swimming event in May, it was a great success and we would like to again thank all the people who travelled to Griffith and helped make it so much fun. Hopefully we can do it again sometime in the future. We had all of our members competing in the event and we even had a few set SC top 10 times! We also were awarded the prize for the biggest percentage increase in membership for the year within the NSW Masters Swimming group – well done to us.

Some of our members also participated in the MS swim in nearby Leeton, with our team taking out the title of most money raised and laps swam.

Paul Rogerson
President

Supported by the



Blacktown City Masters Swimming Incorporated



Annual Report 2015

Our Club ended the year with 40 members plus 11 2nd claim members. The average carnival attendance rate has slightly declined during the year but we still ended the year in 9th place in the 1st Division with 1,619 points. Our big achievement during the year was winning the 2015 National Championship in Hobart. It was 10 years ago since the Nationals were held in Hobart and at that time it was the clubs first National Championship win, so all were very keen to repeat this achievement. No stone was left unturned to make this happen. The celebration from 2005 was repeated in 2015 and a very proud and happy team returned with the trophy to Sydney. We have not won any other carnivals by we did manage to once again win the Des McCormick trophy for the highest average points at State carnivals. Congratulations to all swimmers who attended carnivals on a regular basis. During 2015 the club was honoured with Clary Munns being awarded Female Swimmer of the Meet for the second year in a row at the State carnivals.

Leonie Talbot continued to coach the squad on the training nights on Tuesday and occasionally we have to change our training schedule to fit in with her work roster. Scott Hay also assisted with coaching whenever Leonie was not available, mostly on Thursday nights. The main training session is each Tuesday, from 6.00pm to 7.30pm at the Blacktown Aquatic Centre in Blacktown. Additional training is on Thursdays during the same times as Tuesdays. The staff at the Blacktown Aquatic Centre has continued to support us and allowed us to use up to 3 dedicated lanes for training during the summer period but during winter we have to make do with only 2 lanes, occasionally we were given 3 lanes. Blacktown City Council has continued with their pledge not to charge us for lane hire fees. During the year club members have hosted a few fund raising BBQ's at the new Bunnings in Prospect to assist the club with some of the costs to run the club and support carnival entry fees and relay teams.

Clary Munns maintained her top form with national and NSW records in both long and short course for all strokes for events covering various distances. Jon Hawton also powered on with national and NSW records for the short course in long distance events in backstroke.

The Club held its BPS carnival on Sunday, 8th March 2015. Although we did not win our own carnival we enjoyed seeing some new clubs showing stronger support for a BPS carnival. Congratulations to Manly for winning the carnival and Ryde coming in 2nd place. Attendance at our carnival has been consistent and we thank all the officials for their support.

The Xmas party was once again held at the home of Sue and Remy. This seemed to be a favourite location as reflected by the numbers attending in the more relaxed environment.

Remy Reinker
Secretary

Blue Mountains Phoenix

AUSSI Masters Swimming NSW

30 Coolabah Rd, Valley Heights, NSW 2777

Nerida Murray 4751 3422 — — Sue Wiles

4757 1065 — — Kathy Dobson

4782 3947

Annual Report 2015

Well, our 2014 annual report asked readers to wish us luck in Division 1 for 2015. Unfortunately, that didn't work: we ended up ranking second last in Division 1. Our membership remained pretty much the same but family and work commitments meant that few of our members were able to fit swimming carnivals into their schedules during the year, with the result that Phoenix have moved to Division 2 for 2016.

We continued to be supported by hardworking members: Race Secretary Nerida Murray; Treasurer Kathy Dobson; Facebook Initiator (+ action shots) Melanie Holdsworth; Serial Encourager / Ocean Swimming Enthusiast Jillian Pateman; Endurance 1000 Organiser Robin Griffiths; President Sue Wiles (officiating at carnivals). A special thank you also to Kay Burton who, apart from organising accommodation and generally moving us along, has given very generously of her own time for time keeping others doing long swims.

Phoenix swimmers found the Endurance 1000 program extremely helpful for maintaining fitness, and appreciated the challenges it offered to attempt swims we found daunting. Given the relative size of our club and number of swimmers who participated, our results were remarkable: third in the branch average points per member and seventh in the top scoring club category. Both Jillian Pateman and Robin Griffiths completed all swims for maximum points; Jillian, Robin and Sue Wiles all came first in their age groups.

Jillian Pateman became a member of the Vorgee One Million Metres Club and the rest of us continue to tote up our aquatic mileage week by week.

Out of the pool, some Phoenix swimmers make regular journeys in the summer to the ocean and/or the Harbour for their open-water swim fixes and are being joined in this by more non-Masters adult Mountains swimmers. We are giving thought to how to entice local adult swimmers to swim with Masters, in the Mountains. In the meantime, we continue to fill in the blank cells in each of our Endurance 1000 worksheets.

While we are not a club that manages to do coffee or breakfast (well, sometimes) or even regular club meetings, we did celebrate Masters Swimming's fortieth anniversary at the State dinner in September.

What we do love is our training and we really enjoy being together in the pool. Our weekly training sessions are open to both Masters and non-Masters swimmers. They are held on Tuesdays and Thursdays 6:00–7.30 am at Katoomba pool and on Saturdays 8.00–9.30 am, in summer at Glenbrook pool (LC) and in winter at Springwood (SC). We enjoy a good relationship with Blacktown Masters swimmers, some of whom regularly join our Saturday morning training sessions. With the mid-week sessions at Katoomba, however, we have for some time been without a regular committed coach for adult swimmers. This is causing us some concern; finding such a coach is proving difficult.

CAMPBELLTOWN COLLEGIANS AUSSI MASTERS SWIMMING CLUB



Annual Report 2015

You can just imagine someone in finance or business saying after a profitable year “That’s a wonderful set of figures”. Well, at Campbelltown Masters Swimming Club, we’re all saying it too. 2015 was another brilliant year for the club and a ‘wonderful set of figures’.

However, that ‘set of figures’ includes club swimming, results at state and national levels, and of course our famous social activities.

So, where to start? We often start with our state and national success – but I’ll leave those for later. For now, let’s look at the results of our weekly club swims. We meet every Sunday morning at Bradbury Pool. We compete against our ‘own’ times, the previous best swims each individual member has swum.

Believe me, there’s some hotly contested racing, not only for 1st place but also for improvement points. The club has several trophies each year but the two biggest are the overall points score and improvements. As it is every year, there’s lots of friendly competition. In the club points score Lesley Thompson finished third, Victor Libdy second... and the winner for 2015 was Jim Pelosa. Congratulations, Jim!

Improving your times year after year is a pretty difficult task but Jim has done it nearly every year – and has won the Improvement trophy again in 2015. Lesley Thompson finished second with Ben Taylor a close third.

OK, let’s look at Campbelltown’s state and national individual results. NSW Long Distance Championships winners were Katie Lewis, Russell McLeod, Hans Priess and Owen Sinden. An honourable mention should go to Victor Libdy for his two silver medals.

Katie Lewis competed at the nationals in 2015 (in itself a marvellous effort after shoulder surgery in 2014) and won 5 gold medals, 3 silver and one bronze, to finish as Australian Champion. Her mum, Pat, also competed and finished 11th out of nearly 50 swimmers in her age group.

And here is the big news... yes, yes, I know, it should have been at the top... the really big news is Campbelltown's success at NSW and Australian endurance swimming. The program includes 62 swims covering all styles (even butterfly) and all distances.

If a club wins at state level for two years, it's very good. Winning for three or four years is outstanding. Are you sitting down? Campbelltown has won the state endurance championship for... 16 consecutive years! Yes, that's 16 consecutive years! It's not too bad for a relatively small club on the outskirts of Sydney.

23 of our club members were in the top 10 in their age group in NSW for endurance swimming. Individual state and national endurance champions were Katie Lewis, Heather Rouen, Russell McLeod, Jim Pelosa and Owen Sinden. Two swimmers achieved maximum swims – Diane Baker (4th in NSW) and Hans Preiss (2nd in NSW).

Helga Duncan, Victor Libdy and Ben Taylor finished 2nd in their respective age groups. 3rd places in NSW went to Greg Jacques and Lesley and Mark Thompson. Other top ten endurance swimmers in NSW in 2015 were Barbara Briggs, Kerry Tier, Bev Conley, Linda Beveridge, Kay Hough, Marguerite Davidson, Lesley Keogh, Pat Lewis, Ursula Leggett, Lindsay Risk and Brad Critchley.

A recent highlight was the amendment to Christine Clough's 2014 endurance swimming record. Due to an administrative error, one swim out of her 62 endurance swims was incorrectly recorded, meaning she missed out on state and national endurance champion status. The official records have now been changed and Chris will receive her state/national award soon. Congratulations Chris!

We're now at the part that all Campbelltown members enjoy the most – the club's social activities. Lesley and Mark Thompson are our social gurus and their list for 2015 was extensive... it all started with our Campbelltown swim meet on 17 January, closely followed by our regular Australia Day party at Lesley and Mark's, then Heather and Terry Rouen hosted our annual presentation day.

In May we went upmarket to the theatre to see Les Miserables; then a bike ride and walk in Wollongong; a big 'O' birthday for Owen; more theatre at the hilarious Wharf Review, then nine of us attended the 40th anniversary dinner of Masters Swimming NSW.

There's more... a combination Big 'O' birthday for Lesley Thompson and 50th Wedding anniversary for Helga and York Duncan; a cruise on Sydney Harbour; and a walk around Rozelle and Blackwater Bays in Sydney.

To finish the year we had our annual Christmas dinner at the 'Common Ground' at Picton and, just before the big day, our Club Christmas Breakfast (after a swim of course) on 20 December. Swimming is sometimes tiring but keeping up with the club's social activities can be exhausting.

In 2015 we welcomed three new club members – Lesley Keogh, Ursula Leggett and Brad Critchley. Lesley, in particular, has taken a liking to our endurance swims and has even had a bet on becoming our newest state and national champion. No pressure, Lesley.

In all modesty, I can't imagine a better club than Campbelltown Masters Swimming. We're having a great time together and keeping fit; we have wonderful members, lots of social events, excellent competition, everyone chips in with the workload and we make life-long friendships too. There must be something good; even the early starts on a Sunday morning can't deter members, we just keep coming back for more.

Gregory Jacques
President



Barbara Briggs receiving her Life Membership award from club President Greg Jacques



Campbelltown members at the Olympic Pool, Homebush, after competing in the state relay championships



Clarence River Masters Swimming Club Inc.

Annual Report 2015

Our 2015 season started with sadness with the passing of two special people within our club. Member and coach, Garry, and past member Margaret are greatly missed for their knowledge and wicked senses of humour.

2015 has seen our membership hold at around 70. Our training sessions are well attended in both Yamba and Maclean pools. Our times for the sessions will stay the same for the coming season, Monday, Wednesday and Saturday in Maclean and Tuesday, Thursday and Saturday for Yamba.

Our club is currently in Division 1 in the Progressive Branch Point-score and this year sees us in 7th position, up from 9th last year. This is a good effort considering most of our points come from our own carnival. We have a number of members placed in the top ten point-score in the country. It's worthwhile having a look at this on the member's portal. We have one member that joined the million metre club, and is half way to the 2 million. Also, a second member has completed their card for the million club, and awaiting confirmation.

Our June carnival again was a huge success. We had 28 members swim and many more helping on the day. The whole weekend was lots of fun and the weather was kind to us. NSW again won the State of Origin relay, which is such a highlight of the weekend. The handicapper does a mighty job, with NSW winning by a whisker again.

This year we had 14 members swim at Miami, 7 at the River City Short Course, 9 at Port Macquarie, 2 at the Nationals and a huge 23 compete in the Wests Auburn Turtle Swim. I would encourage more members to come along to these carnivals, we really do have a lot of fun.

Clarence River Masters continues our financial support of 2 young swimmers, one in Maclean and one in Yamba. Both are attending their training sessions and both are having fantastic results.

We have enjoyed many social activities including our annual breakfast, dinners after training, breakfast after training and annual Christmas party. We are an active lot, these are just some examples... 13 members travelling to Copeton Dam for their annual Dam swim. It was a lot of fun, and as well as

the swimming, we fished, hiked biked, golfed, lots of coffee, and enjoyed the wonderful camp fires. I will encourage more members to come again next year.

Clarence River Masters also had three members attend the Anzac Centenary Celebrations in Gallipoli. Two members hiked the Kokoda Track, two hiked across Scotland, one competed in the National Surf Club Titles, a large number of members compete in the Yamba triathlon and we have about 18 members who regularly swim on Sunday in the local Surf Club handicap swim and have a group that do an ocean swim nearly every morning! We really are an active club, lots of fun, friendships and fitness!

We continue to give back to our members with subsidised club shirts, jackets, caps, carnival entries and our annual breakfast.

I would like to thank the coaches and volunteers who give their time on deck during our training sessions, to the members who turn up early to help with setting up and those who stay behind and close up. Thank you so much. Also those non swimmers who give their time at carnival time.

Lastly, thank you to this wonderful committee, who work so well together to make this club one of the best in the state!

I would like to wish everyone and their families a happy, healthy Christmas and New Year and look forward to seeing you all in the pool.

Jane Lawrence
President

Supported by the



Coffs Harbour

Masters Swimming Club

Annual Report 2015

Coffs Harbour Masters Swimming has regrouped and formed a Club with a Committee, albeit skeletal. While there are not huge numbers of registered swimmers (only 13), we have a 25m pool and volunteer coach, training session times and a weekly session of Endurance swims. Our thanks go to Danny Kollen of the Coffs Harbour Aquatic Centre for the designated home for Masters Swimming, and to Daniel Bannerman for the 4 sessions of squad training he supervises each week. More often there are more sessions than Masters swimmers, but the word is leaking out that Masters Swimming can be FUN!

Individual club-less Masters swimmers competed at different locations at varied events before the grouping became registered, and so it was exciting to relaunch the official local Masters Swimming Club. These events included the Pan Pacific Games, National Masters Swimming, NSW State Championships, intra-state club competitions and local non-Masters open water swimming. As the individuals began to gel and the enthusiasm of getting together for fun developed, the move to form a club took off. The prime movers were Leanne and Grant Da Costa who have become the backbone of our Club. Their setting up of the Facebook page and thereby the publicity has been crucial in linking members new and old. In addition, their participation in competition has been contagious as they achieve personal success. To date, Coffs Harbour Masters peaked and successfully, at the Port Macquarie carnival with seven swimmers: about 75% of club membership, thereby managing to get a relay team or two with choices!

In addition to weekly squad training, a core of bodies, (some hardened more than others) have taken up the challenge of the Endurance Swim programme. For some, it was a totally new experience to swim further than 200m without stopping, and for others the job of timekeeping occasionally was more attractive. Either way, there has been great progress in 12 months.

Through meeting other swimmers at carnivals near north (Yamba) and south (Port Macquarie), there is talk of getting together to swim, in some form or other, with a view to running a carnival in the future. As yet, our numbers are thin, and our aim is to increase membership, but I am confident that we are on the move! With more members, we can offer more choices and spread the enjoyment of swimming for fitness, fun and friendship. Don't hold your breath but watch this space!

Hilary Young
President



Cronulla Sutherland Masters Swimming Club

Annual Report 2015

During 2015, Cronulla Sutherland Masters Swimming Club has continued to swim at Sutherland Leisure Centre on Thursday nights, mostly with small numbers.

Anita has kept us in touch with what's happening by emailing Club News at frequent intervals, while Stephen has emailed carnival programmes and closing dates.

There were a few swimmers from Cronulla Sutherland in 2015 at carnivals, although some swam for their second claim clubs. However, most members are content to maintain fitness through swimming without competing.

- We came 21st out of 37 clubs in the NSW Long Course Championships earlier in the year, with Stephen, Anita and Greg competing.
- Stephen was our only entrant in the NSW Long Distance Championships.

Carol and Anita have continued to officiate at many interclub carnivals where their expertise is appreciated.

The challenge of endurance swimming was taken up in 2014 by 6 members - Anita, Lann, Andrew, Stephen, Barbara and Beryl (official results for 2015 are not available at time of writing). Thank you Barbara for again doing the recording. Andrew again completed the 5000m Wests Auburn Turtle Postal Swim this year, with the pool staff and his family giving him lots of encouragement.

We have been able to continue to have supper after our swim, and thank Sutherland Leisure Centre for making their CT room available for this. However, with low attendance during winter when the indoor pool was closed, this hasn't happened as regularly as in the past.

Many thanks especially to Anita, Lann and the club committee and regular swimmers for all the work they have done during the year. Keep enjoying your swimming and remember to try to recruit more members.

Beryl Stenhouse
Secretary



GOSFORD CITY SEAGULLS AUSSI MASTERS SWIMMING CLUB Inc.

Annual Report 2015

In 2015, due to a number of our members moving away from the wonderful Central Coast, our numbers declined to 12.

Again, according to our Members' wishes, our regular swimmers have built up their fitness through squad-training and competitive sprint relays. We have regularly had eight to ten swimmers attending each night. Our Club is focusing on fitness and fun - and the regular swimmers are "lapping" this up!

Unfortunately, our attendance at Masters meets declined. We market the coming events through the Masters Newsletters.

It is becoming very evident, that with the passing years, the interest on the Central Coast for Generation "Y" swimmers to come to swim with local Gosford Swimming Clubs is declining. We are endeavouring to build our Website, Facebook and other Social Media but really no-one is "savvy" to the intricacies of these media tools. We are mostly in the Baby Boomers Vintage and are finding this aspect of marketing quite challenging. We would like to express an interest in combining our details for a Masters NSW Swimming portal, where we submit material, managed through a Central Web-Master.

With the demographics of the Gosford City Seagulls membership moving to the mid-sixties, the Gosford Seagulls Committee needs to market the benefits of joining the Seagulls Club to a younger audience in 2016. We are hoping to build up some momentum with the local Business Chamber, the Local Council and businesses around Gosford.

Rob Lewis
President

Supported by the





Annual Report 2015

Hills AUSSI Masters again had a couple of new members join our Club this year whom we welcome heartily and our numbers increased by one to 21 members for the year. Significantly in 2015 we scored a sponsorship from the *Glenorie RSL Club*. We hope to use the dollars to grow our member numbers and we are displaying flyers at Galston Aquatic Centre and advertising through a local community radio station. We also hope to purchase new club polo shirts.

Our attendance at swim meets was minimal again in 2015 but we had representatives at 12 swim meets on the MSNSW calendar.

Hills stats for 2015: Meet (no of swimmers) Placing/no of clubs:

Campbelltown (2) 21/28; Myall (1) 22/27; Blacktown (4) 17/30; Grape Escape – Griffith (1) 12/17 ; Ettalong (3) 18/29; Manly (5) 13/28; Seaside Pirates (4) 12/28; Hills (6) 3/18; Ryde (2) 19/27; Warringah (1) 21/24; Port Macquarie (1) 24/24; Novocastrian (1) 24/26.

We also had thirteen club members participate in the Wests Auburn Turtle Postal Swim at the beginning of the year.

We embarked on organising our very first postal swim which ran from 1 September through to 30 November – with the format “Swimming up Hills”. Thanks to *Matt* and *Alex Charles* for their efforts in developing this postal swim. Four Hills members took part in this swim out of twelve participants in total: 7 NSW, 2 Victoria, and 1 each from ACT, Qld and WA. We will try to advertise more widely to attract more swimmers in 2016.

Unfortunately, MSNSW saw fit to withdraw the BPS sanction for our *Glenorie RSL swim meet* in 2015 due to a let-down in mandatory officials. Again we are encouraging members to become officials as this is vital for the long-term survival of our club but acknowledge that it is difficult for a small club to provide such a large percentage of officials to conduct a meet. Numbers attending the meet were very low from only 18 clubs. Thanks to those who did attend and credit to *Pene Charles* for her first stint as a Meet Director. Despite the small attendance, Hills will persevere and intends to conduct a Long Distance meet in early July 2016 so we hope to see lots of other clubs there.

Hills AUSSI is 'kept afloat' by the following members without whom the Club could not function:

Our new leader, President *Phillip Smillie*;
Secretary *Sarnia Rusbridge* who also records our Endurance Swims and race night times for Top Ten;
Tony Howe as Minutes Secretary/ Race Secretary and great communicator;
Treasurer *John Wendt* and assistant *Kim Chapman* keeping an eye on all things financial with the help of *Melita Sutton* as auditor from her lofty position in the Blue Mountains now after moving from the Central Coast;

Di Coxon-Ellis and *Colvin Ellis* travelled for over seven months of this year but managed to represent the club as officials at a couple of meets early in the year including Myall Masters and the State Championships. Di continues to volunteer as Branch Coaching Director.

Mark Hepple who continues his amazing workload as MSNSW recorder and his contribution to the website and assistance with online docs. We are proud of the countless hours Mark devotes to Masters Swimming and Mark is now instrumental in setting up the new online meet entry system in NSW.

Socially, thanks to *Lorraine Mooring* for hosting our successful Christmas do where everyone who attended enjoyed several hours of eating, drinking and talking.

Other volunteers include *Gail Butler* as Club Captain and *Janet Shearer* whom we can always rely on for catering and welcoming new members.

Our official Club training night is Tuesday night at the Galston Aquatic Centre when we are coached by Debra Francis, one of the Centre's coaches. Deb attended the Masters Swimming Coach Development session in July 2015 at Liverpool.

In 2016 we live in eternal hope to inspire more participation in all aspects of Masters swimming, swim meets and endurance swims.

As always, Hills members thank the dedicated volunteers and admin people of Masters Swimming NSW and Masters Swimming Australia for their contribution in 2015.

Philip Smillie and Di Coxon-Ellis
President and Fitness Director/ Registrar





Manly Masters Swimming Club

Annual Report 2015

This time last year, I concluded my report with the wish that “we have even more members and that our swimmers make it to, and back from, Kazan”. Well, it is great to be able to say that we do, indeed, have more new members and our swimmers at Kazan not only came home safely but performed admirably !

2015 was a year of change and celebration. In June we celebrated our 40th birthday at the Manly Club carnival at Abbotsleigh, followed up by Masters Swimming NSW celebrating the 40th year of Masters swimming in Australia at a Ruby Dinner at Ryde Eastwood Leagues Club in September.

Also in September, we made the move to the Manly Andrew “Boy” Charlton Swim Centre, following an emotion charged departure from Harbord Diggers with a much publicised Last Hurrah on Saturday 29th August. Thanks to a band of hard-working club members, led by Marie Taylor, the event was a great success.

The training sessions at the Manly Swim Centre are well attended, despite having to change personal routines to take in Wednesday evenings and Sunday mornings. Being on show, particularly on Sunday mornings, has brought us new members. This is a real bonus and I would like to thank every swimmer who puts in the effort to make first-timers feel welcome and assist them with the format of a training session. As you know, our current hire agreement sees us through to the beginning of June this year. Current advice from pool management is that *“we are yet to make a determination on pool space availability for the indoor area. Internal programming will take priority such as swim school and public lane space. Thereafter we will juggle lane availability for clubs/user groups. There will be no change to operations of the outdoor pool areas with normal maintenance closure in July of each year”*. We will have to wait and see what happens next. Rest assured we will be working hard to gain the best possible outcome.

My thanks go to Dawn, as Captain of our club, for taking charge of coaching arrangements. It has not been an easy road since the move to Manly Swim Centre. Brooke came with us from the Diggers but has since returned to the USA. Currently Mark Bemer, at his request, is on a 3-month trial coaching us. The trial works both ways – he can see if the workload fits in with his other commitments and we can see if he meets our criteria. Also, a big thank you to Steve Lamy and Tony Goodwin for stepping into the breach and providing

coaching at several sessions; not only is their expertise in backstroke and breaststroke much appreciated, these free sessions are a significant boost to club finances. Dawn also managed to book in the very competent coach, Peta Doyle, for a few sessions. Not an easy task with her commitments as a firefighter!

A major part of our club ethos is participation at carnivals. When we link swimming at carnivals with our personal goals for the year, training sessions take on a very positive vibe. My suggestion for reluctant participants is to set a personal goal to attend at least 3 carnivals this year. I have said it before, and I will say it again, stepping out of your comfort zone is liberating, exhilarating and keeps you young at heart.

Finally, a big thank you to our hard-working committee, registrar, gear steward and safety officer. Our club just cannot function without you all.

Ruth Fitzpatrick
President

Supported by the





Merrylands A.S.C. Inc.

Annual Report 2015

2015 was our club's eighth year affiliated with Masters Swimming NSW.

Membership

14 Members (1 second claim) – our highest to date

Club Sessions and Venues

Merrylands Swimming Centre (September to March)

Club Races: Saturday Mornings 7am to 9am

Training: Tuesday & Thursday Mornings 5:45am to 7:15am
Tuesday & Thursday Evenings 5:30pm to 7:30pm
Saturday Mornings 9:30am to 10:45am

Guildford Swimming Centre (April to September)

Training: Tuesday & Thursday Mornings 5:45am to 7:15am
Tuesday & Thursday Evenings 6:30pm to 7:45pm

Interclub Meets

Members attended the following meets:

- Blacktown
- NSW Long Course Championships
- Australian Masters Championships
- Victorian Long Course Championships
- NSW Relay Meet
- NSW Long Distance Short Course Championships
- South Australian Short Course Championships
- Tasmanian Short Course Championships
- NSW Short Course Championships

Achievements of Members

Our club participated in numerous meets, over the season, but only one BPS meet – Blacktown which is located closest to our club.

Two of our members also competed in Swimming NSW Championships, with both Steven Nguyen and Alison Sakurovs representing the club – Alison qualifying for the first time and swimming at both the Short and Long Course Metropolitan Championships.

Thirteen members participated in the National Championships in Hobart - a successful meet with lots of PBs and medals.

Merrylands have had another successful year at the State Championships, completing a clean sweep of all championships in Division 3.

Many of the members competed in ocean swims and open water swims during the warmer months and enjoyed the different challenges involved in open water swimming.

Our club continues to operate as a "One Club" catering for juniors and masters swimmers. One of the highlights of the year is the Parramatta Inter-Club Cup where all our members get to compete together against the Parramatta City and Parramatta Memorial Swimming Clubs.

We look forward to achieving many more great results in 2016!



Molonglo Water Dragons ACT/NSW

Annual Report 2015

We have had a good year. We need, however, to remain mindful of what has made us successful and what we need to do to remain successful.

The regular training sessions at Civic, Gungahlin and Queanbeyan continued to be well attended and 2015 was, in large part due to the enthusiasm generated by our Race Secretary, John Collis, a year of high and successful participation in swim meets. All 17 Dragons who swam in the 15 March 2015 ACT Interclub Meet recorded times that were in the Top Ten in Australia in 2015. We hosted the very successful 15 June ACT Interclub Meet at Gungahlin. The NSW Short Course Championships in October 2015 was hosted by Canberra and again we did very well as a club. Our regular meet attendees are not all our fastest swimmers, rather they are swimmers who enjoy challenging themselves and enjoy the excitement of a swimming carnival.

There has long been a small group within the Club that has concentrated on the Vorgee Endurance 1000 Program with the majority of swims having been done at the Canberra International Sports & Aquatic Centre (CISAC) and the Australian Institute of Sport (AIS). We aim to make 2016 an aerobics year and challenge our sister Canberra Club, the Vikings, which has a high participation rate.

Key to our success is the high quality coaching provided by Les Worthington, who coaches at Civic and Queanbeyan, Mary Liz Partridge, who coaches at Gungahlin and Civic, as well as Alan Ford and Craig Allatt who both coach at Civic. John Collis and Greg Reynolds look to undertake a coaching course in 2016. This will add depth to our coaching capacity. The coaching clinics organized by Mary Liz Partridge, our Director of Coaching, and conducted at Gungahlin by Anne Smyth, the Senior Vikings Coach, were well attended.

Our Treasurer, Gary Stutsel, was a founder forty years ago of Masters Swimming in NSW and continues to be a strong and untiring contributor to the Club. Salient points in his 2015 Treasurer's Report at our Club AGM were the Committee decision to hold the annual membership fee to \$100 for 2016, which means a continuation of absorbing the 2015 \$5 increase in the National and NSW Branch component of members' fees, and the loss we are suffering with regard to lane hire at Queanbeyan. We need to boost membership at Queanbeyan to better utilize the lanes we hire there and I am hopeful that my recent representations to the Queanbeyan City Council will result in lower lane hire fees.

Our Web Master, Marg Wade, performed a vital job in maintaining our website which has become the major means of attracting new members to the Club. Canberra is very much a city of transients and we need to work constantly to attract new members to replace those who leave us when they move interstate or overseas. I thank Marg Larkin who has stood down from the Committee after doing an excellent job as Secretary over the last two years.

As President I wrote to the ACT Chief Minister regarding poor lighting and the introduction of pay parking at the Civic Pool carpark. While this achieved an improvement in the lighting, further improvement is necessary. There has been no joy so far with regard to the pay parking imposition. There will be further correspondence. Essential to our success are our social activities. Weekly dinners after training were well attended. Over 30 of us enjoyed the Club Christmas BBQ on Sunday 6 December at Tim Booth's beautiful farm.

With 58 financial and mostly active members we remain very viable. Continued success hinges on retaining and attracting members and this requires a continuation of good coaching, maintenance of our website, ongoing dinners and other social activities and maintenance of our finances.

Peter Coggins
President

Supported by the





Myall Masters Swimming Club Inc.

Annual Report 2015

Myall Masters has had an enjoyable and successful year of swimming. With the support of local media showcasing key events the club profile in the community has remained high. Thanks to Chris Lock, 2015 saw the introduction of the Myall Masters Facebook page and work continues on creating a website. Our Swimming membership is still growing and currently we have 40 members. The start of the 2015/2016 season has seen the registration of a number of new members.

We are lucky to have exclusive use of the Tea Gardens Pool on Monday evenings (from 5.30 pm to 7 pm) during the months October through April. The training nights have been consistently and enthusiastically well attended. During the winter months when our pool is closed some members are able to continue their training by travelling to Lakeside Leisure Centre, Raymond Terrace. Many members enjoy other fitness activities throughout the year.

Myall Masters have 2 qualified Masters Coaches who oversee our Monday night sessions and in addition we have a number of Assistant Coaches who assist on a roster system. Currently 1 member is undertaking Masters Coach training. Members are keen to be involved in supporting other members in this manner and to learn from more experienced swimmers/coaches for their own personal development.

Myall Masters was delighted to finish on top of Division 2 in the NSW Branch Point Score and look forward to gauging our success and participation against the larger clubs in Division 1 in 2016. We can credit our achievements in 2015 mostly to high member participation at local, state and national meets.

This year we have continued the 25m Handicap Series competition fortnightly at our Monday training. The winner of the Handicap Series 2014/2015 was a three way tie between Peter King, Chris Mobbs and Mal Motum and the most improved swimmer during the series was Peter King. The Annual Awards were presented to Chris Lock (Club Member of the Year) and Peter King (Encouragement Award). Following on from the award of our first Life Membership in 2014, Myall Masters awarded a second Life Membership to founding member, past Secretary and Publicity Director to Rhonda Bobako.

Myall Masters again received funding from Mid Coast Water and ran a Seniors Learn-to-Swim Programme which was held every day for a week in November. The programme attracted 9 swimmers and was heralded as a great success. One swimmer went on to become a Myall Masters member. Thanks to Mal Motum, Chris Lock and Leon Bobako who volunteered to assist during that week.

Myall Masters hosted its 2nd BPS meet in February 2015. Masters swimmers from 27 clubs around the State participated and helped make this a wonderful success. We had 27 members swim on the day and we were thrilled to be awarded the top club of the meet! We enjoy the support of a number of non-swimming members and community members who were very active in the organisation of the carnival and I graciously thank all those involved.

Finally, my sincere thanks to our coaches Leon Bobako and Peter Kellaway, assistant coaches, the Committee, volunteers and all members for their contribution and enthusiastic support in 2015, making the club the enjoyable and active club it is today.

Christine Sefton
President

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North Sydney Masters

Annual Report 2015

North Sydney Masters rolled through another year with many of its longstanding traditions as previous years. We learn as we go and improve where we can, but in general, we stick to the things that have worked well over the years. The club has a small core competitive group both in the pool and at the ocean swims, but the largest group of all is the one that shows up at the pool for our sessions held 4 times per week and to the social happenings throughout the year.

It has been fantastic seeing so many of the members involved in different activities: from the ocean swims to the National Championship in Tasmania, from the Relay meet to the bbq and social swim events. We demonstrated our team spirit through the Relay State meet in July. We had 38 swimmers give their absolute best, and helped us win our first team victory and one national record (4x100 male medley relay – John De Vries, John Kain, David Lovelace and Neal Moores – Time: 4:37:18).

We also obtained two other trophies, winning in the Second division, the Long Distance Championships in August and in the Short course state championships in Canberra with other 9 swimmers. We also obtained the promotion to the First Division. In total this year, 123 swimmers participated in 16 meetings, breaking 91 club records. We also organized two social race swimming, giving everyone the opportunity to have a swim in a fun and friendly environment without too much pressure.

Highlights of our social calendar were club fun days, our annual weekend to Mollymook (with organizer Alvin Parr-Whalley) and both our Christmas parties – Christmas in July and the real Christmas party. The majority of our social calendar was aptly handled by our 2 social coordinators – Kym Low and Scott McLeod. Our monthly Sunday BBQs ran regularly the first Sunday of each month. These have been organized by Trevor Beswick and well received by the membership. The club funds these BBQs from the membership fees.

In the pool, our club fun days are the key events that we use to introduce members to the idea of racing. We used our own carnival and the State Relay Carnival as the primary focus to allow new members to become familiar with racing in different formats, while many of our members enjoy the annual tour of Sydney's finest beaches (and harbour venues) through participation in multiple ocean swims.

Participation in both carnivals and ocean swims is a direct result of the encouragement and cajoling from our dedicated open water & pool captains (Alvin Parr-Whalley, Rowena Solomons, Mark Griffiths) as well as our coaches.

The annual awards given out at the Christmas Party were awarded as follows:

Award	2015
Gordon Cozins	John De Vries
Costume Police	Trevor Beswick
Most Improved Male	Darren
Most Improved Female	Serafina Antonello
Male Ocean Swimmer	Nick McCouat
Female Ocean Swimmer	Mel Speet
Male Pool Swimmer	Gabrio Mannucci
Female Pool Swimmer	Helen White
Swim of the Year	4x100m relay (Anna Ling, Kim Moore, Serafina Antonello and Kim Turner.)
Relay Team of the Year	4x100 male medley relay – John De Vries, John Kain, David Lovelace and Neal Moores – Time: 4:37:18
Others	Sandbag award - Robyn Burton

Other volunteers that made 2015 the success it was include Pete Gregory as Digital Communications and as vice president, John Kain as treasurer, Serafina Antonello as secretary, Sam Chalmers as equipment coordinator. With our strong membership and commitment of our volunteers, we look forward to another successful year in 2016.

Gabrio Mannucci

President

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Novocastrian Masters Swimming Club

Annual Report 2015

Overall the club membership has fallen slightly through 2015 with the club finishing the year with 39 members. Our home pool is located at *West's Balance Health Club* and they have continued their valued support of our club.

In the Division One BPS competition we ended up in fourth place behind Warringah, Ryde and Manly.

During the year our swimming success was obvious from the participation and enjoyment by the members at the various meets. During the year we had 5 of our swimmers (Bill Walker, Emma Bartley, Rhonda O'Donnell, Michelle Herms and Robin Carson) achieve state and/or national records between them.

Aerobics remains an integral part of club activities with time each month allocated for aerobic swims.

We hosted a successful swim meet this year at the Charlestown Swim Centre utilising the 50m pool. A big thank you to the visiting officials who made a vital contribution to the success of the meet. This swim meet was also open to the general public for entries and was conducted with the support of the Lake Macquarie City Council as an event in the Lake Macquarie Games. We look forward to hosting another successful event in 2016.

The annual Club Presentation function was held which featured some good natured but sometimes competitive lawn bowls followed by a meal and presentation of awards. In addition we held a Christmas social get-together at West's Club at Mayfield after our last training session.

Our Monday training nights were well attended during the year and thanks to coach Adam for his enthusiasm in continuing to encourage members to improve fitness, style and lung capacity with a mixture of exhortation, humour and encouragement.

I would like to thank the committee members Rhonda, Wendy, David Bell, Cherie, David Goninan and Carl for their enthusiasm, cooperation and hard work during the year. In addition to thanking other office bearers I would also like to recognise and thank Oona for her vital contribution as Race Secretary.

I look forward to our club continuing to thrive in 2016. Go Novos.

Mike Cockrem
Hon. President

Oak Flats Aussi Masters Inc.

“Swimming for fitness and fun”

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Annual Report 2015

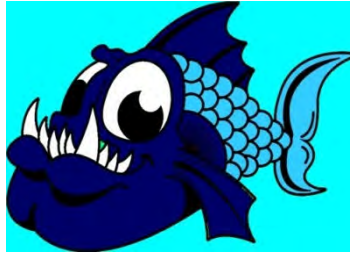
2015 was a year of achievements for a few swimmers in our club. We had one stand out swimmer, Bob Kirkbride, who is the first swimmer in the clubs history to complete all the endurance swims in the one year. This was a mammoth effort when you stop and think about the number of swims done in all the strokes. I know he is not keen on backstroke so our whole hearted congratulations go to Bob. Also he competed in the World Transplant Games in Argentina where he set world records and came home with a bag of gold. This is why he is our swimmer of the year. This award is very special as we do not have club championships so only special efforts like this one is an award given.

Ray Green also had great swims at the Short Course Championships where he had 4 personal best times in 4 swims. We forget that he is 77 years young so congratulations to Ray too. We had Lynn, Geoff, Narelle & Ray competing and all came home with medals and some good swim times too.

We are only a small club but enjoy other activities throughout the year too. Summer allows us to swim up the Minnamurra River then walk back along the beach to take another dip to get back across the river, there are not many places that allows such a lovely swim/walk. Then is it usually coffee. We all enjoy meals out together at various places in the area.

Narelle Day
President





Penrith Masters Swimming 2015

Annual Report 2015

We have had another successful year with most swimmers competing at Branch – State or National meets.

Sally Hatcher and Steve De Lorenzo have once again clocked up the titles of most attended swim meets.

Our super distance swimmer Lester Gollan completed the Rottnest Channel again with a hot time of 6hrs 43mins. He is swimming again this year hoping to come in under 6hrs.

Our training has stepped up a peg or two with our club moving to our new venue Atmosphere Health And Fitness Club Penrith.

Our new training venue boasts a four extra wide lane 50m pool that is great for squad training set in amongst a large state of the art gymnasium and cycling centre.

We are starting to pick up new members through the centre and hopefully we will see an increase in numbers.

We held our annual Xmas party at the centres café having an excellent night with great food and great service.

Garry Fletcher



PICTON AUSSI MASTERS

Annual Report 2015

Membership

This year Picton Masters had 8 registered swimmers, 2 being new members and 6 being returning members.

Club Sessions

Picton Masters swimmers train with Fitness Squad at Wollondilly Community Leisure Centre in Picton. Sessions are run on Saturday mornings as well as Tuesday and Thursday evenings. The squads are coached by Anna Barnes. Members race alongside Picton Swimming Club on Friday evenings, following their own program of events.

Interclub Meets

Blacktown, Campbelltown, Ettalong, Myall, Novocastrians, Pirates, Ryde, The Hills, Tuggeranong, Warringah and Wett Ones.

NSW State SC – 1 swimmer

~ Scott Bidewell – 4 gold

NSW State LC – 3 swimmers

~ Elly Ramon – 1 gold, 1 silver

~ Ken McIlwain – 3 bronze

~ Roger Haines – 1 silver, 1 bronze

National Championships – 1 swimmer

~ Anna Barnes – 2 silver, 2 bronze

Australian Masters Games, Adelaide – 3 swimmers, plus 2 no-members

~ Anna Barnes – 6 gold

~ Annie Cooke – 5 gold

~ Luc Parisi – 6 gold

~ Michelle French – 1 gold, 3 silver, 1 bronze

~ Elizabeth Canning - 1 gold, 3 silver, 1 bronze

~ relays – 2 gold, 1 bronze

Social Activities

Members enjoyed several get togethers during the year, including breakfasts, lunches, dinners, BBQ's and a regular walk/run session on Sunday mornings.

Port Macquarie Masters Swimming Club Inc.

PO Box 5021 Port Macquarie NSW 2444 ~ ABN 28 055 047 621



President: Sandie Carden 0438 825 442

Secretary: Sharon Walsh-Barltrop 0497 073 743

Treasurer: Gary Gilbert 0407 853 800

Fitness, Friendship & Fun

Annual Report 2015

FEBRUARY....

- Our committee was announced at the AGM.
- Saw the introduction of our Saturday morning program with Warren & Wendy putting this together for us.
- The club travelled to Myall Lakes to support them in their first meet and what a great day it was with the club coming second in the pointscore.
- The Vice president gave us all a health scare after the carnival.
- Members attended the Cessnock carnival with Marg Jopling breaking a national record for the 1500 backstroke.

MARCH....

- Gary and Trish Berry returned from their Oz adventure.
- Eight members attended the NSW State L/C championships at Homebush bringing home 11 gold, 5 Silver & 3 Bronze – Gary Gilbert winning his first EVER state medal.
- Nancy Whitely swam in the SWR ocean swim.

APRIL....

- Annemaree Grainger made her way to nationals in Hobart and came home with three bronze medals.
- Bruce Hall swam in the SA Masters Games and brought home five gold, one silver and one bronze.
- Andy & Sharon along with Nancy swam in the Pacific Palms open water swim with both ladies placing in the top 10 and Andy just missing with an 11 placing.

MAY....

- Masters on Clarence were again in fine form at the Annual Ironman Australia.
- Penny McGee decided to give us a scare but proved to bounce right back.
- Ettalong was graced by our presence with us bringing home quite a bit of bling.

JUNE....

- Yamba long weekend meet was a success for the club with a small contingent attending.
- The club received gratitude for our awesome volunteer work at Ironman.
- Memo went out to members in regard to a few of us having mishaps on the blocks and making sure we keep an eye on each other and remembering there are no sheep stations up for grabs.
- Wendy & Marg received certificates for National top ten placings.

- Former member, Bill Macnamara & wife Vicki lost their beloved daughter Teagan.
- Club travelled to Taree to have a couple of swims before the relay meet and graced Harrington Hotel on the way home on both occasions.
- Highlanders got up against the Hurricanes in the Super Rugby final across the ditch.

JULY....

- 17 Members travelled to Homebush for the State Relay Meet with 6th place overall. Cam McGee, Sandie Carden & Ted Giblin were fortunate enough to swim against the legendary Shane Gould.
- Marg Jopling received two achievement awards and another national record.
- The Crown hotel in the city was venue of choice for the pre relay meet feed along with a bevy of sport channels.
- Our annual town to windmill to town walk was conducted with breakfast following in the "lions den" at Zebu.

AUGUST....

- We had our first swim back in the pool after the break with 23 members turning up.
- Club bucket hats were ordered, what a great success and they look great too.
- Nancy made her way south to compete in the frozen version at the Masters Cross Country skiing.
- Dr Cat Walker left our shores to return to the UK after swimming with us for 12 months, lovely young lady.
- Sharon worked her butt off organising our annual PMQ swim meet.
- Marg J breaks another National 1500 backstroke record.

SEPTEMBER....

- Rodger decided to make a visit to hospital but proved to bounce right back with a vengeance.

OCTOBER....

- Marg J swam in the SA Games in Adelaide bringing home eight medals – one gold, 6 silver & one bronze.
- Triathlon again in sport Macquarie, this time the shorter version.
- Annemaree, Kim & Marg made their way to Canberra for the State Championships coming home with – Annemaree – two gold, two silver – Kim –three gold, two silver & Marg five gold.

NOVEMBER....

- PMQ annual swim meet held with great success with the highlight being the 8x50 Country v City freestyle relay.

DECEMBER....

- Our xmas & Presentation evening was held at the Zebu lounge in Rydges with the theme being "Gatsby/roaring 20's". A big thankyou to Annemaree for all her help in organising, everyone looked awesome, thankyou to Ross as MC and huge thank you to "the Press" Ann Palmer for her photography on the evening.
- Regos became due for 2016.
- Xmas morning tea arranged by Ross at the pool.

JANUARY....

- Beach swim at Flynn's.
- Morning tea roster sorted by Tony.
- We lost our beloved Sallie Scully and said our heartfelt goodbyes on the 22nd.

THE YEAR THAT WAS....

Our aerobics organisation and results have been outstanding and Adrian Davis has done an absolute outstanding job.

Joy Cain has again organised and negotiated with the Ironman committee for the club in respect to our volunteers.

Jody Rich for the organisation of the monthly BBQ and our pointscore monitoring.

Rodger Alden for his cooking skills at the end of each month.

Marg Perkins & Janet Brien for being the morning tea ladies, thank you Janet for stepping up when Marg was unable to be there.

Warren & Wendy for their organising the yearly calendar for our weekly swims.

Sharon & Andy for an outstanding job as Race Secretaries.

Tony Donegan as "the other secretary"!

Gary Gilbert – "The Money Man" you may even get a job at Gringotts.

Ross Cummins for being everywhere when we needed you.

With my year being President & my first ever attempt at a Presidents report, I hope that you have enjoyed our year, our success and also our social events.

Our presence on Facebook has grown with now over 100 followers and we have now got a few of the "more mature" members on there also.

During the year we have excelled in our Aerobics rankings which has been extremely pleasing with most of our members ranking highly in the National rankings.

The club has also acquired more pergolas/tents for our away meets which are a great addition.

I also have to say that our club uniforms "rock" and we stick out like sore thumbs where ever we go, thank you Joy for doing such a wonderful job with this. Wherever we go I have had comments of how great we all look and I think we will need to keep our hands on our new addition to the uniform, the bucket hats appear to be very popular.

I would like to thank every one of you for all the support that you have given, not only to me but to our fellow members throughout the year. This just brings us closer together as a team and I love being part of such a great group of people.

I hope we can build on this and the year to come.

Sandie Carden



RYDE AUSSI MASTERS SWIMMERS Inc. (RAMS)

Inaugurated 7th November, 1981
Affiliated with Masters Swimming NSW 24th November, 1981
Incorporated 14th October, 1999
ABN 20 075 220 716

Annual Report 2015

Membership: The club ended the year strongly with 65 members (25 males, 40 females), 8 less than last year. Under the leadership of Andrew McCrindell, the club has continued its success and we acknowledge Andrew's many contributions to club activities. The club also thanks all committee members, and the large number of members who generously give their time to help organise club activities over the year.

Club Sessions and venues: Regular training nights are Monday (7.45-8.45pm) and Wednesday (7.30-8.30pm) at Ryde Aquatic Leisure Centre. Wednesday night includes a social gathering at the conclusion of the training session for tea/coffee and biscuits. A birthday cake is also provided once a month for members celebrating birthdays that month. The club was again fortunate to have two regular coaches this year, Greg Lewin and Wendy Seale, who coordinated a mix of training sessions and drills to prepare members for all major events. Our coaches assist and encourage all members regardless of ability, from high achieving swimmers to those learning form strokes for the first time. Workshops, Go Swim Videos and Training Mirrors are now all part of the program.

Another successful October long weekend inter-club training camp was extremely well organised by Susan Leech in keeping with AUSSI Masters *fun, friendship and fitness*. Participants came from Ryde, Tuggeranong, Wett Ones and Castle Hill (Ryde 2nd claim). Our Ryde head coach, Greg Lewin, ran 6 x 2 hours coaching sessions from Friday evening to Monday morning for 30 swimmers with the help of Wendje and Leissa.

Interclub meets: Ryde AUSSI Masters successfully competed in BPS carnivals, NSW Relay meet and the National Championships in Hobart. Ryde achieved another creditable result in the Division 1 Branch Points Score trophy race, finishing second and winning Lake Macquarie, Ettalong and Ryde carnivals. Other notable results were second at Cessnock, Blacktown and Novocastrians; third at Manly and Warringah, and fifth at Clarence River.

At this year's NSW Long Course championships Ryde finished fourth and achieved a respectable fifth place at the MSNSW Relay Meet. All members are encouraged to attend carnivals regardless of their ability, and results at all these meets were achieved not only through some outstanding individual efforts but also from members of all ages and abilities.

Achievements of members: NSW State records broken by Ryde swimmers were Helen Rubin 1500 butterfly; Heather Morgan 200 and 400 freestyle, 100 breaststroke; and Jenny Whiteley 25 and 200 freestyle.

At the Nationals in Hobart Ryde won over 30 medals and came 12th out of 89 clubs. National records broken by Ryde swimmers were Heather Morgan 800 freestyle *SC and Jenny Whitley 400, 800 and 1500 breaststroke *SC, 400 butterfly *SC, and 400 Individual Medley *SC.

Endurance: Helen Rubin and Jenny Whiteley competed in a number of long distance swims both locally and abroad. 12 members also participated in the Malabar Ocean Swim.

Safety: Our Safety Officer, Alan Burgess, organised an extremely successful CPR course, updating qualifications for members and friends.

Ryde also successfully increased its number of qualified carnival officials.

Social activities

1. A charity swim-a-thon for Cure Cancer Australia as our co-beneficiary. The \$3466 raised was shared with Cure Cancer Australia – a large portion being raised by club member Helen Rubin.
2. Annual club dinner was again popular and very well attended.
3. Annual Christmas Party with presentation of club awards.

Ryde club members have participated in all international, national and branch events in the spirit of ***fun, friendship and fitness.***

Lesa Colburn
Secretary

Supported by the





Annual Report 2015

Our first event for 2015 was our “now annual swim” from Shelly to Manly and back on Sunday afternoon January 18th. There was a little trepidation to enter the water as there had been a shark sighting off Manly about 30 minutes before our scheduled start, but we all made it there and back before enjoying a picnic on the beach.

4 Pirate ladies entered the Great Australian swim on Australia Day from the Man O War steps at the opera house and Sandra was second in her age group accepting her medal (in the rain) from Ky Hurst. This is a fun swim and we hope to have a few more Pirates in 2016.

This was the day after the first BPS meet of the year- Campbelltown where 4 Pirates started off the year very slowly.

Myall Masters held their second annual BPS meet in February and there were a couple more Pirates than at Campbelltown. It's a lovely friendly country carnival, well worth the trip to Tea Gardens.

Our club AGM was held on 22nd February when we said goodbye and thankyou to Barry Thomas who has put many years of work into our website and facebook. We awarded the Swimmer achievement award to John Bates for his achievements at the World championships in Montreal and we awarded Richard Vander Reyden the Club member of the year.

Pirate Milton headed over to the US to work for 6 months in February and we missed his smiling face as well as his crooked turns during 2015. We are so pleased to see him back in the water again.

The State Championships at SOPAC in March was our first targeted meet for 2015 and we had 33 Pirates join us for that weekend. John Bates excelled with National records in the 50m fly (twice) and a branch record in the 100m freestyle. John was also awarded the Peter Gilmour trophy for the best butterfly swim relative to the current records. After a very exciting two days of racing Pirates were placed second behind Manly.

The National Championships were held in Hobart and we had a team of 11 enjoy the sites of Hobart and the camaraderie of the National swim. We started our trip with a visit to the Cadbury factory on the afternoon before the championships which loaded us up with chocolates for our reward after our swims. We enjoyed many dinners out and about in Hobart. We celebrated Rachel's birthday, we enjoyed a night with Mark Scullard's family and sometimes we were joined by friends from other clubs. When you go away as a club it is a great time to socialise and enjoy the company of each other and meet new friends. Oh and yes, we did do some swimming and there were some fantastic results. We were placed 11th overall, which is a great effort with so few swimmers and Sandra won her age group, but there were many medals brought home to Sydney and it was a great effort from the entire team.

In May Rachel stepped down from coaching Pirates after many years of service to our club. We thank her for her many hours of coaching and advice. Sometimes coaching can be a thankless task but we all appreciate the effort that Rachel has put into our club.

The Griffith weekend was our first 40th birthday event and Graham, Jane and Jodie represented Pirates at that weekend. Graham got involved in the coaching afternoon (by accident) and we are so glad he did, it was an excellent afternoon and many people were so

thankful of his patience and knowledge- he even featured in the local newspaper the next week. On Sunday morning we had a short swim meet to show the locals how we run our meets and it was enjoyed by all. The Griffith club has grown in numbers since that weekend.

The Relay meet was our next big event and we had 37 Pirates represent us at SOPAC for a great day of fun and racing. North Sydney won the meet by a mere 30 points from a gallant Pirate team and Tattersalls took the average pointscore trophy. It was a great day and we welcomed some Pirates to their first meet with the club.

The Pirates meet followed two weeks later at the Knox pool and was our largest Pirate meet in recent times. Seems we may have got the formula right and people enjoy swimming at the great Knox pool. It was a very successful meet with every Pirate helping out in some way- a wonderful club effort- thankyou everyone. Congratulations to Clary Munns from Blacktown who set a world record in the 200m IM at our meet.

The State Long Distance championships were also held at Knox in August and a very small but enthusiastic Pirate team competed, coming a very close second to Tuggeranong. Congratulations to Sandra on setting a branch record in the 400m butterfly at this meet and well done to our small team of distance swimmers.

This year was Masters swimming 40th year and we celebrated many times but officially with a state dinner on September 12th at the Ryde Eastwood leagues club. It was a memorable night with a speech by Gary Stutsel, a founding member of our organisation and lots of fun and memories. There were quite a few members from the early years as well as many current members. It was truly a special night for all who attended.

The State Short course meet was held at the AIS in Canberra in October and we had a team of 15 swimmers attend. We had a great weekend away, a lovely team dinner on Saturday night (with guests) and some great swimming by the team. We placed 4th on the weekend behind Tuggeranong, Blacktown and Manly. I would like to thank all the Pirates who have officiated on pool deck during the year at all the State meets. There are always a large number of Pirates officiating or working behind the scenes and I really appreciate your support. Swim meets cannot be run without officials and we certainly do our fair share- once again thank you for all your help and commitment.

Staffan stepped down as a Pirate coach late in the year after a number of years coaching. Thanks so much to Staffan for giving us so much help and encouragement in his role as coach. Staffan started a few years ago as a stand in coach when he had a back injury but stayed on pool deck for a long time. He has much to give and we all appreciate his efforts.

Unfortunately due to (very) wet weather our annual picnic in November was cancelled. It continued to rain the following 3 weekends so I suspect our picnic was never meant to happen in 2015. We will try again in 2016.

Very late in the year we lost our oldest Pirate Kevin Vickery who had only recently gone into full time care. Our thoughts are with Elvera and their families and remember Kevin not only for his swimming but also the great stories he used to tell us when we went away for National swim meets.

The year was wrapped up with the 100x100's on December 27th at Knox. In 2015 there were many new faces from other clubs and it is now becoming very much a multi club swim and heaps of fun. Well done to everyone who swam, whether they completed the 10 km or whatever distance they reached- it was a great morning.

My thanks to everyone in our club who has made a difference this year- the coaches, the committee, the technical officials and my club mates. Pirates is an awesome club to be part of and I look forward to a successful and fulfilling 2016.



Tamworth AUSSI Masters Swimming Club

Annual Report 2015

Tamworth AUSSI Masters remained stable with 7 registered members again this year.

Due to our numbers remaining low we changed the weekly Wednesday night program slightly by deleting the Race/Time Trial night making this a Training night instead so our Wednesday night program looks like this:

1st Wednesday of the month Training Program

2nd Wednesday of the month Aerobic Program

3rd Wednesday of the month Training Program

4th Wednesday of the month Drills/Stroke Correction Program

We enjoyed catching up away from the pool every 3 months for our club meetings more so for the social side of things to enjoy a meal out, with not a great deal to discuss because of how small we are.

We celebrated our Christmas Party at Hog's Breath Café this year.

The last week in December this year Kingsley became a grandparent with his daughter Kate giving birth to baby Henry.

Looking forward to more coaching and swimming in 2016.

Sonia Fawdry
Club Captain

Supported by the





Tattersalls Masters Swim Club

Annual Report 2015

The year began in the midst of summer ocean swims. While the pre- and post-Xmas training schedule was focused on these longer distance, open water events, the Tattersalls Masters swimmers had their minds set on the competitions looming throughout the year.

The NSW Masters Long Course Championships held at SOPAC 20-21 March 2015, was the first on the calendar. It was a great beginning for one of the Club's newest swimmers Kate Lacey, who became the first Tattersalls female member to win a medal. By the end of the meet, in the 30-34yrs group she had won 2 Gold (50 and 100 Breaststroke), 2 Bronze (50 and 200 Freestyle) and a 4th in the 100 Freestyle event. Not to be outdone, the old guard also won bling. In the 70-74yrs, Bill Phillips won Gold in the 50 Freestyle and Peter Joseph won a Silver in the 100 Breaststroke and a Bronze in the 50 Freestyle; in the 60-64 years Phil Madden got 4th in the 50 Freestyle. In the Mens 4 x 50 Freestyle Relay (280-319 age group), the world-beaters from the 2014 Montreal World Masters Swimming Championship (Alan Brown, Peter Joseph, Alf Moufarrige, Bill Phillips), retained again their NSW title in the smart time of 2:12.13... a few seconds off their state record set at Montreal of 2:08.80.

A small Tattersalls team competed at the Australian Masters Short Course Championships in Hobart, 8-11 April 2015. Alan and the three Peters achieved amazing results for the Club... Alan Brown (65-69 years) claimed Silver in the 50 Freestyle; Peter Joseph (70-74 years) won 3 Bronze medals in the 50, 100 and 200m Breaststroke events), and Peter Ritchie (70-74) won Bronze in the 50 freestyle. The baby of the team, Peter Thiel (40-44 years) was firing on all cylinders... winning 3 Gold (the 400 Freestyle, 50 and 200 Breaststroke), 4 Silver (the 200 breaststroke and the 800, 200 and 100 Freestyle events,) and a Bronze in the 50 Freestyle dash. To cap off a fantastic weekend, competing in the (240+) 4 x 50 Freestyle Relay, the Tatts team won the bronze medal.

The club focus for winter was the NSW Short Course Masters Relay Meet, 19 July 2015. It was a momentous occasion: it would be the first time Tattersalls could compete in the mixed relay events now that the Club had changed the rules to allow female membership. Shane Gould and Kate Lacey were welcomed competitors, contributing to a day of outstanding results. The Tattersalls team – Daniel Beltrami, Alan Brown, Russell Debney, Shane Gould, Tim Gouskov, Peter Joseph, Matt Jaukovic, Kate Lacey, Peter Ritchie and Peter Thiel - entered 12 relays, winning 10 Gold, one Silver and a Bronze medal. The team was also awarded the trophy for best average points per swimmer.

A key event on the Tattersalls calendar is the annual August trip to Hawaii to participate in the Maui Channel Swim, the 10 mile relay crossing from Lanai to Maui. In 2015 Tattersalls sent a number of Age-group teams but the highlight was the Tattersalls team in the Open category: under the guidance of the indefatigable Peter Thiel, they won the race for the 9th consecutive year.

The NSW Masters motto promotes and encourages 'Fitness, Friendship and Fun'... these three words encapsulate Masters Swimming at Tattersalls



Trinity AUSSI Masters Swim Club

Annual Report 2015

Trinity this year had a mixed year both in and out of the pool. Our membership has been consistently around the thirties and holding. We suffered when the pool was closed for about one quarter of the year and many members either trained elsewhere or took a sabbatical from swimming.

At Trinity, we still hold our club nights from 7pm to 9pm in the Trinity Grammar School pool at Summer Hill. During the night we have training and stroke correction for all level of swimmers provided by our coach and club captain, John Kulhan. This is followed by a few races to keep everyone in top form. On the last club night of the month we have a short program and then a light supper to keep us as social as possible. It is here that we discuss our swimming techniques and future events. Of course we also discuss the latest topics in the news and latest gossips.

Due to the pool being closed as the new fifty metre pool is being built, we could not hold our annual carnival. This was a disappointment, as it is a big fundraiser for our club and other AUSSI members and it always draws a large crowd of eager swimmers. Hopefully, we can put on a carnival next year.

Whilst our numbers were down, we still had a few swimmers participate at various carnivals and they acquitted themselves admirably. Hopefully, we can get a few more for next year. Although no records were set by our swimmers, they enjoyed themselves and were proud of their performances. We also would like to get more swimmers involved in the Endurance 1000 program as we only had George Constanti compete this year. Well done to George as he is a solid member of our club.

At Trinity we are a social bunch and enjoy ourselves whenever we are out and about. This year we had our Christmas Party at Canterbury-Hurlstone Park RSL. We had a great night and we need to thank Daphne Kulhan for arranging it.

In conclusion we wish everyone in AUSSI good health and keep up the swimming.

Regards
Geoff Murphy





Tuggeranong Vikings Masters

Annual Report 2015

It has, again, been a very busy year for Tuggeranong Masters.

We hosted the first ACT interclub for the year in March with a huge turn-out of 49 swimmers competing. Tuggeranong came out winners on the day ahead of Molonglo, Picton and Ginninderra.

Also in March, NSW State Long Course where we won the Biddy Hall Trophy for highest average points per swimmer at the meet, and finished 5th of 38 clubs overall. Anne Smyth was presented with 2014 Masters Swimming Coach of the Year award. A huge recognition of the work the club has been put into developing swimmers and the success they have had competing.

Finally in March we saw the 2014 Endurance 1000 results. We placed 4th Nationally and 2nd in NSW, swimming a total of 755.6km and amassing 13,312 points.

April brought us to Hobart where they turned on great weather for us – and we responded by turning up the heat in the pool, coming away with too many medals to count and in excess of 60 new club records. We placed a very impressive 6th out of 94 clubs and 2nd from NSW with 20 swimmers, compared to some clubs ahead of us with 30 or more swimmers.

In June the second ACT Interclub was hosted by Molonglo. This meet brought out 36 keen swimmers for a long course meet. Tuggeranong again came out ahead on points from Molonglo and Ginninderra.

July and the organised chaos that is the NSW State Relay meet. And despite what does seem to be chaos, everyone knows where they need to be, who is in their team and where those swimmers are if they are not in marshalling already. We placed 7th from 14 clubs, and initiated a few new swimmers into the competition world.

In August a team of nine headed of the NSW Long Distance Short Course Championships. With 32 clubs represented, we managed to scrape ahead to win the Championship by 20 points. With a total of 160 points, we averaged just under 18 points per swimmer from a possible 20 points per swimmer.

September had us running the Tuggeranong Challenge at the newly re-opened and re-furbished Lakeside Leisure Centre. Anne Smyth won the Challenge with an overall time difference of only 1.34 seconds across three swims.

October and NSW State Short Course, held at the AIS in Canberra, was a dominating event for Tuggeranong with 26 swimmers crushing PB's all over the place. This was reflected in an almost clean sweep of the trophies. We were presented with the Championship Award for overall winner with 1264 points,

1160 points clear from the 2nd place team, the Harry Fowler Trophy for relay team 200yrs+ and the Gordon Cozins Trophy for highest pointscore in the relays. So that's three of the four team trophies that came to us.

November saw the third and final ACT Interclub for the year. With only a total of 28 swimmers, it was the smallest interclub for the year, but no less competitive. Quite a few new club records came out of the afternoon of swimming and the overall result was Tuggeranong 1st to clean sweep the Interclubs for 2015.

We had four swimmers achieve a metre milestone during the year:

One Million Metre – Leisa Cass

Two Million Metres – David Bale and Ann Reid and Caroline Makin

Annual Awards went as follows:

The **Gill and David Buckley Encouragement Award** is for a Thursday morning swimmer.

The 2015 winner is Nina Maguire. Nina hardly needs encouragement but "courage" is her middle name. Nina Maguire is a very enthusiastic Thursday morning swimmer who is always early to the pool, takes direction well and gives 100% in training.

Despite recent serious health setbacks, Nina continues to fight her way back to full fitness. When I see Nina at training, I am looking at "true grit", which I can only admire.

The **Tuggeranong Masters Swimming Encouragement Award** is for an evening swimmer.

The 2015 winner is Ed Linder. Now, Ed has only been swimming with us for a short time. In fact he turned up for the first time during our temporary relocation to Grammar. He tried hard and got through his first session in lane one, but was somewhat 'stuffed'. He is now training regularly in Lane 3 or 4, and while still building his overall swim fitness, speed has certainly come his way with some pretty damn quick times at the Challenge and State SC. Well done Ed and keep up the hard work.

Most Improved

Most Improved for 2015 goes to Donna Campbell. Donna has been competing regularly during the year and has continued to improve her times on nearly all every swim. She's keen to have a go at all strokes and distances and is keen to get involved with whatever is happening. Well done Donna.

Postal Swimmer of the Year

Postal Swimmer of the Year is Ann Reid. Ann has always been a keen participant in the postal swims that are available throughout the year, and as they always tie into the Endurance swims as well, she more often than not gets two swims for one lot of effort. That's smart swimming and a well-deserved winner.

Iron Person of the Year

This year's winner is Jill Blomeley. Now Jill has had an interesting year. With some health issues and then a major knee injury, she has continued to train when she could. This included turning up with a knee brace on, taking it off, doing the entire session as pull, and then putting the knee brace back on before hobbling back out the door. Now that is commitment and deserving of the Iron Person award.

Judy Gallagher Memorial Trophy for Swimmer of the Year

The 2015 Swimmer of the Year is Brenda Day. Brenda has been completed – according to the MSA results portal – 140 individual swims this year. She swam the highest distance of all swimmers from our club at Nationals with a total of 2,750m of racing. She has 10 Long Course top 10 rankings and an incredible 29 Short Course top 10 rankings. An amazing effort and a well-deserved recipient of this award.

Club Person of the Year (President's choice)

The 2015 Club Person of the Year was a difficult choice in some ways, as there a few who I would have liked to acknowledge, but in the end the decision was not that hard. The winner this year is Jane Lindsay. Jane has not been swimming much the last couple of years, but as a keen Endurance swimmer, she has kept up an ongoing interest in the program. And so it is for all the work that Jane has done to set up the individual spreadsheets and record all our Endurance swims in the national not very user-friendly system, that I recognise Jane today for all her time, effort and ongoing support of the club over many years. Thank you so much Jane, a very deserving recipient.

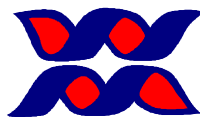
Conclusion

I'd like to thank all those who put up their hands to continue in their committee roles or take on a new role, and a special thanks to those new people who have taken on a role to help support and run the club. A big thank you to Bill, Jon and Ann for their support over the past years volunteering their time to help run the club. Please think about how you can all help during the next year with supporting your club to continue to be the amazing and successful Championship winning club that it is.

Thank you all again for coming to this presentations. The committee wishes you all a very Merry Christmas and a Happy New Year. Don't forget, there is still training Tue & Thu, then we have a break and are back in the pool on Sunday 3 January.

Leisa Cass
President





WARRINGAH MASTERS SWIMMING

Annual Report 2015

The Club completed another successful year, gaining first place in the interclub Branch Points Score. We continue as the largest Masters Swimming Club in NSW with some 99 members at year-end.

Our membership remains united behind the Masters Swimming ethos of fun, friendship and fitness which is in some measure reflected by the large proportion of our members who train with us but don't necessarily compete. Inclusiveness remains the hallmark of Warringah Masters Swimming.

Participation

Encouraging participation has been a recurrent theme and in that regard we have ramped up our member communications effort with a Facebook page managed by Paul Bailey which has proved popular with both our members and many from other clubs as well. As well an informal group of our swimmers has been swimming Friday mornings at the AIS, Narrabeen.

Training

Our Fitness Director, Paul Bailey continued to lead our coaching program and supplemented our normal program with guest sessions with Commonwealth swimmer, Mitch Patterson. At Sunday morning training, there are four coaches and coaching assistants across the eight lanes drawn from a roster of over 20 people who give up their swim to provide what we believe to be a rewarding and structured experience.

The Wednesday evening session direct by Gordon Whyte with support from Susan and Peter Myers continues to innovate. Attendance has been solid and a source of several new members through the year – it is open to all Masters Swimmers. On behalf of us all, I would like to thank both Paul and Gordon for the work they put into ensuring our swimmers have a great training experience.

Pool charges

Notwithstanding the discount/reclassification negotiated by outgoing Vice-President, Max van Gelder, we in effect lose \$100 per week on our training sessions as lane hire charges at the Warringah Aquatic Centre (WAC) continue to increase at a rate above that of inflation. A group within the Executive Committee is examining ways of restructuring our membership fees to mitigate the impact on swimmers who take advantage of our training sessions while recognising the large proportion of our members who are retirees.

Competition

Under the leadership of our Captain, Bill Harris, we won the Division '1' BPS Carnival Point Score trophy for 2015. The BPS competition was hard fought with Ryde only just losing out. Good swims, continuing excellent work from Race Secretary Patrick Chandler on picking relays and some inspired tactical choices on the deck all helped. Patrick is also working with Masters Swimming New South Wales on refining the new online entry system.

Based on all NSW competition points, 5 of our swimmers counted in the top 20 swimmers for the year (led by Peter Kaupert (#1), Helen Campbell (#5), Graham Campbell (#6=), Paul Bailey (#7), and Tony Tooher (#12). Peter, Helen and Paul were also age group winners.

In several of the Championship Competitions we were well placed: 3rd in Relay Champs; 3rd in Long Course / 3rd in points average. However, an unusually small showing (8 swimmers) in the Short Course championships had us placed 8th / 3rd in point average. In the Short Course Long Distance champs, the usual low entries (6) had us placed 7th / 9th on points average. Also, a small group of 6 swimmers also competed in the National Championships in Hobart (23rd / 17th on points average).

By and large, over the course of the BPS events and the State / National events our swimmers continued to perform well in the points score reflecting the quality of the swims. Unfortunately, our women were underrepresented in competition.

During 2015 Records were set by: Diana Moore (1 LC), Sue Levett (2 SC), Paul Bailey (1 SC) and Max van Gelder (11 SC inc 4 National). Interestingly, since 1986 our club holds 16 current National Records, 23 State long Course Records and 42 State Short course records. Our members also featured strongly in the National Top Ten times for FINA events in 2015. Marilyn Earp, John Studdert, Max van Gelder, Stuart Meares, Sue Levett, Hugh Rothwell, Peter Kaupert, Stephen Hawkins and Wilson Gamble. These places are computed relative to world record times. NB: no world times for 1500m events.

In the Endurance 1000 aerobics competition, once again Peter Kaupert, achieved maximum points by completing the whole programme.

Again, I would like to thank Marilyn Earp for conducting, and Keith Bourdon for organising the CPR update courses for our coaches and other members.

Our carnival

Our own BPS Carnival continued to be one of the best attended on the calendar with 188 swimmers entered including 52 from the club. The highlight once again was the Tony Tooher organised 'Medley Shootout'. A special thanks also to our Meet Co-Director, Gordon Whyte who, armed with a briefing document prepared by last year's Director, Penny Berents, did a wonderful job of ensuring things went smoothly on the day, as well as all our other members, family and friends who helped out. And we mustn't forget the golden voice of Bill Moorcroft who announces and maintains various run and data sheet to assist the Meet Director on the day, as well as producing our program. Thanks also to the efforts of Max Van Gelder, The AquaShop in Gordon again came to the party as our major sponsor for the event with some very generous donations for our raffle prizes and gift vouchers to be awarded to club swimmers. The staff at the Warringah Aquatic Centre also gave us their full support on the day.

A well deserved mention also for Julia Atkins and her helpers for organising our after carnival food, drinks. Julia also did a great job on post-State Championship gatherings, the excellent Christmas Dinner and Presentation Night at The Belrose, the year-end BBQ, and organising accommodation for the Myall carnival which is becoming an annual fixture.

Our club would not be as buoyant and successful as it is without the help of the volunteers who make up our Executive Committee and the other positions that go to making the club successful. I would like to thank the Management Committee, of Max Van Gelder (Vice President), Helen Campbell (Treasurer) Jim Reynolds (Secretary), Bill Harris (Captain), Patrick Chandler (Race Secretary), Paul Bailey (Fitness and Recorder), and Julia Atkins (Social Director) together with the other position holders and helpers, Stuart Meares (Auditor), Sue-Ellen Norris (Medical), Susan Myers (Registrar), Jim McLean (WAC liaison), Violet Wilkinson (Gear), Claire Oxlade (Website), and Bev Cook without whom Sunday mornings social wouldn't happen. I believe it is a true reflection on our club that we have so many willing and able to put up their hand to help.

I am also pleased to report we did not have to file an Incident or Medical Report for 2015.

Stuart Meares and Tony Tooher continue to occupy positions on the State Executive. As the largest club in the Branch it is incumbent on us to contribute to the running of the State body. Thankfully Stuart and Tony have been willing and able to do that for us for many years, and the club is very appreciative of the time and effort that takes. Warringah Masters accredited officials many of not most BPS, State and National events including refereeing, chief timekeepers, marshals and check starters.

Finally I would like to congratulate our 2015 award winners:

Club Member of the Year: Noel Peters
Female Swimmer of the Year: Helen Campbell
Male Swimmer of the Year: Paul Bailey
Aerobic Swimmer of the Year: Peter Kaupert
Highest Carnival Attendee / Participation: Peter Kaupert
The *Max* Record Trophy: Suzanne Levett

Looking forward to another year of fun, friendship and fitness

Graham Campbell
President

Supported by the





West's Auburn Masters

Annual Report 2015

MEMBERSHIP

We had 16 financial members at the end of 2015. We average about 6 swimmers at most sessions, but thanks must go to our most regular member, who is always on deck for timing, opening and closing – Maureen Hall. We are working closely with Dooleys (Lidcombe Catholic Club) as a major sponsor.

CLUB SESSIONS & VENUE

We swam at the Ruth Everuss Aquatic Centre (Auburn) until it closed in July for major renovations. Since then we have been swimming at Birrong Leisure Centre on Wednesdays at 5:00pm, Fridays at 5:00pm, and Sundays at 9:00am. We have a wonderful coach (Kerryn Blanch), who has provided all of us with individual programs to follow whenever we can get to a pool. We have six members with Bronze Medallion qualifications and three with Senior First Aid Training.

INTERCLUB MEETS

We were represented at four BPS carnivals in NSW this year, as well as Nationals (Hobart), State (SOPAC, Knox and Canberra). Club officials were on deck at many carnivals (we have a number of qualified officials).

WESTS LONG DISTANCE CARNIVAL

Auburn Pool closed in July, so we held a twilight 1500m carnival at Birrong Pool. A successful carnival, with 18 clubs represented. The weather was good to us, and some great swims were completed. Two National records were broken and two State records were set or broken. Next year we will hold a BPS carnival, as long as Auburn pool re-opens as planned.

WESTS 5000m POSTAL SWIM

We held our annual 5000m postal swim again this year. We had a similar response to last year, with 16 individual swims and 27 relays. We hope for more swimmers in 2016.

ENDURANCE 1000

12 of our 16 members participated in the National Endurance 1000 Scheme (75%), giving us a total of over 5500 points, at an average of almost 350. One member (Michael Parkinson) scored maximum points, while Cassie Anderson, Kerryn Blanch and Hillary Morrison competed in all swims.

CLUB COMPETITIONS

We run two competitions within the club. One is a short distance point scoring competition (200, 100, 50, 25m) where eight swims per month score points. The other is a club record breaking competition which was very keenly contested this year.

ACHIEVEMENTS

Most of our swimmers will have their times entered for the Top Ten competition.

SOCIAL ACTIVITIES

We had a social swimming weekend in the Blue Mountains in January. Our presentation day was at Birrong Pool. Our Christmas party was at Dooleys Waterside. We venture to Dooleys (Lidcombe Catholic Club or Regents Park Bowling Club) every first Friday of the month (after swimming), and for pizza every third Friday of the month. We have a BBQ breakfast after swimming on set Sundays, often with guest swimmers from other clubs.

Terry Gainey

Treasurer

Supported by the





MASTERS SWIMMING

President:	Lynne Matthias
Secretary:	Robin Henze
Treasurer:	Doreen Walton

All Correspondence to Secretary: 11 Camden Street, Balgownie 2519

Annual Report 2015

Our club has had some highs and lows in 2015. The highs have been not so much in the pool but I'm sure the members that competed in carnivals are pleased with their efforts. The best high has been the social occasions we have shared thanks to Roger Montgomery. He organised quite a few after Sunday morning swim breakfasts that have been very enjoyable. The lows, some of our members have suffered some injuries or undergone surgery and have had time out of the water.

We had small numbers participating in carnivals this year through injury as I've mentioned and Ross will cover this in his report. Although, we did start the year well at the Campbelltown meet, competing with a record number of members and even managed to enter two relay teams. Our weekly swim is still held at Corrimal pool on Sunday mornings with a coffee and chat afterwards.

We are currently ranked 9th in Division 2 with 802 points with a few carnivals left for the year. I think this is commendable considering the attendance, so well done to the members that swum to earn us these points.

Once again, thank you to the executives, for all your continued support. Thank you, to Sue Johnstone for your efforts as an official at carnivals, to Doreen Walton for managing our Facebook Group page so efficiently and to Roger Montgomery, for informing us on Facebook, our results at carnivals and any points of interest for the club.

Have a great Christmas and New Year and I hope everyone will be well and injury free so we can have a great year both in and out of the pool.

Lynne Matthias
Club President



Annual Report 2015

The Club membership was down slightly from previous years. We welcomed a new member Waide to our clan. Also to Dennis Curran, welcome back after a long spell out of the water. Hope you have an enjoyable time with us.

On a sad note our esteemed member Aileen Williams passed away in December. Aileen will never be forgotten for her dedication, she would battle public transport to represent our Club at swim meets even if she was unable to swim she would go and Time keep all day, Vale Aileen.

On a happier note we said farewell to one of our founding members Bonnie Cook. Bonnie held the position of Treasurer for the last 12 years, she did a fantastic job and was commended by the accountant for such neat and perfect books. Bonnie has moved up to Queensland to settle with family & we wish her all the best.

On the social side we held our Christmas party and Farewell for Bonnie combined at Budgewoi, it was well attended by our members and their spouses a great fun night was had by all.

On the carnival side we only had a few dedicated members competing. I would like to say Thank You to Byron, Kevin, Lyn, George, Waide, Jade and Julian for holding up the Wobbie's banner. Hopefully 2016 will improve and I might even get off my butt and back in the water.

Thank you to our committee Ellen, Secretary, George, Race Secretary and Bonnie, Treasurer for your work over the year. Also to Sue Sinfield for taking up the Treasurer position from Bonnie, I know you will do a good job.

Wyong would like to thank Toukley Aquatic staff and the YMCA for your continued support of our Club.

To all our new and old members you all help make our little Club what it is to-day. Thank You.

Wishing you a Healthy, Safe and Happy 2016.

Ruth Wall
President

CLUBS THAT DID NOT SUBMIT AN ANNUAL REPORT FOR 2015

Armidale
Castle Hill RSL Masters
Cessnock Masters
Coogee-Randwick Masters
Dubbo Redfin Masters
Ettalong Pelicans
Ginninderra Masters
Hornsby Masters
Jets Swim Club (Masters)
Lake Macquarie Crocs Masters
Lane Cove Masters
Liverpool Leatherjackets
Maitland AUSSI Masters
Nelson Bay Dolphins
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