



**MASTERS
SWIMMING**
New South Wales

MASTERS SWIMMING NSW INC.

2011 ANNUAL REPORT

Life Members:

Brian Hird
Sue Johnstone
Beryl Stenhouse
Gary Stutsel
Helen Rubin
Jane Noake

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PRESIDENT'S REPORT 2011

I consider Masters Swimming NSW to have undergone a slight facelift in 2011, with many new faces appearing at our carnivals, new clubs competing and doing extremely well, a new administrator, a push for new officials, some new coaches, a couple of new pools being used, and a very enthusiastic team of people working towards the National Championships in 2013.

In the middle of the year Di Coxon Ellis retired from the administrator's position of Masters Swimming NSW. Di had been in this position for just on 13 years and had seen many changes during this time. Her knowledge of the organisation and its members and her passion for her position were unquestionable and while we were sorry to lose her, we wished Col and Di best wishes for their retirement and watch with envy at the trips they intend to make in the next few years. We are fortunate that Di has Masters Swimming in her blood and she intends to stay active as an official and later in the year offered her services as Coaching Director, so it was goodbye, but see you soon.

Jillian Pateman took over as our administrator in late July and even though there was much to learn she slipped into the position and has quickly stamped her mark on the job. She is a quiet achiever and has made a few subtle changes, but continues to grow every month and we look forward to many years of "fun and friendship" with Jillian in the office and on the end of the phone.

Our Long Course championships returned to April at SOPAC, and our Relay Meet returned to a short course Meet in the diving pool at SOPAC. Both were well attended, showing us that our swimmers still enjoy swimming at SOPAC, the best pool in Australia. Our Short Course championships were held at CISAC in Canberra, another great pool, and allowing our ACT members to come out in force, and this is great for our organisation. Our long distance meet was held as a short course event at the Kurri pool, again a day of many records.

At the Long Course Championships we presented the Ian Davis award for the first time to a very worthy winner chosen by the NSW Board in Owen Sinden. The award is presented to a swimmer under the age of 60 years who promotes Masters Swimming, shows improvement in his/her swimming, is involved in many ways in Masters Swimming both at club level, State or National level and promotes "Fun, Fitness and Friendship" just as Ian did over many years. The inaugural award was presented by Ian's partner Jerry and Ian's Mum and it was a very emotional presentation. Our sincere congratulations to Owen, a truly worthy winner.

We were extremely proud to have Noel Partridge, the NSW official of the Year named as the Australian official of the year at the Nationals in Perth. Noel is a non swimmer and is at most swim Meets and can always be seen with a smile on his face getting the swimmer behind the blocks either in the marshalling area or at check starting. He also spends much of his time running officials courses and helping in the reaccreditation of officials, and when he is not doing all of those jobs he is encouraging people to join Masters swimming.

I would also like to mention Gary Stutsel, who had some well documented illness's during 2011, but has bounced back better than ever, not only in the pool, but on pool deck and also in his role as NSW technical director and on the Australian technical committee. Gary was named in the International Masters Swimming Hall of Fame during 2011, only the second non American to achieve this honour. Gary has been at the heart of Masters Swimming in Australia since the start and has made extraordinary contributions to every facet of our sport. It is a great honour and one that is truly deserved, we are all very proud of Gary's achievement.

We lost a number of Masters Swimming members during 2011, all of whom will be remembered fondly by their clubs and by the people who knew them. Each one made a contribution to our sport and our thoughts are with their families and friends.

As mentioned earlier some of our newer clubs were prominent in the results of carnivals and awards and it is great to see so many new faces at carnivals It was also pleasing to see some of the smaller and newer clubs increase in membership over 2011.

For our organisation to grow and prosper it is important that more people become involved and we welcome those members who have put up their hand at club level and on pool deck to be part of the organisation. While we have a terrific team of officials in NSW we are always in need of new blood. I know myself that it is not always easy to volunteer as you are not sure what you are getting yourself in to, but if you would like to put up your hand in any way, talk to anyone on the Board, or any of the officials on pool deck, they will point you in the right direction.

With that in mind we have an enthusiastic committee organising the National Championships 2013, which are to be held in Sydney on April 17-20th 2013 at SOPAC. Our aim is to run the most memorable Nationals so that people enjoy their time in Sydney. All the events will be centred around Olympic park to make it easy for everyone to participate without travelling too far. We are having some

trouble finding sponsorship, which is not uncommon in Sydney. If anyone has any contacts or any ideas please contact Jillian in the office with details, as we need sponsorship to help with costs. We will also need lots of help and will be calling for volunteers towards the middle of this year to fill some of the many positions we will need to run a great championship.

A number of our swimmers will be competing in the World Championships in Riccione in Italy later in the year, good luck to you all and enjoy the experience.

We have already had a number of great results in 2012, so this is looking like a great year in the lead up to the Nationals. Enjoy 2012 and train hard for our Nationals in 2013 where we show Australia how to have a good time.

Yours in swimming

Jane Noake



Office of
Communities
Sport & Recreation

COUNTRY VICE PRESIDENT'S REPORT 2011

Of the twenty-three meets and Championships in 2011, ten were outside the Metropolitan Area of Sydney. The Long Distance Short Course was held at Kurri Kurri and the Branch Short Course in Canberra.

25 clubs attended BPS Meets and Championships in 2011.

The 23 sanctioned meets, including championships and Hunter FOS, are in the figures below. There were two additional meets in Canberra. The table shows the clubs which had swimmers at these meets. It does show an interesting pattern – a wide spread across the branch, and a cluster of attendances from clubs in the Hunter, North and Central Coasts who continue to support each other as best they can. Not included is the cluster around the ACT where the local clubs have organised challenges during the year and have had visitors from Sydney swim with them. Well done. These ideas are being developed and encouraged to ensure our clubs are viable and we continue to grow interest and numbers.

Congratulations to the clubs involved.

Club	# of Meets	Club	# of Meets
Cessnock	21	Raymond Terrace	13
Novocastrian	21	Port Macquarie	11
Gosford	20	Nelson Bay	10
Tuggeranong	16	Oak Flats	10
Blue Mtns Phoenix	15	Lake Macq. Crocs	9
Wollongong	15	Maitland	8
Ettalong	14	Myall Masters	8
Wyong Wobbygongs	14	Shoalhaven	8

1 club attended 6 meets, 6 clubs attended 2 meets and 2 attended 1 meet.

Clubs Online has been an issue for some clubs, but it is the way Masters Swimming Australia has moved forward. Club members take the responsibility for their own membership and it reduces the work for the volunteers that run our clubs. Club registrars can take on the role for those without internet access / no credit card, etc. It is a club decision. Options are available and Jillian is the person to contact for assistance. The branch's new website will be up in early 2012.

Please use the Country Vice President email on the web site or snail mail to the Administrative office for suggestions, ideas and feedback that you would like considered by the Board. Our clubs and members need to be informed and contribute to our processes.

2012 is the lead up year to NSW hosting the National Championships – in 2013. Our President, Jane Noake, and the sub-committee have been working hard on these Championships in 2011.

Yours in swimming.

Neil Keele

NATIONAL BOARD DELEGATE'S REPORT 2011

Delegates Report - National General Meeting, Melbourne 15th October 2011

I attended my first General meeting as the NSW Delegate to represent the views of NSW/ACT members.

Key items of discussion were:

Membership

GM's report tabled, and it suggested that there was a small reduction in membership in 2011. The take up of forty 18 - 25 members across Australia was favourable and the meeting was pleased with the progress made in this age group.

Facebook & Twitter use building – happy to take any news and articles to share via MSA, newsletters etc. Using Google Alerts to find any mention of Masters Swimming in Australia.

SAL Relationship Development – Govt pressure for SAL to expand their activities beyond the elite swimmers – more encompassing the whole community, hence SAL clubs are being encouraged to develop masters clubs within where appropriate eg “one club philosophy”. Some discussion has taken place with SAL and both are to explore some issues/benefits. Positive feedback received from Queensland Masters. Some negative feedback received from a Victorian club, whilst MSSA have seen a couple of “One Clubs” formed, and as they grew, they effectively broke away as a separate club in the end.

An intensive training program for Registrars and Secretaries over the previous 6 months led to an improved Online Registration of membership since the September Portal opened.

Finance Report

The Finance Director reported on cost savings achieved through salary changes, travel & accommodation, and other office operations & spending, and forecast a surplus for the year.

Special Projects for 2012 with expenditure of \$19,560 were budgeted and approved by the meeting.

Discussion on the increase in the Sanction Fee for National Championships was held and whilst NSW spoke against the increase to take effect when NSW hold the event in 2013, it was carried that the fee be increased effective 2013 and CPI applied thereafter.

Various Branch Reports were tabled.

Records Committee

Recorder reminded branches of the procedures and rules where a world record for a form stroke cannot be set in a Freestyle event, and also that a world record cannot be set in a SAL or Games event, nor can it be included in FINA Top 10, but it can be included in MSA Top Ten.

Endurance Program – An update on the progress to date was given, with everything expected to be in place by January 2012.

Notices of Motions – Some further minor constitution changes, many around wording eg position titles and program names, were put with most carried unanimously, and some defeated. One motion put by Victoria around nominations for Official of the Year, was that the nominee not necessarily be a current MSA member. The motion was defeated.

National Championships

Perth Report 2011 – Congratulations passed on for a successful event held in April 2011.

South Australian Report 2012 – Planning was well underway and the new venue was tested during the Australian Masters Games.

NSW 2013 – Report delivered, planning underway, and discussion on program options. It was recommended that local clubs support the Welcome Function and Presentation Dinner as it was disappointing for interstate members who make an effort to attend, and the locals don't.

Generic medals were discussed and agreed to proceed on this basis from 2013, with the hope of some cost savings.

OWS Committee Report – Discussion around establishing an OWS Organisers manual, and proposed rules.

Promotional Material – MS Queensland have produced a range of promotional material, including Posters and a DVD with Daniel Kowalski. Each branch was given a copy of the material.

MSA Strategic Plan Discussion

2011 Membership statistics and initiatives for the future

- Exit survey option
- One Club memberships

National Championships – Is it serving the sport well?

Discussion on program, generic medals, is it viable to remain a state based event or nationally consistent event? Different views expressed by different states on programs.

Postal Swims – Agreed that the National Office should actively promote the existing Postal Swim Program.

Next meeting: April 2013 after the National Championships.

Stuart Ellicott
NSW/ACT Delegate

ADMINISTRATOR'S REPORT 2011

Governance

Masters Swimming NSW is governed by a Board of seven members assisted by position holders and project teams in Endurance, Coaching, Marketing & Club Development, Technical Officials and Technology (IT). MSNSW offices, located at Sports House in Sydney Olympic Park, are rent free; we pay for outgoings. Funding was again granted and allocated to a Go Country scheme as travel and accommodation subsidies to enable regional members and country officials to attend branch championships. 2011 was the year when NSW/ACT went fully online with Clubs Online, requiring all renewing members to pay online. There was some small resistance and unwillingness to comply with those concerns addressed at both Club and Branch levels.

The Board meets on the third Monday evening of each month and the meetings are open to MSNSW members.

Promotions

Club Development/Marketing Project Team

Club mentoring is a function of this team and the focus is on mentoring regional clubs and new clubs. Marketing was again combined with the club development team, a new poster was finalised and sent through to all NSW/ACT clubs and the ground work started for the hosting of the 2013 National Swimming Championships.

This team is meeting monthly and the workload will only increase. Volunteers are welcome if you think you have some expertise to offer.

Coaching Education and Training Project Team

Sadly for NSW/ACT Vicky Watson had to stand down from her role as Branch Coaching Director. The Branch advertised to all clubs for a volunteer and managed to entice Di Coxon-Ellis out of retirement to take on the major task that the Board rates so highly. Throughout 2011 it was known that a new Coaching course was being written so courses were put on hold waiting for the new format.

Programs & Activities

Aerobics Project Team

Formed in 2010, this team embarked on a schedule to suggest improvements to the current national program and has some great ideas. At the annual presentation luncheon, all MSNSW swimmers who gain maximum points and those who complete all events are awarded embroidered towels. Twenty clubs participated in 2011 with 224 swimmers. Maximum Points trophy went to Tuggeranong, Campbelltown second and Novocastrians third. Castle Hill RSL club achieved the amazing result of 100% participation while the Average Point score per swimmer was again won by Campbelltown.

Again, difficulties were experienced by half the clubs in respect to the downloading / installation of the aerobics program which necessitated manual entry of these clubs' swim details. The new system is eagerly awaited by all.

IT/Communication Project Team

The IT team post swim meet programs on the website before the meets and list results promptly after each meet. *Splash*, the MSNSW quarterly newsletter, is available on the web; hard copies were mailed to the small number of members who opted to receive it in that form. Communication with clubs is also mainly electronic via a branch *Monthly News* and associated documents. These documents are also posted on the website each month.

The volunteer team spent over six months working towards the upgrade of the website.

Safety

The Branch Safety Coordinator continued to ensure that clubs follow the national safety guidelines, particularly in completing Incident Report Forms at all club and interclub activities. The importance of safety for Masters Swimmers is recognised as an essential part of our meets and all Meet Directors are mindful of safety regulations and requirements.

Technical Project Team

The National/Branch Technical Director, Gary Stutsel, was honoured with inclusion into the International Hall of Fame for his contributions to Masters swimming, both in Australia and internationally. He is only the fifth person and the second non-American to achieve this honour!

The Branch Training Coordinator organises training courses on request and provides support and continuing education for all technical officials.

2011 was the year for all qualified Chief Timekeepers in Masters Swimming NSW to undertake Re-accreditation workshops. Seven workshops were conducted across the state in various locations. Congratulations to the eleven new officials who gained their accreditation in 2011.

Thanks to the members of this project team and all those who coordinated and presented courses during the year, MSNSW continues to have a healthy base of officials.

Top Ten System

The web-based Top Ten system continues to be an invaluable source of up-to-date information on member's results, Top Ten rankings and records. The database is updated from swim meets throughout the year, and additional manual entries are added at the end of the year from club time trials and non-AUSSI meets.

Swim Meets

23 sanctioned meets were held throughout the NSW and ACT in 2011. This was made up of 10 long course and 13 short course meets.

Branch Long Course Championships were held at SOPAC over two days in April (333 entries from 41 clubs).

The Branch relay meet in July also held at SOPAC, but in the Diving Pool, attracted 317 swimmers from 17 clubs.

The Branch long-distance short-course championships were held in August at Kurri Kurri, attracting 95 swimmers from 28 clubs.

The 2011 Branch short-course championships were held in October over two days at CISAC in the ACT. They attracted 260 competitors from 38 clubs.

Acknowledgements

A major change for NSW in 2011 was the retirement of Administrator Di Coxon-Ellis after thirteen years in the position. Both clubs and individual members have recognised the service provided by Di with her standard efficiency and humour. Experience can't be under-rated and Di seemed to know everything and everyone. I stumble now on matching names to clubs and clubs to codes. It's taking me a lot longer to do things that Clubs are used to having done instantly but I am getting there and it is often with much laughter that members have guided me to the right answers.

It is with great pleasure that Di has been welcomed back in the role of Branch Coaching Director.

We have two dedicated members who volunteer their time on a regular basis to assist in the branch office, namely Kevin Stirling and Jamie Turner. While both willingly turn their hand to any task most often you will find Kevin delving through the filing cabinets, sorting and culling then creating an archive system and listing all on the laptop. He probably has ten years work to go! Jamie is always a breath of fresh air when she rushes in to help with lists, banking, collating, sorting and generally assisting in every way then she rushes off again.

We again had the assistance of Volunteering NSW at branch championships with timekeeping and running and are most appreciative of their presence.

Many thanks also to the National General Manager and Operations Manager for their great support during 2011 particularly assisting me as I learn the ropes, often on a daily basis. As much as clubs are learning the online system so am I so it has been very much a hand in hand approach when I've been called upon to sort out a Clubs online glitch.

My first six months was like surfing a very high wave and now I look forward to cruising through calm waters becoming much more streamlined in my capacity to assist all NSW/ACT clubs. Thank you for your patience.

Jillian Pateman

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472**

TREASURER'S REPORT

**To the Members of
The NSW Association of AUSSI Masters Swimming Clubs Inc.**

I have pleasure in submitting the financial report for the year ended 31 December 2011. Whilst the report gives a clear view of the result for the year and of the financial position of the association at year end, I would like to make the following comments.

The activities of the association throughout the year resulted in a surplus of \$17,311 which was up on the previous year due to an increase in the surplus at carnivals, member registrations, interest received and the government grant. Expenses for the year rose slightly.

The surplus has allowed the association to strengthen its asset base with net assets of approximately \$189,720 and liquid funds of \$194,271.

I would like to thank the Executive Committee and office for their hard work and assistance throughout the year.

Stuart Meares
Honorary Treasurer

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.

**INDEPENDENT ASSURANCE PRACTITIONERS REVIEW
REPORT TO THE MEMBERS**

Report on the 2011 Financial Report

We have reviewed the accompanying 2011 annual financial report of The NSW Association of Aussi Masters Swimming Clubs Inc, which comprises the balance sheet as at 31 December 2011, and the income statement, statement of changes in equity and cash flow statement for the year ended on that date, the notes to the financial statements, other selected explanatory notes and the declaration of the board of management.

Board Members Responsibility for the 2011 Financial Report

The board of management of the Association are responsible for the preparation and fair presentation of the 2011 financial report in accordance with The Associations Incorporation Act New South Wales. This responsibility includes establishing and maintaining internal control relevant to the preparation and fair presentation of the 2011 financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances.

Assurance Practitioner's Responsibility

Our responsibility is to express a conclusion on the 2011 financial report based on our review. We conducted our review in accordance with Standard on Review Engagements ASRE 2400, *Review of a Financial Report Performed by an Assurance Practitioner Who is not the Auditors of the Entity* in order to state whether, on the basis of the procedures described, anything has come to our attention that causes us to believe that the financial report is not presented fairly, in all material respects, in accordance with The Associations Incorporation Act New South Wales. ASRE 2400 requires us to comply with the requirements of the applicable code of professional conduct of a professional accounting body.

A review of a 2011 financial report consists of making enquiries, primarily of persons responsible for financial and accounting matters, and applying analytical and other review procedures. A review is substantially less in scope than an audit conducted in accordance with Australian Auditing Standards and consequently does not enable us to obtain assurance that we would become aware of all significant matters that might be identified in an audit. Accordingly, we do not express an audit opinion.

Independence

In conducting our review, we have complied with the independence requirements of the Institute of Chartered Accountants in Australia.

Conclusion

Based on our review, which is not an audit, nothing has come to our attention that causes us to believe that the financial report of The NSW Association of Aussie Masters Swimming Clubs Inc. does not present fairly, in all material respects, or give a true and fair view of the financial position of the Incorporated Association as at 31 December 2011, and of its financial performance and its cash flows for the year ended on that date, in accordance with the financial reporting requirements of The Associations Incorporation Act of New South Wales.

W.W. VICK & CO.

Chartered Accountants

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Peter P. Vlahopol
Partner

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

INCOME STATEMENT
FOR THE YEAR ENDED 31 DECEMBER 2011

	2011	2010 \$
<u>INCOME</u>		
Registrations - State	42,863	39,730
Surplus at Carnivals	10,292	5,794
Other Income	1,227	211
Affiliation Fees	2,330	2,120
Interest Received	9,082	7,107
NSW Government Grant	20,000	15,000
<u>TOTAL INCOME</u>	85,794	69,962
 <u>EXPENDITURE</u>		
Administration & General Expenses	3,587	2,631
Aerobic Production	1,029	1,170
Affiliations Fees - National	204	225
Bank Charges	108	278
Coaching Costs	270	197
Computer Expenses	4,044	3,521
Depreciation	469	405
Employee Entitlements	-	2,465
Insurance	277	274
Membership & Officials' Development	2,506	1,791
Newsletters	2,546	2,958
Postage	700	1,271
Printing & Stationery	1,790	2,034
Review Fees	1,980	2,160
Salaries & Wages	44,025	42,306
Superannuation	3,762	3,808
Telephone	499	493
Top 10 Production	687	
<u>TOTAL EXPENSES</u>	68,483	67,987
 <u>PROFIT BEFORE INCOME TAX</u>	 17,311	 1,975
Income Tax Expense	-	-
 <u>PROFIT FROM OPERATIONS</u>	 \$17,311	 \$ 1,975

The accompanying notes form part of this financial report.

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

STATEMENT OF CHANGES IN EQUITY
FOR THE YEAR ENDED 31 DECEMBER 2011

	NOTE	RETAINED EARNINGS	RESERVE - BETTY GRANT LEGACY	CORPUS	TOTAL
		\$	\$	\$	\$
Balance 1 January 2010		168,902	1,000	532	170,434
Profit/(Loss) attributable to the members - 2010 year		1,975	-	-	1,975
Balance 31 December 2010		<u>170,877</u>	<u>1,000</u>	<u>532</u>	<u>172,409</u>
Profit/(Loss) attributable to the members - 2011 year		17,311	-	-	17,311
Balance 31 December 2011		<u><u>\$188,188</u></u>	<u><u>\$ 1,000</u></u>	<u><u>\$ 532</u></u>	<u><u>\$189,720</u></u>

The accompanying notes form part of this financial report.

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

BALANCE SHEET
AS AT 31 DECEMBER 2011

	Note	2011 \$	2010 \$
<u>CURRENT ASSETS</u>			
Cash	4	194,271	192,360
Debtor - NSW Dept Sport		20,000	20,000
Inventories		728	1,080
<u>TOTAL CURRENT ASSETS</u>		214,999	213,440
<u>NON-CURRENT ASSETS</u>			
Plant & Equipment at Cost	5	4,901	3,252
<u>TOTAL NON-CURRENT ASSETS</u>		4,901	3,252
<u>TOTAL ASSETS</u>		219,900	216,692
<u>CURRENT LIABILITIES</u>			
Creditors & Borrowings	6	30,180	33,809
Provisions	7	-	10,474
<u>TOTAL CURRENT LIABILITIES</u>		30,180	44,283
<u>TOTAL LIABILITIES</u>		30,180	44,283
<u>NET ASSETS</u>		\$189,720	\$172,409
Reserve - Betty Grant Legacy		1,000	1,000
Retained Earnings		188,188	170,877
Corpus	8	532	532
<u>TOTAL MEMBERS EQUITY</u>		\$189,720	\$172,409

The accompanying notes form part of this financial report

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 DECEMBER 2011

	Note	2011 \$	2010 \$
CASH FLOWS FROM OPERATING ACTIVITIES			
Receipts		105,080	74,671
Payments to suppliers and employees		(103,236)	(96,037)
Interest Received		9,082	7,107
Nest cash provided by/(used in) operating activities	A	<u>10,926</u>	<u>(14,259)</u>
CASH FLOWS FROM INVESTING ACTIVITIES			
Sale of/(Payments for) plant and equipment		<u>(2,147)</u>	<u>(595)</u>
Net cash provided by/(used in) investing activities		<u>(2,147)</u>	<u>(595)</u>
CASH FLOWS FROM FINANCING ACTIVITIES			
Net Proceeds/(Repayments) of National Registrations Payable		<u>(6,868)</u>	<u>6,868</u>
Net cash provided by/(used in) financing activities		<u>(6,868)</u>	<u>6,868</u>
NET INCREASE/(DECREASE) IN CASH HELD			
Cash at Beginning of Financial Year		1,911	(7,986)
Cash at End of Financial Year	4	<u>192,360</u>	<u>200,346</u>
		<u>\$194,271</u>	<u>\$192,360</u>

NOTES TO THE STATEMENT OF CASH FLOWS

A. RECONCILIATION OF CASH FLOWS FROM OPERATING ACTIVITIES WITH OPERATING SURPLUS

Surplus	17,311	1,975
Non Cash Flows in Surplus		
Depreciation	469	405
Changes in Assets and Liabilities		
Decrease/(Increase) in Receivables	-	(20,000)
Decrease/(Increase) in Stock on Hand	352	1,136
Increase/(Decrease) in Creditors	3,268	(240)
Increase/(Decrease) in Provisions	<u>(10,474)</u>	<u>2,465</u>
	<u>\$ 10,926</u>	<u>\$(14,259)</u>

The accompanying notes form part of this financial report

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2011**

1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES

This financial report is a special purpose financial report prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act New South Wales. The board has determined that the association is not a reporting entity.

The financial report has been prepared in accordance with the requirements of the Associations Incorporation Act New South Wales and the following Australian Accounting Standards:

AASB 110:	Events after the Balance Sheet Date
AASB 139:	Recognition and Measurement of Financial Instruments
AASB 1031:	Materiality

No other applicable Accounting Standards, Australian Accounting Interpretations or other authoritative pronouncements of the Australian Accounting Standards Board have been applied.

The financial report has been prepared on an accruals basis and is based on historic costs and does not take into account changing money values or, except where specifically stated, current valuations of non-current assets.

The following material accounting policies, which are consistent with the previous period unless otherwise stated, have been adopted in the preparation of this financial report:

Income Tax

The Association is exempt from income tax in accordance with Section 23(g) of the Income Tax Assessment Act, 1936.

Depreciation

Depreciation has been calculated so as to allocate the cost of depreciable assets over their expected useful lives on a prime cost basis to write off the net cost of each fixed asset during its effective useful life.

Inventories

Inventories have been valued at the lower of cost or net realisable value.

**THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472**

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2011
(continued)**

1. STATEMENT OF SIGNIFICANT ACCOUNTING POLICIES - Continued

Superannuation

Contributions are made by the Masters Swimming NSW to an employee superannuation fund and are charged as expenses when incurred.

Financial Assets

Financial assets are brought to account at cost or valuation. Dividends and interests are brought to account when received.

2. SEGMENT REPORTING

The Association operates predominantly in one business and geographical segment being founded to encourage all adults, regardless of age or ability, to swim regularly in order to promote fitness and improve their general health throughout New South Wales.

3. CASH FLOW STATEMENT

For the purpose of the Cash Flow Statement, cash includes cash on hand, at banks and on deposit.

THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.
ABN 42 468 116 472

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 DECEMBER 2011
 (CONTINUED)

	2011	2010
	\$	\$
4. CASH		
Cash on Hand - Imprest Account	200	200
ANZ Bank	194,071	192,160
	<u>\$194,271</u>	<u>\$192,360</u>
5. PLANT & EQUIPMENT		
Office Equipment - at Cost	29,056	26,938
Less: Accumulated Depreciation	(24,155)	(23,686)
	<u>\$ 4,901</u>	<u>\$ 3,252</u>
6. CREDITORS & BORROWING		
Creditors	2,000	2,000
Affiliation fees in advance	920	1,160
Government Grant in advance	15,540	10,000
PAYG Tax Payable	1,666	1,633
State Registrations Received in Advance	10,054	12,148
National Registrations Payable	-	6,868
	<u>\$ 30,180</u>	<u>\$ 33,809</u>
7. PROVISIONS		
Employee Entitlements	-	\$ 10,474
	<u>-</u>	<u>\$ 10,474</u>

The accompanying notes form part of this financial report

TECHNICAL COMMITTEE REPORT 2011

My 2011 was a year of highs and lows that was severely disrupted mid-year by first my knee surgery and then just six weeks later my colon and kidney ordeal.

A highlight has been the acceptance by the Branch Board of a definitive document covering officials in NSW. This was titled "Training, Accreditation and Re-accreditation of Officials. The 3 page document covers all aspects of officials courses, accreditation, and then procedures for Re-Accreditation and finally the processes for dealing with officials who are reported as acting contrary to the Code of Conduct for Officials.

During the year we lost one referee and an IoT who moved to Victoria, but this has been balanced out by the accreditation of new officials (see Di Partridge's report). To highlight the ongoing need for new and younger officials articles were published in Splash as follows, "Timekeepers" (March), "Competition Crisis" (June), and "Officials Moving On and Out" (September). It should be noted that non-members (friends, relatives etc) are welcome to train as officials and it is far less boring for a partner to time-keep than to sit in the stand for 4 hours.

Other Splash articles were "Jewellery and the Swimwear Rules" (March), "Health Warning" (September) and "Guidelines for Meet Directors and Clubs conducting a sanctioned swim meet (December). This document which is on the National website is a must read for all clubs that would like to, or already hold a sanctioned swim meet.

The Meet Report form was modified to include the names of the Meet Director, Meet Referee, and Recorder(s). Meet Reports showed that swimmers' compliance with the Rules has been a highlight with only false starts and relay changeovers being a minor problem. There is still an obvious need for swimmers new to competition to be prepared by their clubs before swimming at meets.

The end of the year was spent preparing for the Officials Workshop that was held in January at Homebush (more in the 2012 Report). On balance the year was a satisfactory one with no new courses for concern arising. Of particular note is the point that clubs that do not hold sanctioned meets could do a lot more to help run the meets that are held. Our emphasis must continue to be on attracting new officials to both assist and eventually replace our stalwarts.

Gary Stutsel

TRAINING COORDINATOR'S REPORT 2011

Thank you to all who contributed as Officials at Swim Meets in 2011. I would like you to tell all your swimming colleagues how much you enjoyed being an official and encourage them to join our ranks.

2011 was the year for all qualified Chief Timekeepers in Masters Swimming NSW to undertake Re-accreditation workshops. Seven workshops were conducted across the state in various locations. This enabled Masters Swimming NSW to bring Chief Timekeepers up to speed on rule changes (most importantly that only two timekeepers are required at our swim meets unless a world record is being attempted), to network with other Chief Timekeepers on any issues that concern them and suggest improved work methods. I would like to thank all those who attended I know time is precious to all of us. Please note that Re- accreditation for each official position is every **four** years.

Positions		Completed Workshops
Chief Timekeepers	70	41

Two Chief Timekeepers decided to officiate in other positions while five asked to be removed from the Chief Timekeepers officials list and 21 chief Timekeepers did not respond. These officials remain on the data base but on their return to officiating in this position will need to attend a Chief Timekeepers workshop.

Congratulations to the eleven officials who gained their accreditation in 2011. This is very disappointing. Only ten courses were conducted with only twenty seven candidates. I would like to thank all candidates who attended an official course in 2011.

Officials Positions	Accredited in 2011
Timekeepers	5
Chief Timekeepers	5
Marshal, Check Starter/Clerk of Course	1
Starter	0
Inspector of Turns	0
Judge of Strokes	0
Referee	0

Please note some candidates accredited in multiple positions.

Courses	Number of Courses	Candidates in 2011
Timekeepers	2	9
General Principles of Officiating 1&2 (requiring no training hours)	3	10
Chief Timekeepers	5	8
Marshal, check Starter/Clerk of Course	0	0
Starter	0	0
Inspector of Turns	0	0
Judge of Strokes	0	0
General Principles of Officiating 3 & 4 (requiring no training hours)	0	0
Referee	0	0

Please note some candidates participated in multiple courses.

Twenty four Masters Swim meets were conducted in NSW in 2011. Each of these swim meets needed at least 15 to 20 qualified officials. During 2011, 480 official positions were needed and filled by a team of 77 qualified officials so please come and join us as officials we are wearing out and growing older.

Coordinators were:	Presenters were:
Ray Burrige	Ray Burrige
Di Coxon-Ellis	Di Coxon-Ellis
Diane Partridge	Diane Partridge

I would like to thank the Course Co-ordinators, Course Presenters and Mentors who ensure that all candidates and trainees received professional guidance and training.

To Di Coxon-Ellis, Jillian Pateman who had to fill Di's shoes, State Administrator and Gary Stutsel, Technical Director a very big thank you for your assistance during 2011.

All swimmers should consider becoming an official. Without officials, swimming meets would not be conducted in a professional manner allowing every swimmer the opportunity to swim to the best of their ability.

Diane Partridge

AEROBICS RECORDER'S REPORT 2011

- Participating clubs = 20 (same as in 2010).
- Participating swimmers = 224
- The age group with maximum swimmers, for male was 60-64 and female was 50-54.
- Age ranged from 22 – 88 years.
- Swimmers with maximum points = 14 male & 13 female
- Additional swimmers who swam all events, (excludes the max pts swimmers): male = 4, female = 7

Results:

There was a bit of movement in the top 3 placings, with the Castle Hill RSL Club coming into the higher rankings.

Maximum Points Trophy:

The winner of the Maximum Points Trophy (with 5522 points) was Tuggeranong with Campbelltown 2nd (5429 points) and 3rd Novocastrian (2900 points). Congratulations!

Average Points Per Swimmer Trophy:

For the Average Point score trophy, Campbelltown backed up last year's 1st place to succeed again with 208.81 points. In 2nd place was Castle Hill (109.88 points) and in 3rd place was Wests Auburn (97.11 points). Congratulations!

Club Participation Award:

For the Club Participation Award, the Castle Hill RSL Club made an amazing effort to achieve a 100% participation rate – all members (24) completed one or more aerobic events. Well done! Campbelltown came 2nd with a participation rate of 88.46% (23/26 swimmers), followed in 3rd place by Wests Auburn with a rate of 62.96% (17/27 swimmers). Congratulations!

Aerobics Submission Process:

Again, difficulties were experienced by half the clubs in respect to the downloading / installation of the aerobics program which necessitated manual entry of these clubs' swim details. The new system is eagerly awaited by all.

What's Next:

The new aerobics program, renamed to "ENDURANCE 1000" took effect from Jan 1 2012. It includes a revised points allocation system. More details regarding this new program are available on the National web page under 'Programs' – Endurance 1000. The new web based program will also be implemented soon & available to clubs around March 2012).

A State Endurance 1000 Web page is also planned when resources are available. Any suggestions for content are welcome: aerobics@mastersswimmingnsw.org.au

Happy endurance swimming.

Jenny Whiteley

BRANCH MEET RECORDER'S REPORT 2011

Swim Meet System

In the year 2011, I officiated at nine Branch Pointscore meets, three State Championships, and the State Relay meet and one non BPS meet. My role for these includes the compilation of entries, programme preparation, report preparation for officials, management of results poolside, checking for broken records, submission of relevant record applications, and the uploading of results to the MSNSW website and MSA results portal.

Three BPS meets were conducted by the host club hiring the Branch computer equipment, and another five using their own software licence and equipment. For each of these meets my role includes the preparation of the meet database, complete with current registrations and latest available records, checking that all broken records have been correctly identified and that relevant record applications have been submitted, and the uploading of results to the MSNSW website and MSA results portal.

Thanks again to Biff Grindley & Paul Slater for their assistance at each of the major meets.

Top Ten System

The web-based Top Ten system continues to be an invaluable source of up-to-date information on member's results, Top Ten rankings and records. The database is updated from swim meets throughout the year, and additional manual entries are added at the end of the year from club time trials and non-AUSSI meets.

All clubs are again encouraged to use electronic entries for swim meets. The aim being to:

- reduce the workload of data entry by the meet recorder
- minimise data entry errors
- reduce the time between the meet and close of entries

Mark Hepple

RECORDS RECORDER'S REPORT 2011

I congratulate all swimmers who attained a record in 2011, whether a World, National, Branch or Relay record, it is a sensational achievement.

Many masters members are not interested in striving for records or realise that they may be out of reach due to their training or fitness levels. That is part of what makes being a member of the organisation so great. We can all applaud and admire those that attain such heights.

225 Branch records were broken in 2011 by NSW members. This was almost evenly split between men (115) and women (110). There is a clear difference between Short and Long Course results with only 88 of those records coming from Long Course meets.

The statistics reflect our membership base when it comes to age and records:

	<u>Female</u>	<u>Male</u>
<u>20-24</u>	4	4
<u>25-29</u>	1	7
<u>30-34</u>	8	1
<u>35-39</u>	9	17
<u>40-44</u>	13	8
<u>45-49</u>	2	5
<u>50-54</u>	1	7
<u>55-59</u>	1	5
<u>60-64</u>	9	5
<u>65-69</u>	23	42
<u>70-74</u>	14	9
<u>75-79</u>	7	1
<u>80-84</u>	18	2
<u>85-89</u>	0	2

What strokes were targeted to have their records challenged?

Backstroke x 33, Breaststroke x 45, Butterfly x 75 and Freestyle x 52 and IM x 20.

What clubs were involved?

The record breakers came from 26 clubs from across the State and Territory.

Tremendous success was enjoyed by NSW/ACT swimmers with attaining 96 National Records including 8 relays. This was split between 38 individual records to women and 50 individual records to men. Long Course pools gave up 30 of these against 58 from Short Course pools and the members represented 18 clubs.

	Female	Male
<u>20-24</u>	4	0
<u>25-29</u>	0	4
<u>30-34</u>	0	1
<u>35-39</u>	0	12
<u>40-44</u>	1	3
<u>45-49</u>	0	0
<u>50-54</u>	1	0
<u>55-59</u>	1	4
<u>60-64</u>	1	3
<u>65-69</u>	20	19
<u>70-74</u>	0	2
<u>75-79</u>	5	0
<u>80-84</u>	0	2
<u>85-89</u>	5	0

Then there were World Record achievements. Congratulations go to:

Alan Brown, Michael Gillis, Guy Farrow & Chris Fydler (NTS)

4 x 100m Freestyle Time 3:48.95 Age group 200 – 239

Adam Pine (NGN)

100m Butterfly Time 54.44 Age group 35-39

Lynette Stevenson (NBT)

50m Freestyle Time 31.82 Age group 65-69

Considerable thanks needs to go to Mark Hepple for his tireless assistance all year and in preparing the files to enable printing of the branch record certificates. A true quiet achiever and a great font of knowledge for all that require guidance but particularly to the branch office.

My thanks also go to National Recorder, Pauline Samson, for her devotion to the task. The advice and education I have received from Pauline this year has proved invaluable.

In the branch office, records are often verified and printed by Jamie Turner, my personal thanks to her for her energy and humour.

It is timely to remember that most of the work done behind the scenes is by volunteers and they get this work done, on behalf of members, in their spare time!

I wish competitors every success in their bid for personal bests or higher in 2012.

Jillian Pateman

SAFETY CO-ORDINATOR'S REPORT 2011

Thank you to all Clubs for their awareness and support in keeping our pools and swimmers safe in 2011.

Warm Up/Cool Down Lanes at BPS Meets:

During 2011 there has been an increase in accidents in warm up/cool down lanes at BPS meets. This particularly occurs when this lane is in the competition pool and only one lane is available. This increase in accidents is of concern and I encourage all clubs holding BPS meets to be aware of the issue. In 2011 we had two serious accidents where two swimmers were unnecessarily injured. One of the swimmers involved was transported to hospital and the other, in a separate meet, required facial sutures.

With the increase in these accidents it is required, that at BPS meets, where the warm up/warm down lane is in the competition pool for example Campbelltown BPS, Warringah BPS, Wett Ones BPS a warm up supervisor must be present on deck supervising the lane at all times.

Incidents:

The majority of reported incidents occurred at BPS meets. As mentioned above an increasing number of incidents occurred in the warm up/warm down lanes.

In 2011 I found it quite alarming that swimmers were competing at meets when not feeling well. I ask swimmers to consider their own health and safety and if they are not feeling well on the day to not compete.

First Aid and CPR Courses

I encourage clubs to consider organising CPR and/or First Aid courses in 2012. These courses will not only benefit swimmers but also the wider community.

Thank you to the Board for their support and hard work in 2011.

Jodie Burke

NSW CLUBS SAFETY REPORTS 2011

	Nat Policy imp	# Incidents	No of courses run	First Aid Quals	CPR Quals	Safety Recommendations
Armidale AUSSI	no	nil	none	none	none	none
Blacktown City Masters	yes	nil	none	up to 185	up to 18%	none
Blue Muntains Phoenix	yes	nil	none	75%	75%	none
Campbelltown Collegians	yes	1	none	3 (11%)	3 (11%)	buddy system; good first aid equipment
Caringbah AUSSI	yes	nil	none	2 (25%)	2 (25%)	Buddy system
Cessnock Masters	yes	nil	none	3 (9%)	5 (15%)	Con inuous monitoring of well-being and safety of members; new waveless lane ropes; new shade covers.
Clarence River Masters	yes	1	none	15 (24%)	15 (24%)	now have 2 qualified life guards.
Cronulla Su herland	yes	nil	none	some	some	none
Ginnindera Masters	yes	nil	none	0%	0%	encourage members to give details of their qualifications and medical conditions to club.
Gosford AUSSI Seagulls	yes	1	none	0%	0%	none
Hills AUSSI Masters	mostly	nil	none	some	some	1. set up Club Online facility to indicate qualifica ions. 2. conduct a session on safety, emergency drill and First Aid facilities
Lake Macquarie Crocs	yes	nil	none	some	some	safety exit ladders installed; non-slip mat ing in change rooms put down
Manly Masters	yes	1	1 CPR	up to 20%	up to 20%	Con inuous monitoring of well-being and safety of members
Mblonglo Water Dragons	yes	nil	First aid for all coaches	all coaches	all coaches	none
North Sydney AUSSI	yes	nil	none	9 (7%)	9 (7%)	none
Novocastrian Masters	yes	nil	none	23 (43%)	23 (43%)	none
Penrith AUSSI Masters	yes	nil	none	5 (22%)	none	run First Aid course
Prairiewood AUSSI Masters	no	nil	none	up to 50%	up to 50%	1. Board reminder for swimmers in clear and professional language 2 Authorities to set examples 3.Encourage swimmers to practice safety according to club guidelines
Ryde AUSSI Masters	yes	nil	none	7 (11%)	8 (13%)	Back stroke no longer permitted when using wave pool. Advise Pool management of incidents.
Tattersalls	yes	nil	none	at least 50%	at least 50%	many club members ac ive life-savers
Terrey Hills	yes	nil	none	-	-	none
Trinity AUSSI	yes	nil	1 CPR	2 ((6%)	4 ((8%)	none
Tuggeranong AUSSI	yes	nil	none	12 (20%)	12 (20%)	organise first aid course for next year
Warringah Masters	yes	1	2 CPR	at least 20%	at least 20%	Ongoing review of safety procedures. Would like to get his informa ion from clubs on line but unaware how to.
Wests Auburn Masters	yes	nil	1 bronze medallion	2 (7%)	6 (22%)	encourage more members to train to at least bronze medallion level
Wett Ones	yes	nil	1 CPR	7 (8%)	10 (12%)	Run CPR and first aid courses for members. Updated website now includes safety procedures plus links and CPR instruction. Safety signage for diving blocks established.
Wollongong Masters	yes	nil	none	1 (12%)	1 (12%)	no organised training sessions, no carnival, pool inspector supervises individual training.
Wyong Wobbygongs	yes	nil	nil	-	4 (18%)	Organise a CPR course for all members



WEBMASTER'S REPORT 2011

The Masters Swimming NSW website has again in 2011 proved to be a valuable communication tool for the promoting Masters Swimming as well as providing up-to-date information to our members.

The main information accessed on the website has again been:

- Carnival information – flyers, programs and results
- SPLASH – the quarterly newsletter
- Club Information
 - Club contact information and meeting times
 - Welcome to new clubs formed during the year
- Branch News
- Calendar
- BPS Scoreboard
- Swimmer Profiles

Other information available includes:

- Membership and other forms
- Accreditation information for officials
- Annual Award winners
- Listing of sponsors for MSNSW

The task of uploading new material has mainly been shared between Lindsay Brice, Lynette Falconer and Helen Rubin. Peter Gregory has assisted as required.

At the beginning of last year Peter Gregory indicated that he was not able to continue maintaining the website on the current server. The Board looked at different options as to how the website should be redeveloped. It was decided to go with the option offered by Masters Swimming Australia to use the content management system option offered on Clubs Online. One of the advantages of this system is that it standardised the websites for each Masters Swimming Branch. We were not able to place our Results module in this new system, but Peter Gregory has set this up on another server to which an external link is provided. The National Office also helped in transferring much of our current information to the new website. The new website was launched at the beginning of 2012.

We would again like to thank Ingenium Internet and Spin Internet Services for hosting of our website.

Finally, as the website is a communication tool for our members, as well as our image to the general public, we always appreciate receiving feedback from our 'web readers' as to their ideas what they would like to see on the webpage. The email address is:

webmaster@mastersswimmingnsw.org.au

Helen Rubin

INGENIUM INTERNET

MEETINGS 2011

NSW Branch at National Meetings

During 2011, Stuart Ellicott, as the Branch Delegate, attended the Spring Board Meeting held in August in Melbourne.

In August 2011 Jillian Pateman attended the National Branch Administrator's meeting also in Melbourne.

NSW Board

During 2011, the Board of Masters Swimming NSW met on twelve occasions at Sports House at Sydney Olympic Park. The attendance at these meetings was as follows:

Name	Position/s	Attended	Apologies	Possible
Jane Noake	President	12	0	12
Tony Tooher	Vice President	10	2	12
Neil Keele	Vice President Country	11	1	12
Stuart Meares	Treasurer	11	1	12
Stuart Ellicott	Board Member	11	1	12
Jon Hawton	Board Member	8	4	12
Sue Wiles	Board Member	12	0	12
Di Coxon-Ellis	Administrator/ volunteer Minute taker	6	1	7
Jillian Pateman	Administrator/ Minute taker	6	0	6

Annual General Meeting

This was held in the Ken Brown rooms at Sports House, Sydney Olympic Park in May 2011 and was attended by 17 delegates from Member Clubs and 18 Registered persons, including three Life Members.

Apologies were received from three clubs.

Retirement

In July 2011 Di Coxon-Ellis retired from the position of Administrator after thirteen years of service.

CLUB MEMBERSHIP 2011

CODE	NSW CLUBS Closing date LC	Total M'bers	16 mth 11/12	4 month	2nd Claim	Actual
AM	Armidale AUSSI	12				12
MB	Bidgee Masters	7	2			7
BT	Blacktown City Masters	50	2		4	46
BM	Blue Mountains Phoenix	9	1			9
BR	Bush Rangers	18	8			18
CT	Campbelltown Collegians	28	1		2	26
CB	Caringbah AUSS	8			1	7
CL	Castle Hill RSL Masters	24	1			24
CK	Cessnock Masters Swim	33			1	32
CM	Clarence River Masters Sw	60	3			60
CH	Coffs Harbour AUSSI	3				3
CR	Coogee Randwick Master	20				20
CP	Cook & Phillip Masters	30				30
CS	Cronulla Sutherland AUSSI	20			1	19
DB	Dubbo Masters	13				13
ET	Ettalong Pelicans Masters	25				25
GB	Georges River Bull Sharks	8	1			8
GN	Ginninderra Masters	7				7
GS	Gosford AUSSI Seagulls	14	1		1	13
HL	Hills Masters Swimming	19	1			19
HS	Hornsby Masters Inc	16				16
HN	Hunter Masters Swimming	7				7
IT	ITAC Warriors	9				9
MS	Lake Macquarie Crocs	41	4			41
LC	Lane Cove Masters	15				15
LP	Liverpool Masters	12				12
MT	Maitland AUSSI Masters	9	1			9
ML	Manly Masters	57	2		1	56
MR	Merrylands Swimming	5	1			5
CN	Molonglo Water Dragons	55	3		1	54
MM	Myall Masters	36	3			36
NB	Nelson Bay Dolphins	9	2			9
NS	North Sydney AUSSI	121	7			121
NC	Novocastrian Masters	53	6		1	52
OF	Oak Flats AUSSI Masters	10				9
PN	Penrith AUSSI Masters	23	2			21
PT	Picton Masters	19				18
PM	Port Macquarie Masters	45				44
PW	Prairiewood AUSSI Masters	3				3
RT	Raymond Terrace AUSSI	15	1			14
RY	Ryde AUSSI Masters	58	2			56
SA	Sandbern Swim Team	51	2		1	48
SP	Seaside Pirates Inc	87	4		3	77
SH	Shoalhaven Seahawks	5				5
OP	SOPAC Swim Team	3				3
SG	St George Masters Inc	25	1			24
TM	Tamworth AUSSI Masters	8				8
TS	Tattersalls Swimming	12				12
TH	Terrey Hills Terriers	20				20
TR	Trinity AUSSI	28	2			28
TN	Tuggeranong AUSSI	73	5		1	72
WG	Warringah Masters	104	6		1	103
WR	Werris Creek Masters	1				1
WS	West's Auburn Masters	27	1			27
WO	Wett Ones Swimming Club	88	6		1	87
WB	Willoughby Swim Club Inc					0
WL	Wollongong Masters	8			1	7
WY	Wyong Wobbygongs Masters	22	1			22
		1588	83	0	21	1549

Actual no of members

1549

Armidale AUSSI Masters

Annual Report 2011

The AGM was held on the 2nd December 2011 at the Royal Hotel Armidale. Meeting commenced at 6.00 pm with nine members in attendance and two apologies. The AGM was followed by dinner.

Discussion was had on the year just gone.

Club members are to be encouraged to participate in other clubs swims.

No accidents occurred in the past twelve months.

Sally Croker



Bidgee Masters

Annual Report 2011

The small but dedicated Bidgee Masters crew had a great 2011 with all members swimming in organized events one way or the other.

Robyn Hoare and Heidi Papatodori competed in the NSW Long Course Championships in March with Heidi taking out a gold medal while Robyn was hamstrung by a 'costume malfunction' and missed the medals this time. She however more than made up for it in October at the Short Course Championships with two medals and a new pair of goggles.

The rest of us stayed closer to home and took up the MS 24 hour mega swim challenge held at the Leeton pool in March. We all were very proud of our efforts in raising \$7,626 and in doing so took out the major awards for the highest total raised and total distance swam (78Km).

We all would like to thank our coach Julianne Angel for her continued support for all of our members and the Griffith Aquatic Centre for its fine facility. We are aiming to send a strong team of swimmers to the Nationals this year, so see you all in Adelaide

Paul Rogerson
President



Blacktown City Masters Swimming Incorporated

P. O. Box 152, PARRAMATTA, NSW 2124

Annual Report 2011

Our Club ended the year with 51 members plus 5 2nd claim members. This is a reduction in the membership number but there was no particular reason for this decline. Although we only achieved 5th place in the 1st Division with 4,305 points, we did achieve a few top placings at various carnivals, including winning the average points at the Relay meet. During the year we also won the Des McCormick Memorial trophy for the 4th time, the Biddy Hall Memorial trophy for the best average points per swimmer and the Sue Johnstone trophy for the best average points for the 2 day carnivals. Of course the biggest achievement in 2011 was winning the Visitors trophy and the Runner's Up trophy at the national championship in Perth. This was unexpected and the team had already left Perth to tour WA when the call came to confirm our win. On an individual basis Lyn Stevenson won the Female Swimmer of the Meet – Short Course, after previously winning this award in 2006. Congratulations to all swimmers who attended carnivals on a regular basis even travelling to country areas to support those clubs.

During the year Leonie Talbot has agreed to coach the squad on the training nights on Tuesday, and Thursdays. Scott Hay also assists with the preparation of training sessions especially for Thursday evenings. The main training session is each Tuesday, from 6.00pm to 7.30pm at the Blacktown Aquatic Centre in Blacktown. Additional training is on Thursdays during the same times as Tuesdays. The staff at the Blacktown Aquatic Centre has continued to support us and allowed us to use up to 3 dedicated lanes for training during the summer period but during winter we have to make do with only 2 lanes, occasionally we were given 3 lanes. Club members had agreed to host fund raising BBQ's at K-Mart in Blacktown to cover the costs for training and coaching.

Clary Munns and Lyn Stevenson are in the Top 5 female swimmers for 2011 based on total points. Clary Munns, Lyn Stevenson and Stewart Gough have also achieved records at a National level and State records were achieved by Clary Munns, Lyn Stevenson, Kasey Shepherd, Cassie Anderson, Pam Nix and Mark McDonald. We hope to see more of our young swimmers on the national and state honour board in the future.

The Club held its BPS carnival on Sunday, 27th March 2011. Our members put in their best effort to ensure that we could at least win our own carnival. We are always pleased to hear the positive feedback for our carnival and thank all officials for supporting us and all swimmers who have attended. Quite a few of our swimmers also achieved Top 10 results during the year.

Remy Reinker
Secretary

Blue Mountains Phoenix

NSW AUSSI Masters Swimming

16 Robertswood Ave Blaxland NSW 2774

Contacts: Ros Arnold 0420 982 677 Sue Wiles 4757 1065

Annual Report 2011

Blue Mountains Phoenix is a small club and its membership dropped in 2011 to eight, although those who did rejoin remained keen to compete in carnivals. Quite why fewer people rejoined, we don't really know, as roughly the same number of swimmers kept turning up at regular training sessions. We suspect it was mostly to do with swimmers being too busy with work and family to be able to attend carnivals on weekends and with others choosing to spend more time on other sports, such as triathlons. We were most fortunate to be able to welcome Liz Wallis as a second-claim member towards the end of 2011.

As is usual with most clubs, the same few people kept things (except membership drives) bubbling along: Race Secretary Nerida Murray informed everyone of the carnival schedule and coordinated entries; Treasurer Kathy Dobson organised the money, as well as being one of our excellent coaches; Kay Burton and Nerida generously offered their time to try to get the aerobics program moving; Nerida also submitted excellent articles and photos to the local *Gazette*, which printed them; Kay hosted our AGM. President Sue Wiles didn't do much except call an AGM, deal with a few apostrophes and make wisecracks.

Coaching is provided by Blue Mountains Swimming Coaches and swimmers pay either a monthly fee or for individual sessions. Our inspiring coaches Paul Dobson, Kathy Dobson and Corin Dobson are accredited but not Masters accredited. Coaching sessions throughout the year are Tuesday and Thursday 5.45–7.30 am at Katoomba pool and Saturday 8.00–9.30 am, in summer at Glenbrook pool and in winter at Springwood. They are based around conditioning work where people are encouraged to swim at their own pace and level. All strokes are coached with drill / technique work as well as a focus on increasing personal fitness. Individual goals are set—whether it be a goal swim or a goal time—and the coaching helps work towards these goals.

Blue Mountains Phoenix members attended 11 branch carnivals plus the branch long-course and short-course and long-distance short-course meets plus a long-distance long-course carnival, gaining a total of 1,045 points, just 121 down on the previous year. This moved the club up a notch from last year, to sixth in Division 2.

Several members kept at open-water events, mainly ocean swims, but this was not instead of masters carnivals, it was additional wet activity for the summer. Once again our Jillian Pateman swam in the Wests Auburn Turtle Swim, completing the 5000 m individual swim in just over a minute outside her personal-best time.

With its small membership, the club is proud to be well represented in the national and branch top ten rankings. Nationally in 2011 two of our women's relay teams ranked in the LC top ten and six swimmers ranked in the LC and seven in the SC top ten. Our branch rankings were, of course, similar, with an additional swimmer in the LC top ten.

Phoenix members don't generally do social activities but keep in regular contact via emails and at training on Saturday mornings. However, we did actually manage to have a Christmas lunch as well as an AGM, on separate days even, this year, thanks mainly to a Masters member of Another Club who is a good friend of Phoenix and a new Phoenix member fresh from Ireland. Maybe it's the mountain air.

Campbelltown Collegians AUSSI Masters Swimming Club



Annual Report 2011

2011 was another memorable year for Campbelltown Collegians AUSSI Masters Swimming Club, with so many performances worthy of note at club, state and national levels. The best part, though, was the remarkable friendships and support within the club. Fun, friendship and food were in plentiful supplies, with a little fitness too.

Endurance/aerobic swimming has long been a Campbelltown forte, with 2011 resulting in the club retaining their National Aerobic Trophies for both total and average pointscores. Remarkably, 11 out of our 26 members completed all endurance swims in 2011. Christine Clough, Helga Duncan, Heather Rouen, Kate Lewis, Kevin Price, Jim Pelosa, Russell McLeod and Owen Sinden all achieved maximum points, with Marguerite Davidson, Diane Baker and Steve Clough completing all swims.

Several swimmers won their age groups at state championships: Kate Lewis and Heather Rouen won both state long course and short course championships, Helga Duncan took out the short course and long distance age championships, with Kate Lewis, Kay Hough, Barbara Briggs and Owen Sinden winning their age groups at the long distance championships. Owen also won the overall state pointscore for his age group.

Three individual performances/awards stood out. At the NSW AGM in May, Kate Lewis received recognition for an outstanding 2010 by being named Masters Female Swimmer Of The Year. Helga Duncan, with a brilliant run of gold medals and record-breaking swims in 2011, was named Campbelltown City's 'Sportsperson Of The Year' (out of a population of over 150000), receiving her award at a special Australia Day ceremony. At the state long course championships at SOPAC, Owen Sinden was the inaugural recipient of the Ian Davis Award for his significant contribution to Masters Swimming in NSW.

At club level, our Sunday morning races were well attended and very competitive, with a combination of aerobic swims and handicap races. Russell McLeod won the club pointscore championship for an unprecedented eighth time, with Helga Duncan in second place and Kay Hough a close third. Russ also won the club's improvement trophy, again with Helga and Kay close behind. Club Captain Heather Rouen was voted winner of the club spirit award (for a record sixth time) and Kevin Price took out the attendance trophy.

The state relay meet was a fun day, made more enjoyable when club members Kerry Tier and Linda Beveridge made the effort to come along and cheer us on. This was Susan Eadie's introduction to the club, too; she enjoyed the atmosphere so much she joined the following week. We also welcomed back 'old' members Kelly Fardon, Kris Death and Glen Downey to our Sunday morning swims.

Late 2011 saw the opening of our new outdoor 50m pool, claimed by some to be the best outdoor pool in the state. The opening didn't come a moment too soon; it took much longer than expected and we had been hibernating indoors for nearly two years, with the resulting chlorine overdose and vitamin D deficiency. It wasn't all good news, though - two years in a 25m pool makes 50m seem a long way!

Apart from our Sunday morning gatherings interrupted by some swims, Campbelltown Masters Swimming always places a strong emphasis on social activities. These started early in 2010 with Steve and Chris Clough hosting a black tie new year's cocktail party, with obligatory fireworks provided by Campbelltown City Council. It was a great night/morning, with some guests partying and singing till sunrise; the photos have been destroyed. Lesley and Mark Thompson hosted a hot Australia Day BBQ, a day which has become a regular on the Campbelltown calendar.

Heather and Terry Rouen hosted our annual presentation day and Hans and Maria Preiss put on a wonderful spread for the big breakfast feast. Campbelltown Masters Swimming members are of course well versed in the arts, so live theatre productions are regular additions to our social activities - The Jersey Boys (organised by Kerry Tier), Hairspray (Sue Heins) and The Taming of the Shrew (Steve and Chris Clough) all added to the edification of club members. Our annual Christmas party was held at Mr President's new house, with attendees encouraged to bring a roll of turf with their food and drink.

The club highlight of the year? The obvious answer - our Campbelltown carnival. A great day, with a few members returning from holiday to help out; wonderful commitment! The not-so-obvious answer came at the state AGM in May - Campbelltown was named as a close second in Club Of The Year, a remarkable achievement for such a small club.

The club now has three world top-ten relay times, not surprisingly in longer distances - women's 400 Medley, men's 400 medley, and mixed 4x200m freestyle. Barbara Briggs, our club secretary and one of the 400 relay members, was presented with her 3 million metre award.

Health and sickness are part and parcel of every club, and Campbelltown is no different. Two members have returned after a tough time, and we offer all our support to the husband of a long-time member who is still struggling.

One of the good things about Campbelltown Masters Swimming Club is the willingness of many to share the workload. Instead of a committee of 5 or 6, we have 15 members who hold positions of responsibility within the club. This is typical of the spirit of Campbelltown, because we are here not only to enjoy ourselves, we're here to do our bit for the club and the people we swim with.

In closing, thank you to Jane Noake, Jillian Pateman (and Di Coxon-Ellis) and the state committee for the time and effort put in to organising and running all things involved with Masters Swimming in NSW. Your efforts are very much appreciated.

Barbara Briggs
Secretary



Helga Duncan – Campbelltown City's 'Sportsperson of the Year'



Katie Lewis – NSW Masters Swimming's 'Female Swimmer of the Year'

CARINGBAH AUSSI INC.



Annual Report 2011

2011 has been an interesting and varied year for the club. Although the club membership remains small (7 full members and 13 associate members), there have been a number of varied activities for the members. Club members have been involved in regular training sessions, aerobic swims, carnivals and social events.

Club night swims have continued on Monday nights. Attendance has generally been good with a regular core of dedicated swimmers. The winter months saw a migration to the smaller warmer pool where much discussion continued along with the swimming. A few hardier souls continued to brave the cooler main pool. We have been able to continue our arrangement with Caringbah pool where we have a lane in each pool allocated to us during the winter months and two lanes in the main pool during the summer months.

Caringbah club was involved in a number of carnivals during 2011. The most significant carnivals were those at North Sydney, Wett Ones and Ryde where members swam well and regularly achieved good placings in their events. Unfortunately, we were unable to field the minimum number of competitors to register for Average Club Point awards at any of the meets this year and so we were unable to repeat some of the good performances from the previous year. We were unable to field relay teams in our own right this year but did manage to join with Cronulla-Sutherland using second claim arrangements on a few occasions. We were also represented at the State championships as well as the Australian Masters Games in Adelaide with several medals being won.

A significant event for the club this year was the passing of a much loved member of the club – Nancye Mitchell. Nancye passed away peacefully after a short illness. Her funeral at St. Philips Anglican Church in Caringbah was attended by a large congregation where many tributes were paid to her wonderful character and delightful personality as well as her great swimming ability. The club is considering ways to acknowledge her memory.

Our social events have been organised efficiently by Dick. Attendance at the various dinners has been very good with members enjoying the social occasions. The dinners at Loftus TAFE have been especially well received with excellent service and quality of food.

Many thanks are due to the members of the committee who have worked co-operatively and enthusiastically throughout the year. With such a small membership, it seems that each member has a job and that contributes to a friendly and positive environment in the club. Thanks are especially due to Lynette for her work as secretary, Barbara as vice-president, Alan as treasurer and race secretary, Johanna for keeping us up to date with the minutes from the meetings and Dick for his work as social secretary. All have done fine jobs in attending to all the tasks that have come their way.

Peter Sheean
President



Annual Report 2011

It is amazing how time gets away; Cessnock Masters is now into its 18th year and still going strong. Membership numbers appear to have bottomed out and has stabilised at 33. This figure would place us somewhere around low to middle in comparison to other clubs in the branch but in my opinion we punch above our weight in regards to official participation at carnivals and has been duly recognised with the Official of the Year award going to the very efficient Noel Partridge.

The numbers attending Wednesday evening training sessions have dropped off and are a concern for coaches John Smith and Dianne Partridge who spend a lot of time on pool deck issuing a variety of training to the dedicated. Persistent cooler weather could be the reason for the drop off in numbers this season.

Participation at carnivals remains fairly strong with the club having representation at all but one of the Branch organised events and we continue to hold a position somewhere mid field in First Division. On our achievements board, we now have 17 members that have attended 100 or more carnivals and 3 that have topped 200. Our club once again conducted two successful carnivals, the regular February event at Cessnock plus the July Newcastle Festival of Sport, an event we feel proud and honoured to be asked each year to organise.

During the year the club had two members set new state benchmarks. Naomi Watson loves her butterfly and has claimed records in the 1500m, 800m short course and 1500m long course. Dennis Moore set a 1500m backstroke record but was only allowed to bask in the glory for a short while as Steve Lamy eclipsed it in the very next race. We have many mentions in the National and State top ten lists, mainly for distance events.

Aerobics remained strong throughout the year with Pat McCarthy, John and Pat Wilson doing a wonderful job of keeping us moving up and down the pool in our desperate bid to maintain some form of fitness.

Out of pool activities were many and varied with Social Secretary Pat McCarthy organising functions ranging from Australia Day celebrations (swim and barbie), farewell to Cessnock (winter training at Kurri) then of course we have to have a welcome back party. A winter soup or pizza night and the compulsory Christmas function which incorporates our presentation of awards.

Another enjoyable year among friends.

Ted Nebauer



Clarence River Masters Swimming Club Inc.

Annual Report 2011

This is our 9th year since the club's commencement (2003). Over the years we have had varying membership numbers, at present we have 60 financial members and 2 financial Social members, which is a fabulous membership, many other clubs from larger communities have smaller membership numbers.

We are coming first in the overall Point score, "Division 2", when you consider the majority of points from our Carnival in June followed by points obtained at Port Macquarie, well done!!!

Just imagine if our swimmers attended more NSW Masters meets, we could go into the next division (no. 1) with some success.

Tony Hayman has had a successful year, he broke the National and State record at Brisbane Sth Side, 23 January in the 25 metre breaststroke short course, 16.34 secs. Well done! And congratulations.

In the Masters Swimming Aust. Top 10 results it is heavily populated with NCM swimmers, I recommend you look up this web site. Fantastic results.

Congratulations to David Abrahams, he was awarded the Betty Grant Memorial Award for 2011, this is an encouragement award. David has dedicated many hours in and out of the pool, hopefully he will continue?

David has tendered his resignation as Meet Director, a position he has undertaken successfully for some years, he is only too happy to assist with the new Meet Director when this position has been filled. Thank you David.

CRMSC has moved forward, using CRMSC funds, with financial assistance to sponsor amateur swimmers under the banner of the "BARRY MACGREGOR MEMORIAL FOUNDATION", at present we have one swimmer at Yamba who is under this umbrella with another amateur swimmer possibly from Maclean to enter into this foundation.

CRMSC has also rewarded its members with continuing rebates for swimming costumes, polo t-shirts, club jackets, swim caps and a freebie t-shirt.

Entries into club, state and national swim meets to the value of \$20, in addition relay entry costs, this is a way we can thank and assist our members with expenses and encouragement to attend further swim meets.

To thank the Poolside Coaches for their time and hard work required to be a Masters Coach, at the training sessions at both Maclean and Yamba our club CRM is paying their membership, this is a small price to pay as it would be a lot more expensive if we had to pay a swim coach from outside of our club.

Lynne Johnston



Coffs Harbour Masters Swimming Club

Annual Report 2011

With the new year Coffs Harbour Masters once again slipped back to one member. There is some promise this year with some new recruits from Perth as well as a local lady keen to get masters up and running again but as usual we will wait and see.

Past years the club has been exempt from the club fees which has helped seeing that I am the only member but for some reason this year the charge has been reimplemented. I would like to see clubs with less than 5 members being exempt from this as it gets very expensive to be affiliated with NSW Masters Swimming with club fees as well, and having little funds in the bank does not help either.

Yamba as always is a great carnival and close by. The time of year it is held is a big deterrent from past members I have persuaded to go along and this year may not see any members travel to this carnival. With not many carnivals nearby it gets hard to compete in the point score system with travelling to Sydney out of the budget! It would be great to see some more nearby carnivals with so many pools in almost every town.

Well hopefully this time next year I can once more predict that I will have some more members and be right! I live in one of the best spots in Australia but find the least motivated in regards to Master Swimming. But hey, I still get a buzz out of the friendship and carnivals.

Cheers
Jamie Marschke





COOGEE-RANDWICK MASTER SWIMMERS, INC.

Annual Report 2011

After a long break, during which time our pool was refurbished, we're back following the 25m black lines at Coogee Randwick Diggers Club. The pool and the new facilities look great, there is a fully equipped gym and located just off the shallow end of the pool are a new communal sauna room and a new communal steam room. Visitors from other Masters Club are invited to join us in the new pool at any training session on a Saturday afternoon from 4.00 to 5.00 pm.

An on-going thanks to our wonderful coaches. Margaret Wilby drove all the way down from the Southern Highlands once a fortnight to provide us with the benefit of her extensive knowledge and skills. Our other coach Dee Doran has been magnanimous in coaching us the fortnights between Margaret's sessions. Dee has been a swimming member of the club for many years and now her coaching skills are an asset to the club as well. We all enjoy her thoughtful training sessions.

Thanks also to the management of the Coogee Diggers Club for their accommodation of NCR Masters in their great facility. A special thanks also to Deanne Bryant, the pool manager, for her continued support of NCR.

Just after the end of 2011 we had a visit from two of our members who now live in Singapore. Lloyd Mills and Claire Thompson who were very loyal and dedicated swimming and committee members were back in Sydney for a short visit. They joined us for a training session in the new pool and of course for some liquid refreshments afterwards. Their interest in NCR is still very strong and we hope that they continue to enjoy living in Singapore.

Finally thanks to the generous volunteering of the committee of NCR, namely Murray Welstead for accepting club presidency, Kay de Bry in the tough role of secretary, assisted by Sjaak Verschoor, Norma O'Brien as Safety officer and Gary Nicholls who has kindly persevered for a decade as our meticulous and efficient treasurer.

Competition during the year mostly consisted of participation, in varying numbers, in carnivals and championships. Some highlights follow.

- At Blacktown swim meet - 27 March 2011, NCR's team of five, Kay De Bry, Norma O'Brien, Margaret Wilby, Terry Hampson and yours truly won the "Average Club Points" trophy from 29 clubs. Most pleasing was the fact that this was not a 'chosen' team, but an 'all welcome' invitation within the club.

- At the State Championships at Homebush 9,10 April 2011, six swimmers competed achieving 12th place overall and 6th in the 'average points' score, setting a national and two state records along the way. Jacqui Robinson was particularly impressive in her 200m Free (40-44) in a state record time of 2m 15.8s.
- Four NCR swimmers made the trip across Australia to compete in the national championships in Perth, namely Kay De Bry, Terry Hampson, Gary Nicholls and Margaret Wilby, bringing back great memories and assorted hardware. Margaret put her coaching into practice bagging 7 medals (one gold, 3 silver and 3 bronze). Gary won a very impressive 6 gold medals and 4 silvers from a gruelling 10 events.
- Five members drove to Canberra for the short course Champs. Both Kay De Bry and Terry Hampson have shown great club spirit by representing NCR all over the country and are improving their swimming as a result. Margaret Wilby and yours truly each maxed on 50 points (5 golds) each and Jacqui Robinson's impressive 2m13.74 for 200m free (40-44) broke the state record and was just 3 seconds off Shane Gould's national record.
- Yours truly has been lucky enough to have been around long enough to be a starter in his 9th AUSSI age group (a member of the founding committee at AUSSI's inception in 1974). And after a laboured start to training in 2011 in his new age group (65-69), and through attending many carnivals, at times NCR's sole rep, he managed to break 14 national records (10 short course and 4 long course) and several more state records (about 20 all up).

The Christmas/end of year get together was dinner at Giovanna's at Kingsford and thoroughly enjoyed by those who were able to make it. We had all agreed no awards for 2011, so at the dinner yours truly was surprised and touched to be named "NCR Swimmer of the Year" and to be presented with a beautiful boxed bottle of champagne. We also surprised our coaches with words of praise and presents as tokens of our appreciation for their much appreciated time and effort.

Currently we are investigating ways to build up our numbers. Now that the refurbished pool is operational we will be able to recruit a few more local swimmers to join Coogee Randwick Masters swimmers.

Looking forward to a productive 2012.

Paul Wyatt

(Club Captain) for and on behalf of NCR



Cook and Phillip Masters Swimming Club (NCP)

Annual Report 2011

This is the twelfth annual report of the Cook & Phillip Masters.

Committee Positions

Club Committee positions for 2011 were filled by the following club members:

President/Secretary: *Niall O'Driscoll*. Niall has served in the role of President for the past six years. He took on the additional role of Secretary in December 2009.

Treasurer: *Jane Ritchard*. Jane has served in the role for five years.

Coach: *Alan Godfrey*. Alan became our coach in May 2007.

Safety Officer: *Niall O'Driscoll*. Niall has served in the role for five years.

Membership

During 2011 the club had 31 members.

Competitions

Members competed in the following carnivals during 2011: North Sydney (12 Feb), Wett Ones (28 May), Ryde (3 Sep), Warringah (8 Oct).

Social activities

The club held regular after-training, generally on the second Tuesday in each month. The AGM was held on 23 Mar.

A very successful Christmas Party was held at Cantina Bar + Grill, Oxford Street, Darlinghurst on 4 Dec.

Niall O'Driscoll

President



Cronulla Sutherland AUSSI

Annual Report 2011

During 2011, Cronulla Sutherland Masters Swimming Club has continued to swim at Sutherland Leisure Centre on Thursday nights, mostly with small numbers although we welcomed some keen new members.

Anita has been actively coaching those who have come and they have benefited from a varied programme with much individual attention. She has also emailed weekly Club News so we are all aware of what is happening.

There were a few swimmers from Cronulla Sutherland in 2011 at carnivals. However, most members are content to maintain fitness through swimming without competing. Stephen has taken over as Race Secretary, ensuring that swimmers are kept aware of upcoming carnivals and that entries are submitted. Let's give him more work to do next year!

We came 20th out of 40 clubs in the NSW Long Course Championships earlier in the year, with Stephen and Anita competing.

In the NSW Long Distance Championships, Lann and Anita swam, with Lann breaking the record for 1500m butterfly for his age group. The club placed 11th out of 28 clubs, with both swimmers winning their age groups.

Greg and Stephen travelled to Canberra for the State Short Course Championships and gave the club 27th place out of 37 clubs.

Carol and Anita have continued to officiate at many interclub carnivals where their expertise is appreciated.

The challenge of aerobic swimming has been taken up by a few members, with Barbara, Anita, Beryl and Andrew completing as many swims as they could in 2010, and Barbara doing the recording. In 2010, we came 12th out of 20 clubs in NSW. We look forward to better results in 2011, with many swimmers completing 400m swims on the last Thursday of each month and Lann trying to complete the full programme. Chana and Melissa have improved considerably during the year. Andrew again completed the 5000m Wests Auburn Turtle Postal Swim this year.

We have been able to continue to have supper after our swim, with the Sutherland Leisure Centre making their CT room available.

Socially, we have eaten out at Midnight Pizza on the last Thursday of the month after our timed swims and had dinners at Loftus TAFE.

Many thanks especially to Anita and the club committee and regular swimmers for all the work they have done during the year. Keep enjoying your swimming and remember to try to recruit more members.

Beryl Stenhouse
Secretary

Dubbo Redfin AUSSI Maters Swimming Club



Annual Report 2011

The 2011 swimming year will be known as the year the Redfin was in hiding. Whilst the local Saturday morning swims were reasonably well represented with the usual crew of about 6 turning up, the competition side was sadly avoided by most Redfin.

Mark Scullard was the exception making a genuine effort to travel to competition venues. Mark made his mark in Canberra, Perth at the National Championships, as well as in Sydney. Mark was flying the redfin flag alone in the big meets of the 2011.

Warren Smith, who is based in Newcastle managed to attend a few local carnivals, while Mark Prentice, Peter Hargreaves and John Wherritt managed the usual trips to Cessnock and Raymond Terrace.

The clubs Saturday morning swims were as usual more social than serious. These die hards are into fun and fitness and enjoy their recovery session as much as their swimming.

In December Duncan Whan decided some altitude training would benefit his fitness and career so he moved to Armidale. Saturday mornings since he left have been much quieter and Duncan's gentle sense of humour is being missed (NOT).

2012 looks like a similar year for the club as 2011. Mark Scullard is chomping at the bit for competition and the Saturday morning crew are quietly doing laps with the expectation of a quiet coffee with friends after the session.

Peter Gallagher
Secretary

Ettalong Pelicans



Masters Swimming Club Inc.

PO Box 3071, UMINA BEACH NSW 2257

Annual Report 2011

MEMBERSHIP: Sadly this has dropped again, to the high twenties, with a significant overlap with local surf clubs who recruit vigorously in the mid age groups of both genders.

CLUB EXECUTIVE: The main positions as office-bearers remain with the same stalwarts, with Kevin Haskell, Opal Eddy, Colleen Garland, Russell Thompson, Roger Belmar and Gordon Ferguson in the key positions. Roger's competence and enthusiasm as Race Secretary is greatly appreciated.

SWIM SESSIONS: The main training group swim at 7p.m. on Thursdays at Peninsula Leisure Centre under Coach Wendy Cook's supervision, often mixed with surf club people and some ex-members. Some members train with adult squads at Kincumber Swim Centre and Mingara. The closure and demolition of West Gosford Pool affected several members significantly.

OUR ANNUAL SWIM MEET: With great support from other clubs our carnival was again a success with a few over 200 swimmers. We know that the PLC's pool is beautiful for our type of Meet, if somewhat expensive to hire. We really appreciate the involvement of many Masters people in helping to run the events. As in most years the National and Branch records set by some competitors were a highlight of our 2011 Meet.

OTHER MEETS: A limited number of our members regularly attended other club's and Branch events. Increasingly Open Water Swims have become the main focus of some people's interests and surf club events right through the year distracted a few from Masters meets.

RECORDS: Paul Lemmon set a new National time and a Branch record at the Long Course Championships, great work again Paul, but the rest of us just do what we can.

AEROBICS: Mondays about 2p.m. usually saw 5 or 6 of our folk regularly swimming to fill their annual totals or rack up distances for Million Metre achievements. Colleen Garland's constant willingness to hold a stopwatch for aerobic swims for Russell Thompson and Gordon Ferguson was greatly appreciated, and Russell did the technical stuff with the computer.

SOCIAL ACTIVITIES: Just a couple of picnics by the waterside at Woy Woy in 2011. Hopefully more events in 2012.

Gordon Ferguson
Secretary



MASTERS

2011 Annual Report

In April 2011 Ginninderra Swim Club affiliated with AUSSI Masters Swimming NSW to become the first holistic club in the ACT, catering for swimmers of all ages and all abilities. At the end of 2011 Ginninderra Masters had seven members.

Training is held at CISAC in Belconnen. Swimmers are offered four sessions a week, Monday & Wednesday mornings and Tuesday and Thursday evening.

The Ginninderra Masters Swimmers competed extremely well at the NSW Masters Short Course Championships held at CISAC on 22 and 23 October 2011 with Adam Pine setting a new FINA world masters record and a new Australian record. Apart from Adam, Sasha Pine, Petria Thomas and Emma Wilson also competed for Ginninderra.

Adam set a new FINA world masters record in winning the 100m butterfly in the 35-39 years age group. His time of 54.49 was 0.07sec below the previous record of 54.56. However, his swim was not faster than the current Australian record, which he holds, of 52.24.

In the 50m freestyle, Adam set a new Australian and NSW record, swimming a time of 23.51. This was well below the old record of 24.07.

Adam is also the national record holder in the 35-39 years 50m butterfly, at 23.64. This time is also below the current FINA world masters record of 23.72.

Both Petria and Sasha also finished well in the medal count.

NATIONAL RANKINGS

Adam Pine (Age Group 35-39) finished 2011 ranked 1st in overall points score, 1st in the 100m Butterfly (sc) , 1st in the 50m Freestyle (SC) and 1st in the 100m Butterfly (SC)

Sasha Pine finished 2011 (Age Group 30-34) finished 2011 ranked 6th 100m Individual Medley (SC) and 6th 200m Individual Medley (SC).

Petria Thomas (Age Group 35-39) finished 2011 ranked 4th 100m in the Individual Medley (SC) and 7th in the 50m Freestyle (SC)



Gosford City Seagulls AUSSI Masters Swimming Club Inc.

Annual Report 2011

An interesting year. Gosford City Seagulls is in the BPS Division 2. Initially at the top but with falling numbers of members attending BPS Meets we will find ourselves around the middle of the Division for the foreseeable future.

The club organised the first BPS Meet again in 2011. We continue to meet on Wednesday evenings from 7.00 p m to 8.00 p m and in the last 3 months have started the first Monday of the month (providing it is not a public holiday). The club continues to have a number of members participating in the national Aerobics program.

Our members attending our own and nearby BPS meets shows our commitment to support locally. Fitness, Friendship and Fun are the reason we participate in Masters Swimming.

Val Lincoln has had some success this year with a number of Top 10 SC & LC achievements. One she was TOP TEN in the WORLD! Congratulations Val, who is club Vice President. The year has been difficult for Val and yet we see her attending a number of meets, but not quite to previous levels and she would prefer to be still at the previous levels.

One member attended an International meet in Wellington, NZ in March and came home with a Gold and Silver. Peter Ray attended the Australian Masters Games in Adelaide and had quite some success with a number of medals, not only in swimming.

Club numbers this year have been 12 so have remained static. Many attempts have been made to gain coverage in the local press and media with limited success - only one radio station giving us some coverage. The new branch poster has been used and is displayed by a couple of sponsors and other locations thanks to a couple of our members.

It has been a difficult year with losing a number of the sponsors from the past and this has had an impact on our financial status. Bendigo Bank, Megasave Chemist, Somersby Springs Water and Trackside Restaurant have been long term supporters. A number of other businesses have also continued supporting the club and their details are in the BPS Meet Program. The search for new sponsors / supporters continues.

The 2011 Presentation Dinner was held on December 14 2011. Four main awards were presented – Club Participation – Peter Ray; BPS Meet Participation – Neil Keele; Overall Point Score – Peter Ray. The final award, awarded by a nomination process and voting, was presented by one of our sponsors – Trackside Restaurant – to Neil Keele. Medals and an embroidered club bag were also presented to each member for their point score in their age group.

Keep enjoying your swimming – Fitness Friendship and Fun!

Neil Keele
President





Annual Report 2011

Hills AUSSI continues to struggle with a dwindling membership. We were a strong, large club of around 70 members in the 80s, recorded 59 in 1996 but reduced to just 19 in 2011. As a result of these dropping numbers, our representation at swim meets has dwindled and we did not get enough swimmers to compete in a relay in 2011, with the exception of our own meet. A few members do participate at BPS meets, those being Mark Hepple and the two Marions – Dreyer and Wait - plus our two over 80's Hilda Lindfield and Marg Davey (as a second claim member).

Only one member attended the State Short Course in the ACT Marg Davey – thanks Marg for flying the flag. We hold the eternal hope that in 2012 we may have a larger number of members compete.

Hills is in a sound financial position of the Club, thanks to John Wendt as Treasurer plus the hard work running raffles and conducting our own meet.

Our club hosted our biannual BPS meet with just over 100 swimmers at Galston at the end of July. Our close neighbours Castle Hill RSL Masters were the overall winners followed by Warringah and Hills coming in third. The Average Pointscore trophy was won by Blacktown. We trialled running a meet to attract both sprinters and long distance swimmers and included 400m, 100m and 25m events. The relays were the only 50m events. As meet attendance at most meets was low in 2011, it is difficult to determine whether this attracted more entrants. In 2012 we plan to return to our November timeslot for the Long Distance Short Course meet.

Our official Club training night is Tuesday night at the Galston Aquatic Centre when we are coached by one of the Centre's coaches.

Our social calendar has been very light this year, a bistro dinner at the Dural Country club prior to the AGM in February, a pleasant mid-year lunch at Greenshades at Galston and our Xmas party held at The Grange in Waitara.

As with most clubs, Hills AUSSI is run by a group of volunteers, without whom the Club could not function. Our busy helpers include Kim Chapman, Di Coxon-Ellis, Tony Howe, Sarnia Rusbridge, Freya, Janet & Sam Shearer, Melita Sutton and John Wendt.

All these achievements are also made possible by the infrastructure of Masters Swimming and the dedication and hard work of the branch and National bodies and personnel, both paid and volunteer. Our thanks go to these people.

We are looking forward to an even better 2012, with more competition and participation in Endurance swimming.

Di Coxon-Ellis & Sarnia Rusbridge
Registrar & Acting Secretary



HORNSBY MASTERS SWIMMING CLUB Inc.

hornsbymasters@gmail.com

Annual Report 2011

Hornsby Masters is a small club with goals to provide a friendly environment for people to train for fitness, and compete in Masters Swimming meets, should they wish to put their skills to the test. From a social perspective, they can make new friends, both within the club and through other clubs in the Masters swimming community.

Our club has members who train in an evening masters' squad at Abbotsleigh Aquatic Centre (Wahroonga), Loretto Normanhurst with the Aquabliss Squad and recently, at the new Knox Aquatic Centre (Wahroonga) program. One of our club goals is to meet more regularly to bring club members together for a squad session and social event at each of the current training locations.

In 2011 our membership numbers did not improve as we would have liked. However with a few swimmers still competing fairly regularly we maintained our position in Division 2 for 2012.

Two swimmers attended Nationals in Perth in April, which was again a Long Course event.

Craig Magnusson took home 2 Gold, also breaking the NSW State Record for the 200 Breaststroke, 1 Silver & 3 Bronze medals and Stuart Ellicott took home 4 Gold and 3 Silver. Stuart also broke his own national record for the 100 Breaststroke, and finally got the 200 Breaststroke national record (with his last chance in the age group) whilst beating his long time nemesis Alan Carlisle from Miami Queensland.

Craig and Stuart also competed at the NSW/ACT Masters Short Course Swimming Championships held in Canberra at the end of October, coming home with 4 gold and one silver each.

Craig swam the fastest 200 on the day, breaking his own State record by 0.52 secs and Stuart swam the fastest 100 on the day, breaking his own National Record by 0.75 sec. Craig also picked up the gold in the 200 Freestyle, 200 IM and a silver in the 50 Fly and Stuart collected gold in the 50 Breaststroke and the 100 IM and a silver in the 50 Backstroke.

Earlier in the year at the State Long Course Championships, 5 swimmers competed and a new member Lucy Dumitrescu scored a silver and 2 bronze medals, Leslie Buchanan 2 silver and 3 bronze, Max Henry 1 gold and 3 bronze, Stuart Ellicott 5 gold and Craig Magnusson 3 gold and 1 silver.

On overall points we placed 16th out of 40 clubs represented and 10th out of 23 for Average club points.

At a committee level, we met several times in 2011 to continue the discussions about our “brand” and we made progress by launching our new colours and name at the State Short Course Championships in Canberra. With new Polo Tops, new High-Fins Logo and Caps we certainly were more noticeable. Thank you to Craig Magnusson for all the work in brining this together.

On the social side we again missed the opportunity to have more social events in 2011. We will continue to try in 2012.

I look forward to continuing to build our club into one where all swimmers can participate and gain from the Masters Swimming motto of “Fitness, Friendship & Fun”.

Stuart Ellicott
President



Lane Cove Masters Inc.

Annual Report 2011

Lane Cove Masters is a delightfully informal swimming and social group, with wonderful, interesting members dedicated to the AUSSI ideals of "fun, friendship & fitness".

Membership

Ours is a relatively small membership of diverse community backgrounds. A small number of our swimmers regularly compete at inter club meets. We all share in a firm commitments to **Lane Cove Masters**. Due to our numbers at the last AGM, our committee structure has been somewhat reduced. Recently we have had a number of new members join our ranks. We look forward to their continuing participation. I take this opportunity to thank John Notley for his hard work and support of this club, without which over this last year, we may well not have survived.

Club Venue & Sessions

We meet at the Lane Cove Aquatic complex. This complex includes an 8 lane 25m indoor pool, a 7 lane 50m outdoor pool, spa, fitness centre plus wet and dry saunas. We swim regularly on a Tuesday night commencing at 6.30pm to about 7.30pm, (following kids squad). A regular group of us attend an after swim dinner at the Longueville Hotel immediately opposite for a much enjoyed group refreshment and sustenance. Here we have a regular booking in the bistro. All members and family/friends are welcome to join the 'regulars' in this congenial pass time.

Prospective Members & Visitors

Prospective members and visitors are always most welcome. We swim in lanes 6 & 7 of the outdoor 50m pool. Of course it gets a little cool making the dash from the pool deck to the change room inside the building.

Our club banner is now proudly displayed at all times at the deep end of the pool. simply arrive at 6.30pm and introduce yourself to the coach to be introduced to members and allocated a lane. We generally occupy lanes 5, 6 & 7.

Coach

Our wonderful professional coach Noel Peters who has taken good care of us and given of his best to our swimmers, has retired from the pool deck as of 31 March 2012. We thank him for his efforts on our behalf. We have a new coach in John De Vries. John used to swim with us as a second claim member, so we many of us know him well and look forward to enjoying his work with us.

Achievements of Members & Interclub Meets.

While we are small in number, the swimming achievements of some of our members are worth noting. John Notley (an over 80 member), is a regular competitor winning many medals and outdoing himself. Ken Cregan is also a fairly regular participant. A number of our swimmers are also strong and frequent competitors in the open water swims. Of note are Michy Holmes and Paul Gallagher.

Conclusion

Lane Cove Masters is continuing to succeed due to the strong, smooth and efficient team effort of its wonderful members.

Evelyn Kelly
President



MANLY MASTERS SWIMMING CLUB Incorporated

Annual Report 2011

Manly Masters Swimming Club welcomed 4 new members in 2011 which helped to maintain the total membership at 57 for the year. The club promotes an environment of fun, fitness and team spirit and recognises that members have different aims and abilities, but all are encouraged to improve their swimming and monitor their progress by participating in BPS carnivals.

During the year our coach Jacquie Watson left us to start a family. The club was fortunate to be able to replace Jacquie and appoint two professional coaches, Jon Mealor and Mia Lillenthal. Jon has over 15 years coaching experience which includes appointments as the County Coach for Cornwall UK and as South West England Coach, whilst Mia has over 8 years of both Junior and Adult Learn to Swim and Stroke Correction experience.

Manly Masters meet and train at Harbord Diggers/Mounties Club at Evans Street Freshwater. The club training session is held every Saturday morning using all 6 lanes of the 25m indoor pool. About half of our members train regularly at this session. Training is pitched at all swimming levels, focussing on good technique, stroke correction as well as speed and endurance. Following the pursuit of the black line members gather for a social coffee in the Diggers Club. There is an opportunity for additional training as the Diggers "Freshwater Fitness Club" provides 2 sessions on Tuesday evening, giving more personalised tuition.

Manly members competed, with some success, in 20 BPS carnivals, the state carnivals and Nationals. 83 Personal Best times were posted during the season. 38 made the Top 10 Nationally and a further 2 recorded a State Top 10. 4 National and 9 State records times were also set during the year. Twelve members swam World Top Ten times in 2010.

Manly hosted 25 clubs and 180 swimmers at it carnival in August at which 5 National times were recorded.

Following the time-keeping course run in house in 2010, during 2011 3 members completed their accreditation hours.

Our social committee promoted the theme of having fun throughout the year, organising several functions during the year including a dinner at the local TAFE, several outdoor activities which included the Seven Bridges raising funds for charity.

To help fund the running costs of the club, members conducted a chocolate drive, (no doubt there were a few guilty laps done at training to work off the extra kilos) and once again as in the previous year ran a sausage-sandwich stall, at a Bunnings store on one Sunday.

Ted Samojlowicz
President



Molonglo Water Dragons

Annual Report 2011

Once again we had a good year of swimming at Molonglo Water Dragons. Our membership was steady during the year.

Our training is spread over 2 venues with a third used for aerobic swimming. We have an excellent team of coaches who have really shown dedication in 2011 to the club. It goes without saying that without these people we don't have a club.

Our training sessions remained the same as 2010 at:

- Civic pool - twice a week (Mondays and Wednesdays 19:30-20:30).
- Queanbeyan pool twice a week (Wednesday (19:00-20:00) and Sundays (17:30-18:30))

This year the NSW State Short Course championships were held in the ACT which gave everyone a chance to compete without having to travel. We won the fourth division trophy again which was a great achievement.

We continued with the inter-club competitions between Molonglo Water Dragons and Tuggeranong Vikings. This project has been spearheaded by Gary Stustel. The points were cumulated over the year and unfortunately Tuggeranong, by sheer numbers, beat us over the year. We have tried to keep the tussle informal to encourage those who hadn't tried competitions before to participate. In 2011 we had a number of tussles and was enjoyed by those who attended. We were again cursed with the rain at the outdoor pool at Queanbeyan, however, it may have added to the good times everyone got as we raced to beat the thunderstorm. We continue the format for 2012

2012 sees a completely new committee take over the reins, bring a new burst of enthusiasm to the club.

Siân Jowitt
President

Myall Masters Swimming Club Inc.

Annual Report 2011

Our club has enjoyed a very successful year, both competitively and socially. Our membership stands at over 30 people.

Our club has once again enjoyed a very successful year, both competitively and socially. While our membership stands at 34 people, this, we feel is good, in an aging community of approx. 3,500 people.

We continue to enjoy exclusive use of the Tea Gardens, 25 metre, six lanes Pool on Monday evenings from 5.30 to 7.p.m. during the months of October through to mid-April under the guidance of Master Coach, Leon Bobako and Assistant Coaches, Peter Brown and Peter Kellaway. The introduction of the Super Series Handicap Competition during the season has been a great success and well supported by members. Our thanks to Rex and Judy Glover for the time and effort co-ordinating and recording the results of this series.

During the Winter pool closure, our keen and enthusiastic members car-pooled for the 110 kms. return trip to Lakeside Leisure Centre's heated pool at Raymond Terrace, at least once a week.

The Tea Gardens Hotel has generously continued its support for our club with discounts for accommodation, food and beverage and a cash donation which assists in providing member benefits such as equipment (swim aids and instructional material), sports clothing and administrative expenses. We greatly value this support and urge all Masters Swimmers (local and visiting) to patronise and recommend the Hotel to others.

Interclub Meets... Our club retains its division 3 status in NSW Branch this year with strong performances at our local meets at Gosford, Cessnock, Ettalong, Kurri Kurri, Novocastrian, Hunter Festival of Sport, Port Macquarie and Raymond Terrace. Additional member participation at Carnivals during the latter part of the year was most encouraging to the Coaching Team.

Social activities... In the form of the Club Awards an "Easter Hat Parade" night held in April at the T.G. Hotel was once again very popular and well attended. Thanks to our Social Secretary Kerry Patterson and the Catering Team of the T.G. Hotel providing us with a great evening. The Annual Awards given by our club's Coaching Team recognise swimmers who have demonstrated determination in developing swimming technique, attendance at training, self-motivation, and participation in inter club events and commitment to our Club. The Annual Award for swimmers from Lanes 1,2 and 3 went to **Col Bertram** and **Tracy Pereira** took out the award for advanced swimmers in Lanes 4, 5 and 6.

Membership Rewards... The Committee agreed to reward all members with a personalised Backpack with the Club Logo to promote Myall Masters Swimming Club and T Shirts (subsidised) with the club logo and slogan "Fit Fun and Forever Young" to publicise Masters Swimming in our community. Both of these items have been well received.

Christmas seemed to swoop down on us once again and we decided to take a break from the usual Christmas function to a quiet, convivial BBQ (cancelled due to inclement weather) at the pool, after aqua games and a little serious swimming on Monday 19th December.

Awards Night 2011: We are looking forward to our end-of-season Awards night on 2nd April 2012 with great expectation. Many thanks to our super Publicity Officer Rhonda Bobako for keeping us "and the world", up-to-speed on all our activities and achievements throughout the year.

My sincere thanks to the Committee and members for their enthusiastic support in 2011, without which our club would not be the enjoyable and well-functioning group that it is.

Here's looking forward to a rewarding and happy 2012 and to continuing our swimming for fun, fitness and friendship.

Peter Kellaway
President





Annual Report 2011

It was another busy and successful year for North Sydney Masters in the pool, the ocean, and of course with many social activities. This was North Sydney's 30th year as an official Masters squad. We had 120 fully paid club members in 2011 and an experienced committee to keep things running throughout the year. In addition to the club carnival, we continued to run our semi-annual Club Fun Day in April & September to allow our non-competitive members a chance to see how fast they are in a 50m racing sprint and to measure their progress over the year. These days were run by some great committee volunteers in Louise Laing & Luke Parr as well as several others who assisted as the starter (coach Alan Godfrey) and time-keeping. Pete Gregory & Matthew Leditschke took on the unenviable task of re-vamping our North Sydney club website and transferring it to a new server. This went off without a hitch in May and is now interactively linked to our facebook page as well.

We reverted our annual club carnival to February and enjoyed a good turnout despite a rainy summer evening at the pool under the bridge run by meet director Alan Godfrey. The club carnival had a total of 231 entries and raised \$900 dollars for the club. This is the most important carnival for our club, not just from a fundraising point of view, but also because, for many of our members, it is the only carnival they participate in for the year. We are proud of the numbers we get from our own club and were happy to once more walk away with the carnival trophy.

Our revised coaching staff of Steve Badger (head coach), Hiroto Homma & Alan Godfrey with occasional substitute coaching from Alvin Parr-Whalley and John Wynberg meant the club was able to continue to offer 4 training sessions per week. We moved our Friday evening session to Saturday mornings in November to better suit the needs and schedule of our club members resulting in better turnouts to this session. All coaches are committed to helping the swimmers meet their goals, whatever they may be, and the club continues to thrive with a core group of members committed to competing at the state, national, and international levels.

The social calendar for 2011 was a busy one with our social coordinators Melody Xu & Momo Kono at the helm. Events attended by club members included lunches & Pizza nights at the pool, Xmas in July (hosted by Peter Murray again), Mollymook "training camp", trivia nights at Waverton Bowls and the Xmas party. Mollymook was once again a great success, thanks to the efforts of Robert Hayter and Alan Matthews in organising pool time and accommodations for everyone who attended.

This year, the North Sydney Olympic pool also celebrated its 75th birthday. An official celebration spear-headed by head coach Steve Badger took place in October in the form of a 1km fundraising swim for breast cancer which was supported by members of the North Sydney Masters as well as regular patrons of the pool and the Badger swim squad. It was a beautiful, casual day out with a historical cossie parade and entertainment – all covered by the local paper.

Last year, North Sydney entered a total of 17 carnivals with 160 swimmer entries with highest participation at the State Relay Championships and the North Sydney Carnival. 51 club records were made in addition to 7 state and 1 national record. According to last year's statistics, John DeVries was our most dedicated racer, racing over 3000m during the year. Melanie Speet was awarded female swimmer of the year, John DeVries male swimmer of the year, Melody Xu most improved female and Chris Daly most improved male swimmer of the year. The most improved male swimmer of the year award has been re-named the Mort Bagley award in honour of Mort Bagley – a member who joined us late in life, but improved significantly while in his 70's and 80's – a true definition of a Masters swimmer who passed away in November 2011. John DeVries was also awarded the Gordon Cozins award for most points earned over the year. Other awards in 2011 included Relay team of the year of Mel Speet, Christina Echols, Gillian O'Mara, and Sarah Koch as well as outstanding swim of the year by Gillian O'Mara for a record-breaking 50 fly.

North Sydney Masters had another great year in the Sydney Ocean Swim Series. Numbers were similar to previous years with between 5 and 25 swimmers at each of the ocean swims between November and May. Fun and a personal sense of achievement are definitely the main reason for our swimmers taking part in ocean swimming, although many club members picked up age group medals throughout the series, Melanie Speet and Christina Echols our most consistent medal winners. At the club's annual Christmas Party and award ceremony, the club awarded Christina Echols female ocean swimmer of the year and Stephan Wall male ocean swimmer of the year.

Participation in both carnivals and ocean swims is a direct result of the encouragement and cajoling from our dedicated committee & coaches and open water captain Colin Hannah. Unfortunately, we had no pool captains this year, so members of the committee took turns rustling up enthusiasm for targeted carnivals and organizing relays with Colin Hannah & Christina Echols both stepping in as interim pool captains for different parts of the season.

Other volunteers that made 2011 the success it was include Matthew Leditschke as statistician, Alan Godfrey as race secretary, John Kain as treasurer, Louise Laing as secretary, Jen Langgons on membership, Melanie Speet as equipment coordinator, Grant Parr as vice president and Vlad Bonderenko as safety and training officer as well as our committee general members Luke Parr, Stephan Wall and David Hugo. With our strong membership and commitment of our volunteers, we look forward to another successful year in 2012.

Christina Echols

President



Novocastrian Masters Swimming Inc.

Annual Report 2011

Overall the club membership has remained fairly constant through 2011 although we picked up some new members towards the end of the year finishing with 52 members. Our pool is located *West's Balance Health Club* and they have continued their valued support of our club.

Our Tuesday training nights are well attended and Adam Beisler, our enthusiastic coach, continues to encourage members to improve fitness, style and lung capacity with a mixture of exhortation, humour and encouragement.

In the Division One BPS competition we swapped first place with Warringah a few times during the year however by year's end they came out on top with 8595 points compared to our 7479 points.

At the NSW Long Course championships we achieved 17 gold medals from five members, at the NSW Short Course championships we collected 11 gold medals from three members and at the NSW Long Distance Short Course championship we achieved 11 gold medals from seven members. There were six Branch records broken by three members and there were nine National records broken by four members plus a national relay record broken by our Mens 120+ 4 x 100 freestyle team. In addition Ian Jeffery was recognised with the award 'Swimmer of the Meet' at the NSW Short Course Championships held in Canberra.

Aerobics remains an integral part of club activities with a night a month allocated for aerobic swims. In addition the club held a special weekend swim morning to facilitate some longer distance aerobic swims and which also incorporated informal social activity that added friendship and fun to the fitness aspect.

Our home meet in November was attended by approximately 148 swimmers. It was great that people from distant clubs came along and supported our event. As the meet was run in conjunction with the Lake Macquarie Masters Games the club presented medals for top three placegetters and these proved popular with swimmers. A big thank you must go to all the volunteer officials headed up by Meet Director, Phil Murray and Meet Referee, Di Partridge. The support and skill of all the officials made for a well run meet and their help is greatly appreciated.

Other important club activities included the social interaction afforded by our attendance at Clarence River and Port Macquarie BPS meets, a dinner with Warringah after our meet and a Christmas function at the home of Mike Cockrem (Mike being our Secretary).

The club has continued its tradition of supporting our community in different ways, both as individual members but also as a club, typically raising money for community causes. This year members supported past member Alan Metcalf who paddled his rescue board from Sydney to Newcastle raising money for cystic fibrosis.

Our club will continue to thrive in 2012 with enthusiastic members carrying forward the principles of fun, fitness and friendship.

Mike Cockrem
Hon. Secretary





Penrith Masters Swimming

Annual Report 2011

Penrith Masters has had a very successful year, finishing 10th of 14 Clubs in Division one, with a total of 22 members.

Our swimmers attended 9 meets during the year with between 4 and 12 swimmers attending meets at different times. Two of our swimmers have been battling with cancer but fought through and came out the other side, a big relief to us all.

We have two members, training up for the Rottnest Channel Swim, an open water swim of 19.7 km. The swim is on the 25th of Feb 2012, our best wishes to them for a successful swim.

The club still trains on a Saturday from 7am to 8.30, although the venue has been changed from Penrith Pool to Dive in Academy. Penrith Pool had changed their Saturday opening times and could no longer meet our needs.

We are very fortunate to have Brett Daley as our new coach. Brett is enthusiastic and dedicated to the sport. He spends a lot of time developing programs to encourage increased effort and participation as well as concentrating on correct technique. The sessions are popular and are well attended.

Everyone is keen to re-register and we are looking forward to a successful 2012.

Regards

Garry Fletcher
Secretary

Prairiewood Masters

Annual Report 2011

Prairiewood club membership was consisting of three people:

- One male:
 - ✓ Hung Pham

- Two female:
 - ✓ Margaret Peterson
 - ✓ Na Vuong

Club Sessions are held on Thursdays nights 7pm-8pm where stroke correction and time trials are held.

Aerobic swims - Sundays 7am-9am three members swam aerobics swims this year. Winter months are popular as we swim in an outdoor heated 50m pool.

Hung Pham





Raymond Terrace AUSSI Masters Incorporated

Annual Report 2011

Although The Terrace remains a very small club, we do endeavour to have our carnival which manages to rally around all our neighbours in The Hunter which we appreciate very much as we all support them as much as possible during the year.

It is appreciated that we have volunteer coaches which encourages other local clubs to join us for training throughout the whole year. Very few of our members are interested in competing so they are encouraged to swim in the local carnivals.

Any of our social activities we also include local clubs which is always enjoyable.

Once more we hope to broach the Port Stephens council to complete our joint Club room, but apparently need to hold our breath as they are insolvent so promise nothing.

The Terrace will be represented not only Branch but State and National Championships but not the Worlds this year, however perhaps in Italy next year.

Yours in Fitness, Friendship and Fun.

Jan Finn
President





RYDE AUSSI MASTERS SWIMMERS Inc. (RAMS)

Inaugurated 7th November, 1981
Affiliated with Masters Swimming NSW 24th November, 1981
Incorporated 14th October, 1999
ABN 20 075 220 716

Annual Report 2011 For our 30th Anniversary Year

Memberships: The club finished the year with 58 members (25 males and 33 females) which was a slight decrease on club membership for the previous year (63 members). We were active in promoting the club during the year, by submitting articles to the local newspapers which were printed and maintaining an attractive notice board at Ryde pool.

Many people have generously provided their time to help organise the club's activities. Special thanks to our president John Amery, all the committee of management and others involved in the running of the club.

Club Sessions and Venues: The club has been fortunate to have had three regular coaches during the year: Vicki Watson, Greg Lewin and Wendy Seale. The variety of coaches has added to the variety of training sessions and drills provided which we are grateful.

Our regular training nights are Monday and Wednesday from 7:30 to 8:30 pm at the Ryde Aquatic Leisure Centre. Wednesday night also includes a social gathering for supper (tea, coffee and biscuits) at the conclusion of the training session.

Interclub Meets: Thirty seven members from the club competed in both long and short course carnivals during the year which included their own Ryde AUSSI Masters meet which was a great success. The attendance and excellent swimming put us third in Division 1 which is our highest ever ranking.

Aerobics: Numerous club members have participated in aerobic swims during the year, particularly our annual swim-a-thon at the Epping pool.

Achievements of members: Jenny Whiteley has had another fantastic year. Placed 10th in the Top 10 Women's point score, broke a National Long Course record and was the winner of the Ocean Swimmers Series with the prize being a swim at the Dardanelles. In addition, we had three other swimmers, Jamie Turner, Yvette Cotton and Helen Rubin who were consistently in the top 20 highest point score for swim meets.

Other members that have received awards this year include Helen Rubin who was recognised for her 30 years of service to NSW Branch and Ryde Club.

Jamie Turner was nominated for the Club Administrator of the Year and won this award.

Social activities:

- Training and social activities were held at the Gold Coast on the June long weekend and at Thredbo on the October long weekend. The Club members would like to thank Vicky Watson and Susan Leech in organising these successful events. This year the Club invited the Tuggeranong Masters to Thredbo training session and everyone had a great time.
- Swim-a-thon to raise money for a charity, Riding for the Disabled, and our club; and
- Annual Xmas Party.
- Each of the above events fulfilled the Masters Swimming slogan of **fun, friendship and fitness.**

Wendy Seale
Secretary



SANDBERN SWIM TEAM

P.O. Box 1053, Sutherland 1499

Annual Report 2011



Membership

In 2011 we had 73 financial Sandbern members of which 51 were financial Masters members. This was an increase of 55% on 2010!

Club Sessions/Venue

We regularly swim at the Sutherland Leisure Centre. Sessions are 0800-0930 and 0930-1100 Mon – Fri, with an extra session from 0500 to 0700 on Mon, Wed and Fri. There are two evening sessions, Tue and Thu, 1830-2000. There is also a session on Sat morning 0730-0900. Our Club Coach is Yola Janic and she plans our sessions around the next major competition we will be entering.

Carnivals

In 2010 we had had a very successful year, finishing 2nd in Division 4. We were determined to build on that success in 2011 and increased our efforts to get more Masters members to participate in more carnivals. This was very successful and we had the best season in the history of our club, finishing 1st in Division 2 and winning promotion to Division 1.

Social

During 2011 we enjoyed many social gatherings after training and carnivals, while the highlight was our annual Christmas lunch and presentation, which was very popular as usual.

Summary

Our membership covers all levels of swimming, but with one thing in common – we like to enjoy ourselves. We are very lucky to have a great venue at the Sutherland Leisure Centre and a great coach.

Yola Janic tailors our training sets to specifically prepare us for our competition program. She knows how to get the best out of everyone and is a great motivator, while always making it fun – to keep us coming back! Our great success during the year was almost entirely due to her efforts.

We are always keen to welcome new members, whether for fun, fitness or competition!

Paul Vallis
Secretary

Annual Report 2011

The Pirates' year started with an excellent social event (with many thanks to arch-organiser Rachel) just to round off the season of goodwill and gluttony. Then it was down to business and at the AGM in February we honoured Helen Wallace as our Club Swimmer of the year for her steady but determined improvement and Carolyn Opie as Member of the Year for her long term commitment to the Club and her contribution in and out of the pool.

In early March, an invitation from the Avalon Bilgola Amateur Swimming Club saw a group of Pirates in the very unfamiliar surrounds of an ocean pool. From a racing point of view Avalon were always going to swab the decks with us, but from a fun point of view it couldn't have been better. With no black lines and T's to guide them, the Pirates were almost literally lost at sea.

On April 3rd we conducted the first of our 3 heats of Club Championships. This is an excellent way to while away a Sunday afternoon with good swimming, friendly competition and some great grub from the galley afterwards. By the third heat in October there wasn't much doubt that this series is now a fixture in the Pirate year.

Inevitably the serious business of Masters Swimming arrived in April with the State Long Course Championships. A great team of Pirates had to work very hard to beat off a hard charging Warringah Masters for the Title. We were delighted that Pam Hutchings, returning from a long layoff with health problems was Female Swimmer of the Meet and John Bates Male Swimmer of the meet. John was also awarded the Peter Gilmour trophy for the best butterfly swim relative to the current records with his 50m swim. A great result for John who had worked so hard towards this meet and set a provisional World Record. Being John, however, the story carried on to later in the year.

A team of Pirates set off to the Nationals in Perth and once more Pam led the way with heaps of gold medals and National records. Kevin Vickery and Alan Dufty showed the way for the younger jack tars and a great time was had by all. Towards the end of June the Club once again took on the challenge from the Terrey Hills Terriers and we enjoyed a great evening of relay competition. We'd have to apologise to the other members of the Terriers' division as, at the State Relay meet less than 3 weeks later, they won that division. We just didn't realise we were shamelessly being used for match practice! At the same Relay meet we were overcome once more by Warringah but just managed to hold off Sandbern who did a great job in fielding such a good team.

Before the Relay meet on 25th and 26th June, like a few other Masters clubs we had a good turn out for the Mega Swim at SOPAC to raise funds for Multiple Sclerosis research. Those who took part in this 24hour marathon plainly had such a good time that we are hoping for quite a few more brigands to give it a go this year.

We held our own carnival at SOPAC in September and were happy with the day and the event but it's a big a venue for a club carnival and we felt that the atmosphere and interaction between our friends in swimming was lacking a bit. In 2012 we're moving our carnival to the new pool at Knox Grammar School and look forward to our friends and competitors joining us to check it out.

Then came October, the final heat of our Club Championships and the State Short Course Championships. In between, word came from FINA that John Bates's World Record, set at the Long Course in April wouldn't be recognised. As John Bates, President of the Galactic Records Commission observed, this is a minor irritation as it is still a Galactic Record. He went on to point out the curious anomaly that the Australian National Record for 50m Butterfly is now lower than the World Record.

At the State Short Course we were simply outgunned by Warringah, Blacktown and our Viking hosts. Still, we had a good time, rented a dubious house, found a great restaurant and press ganged Mark from Dubbo.

We started winding down towards the festive season with another well attended and particularly fierce Relay Challenge against neighbours Terrey Hills, and on the 29th December a good number of folk turned out for the 100x100 swim organised by Captain Mark. This annual event is open to all so why not come along this year and take up the challenge (you don't have to do all 100!).

For this year we're looking forward to doing battle again, splicing the mainbrace a bit (OK, a lot), and having lots of Fun, Fitness and Friendship.

Tamworth AUSSI Masters

Annual Report 2011

Our club remained steady with 8 registered members for this year 2011.

We continued to swim every Wednesday night, rotating our weekly program of Training, Aerobic, Race/Time Trial, Drills and Stroke Correction.

In March Kingsley and Andrew continued their annual ritual by attending the South West Rocks Ocean Swim. Kingsley doing himself proud by gaining 1st placing in his respective age group 50 – 59 years.

Martin managed to keep a few points on the score board for Tamworth AUSSI, attending a few Long and Short Course Carnivals throughout 2011.

During November members completed our own Postal Swim, “Swim Like a Legend”. We were required to swim the Short Course Events of: Lisbeth Lenton 200m Freestyle 2005 record, Grant Hackett 400m Freestyle 2002 record and Grant Hackett 800m Freestyle 2008 record.

Our goal was the swim for the same time that our legend swam, then stop and record how close you got to the finish line. None of us managed to swim anywhere near the distances of the legends, but thoroughly enjoyed taking part in these swims.

We celebrated our AUSSI Christmas get together at a new restaurant in Tamworth, “The Square Man Inn”. The food, service and company was enjoyed by all.

That’s it for 2011, I look forward to more Friendship, Fun and Fitness by swimming and coaching with Tamworth AUSSI in 2012.

Sonia Fawdry
Club Captain



Tattersalls Masters Club

Annual Report 2011

Tattersalls Masters was involved in both open water events and pool events across 2011.

In the open water, Tattersalls fielded teams in the Bondi to Watson's Bay swim, taking out the open team division for the 10th year in a row. Tattersalls also fielded a team in the Maui Channel Swim, and after a very close finish in 2010, managed to take out the race for the 5th year in a row from a very competitive team from the USA. The Tattersalls Team was raising awareness for the Black Dog Institute through its "Exercise your mood" program. Tattersalls also entered numerous teams in the various surf swims held across the Sydney summer.

In the pool, 4 Tatts members ventured to Perth for the National Masters Swimming Championships in April.

Alan Brown won gold in his 4 individual events, the 50m freestyle (NSW State Record), 100m freestyle (NSW State Record), 50m breaststroke and 100m breaststroke. He again broke his NSW State Record when swimming the first leg of the 4x50m freestyle relay.

Peter Joseph won silver in both the 50m and 100m breaststroke.(70-74 age group).

Alf Moufarrige won bronze in his 3 events, the 50m freestyle, 100 freestyle and the 200m freestyle (70-74 age group).

Peter Gibson came 5th in both his events, the 50m freestyle and the 100m freestyle.(70-74).

The guys also swam in 2 relays, the 4x50m free and the 4x50m medley and finished a close 4th in both.

Alan Brown(65-69 age category) broke the NSW State 50m freestyle Long Course Record on 4 occasions during 2011. Firstly at North Sydney in February, again at Homebush during the State championships in April and twice during the Nationals in Perth.

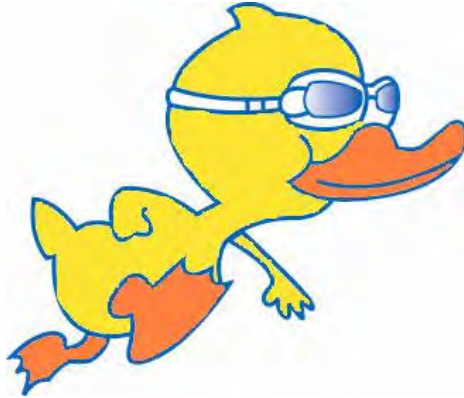
In September, a team from Tattersalls broke the FINA WORLD Masters Record for the 4x50m Short Course freestyle relay (200-239 age category) when swimming at the State Relay SC Championships at Homebush. The team of Alan Brown, Michael Gillis, Guy Farrow and Chris Fydler, swam 3:48.95 (average 57.23) to lower the WR held by the USA when "suits" were permitted.

The relay team swam in 3 events, winning all, breaking the National Record in the 4x25m by 3.5 sec, the 4x50m by 5sec and the 4x100m by 19sec.

Alan Brown, who led off in all 3 relays, broke the National Record for his age group in all 3 distances.

Chris Fydler swam 50.2 sec (with a fly start) in his 100m free relay leg (which was quicker than Ian Thorpe swam in his first comeback 100m free last year).Incidentally, the relay was Chris's first competitive 100m swim since winning gold for Australia in the 4x100m freestyle relay (with Thorpe, Klim & Callus) when beating the USA in World Record time in Sydney during the 2000 Olympics.

Tattersalls is looking forward to another year of competition in the pool and in the open water.



The Terriers Terrey Hills Masters Swimming Club

Annual Report 2011

The Terriers had a relatively slow year but a very exciting NSW SC Championship in Canberra. 2011 was our second year as a Masters Club and activity is growing.

Membership:

Membership remains under 20 swimmers which is a little disappointing and additional activity is planned for 2012 to attract the other regular 'master' swimmers at Terrey Hills Swim School to join and compete.

Events

We have a small core of swimmers who now compete regularly in various interclub events and this core is building.

We do appear to get a significantly larger interest in NSW events.

The highlight of 2011 was our first club win in the NSW Short Course Championships in October in Canberra. It was our first 'away' event and for the Terriers to come away with a first in Division 3 was a great achievement. 'Go the Terriers'.

Training Sessions

The Terriers training was held at the Terrey Hills Swim School and we thank Anne, Aaron and Rafa for their support and assistance during the year.

Planning for 2012

We are planning a drive to attract more participating members with some 'social' events and better information to swimmers regarding our aims and activities.

The Committee



Trinity AUSSI Masters Swim Club

Annual Report 2011

Another year has passed with all things good and well. We have managed to keep the bulk of our membership with the membership at 30 slightly down from last year.

At Trinity we hold our club night from 7pm to 9pm on Wednesday nights in the Trinity Grammar school pool at Summer Hill. During the night we have training and stroke correction for all levels of swimmers provided by our coach and club captain John Kulhan and then a few races to keep everyone in top form. On the last club night of the month we have a short program and then a light supper to keep us as social as possible, here we discuss our swimming techniques and future events and of course all the latest topics in the news and the social pages.

This year we did not have a carnival which I know a lot of people were disappointed about, however we are all systems to go for our carnival in 2012.

Whilst our numbers a slightly down we have still had a few swimmers participate at various carnivals during the year and they have acquitted themselves admirably, hopefully we can get a few more along to the carnivals next year. Whilst no new records were set by our swimmers, they enjoyed themselves and were proud of their performances.

The aerobics program was participated by most members of the club with all those achieving new goals. John Kulhan and Geoff Murphy were able to gain maximum participation by doing every swim possible. Congratulations to all our members for all their swims.

We also had one swimmer complete the 5km West Auburn postal swim congratulations to John Kulhan great swim.

At Trinity we are a social bunch and enjoy ourselves whenever we are out and about this year we had our Christmas party at the Ashfield RSL restaurant with a fine buffet dinner and drinks, great night had by all, thank you to Daphne for arranging the night.

In conclusion we wish everyone in AUSSI good health and keep up the swimming.

Regards
John Kulhan

Tuggeranong Masters Swimming ACT Inc.

Annual Report 2011

“Fitness, Friendship and Fun”, this is what Tuggeranong Masters Swimming has achieved over the past 12 months. We are a flourishing club with final membership for 2011 standing at 73 including 2 second claim members who have recently joined the ranks. (Great to see a few more men this year)

With 3 regular night time training session (Tuesday, Thursday and Sunday), a morning session (Thursday) and a couple of aerobic sessions (Tuesday and Saturday) throughout the week our members are not short of options to help them keep fit.

It has certainly been an extremely busy year this year in the water, and not just in the pool as some of our more adventurous members tackled the lakes and oceans for a different challenge than following the black line. The comradeship shown at these events is one that we are proud of and the friendships made hopefully lifelong.

We have had members competing at the following carnival events: Central Coast BPS, North Sydney BPS, Interclub - Queanbeyan, Blacktown City BPS, NSW Long Course Championships, 36th National Championships, Ettalong BPS, Wett Ones BPS, Interclub - Tuggeranong, NSW Relay Championships, Campbelltown BPS, Manly BPS, NSW Long Distance Championships, Ryde BPS, Interclub -Queanbeyan, Seaside Pirates BPS, Warringah BPS, 13th Australian Masters Games, NSW Short Course Championships, Tuggeranong Challenge and West Auburn Long Distance.

As well members participated in the following open water swims: Tathra Wharf to Waves, Capital Summer Sports Festival Swim, Sri Chimnoy Lake Swim, Jervis Bay Triathlon Festival, Sydney Harbour Swim, “Tried the Bay”, Batemans Bay Triathlon Festival, Hawaii swim, Sri Chimnoy National Capital Swim and the Sri Chimnoy Triple Tri.

We have had great success at these events with Club, NSW and National Records being set. Our success at these events is due to the tremendous effort put in by our members at our many training sessions and the dedication of our coaches who put together the many varied programs for us to follow. Our coaches work hard at keeping us focused and motivated and have had to put up with us arriving late, whinging and whining, having a social chat when we should be swimming, getting out for toilet breaks and anything else we may throw at them. Our coaches consist of Jeanette Droop, Brenda Day, Tanya Day, Leisa Cass and Anne Smyth.

Our other achievements in the pool over the past 12 months are made up of the Postal Swims and the Aerobics Program. This year we have had members participating in the following Postal Swims:

British Long Distance Swimming Association, New Zealand Northland Masters “The Wall”, Bunbury Postal Swim, Tuggeranong Trifecta, and the Aqua Jets Taskmaster Postal Swim.

We had a very successful year again this year with the Aerobics program scoring in excess of 5500 points and swimming over 800 KM. We had a terrific result last year in the aerobics program and our members have certainly taken on the challenge on trying to improve on our placing from last year. Our aerobics swimmers are a dedicated bunch and they should be proud of their achievements.

This year we put in a huge effort for the MS Mega Swim where we fielded two teams, the Sensations and the Superstars. Not only did we swim for 24 hours but we managed to complete some of our aerobics swims while clocking up 144.10KM. We managed to raise \$6589.70 for Multiple Sclerosis between the two teams. Those that participated enjoyed the atmosphere and had a great time, although not a lot of sleep was had.

On the “friendship and fun” side of Tuggeranong Masters Swimming we have had several social activities organised for our members over the past year. February 25th to 28th saw the Annual Surfing Weekend where a group of keen would be surfers enjoyed a weekend away at the Island View Resort in Narooma. Drinks on arrival Friday night, a lesson on surfing on Saturday morning, a beer or two around the barby on Saturday night and kayaking on Sunday made for a fantastic weekend away.

A celebration of 25 years of Tuggeranong Masters Swimming and Dinner of the Decades was recently held at the Erindale Vikings Club. This was a fantastic night where loads of memorabilia was on display and old and new faces joined together to create a great atmosphere. Life members Jill and David Mortlock, and “feral” Mike Snoad travelled from the coast, and past member Di Gregory travelled from Tasmania to help us celebrate. We also helped some of our members celebrate their decades birthday on this special night as well as farewelling Gillian and Bruce Laughton who have headed to Melbourne to be closer to family. Gillian and Bruce have been members since the early 2000 and have played a big part in our club especially as Committee Members and Technical Officials, always helping out at all our events held in Canberra.

The October long weekend saw 6 of our members embark on a weekend away at a swim clinic in Thredbo with Ryde Masters. This is the second year that Ryde Masters have invited Tuggeranong Masters to a 4-day intensive training camp, a gruelling weekend of 6 x 2 hours swim sessions, skiing, sightseeing and the opportunity to meet Master’s swimmers beyond our usual circle and make some new friends over shared meals and a few drinks. Certainly the three elements of the Master’s Motto were included in this weekend.

Lastly was the end of year Dinner and Presentation night where the following awards were given out:

- Gillian and David Buckley Encouragement Award – Bill Eversham
- Judy Gallagher Memorial Award for Most Improved Swimmer – Frank Hubner
- Postal Swimmer of the Year – Jane Lindsay
- Swimmer of the Year – Pam Munday
- Iron Person of the Year – Greg Gourley
- Club Person of the Year – Ann Reid
- Certificates for the Aerobics Program

The Vikings Rugby Union Club has continued to support us with the proceeds of the Friday night raffles in which we participate in four each year. They also provide us with a bonus grant in which this year we put towards a new starting device, a much needed improvement to the “strangled chook” (an antique starting device designed by a past member).

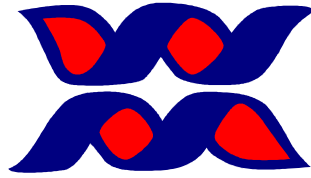
In February the Vikings Sports Award Dinner for 2010 was held. We had nominations in two categories: Outstanding Team Performance – NSW Long Course Championships Team 2010.

- Vikings Health and Fitness Centre Award for “Outstanding Volunteer” – Jane Lindsay

Our NSW Long Course Championship Team 2010 was shortlisted in the nominations and received a plaque. A group of Vikings descended on this event for a great night out dressed in our club polo shirts which attracted a lot of attention from the photographers. We have recently expanded our uniform range by introducing a new rugby top and shorts.

As you know the club would not exist if it was not for the hardworking committee that have worked tirelessly throughout the year to ensure that the club runs smoothly, and to provide members with a variety of activities to enforce the Masters Swimming Motto, “Fitness, Friendship and Fun”.

Annette Britten
President



WARRINGAH MASTERS

Annual Report 2011

Warringah's membership has remained stable over the last year. At the end of 2010, we had 103 members, and at the end of 2011 we had exactly the same. Nine new members joined the club, and one former member rejoined. In recent years we have had up to 117 members, however, generally our attrition rate has been in the order of 15% per year. Consequently we draw some consolation that this attrition rate has been reduced to less than 10%.

A hard core continued to compete regularly in the BPS Carnivals, and their consistency paid off enabling the club win the Division 'A' Pointscore for the fourth consecutive year. In the championship carnivals we retained the Relay Carnival Championship, regained the State Short Course Championship, but alas Seaside Pirates retained their dominance of the State Long Course Championships, and we extend our congratulations to them for their success. Congratulations also to Picton Masters for winning the AUSSI Executive Trophy at the State Championships.

The club retains a hard core of 20 coaches under the tutelage of our Fitness Director and Head Coach Nick Woodhams. This has enabled us to continue the policy of allocating one coach to every two lanes at our biweekly training sessions.

Four Warringah members broke Branch records during 2011, including new member Ossie Doherty who broke the 25m and 100m short course freestyle records in the 85-89 Age Group. The other achievers were Peter Kaupert in the 800m and 1500m backstroke in the 70-74 Age Group, Arthur Lith in the 25m backstroke in the 75-79 Age Group, and John Pagden in the 25m backstroke in the 70-74 Age Group. Forty five members appear in the National Top Ten for 2011, with a total of 241 mentions, and 28 first placings. Our best performers were Marilyn Earp and Stuart Meares and Peter Kaupert.

Over 50 members participated in the Aerobics Programme, a 40% increase over 2010 thanks to the hard work of Paul Bailey in encouraging more members to set themselves milestones and to complete them in time. Three members, Maxine Peacock-Smith, Nick Woodhams and Peter Kaupert completed the programme.

Our own BPS Carnival attracted more entries than the 2010 Carnival, so hopefully the decline in numbers seen over recent years has been arrested. It was again a magnet for 25 metre record attempts, 11 of which were successful. In all 9 Branch and 5 National individual records and one relay record were broken at the Carnival.

Marilyn Earp again conducted two CPR courses for club members during the course of the year ensuring that at least 25% of members have at least up to date CPR certification. She also represented the club at many carnivals during the year, on many occasions putting her officiating duties above her desire to participate. Outside the club, Stuart Meares and Tony Tooher continued to represent the club on the State Executive.

We continue to be supported by The Aqua Shop in Gordon, and the Warringah Aquatic Centre. The Aqua Shop is our major sponsor, and the Warringah Aquatic Centre is the major supporter of all levels of swimming in our area.

The club continues to enjoy a special relationship with Novos, both in the pool and socially. The reverse competition for the 'Turkey Trophy' (the loser is the holder) at every BPS Carnival continues. As usual the Novos Carnival was followed by a collective dinner and the exchange of questionable mementoes for the pointscore losers. The competition for the Yamba Fancy Dress crown went up a notch this year, with the Walt Disney theme – we will have to improve on our Snow White and Seven Dwarf act next year to impress those parochial mid north coasters.

On behalf of Warringah, I would like to take this opportunity to thank Jane Noake and the Branch Executive for the operation of a very professional sporting organisation. We would also like to thank Di Coxon Ellis for the years she spent helping us with our administrative chores, and we wish her an enjoyable retirement and hopefully one that will still include attendance at swimming carnivals. We also extend a warm welcome Jillian Pateman as our new Administrator.

Wilson Gamble
President





Werris Creek ASC

Annual Report 2011

The 2010/2011 season started with the application of two coaches which saw a shared roster to suit both coaches and the swimmers.

WCASC has a total of 47 members and 11 life members.

During the season we have seen a number of improvements made which include:

- New backstroke flags
- New whiteboards
- A new Starter that was kindly donated by Pacific National to the value of \$2000.00

WCASC has received written confirmation from Liverpool Plains Shire Council for the WCASC to take and install the five starting blocks that were held at Quirindi Pool, but due to the legal depth required they are not able to use them. WCASC is having the 6th starting block made to match the other five and they will be installed during the winter season ready for use over the 2011/2012 season.

New security screens for the club house windows and doors have been ordered and will be installed in the near future.

Last year WCASC had 10% of club members competing at carnivals and this year there was an increase to 80%. Out of that 80% there has been a 70% improvement on times.

This year the club had nine country qualifying times from its members. Three of those members competed at the NSW Country Championships in Sydney and one of those members making the final.

Five swimmers also swam at the Speedo finals.

Through the School swimming carnivals there has been a large number of members that achieved more than expected and created a lot of interest for the club. Nine swimmers will be competing for their school region a PSSA state in Sydney.

Due to a large interest from members there is a planned winter program to enable the swimmers to attend six sessions over the winter months.

Overall the 2010/2011 season has been a bit success and I'm looking forward to another successful season next year.

Jeremy Wardrop
President WCASC



Annual Report 2011

MEMBERSHIP

We had 27 financial members at the end of 2011. We average about 10 swimmers at most sessions, but thanks must go to our most regular stalwarts who are always on deck for timing, opening and closing - Malcolm Heath and Maureen Hall. We are working closely with Dooleys (Lidcombe Catholic Club) and Brad at the Aquatic Centre to try and build our membership numbers.

CLUB SESSIONS & VENUE

We swim at the Ruth Everuss Aquatic Centre (Auburn) on Wednesdays at 7:00pm, Fridays at 7:00pm, and Sundays at 9:00am. During winter this year we swam at Birrong pool. We have a wonderful coach (Kerryn Blanch), who has provided all of us with individual programs to follow whenever we can get to a pool. We have six members with Bronze Medallion qualifications.

INTERCLUB MEETS

We were represented at most BPS carnivals in NSW this year, as well as State (SOPAC, Kurri Kurri and Bruce). Club officials were on deck at most carnivals (We have a large number of qualified officials).

WESTS LONG DISTANCE / LONG COURSE CARNIVAL

A very successful carnival, with 21 clubs represented. The weather was good to us, and some great swims were completed. 15 State and 7 National records were broken. Next year we will hold a BPS Carnival.

WESTS POSTAL SWIM

We held our annual 5000m postal swim again this year. We had a weaker response than last year, with 23 individual swims and 23 relays. Our new event: the 4 x 1250m Individual Medley had a couple of swimmers. We hope for a better response in 2012.

AEROBICS

17 of our 27 members participated in the National Aerobics Scheme (63%), giving us a total of over 2600 points, at an average of 97. Only one member (Michael Parkinson) scored maximum points, while Kerryn Blanch and Hillary Morrison competed in all swims.

CLUB COMPETITIONS

We run two competitions within the club. One is a short distance point scoring competition (200, 100, 50, 25m) where eight swims per month score points. The other is a club record breaking competition which was very keenly contested this year.

ACHIEVEMENTS

Most of our swimmers will have their times entered for the Top Ten competition.

SOCIAL ACTIVITIES

Our presentation day was at Terry & Susan's home in North Rocks. Our Christmas party was at Auburn pool. We venture to Dooleys (Lidcombe Catholic Club) every first Friday of the month (after swimming), and for pizza every third Friday of the month.

Terry Gainey
Treasurer





Annual Report 2011

Committee 2010-2011

The following committee was elected at the AGM in 2010:

President	Ryan Bennett	Male Swimmers Representative	Frank Markus
Vice President	Pascal Blanquer	Safety Officer	Jason Ellem
Secretary	Haydn Wood	PR and Fundraising	Panos Couros
Treasurer	Dan Henzi	Social Secretary	Scott Abbot
Registrar and Race Secretary	Vassili Efimov	Non-portfolio	Nick Taylor
Female Swimmers Representative	Catherine Rogers		

The positions of Safety Officer became vacant during the year following the resignation of Jason Ellem. This position was not filled until the 2011 AGM.

Membership 2010

The club consisted of 85 members, including 14 female swimmers as at 19 October 2011, which is an increase of 3 members from the end of last year.

Carnivals

As at October 20th, the club had scored 1604 points which puts us in 10th place in Division 1. This represents a decrease of approximately 800 points from the 2009-2010 season, which is a reflection of less carnivals attended by Wett Ones and generally fewer attendees at those carnivals that we did participate in.

The Wett Ones participated in 12 carnivals throughout the year, including:

Central Coast (Gosford)	Noosa
Cessnock	Wett Ones
North Sydney	IGLA Championships (Hawaii, USA)
Asia Pacific Outgames (Wellington, NZ)	Warringah
Ettalong	Long Course State Championships
National Championships	Short Course State Championship

The Wett Ones finished 1st at our own Carnival, 2nd at the Asia Pacific Outgames and 3rd in Gosford.

The Wett Ones Carnival was again a great success for the club. Whilst the number of Wett Ones registrants was down from 2010, it is noted that the overall number of registrants was also down from last year. However, the event ran very close to schedule with no major issues noted and it proved to be, once again, a great bonding event for the club. As per 2010, a post-carnival dinner was held with partners as well as visiting swimmers from Melbourne, Brisbane and New Zealand invited along.

This year no timekeeper, marshalling and check starter courses were held for Wett Ones.

Individual results

The Wett Ones had 38 members ranked in the National and State Top 10 for their age group. In addition, many club records were set over the course of the year and several of our swimmers improved on various personal best times.

The following National and State records were set by Wett Ones over the course of the year.

National Record	Chris Healey - 25m back - 14.01
State Records	Haydn Wood - 25m fly - 13.11
	Haydn Wood - 25m free - 12.17
International Gay and Lesbian Aquatics (IGLA) Record	Corey Buckman – 400m IM – 5:02.32

Coached swimming – Sydney University

We were again fortunate to have three dedicated coaches for the 2010-2011 season at the Sydney University Sports and Aquatic Centre, all also being active members and swimmers with the club. The club's heartfelt thanks are extended to Danny Crowe, Catherine Rogers and Vassili Efimov. The coaching program during 2010-2011 was tailored to focus on selected target carnivals including the Asia Pacific Outgames, the Wett Ones Carnival and the State Short Course Championships in Canberra.

The club organised for Matt Jaukovic to act as interim coach for two weeks. Matt is a current coach at Sydney University as well as a former world record holder. The feedback received from his sessions was very positive.

The club also provided two new coaching initiatives for our members:

- Periodic 'swim better' sessions, involving dedicated stroke improvement work with video coaching
- A Butterfly Master Class was provided to interested members on 26 June 2011, provided by Matt Jaukovic.

Andrew Boy Charlton Saturday Morning Swims

Thanks to Dan Henzi for running the Andrew Boy Charlton sessions on Saturday mornings during the 2010-2011 season.

Social

Several social activities were planned throughout the year in addition to our regular pub nights, held after training on Wednesdays. These events included a weekend away at Pearl Beach in conjunction with the Central Coast Carnival, a Hunter Valley wine tour, our Christmas Party at Big Kev's and, of course, all the festivities that went along with the Outgames in Wellington. Thanks to our Social Secretary, Scott Abbot, and to everyone else who helped make these and other events happen.

Ryan Bennett
President

Pascal Blanquer
Vice President



MASTERS SWIMMING

President: Lynne Matthias
Secretary: Robin Henze
Treasurer: Doreen Walton

All Correspondence to Secretary: 11 Camden Street, BALGOWNIE 2519

Annual Report 2011

Welcome to our AGM for 2011, our club has survived another year. A few members attended both long and short course State carnivals this year and also Club meets. I'm happy to say for the first time in a while we had six swimmers attend Campbelltown carnival and it was great to see. Our official club swim is still at Corrimal pool on a Sunday morning and coffee after the swim once a month in winter and every week as the weather improves.

It's great to have Doreen back in the club, and new member Karline, who is enthusiastic and keen to improve her swimming and attend lots of carnivals both local and overseas. Also, it has been great that Roger with his dual membership has been swimming with our club at some of this years meets. I'm very proud to say we are leading Division 3 at this stage in the point score. Well done.

Thank you again Sue for all your hard work and dedication as an AUSSI official at Club, State and National competitions and also the executive officers for their time, effort and skills devoted to keeping the club functioning.

To all our members, I wish you a year of health, happiness and swimming your best.

Lynne Matthias
Club President



Office of
Communities
Sport & Recreation



Annual Report 2011

THE YEAR 2011 Started with great celebration when we won the BPS Average Points Trophy for 2010, it was a President's and founders dream come true. From very small beginnings in 2003 to climb the ladder of success was a great achievement, this was only achieved by the dedication and enthusiasm of our members Thank You

Membership has stayed quite stable with 25 registered, welcoming 2 new members Paul Sinfield and Janette Cripps.

Club night is Monday night with an average 15 attending each week sharing the pool now with Aqua Aerobic class causing a few waves and making our swimmers feel that they are doing an ocean swim instead of laps has been quite a challenge not a deterrent in any way as they all still turn up each week and have an enjoyable time, especially Julia's snack's and chat after the sessions. Thanks to the generosity of the Y.M.C.A Managers of the Toukley Aquatic Centre for the use of the pool facilities for free.

On the Carnival side, well the Club overall had a lot of things happen to our members so representation was well and truly down from previous years. Two members had serious accidents injuring their shoulders and one had knee surgery putting them out of action, wishing you all a speedy recovery and better health for 2012.

We welcomed Jade Mifsud's beautiful baby boy TY and definitely know he will be a water baby in the coming years if he follows his mother's instincts. A few decided travel was a better option.

The Club meet at Toukley Aquatic Centre Header Street on Monday evenings 6.30 to 7.30. Other training sessions are available to our members, the Adult Fitness Squads organized by the pool on Tues/Thurs 6.30 to 7.60 pm a numbers of our members attend.

Socially our Christmas dinner at the Chinese to finish the year off was a great success, especially the Kris Kringal with lots of laughter.

Our annual Picnic to Sandy Bay didn't happen, we will make up for it in 2012 booking dates already.

I would like to thank our committee Bonnie Cook our Treasure for keeping our books up to date. Greg Martin Race Secretary/ Secretary you keep us well informed and do a great job, and don't let us get away with anything and Ellen Sherrin computer wizard Register Thank You.

Also like to thank George Brown, who has attended many carnivals over the year not only Refereeing also representing the club in swims.

And last to all our dedicated and loyal members, your commitment has made us what we are a fantastic friendly Club ,wishing you a great year ahead.

Ruth Wall
President



CLUBS THAT DID NOT SUBMIT AN ANNUAL REPORT FOR 2011

Bush Rangers
Castle Hill RSL Masters Swimming Club
Georges River Bullsharks
Hunter AUSSI Masters
ITAC Warriors
Lake Macquarie Crocs Masters Swimming
Liverpool Leatherjackets Masters Swimming Club
Maitland AUSSI Masters
Merrylands Amateur Swimming Club
Nelson Bay Dolphins
Oak Flats AUSSI Masters Swimming Club
Picton AUSSI Masters
Port Macquarie Masters Swimming
Shoalhaven Seahawks
SOPAC Swim Team (Masters)
St George Masters Swim Club
Willoughby Swim Club