



RYDE MASTERS SWIMMING CLUB

Sanctioned by Masters Swimming NSW

Sanction number: 2026009



masters
swimming
NEW SOUTH
WALES

Saturday, 29th August 2026

Venue: Ryde Aquatic Leisure Centre

504 Victoria Road, Ryde (entrance to carpark via Margaret St or Weaver St)

Indoor heated 8 lane 25 m short course pool with anti-wave ropes. 1 of the 8 lanes for warm up/swim down, 7 lanes for competition. This pool has a current survey, state and national records can be set.

Warm Up: 10:30 am Start time: 11.00 am

Warm-up will be conducted in accordance with the Masters Swimming Australia National Safety Policy

Program of Events

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|----------------------|------------------------------|
| 1. 200m Freestyle | 7. 100m Butterfly |
| 2. 50m Butterfly | 8. 100m Individual Medley |
| 3. 50m Backstroke | 9. 50m Breaststroke |
| 4. 100m Freestyle | 10. 50m Freestyle |
| 5. 100m Backstroke | 11. 4x50m Freestyle Relay |
| 6. 100m Breaststroke | <i>(Women's/Men's/Mixed)</i> |

Entries

Entry fee: \$35 (incl. transaction fees & pool entry). Spectator entry \$4.00.

Closing date: Friday, 21st August 2026 at 12:00 pm.

- For Masters Swimming members only
- Maximum of **four individual events** plus one relay.
- **No late entries**, no non-point scoring entries
- Swimmers wishing to swim a form stroke in Event 1, for Top Ten or record purposes, must nominate the stroke with their entry.
- Entries must be submitted individually and payment made through Swim Central by the closing date. This can be accessed from the meet details page on the MSNSW website at <https://mastersswimmingnsw.org.au>.
- Assistance with timekeeping is needed, please bring stopwatches and be prepared to help.
- Masters Swimming Australia competition rules current at the closing date for entries apply.
- No pacing devices including watches are permitted during warm-up or competition.
- MSNSW **Sun Smart Sport & No Smoking** policies, and MSA **Warm-Up Safety** policy will apply.

Enquiries: Helen Rubin mob: 0414 945 729 Email: h Rubin@comcen.com.au

Awards: Perpetual Trophy to winning visiting club.

Presentation: FREE BBQ and presentation in pool grounds at conclusion of the meet.