



MASTERS SWIMMING NSW NEWSLETTER



2026 MSA NATIONALS



Congratulations

Jeanette Brits - Manly

Female Swimmer of the Meet

Tony Goodwin - Manly

Male Swimmer of the Meet



[Read all about Nationals here](#)

JEANETTE BRITS - WORLD RECORDS



Provisional World Records

Congratulations to Jeanette Brits from Manly who has provisionally broken 4 World Records in the Women's 65-69 age group, at the 2026 MSA National Championships in Brisbane

400m Freestyle: 4:55.87

200m Freestyle: 2:20.35

800m Freestyle: 9:56.21

400m Freestyle (split): 4:55.59

*The 400m split in the 800m event was done after the 400m individual swim, therefore both times will be submitted for recognition.



Jeanette Brits has provisionally broken a SC World Record at the Mingara IPS meet

200m Freestyle: 2:19.62

Congratulations Jeanette!

MSA COACHING EXCELLENCE AWARD



Congratulations

The Coaching Excellence Award acknowledges the vital role coaches play in supporting, developing, and inspiring Masters swimmers across Australia. Coaching Excellence may be demonstrated in various ways, whether through high-quality coaching on pool deck, the development of inclusive and supportive training environments, or meaningful contributions to improved swimmer performance, confidence, and enjoyment of the sport. Their commitment not only enhances individual outcomes but also strengthens club culture, encourages lifelong participation, and supports the ongoing growth of Masters Swimming. These awards celebrate those who embody the values of Masters Swimming Australia and whose dedication makes a lasting and meaningful impact on swimmers and the broader organisation.

Congratulations to Susan Leech, Bush Rangers Masters, Penrith (NSW) on being awarded the 2025 National Coaching Excellence Award.

Susan who swims for Penrith AUSSI Masters and Bushrangers (MSNSW Virtual Club) is a MSA-accredited coach who from early 2025 has developed a series of Swim By Yourself programs that she makes available by email to support masters swimmers. This excellent initiative by Susan targets swimmers who may not have a club coach, those who are unable to attend coaching sessions in their area and those who do not have access to coaching sessions, e.g. swimmers in regional areas. Her initiative in providing an online coaching service is hugely beneficial and has positive impact overall for Masters Swimming and deserves this Award.

AUSTRALIAN SWIMMING TRIALS



SWIMMING
2026 AUSTRALIAN
SWIMMING
TRIALS
SYDNEY OLYMPIC PARK AQUATIC CENTRE • 8-13 JUNE

Supported by
NSW
GOVERNMENT

TICKETS ON SALE NOW
THROUGH **TICKETEK**

**Visit the registration page to see the full terms and conditions.*

The route to LA28 starts now! First stop: the 2026 Australian Swimming Trials in Sydney.

Who will book their ticket to the 2026 Commonwealth games in Glasgow and the 2026 Pan-Pacific Championships in California?

See Sydney's own Paralympic gold medallist Tim Hodge and Olympic gold medallist Olivia Wunsch take on the biggest names in swimming, such as superstars Kaylee McKeown and Mollie O'Callaghan, for their place on the Australian Dolphins Swim Team.

Be there for all the action!

Book your tickets now through Ticketek!

<https://premier.ticketek.com.au/shows/show.aspx?sh=WIMAUS26>

MSNSW 2025 AGM MINUTES



Thanks to all those who attended the MSNSW AGM. The minutes are now available online:

*** Read Here ***

MSNSW CALENDAR

MSNSW Carnival dates can occasionally change for a range of reasons (venue availability, clashes, logistics etc). The MSNSW Calendar is always kept up to date, so please be sure to check it regularly to avoid any surprises.

[VIEW CALENDAR](#)

BACKSTROKE LEDGES

MINGARA MEET RESULTS

DID YOU USE THEM?

YES

46%

NO

54%

WOULD YOU USE THEM AGAIN?

YES

85%

NO

15%

Common Responses (and feedback):

- Would use them if I knew how (*we will provide a how to video via email for those entering Warringah meet, they will also be made available for warmup*)
- Wanted them for 25m events too (*as this was a trial, we wanted to make it as easy as possible for our officials, so they were set on one end of the pool only and stayed there for the duration*)
- Would like the adjustable ledges (*these leges were kindly donated by Hornsby as part of the trial, the adjustable ledges take a lot more effort to install and are significantly more expensive*)
- Didn't know they were there (*the ledges were listed on the meet flyer, Newsletter, social media & on the day of the event*)
- Loved having them there & using them!

**Backstroke Ledges will be used at the Warringah IPS Meet
in the 50m & 100m Backstroke events**

EVENT RESULTS

The MSNSW Live Results App is no longer operational



Meet Mobile

This app is available for purchase via the app & google play store
Please note this app does require an annual subscription



Free Results Website

This can be saved to your phone's home screen, in the same way our previous app was used.



Relay App

For Club Captains

There is a new app to enter relays at our IPS, State & Relay Meets

All MSNSW Results will be made available in the week following the event on the MSNSW website, MSA portal & Swim Central

2026 6 MONTH MEMBERSHIPS

SWIMMAUS™
SWIM CENTRAL

ATTN MSNSW CLUBS

The 6 month membership product is now available for clubs to create in Swim Central. Please check your emails for a how to guide if required.

UPCOMING NSW EVENTS

2026 UPCOMING EVENTS

14 JUNE Seaside Pirates

28 JUNE Warringah

19 JULY State LD Championships

9 AUGUST Relay Meet*

13 SEPTEMBER Batemans Bay

**CLUB CAPTAINS TO ENTER TEAMS IN RELAY APP FROM AUGUST 3*

ALL EVENTS OPEN TO ENTER IN SWIM CENTRAL

CLICK HERE TO ENTER

Arrow Seeding >>>

All MSNSW meets will now have arrow seeding.



BADDAGINNIE POSTAL SWIM



**SURREY PARK SEAHORSES MASTERS
SWIMMING CLUB**

THE ANIMAL IS BACK AGAIN FOR 2026

CLASSIC ANIMAL

200m Fly 200m Back
200m Breast
400m IM and 800m Free

This qualifies for our iconic long
sleeved t shirt and/or a
commemorative certificate

OR

MODIFIED ANIMAL

We have added a Modified Swim for those
who struggle with a particular form stroke

2 x 200m Form (either Fly, Back or Breast)
plus a 400m Form (either Fly, Back or Breast)
along with a 400m IM and 800m Free

This qualifies for a commemorative certificate only

[Read about it here](#)

**You must complete this swim by
June 30 2026!**

NIGEL MEETS NIGEL



At the recent Mingara Meet, Nigel Van Reyk caught up with Nigel Ray from North Shore Masters to present him with his 50th Anniversary towel as the Swimmer of the Meet at Charlestown last December.

The Charlestown event was Nigel's first Masters Meet and this year's Mingara Meet was only his second.

At Mingara, he also (pending approval) set a new National Record, taking 3.16 seconds off the 200 Butterfly Record which was recently broken at the National Championships by 3.1 seconds after having stood for 10 yrs.

We look forward to watching Nigel race again.

COACHING - GREG LEWIN

COACHING NEWS

This month marks a changeover of State Coaching Co-Ordinators from Anne Smythe to me, Greg Lewin. Don't worry, thankfully, Anne still wishes to continue to help out where she can into the future.

This leaves me with enormous boots to fill. Anne has put so much work and effort into organising and providing workshops and information for swimmers and coaches. You only have to think about the state coaching conference and the national coaching conference that she organised, let alone anything else, to realise the work and dedication she has put into the co-ordinator role for us coaches and swimmers.

So I'd like to thank Anne for all that hard work and I'm sure you'd like to take the opportunity to thank her personally next time you see her on pool deck.

COACH AND SWIMMER WORKSHOPS

July 4 - Denistone East

Overcoming Anxiety Workshop

BOOK NOW

July 18 - Woy Woy

Stroke Workshop

BOOK NOW

September 12 - Batemans Bay

All strokes Workshop

BOOK NOW

COACHING - GREG LEWIN

NEXT MAJOR SWIM MEET

· Next state event is the Long Distance Short Course Meet at Woy Woy on 19 July. With about 7 weeks to go, now is the time to build your swimmers endurance after the shorter distance state and national meets. Refresh efficiency techniques and work on the race strategies and pacing that will be required.

[Enter Here](#)

REACCREDITATION

Don't let your coach qualification lapse. Go online to <https://msa.ditaplayer.com.au/catalog/club-coach-re-accrreditation>

Keep an eye out for information regarding the Masters Advanced Coach Program being developed by MSA. Its going to be in a flexible, module based program that can allow you follow some of your interests as you progress to an advanced coach accreditation.

TECHNICAL OFFICIALS

Upcoming Courses

[BOOK NOW](#)

IoT - Thursday 18th June 7:30pm

JoS - Saturday 4th July 9:00am (Must be an IoT)

CS/CoC - Wednesday 9th September 7:30pm

CTK - Thursday 22nd October 7:30pm

Please book into courses at least 2 days ahead

WHY COMPLETING THE TOP HALF OF YOUR LOG SHEET MATTERS

Filling in the top half of your log sheet accurately and completely is more important than it may appear. This section provides essential information used to process and verify your qualifications efficiently.

When this information is incomplete or unclear:

- Processing of qualifications may be delayed
- Additional follow-up may be required
- Records may become inconsistent or inaccurate

By taking a few extra moments to ensure everything is filled out correctly, you help:

- Speed up qualification processing
- Maintain accurate official records
- Reduce administrative workload

In short, careful completion of your log sheet benefits not only yourself, but the entire officiating administration system.

2026 TO TRAINING CALENDAR

THE ROLE OF ROSTERS AT SWIM MEETS

Technical officials and trainee technical officials are assigned positions through structured rosters at swim meets. These rosters are designed with a clear purpose:

- Ensure the event runs smoothly, efficiently, and with minimal issues.
- Place experienced officials in key roles
- Provide trainee officials with opportunities to gain practical experience
- Ensure all areas of the meet are properly supervised

Importantly, trainees are positioned alongside experienced qualified technical officials, allowing them to learn while contributing effectively to the meet.

WORKING TOGETHER FOR SUCCESS

Successful swim meets rely on more than just individual performance—they depend on collective responsibility and professionalism. By completing log sheets accurately and respecting and following roster, you contribute to a well-organised, efficient, and supportive officiating environment.

Thank you for your cooperation
DiP/Technical Training Co-ordinator
diane.partridge@bigpond.com

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10% OFF MASTERS NSW MEMBER DISCOUNT
ALL YEAR ROUND!



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Thank you to Swimming NSW who have provided MSNSW a special discount code for any purchase made at their online store.

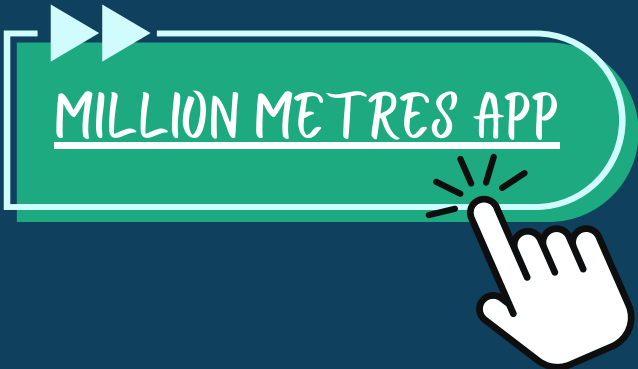
MSNSW MERCHANDISE



ORDER NOW 

Postage options available, or click & collect at the next carnival.

MILLION METRES APP



Log your laps straight out of the pool



Scan the QR code and join MSA Million Metres to log your kms

<https://mastersswimming.org.au/programs/million-metres-program>

