



**MASTERS
SWIMMING**
New South Wales

MASTERS SWIMMING NSW INC.

2012 ANNUAL REPORT

Life Members:

Brian Hird
Sue Johnstone
Beryl Stenhouse
Gary Stutsel
Helen Rubin
Jane Noake

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PRESIDENT'S REPORT 2012

2012 was a busy year for Masters Swimming in NSW, our numbers held steady, we started some new clubs and we lost a few of our smaller clubs. We welcomed swimmers from the new Singleton club, the Y Valley club and Camden. We finished the year with 1588 members.

Our main focus during 2012 was the organisation of the National Championships to be held in Sydney in 2013 and the marketing of the event to ensure we had a large representation of NSW swimmers. We had a great team working on the Nationals committee and a number of the committee focussed on marketing the event, producing logos, posters and leaflets to reach as many swimmers in NSW and Australia as was possible. It was great to have some new faces on this committee and I am grateful for all the work done by Owen Sinden, Chris Lock, Stuart Ellicott, Craig Magnusson and Christina Echols who worked tirelessly to market the Championships.

The NSW long course Championships in March were again held at SOPAC and were won comprehensively by Warringah Masters.

The 37th National Championships were held at the new aquatic centre in Adelaide and NSW was very well represented at these Championships with some great results by our swimmers, including some world records. Stuart Ellicott and Tony Goodwin seemed to lower breaststroke world records at many of the meets they swam in, congratulations to both of them on their great swims during 2012.

The FINA World Championships were held again in Riccione in 2012, a wonderful town on the Adriatic coast of Italy and we were well represented at these Championships. In fact not just well represented but we came away with more than our fair share of medals. Well done to our swimmers, not just the swimmers who won gold, silver or bronze but everyone who competed, you really did Australia and NSW proud. Our medal winners and record breakers included Tony Goodwin, Stuart Ellicott, Stuart Meares, Cathy Codling, Pamela Nix, Max Van Gelder, Paul Lemmon, Jacqueline Robinson, Christina Echols and Jack Matheson.

The Relay Meet was the next major meet in NSW and was again very well attended. This year we had a new winner in Sutherland Sandbern with Tuggeranong Vikings winning the average point score trophy also for the first time.

The short course Championships were held at Woy Woy pool in October with Warringah again being victorious in the 1st division and the championships year finished at Blacktown with the long distance long course Championships which was won by the Tuggeranong Vikings club.

During 2012 we held 24 Swim Meets in NSW in both country and city pools, this equates to many swimmers, but more importantly to many officials who give up their time on the pool deck each week, not necessarily swimming but always happy to give up their time. There have been many swim meets which have not been kind to our officials, it is not fun standing around the pool in the blazing heat or the pouring rain but they keep coming back week after week. I would like to thank all our officials who give up their time and urge more of you to become involved in the running of the organisation. It is not difficult to become an official but it is very rewarding and we need to keep training new officials to ensure we can keep offering the number of carnivals we run each year.

My thanks to Di Partridge our training coordinator who delivers many courses herself for new officials and reaccrrediting officials but also coordinates many of the other courses in NSW.

Early in 2012 Colin Casey retired from refereeing our Meets due to ill health and was presented with a memento of his many years of work for Masters Swimming. We still see Colin from time to time around the pool and wish him and Denise well in their retirement from Masters Swimming.

I would like to make mention of the sad loss of Malcolm Heath late in 2012, who was a mentor to many NSW officials and a starter at NSW meets for many years. Malcolm's last meet was the NSW long course Championships in March and I will always remember him as being the first official at a meet and always being on deck to help with any task you gave him no matter what it was.

We have lost other valued members during the year and our thoughts are with their families and club mates.

We were extremely proud of Danny Crowe who was named NSW Coach of the Year for 2011, then also announced as Australian Coach of the Year for 2011. Coaches are the backbone of our clubs and it is extremely important to recognise their contribution where possible. Congratulations to Wett Ones for nominating Danny and to Danny for all he has achieved at the club.

Our Coaching Director Di Coxon-Ellis ran the new coaching course at the Terrey Hills swim centre early in the year which was attended by about 10 new coaches. Unfortunately the course planned for the ACT was postponed due to ill health but was run early in 2013, so we have some new coaches coming through which is great for our organisation. My thanks to Di for her devotion to coaching and for breathing new life into the coaching courses along with John Kulhan and Vicky Watson who continue to help out and are part of a very strong coaching team.

In response to many questions we receive from clubs and also at the AGM, we offered clubs the chance to apply for some funding to advertise their club and to build their membership during 2012. We only had one or two responses and the clubs who received the grant will be reporting back to the Board the success of their proposal during 2013. If there has been success this will be advertised to all clubs to try and increase their membership base.

Our congratulations to Tony Goodwin who was named NSW Sports Federation Masters Athlete of the year for 2012 at a gala dinner in early December. Tony had a wonderful year, breaking world records at the first meet of the year, through the year and at the last meet of the year as well as blitzing the field in Riccione. It is fitting that he should be named NSW Masters Athlete of the year and we are extremely proud of Tony not only for his feats in the pool but also for everything he does for Masters Swimming out of the water. Tony is a great ambassador for our sport.

My thanks to Jillian Pateman in the NSW office who makes my life so easy, usually finishing tasks before I even ask for them to be done and always having a smile on her face or in her voice. Thanks also to the members of the NSW Board, the many officials who I work with at the State meets and for everyone in NSW for making this organisation such a “friendly and fun” organisation.

I look forward to a very successful 2013 where we will show everyone in Australia how to enjoy the “Fun, Fitness and Friendship” of Masters Swimming.

Jane Noake



COUNTRY VICE PRESIDENT'S REPORT 2012

In 2012 there were twenty sanctioned meets, three Branch Championships plus Nationals in Adelaide, FINA Masters in Italy and two meets in the ACT. A busy year! Of the sanctioned meets nine were outside the Metropolitan Area of Sydney. The Branch Short Course was held at Woy Woy and the Branch Short Course in Canberra.

26 clubs attended BPS Meets and Championships in 2012.

The 22 sanctioned meets, including Hunter FOS, plus Championships are in the figures below. There were two additional meets in Canberra. The table shows the clubs which had swimmers at all meets except ACT meets. It does show an interesting pattern – a wide spread across the branch, and a cluster of attendances from clubs in the Hunter, North and Central Coasts who continue to support each other. Not included is the cluster around the ACT where the local clubs have organised challenges during the year again, and have had visitors from Sydney swim with them. Well done. More of these ideas are encouraged to ensure our clubs are viable and we continue to grow interest and numbers. Congratulations to all clubs involved.

Club	# of Meets	Championships	Club	# of Meets	Championships
Novocastrian	20	3	Tuggeranong	13	3
Cessnock	18	3	Wollongong	13	3
Gosford	16	3	Myall Masters	10	2
Oak Flats	15	2	Raymond Terrace	10	2
Blue Mtns Phoenix	14	3	Lake Macq. Crocs	8	0
Wyong Wobbygongs	14	2	Maitland	8	0
Ettalong	13	3	Port Macquarie	8	3

1 club attended 6 meets, 6 clubs attended 2 meets and 2 attended 1 meet.

We have the branch website, a Facebook Page and Twitter for communication and should build our communications with all current and future members as well as interested persons.

Please use the Country Vice President email or snail mail to the Administrative office for suggestions, ideas and feedback for Board consideration.

2012 is the lead up year to NSW hosting the 2013 National Championships. Our President, Jane Noake, and the sub-committee have been working hard on these Championships in 2012.

2013 will see me travelling from June to November. I will still nominate for the Country Vice President position, and if I am elected I would like to suggest another member act as my representative to give someone else the opportunity to “see what it is like” and have first-hand experience of the Board. This will mean we are looking at succession for one position on the Board and possibly have contests for the Board positions in the future.

Yours in swimming,

Neil Keele

NATIONAL BOARD DELEGATE'S REPORT 2012

National General Meeting, April 2012 – Adelaide

The Annual General Meeting of MSA was held in Adelaide after the National Championships, followed by a General Meeting of the National Board of Management and the State Delegates.

After the AGM, the General Meeting discussed a variety of issues, with key topics summarised below:

Reports presented on:

Finances

Branch Reports

Coaching Committee - results of the recent MSA “exit survey” reflected the importance of the club coaches being effective and accommodating the needs of mature swimmers.

Swim Meet Committee

Technical Committee

National Recorder – still too many error reports in the Results Portal due to incorrect names, numbers and club codes used at swim meets. Members often use an abbreviated name which causes errors.

Other Items of Discussion

Sponsored Swim Series

The development of the concept to create a sponsored swim series was received warmly by all of the Branches. There were suggestions to approach a variety of organisations to take up the sponsorship opportunity. No success as yet. The concept of the series is still to be fleshed out, but in general it is anticipated to include a Championship meet from each state.

Notices of Motions

OWS Draft Rules – suggested amendments.

General Rules – separate warm up facilities must be provided at National Championships

General Rules – amendments to award medals instead of ribbons for Relays (2nd & 3rd) at National Championships.

National Championships

Congratulations to the South Australian Branch for the successful event held in Adelaide. Noted that warm up/swim down facilities needed constant supervision and that "ettiquette" is required and perhaps this is something that could be mentioned in the event program.

NSW reported that planning well under way for 2013 and successes from Adelaide would be incorporated where possible in Sydney.

Rockhampton Nationals proposal was discussed and some doubts were expressed as to the viability of the event and issues to be resolved. MSQ were to be given to 1st August to confirm if they could run the event.

National MSX Program

The Queensland Delegate gave some background on the success of the MSX program that was conducted by MSQ in 2011. He felt that it was very visible and had a "buzz" about it at Club level. Further information about the program was to be provided so the NBM can understand the potential and benefits of this program, with a view to expand it nationally.

Records

The National Recorder, advised that a swimmer doesn't have to be an Australian Citizen to break a national record. However, they must be a member of an Australian Club.

National General Meeting, October 2012, Melbourne

Reports presented:

General Manager

Membership – An exit survey of members in 2010 who did not renew in 2011 revealed that

42% of members who did not renew in 2011 had been members for one year or less

50% were in the age group 40-59

47% cited personal, work or family reasons for not renewing

85% said that they would consider rejoining in the future

50% want to stay in touch and continue receiving newsletters from Masters Swimming

Sponsored Swim Series - There are currently seven Branch events in the series. The meeting discussed the inclusion of the National Championships in the Swim Series, which was proposed and agreed.

MSA Visual Branding Project

A paper that described a visual branding project for MSA was tabled and the meeting discussed it. There was general agreement about the need to refresh the brand of the organisation and independent advice should be sort on what needs to be done and then appoint a brand company to deliver the project. Some of the Branches cautioned the change of the logo because that would have knock on effects for the Branches. It was moved that special project funds for a visual branding project be allocated that will refresh the brand so that there is a consistent, modern theme across all communication tools used by MSA.

Finances

Branch Reports

Coaching Committee

Swim Meet Committee

Technical Committee

National Recorder

Nominations for Committees – all nominations were accepted.

Coaching

Swim Meet

Technical

Notices of Motion

- amendment to wording of the backstroke turn – **carried**.
- NSW proposed a change to SW12.6.9M so that in all events (not just longer than 100m) swimmers could apply to have the intermediate distances timed for record attempts – **defeated**.

National Championships

Adelaide 2012 National Championships Final Report received.

The Chairman congratulated the South Australian Branch

NSW 2013 Progress Report

MSNSW are hoping to attract 600+ swimmers to cover their costs. The promotion for the event is now happening. A survey was conducted across the Branches with good feedback received.

Rockhampton 2014 National Championships

Qld Delegate thanked the NBM for the opportunity to host the Nationals in Rockhampton, Queensland.

The breakeven point for the event would be 350 swimmers.

Technical Officials maybe assisted financially to attend the event.

An option for the OWS is Mt Morgan, but it is yet to be assessed for its suitability.

The venues options for the Presentation Dinner are plentiful and the most desirable date and time to be held was on the Saturday night to maximize attendance.

As previously reported, the facility is being upgraded. The 50m pool has been completed with a Colorado Timing System & the old 50m pool is still there. There will be a 600 seat grandstand under a canopy. The Council has advised that the venue will be ready for competition in April 2014, even if they have to bring in temporary infrastructure.

National Championships suggestion for review and discussion - There has been one suggestion to improve future National Championships that allows smaller clubs to be awarded a trophy for their results at the Championships.

OWS Rules and Manual Review

MSX as a National Program

The MSX Program is currently an MSQ Program that is an adaption of the successful JX program offered by (SAL). It is designed for all swimmers who participate at swim meets. The meeting discussed the program and acknowledged that whilst the program offered incentives to be a member, compete and return the next year, it was difficult to attribute any growth in membership to the program at this early stage. It was decided that MSQ will continue to assess the program.

Establishing a National OWS

There is a growing demand and interest by the membership in OWS events. At the 2012 Autumn General Meeting it was suggested that if a Branch was not offering an OWS as part of their National Championship program then an alternative event should be held in that year.

Strategic Planning

The President provided a summary of the strategic planning day that the NBM had held in October and advised that the top five priorities were:

- 1 Create a consistent brand and image for Masters Swimming
- 2 Strengthen the product offering on the website to increase the profile and nonmembership revenue
- 3 Establish our position in open water swimming
- 4 Establish new clubs in all swimming facilities through stronger local relationships with SAL clubs, local governments and facility managers
- 5 Develop and consolidate a mutually-beneficial relationship with SAL

Stuart Ellicott

NSW/ACT Delegate

ADMINISTRATOR'S REPORT 2012

Governance

Masters Swimming NSW is governed by a Board of seven members assisted by position holders and project teams. The Board consists of the President, Vice President, Vice President Country, Treasurer and three Ordinary Members.

The MSNSW office, located at Sports House in Sydney Olympic Park, is rent free; we pay for outgoings. Funding was again granted and allocated to a Go Country scheme as travel and accommodation subsidies to enable regional members and country officials to attend Branch Championships.

The Board meets on the third Monday evening of each month and the meetings are open to MSNSW members.

National Championships Organising Committee

This team met monthly and the workload was enormous.

Coaching and Education

Di Coxon-Ellis was enticed out of retirement to take on the major task that is Branch Coaching Director. The Board rates Coaching very highly and was grateful the Di could organise so many new trainees. The new Coach course was launched in 2012 and the latest recruits are already emerging with their new qualification.

Endurance 1000

The new system known as e1000 was successfully launched in 2012. This took over from the previous program known as the Aerobics Program.

Highest Points trophy went to Campbelltown with Tuggeranong second and Wests Auburn third. Castle Hill RSL club achieved the amazing result of 100% participation along with Campbelltown while the Average Point score per member was again won by Campbelltown. Jenny Whiteley managed the transition and guided all club Endurance Recorders through the new format. Jenny receives advice from the National Recorder Pauline Samson and between them we all got the training and assistance required.

Communication Team

Our Webmasters post swim meet programs on the website before the meets and list results promptly after each meet. *Splash-e*, the MSNSW quarterly newsletter, is now available on the web. Communication with clubs is now electronic via a branch *Monthly News* and associated documents. These documents are also posted on the website each month. The Webmasters are constantly seeking stories accompanied by photos to make our site interesting, colourful and relevant. Clubs are urged to keep snippets of news and events flowing in.

2012 saw us go live on Facebook and statistics were followed closely to ascertain if this was a viable communications system for our members. It proved highly effective in the first six months.

Safety

The Branch Safety Coordinator, Jodie Burke, continued to ensure that clubs follow the national safety guidelines, particularly in completing Incident Report Forms at all club and interclub activities. 2012 saw a few incidents that could have been major if not for the immediate action of qualified volunteers being alert. One swim meet was expecting very high summer temperatures and Jodie spent many hours communicating with all involved to ensure back up plans and regulations were in place to cope with whatever the day threw at us.

Warm up and swim down lanes are a particular area that is closely monitored.

The importance of safety for Masters Swimmers is an essential part of our meets and all Meet Directors are mindful of safety regulations and requirements.

The start of 2012 saw a new Workplace Health and Safety Act come into force that recognizes all our volunteers as 'workers' and MSNSW looked into the new legislation to ensure compliance.

Technical Team

The Branch Training Coordinator, Di Partridge, organised training courses on request and provided support and continuing education for all technical officials. DiP and Gary Stutsel started the year inviting all Judges of Strokes and Referees to a training day at Sports House to update, remind, reinforce and inform these Officials of current and new rules and regulations. This proved to be a great day and a social get together but much was learned.

Thanks to the members of this team, and all those who coordinated and presented courses throughout the year, MSNSW continues to have a healthy base of officials. Enquiries are welcome and encouraged to keep the list active with new recruits.

Top Ten System

The web-based Top Ten system continues to be an invaluable source of up-to-date information on member's results, Top Ten rankings and records. The database is updated from swim meets throughout the year, and additional manual entries are added at the end of the year from club time trials and non-AUSSI meets.

Swim Meets

23 sanctioned meets were held throughout the NSW and ACT in 2012. This was made up of 10 long course and 13 short course meets.

Branch Long Course Championships were held at SOPAC over two days in April (333 entries from 41 clubs).

The Branch relay meet in July also held at SOPAC, but in the Diving Pool, attracted 317 swimmers from 17 clubs.

The Branch long-distance short-course championships were held in August at Kurri Kurri, attracting 95 swimmers from 28 clubs.

The 2012 Branch short-course championships were held in October over two days at CISAC in the ACT. They attracted 260 competitors from 38 clubs.

Acknowledgements

The office is generally staffed six hours a day, five days a week and, in 2012, closed for two fortnights. During this time Jamie Turner managed to check emails, telephone messages and post. Jamie also volunteers whenever a heavy workload hits the office and I am truly grateful for her humour and refreshing perspective. Jamie, from Ryde Club, manages to make a mountain of work shrink to a molehill. Thank you Jamie.

Almost weekly, as his health allows, Kevin Stirling ex Campbelltown Collegians volunteers a day to get the archive system listed in an electronic form. Kevin is doggedly determined to get contents of boxes in order and has a great knowledge of swimming as a sport and all things MSNSW. I thank Kevin for his persistence and energy and setting the example of never letting anything get you down.

We again had the assistance of Volunteering NSW at Branch Championships with timekeeping and running and are most appreciative of their presence.

Jillian Pateman
Administrator



**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472**

BOARD REPORT

Your committee members submit the financial report of the NSW Association of Aussi Masters Swimming Clubs Inc. for the financial year ended 31 December 2012.

1. General Information

Committee members

The names of the committee members throughout the year and at the date of this report are:

Stuart Ellicott	Jon Hawton
Neil Keele	Tony Tooher
Stuart Meares	Sue Wiles
Jane Noake	

Principal activities

The principal activities of the Association during the financial year were the promotion of sport, in particular that it being a national organisation founded to encourage all adults regardless of age or ability, to swim regularly in order to promote fitness and improve their general health.

Significant changes

No significant change in the nature of these activities occurred during the year.

2. Operating Results and Review of Operations for the Year

Operating result

The profit of the Association for the financial year after providing for income tax amounted to \$3,752 (2011: \$17,311).

Signed in accordance with the Members of the Committee.

Committee Member

Committee Member

Dated this _____ day of _____ 2013.

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472**

TREASURER'S REPORT

To the Members of The NSW Association of Aussi Masters Swimming Clubs Inc.

I have pleasure in submitting the financial report for the year ended 31 December 2012. Whilst the report gives a clear view of the results for the year and of the financial position of the association at year end, I would like to make the following comments.

The activities of the association throughout the year resulted in a surplus of \$3,752 which was down on the previous year due to a decrease in the surplus at carnivals, member registrations and interest received. Expenses for the year rose slightly in particular areas of development, promotion and computer costs.

The surplus has allowed the association to strengthen its base with net assets of approximately \$193,470 and liquid funds of \$198,205.

Stuart Meares
Honorary Treasurer

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472**

STATEMENT BY MEMBERS OF THE BOARD

The committee has determined that the Association is not a reporting entity and that this special purpose financial report should be prepared in accordance with the accounting policies outlined in Note 1 to the financial statements.

In the opinion of the committee the financial report as set out on pages 6. to 13:

1. Presents fairly the financial position of the The NSW Association of Aussi Masters Swimming Clubs Inc. as at 31 December 2012 and its performance for the year ended on that date.
2. At the date of this statement, there are reasonable grounds to believe that The NSW Association of Aussi Masters Swimming Clubs Inc. will be able to pay its debts as and when they fall due.

This statement is made in accordance with a resolution of the committee and is signed for and on behalf of the committee by:

Board Member

Board Member

Dated

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.

**INDEPENDENT AUDITOR'S REVIEW REPORT TO THE
MEMBERS OF THE NSW ASSOCIATION OF AUSSI
MASTERS SWIMMING CLUBS INC.**

Report on the 2012 Financial Report

We have reviewed the accompanying year financial report of The NSW Association of Aussi Masters Swimming Clubs Inc., which comprises the statement of financial position as at 31 December 2012, and the income statement, statement of changes in equity and cash flows for the year ended on that date, the notes to the financial statements, other selected explanatory notes and the declaration by the board of management.

Board Members Responsibility for the 2012 Financial Report

The [title of those charged with governance] of the Association are responsible for the preparation and fair presentation of the year financial report in accordance with the Associations Incorporation Act New South Wales. This responsibility includes establishing and maintaining internal control relevant to the preparation and fair presentation of the year financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Assurance Practitioner's Responsibility

Our responsibility is to express a conclusion on the year financial report based on our review. We conducted our review in accordance with Auditing Standard on Review Engagements *ASRE 2400 Reviews of Financial Reports Performed by an Assurance Practitioner Who is Not the Auditor of the Entity*, in order to state whether, on the basis of the procedures described, anything has come to our attention that causes us to believe that the financial report is not presented fairly, in all material respects, in accordance with the Associations Incorporation Act New South Wales. ASRE 2400 requires us to comply with the requirements of the applicable code of professional conduct of a professional accounting body.

A review of a year financial report consists of making enquiries, primarily of persons responsible for financial and accounting matters, and applying analytical and other review procedures. A review is substantially less in scope than an audit conducted in accordance with Australian Auditing Standards and consequently does not enable us to obtain assurance that we would become aware of all significant matters that might be identified in an audit. Accordingly, we do not express an audit opinion.

Independence

In conducting our review, we have complied with the independence requirements of the Australian professional accounting bodies.

Conclusion

Based on our review, which is not an audit, nothing has come to our attention that causes us to believe that the tear financial report of The NSW Association of Aussie Masters Swimming Clubs Inc. does not present fairly the financial position of the Association as at 31 December 2012, and of its financial performance and its cash flows for the year ended on that date, in accordance with the financial reporting requirements of the Associations Incorporation Act New South Wales.

W.W. VICK & CO.

Chartered Accountants

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Peter P. Vlahopol
Partner

Sydney

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

INCOME STATEMENT
FOR THE YEAR ENDED 31 DECEMBER 2012

	2012	2011
Income		
Registrations - State	40,412	42,863
Surplus at carnivals	6,312	11,941
Other income	1,557	1,227
Affiliation fees	2,357	2,330
Interest received	6,384	9,082
NSW Government Grant	20,000	20,000
	<u>77,022</u>	<u>87,443</u>
Expenditure		
Administration and general expenses	2,574	3,666
Aerobic production	1,587	1,029
Affiliations fees - National	245	205
Bank charges	-	108
Coaching costs	356	270
Computer expenses	5,732	5,614
Depreciation	1,208	469
Employee entitlements	-	(10,474)
Insurance	-	277
Membership & officials' development	7,580	2,506
Newsletters	267	2,546
Postage	510	700
Printing and stationery	1,831	1,790
Promotional expenses	2,869	-
Review fees	1,980	1,980
Salaries and wages	42,000	44,025
Superannuation	3,343	14,236
Telephone	528	499
Top 10 Production	660	687
	<u>72,270</u>	<u>70,133</u>
Income tax expense	-	-
Profit after income tax	<u>3,752</u>	<u>17,310</u>
Retained profit at the beginning of the financial year	<u>188,188</u>	<u>170,877</u>
Retained Profits at the end of the financial year	<u>191,940</u>	<u>188,187</u>

The accompanying notes form part of these financial statements.

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

ASSETS AND LIABILITIES STATEMENT
AS AT 31 DECEMBER 2012

	Note	2012 \$	2011 \$
ASSETS			
CURRENT ASSETS			
Cash and cash equivalents	2	198,205	194,271
Trade and other receivables	3	20,000	20,000
Inventories		1,458	728
TOTAL CURRENT ASSETS		225,586	214,999
NON-CURRENT ASSETS			
Plant and equipment	4	5,923	4,901
TOTAL NON-CURRENT ASSETS		5,923	4,901
TOTAL ASSETS		225,586	219,900
LIABILITIES			
CURRENT LIABILITIES			
Trade and other payables	5	32,116	30,180
TOTAL CURRENT LIABILITIES		32,116	30,180
TOTAL LIABILITIES		32,116	30,180
NET ASSETS		193,470	189,720
MEMBERS' FUNDS			
Reserve - Betty Grant Legacy		1,000	1,000
Corpus		532	532
Retained profits		191,938	188,188
TOTAL MEMBERS' EQUITY		193,470	189,720

The accompanying notes form part of these financial statements.

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

**STATEMENT OF CHANGES IN EQUITY
FOR THE YEAR ENDED 31 DECEMBER 2012**

2012

	RETAINED EARNINGS	RESERVE - BETTY GRANT LEGACY	CORPUS	TOTAL
	\$	\$	\$	\$
Balance 1 January 2012	188,188	1,000	532	189,720
Profit for the year	3,752	-	-	3,752
Balance 31 December 2012	<u>191,940</u>	<u>1,000</u>	<u>532</u>	<u>193,472</u>

2011

	RETAINED EARNINGS	RESERVE - BETTY GRANT LEGACY	CORPUS	TOTAL
	\$	\$	\$	\$
Balance 1 January 2011	170,877	1,000	532	172,409
Profit for the year	17,311	-	-	17,311
Balance 31 December 2011	<u>188,188</u>	<u>1,000</u>	<u>532</u>	<u>189,720</u>

The accompanying notes form part of these financial statements.

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

STATEMENT OF CASH FLOWS
FOR THE YEAR ENDED 31 DECEMBER 2012

	Note	2012 \$	2011 \$
CASH FLOWS FROM OPERATING ACTIVITIES:			
Receipts from customers		101,622	105,080
Payments to suppliers and employees		(101,842)	(103,236)
Interest Received		6,384	9,082
Net cash provided by/(used in) operating activities	7	6,164	10,926
CASH FLOWS FROM INVESTING ACTIVITIES:			
Purchase of property, plant and equipment		(2,230)	(21,477)
Net cash used by investing activities		(2,230)	(21,477)
CASH FLOWS FROM FINANCING ACTIVITIES:			
Net Proceeds/(Repayments) of National Registrations Payable		-	(6,868)
Net cash used by financing activities		-	(6,868)
Net increase (decrease) in cash and cash equivalents held		3,934	(17,419)
Cash and cash equivalents at beginning of year		194,271	192,360
Cash and cash equivalents at end of Financial year	2	198,205	174,941

The accompanying notes form part of these financial statements

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2012

1. Summary of Significant Accounting Policies

(a) Basis of preparation

This financial report is a special purpose financial statements prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act (NSW) 2009 and Associations Incorporation Regulation (NSW) 2010. The committee has determined that the not-for-profit Association is not a reporting entity.

The financial report has been prepared on an accruals and is based on historic costs and does not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following significant accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report:

(b) Property, plant and equipment

Property, plant and equipment is carried at cost less, where applicable, any accumulated depreciation.

(c) Impairment of non-financial assets

At the end of each reporting period, the Association reviews the carrying values of its tangible and intangible assets to determine whether there is any indication that those assets have been impaired. If such an indication exists, the recoverable amount of the asset, being the higher of the asset's fair value less costs to sell and value in use, is compared to the asset's carrying value. Any excess of the asset's carrying value over its recoverable amount is expensed to the income statement.

(d) Financial assets

Investments held are originally recognised at cost, which includes transaction costs. They are subsequently measured at fair value which is equivalent to their market bid price at the end of the reporting period. Movements in fair value are recognised through an equity reserve.

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2012**

1. Summary of Significant Accounting Policies (continued)

(e) Cash and cash equivalents

Cash and cash equivalents include cash on hand, deposits held at call with banks, other short-term highly liquid investments with original maturities of three months or less.

(f) Income Tax

The Association is exempt from income under Division 50 of the Income Tax Assessment Act 1997.

(g) Revenue and other income

The Association recognises revenue when the amount of revenue can be reliably measured, it is probable that future economic benefits will flow to the entity and specific criteria have been met for each of The NSW Association of Aussi Masters Swimming Clubs Inc.'s activities and discussed below.

Revenue is measured at the fair value of the consideration received or receivable after taking into account any trade discounts and volume rebates allowed. Any consideration deferred is treated as the provision of finance and is discounted at a rate of interest that is generally accepted in the market for similar arrangements. The difference between the amount initially recognised and the amount ultimately received is interest revenue.

Grant Revenue

Grant revenue is recognised in the income statement when the entity obtains control of the grant, it is probable that the economic benefits gained from the grant will flow to the entity and the amount of the grant can be measured reliably.

When grant revenue is received whereby the entity incurs an obligation to deliver economic value directly back to the contributor, this is considered a reciprocal transaction and the grant revenue is recognised in the statement of financial position as a liability until the service has been delivered to the contributor, otherwise the grant is recognised as income on receipt.

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2012**

1. Summary of Significant Accounting Policies (continued)

The NSW Association of Aussi Masters Swimming Clubs Inc. receives non-reciprocal contributions of assets from the government and other parties for zero or a nominal value. These assets are recognised at fair value on the date of acquisition in the statement of financial position, with a corresponding amount of income recognised in the income statement.

Interest Revenue

Interest revenue is recognised using the effective interest rate method, which for floating rate financial assets is the rate inherent in the instrument.

All revenue is stated inclusive of the amount of goods and services tax (GST).

(h) Goods and services tax (GST)

Revenues, expenses and assets are recognised inclusive of the amount of GST, as the Association is not registered for GST reporting. In these circumstances, the GST is recognised as part of the cost of acquisition of the asset or as part of the expense. Receivables and payables in the statement of financial position are shown inclusive of GST.

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2012
(continued)

	Note	2012	2011
		\$	\$
2. Cash and Cash Equivalents			
Cash on Hand		200	200
Cash at bank		198,005	194,071
		<u>198,205</u>	<u>194,271</u>
Reconciliation of cash			
Cash at the end of the financial year as shown in the statement of cash flows is reconciled to items in the statement of financial position as follows:			
Cash and cash equivalents		198,205	194,271
Balance as per statement of cash flows		<u>198,205</u>	<u>194,271</u>
3. Trade and Other Receivables			
CURRENT			
Government subsidies receivable		20,000	20,000
Total current trade and other receivables		<u>20,000</u>	<u>20,000</u>
4. Property, Plant and Equipment			
Plant and equipment at cost		31,286	29,056
Accumulated depreciation		(25,363)	(24,155)
Total plant and equipment		5,923	4,901
Total property, plant and equipment		<u>5,923</u>	<u>4,901</u>

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2012
(continued)

	Note	2012	2011
		\$	\$
5. Trade and Other Payables			
CURRENT			
Unsecured liabilities			
Creditors		2,000	2,000
Affiliations fees in advance		1,200	920
Government grant in advance		13,890	15,540
PAYG withholding payable		1,554	1,666
State registrations received in advance		13,472	10,054
		32,116	30,180
		32,116	30,180

6. Contingent Liabilities and Contingent Assets

In the opinion of the Committee of Management, the Association did not have any contingencies at 31 December 2012 (31 January 2011: None).

	Note	2012	2011
		\$	\$
7. Cash Flow Information			
(a) Reconciliation of result for the year to cashflows from operating activities			
Profit for the year		3,750	17,310
Cash flows excluded from profit attributable to operating activities			
Non-cashflows in profit:			
- depreciation		1,208	469
Changes in assets and liabilities, net of the effects of purchase and disposal of subsidiaries:			
- (increase)/decrease in inventories		(730)	352
- increase/(decrease) in trade and other payables		1,936	3,268
- increase/(decrease) in provisions		-	(10,473)
Cashflow from operations		6,164	10,926

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2012**
(continued)

8 Events after the end of the Reporting Period

The financial report was authorised for issue on 5 April 2013 by the Committee of Management.

No matters or circumstances have arisen since the end of the financial year which significantly affected or may significantly affect the operations of the Association, the results of those operations or the state of affairs of the Association in future financial years.

[Enter details about the event after the reporting period].

9. Association Details

The registered office of the Association is:

The NSW Association of Aussi Masters Swimming Clubs Inc.
Ground Floor Sports House
6A Figtree Drive
SYDNEY OLYMPIC PARK NSW 2127

The principal place of business is:

Ground Floor Sports House
6A Figtree Drive
SYDNEY OLYMPIC PARK NSW 2127

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472**

CERTIFICATE BY MEMBERS OF COMMITTEE

I, Stuart Meares of Chatswood, certify that:

- a) I am a committee member of the Association; and
- b) I am duly authorised by the committee to make this statement; and
- c) The attached financial statement was submitted to the members at the annual general meeting.

Dated 18 March 2013

.....
Stuart Meares (Committee Member)

The accompanying notes form part of this financial report

COACHING DIRECTOR'S REPORT 2012

Thanks to the MSNSW Board for appointing me NSW Coaching Director at the end of 2011 to attempt to put into practice the new coaching courses and assist the current coaches who dedicate much time and their coaching skills to so many of our clubs.

I would also like to thank Jillian Pateman for her support in the administrative side of organising courses and the paperwork involved in accrediting and reaccrediting coaches.

I am also delighted to acknowledge the continued support of previous Branch Coaching Directors, John Kulhan and Vicky Watson, assisting with courses and advice, particularly John who is assessing all the workbooks from the courses, for consistency sake.

In 2012 we conducted two Intro Coach courses:

The first of this new course was conducted in April in Sydney at Terrey Hills Swim Centre with seven participants. Congratulations to Michael Moroney from Molonglo Water Dragons, Misa Nakata from North Sydney, Rachel Ireland from Seaside Pirates and Sue & Peter Myers from Warringah Masters for completing all requirements from the first Intro Coach course by the end of 2012. Thanks go to Marilyn Earp for conducting a CPR course in conjunction with this course and her ongoing assistance with keeping coaches up to date with their CPR certification.

The second Intro Coach course was held in Yamba on June 4 with five participants. As Clarence Masters' pools close for the winter, the participants had not completed all requirements by the end of 2012 but are well on their way now.

Another course planned for 2012, was postponed until 2013.

In summary, during 2012 we had five coaches gain accreditation and eight renew their accreditation. The renewals were Bill Moorcroft, Marion Harrison and Nick Woodhams of Warringah, John Smith of Cessnock, Cath Rogers and Vassili Efimov from Wett Ones, Leon Bobako from Myall Masters and Yours truly from Hills.

In 2012 I utilized the Clubs Online database to contact coaches to advise those who needed to renew their accreditation. This had limited success. Also an email was sent through the database to request topics for a workshop but again there was limited response. This was repeated in the webpage on coaching. I can only surmise that coaches are too busy with their commitments to coaching at club

level to attend workshops but would encourage them to look at the coaching page, to access the resources and to keep in touch with other coaches. Perhaps in the future we can look to Facebook to keep in contact.

Personally I completed the Intro Coach pre-requisite – the online Beginning Coaching General Principles course and am currently doing the Intermediate Coaching General principles course by correspondence, as this is a pre-requisite for the Club Coach course. I did these so that I am aware of the modules covered outside of the Masters course. Also in November 2012 I completed the Presenters and Assessors courses. Thanks to the MSNSW Board for funding these courses.

MSNSW Coach of the year 2012:

Thanks to clubs who saw fit to nominate their coaches. Congratulations to Wendy Seale of Ryde AUSSI Masters for winning this award. Please remember that recognition is a way of thanking your coach for the time and effort they put into your club and nomination for awards is recognition itself. I strongly feel that coaching is the backbone of Masters Swimming and volunteering also, so a volunteer coach is a gem to cherish.

Di Coxon-Ellis

MSNSW Branch Coaching Director



TECHNICAL COMMITTEE REPORT 2012

I am delighted to report that MSNSW had an excellent year technically. At least five meets were held where there were no disqualifications. This coupled with the very low number of infringements at other meets seems to indicate that clubs, coaches and swimmers are all doing their bit to raise our standards. More work need to be done on breaststroke technique and backstroke finishes, especially in longer distances events however the only significant problem is false starts. There is little that can be done to prevent these as even the most experienced swimmers can get nervous at times.

Sadly in 2012 we lost a number of key officials to sickness. It has been said repeatedly that none of our officials are getting any younger and that we need new people to volunteer and train to lighten the load and ensure that we can continue to offer both frequent and well-officiated competitions. So it was pleasing to read Di Partridge's report of the increasing numbers of those doing courses and those becoming accredited.

We still have the problem of clubs that do not hold competitions abusing their right to compete by not encouraging their members, family, friends and supporters to become accredited so they can assist in the conduct of competitions. Perhaps a way to address this will be found at the National Technical Committee (NTC) meeting that is to be held on 21 April 2013. The agenda centres on attracting and retaining officials and we will be represented by NTC members Di Partridge, Neil Keele and Gary Stutsel.

The major activity of the year was the Officials Workshop held at Olympic Park in January. It was a great success, thanks to the format, presenters and participants. Multiple presenters (John Kulhan, Sue Johnstone, Neil Keele, Jane Noake, Di Partridge and Gary Stutsel), frequent discussion and participation sessions, three refreshment breaks and excellent organising by Jillian Pateman, resulted in a day that was informative, productive and over before we realised the time.

Technical articles were published in Splash as follows. March edition two articles, "Competition Swimming" and "Relay Teams"; June two articles "World Records" and "Disqualifications", and December one only on "Breaststroke Starts and Turns".

On balance 2012 was a sad but rewarding year.

Gary Stutsel
Branch Technical Director

TRAINING COORDINATOR'S REPORT 2012

I'd like to start by thanking a few people who supported me throughout the year, Jillian Pateman, State Administrator and Gary Stutsel, Technical Director. Thank you to all the wonderful officials who officiated at the 26 Masters Swimming NSW (MSNSW) Swim Meets during 2012 and Course Co-ordinators, Course Presenters and Mentors who ensure that all candidates and trainees received professional guidance and training. I know there are many swimmers who appreciate your time and dedication.

2012 saw the introduction of an Officials Calendar for courses and MSNSW Facebook. The Officials Calendar was advertised in Splash each quarter. I used Facebook to advertise up and coming courses. I feel both are in the early stages and many MSNSW members haven't become acquainted with them yet.

Three Re-accreditation workshops were conducted for Starters across New South Wales in 2012. This enabled Masters Swimming NSW to inform Starters of any rule changes and to network with one another on any issues that concern them and it allows the Technical Project Team to suggest improved work practises where needed.

I would like to thank all the Starters and Referees who attended the workshops. I know we are time poor so MSNSW appreciated your attendance. Please note that Re-accreditation for each official position is every **four** years.

Positions		Completed Workshops
Starters	18	14

Two Starters did not respond and another one chose not to officiate as a Starter and the fourth Starter no longer belongs to MSNSW. These officials remain on the data base but on their return to officiating in this position will need to attend a Starters workshop.

I was pleased with the increase in course applications from ten to twenty courses. Congratulations to the twenty four officials who gained their accreditation in 2012 and this was pleasing as it was thirteen more than 2011. Some officials accredited in multiple positions.

Officials Positions	Accredited in 2012
Timekeepers	18
Chief Timekeepers	2
Marshal, Check Starter/Clerk of Course	4
Starter	0
Inspector of Turns	1
Judge of Strokes	2
Referee	1

Please note some candidates accredited in multiple positions.

Courses	Number of Courses	Candidates in 2012
Timekeepers	7	28
General Principles of Officiating 1&2 (requiring no training hours)	7	28
Chief Timekeepers	6	6
Marshal, check Starter/Clerk of Course	4	2
Starter	2	2
Inspector of Turns	1	0
Judge of Strokes	1	2
General Principles of Officiating 3 & 4 (requiring no training hours)	1	2
Referee	0	0

Please note some candidates participated in multiple courses.

Coordinators were:	Presenters were:
Rosalind Elliott	Di Coxon-Ellis
Diane Partridge	Rosalind Elliott
Gary Stutsel	Neil Keele
	Diane Partridge
	Noel Partridge
	Gary Stutsel

My usual parting statement: all swimmers should consider becoming an official. Without officials, swimming meets would not be conducted in a professional manner allowing every swimmer the opportunity to swim to the best of their ability. Friends of swimmers are also welcome to become officials.

Diane Partridge
MSNSW Training Coordinator



ENDURANCE RECORDER'S REPORT 2012

'The Aerobic Program' was replaced this year with a fairer point scoring system (each swim is now allocated points, rather than having to complete 5 swims; and the greater the distance swum, the higher the points allocated). 2012 also saw the implementation of a new electronic entry system which is indeed easier to use and has a 2 way link with the results portal. That is, e1000 swims swum at carnivals are now automatically transferred into the e1000 system. The new system allows for entry of split times that are desired to be considered for Top 10.

All results were available from 16 January this year (on the 'Results' tab on the front screen of e1000 page), and members have several reports that they may run:

- Maximum points per swimmer
- Maximum points per gender and age
- Maximum points per gender, age and swimmer
- Completed swims per swimmer (listing number of swims and points achieved)

2012 has been an interesting year in respect to a few teething problems, (as any new system generally goes through). Some issues were related to the delay in availability of the auto load of e1000 applicable meet swims, specific processes involving the identification/defining of a split time in Meet Manager, swimmers who had transferred between clubs during the year, second claim swimmers, issues with registration / subscription types and distance swims not rounded down to the closest 25m swum...

FAQ for e1000 is available on the NSW Masters Website under the Program tab – Endurance.

Thanks to everyone for your patience. Thanks to the National Office for correcting errors / issues. A special welcome to our newest club, Singleton who has already expressed interest in the e1000 program.

Congratulations to the following Clubs:

**** Highest Points per Club***

1st	CAMPBELLTOWN COLLEGIANS AUSSI MSC INC	15606
2nd	TUGGERANONG MASTERS SWIMMING ACT	13352
3rd	WESTS AUBURN MASTERS SWIMMING CLUB INC	7041

**** Highest Participation Rate per Club***

Equal 1st	CAMPBELLTOWN COLLEGIANS AUSSI MSC INC	100.0
Equal 1st	CASTLE HILL RSL MASTERS SWIMMING CLUB	100.0
2nd	GOSFORD CITY SEAGULLS AUSSI MASTERS	86.7
3rd	HILLS MASTERS SWIMMING INC	80.0

**** Club with Highest Average Points per Member***

1st	CAMPBELLTOWN COLLEGIANS AUSSI MSC INC	557.4
2nd	PRAIRIEWOOD AUSSI MASTERS SWIMMING CLUB	310.0
3rd	CASTLE HILL RSL MASTERS SWIMMING CLUB	305.6

2012 e1000 Results: Maximum Points Achieved (1005)

Name	Club Code	Club	Age	Age Group	Max Points
BAILEY, PAUL	NWG	WARRINGAH MASTERS SWIMMING INC	52	50-54	1005
BURROUGH, MARK	NCL	CASTLE HILL RSL MASTERS SWIMMING CLUB	57	55-59	1005
DAWES, LANN	NCS	CRONULLA SUTHERLAND AUSSI INC	67	65-69	1005
DAY, BRENDA	NTN	TUGGERANONG MASTERS SWIMMING ACT	64	60-64	1005
DUNCAN, HELGA	NCT	CAMPBELLTOWN COLLEGIANS AUSSI MSC INC	72	70-74	1005
FELLNER, ROBINA	NCL	CASTLE HILL RSL MASTERS SWIMMING CLUB	55	55-59	1005
GILROY, LILIANA	NTN	TUGGERANONG MASTERS SWIMMING ACT	43	40-44	1005
KAUPERT, PETER	NWG	WARRINGAH MASTERS SWIMMING INC	72	70-74	1005
KING, DAVID	NCL	CASTLE HILL RSL MASTERS SWIMMING CLUB	60	60-64	1005
LEWIS, KATE	NCT	CAMPBELLTOWN COLLEGIANS AUSSI MSC INC	25	25-29	1005
LLEWELLYN, GEOFFREY	NCN	MOLONGLO WATER DRAGONS	80	80-84	1005
MCGOWAN, ATSUKO	NTN	TUGGERANONG MASTERS SWIMMING ACT	34	30-34	1005
MCLEOD, RUSSELL	NCT	CAMPBELLTOWN COLLEGIANS AUSSI MSC INC	63	60-64	1005
MCRAE, JON	NTN	TUGGERANONG MASTERS SWIMMING ACT	63	60-64	1005
MUNDAY, PAM	NTN	TUGGERANONG MASTERS SWIMMING ACT	62	60-64	1005
ODELL, GRANT	NCL	CASTLE HILL RSL MASTERS SWIMMING CLUB	54	50-54	1005
OKE, JOHN	NCN	MOLONGLO WATER DRAGONS	73	70-74	1005
PARKINSON, MICHAEL	NWS	WESTS AUBURN MASTERS SWIMMING CLUB INC	43	40-44	1005
PELOSA, JAMES	NCT	CAMPBELLTOWN COLLEGIANS AUSSI MSC INC	51	50-54	1005
PRICE, KEVIN	NCT	CAMPBELLTOWN COLLEGIANS AUSSI MSC INC	65	65-69	1005
REID, ANN	NTN	TUGGERANONG MASTERS SWIMMING ACT	51	50-54	1005
ROUEN, HEATHER	NCT	CAMPBELLTOWN COLLEGIANS AUSSI MSC INC	57	55-59	1005
SINDEN, OWEN	NCT	CAMPBELLTOWN COLLEGIANS AUSSI MSC INC	58	55-59	1005
SMITH, MARCELLE	NCL	CASTLE HILL RSL MASTERS SWIMMING CLUB	47	45-49	1005

2012 e1000 Maximum Swims Achieved (n = 62) and < 1005 points

Name	Club Code	Club	Age	Age Group	Max Swims	Points
ANDERSON, CASSIE	NWS	WESTS AUBURN MASTERS SWIMMING CLUB INC	33	30-34	62	533
BLANCH, KERRYEN	NWS	WESTS AUBURN MASTERS SWIMMING CLUB INC	40	40-44	62	688
CLOUGH, CHRISTINE	NCT	CAMPBELLTOWN COLLEGIANS AUSSI MSC INC	59	55-59	62	967
CLOUGH, STEVEN	NCT	CAMPBELLTOWN COLLEGIANS AUSSI MSC INC	59	55-59	62	831
COLYER, TANYA	NCN	MOLONGLO WATER DRAGONS	53	50-54	62	690
DAVIDSON, MARGUERITE	NCT	CAMPBELLTOWN COLLEGIANS AUSSI MSC INC	62	60-64	62	716
GENOVESE, KERRI	NCL	CASTLE HILL RSL MASTERS SWIMMING CLUB	52	50-54	62	808
HENSON, KATHRYN	NCL	CASTLE HILL RSL MASTERS SWIMMING CLUB	51	50-54	62	666
KULHAN, JOHN	NTR	TRINITY AUSSI MASTERS SWIM CLUB	62	60-64	62	706
MORRISON, HILARY	NWS	WESTS AUBURN MASTERS SWIMMING CLUB INC	67	65-69	62	545
TEUNISSEN, ANDREA	NTN	TUGGERANONG MASTERS SWIMMING ACT	53	50-54	62	791

Jenny Whiteley
NSW e1000 Recorder



BRANCH MEET RECORDER'S REPORT 2012

Swim Meet System

In the year 2012, I officiated at ten Branch Point Score meets, three State Championships and the State Relay meet and one non BPS meet. My role for these includes the compilation of entries, programme preparation, report preparation for officials, management of results poolside, checking for broken records, submission of relevant record applications, and the uploading of results to the MSNSW website and MSA results portal.

Two BPS meets were conducted by the host club hiring the Branch computer equipment, and another six using their own software licence and equipment. For each of these meets my role includes the preparation of the meet database, complete with current registrations and latest available records, and post-meet checking that all broken records have been correctly identified & that relevant record applications have been submitted, and then uploading of results to the MSNSW website and MSA results portal.

While it will receive more attention in next year's report, much preparation work for the 2013 National Championships was undertaken toward the end of 2012, including design of entry forms and website pages.

The use of Team Manager software for electronic entries now accounts for the vast majority of entries to swim meets. This reduces the workload of data entry by the meet recorder, minimises data entry errors.

I would again like to thank Biff Grindley & Paul Slater for their assistance at each of the State meets.

Top Ten System

The MSA Results Portal continues to be an invaluable source of up-to-date information on member's results, Top Ten rankings and records. The database is updated automatically from swim meet data and Endurance 1000 throughout the year, and additional manual entries, from club time trials and non-AUSSI meets are made at the end of the year.

Mark Hepple

MSNSW Meet Recorder

RECORDS RECORDER'S REPORT 2012

World Records

There were six occasions during 2012 when applications were sent to FINA for recognition:

Jan	Tony Goodwin NML	200m Breaststroke	LC	3:17.54	75-79
Mar	Chris Fydler, Alan Grant, Grant Peters, Guy Farrow NTS	4 x 100m Free	LC	3:54.22	200-239
Mar	Stuart Ellicott NHS	50m Breaststroke	LC	32.84	60-64
May	Stuart Ellicott NHS	50m Breaststroke	LC	32.16	60-64
May	Tony Goodwin NML	200m Breaststroke	LC	3:09.09	75-79
Dec	Tony Goodwin NML	100m Breaststroke	LC	1:29.35	75-79

National Records

134 National records were recognised, 45 to women and 89 to men.

Branch Records

2012 saw 281 branch records made or broken, I congratulate you all. There was an uneven split this year with 163 going to men and 118 to women. The statistics also changed in regards to pool length in 2012 with 154 records being attained in LC with 127 in SC pools.

We saw them spread wide across the age groups:

20-24	16	25-29	12
30-34	3	35-39	8
40-44	27	45-49	25
50-54	10	55-59	22
60-64	21	65-69	20
70-74	6	75-79	38
80-84	1	85-89	44
95-99	16		

It may not surprise many that all strokes were targeted:

47	Backstroke
83	Breaststroke
47	Butterfly
78	Freestyle
21	Individual medley and 5 to Relay medleys.

Lastly a look at what distances were popular with record breakers:

17	for 25m
57	for 50m
67	for 100m
45	for 200m
35	for 400m
26	for 800m
22	for 1500m

It is an enormous achievement to come close to a record time and incredible to break it. There is a lot of dedicated training and goal setting involved and our swimmers often target a record and put their all into getting there. In many cases it paid off. Congratulations to you all.

Jillian Pateman

SAFETY COORDINATOR'S REPORT 2012

Thank you to all Clubs for their awareness and support in keeping our pools and members safe in 2012. In many clubs the nominated Safety Officer is alert and proactive in ensuring their environment and club members follow safety procedures and have an awareness of procedures. I ask that all clubs check and are alert to any possible safety issues and work towards solving these issues as a priority.

Clubs should be aware of the new Workplace Health and Safety Act.

There are some exciting initiatives coming from our clubs with CPR courses, lifeguard updates and sourcing slip-proof mats etc. Where a need is noticed it is important to follow up and ensure problems solved. Safety in our sport is the responsibility of all.

Warm Up/Cool Down Lanes at BPS Meets:

Due to an increase in reported incidents in warm up and warm down lanes during competition in 2011 and early 2012 a new policy was introduced to reduce the risk of accidents. All warm up/ warm down lanes during competition must be supervised by Warm Up Supervisors (WUS's) at all times.

It is vital clubs and Meet Directors are aware of this policy and ensure WUS's are in place.

During 2012 this new requirement for a WUS to be in position proved most welcome when a swimmer needed to be safely removed from the pool. There are WUS vests provided and I ask that they are worn with pride-you have an essential position on pool deck. Swimmers - please heed any requests from the WUS-they have an overview of activities that you may not share.

Incidents:

A possible incident was averted prior to one meet in 2012 when extreme temperatures were forecast for the weekend. The club concerned was responsible in its planning and actions to cover any eventualities. There is much planning done behind the scenes for all meets but this provided an added concern. The Meet Director and Safety Officer ensured there was be extra shade, extra water and more detailed rosters for the volunteers to ensure adequate rotation due to the possible extreme conditions. Swimmers and officials were alerted to the possible extreme temperatures through the website and a great day-without incident-was enjoyed by all.

First Aid and CPR Courses:

I strongly encourage clubs to consider organising CPR and/or First Aid courses in 2013.

These courses will not only benefit swimmers but also the wider community.

Thank you to the Board for their support and hard work in 2012.

Jodie Burke

NSW CLUBS SAFETY REPORTS 2012

	Nat Policy Imp	# Incidents	# Courses	First Aid Qua	CPR Qual	Suggestions/Achievements re Safety
Armidale AUSSI	No	0	0	?	?	
Bidgee	-	-	-	-	-	
Blacktown City Masters	No	0	0		4	
Blue Mountains Phoenix	Yes	0	0	3	4	
Campbelltown Collegians	Yes	0	0		3	Non slip material round pool. More sunshades
Caringbah AUSSI	Yes	0	0		1	
Castle Hill	-	-	-	-	-	
Cessnock Masters	Yes	0	0		7	
Clarence River Masters	No	?	?	19	16	
Coffs Harbour	-	-	-	-	-	
Coogee Randwick	Yes	0	0	25%		
Cook & Phillip	-	-	-	-	-	
Cronulla Sutherland	Yes	0	0	0	0	
Dubbo	Yes	0	0	0	0	
Ettalong	Yes	0	0	0	12	
Ginnindera Masters	-	-	-	-	-	
Gosford AUSSI Seagulls	-	-	-	-	-	
Hills AUSSI Masters	Partly	0	0	some	some	Set up CPR register in CoL, ran CPR and First Aid course
Hornsby	-	-	-	-	-	
Lake Macquarie Crocs	Yes	0	0	0	3	Club instruction on rescue and spinal injury in the water
Lane Cove	No	0	0	0	3	
Liverpool Leatherjackets	Yes	0	-	-	-	
Maitland	No	0	0	0	2	
Manly Masters	Yes	1	0	8	8	Lane etiquette emphasised. CPR course next year. Continuous monitoring of well-being
Merrylands	-	-	-	-	-	
Molonglo Water Dragons	-	-	-	-	-	
Myall	Yes	0	0	-	6	
Nelson Bay	-	-	-	-	-	
North Sydney AUSSI	Yes	0	0	0	9	
Novocastrian Masters	Yes	0	0	16	20	
Oak Flats	Yes	0	0	0	0	
Penrith AUSSI Masters	Yes	0	0	0	4	Gap between swimmers maintained in lanes; extra care entering water
Picton	-	-	-	-	-	
Port Macquarie	-	-	-	-	-	
Raymond Terrace	-	-	-	-	-	
Ryde AUSSI Masters	Yes	0	0	0	13	Ran First Aid course; emergency contact list maintained
Saint George	Yes	0	1	0	5	
Seaside Pirates	-	-	-	-	-	
Sutherland Sandbern	-	-	-	-	-	
Tamworth	Yes	0	0	0	5	Maintain medical info list
Tattersalls	-	-	-	-	-	
Terrey Hills	No	0	0	0	1	One member attained Senior first aid and spinal injury qualifications
Trinity AUSSI	Yes	0	0	2	4	
Tuggeranong AUSSI	Yes	0	0	0	6	
Warringah Masters	Yes	0	2	20%	20%	Concern about lack of info due to on line registration
Wests Auburn Masters	-	-	-	-	-	
Wett Ones	Yes	0	1	9	8	Sun safety emphasised. CPR courses. NB track style starts NOT suitable for blocks at Syd Uni
Wollongong Masters	-	-	-	-	-	
Wyong Wobbygongs	Yes	0	0	0	5	Stretches important + hydration

WEBMASTER'S REPORT 2012

The beginning of 2012 was the beginning of a new face for the Masters Swimming NSW website. The new look website was launched in February 2012.

Masters Swimming NSW, as well as all the other Branches of Masters Swimming NSW now host their websites on the same server and use the same content management system as Masters Swimming Australia. It is the system offered by IMG (the company that hosts Clubs Online). All Branches now have a similar design.

We were able to move all the content of the website to the new structure except for the Masters Swimming NSW results module. This is one of the most popular sections of the website. Fortunately Peter Gregory has able to move this module from the previous server to a new server, separate from the IMG server, and set up the links from the current website so that all the features in this module could still be offered to our members. This included the meet results, swimmer profiles and IPS pointscores.

The new website offered many new features that were not previously offered such as the calendar and news section on the Home page. The news sections enables us to feature special stories about members' achievements to all website readers. It is also linked in with the Masters Swimming Australia, so that some of the information posted on their website is also available on the Branch website.

One of the new sections added to the website in 2012 was information for the National Swim 2013. It was definitely advantageous to the National Swim Organising Committee being able to manage this information on our website.

The system is quite easy to use, even though at times it can be quite time consuming. The task of uploading new material has mainly been shared between Lindsay Brice, Lynette Falconer, Mark Hepple, and Helen Rubin. Jillian Pateman, our Branch Administrator, was also trained on how to manage the content on the website. Peter Gregory continued to provide assistance as required. It was fantastic to welcome Mark Hepple on to the team. He was able to post all the initial information that he prepared for swim meets, such as TM files and programs directly on the website, instead of having to send it first to one of the other webmasters. Mark was also instrumental in helping design the presentation of information on the National Championships section of the website.

Statistics on website usage is available through Google Analytics. During 2012 (from 18 February – 31 December), there were 56,630 visits to the website, which included 13,504 unique visitors and 182,556 page views. The busiest days were usually the days following major swim meets. The most common pages used were Swim Meet Results, Swim Meet Programs, Swim Meet Information, Swimmer Profiles, Club Information, National Championships Information, Calendar 2012 and Live Results. Below is a graph showing page views by day



Another major change during 2012 was the introduction of Facebook and Twitter. Even though a Facebook is administered separately to the web page, the two are closely inter-related. There are many people using both types of media, whilst others may only use one type of media. It is important for Facebook to refer back to the website, which is the official location for information on Masters Swimming. Facebook is excellent for updating readers on current information. There is also some material which are better suited to Facebook than the Masters Swimming website, such as some of the news stories. In summary it is important that the Web Administrators and Social Media Administrators work together as a team.

We would again like to thank Ingenium Internet and Spin Internet Services for their roles in hosting our website. Spin Internet Services provide Masters Swimming NSW with their email hosting service.

Finally, as the website is an important communication tool for our members, as well as our image to the general public, we always appreciate receiving feedback from our 'web readers' as to their ideas what they would like to see on the webpage. I also ask that clubs send me stories with a photograph that I can feature in the news section of the website.

The email address is: webmaster@mastersswimmingnsw.org.au

Helen Rubin

iNGENiUM iNTERNET

SOCIAL MEDIA REPORT 2012

Masters Swimming NSW joined the social media revolution on May 7, 2012 on the platforms of Facebook and Twitter. By far the most popular of all the social media platforms is Facebook, which has more than one billion users worldwide and this made the decision easy for us as to which platform was to be the main one in which we were going to use.

Social Media is a highly effective and powerful marketing tool, which is somewhat different to the traditional communication media in that it has a two-way communication stream whereas with traditional media, messaging is published through a one-way communication stream to the masses.

Social media is also a different medium to a website; it can be used to direct traffic to a website, but at the same time has its own key purpose of building and bringing closer together the community of an organisation.

MSNSW believed that there was a great opportunity to promote Masters Swimming across the state and the planning for our launch into this medium started approximately twelve months before the actual commencement of our social media existence.

Such planning included the production of a set of guidelines, rules and regulations for both our organisation and our fans that set the benchmark on which we were to communicate with our members and on which they would communicate with us.

Our growth in the social media arena was slow and steady but also was successful and rewarding throughout 2012. Between early May and the end of 2012 we had attracted 130 fans on Facebook and the number of page views were on average between 20 and 40 per day.

Whilst it is possibly not desirable to twitter users, in the interests of simplicity all of the content that we post on Facebook automatically goes over to our Twitter account. Twitter is a microblogging social networking site where posts are limited to 140 characters, similar to text messaging.

On analysis of the data on our engagement (i.e. users who participate in our posts) we found that it was largely consistent with worldwide trends and our statistics were regularly sent to the MSNSW Board for analysis at their meetings.

By far the busiest time on our page during 2012 was when the FINA World Championships were held in Riccione, Italy, when we were posting updates from Italy, but through the marvels of modern technology were actually in our own home in Australia.

I believe that one of the key functions of us opening the doorway into online social networking has been that it has brought together many of our NSW swimmers who may never have become friends both on Facebook and on pool deck without our page bringing them together in this great community we now have.

Demographics

The demographics of people looking at our page were not just in NSW or nationally, but it was worldwide. We had several viewers in addition to those from Australia, from around the world through 2012.

The largest audience we have is from female fans in the 35-44 age bracket, closely followed by 45-54 female age bracket.

However having said this, research shows that the largest growing sector that are taking up online social networking are in the elderly slots who are taking it up to keep up with their grandchildren and I started seeing considerable growth in this area towards the end of 2012.

Planning for future growth

At the end of 2012, Jillian and I started talking extensively about how we could grow our social media presence and we planned to introduce some changes early in 2013 which we were very confident would grow our following.

This plan did have the sole purpose of growing the uptake of not only our online social networking sites, but the uptake of Masters Swimming membership in the younger age groups.

In addition to this, I asked the MSNSW board if they thought it would be advantageous if I did some training in social media management at the end of 2012 and the board welcomed the proposal that I put to them with open arms.

Conclusion

Special thanks are in order to the MSNSW board, Jillian and Di Coxon-Ellis (who was the MSNSW administrator when we first started talking about online social networking) for their support and putting their trust in me to take on this huge endeavor.

I took on this job with no previous social media experience other than being an infrequent social media user, but I had a willingness to learn. Suffice to say that I have not yet finished learning and have the determination to continue to grow our social media presence so that our sport has the opportunity to go from strength to strength in NSW.

Finally, I thank all the swimmers and general public who have supported our presence on social media and looked at our content. Everyone has been kind and very courteous and this has made my job very easy.

Yours in swimming,

Roger Dietrich

MSNSW Social Media Administrator

MEETINGS 2012

NSW Branch at National Meetings

During 2012, Stuart Ellicott, as the Branch Delegate, attended the Autumn Board.

Meeting held after the National Championships in Adelaide and the Spring Board meeting in Melbourne last October.

In May 2012 Jillian Pateman attended the National Branch Administrator's meeting in Melbourne.

NSW Board

During 2012, the Board of Masters Swimming NSW met on eleven occasions at Sports House at Sydney Olympic Park. The attendance at these meetings was as follows:

Name	Position/s	Attended	Apologies	Possible
Jane Noake	President	11	0	11
Tony Toohar	Vice President	7	4	11
Neil Keele	Vice President Country	11	0	11
Stuart Meares	Treasurer	9	2	11
Stuart Ellicott	Board Member	11	0	11
Jon Hawton	Board Member	10	1	11
Sue Wiles	Board Member	11	0	11
Jillian Pateman	Administrator/ Minute taker	11	0	11

Annual General Meeting

This was held in the Ken Brown rooms at Sports House, Sydney Olympic Park on 19 May 2012 and was attended by 26 delegates from Member Clubs and 23 Registered persons, including five Life Members.

Apologies were received from three clubs.

Armidale AUSSI Masters

Annual Report 2012

The AGM was held on the 16th November 2012 at Addys Restaurant Armidale. Meeting commenced at 6.00pm with seven members in attendance and four apologies. The AGM was followed by dinner.

Discussion was had on the year just gone.

Club members are to be encouraged to participate in other clubs swims.

No accidents occurred in the past twelve months.

Sally Croker



Blacktown City Masters Swimming Incorporated

P. O. Box 152, PARRAMATTA, NSW 2124

Annual Report 2012

Our Club ended the year with only 40 members plus 8 2nd claim members. This is another reduction in the membership number but there was no particular reason for this decline. The low carnival attendance rate resulted in a further drop in placing down to 11th place in the 1st Division with 2,356 points. For the 2nd year running the club was awarded the Sue Johnstone trophy for the best average points for the 2 day carnivals. Despite this we still managed to achieve a 3rd place in the NSW Long Distance carnival and win the average points at the NSW Short Course championship. Congratulations to all swimmers who attended carnivals on a regular basis even travelling to country areas to support those clubs.

Leonie Talbot continued to coach the squad on the training nights on Tuesday, and Thursdays but had to ease off towards the end of the year once she got a new job. Scott Hay also assists with the preparation of training session whenever Leonie was not available. The main training session is each Tuesday, from 6.00pm to 7.30pm at the Blacktown Aquatic Centre in Blacktown. Additional training is on Thursdays during the same times as Tuesdays. The staff at the Blacktown Aquatic Centre has continued to support us and allowed us to use up to 3 dedicated lanes for training during the summer period but during winter we have to make do with only 2 lanes, occasionally we were given 3 lanes. During the year club members have hosted 2 fund raising BBQ's at Bunnings in Seven Hills to assist the swimmers with some of the costs to attend the Nationals.

Clary Munns maintained her top form with national records for the long course 200m Butterfly and the 400m Individual Medley. She even achieved a national record for the 1,500m backstroke at a short course carnival. Kim Brennan managed to get 3 NSW records while swimming as a 2nd claim member for our club at the Nationals in Adelaide. These achievements were for 50m, 100m and 200m breaststroke. We hope to see more of our young swimmers on the national and state records listing in the future.

The Club held its BPS carnival on Sunday, 4th March 2012. Our members put in their best effort to ensure that we could at least win our own carnival but in the end we managed a 4th place with Warringah the points winners and Oak Flats winning the average points. We are always pleased to hear the positive feedback for our carnival and thank all official for supporting us and all swimmers who have attended.

Once again, Sue Reinker managed to arrange a successful Xmas party for the members in addition to other social events. Some of these social events are attracting some ex-swimmers back to our club.

Remy Reinker
Secretary

Blue Mountains Phoenix

AUSSIE MASTERS SWIMMING NSW

16 ROBERTSWOOD AVE. BLAXLAND NSW 2774

ROS ARNOLD 0420 982 677 – SUE WILES 4757 1055

Annual Report 2012

Member numbers almost doubled in 2012 to 15 (from 8 in 2011) and there was a renewed sense of enthusiasm for both participation in carnivals and engagement in the endurance program. We are still a small club, however, and it remains a challenge to organise times convenient to more than a few swimmers to get together to swim and time longer swims outside training sessions.

Our committee changed little from the previous year; we had a new vice president (Kay Burton) and a new safety officer (Michael Bryant) and no official publicity officer. Despite holding the position of race secretary, Nerida Murray also acted as the club's publicity officer and worked throughout the year to get articles and photos in the local *Gazette*.

Blue Mountains Phoenix members attended 14 branch carnivals plus the branch long-course and short-course and long-distance long-course meets, gaining a total of 1,450 points. This was 405 more than in 2011 and 284 more than in 2010 and means we have moved up in Division 2 from 8th in 2010 to 6th in 2011 to 4th in 2012: a very good result.

Ten of our swimmers appeared in the national top ten rankings, Nerida Murray featuring in every stroke and Liz Wallis setting seven national records. Eleven of our relay teams appeared in the national short-course and five in the long-course events.

Coaching is still provided by Blue Mountains Swimming Coaches and very much valued by swimmers, who pay either a monthly fee or for individual sessions. Our coaches Paul Dobson, Kathy Dobson and Corin Dobson are accredited but not Masters accredited. Coaching sessions throughout the year are Tuesday and Thursday 5.45–7.30 am at Katoomba pool and Saturday 8.00–9.30 am, in summer at Glenbrook pool (LC) and in winter at Springwood (SC). They are based around conditioning work where people are encouraged to swim at their own pace and level. All strokes are coached with drill / technique work as well as a focus on increasing personal fitness. Individual goals are set—whether it be a goal swim or a goal time—and the coaching helps work towards these goals.

Some swimmers continue to enjoy open water events, both still and ocean, as well as postal swims and some even completed a few endurance 1000 swims. Time management is our main problem here.

We did a little better on the social front than in previous years, actually holding two luncheon gatherings at the end of the year, both being in pubs and one of which morphed into the AGM. Still . . .

Blue Mountains Phoenix have long been on friendly terms with Blacktown City Masters and the president of Blacktown put a proposal to our AGM that our clubs consider merging or somehow getting together to form a larger club. Phoenix members are still considering the pros and cons and at some stage we will all come to a decision, in conjunction with Blacktown.

Campbelltown Collegians AUSSI Masters Swimming Club



Annual Report 2012

I could start by saying “2012 was another memorable year for Campbelltown Collegians AUSSI Masters Swimming Club, blah blah blah” but that would be wrong. It nothing like ‘memorable’... It was an absolutely brilliant year! As a ‘team’ we couldn’t have done *any* better, with lots of top individual performances, too. The best part of our club, though (and I keep saying this because it keeps getting better), is the remarkable friendships (and associated social activities and support) within the club. ‘Fitness’ almost always takes second place to ‘friendships’ and ‘fun’.

Where to start with such an incredible year? Why not with... ‘Australian Champion Endurance Swimming Club’? Yes, that sounds rather good. We usually do well at endurance swimming but in 2012 we struck gold - national champions! The *Endurance 1000 Award* for the highest points per swimmer in Australia. That’s not memorable; it’s brilliant!

We’re a relatively small club of 28 members but with a 100% participation rate in the endurance program we even managed 2nd place nationally for the endurance *total* points score trophy- and we were competing against clubs with memberships of 70, 80, even 90. A huge “well done” to our endurance/aerobics recorders, Christine and Steve Clough, for your constant reminders, encouragement, perseverance and attention to detail. Great job!

Ten of our 28 swimmers completed all of the national endurance swimming program: Christine Clough, Helga Duncan, Heather Rouen, Kate Lewis, Marguerite Davidson, Steve Clough, Kevin Price, Jim Pelosa, Russell McLeod and Owen Sinden, with Pat Lewis and Hans Preiss contributing substantial points towards our total; a real team effort.

Some of our swimmers won their age groups at state championships: Katie Lewis won both state long course and long distance championships, while Helga Duncan, Heather Rouen and Owen Sinden won their age groups at the state long distance championships. Owen also won the state pointscore for his age group.

Our club spirit comes directly from our Sunday morning swims at Bradbury Pool, with sprints, middle distance and long distance swims always on the program. Races were well attended and *always* very competitive. Jim Pelosa won the club pointscore championship, with Hans Preiss close in second place and Beverley Conley third. Jim also won the club’s improvement trophy. Club secretary Barbara Briggs was voted winner of the club spirit award and Kevin Price took out the attendance trophy for the second consecutive year.

Late in 2011 saw the opening of our new 50m pool, claimed by some to be the best outdoor pool in NSW. So how did our 2012 carnival go? It was described as “the best ever”... from none other than my good friend Juan Antonio Samaranch.

Social activities? 2012 probably broke all masters swimming records for most social outings in a calendar year... It all started early with Steve and Chris Clough hosting a 'beach party' new year's bash; Lesley and Mark Thompson hosted the obligatory Australia Day BBQ; Heather and Terry Rouen held the annual presentation day; a theatre party was organised to the Capitol Theatre to watch the Phantom-of-The-Opera sequel 'Love Never Dies'; another Capitol Theatre 'Shen Yun Performing Arts show followed; a change of pace to watch up-and-coming singer Corinne Rushby perform at Picton; an 'Old School Rockers' night at Camden RSL followed, then a more exercise-intensive walk from Circular Quay to Manly.

More? 'Wharf Review' visit to Wollongong Golf Club; Glen and Melinda Downey chipped in with our now-almost-annual Fat-Pizza afternoon; another country music bash at Mittagong RSL; Kay Hough hosted her own special Country Music BBQ in November; the country music theme continued with a Rock-a-Billy band at Bargo; our own special Christmas Get Together @ Pancakes on the Rocks in mid December, then our annual Kris Kringle BBQ at Bradbury Pool on the Sunday before Christmas. Many thanks to Lesley and Mark Thompson for being wonderful social secretaries.

Life Membership was awarded to two long-serving members, Heather Rouen and Steve Clough, recognising their outstanding work for Campbelltown Masters Swimming Club over the last two decades. Welcome aboard to two new members - Katrina Noel and Victor Lidby - we hope you enjoy the experience as much as the rest of us. A few members have had a tough time on the health front but are getting back in the water now.

So, was 2012 a memorable year? No! It was brilliant, no matter how you measure success. Thanks to the Campbelltown Masters Swimming Club for making our club the wonderful success it is. Thanks, too, to the support we have received from Jillian Patemen at head office, plus Jane and the Board for well-organised year.

Owen Sinden
President



A Campbelltown swimmer hits the water



Helga Duncan (l) presented with her National Endurance Award by Steve Clough

CARINGBAH AUSSI INC.



Annual Report 2012

2012 has been an interesting and varied year for the club. Although the club membership remains small (6 full members and 14 associate members), there have been a number of varied activities for the members. Club members have been involved in regular training sessions, aerobic swims, carnivals and social events.

Club night swims have continued on Monday nights. Attendance has generally been good with a regular core of dedicated swimmers. The winter months saw a migration to the smaller warmer pool where much discussion continued along with the swimming. We have been able to continue our arrangement with Caringbah pool where we have a lane in each pool allocated to us during the winter months and two lanes in the main pool during the summer months.

Caringbah club was involved in a few carnivals during 2012. Unfortunately, unforeseen events made attendance at the carnivals, which had been regularly supported in the past, difficult this year. The most significant carnivals were those at Wett Ones and Ryde where members swam well and achieved good placings in their events. Unfortunately, we were unable to field the minimum number of competitors to register for Average Club Point awards at any of the meets this year. We were also represented at the State championships.

The Endurance 1000 program (e1000) was supported during the year. Four members recorded regular swims as part of the program. The fourth Monday of each month was scheduled for time trials as part of the program. Improvement was obvious as the standard of times improved significantly during the year. It is hoped that the program will continue to be supported during 2013.

The major initiative for the year was the carnival organised jointly by Cronulla-Sutherland and Caringbah in memory of Nancye Mitchell. The carnival was held on Saturday September 15th at Caringbah pool. It was an invitation, long distance, non-point scoring event. Over 30 competitors from 10 clubs competed. The carnival was well-supported by members of both clubs as well as several officials from Masters NSW. Competitors spoke favourably about the carnival and the opportunity to record times for long distance events. One national record for the 1500m in the 80-84 age group was set by a swimmer from St George club. \$625 was raised through the event and was forwarded to the Bush Church Aid society as a donation in memory of Nancye.

Two social events have been organised efficiently by Dick. Attendance at the various dinners has been very good with members enjoying the social occasions.

Many thanks are due to the members of the committee who have worked co-operatively and enthusiastically throughout the year. With such a small membership, it seems that each member has a job and that contributes to a friendly and positive environment in the club. Thanks are especially due to Lynette for her work as secretary, Barbara as vice-president, Alan as treasurer and race secretary, Johanna for keeping us up to date with the minutes from the meetings and Dick for his work as social secretary. All have done fine jobs in attending to all the tasks that have come their way.

Peter Sheean
President



Clarence River Masters Swimming Club Inc.

Annual Report 2012

As this is my first report as president, bear with me, and I hope its not too long winded.

I am so happy to see our club memberships grow to 66 this year, and we still have a few swimmers looking at joining. This is fantastic, considering we don't do too much advertising, with most new members coming by word of mouth or just observation of our happy sessions.

I think the club is going really well at present and just being at the two pools I can see everyone is happy, swimming so well and very enthusiastic. I must say that it makes me proud to be a member of the club.

Just a few points on how well the club is doing –

We are currently in 2nd place in the Branch Point Score. Most of our points come from our own carnival and Port Macquarie carnival. It would be great to get to a few more NSW carnivals and move up to division 1.

On results, just to mention a few, we had 2 members attend the Nationals, and came home with quite a few medals.

We had 10 swimmers go to the Queensland state titles and again brought home a bag of medals.

The Pan Pacs were fantastic for our club, with 5 swimmers going. Helmut Klein came home with gold and a PB in the 50 breaststroke. 17 in all medals came from this meet for our swimmers. Ray Burrige and Trevor Armstrong both took gold in the open water swim.

A few results from the masters swimming top 10 site are –

David Abrahams is in 9th spot for 200 backstroke.

Ray Burrige in long course is 4th in the IM, 8th in 50 freestyle, 10th in 100 and 200.

Karen Urquhart is in 8th spot for the 800 freestyle in short course.

Trevor Armstrong 9th in 100, 200 and 400 freestyle short course.

Tony Hayman in short course is on 2nd for 50 breaststroke, 3rd for the 100.

Helmut again is doing fantastic. In long distance he is 1st 1500 breaststroke, who else would do it! 1st in the 30 min breaststroke swim, 2nd in the 800 breaststroke.

And me, I am in 2nd for the long course 50 minute swim freestyle and 4th in the 30 minute freestyle swim.

Its worth having a look at their site to see where we all are nationally in our age group.

The club had most members compete in the West Auburn Turtle swim. We got some really good results, but just to see the enthusiasm of our swimmers was worth it. Lets all do it again next year.

Lyn Johnson has completed her million meters in the Vorgee Million Metres Awards. What a fantastic effort, and shows so much dedication. She was presented with a shirt and certificate. Well done Lyn. This is equivalent to swimming from Sydney to Auckland!!

Our annual carnival was again a success, despite the weather being unkind to us. Walking around the pool over the weekend was interesting, with everyone laughing and having a great time, and being cold and wet! I think they shall all come again! Next year will be the 10th year of State of Origin, so lets make it bigger and better, it should be a huge event.

The club continues sponsorship of young swimmers. In Maclean, he is doing very well and rarely misses a training session. We will be starting another junior in Yamba very soon. This is a good thing for our club to do and I hope it continues in the future.

Our first sprint night was a success and we hope to run another one in Yamba in the new year. It was good to see new swimmers competing and everyone seemed to enjoy it. Thank you to Kitchen to Table for donation for the raffle.

We may also look at having a handicapped relay night next year. John from Maclean pool has offered some prize sponsorship for this event.

We continue to support our members with rebates on swimmers, shirts, jackets and free caps. We also help with carnival expenses. This should encourage swimmers to participate in other club swim meets.

I would like to thank all the coaches who all put in extra time and effort , on top of their swimming. We are a very lucky club to have 4 active coaches and 5 trainee coaches at our pools. They all offer help, advice and interesting programs for all of you to enjoy.

Thank you to our volunteers who help us out on many occasions, the wives, husbands, partners and friends, even though they don't swim , thank you. Lastly a big thank you to my committee. Your help and support is so appreciated, and I have called you on many occasions. I feel this is a great committee, all working together, one of the best I have been on. This all shows in our happy successful club.

So, thank you members and hope to see you at the pools in the year to come.

Remember, Fun, Fitness and Friendship.

Jane Lawrence
President

Coffs Harbour Masters Swimming Club

Annual Report 2012

Coffs Harbour Masters continues to grow with our membership nearing ten. This is a big effort for our club who has for many years maintained a healthy number of 1! Hopefully the sport of Masters swimming will continue to grow in Coffs Harbour. One upside of this is one is male!

We have started to introduce monthly swims which have proven to be popular with our members. With the ability to take club records we have had a few good swims from our members. As well as being visual to the public it has been a great time for everyone to catch up with what is happening within our club. Our members have attended a few carnivals in NSW and QLD, namely the 2012 Pan Pacific Masters Games where we took two Pan Pac records and countless medals amongst our four swimmers.

Another great achievement for our club is that we will have four representatives attending the Vorgee 38th Masters Swimming Nationals in Sydney, enough for a relay!

Coffs still has a lot of building to do but we are well on our way with our new members who hail from other clubs around our great country. So at your next meet, hopefully you will be able to say hi to one of our swimmers.

Jamie Marschke
President



Coogee Randwick Masters (Coogee Diggers RSL), NCR

Annual Report 2012

Our branch of Aussi Masters remains a small but vibrant club with very much improved conditions. Extensive work has been completed by Coogee Diggers (RSL) in and around the pool and we are currently privileged to enjoy the great facilities.

We provide a continuing opportunity for any adult in the mid Eastern suburbs and beyond to improve their general health and well-being through swimming. We cater equally for all ages, abilities, capabilities and interest levels.

NCR also continues making its presence felt locally, nationally and internationally with some impressive results at recent competitions.

A few of the highlights through 2012 include:

- of local meets our biggest turn-out was at Wett Ones (Syd Univ). Eight swimmers achieved a total of 214 points for a very respectable 5th place from 29 clubs. The highlight for us was our one relay team, a men's 240-279 year category, in the 4 x 100m Medley Relay (Gary, Chuck, Paul, and Sjaak in his first ever carnival as a masters swimmer). An unusual event in the middle of the program, this event suited us well. Clubs had to find a 'volunteer' to do 100m butterfly relay leg BEFORE doing a 100m or 200m individual butterfly race soon after. With little opposition our team won its age category by more than 100 metres! Not to be outdone by the men, Norma O'Brien top scored with the max of 30 individual points.
- other local meets represented by NCR were many: Cessnock (Jacqui Robinson), Ettalong (yours truly), Trinity (Norma O'Brien with recovering shoulder scored the max of 40 points & yours truly got a surprise Nat. record in 100m Fly), Ryde (Norma & Kay De Bry) and Wests/ Auburn (Steve De Lorenzo).
- at the State long course Championships at Homebush (SIAC), our small club fielded eight competitors, finishing a very creditable 12th place overall (249 points) of the 37 clubs. Gary Nicholls starred with the maximum of 5 gold medals for 50 points. Kay had a great meet winning her first ever medals at a state championship. To summarise, at the NSW champos, NCR bagged 16 gold, 5 silver and one bronze medals.
- the State short course Championships at Woy Woy saw five of our swimmers compete, including new members Adam Hill and Stephen De Lorenzo both top freestylers. Some impressive swims all around contributed to our total of 171 points and 17th from 40 clubs.
- just two NCR swimmers made it to the National Championships in Adelaide to compete in the very same new pool as the Australian Open Championship selection trials for the London Olympics. The masters competed the week after they did. Gary Nicholls and yours truly appeared to have our own mini intra-club competition,

medaling in every event swum for a combined haul of 10 Gold, 4 Silver and 2 Bronze medals. The 200m Backstroke event typified that friendly rivalry in a photo-finish, less than 0.1 seconds separating us after 4 laps of the pool. In total only two points separated us but collectively our two-swimmer total of 152 points put NCR in 33th place overall from 81 competing clubs.

- sad to hear of the passing of Murray Rose, former Olympian par excellence (and a one time former member of NCR) that occurred during the Masters competition in Adelaide. It was fitting that so many swimmers at the one time and place were able to show their respect signified by a minute's silence at the news.
- Neil Rogers was the only member who made it to the World Masters Championships in Riccione, Italy. He swam well in a very competitive field in a tough age group.
- modesty aside, yours truly was rapt with an unexpected award presented at the Aussi NSW AGM at Homebush: 'NSW Male Masters Swimmer of the year 2011'!

Note: EVERY Aussi masters result from all Masters competitions and the global point score achieved for each and every swim you do can be viewed on the Masters website: <http://www.portal.aussi.org.au/>

Our Christmas dinner this year was a low-key event at our RSL club. Everyone enjoyed the dinner and especially the pleasant company. We also expressed our gratitude to Dee Doran for her dedication in running interesting coaching programs.

Masters members of other clubs are always welcome to join us any Saturday - no prior notice needed. On the odd occasion when this happen we invariably get positive comments about the friendly welcome, the interesting training session and the great atmosphere.

Thanks go to our hard working committee and all the members who show their support by training with us on Saturdays and those who swim with and for us at carnivals/ championships. We value their cheerfulness and camaraderie.

We thank Dee again for cheerfully coaching us week in week out for the hour from 4pm every Saturday. Margaret Wilby visits us from time to time, although not as often as we would like, now that she lives nearly 100km away.

A special thanks again to Deanne Bryant the RSL pool manager for her on-going support of our club in providing us with flexibility to maintain use of lanes on our Saturday training.

We are all looking forward to a great 2013. The National Championships are in Sydney in 2013 and we hope to have a solid team prepared.

Paul Wyatt
Club Captain for and on behalf of NCR Masters



Cook and Phillip Masters Swimming Club (NCP)

Annual Report 2012

This is the thirteenth annual report of the Cook & Phillip Masters

Committee Positions

Club Committee positions for 2012 were filled by the following club members:

President/Secretary: *Niall O'Driscoll*. Niall has served in the role of President for the past seven years. He took on the additional role of Secretary in December 2009.

Treasurer: *Jane Ritchard*. Jane has served in the role for six years.

Safety Officer: *Niall O'Driscoll*. Niall has served in the role for six years.

NB. The position of Coach is no longer filled (see below). Alan Godfrey held this position from May 2007 till March 2012, ceasing when he moved to Melbourne. The Committee thanks him for his many years' association with the Club.

Membership

During 2012 the club had 19 members.

Coaching

As of April 2012 the Club no longer runs its own training sessions. The Club's previous coach, Alan, moved interstate. At the same time Cook + Phillip Park Aquatic and Fitness Centre rationalised its lane hire arrangements. These two factors together meant that it was no longer financially viable for the Club to run its own sessions. Club members now take part in the Centre's 'Swim Fit' coaching sessions.

The Club now concentrates its energies promoting adult swimming and supporting members who wish to take part in Masters carnivals and events.

Niall O'Driscoll

President



Cronulla Sutherland AUSSI

Annual Report 2012

During 2012, Cronulla Sutherland Masters Swimming Club has continued to swim at Sutherland Leisure Centre on Thursday nights, mostly with small numbers.

Anita has been actively coaching those who have come and they have benefited from a varied programme with much individual attention. She has also emailed weekly Club News so we are all aware of what is happening.

There were a few swimmers from Cronulla Sutherland in 2012 at carnivals. However, most members are content to maintain fitness through swimming without competing. Stephen's Race Secretary's Report gives details of carnivals swum by members. He also ensures that swimmers are kept aware of upcoming carnivals by emailing carnival flyers and reminding them when entries are due.

- We came 24th out of 37 clubs in the NSW Long Course Championships earlier in the year, with Stephen, Anita and Greg competing.
- Greg travelled to Adelaide and competed in the Nationals.
- Greg, Anita and Stephen travelled to Woy Woy for the State Short Course Championships. The club came 20th out of 40 clubs.

On September 15th, we teamed with Caringbah Masters to hold a Long Distance meet in honour of our late member, Nancye Mitchell. We organised a display of memorabilia about Nancye's swimming career with us, especially her part in the relay team which set the first World Record at the then new Aquatic Centre at Homebush in 1995. It was a successful day and we raised \$625 for Nancye's favourite charity, the Bush Church Aid Society. It was great to see so many members swimming and also assisting in many ways.

Carol and Anita have continued to officiate at many interclub carnivals where their expertise is appreciated.

The challenge of aerobic swimming has been taken up by 9 members, with Lann gaining maximum points (after getting some missing points counted) and winning his age group in NSW, while Anita came 2nd in hers and Andrew 3rd in his. The other swimmers taking part were Barbara, Chana, Melissa, Beryl,

Stephen and Rod. Thank you, Barbara for doing the recording. In 2011, we came 10th out of 20 clubs in NSW, a better result than the previous year. We also came 7th out of 20 clubs in the Average Points per Swimmer. Andrew again completed the 5000m Wests Auburn Turtle Postal Swim this year, with the pool staff giving him lots of encouragement.

We have been able to continue to have supper after our swim, and thank Sutherland Leisure Centre for making their CT room available for this.

Socially, we have eaten out at Midnight Pizza on the last Thursday of the month several times after our timed swims and also had dinner together at Loftus TAFE.

Earlier in the year we bade farewell to long time member and past president Rod Ivison, who has retired to Tea Gardens on the North Coast and joined the Masters club there.

Many thanks especially to Anita, Lann and the club committee and regular swimmers for all the work they have done during the year. Keep enjoying your swimming and remember to try to recruit more members – we are targeting the Nationals in Sydney in 2013.

Beryl Stenhouse
Secretary



Ettalong Pelicans



Masters Swimming Club Inc.

PO Box 3071, UMINA BEACH NSW 2257

Annual Report 2012

Another interesting year passes with all the usual swimming activities proceeding. Membership numbers declined a little to the low thirties but we still have a Central Coast wide spread of where people live. There was no change in the members who hold executive positions with Kevin Haskell as President, Gordon Ferguson as Secretary, Colleen Garland as Treasurer and Opal Eddy the Club Captain. Russell Thompson does valuable work as Registrar and Co-ordinator of the Endurance 1000 swims and Roger Belmar's Work as Race Secretary is invaluable.

The club's main training session continued on Thursday nights at Peninsula Leisure Centre with our established time of 7 p.m. Coach Wendy Cook sets the session and stirs people on. We train in a mixed group with people from surf clubs and other swimming interests, then have a short drink and chatter session. Some members train at Kincumber and Mingara and sometimes Gosford pools.

Aerobics: On Monday afternoons usually 4 and sometimes 5 or 6 members swim, with these numbers occasionally increased. Russell, Colleen, Gordon and Johanna Kingma are the regular participants, setting out to maximise their swims. Colleen's volunteering with the timing is greatly appreciated and Russell does the computer work. The new program should see a few more involved, and it is interesting to compare times from one year to the next.

Ettalong Pelicans Meet: Our annual date in May works well and we had more than 299 entries. We are grateful that we have a fine venue, if somewhat expensive to hire, and acknowledge the great help of P.L.C. staff and use of Woy Woy Swim Club gear. Of course the terrific input from officials from quite a few Masters clubs is really the key in having the program go so well.

National and State Long Course entries were not strong this year, except for Paul Lemmon, although a substantial group enjoyed the Relay Meet in the middle of the year. But with the State Short Course at P.L.C. we had 10 members competing and won the Second Division point score, being in our "home pool" proving to be an advantage.

Opal Eddy, David Lynch, Colleen Garland, Gordon Ferguson, Kevin Haskell, Russell Thompson and Johanna Kingma were the most consistent swimmers at other club's meets.

Unfortunately social events were not a feature in 2012 with other interests and residential situations making this difficult, but hopefully 2013 will be better.

CERTAIN PEOPLE

FRED ELSOM: Club members were saddened by the steady deterioration in the health of Life Member Fred, and then his passing late in the year. Fred was well known in Masters swimming and the condolences from other clubs were appreciated and passed on to his widow. VALE Fred.

COLLEEN GARLAND: Colleen was voted in as a Life Member at our AGM. She has been a model treasurer for more than a decade and whenever possible is wholeheartedly involved in all aspects of club activities. Her work as an official, in particular with carnival program compilation and the computer work at the Meet, benefits several clubs and swimming in general.

PAUL LEMMON: To begin at the Masters Nationals in Adelaide, Paul won seven golds setting seven National Records. Then at the FINA World Masters in Italy he won the Open Water 3000 metres and the 200 Backstroke events, came second in the 800 Freestyle and the 400 Freestyle and third in the Individual Medley in the 45-49 years age group.

At the State S.L.S.A. Titles, Paul in the 40 plus age group won the Swim, Board and Ironman events and, as part of Terrigal's team, gold medals in swim teams and board relay events. He was voted NSW and Central Coast Masters Life Saving Competitor of the Year. What a year!

GORDON FERGUSON tallied forty years as a qualified Referee with Swimming NSW and more than a decade with Masters, and still enjoys the whole bit.

Gordon Ferguson
Secretary



MASTERS

2012 Annual Report

2012 is the second year that Ginninderra Swim Club has been affiliated with AUSSI Masters Swimming NSW. Ginninderra Masters Swimming operates in conjunction with the other components of the Ginninderra Swim Club, to offer swimming opportunities for swimmers of all ages and all abilities.

Masters Swimming training is operated by the Canberra International Sports and Aquatic Centre (CISAC) in Belconnen under the guidance of Head Coach Cameron Gledhill. As in 2011 there are four sessions a week - Monday and Wednesday mornings and Tuesday and Thursday evenings.

Membership at the end of 2012 is 6 swimmers, similar to 2011. No swimmers, however, competed under the club banner in 2012.

Tracy Stewart
Acting President





GOSFORD CITY SEAGULLS AUSSI MASTERS SWIMMING CLUB Inc.

Annual Report 2012

Gosford City Seagulls is in the BPS Division 2. 2012 saw attendances at BPS and Championships curtailed severely. Hopefully the club will turn this around in 2013.

The club organised the first BPS Meet again in 2012. Wet Ones won the Top Score, Visiting Club trophy. We continue to meet on Wednesday evenings from 7.00 p m to 8.00 p m and the first Monday of the month (providing it is not a public holiday) to enable member participation in more of the Endurance 1000 swims.

Fitness, Friendship and Fun are the reason we participate in Masters Swimming.

Val Lincoln has had limited success this year with a number of Top 10 SC & LC achievements. One she was TOP TEN in the WORLD! Congratulations Val. Unfortunately she has not been able to participate to the level she wants but she continues to swim and support the club as Vice President.

Peter Ray attended the Pan Pacs on the Gold Coast and had quite some success with a number of medals, not only in swimming.

Club numbers this year have been 15 but a number who joined at the beginning of the year dropped out due to health and relocation. With the Nationals to be held at SOPAC in April 2013 the publicity posters have been put up at the pool and with some of the club supporters and businesses frequented by some members.

Supporters and sponsors are finding the retail markets difficult and there is a subsequent reduction in funds from these sources in 2012 and looking forward to 2013. Bendigo Bank, Megasave Chemist, Shaver Shop, Erina, Clan Lakeside Lodge, Trackside Restaurant and REPCO, West Gosford have been long term supporters as well as the Gosford War Memorial Olympic Pool. A number of other business have also continued supporting the club and their details are in the BPS Meet Program. The search for new sponsors / supporters continues.

The 2012 Presentation Dinner was held on December 12 2011. Four main awards were presented – Club Participation – Peter Ray; BPS Meet Participation – Val Lincoln; Overall Point Score – Peter Ray. The final award, awarded by a nomination process and voting, Club Person of the Year 2012 to Peter Ray. Medals were presented to members for their point score in their age group.

Keep enjoying your swimming – Fitness Friendship and Fun!



Office of
Communities
Sport & Recreation



Annual Report 2012

Hills AUSSI continues to fall in membership from 70 members in the 80s, 59 in mid-90s to just 20 in 2012. Our representation at swim meets is poor except for the few members who do participate, being Mark Hepple, Marion Wait and over 80's Marg Davey. However, Hills is in a sound financial position thanks to John Wendt as Treasurer and assistant Kim Chapman plus the hard work of running raffles and conducting our own meet.

Our club hosted our biannual Long Distance Meet with 63 swimmers at Galston Aquatic Centre in early November. Manly won the pointscore (167) followed closely by our neighbours Castle Hill RSL (155) and Warringah coming in third. We are yet to decide whether we conduct a meet in 2013.

Our official Club training night is Tuesday night at the Galston Aquatic Centre when we are coached by one of the Centre's coaches.

Our social calendar has been very light this year with only a bistro dinner at the Dural Country club prior to the AGM in February.

Once again Hills AUSSI has been kept afloat by the stalwarts of many years without whom the Club could not function. Besides those already mentioned, our volunteers include Di Coxon-Ellis, Tony Howe, Sarnia Rusbridge, Freya, Janet & Sam Shearer, Melita Sutton and John Wendt.

In 2013 we hope to inspire more participation in all aspects of Masters swimming.

2012 is the year we sadly say farewell to wonderful, gentle lady, Hilda Lindfield (93) who is in an aged care facility and will not be re-joining Masters Swimming.

Our club thanks the personnel of Masters Swimming NSW and Masters Swimming Australia for their dedication and hard work, both paid and volunteer.

Di Coxon-Ellis & Sarnia Rusbridge
Registrar & Secretary



HORNSBY MASTERS SWIMMING CLUB Inc.

hornsbymasters@gmail.com

Annual Report 2012

Hornsby Masters is a small club with goals to provide a friendly environment for people to train for fitness, and compete in Masters Swimming meets, should they wish to put their skills to the test. From a social perspective, they can make new friends, both within the club and through other clubs in the Masters swimming community.

Our club has members who train in an evening master's squad at Knox Aquatic Centre (Wahroonga), and at Loretto Normanhurst with the Aquabliss Squad. One of our club goals is to meet more regularly to bring club members together for a squad session and a social event at one of the current training locations.

In 2012 our membership numbers did not improve as we would have liked. However with a few swimmers still competing fairly regularly we maintained our position in Division 2 for 2013.

State Championships in March results:

Gold Medal to the Mens 200+ Team of Ian McLeod, Peter Gillings, Stuart Ellicott & Craig Magnusson (ranked no 3 in 2012 rankings).

First ever World Record for Stuart Ellicott in the 50 Breaststroke taking 0.57 off the old world record held since 2008 by Robert Strand of the USA.

Stuart Ellicott 5 Gold, Craig Magnusson, 4 Gold and 1 Silver, Peter Gillings 1 Gold, Max Henry 5 Bronze, Lucy Dumitrescu 2 Gold.

National Championships were held in Adelaide at the same pool that the Olympic trials were held. Three members attended this great event.

Craig Magnusson came home with 2 Silver and 2 Bronze, Max Henry 2 Bronze and Stuart Ellicott took home 5 Gold and 2 Silver. Stuart also shaved a further 0.04 off the world record set in March and also set 2 new National Records in the 100 Breaststroke and the 50 Fly.

Ettalong meet in May gave Stuart Ellicott an opportunity to have a crack at the 50 breaststroke short course world record, which resulted in him taking of 0.15 secs off the 2009 record set by Robert Strand of the USA.

World Masters Championships – Riccione – Italy – June 2012:

Craig and Stuart attended the Championships in Italy with some pleasing results.

Both Craig Magnusson and Stuart Ellicott attended the championships this year with a bunch of other Aussies some who swam under the NSW Bushrangers club.

Craig swam PB's in 4 of his 5 swims in a very competitive age group, making the top 20 in 3 of his events. Stuart won Silver in the 50 Breaststroke (beaten by Tim Shead from USA by 0.06) and the 100 Breaststroke, and was 4th in the 200 Breaststroke and 6th in the 200 IM. Stuart's world record remained intact with Tim missing it by 0.07.

State Short Course Championships – September:

At the recent State Short Course Championships our domination of the medley relay continued. Whilst we didn't have our earlier team, with Craig unavailable and Ian injured, we were able to bring in Harry and also Max, who kicked us up to a new age group, and we took home the Gold medal, and the No 1 Ranking Nationally for 2012.

Overall we had a successful meet with Peter Gillings (1 Gold) Craig Magnusson (3 Gold) Stuart Ellicott (4 Gold 1 Silver and 2 new National Records) Harry Henderson (1 Bronze), Max Henry (3 Silver & 2 Bronze) plus a welcome return to competition for Lesley Buchanan (3 Gold 1 Silver & 1 Bronze).

Lucy Dumitrescu – World Down Syndrome Championships – Italy – November:

Our Lucy competed in the DS Championships and put in some great performances bringing home :

Bronze 50fly

Gold 100fly

Gold 200fly

Bronze 200 backstroke

and Gold in all five relays.

Lucy also made the finals in the 50, 200 & 400 Freestyle and the 100 Backstroke.

Well done Lucy, we are all very proud of you.

Splash For Cash:

Over \$5,000 was raised for the Royal Institute for Deaf and Blind Children, through entry donations, plus swimmers getting family & friends sponsoring them, for the event held at Knox Aquatic Centre on Sunday 25th March. A special thank you to Paul Bailey @ Warringah Masters for bringing a team up for an Endurance swim, and also to Cameron @ Abbotsleigh and Lachy @ Knox for bringing along their teams for some training and relays. I think that this is a great cause that Masters Swimming could get behind every year. A special thank you to Knox Grammar Aquatic Centre for their generous support in providing the pool for the day.

Branding

With new Polo Tops, new High-Fins Logo and Caps we have certainly become more noticeable, even when we only have 3 or 4 members at the same meet. It would be great to see more numbers attending and lift the awareness of Hornsby.

I look forward to continuing to build our club into one where all swimmers can participate and gain from the Masters Swimming motto of "Fitness, Friendship & Fun".

Stuart Ellicott

President



**No 1 Ranked 240+ SC
Medley Relay Team 2012**

*Peter Gillings,
Harry Henderson,
Stuart Ellicott,
Max Henry*

Lane Cove Masters Inc.

Annual Report 2012

Lane Cove Masters is a small club dedicated to the AUSSI ideals of “fun, friendship & fitness” and has a great group of swimmers.

Membership

Our membership for 2012 was relatively static, losing several members due to other commitments. We have had 4 new members join during the year. There has been a further recruitment of younger members joining in January 2013 which looks good for 2013 and our interclub competition. We had 17 members in 2013 plus one second claim member.

Club Venue & Sessions

We meet in the 50m outdoor pool of the Lane Cove Aquatic Centre and swim all year with a short break in July.

This Aquatic Complex includes an 8 lane 25m indoor, a 7 lane 50m outdoor pool, spa, fitness centre plus sauna.

We swim regularly on a Tuesday night commencing 6.30 pm to about 7.30 (3 lanes).

We have a regular booking in the Bistro of Longueville Hotel immediately opposite the pool for an after swim dinner, etc. All members & family/friends are welcome to join the ‘regulars’ in this activity.

Prospective members & Visitors

Prospective members & visitors from other clubs are most welcome. Simply arrive at 6.30pm & introduce yourself to the coach to be welcomed by the members.

Coach

Our wonderful coach Noel Peters retired from the pool deck on 31st March 2012 but now joins us occasionally for a training swim. We thank him for his efforts on our behalf.

Our current coach John De Vries has fitted in well and provides hard training programs for all our swimmers. John used to swim with us as a second claim member before taking up the challenge as our coach. Members are enjoying his training.

Achievements of Members at Interclub Meets

This year our members competing in Interclub Events increased with Emma Stack, Lora Wallis, Ken Cregan & John Notley representing The Club during the year. Some members including Michy Holmes & Paul Callaghan are also strong competitors in the open water events.

During the year John Notley (85+ group) won the age 85-89 group point score for 2012 and set 5 NSW State Records. The club was joint Division A NSW Masters Long Distance Champions for 2012.

We hope to improve on our overall Division standing in 2013 with the influx of new members.

Life Membership

At the July 2012 club AGM John Notley was made a life member of the club for his active service over many years.

Committee

Our committee members have had dual positions during the year as in previous years. We hope to spread this load at our next AGM.

Lane Cove Masters Historical Records

John Notley has lodged Lane Cove Masters historical records with the Lane Cove Library historical section up to 2008. They are available to researchers in future years & will be updated from time to time.

Evelyn Kelly
President



MANLY MASTERS SWIMMING CLUB



Annual Report 2012

Membership:

At the start of the 2012 year, the new committee set out to implement various strategies to ensure that the club continued to grow and be successful. Under the guidance of Ian Sharpe, who volunteered to take on a leadership role in the recruitment area, we welcomed several new faces during the year. Members were encouraged to do some personal recruiting and were issued with a club "business card" that they could hand out. Our club flyers were distributed around and posted on notice boards at various public sites. Michael Gordon worked tirelessly to establish a profile and gain press exposure with the local Manly Daily newspaper and the Manly Precinct Groups. Our web site administered by Lindsay Brice, provided another avenue of promotion to the general public.

Club sessions and venues:

The coaching team of Jon and Mia oversaw our weekly 8am Saturday morning training sessions at the Harbord Diggers pool. Significant effort went into stroke correction, learning new strokes, the art of starting, turning and streamlining. Who said you can't "teach old dogs new tricks"? Over 50% of members managed to swim at least one Personal Best during the year. In total 108 PB's were recorded with Mary Woodward topping the list with 11 followed closely by Dale Moore with 10.

Interclub meets & members achievements:

Members, encouraged by the Race Secretary Ruth Fitzpatrick, participated in every Branch Point Scoring carnival, as well as the NSW State Long Course, Short Course and Relay Carnivals. Katherine Ahern and Raymond Watson attended 18 of these and Raymond even ventured to Alice Springs to have a swim. A contingent of keen swimmers ventured to Italy to compete at the World Titles.

In the State LC Course Championships at the beginning of the year the club achieved 62 individual medals and at the end of the year at the SC Championships managed to up that tally to 66 individual medals, win the Gordon Cozins Memorial Trophy and run a close 2nd overall to Warringah by a small margin of 31 points. The results, a testimony to good coaching, and members rising to the challenge.

Our group of Champion swimmers, Michael Gordon and Barry Seymour, set a number of State and National records. Tony Goodwin's had an outstanding year in the pool, with almost every swim he claimed a World, National or State record. His magnificent efforts were recognised by the NSW Sports Federation naming him the 2012 "Master Athlete of the Year".

Social activities:

On the fun side, under the guidance of Dawn Gledhill, out of water activities included the 7 Bridges Walk, Pasta and Pizza Night, Dinner at the Brookvale TAFE College, hosted by the cooking and catering students, Guy Leech's Fitness World Record exercise class at Manly Beach, after training club BBQ on Freshwater Beach and the annual Christmas Dinner and Awards night held at the Harbord Bowling Club.

Summary:

Overall a very successful and enjoyable year for the club. Led by a tireless committee, members actively participated and made a generous contribution throughout the year, ensuring that the club lived up to its aims of Fun, Fitness and Friendship.

Ted Samojlowicz

Club President



Merrylands Amateur Swimming Club Inc.

Annual Report 2012

2012 was our club's fifth year affiliated with Masters Swimming NSW.

Membership

9 Members (highest membership in club's history).

Club Sessions and Venues

Merrylands Swimming Centre

Coaching: Tuesday & Thursday Evenings 5:30pm to 7pm
Saturday Mornings 9am to 10am

Club Races: Saturday Mornings 7am to 9am

Interclub Meets

Members attended the following meets:

Central Coast

North Sydney

Blacktown

NSW Long Course Championships

Australian Masters Championships

XIV FINA World Masters Swimming Championships, Riccione, Italy

Seaside Pirates

Manly

NSW Short Course Championships

NSW Long Distance Championships

Achievements of Members

Merrylands Masters Swim club had our most successful year to date with our highest level of membership yet. Our club participated in numerous meets, and for some of our members it was the first time they had competed in carnivals. One of our members also won his first ever medal which was very exciting for the team.

Merrylands participated in 5 BPS carnivals and enjoyed the competition but also enjoyed travelling to different areas and meeting lots of new people.

We had our largest group fly to Adelaide to participate in the National Championships and had a successful meet with lots of PBs and medals. There was also time to sightsee and explore the beautiful city and surrounds.

One of our members travelled to Riccione for the FINA World Masters Swimming Championships which was a great experience to swim overseas and meet so many inspiring people from around the world. Once the swimming was completed, all the training from the past few months was undone with the copious amounts of gelato and pizza eaten.

Merrylands have had a successful year, winning our division at the State Long and Short Course Championships and the Long Course Long Distance Championships.

look forward to achieving many more great results in 2013.

Myall Masters Swimming Club Inc.

Annual Report 2012

Our club: Has once again enjoyed a very successful year, both competitively and socially. While our membership only stands at 39 swimmers and 2 social, this we feel is good, in an aging community of approx. 3,500 people.

We continue to enjoy exclusive use of the Tea Gardens, 25 metre, six lane Pool on Monday evenings from 5.00pm to 7.00pm during the months of October through to mid-April under the guidance of Master Coach, Leon Bobako and Assistant Coach, Peter Kellaway. Our thanks to Rex and Judy Glover for the time and effort co-ordinating and recording results of this series.

During the winter period our pool is closed, however our keen and enthusiastic members continue car-pooling for the 110kms return trip to Lakeside Leisure Centre's heated pool at Raymond Terrace, at least once a week.

The Tea Gardens Hotel has generously continued its support for our club with discounts for accommodation, food and beverage and a cash donation which assists in providing member benefits such as equipment, swimming aids and instructional material, sports clothing and administrative expenses. We greatly value this support.

Interclub Meets: Our club has now been promoted to division 2 status in NSW Branch Point Score Tally for 2012/13 DUE TO... strong PERFORMANCE and SUPPORT at our local meets... Gosford, Cessnock, Ettalong, Kurri Kurri, Novocastrian, Hunter Festival of Sport, Port Macquarie and Raymond Terrace. Additional member participation at the AMS - SOPAC Long Course Championships and the 37th National MS. Championships during the year were most encouraging to the club Coaching Team.

Social activities: The end of season presentation night in April 2012 was again a great success and well attended by 39 members and guests. Thanks to our Social Secretary Kerry Patterson for her organisation and planning and also the Catering Team of T.G. Hotel. Due to inclement weather during the latter part of the year we were forced to abort the Xmas BBQ and go indoors for a casual Xmas get together on 19th December 2012.

Awards: This year we introduced the "Handicap Series Competition" over 10 alternate swim nights and this has attracted and brought out the competitive side of our members in the 25 metre sprints. The winner of this series was, Col. Hocking. The two Annual Awards for The Club Member of the Year was Linda Stubbs and The Encouragement Award of the Year went to Gloria Lovell-Simons.

Membership Rewards: This year we had the flow on from 2011 with reward to all members, a personalised Backpack with the Club Logo and T Shirts with the club logo and slogan “Fit Fun and Forever Young” to publicise Masters Swimming in our community. Both of these items have been well received.

I also must mention the contribution by M.M.S. to have a Canopy installed to give extra protection from rain and sun for all who use the pool facility.

Community Activity: During the early part of the summer (November 2012) we at MMS ran an Adult Learn to Swim/Stroke Correction Programme for 5 days, free to all who participated. We had 17 senior persons participate and the results were most rewarding to all involved. We have requests from the community to run this programme next summer. Three members of the club presented the course.

Awards Night 2012: We are looking forward to our end-of-season Awards night on 8th April 2013 with great expectation. Many thanks to our super Publicity Officer Rhonda Bobako for keeping us “and the world” up-to-speed on all our activities and achievements throughout the year.

My sincere thanks to our Masters Coach Leon and the Committee and all members for their enthusiastic support in 2012, without which our club would not be the enjoyable and well-functioning group that it is.

Here’s looking forward to a rewarding year in 2013 and the continuation of our swimming for Fun, Fitness and Friendship.

Peter Kellaway
President





Annual Report 2012

North Sydney Masters had another successful year in the pool, the ocean, and on the social scene. With a steady turnover of a couple of long-time swimmers moving away or taking a break from the pool, we also welcomed several new members to the club. We had 113 fully paid club members in 2012 and a committee composed of both returning members and new members to keep things running throughout the year. In the pool, our own carnival, our club fun days and the State Relay Carnival remain the primary focus to allow new members to become familiar with racing in different formats. 4 North Sydney members also made the trip to Italy to participate at the FINA World Masters Aquatic Championships with all who participated achieving their goals.

Our annual club carnival in February saw us officially celebrate our 30th birthday with cake and singing on a beautiful summer evening at the pool capped off by fireworks across the harbor. The meet was efficiently run by meet director Alan Godfrey. The club carnival had a total of 212 entries and raised just over \$1,000 dollars for the club. This is the most important carnival for our club, not just from a fundraising point of view, but also because, for many of our members, it is the only carnival they participate in for the year. We are proud of the numbers we get from our own club and were happy to once more walk away with the carnival trophy.

Our coaching staff of Steve Badger (head coach), John Wynberg (March-December), Hiroto Homma & Alan Godfrey (January-March) with substitute coaching from Alvin Parr-Whalley has allowed the club to provide consistent coaching 4 sessions per week. The move from Friday evening session to Saturday mornings in late 2011 has resulted in consistently good turn-outs to all 4 sessions every week. All coaches are committed to helping the swimmers meet their goals, whatever they may be, and the club continues to thrive with a core group of members committed to competing at the state, national, and international levels.

The social calendar for 2012 was a busy one with our social coordinators Momo Kono & Stephan Wall at the helm. Events attended by club members included lunches & Pizza nights at the pool, Xmas in July (hosted by Peter Murray again), Mollymook "training camp", trivia nights at Waverton Bowls and the Xmas party. Mollymook was once again a great success, thanks to the efforts of Robert Hayter and Colin Hannah in organising pool time and accommodations for everyone who attended.

In 2012 North Sydney entered a total of 19 meets including the Fina World Masters in Riccione Italy. During the year 183 swimmers competed in 69 different pool events. The State Relay carnival attracted 42 swimmers which resulted in 3rd place overall. North Sydney Masters swimmers claimed

2 National records, 9 State records and 117 club records. Christina Echols was awarded female swimmer of the year, Colin Hannah male swimmer of the year, Jan Taylor most improved female and Stephan Wall most improved male swimmer of the year (Mort Bagley Award). John DeVries was once again awarded the Gordon Cozins award for most points earned over the year as the most active swimmer in the pool. Other awards in 2012 included Relay team of the year of John Devries/Kain/Wynberg & Daniel Beltrami for their national record in the Men 200-239 100 Medley relay and the outstanding swim of the year by Sarah Koch for a national record-breaking 25 free.

North Sydney Masters had another great year in the NSW Ocean Swim Series. Numbers were similar to previous years with between 5 and 25 swimmers at each of the ocean swims between November and May. Fun and a personal sense of achievement are definitely the main reason for our swimmers taking part in ocean swimming, although many club members picked up age group medals throughout the series, Melanie Speet and Christina Echols were our most consistent medal winners. At the club's annual Christmas Party and award ceremony, the club awarded Mel Speet female ocean swimmer of the year and Joe Watkins male ocean swimmer of the year.

Participation in both carnivals and ocean swims is a direct result of the encouragement and cajoling from our dedicated open water & pool captains (Colin Hannah, Helen White & John DeVries) as well as our coaches.

Other volunteers that made 2012 the success it was include Matthew Leditschke as statistician, Pete Gregory as Digital Communications, Jan Taylor as race secretary, John Kain as treasurer, Erin Crawford as secretary, Jen Langgons on membership, Melanie Speet as equipment coordinator, Grant Parr as vice president and Roz Elliot as safety and training officer as well as our committee general member Luke Parr. With our strong membership and commitment of our volunteers, we look forward to another successful year in 2013.

Christina Echols
President





Novocastrian Masters Swimming Inc.

Annual Report 2012

Overall the club membership has grown through 2012 with the club finishing the year with 61 members. Our home pool is located *West's Balance Health Club* and they have continued their valued support of our club.

Our Monday training nights are well attended and Adam Beisler, our enthusiastic coach, continues to encourage members to improve fitness, style and lung capacity with a mixture of exhortation, humour and encouragement.

In the Division One BPS competition we swapped first place with Warringah a few times during the year however by year's end they came out on top with 9659 points compared to our 6859 points.

During the year our swimming success was obvious from the participation and enjoyment by the members at the various carnivals. We enjoyed a couple of happy bus trips to swim meets at Blacktown and Ettalong. This year for the first time in a number of years we had a strong contingent head off to SOPAC for the NSW Short Course Relay carnival which was enjoyed by our competing members. Our club also competed strongly at the NSW Short Course Championships held at Ettalong and we congratulate Ian Jeffery for his award as the Male Swimmer of the Meet. Three swimmers attended the 2012 National Championship in Adelaide with considerable success. Adam Beisler and Ian Jeffery each gained eight gold medals with Bill Walker winning six gold and six silver medals. Adam recorded two national and three state records with Ian setting one national, two state and six new British records.

Aerobics remains an integral part of club activities with time each month allocated for aerobic swims. In addition the club held a special weekend swim morning to facilitate some longer distance aerobic swims and which also incorporated informal social activity that added friendship and fun to the fitness aspect.

Our home meet in November was attended by approximately 122 swimmers. It was great that people from distant clubs came along and supported our event. As the meet was run in conjunction with the Lake Macquarie Masters Games the club presented medals for top three placegetters and these proved popular with

swimmers. A big thank you must go to all the volunteer officials headed up by Meet Director, Phil Murray and Meet Referee, Di Partridge. The support and skill of all the officials made for a well run meet and their help is greatly appreciated.

Other important club activities included the social interaction afforded by our attendance at Port Macquarie and Clarence River meets. However, unfortunately with the memory of some seriously bad weather in previous years attendance at the meet at Yamba was down in numbers. We also had a dinner with some of the Warringah club members after our meet and a Christmas social get together at Wests Club at Mayfield.

The club has continued its tradition of supporting our community in different ways, both as individual members but also as a club, typically raising money for community causes. This year the club donated \$250 to the Heart Foundation.

Our club will continue to thrive in 2013 with enthusiastic members carrying forward the principles of fun, fitness and friendship.

Mike Cockrem
Hon. Secretary



Oak Flats AUSSI Masters Swimming Club Inc.

Annual Report 2012

Oak Flats had a great 2012 with a group of swimmers competing in lots of carnivals. Bob Kirkbride achieved first in his age group – well done! The club did well in their division for overall points for 2012 and our swimmers were very happy with their efforts. We have 9 members and enjoy lots of social events too.

Narelle Day
President





Penrith Masters Swimming

Annual Report 2012

We have had another good year of swimming with most of our 17 swimmers competing in between 4 and 10 meets.

Our weekly club training session now is 6.30 till 8am Saturday mornings and is a great way to start the weekend with the early finish.

Training is still at the Dive In Academy with coach Brett Daley.

We have the luxury of indoor 25mt 6 lane pool or outdoor 50mt 2 lane training. The outdoor pool is heated with a solar blanket and should be good swimming till about April when we will move back indoors.

Our distance champion Lester will be swimming the Rottneest Channel again this February determined to beat last year's time of 6hrs 41 mins.

The distance is 19.7 km with a tide change towards the end will add to the challenge and he will love every minute of it, I think.

Our other distance champ Geoff has had his next attempt of the English Channel soured with a nagging shoulder problem that has been giving him some grief.

We have lost our long time motivator of many years Kim Brennan to a move up to Port Macquarie after their house was finally finished.

Our social calendar has been a little quiet this year with mainly dinner and movie nights but we will be doing more next year.

Regards

Garry Fletcher
Secretary

PICTON AUSSIMASTERS

Annual Report 2012

Membership

This year Picton Masters had 13 registered swimmers, all being returning members.

Club Sessions

Picton Masters swimmers train with Fitness Squad at Wollondilly Community Leisure Centre in Picton. Sessions are run on Monday and Saturday mornings as well as Tuesday and Thursday evenings. The squads are coached by Ken Morrison and Anna Barnes. Members race alongside Picton Swimming Club on Friday evenings, following their own program of events.

Interclub Meets

Wett Ones, Campbelltown, Warringah, Pirates, Ettalong, Blacktown, North Sydney, Raymond Terrace, Trinity, Hunter Festival of Sport, Central Coast

NSW State SC – 2 swimmers

~ Roger Haines 1 Silver, 1 Bronze
~ Elly Ramon 1 Gold, 2 Bronze

MSNSW Relay Carnival

Gold – 1
Silver – 2
Bronze - 1

NSW State LC – 8 swimmers

~ Anna Barnes 1 Gold, 1 silver
~ Scott Bidewell 2 Gold, 1 silver, 1 bronze
~ Annie Cooke 2 Silver, 3 Bronze
~ Roger Haines
~ Jayde Livingstone 3 Gold, 1 Silver, 1 Bronze
~ Elly Ramon 1 Bronze
~ Pauline Reason 2 Silver
~ Thomas Sinclair 1 Gold, 3 Silver, 1 Bronze

Social Activities

Members enjoyed several get togethers during the year, including breakfasts, lunches and BBQ's.

Raymond Terrace AUSSI Masters Incorporated

Annual Report 2012

The "Orcas" at Raymond Terrace endeavour to attract new members, however, have had only a few this year, then have also lost several. It remains difficult to encourage any to officiate for the club but there are always the favoured few who offer their services and time.

We have several swimmers this year who are willing to compete so that is a plus. Also have several swimmers interested and competed in Ocean Swims, one of whom manages to win in his age group for which we are very proud.

Our carnival in December became quite an ordeal due to the extreme heat on the day. However, there was plenty of shade, sunscreen and iced water provided but was difficult to remove swimmers from the pool due to the heat. Generally the carnival was enjoyed by all.

We would like to thank all the officials who bravely suffered the day to perform their duties as well as those competing. There were 240 competitors from 24 clubs including those from mid north coast, south coast and country clubs as well as our usual supporting teams from the Hunter.

Yours in Fitness Friendship and Fun,

Jan Finn
President





RYDE AUSSI MASTERS SWIMMERS Inc. (RAMS)

Inaugurated 7th November, 1981
Affiliated with Masters Swimming NSW 24th November, 1981
Incorporated 14th October, 1999
ABN 20 075 220 716

Annual Report 2012

Memberships: The club finished the year with 69 members (34 males, 35 females), an increase of 11 from the previous year. Special thanks to our outgoing president/vice-president of six years, John Amery. The club has achieved great heights under John's leadership and we would like to acknowledge his contribution and leadership over those years. The club also thanks all members of the committee of management and the many other members who have generously provided their time to help organise club activities over the year.

Ryde actively promotes both the club and masters swimming during the year by submitting articles to local newspapers, which were printed, and *Splash*. The club also maintains an attractive, up-to-date notice board at Ryde pool as well as maintaining its own Website – including a members-only section.

Club Sessions and Venues: Our regular training nights are Monday and Wednesday, 7:30-8:30 pm at Ryde Aquatic Leisure Centre. Wednesday night also includes a social gathering for tea, coffee and biscuits at the conclusion of the training session. The club was fortunate to have two regular coaches this year, Greg Lewin and Wendy Seale, who coordinated a mix of training sessions and drills preparing members for major events. Greg and Wendy also arranged a stroke technique workshop with the help of our casual coaches Vicki Watson and James Hubbard.

Interclub Meets: Members successfully competed in world, national and state competitions. Ryde won the Visitors Trophy at Wests Auburn carnival (first time ever), maintained third place in Division 1 BPS, and had five swimmers in the 'most active swimmers': Jamie Turner, Helen Rubin, Yvette Cotton, Natalie Clarence and Susan Leech.

Endurance: Our annual swim-a-thon was held at the Macquarie University pool. Individual swims were also done by a small number of members. Participation in ocean swims was also up.

Achievements of members: Jenny Whiteley won the 2012 Asia to Europe (Dardanelles Strait) 5km open water swim. Ryde currently has 5 national record holders: Jenny Whiteley, Natalie Clarence, Vicki Watson, Russel Ferguson and Christopher Lock; and 8 NSW record holders: Catherine Todd, Natalie Clarence, Ailsa Jeanes, Jenny Whiteley, Vicky Watson, Grant Whiteley, Michael Bradford and Christopher Lock. 13 of our women and 5 of our men featured in the National Top Ten this year.

Helen Rubin received an award for 'Distinguished Long Service' at the NSW Sports Federation Annual Sports Awards for her dedication and contribution to masters swimming. Helen also celebrated 25 years of swimming the classic *Bridge to Bridge* swim.

Christopher Lock won the Betty Grant Memorial Award. Daniel Pringle and Wendy Seale were recipients of the NSW Masters Volunteer of the Month award.

Social activities:

- Training and social activities were held at Nelson Bay on the June long weekend and Thredbo on the October long weekend. Club members thank Daniel Pringle and Susan Leech for organising these successful events. Both Tuggeranong and Bushrangers clubs were invited, and attended, the Thredbo training camp.
- Swim-a-thon to raise money for a charity, Amnesty International, and our club.
- A dinner was arranged for Tuggeranong and Ryde after our own carnival.
- Annual Xmas Party.

Ryde club members have participated in all of the above events in the spirit of **fun, friendship and fitness.**

Lesla Colburn
Secretary



SANDBERN SWIM TEAM

P.O. Box 1053, Sutherland 1499

Annual Report 2012

Membership

In 2012 we had 64 financial Sandbern members of which 59 were registered with Masters NSW. That's an increase on 2011 of 16% for Masters registered swimmers.

Club Sessions/Venue

We regularly swim at the Sutherland Leisure Centre. Sessions are 0800-0930 and 0930-1100 Mon – Fri, with an extra session from 0500 to 0700 on Mon, Wed and Fri. There are two evening sessions, Tue and Thu, 1830-2000. There is also a session on Sat morning 0730-0900. Our Club Coach, Yola Janic holds her Silver license and is a qualified Masters Coach. She plans our sessions around the next major competition we will be entering.

Carnivals

Sandbern members entered 9 NSW Masters BPS carnivals, which is a 50% increase on 2011. We also competed at the 37th National Masters Swimming Championships (Adelaide); the NSW Relays Carnival, the NSW LC (SOPAC) and SC (Woy Woy) Championships, the Nancye Mitchell Memorial Long Distance Carnival (Caringbah) and the NSW Long Distance SC Championships (Blacktown).

The highlight of the year was undoubtedly winning the NSW Relays Day at SOPAC in July. Our coach, Yola Janic and President, Ron Massaar put in many hours effort and hard work to organise our preparation for this day. The whole team trained very hard and performed extremely well on the day to earn a great victory for our small club!

In what was our first year in the Division 1 BPS Competition, we were very pleased to finish in 7th spot.

Social

During 2012 we enjoyed many social gatherings after training and carnivals, while the highlight was our annual Christmas lunch and presentation, which was very popular as usual.

Summary

Our members range from 21 to 85 yrs and cover all levels of swimming, but with one thing in common – we like to enjoy ourselves. We are very lucky to have a great venue at the Sutherland Leisure Centre and a great coach.

We are always keen to welcome new members, whether for fun, fitness or competition!

Paul Vallis
Secretary

Note: This will be the last Annual Report from “Sandbern Aquadot Swim Team”. We are now “Sutherland Sandbern Masters Swim Club”, soon to be Incorporated.



Annual Report 2012

The Pirate year started in unfamiliar territory when we decided to do an open water swim from Shelley Beach to Manly and back. The idea was to get some of us out of the pool and into the open water (and out of our comfort zone) but more than that we used it as an excuse for a family get together and BBQ. It was a great afternoon, the youngsters beat most of the Pirates back to the beach and we enjoyed some great food cooked by Paul and Matt Fuller, and I am pleased to say none of us were worried by the ocean wildlife.

At the AGM we saw a change of President, and we thanked Paul Slater for his hard work and achievements as President, and were extremely pleased to see him remain on the committee as club secretary. The Pirate Swimming Achievement award was presented to Sandi Rigby for her consistent improvement during 2011 and her dedication to training and the Club Member of the Year was present jointly to Rachel Ireland and Cathy Codling for their efforts in the pool and also on pool deck during 2011. We also presented the Club champions of 2011 with their trophies, these being the winners of the most points from the 3 rounds of Club championships held during 2011. The Club champions were Helen Wallace, Belinda Hall, Cecelia Wensing, Sandra Rogers, Jane Noake, Shane Batchelor, Biff Grindley, Sandi Rigby, Richard Burchfield, Andy Almenara, David Fernandez, John Bates, Staffan Wensing, Mark Patterson, Doug Smith, Vic Spagnardi and Bill Atkinson.

Staffan Wensing offered his services as a coach, while he recovered from a back problem and we soon started to benefit from his knowledge and skills he had been hiding since he joined Pirates, and he has been a welcome addition to our coaching crew of Graham, Richard and Rachel. Without the dedication of these coaches and some help from Matty, Batesy and Cap'n Mark and Pete Farrell during the year we would not be able to attain the goals we set ourselves. Thank you to our entire coaching crew from our members, we probably do not thank you enough, but we all appreciate your time and effort.

The Long Course Championships were held in March at SOPAC and we placed 2nd to Warringah Masters in 1st Division. We had 32 Pirates competing and there was some great racing during this Meet and some great feats none less than John Bates stepping off the plane on Saturday morning after swimming in the Olympic trials in Adelaide to compete in the 50m butterfly at SOPAC event 3 on the program.

Nationals in 2012 were held at the new Aquatic centre in Adelaide and we took a team of 10 to Adelaide including our 2 Dubbo Pirates who were part of some medal winning relay teams. The team had a great time during the Meet enjoying a team dinner one night with Melissa's parents, Phil and Leanne Beames who were responsible for many of the aspects of the Adelaide Nationals success.

The FINA World Championships were held again in Riccione in Italy and the Pirates were represented by Cathy, Rachel and Nacho, while Bill Atkinson was also in Riccione but representing another club. Cathy had set herself a goal early in 2012 to compete in Riccione and swim under 28 secs for the 50m freestyle, so this was the most anticipated race of the championships. In this electronic age we were able to watch the results unfolding on our computers, and I sat at work that afternoon and watched Cathy's age group compete until finally she swam in the last heat of her age group, and she won that heat, but had to be sure her rival who swam 2 heats before her had not bettered her time. There was much excitement not only in Italy but also in Sydney with many text messages and emails flying back and forth when it was confirmed that Cathy was the World Champion in the 50-54 years age group for 50m freestyle. Congratulations to "our Cathy" and the many other AUSSI's who competed and did well at this meet, there were many remarkable results.

Treasurer Biff finally entered hospital after the Clarence River carnival for her long awaited knee reconstruction and after a week or two was operated on again as the first operation was not a success.

Treasurer Biff finally entered hospital after the Clarence River carnival for her long awaited knee reconstruction and after a week or two was operated on again as the first operation was not a success.

Fortunately all the World Championships swimmers were back for the next event on our calendar the Relay Meet and we fielded a strong team of 38 relay teams, with some great results. Sandbern won this Meet for the 1st time, followed by Warringah, North Sydney and the Pirates. Our teams managed a couple of National records.

We again held three club championship events during the year, before the main championship events, to give ourselves some race practice and also enjoy the fun and friendship and of course the food which is always welcome after a Pirate event.

The Pirate carnival this year was held at the Knox pool and this was a fantastic success. We have tried a few venues over the past few years but we have settled on this pool as our home for our carnival in the foreseeable future, it is made for Masters carnivals. We started the program with a 400m freestyle as we felt there was a need for another 400m event in the Masters carnival and I don't think we were wrong. We hope to see even more Masters swimmers at the Pirate carnival in 2013.

Two days after our Pirate carnival on August 6th Paul entered hospital for an operation to replace a heart valve. The operation went well for a day, then unfortunately things went a little wrong and Paul was laying in the hospital fighting for his life with Biff sitting with him praying and giving him strength to fight. He opened his eyes on August 24th for the first time, but then it was many more weeks before he was able to leave the ICU and begin his rehabilitation into the world. Finally in January 2013 he has been able to return slowly to work and to the pool, and we are so very happy and thankful to have him back with us. We would also like to thank the rest of the Masters community for all your thoughts and wishes during this time, it was such a help to Paul and Biff to know how many people were thinking of them during this ordeal.

The Short Course Championships were held at the Peninsular Leisure centre with 24 Pirate swimmers plus Cathy who came up to officiate. We enjoyed a weekend up the coast with a great Pirate dinner on Saturday night. We placed third behind Warringah and Manly in a closely fought battle.

Socially we enjoyed a couple of family dinners at the Terrey Hills tavern, some great food provided by our "Pirate providores" after each club championship event and some breakfasts after training on the first Sunday of the month.

Mid December saw us challenge the Terrey Hills swimmers to a relay night, which was great fun and the results were fairly even, but again we enjoyed some fine food afterwards and hopefully persuaded some of the Terrey Hills swimmers to join Masters.

The final event of 2012 was the 100x100's which was held at the Knox pool on December 28th. There were 25 swimmers this year, Pirates and friends, various numbers of kms were completed but all agreed it was a great challenge.

2012 saw the launch of our facebook page which keeps everyone up to date with the club activities and is a great way to keep in touch with other Masters swimmers in NSW and Australia.

We are all looking forward to 2013 and the approaching NSW hosted National championships as well as many other Pirate events during the year.

My thanks to the coaches and the committee for all their hard work during 2012 and I look forward to a successful 2013 for all our members.

Jane Noake
President

Tamworth AUSSI Masters Swimming Club

Annual Report 2012

Our club cracked double figures this year with 13 registered members.

This was due to the arrival of the girls brigade consisting of Erika, Sharon, Leanne, Katie and Kate. Welcome aboard ladies. I look forward to your continued company for our swimming sessions every Wednesday night.

Our Wednesday night program of Training, Aerobic, Race/Time Trial, Drills and Stroke Correction continues to be rotated each week.

In April this year I headed to the Gold Coast to attend the ASCTA convention completing the Open Water Swimming Course as part of my ongoing accreditation as a swim coach.

Martin continued to keep Tamworth afloat with a few points by attending both long and short course carnivals throughout the year.

In December we headed to The View Restaurant at the local Golf Club for our annual Christmas party. The food and social atmosphere was enjoyed by all.

I look forward to continuing coaching you all in 2013 with some new weekly programs on the horizon.

Sonia Fawdry
Club Captain





Trinity AUSSI Masters Swim Club

Annual Report 2012

2012 Again saw falling numbers within our club. We have a core number of 29 members, which again was slightly down on last year.

At Trinity, we hold our club nights from 7pm to 9pm in the Trinity Grammar school pool at Summer Hill. During the night we have training and stroke correction for all level of swimmers provided by our coach and club captain, John Kulhan. This is followed by a few races to keep everyone in top form. On the last club night of the month we have a short program and then a light supper to keep us as social as possible. It is here that we discuss our swimming techniques and future events. Of course we also discuss the latest topics in the news and latest gossips.

During the year we held our annual carnival in September. Unfortunately due to falling numbers in our club, and the strain it puts on existing members, we have decided to hold the carnival every two years. That aside, the carnival on the day was a great success. We were blessed with great weather and all swimmers enjoyed the sunny weather and peaceful atmosphere outside. Again the lunch was provided by our social committee led by our club legends Judy Vassallo and Daphne Kulhan. Congratulations and a big thank you from all the swimmers.

Further we would like to thank all our members for all the work they put into making this carnival a success, because as you know a carnival does not happen without all hands on deck and helping. The 160 swimmers who turned up to swim can verify that.

Whilst our numbers were down, we still had a few swimmers participate at various carnivals and they acquitted themselves admirably. Hopefully, we can get a few more for next year. Although no records were set by our swimmers, they enjoyed themselves and were proud of their performances.

The aerobics program was participated by most members of our club with all those achieving new goals. Congratulations to all, especially John Kulhan who gained maximum participation points by completing every possible swim. We also had John compete in the 5km West Auburn swim. Congratulations!

At Trinity we are a social bunch and enjoy ourselves whenever we are out and about. This year we had our Christmas Party at Canterbury-Hurlstone Park R.S.L. We had a great night and we need to thank Daphne Kulhan for arranging it.

In conclusion we wish everyone in Aussi good health and keep up the swimming.

Regards
Geoff Murphy

Tuggeranong Masters Swimming ACT Inc.

Annual Report 2012

Tuggeranong Masters Swimmers have one again proved that “Fitness, Friendship and Fun” is what Masters Swimming in Australia is all about. We are a flourishing club with membership numbers continuing to steadily grow throughout the year to 76.

With 3 regular night time training session (Tuesday, Thursday and Sunday), a morning session (Thursday) and a couple of aerobic sessions (Tuesday and Saturday) throughout the week our members are not short of training opportunities to help them keep fit.

Once again it has been another very busy year for our members as they tackled the oceans, lakes and that never ending black line in the pool. The mighty Tuggeranong Vikings have proved that they are up for a swim anywhere and anytime. Great comradeship has been shown at the many events that we as a team have participated in and many friendships have been made.

We have had members competing at the following carnival events:

North Sydney BPS, Campbelltown BPS, Blacktown City BPS, NSW LC Championships, 1st ACT Interclub, 37th National Championships, Ettalong BPS, Wett Ones BPS, Trinity BPS, Hunter Festival of Sport, NSW Relay Championships, 2nd Interclub – Tuggeranong, Seaside Pirates BPS Meet, Manly BPS, Ryde BPS, Tuggeranong Challenge, Warringah BPS, Alice Springs Masters Games, NSW Short Course Championships, Hills Long Distance and the NSW Long Distance Championships.

As well as members participating in the following open water swims:

Tathra Wharf to Waves, The Great Sydney Swim, Lake Burley Griffin Swim, Cole Classic Ocean Swim, Jervis Bay Triathlon Festival, Sri Chimnoy Lake Swim, Sydney Harbour Swim, Broulee Bay to Breakers Ocean Swim, Bateman's Bay Ocean Swim, Hawaii Swim, August 2012, Sri Chimnoy Triple Triathlon, Wagga Wagga Ramp to Ramp Swim and the Sri Chimnoy National Capital Swim.

We have had great success at these events with Club, NSW and National Records being set and many Australian Top 10 times being achieved. Our success at these events is due to the tremendous effort put in by our members at our many training sessions and the dedication of our coaches, Jeanette Droop, Brenda Day, Tanya Day, Leisa Cass and Anne Smyth who put together the many varied programs for us to follow. Our coaches work hard at keeping us focused and motivated and have had to put up with us arriving late, whinging and whining, having a social chat when we should be swimming, getting out for toilet breaks and anything else we may throw at them.

Our other achievements in the pool over the past 12 months are made up of the Postal Swims and the Endurance Program.

This year we have had members participating in the following Postal Swims:

British Long Distance Swimming Association, New Zealand Northland Masters "The Wall", Bunbury Aussi Stingers, Tuggeranong Trifecta and Aqua Jets Taskmaster.

After a lengthy wait for the final results we were finally able to celebrate our successful year in 2011 with the Aerobics program. Gaining 5522 points and swimming a total of 822 KM we placed 2nd Nationally and 1st in NSW on Total Points gained and 18th Nationally and 4th in NSW for Average Points per Swimmer. A terrific result by our members who should be extremely proud of their achievements in the Aerobics program, especially Brenda Day, Lily Gilroy, Pam Munday, Ann Reid, David Bale, Adrian Davis, Kristen Leydon and Andrea Teunissen who completed the entire program. Members have been busily swimming through the Endurance 1000 program this year in the hope of holding onto our number one placing in NSW from last year.

As a club we hosted the Tuggeranong Challenge and the Tuggeranong Trifecta Postal Swim again this year. Although numbers were down a little from last year we were still happy with the outcomes of these two events and preparations are in place for the coming events in 2013.

On the "friendship and fun" side of Tuggeranong Masters Swimming we have had several social activities organised for our members over the past year. February 17th to 19th saw the Annual Surfing Weekend where a group of keen would be surfers enjoyed a weekend away at Longbeach in a large holiday house. After a treacherous journey on the Friday night members settled in and eventually enjoyed a surfing lesson on Saturday morning followed by a beer or two around the barby on Saturday night. A most enjoyable weekend away was had by all.

We have participated in two interclubs this year in March and July with Molonglo Water Dragons, which were organised by Gary Stutsel. These were a great way for the two clubs to come together and share in some friendly rivalry and enjoy a social get together afterwards at drinks/dinner.

Sadly in April we said farewell to Adrian Davis who has headed up north to a warmer climate. Adrian was a long standing member with a wicked sense of humour and an avid endurance program participant. We held a dinner at the Vikings Town Centre Club where members came and said their goodbyes. He has since joined Port Macquarie Masters, our loss their gain.

Dinner of the Decades was celebrated at the Turkish Grill in Wanniasa. This was a most enjoyable night with many Decade Birthday Celebrants in attendance. Once again we had to farewell one of our members as Philippa Rickard was preparing to head back to England. During Philippa's 15 months with us she represented the club at Club, State and National Level as well as tackling the lakes and oceans. Philippa also jumped on board as a committee member and took on the position of Publicity Officer as well as running a Butterfly Clinic before her departure back home to England.

The 2012 October long weekend saw a contingent of 8 Vikings attend the annual Thredbo Swimming Camp where once again we joined with Ryde Masters for 4 days of torture, for some anyway. With the NSW SC Championships only 3 weeks down the track the emphasis was on Sprint training, starts and turns. A fun game of Snakes and Ladders in the pool, and even adults try to cheat, kick started the weekend off. Once again another thoroughly enjoyable weekend with Ryde Masters and our new found friends.

In December we held our Annual Christmas Dinner and Presentation Night. Awards given out were:

- Gillian and David Buckley Encouragement Award – Pauline Rohan & Robyn Toms
- Judy Gallagher Memorial Award for Most Improved Swimmer – Atsuko McGowan
- Postal Swimmer of the Year – Ann Reid
- Swimmer of the Year – Pam Munday
- Iron Person of the Year – Kristen Leydon
- Club Person of the Year – Caroline Makin

The Vikings Rugby Union Club has continued to support us with the proceeds of the Friday night raffles in which we participate in four each year. They also provide us with a bonus grant in which this year we put towards some training toys and pace clocks.

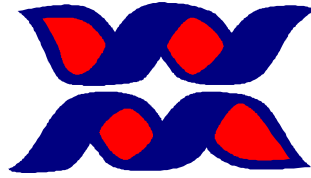
In February the Vikings Sports Award Dinner for 2011 was held. We had nominations in two categories:

- H.R. Heher Shield – Outstanding Achievement Senior – Pam Munday
- Chronicle Shield – Best Team Performance – Tuggeranong Masters Swimming

Both nominations were short listed and received a plaque. A group of Vikings descended on this event for a great night out.

On a committee level, this year has been quite challenging with Lakeside Leisure Centre coming under new management by The Club Management Group. Lane Hire Negotiations have been one of the major obstacles with the new management and it has taken some time to come to a successful and workable outcome with them. Our website provides a wealth of information about our club and keeps everyone informed of the comings and goings of our fantastic club. The Committee have done a wonderful job steering and propelling the Viking Boat forward and the club is going from strength to strength. Tuggeranong Masters Swimming has had a brilliant year in 2012.

Annette Britten
President



WARRINGAH MASTERS

Annual Report 2012

After a few years of stable membership our numbers increased from 103 at the end of 2011 to 114 at the end of 2012, only 3 short of our largest recent membership. Sixteen new members joined, and two old members rejoined, meaning that we only lost 7 members, which was our lowest year on year attrition rate for some time.

Nick Woodhams continued his role as Fitness Director with responsibility for the club's twenty coaches. The club trains twice weekly, on Sunday mornings and Wednesday evenings. The first hour of the Sunday morning session is devoted to the Endurance 1000 participants. On Sunday mornings we have at least three coaches on pool deck, each with responsibility for two or three lanes. We also had separate stroke correction workshops for each stroke, and a snorkel training technique session during the course of the year. Gordon Whyte runs the Wednesday night session, aided by one other coach.

Our success in the 2012 Division 'A' BPS Carnival pointscore competition was based on the sterling effort from four swimmers who placed highly in the individual pointscore; namely Cameron Jones (1st overall, and 1st in the 30 – 35 age group), Peter Kaupert (3rd overall and 1st in the 70 – 75 age group), Paul Bailey (6th overall and 1st in the 50 – 55 age group), and Graham Campbell (11th overall and 2nd in the 65 – 69 age group). In the championship carnivals, we retained the Short Course Championship, regained the Long Course Championship, but lost the Relay Championship to Sandbern.

New member Katie Nilan was the only Warringah member to break a national record during 2012, with a 50m backstroke time of 32.54s in the 30-34 years age group at the Branch Short Course Championships at Woy Woy. Five other members, Suzanne Levett, Ossie Doherty, Peter Kaupert, John Martin, and Stuart Meares broke Branch Records, and a further 16 members were in record breaking relay teams.

The highlight of the year for 8 of our club members was the XIV FINA World Masters Swimming Championships in Riccione in Italy. They came home with 13 top ten places, including a 2nd in the 50 free, and a 3rd in the 100 free for Max Van Gelder.

Fifty eight Warringah members appeared in the national Top Ten in 2012, with a total of 422 entries, including 64 first places. The most prolific were Patricia Appleby, Diana Moore, Violet Wilkinson, Peter Kaupert, Cameron Jones and Stuart Meares. Peter Kaupert achieved 15 first places. Forty four members participated in the Endurance 1000 aerobics competition, amassing a total of 6308 points. Peter Kaupert, and Paul Bailey both collected 1005 points by completing the whole programme.

Our thanks again go to Marilyn Earp for conducting CPR update courses for our coaches and other members who do not have the opportunity to remain proficient through work or their surf club. Stuart Meares and Tony Tooher continued to sit on the State Executive, and we appreciate the time they put into those obligations.

Our BPS Carnival, saw a slight increase in numbers over 2011, continuing a steady upward trend. The Aqua Shop in Gordon was again our major sponsor for the event with some very generous donations for our raffle prizes. The Warringah Aquatic Centre continues to support our activities, offering us every available opportunity to attract new members.

Warringah would again like to thank the Branch Executive, and Jillian Pateman for their help and encouragement throughout the year. In particular we do appreciate the huge amount of work Jane Noake and her subcommittee are putting in to organise the Nationals in 2013, and we are all looking forward to a successful carnival.

Wilson Gamble
President





Annual Report 2012

MEMBERSHIP

We had 26 financial members at the end of 2012. We lost long time Life Member Malcolm Heath to Melanoma in November. We average about 10 swimmers at most sessions, but thanks must go to our most regular stalwart, who is always on deck for timing, opening and closing - Maureen Hall. We are working closely with Dooleys (Lidcombe Catholic Club) and Brad at the Aquatic Centre to try and build our membership numbers.

CLUB SESSIONS & VENUE

We swim at the Ruth Everuss Aquatic Centre (Auburn) on Wednesdays at 7:00pm, Fridays at 7:00pm, and Sundays at 9:00am. During winter this year we swam at Birrong pool. We have a wonderful coach (Kerryn Blanch), who has provided all of us with individual programs to follow whenever we can get to a pool. We have six members with Bronze Medallion qualifications.

INTERCLUB MEETS

We were represented at nine BPS carnivals in NSW this year, as well as Nationals (Adelaide) and State (SOPAC, Woy Woy and Blacktown). Club officials were on deck at most carnivals (We have a large number of qualified officials).

WESTS BPS CARNIVAL – DEDICATED TO MALCOLM HEATH

A very successful carnival, with 22 clubs represented. The weather was good to us, and some great swims were completed. One World and one State record were broken. Next year we will hold a Long Distance Carnival.

WESTS POSTAL SWIM

We held our annual 5000m postal swim again this year. We had a better response than last year, with 18 individual swims and 38 relays. Our new event: the 4 x 1250m Individual Medley had a couple of swimmers. Malcolm Heath insisted on swimming 5000m Freestyle by himself, just months before he became ill with Melanoma. We hope for an even more swimmers in 2013.

ENDURANCE 1000

21 of our 27 members participated in the National Endurance 1000 Scheme (78%), giving us a total of almost 7000 points, at an average of 328. One member (Michael Parkinson) scored maximum points, while Cassie Anderson, Kerryn Blanch and Hillary Morrison competed in all swims. Malcolm Heath scored 591 points, even in ill health.

CLUB COMPETITIONS

We run two competitions within the club. One is a short distance point scoring competition (200, 100, 50, 25m) where eight swims per month score points. The other is a club record breaking competition which was very keenly contested this year.

ACHIEVEMENTS

Most of our swimmers will have their times entered for the Top Ten competition.

SOCIAL ACTIVITIES

Our presentation day was at Wayne & Azizah's pool in Old Toongabbie. Our Christmas party was at our favourite local pizzeria. We venture to Dooleys (Lidcombe Catholic Club) every first Friday of the month (after swimming), and for pizza every third Friday of the month.

Terry Gainey

Treasurer





Annual Report 2012

Committee 2011-2012

The following committee was elected at the AGM in 2011 to be committee members 2012:

President	Ryan Bennett
Vice President	Pascal Blanquer
Secretary	Frank Markus
Treasurer	Daniel Henzi
Registrar and Race Secretary	Vassili Efimov
Female Swimmers Representative	Lindy Woodrow
Male Swimmers Representative	Frank Markus
Safety Officer	Scott Abbot
PR and Fundraising	Ulrich Schild
ABC Coordinator	Scott Abbot
Social Secretary	Not filled
Non-Portfolio	Nick Taylor
Non-Portfolio	Andrew Glenn Thayer

Membership 2012

The club consisted of 93 members, including 17 female swimmers as at 19 October 2012, which is an increase of 8 members from the end of last year, including an increase of 3 female swimmers.

Treasury

The club ended the financial year with total assets of \$14,295, a reduction of \$3,025 for the year. The Wett Ones incurred significant expenses this year, including approximately \$4,750 for the 20th Anniversary Party.

Carnivals

As at 20 October, the club had scored 2586 points which puts us in 1st place in Division 2. This represents an increase of approximately 1000 points from the 2010-2011 season, which is a fantastic result.

The Wett Ones participated in 17 carnivals throughout the year. The Wett Ones finished 1st at our own Carnival and 1st at Gosford swim carnival, 5th in North Sydney and 6th at Trinity. The Wett Ones Carnival was again a great success for the club with a record number of registrants (209).

Individual results

The Wett Ones had 34 members ranked in the National and State Top 10 for their age group:

National and State – Blandine Vallee, Lou Lou Stanley, Tracey Clay, Catherine Rogers, Tristan Hartley, Luke Bennett (1 x 1st placing), Corey Buckman (1 x 1st placing), Nori Fujikawa, Pascal Blanquer, Ryan Bennett, Vassili Efimov, Haydn Wood, Scott Robinson, Wayne Sherson, Lawrence Powderly, Brad Cherrie and Peter McGee.

State only – Megan McLachlan, Lindy Woodrow, Josephine Donnelly, Cecily Black, Belinda Hurdis, Marcus Svensson, Oscar Perez-Concha, Denis Matveev, Matt Webster, Darryl Smith, Ruairi O'Connor, Mark Montgomery, Adrian Lim, Nick Ward, Stephan Hendriks, Kevin Ryan and Ken Ryan.

In addition, many club records were set over the course of the year and several of our swimmers improved on numerous personal best times.

Coached swimming – Sydney University

We had three coaches for the 2011-2012 season at the Sydney University Sports and Aquatic Centre, all also being active members and swimmers with the club. Thanks are extended to Danny Crowe, Catherine Rogers and Vassili Efimov. The coaching programme during 2011-2012 was geared towards swimmers preparing for our selected target carnivals as well as some targeted stroke improvement work.

We were delighted and proud when Danny Crowe won not only the NSW Masters Coach of the Year but then went on to win the Masters Swimming Australia Coach of the Year.

Andrew Boy Charlton Saturday Morning Swims

Thanks to Scott Abbot, Bill Dunk and Bob Nagel for running the Andrew Boy Charlton sessions on Saturday mornings during the 2011-2012 season.

Communications

The website (www.wettones.org) acts as a primary means of communication with our membership, together with our Yahoo Group email list and our Facebook page.

Safety

The Wett Ones organised a CPR training course in 2012 for members and coaches. No safety incidents were reported at training sessions this year or at the 2012 Carnival. Further details are provided in our annual Safety Report

Social & fundraising

Wett Ones' primary fundraising activities were once again a Bunnings BBQ and the Wett Ones BPS Carnival. One Bunnings BBQ was held in October 2011. The club wishes to thank all those members who organised and assisted in running the BBQ, which raised approximately \$1,300.

Wett Ones also wishes to thank all of our generous sponsors, including Sydney University Sports and Aquatic Centre, George Skoufis Optometrist, Dr Wayne Sherson & Associates Dentists, Palace Cinemas, Poolside Café at Andrew Boy Charlton Pool, The Biathlon at the Boy, The Tilbury Hotel, Gelworks and Bondiman for their financial contributions and donations. We are very grateful for your support.

Several social activities were planned throughout the year in addition to our regular pub nights, held after training on Wednesdays. The Wett Ones 20th Anniversary Party was held in November 2011 with approximately 80 people attending this very significant event. Other social activities included our "annual" Sculptures By the Sea walk, a stay at Pearl Beach in conjunction with the Central Coast BPS Carnival and a social BBQ hosted by Wayne Sherson. Thanks to everyone who helped make these and other events happen.

Merchandise

The club purchased new club uniforms in 2012 including singlets, two types of t-shirts and hoodies. These proved very popular and the club has basically sold out of stock.

Ryan Bennett
President

Pascal Blanquer
Vice President



MASTERS SWIMMING

President:	Lynne Matthias
Secretary:	Robin Henze
Treasurer:	Doreen Walton

All Correspondence to Secretary: 11 Camden Street, BALGOWNIE 2519

Annual Report 2012

2012 has seen the club remain stable with our numbers and some members have attended a number of club meets, and I'm happy to report our club won a 200m Women's Medley relay 200+ at Pirates carnival in early August. I'm sad to say we are not doing as well in the point score this year as we did last year, at this stage we are 5th in Division 3. Some members attended the state carnivals and had pleasing results and Karline Lindsell represented our club at the 14th World Masters Championships held in Riccione, Italy in June. I'm sure the experience was valuable and enjoyable and she was happy with her results in the pool.

We are still meeting at Corrimal pool on Sunday mornings and had potential new members show interest at joining us, thanks to an ad notice in our local paper organised by Karline Lindsell, but unfortunately no one has joined.

The 38th National Masters Championships are being held at SOPAC next April, our club has 'shown interest' in doing our small part in volunteering to man the medals table for the first two days of the meet.

We have enjoyed a few social events thanks to the social committee and with summer approaching I'm sure there will be more.

As always, thank you Sue, for all your hard work and dedication as an official at Club, State and National competitions and also the executive officers for their supported.

I'd like to wish everyone a happy and safe Christmas and New Year, and I hope next year brings everyone health, happiness and great results in the pool.

Lynne Matthias
Club President



Annual Report 2012

The year 2012 has had its many ups and downs. Where do I start? The enthusiasm and commitment of our dedicated members is well and truly keeping our little Club afloat and I personally would like to say thank you.

Membership has stayed stable with 26 members registered. The recruiting drives had created some interest but sadly everyone now days are so busy with commitments to family and other interests, swimming gets put on the back burner. I must say our core of dedicated members reflects the motto of our wonderful Club. Fun, Fitness and Friendship is the number one priority.

Club night on Mondays is well attended with the average 14 members attending each week. To Julia, even though you missed a number of sessions, you still made your lovely cakes and sent them along. Thank you, we all look forward to them after our workouts especially the chocolate treats.

Carnivals: A number of our members have had serious health issues and others have had well earned O/S trips so representation was down on previous years. To Pam Martin, Ron Cowley, George Brown, Natalie Jeffreys, Jade and Julian Mifsud, Jennifer White, thank you for flying the Wobbies colours at many meets over the year.

On the social side our annual picnic to Sandy Bay in January was a very pleasant day for all those who attended, and everyone agreed it is a must for at least once each year from 2013.

Christmas we celebrated at the good old Chinese at Toukley where we took over the restaurant and had a very enjoyable night .

To our hard working committee, Treasurer Bonnie Cook you do a fantastic job chasing money and keeping our books in line. Greg Martin Secretary/Race Secretary making sure we were well informed and up to date chasing entries for swim meets etc. Ellen Sherrin Register and George Brown for stepping up to help. Our thank you.

The Club meet at Toukley Aquatic Centre, Header Street Toukley on Monday evenings 6.30 to 7.30 followed by lovely cakes and chat. Other training sessions our members attend are the Adult Fitness Squads organised by the pool on Tues/Thurs evenings 6.30 to 7.30.

Wyong would like to thank all those in the running of the State body for providing us the opportunity to compete in the sport we all love and wishing you well in hosting the Nationals at Homebush in 2013.

Ruth Wall
President

CLUBS THAT DID NOT SUBMIT AN ANNUAL REPORT FOR 2012

Bidgee Masters
Bush Rangers
Camden ASC
Castle Hill RSL Masters Swimming Club
Cessnock Masters
Dubbo Redfin
Georges River Bullsharks
Hunter Masters
Lake Macquarie Crocs Masters Swimming
Liverpool Leatherjackets Masters Swimming Club
Maitland AUSSI Masters
Molonglo Water Dragons
Nelson Bay Dolphins
Port Macquarie Masters Swimming
Prairiewood AUSSI
Shoalhaven Seahawks
Singleton Masters
St George Masters
Tattersalls Club
Terrey Hills Terriers
Werris Creek Masters
Y Valley