



Masters Swimming NSW Long Distance Championships 2026

Sanction # 2026LDLC

Granville Swimming Centre

Enid Ave, Granville, NSW 2142

Sunday 22nd November, 2026

Long Course - 50m

(this pool has a current survey - NSW and national records can be set)

Warm-up: 8:00am	
Start: 8:30am	
1	1500m Freestyle
2	800m Butterfly
3	800m Backstroke
4	800m Breaststroke
5	800m Individual Medley
6	400m Freestyle
7	400m Butterfly
8	400m Backstroke
9	400m Breaststroke
10	400m Individual Medley

Maximum of two events per swimmer

Cost: \$35 per swimmer - including pool entry

Closing date: Midday, Friday 13 November 2026

Please note that due to time constraints, special restrictions will apply:

- o Event 1 - 1500 metres is freestyle only (no form strokes)
- o Swimmers may enter EITHER event 1 or an 800m event
- o We will endeavour to run events as races (i.e. not with staggered starts)

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Entries

- o Swimmers must individually lodge their entries online through Swim Central.
- o A link to the online entry system, and step-by-step instructions on the entry process, may be found on the “Events” page for this meet on the MSNSW website.
- o Swimmers’ ages will be calculated as at 31 December 2026. Swimmers must be registered with Masters Swimming Australia at the closing date for entries.
- o Following close of entries, entry times drawn from Swim Central can be edited via a link which will be emailed to all entrants.

Rules

- o These Championships will be governed by the rules of Masters Swimming Australia and Masters Swimming NSW in force at the closing date of entries.
- o Swimmers should arrive in plenty of time for their event. Swimmers will not be re-seeded if they arrive late.
- o MSNSW **SunSmart Sport** & **No Smoking** policies, and MSA **Warm-Up Safety policy** will apply at this meet. Please observe all safety signs.

Awards

- o **CLUB**
State Championship Trophy to the club with the highest point score in each IPS Division.
- o **INDIVIDUAL**
Medals to 1st, 2nd and 3rd placegetters in each individual event in each age group for MSNSW members.
- o Visitors are also eligible for medals.

Warm-up facilities

- o During competition warm-up and swim-down facilities will be available.

Timekeeping

- o All swimmers must support the meet by assisting with timekeeping. If you’re unable to timekeep, please arrange for a family member or club member to cover your shift.

Results

Available through a live results webpage (link below) and via Meet Mobile.

<http://liveresults.mastersswimmingnsw.org.au/>

To contact Masters Swimming NSW
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