MASTERS SWIMMING NSW INC.

2022
ANNUAL REPORT

LIFE MEMBERS

Ken Ford (dec.)
Brian Hird
Margaret (Peg) Wilson (dec.)
George McGilvray (dec.)
Sue Johnstone
Beryl Stenhouse
Gary Stutsel
Helen Rubin
Jane Noake
Mark Hepple

CONTENTS

	Page
President's Report	1
Country Vice President's Report	3
Administrator's Report	8
Treasurer's Analysis of Financial Statements	11
Directors' Report and Financial Statements	17
Independent Assurance Practitioner's Review Report	30
Coaching Director's Report	31
Meet Director's Report	32
National Championships 2022 Report	34
Branch Meet Director's Report	38
Endurance Recorder's Report	40
Records Recorder's Report	42
Technical Director's Report	43
Training Coordinator's Report	44
Webmaster's Report	46
Board Meetings 2022	48
Club Membership 2022	49
Club Reports	
Armidale AUSSI Masters Swimming Club	50
Bidgee Masters	51
Blacktown Masters Swimming Club	53
Blue Mountains Phoenix Adult Swimming Club	55
Campbelltown AUSSI Masters Swimming Club	56
Clarence River Masters	58
Coffs Harbour Masters Swimming Club Inc	60
Gosford City Seagulls AUSSI Masters Swimming Club	61
Hills Masters Swimming Inc	62
Lane Cove Masters Swimming Club Inc	64

Manly Masters Swimming Club 65
Molonglo Water Dragons Masters Swimming Club 67
Myall Masters Swimming Club 69
North Shore Masters Swimming Club 70
North Sydney Masters 75
Novocastrian Masters Swimming Club 76
Oak Flats AUSSI Masters Inc 77
Penrith AUSSI Masters Swimming Club 78
Ryde AUSSI Masters Swimmers Inc (RAMS) 79
Sapphire Coast Adult Swimming Club 81
Seaside Pirates 84
Trinity AUSSI Masters Swim Club 86
Warringah Masters Swimming Club 87
Wests Auburn Masters Swimming Club 90
Wett Ones 92
Wollongong Masters Swimming Club 96
Clubs that did not submit an annual report for 2022 97

PRESIDENT'S REPORT 2022

Welcome to the annual President's Report for the year ending 31 December 2022. After a very difficult couple of years it is pleasing to report the branch has come out the other side and had a very successful 2022.

I take this opportunity to publicly recognise and thank the board for their tireless commitment to our branch. On a personal note, I thank our departing administrator Jillian Pateman for her professionalism, commitment and support provided not only to myself, but to the board and, most importantly, the membership. We welcome Belinda Havron to the ranks as administrator.

A large focus of 2022 was on the national championships which we were able to host after 2 years of cancellations. As always, a dedicated team of organisers, officials and volunteers worked tirelessly in the background to get the competition off and running. Our branch meet director, Jane Noake, was at the forefront with Mark Hepple, and without this dynamic duo the championships would not have run. Other thanks go to the publicity team for keeping Facebook up to date, the social team for organising and running the nationals dinner, the officials, announcer, recorders, medals table and information tables volunteers and timekeepers for the daily running of the carnival—there are truly too many to thank individually.

It was unfortunate that the open water swim had to be cancelled; however, with a possible algal bloom, the safety of our swimmers had to come first.

We hope all of those who swam at the 2022 nationals had an amazing time and achieved their goals for this event.

In response to our strategic priorities, we undertook the following during 2022:

- Throughout the year, our administrator has been in contact with SNSW, with ongoing conversations around co-sanctioning and sharing of resources. We also continued to have a good relationship with Narabeen SLSC who went above and beyond to help us with our national open water swim.
- We continued to organise carnivals as some clubs were still unable to run their usual carnival on the back of COVID restrictions. These included a mini meet in January, a twilight meet and a Christmas meet. A 'swimcathlon' was planned to accompany the Malabar Magic swim with a traditional pool-based competition. Unfortunately, the Malabar Magic was cancelled by its organisers.
- There were a total of 9 meets run by the branch—particular thanks go to Jane Noake, Jillian Pateman and Mark Hepple for the organisation and running of these events. These events were also subsidised by funding received.
- The training team and technical committee have been working in the background preparing resources to benefit both Masters Swimming NSW and Masters Swimming

Australia. These include the development of online training for technical officials and re-visiting the swimwear policy to keep in line with Swimming Australia's new policy, which was brought in during 2022. Training programs were once again accessible to all and the long awaited coaching weekend was held at Sydney Tattersalls with great success.

- Funding was once again successful and has provided the branch with the ability to run subsidised carnivals and courses.
- Our treasurer was successful in maintaining the financial health of the branch, in particular with applying for and meeting requirements for the government funding. As with 2021, with less income from carnivals this funding was important in keeping wages paid and the branch operational.
- We enjoyed the ability to be able to train members in an official capacity throughout 2022 and coaching clinics were provided to interested clubs.
- The branch (with particular thanks to Lawrence Powderly) hosted a weekend at Forster to raise awareness of Masters Swimming in the area and give our members a chance to attend some coaching and a mini carnival in the area—not to mention the social aspect of the biggest dinner table ever!!

Many of these initiatives will continue and have indeed become the 'norm' for Masters Swimming NSW. It is only through the dedication of our team—from the board to the officials, volunteers, coaching teams, technical committee, and training committee—that we are able to continue in this way, and I thank everyone for their valued and tireless input.

Yours in Fitness, Friendship and Fun,

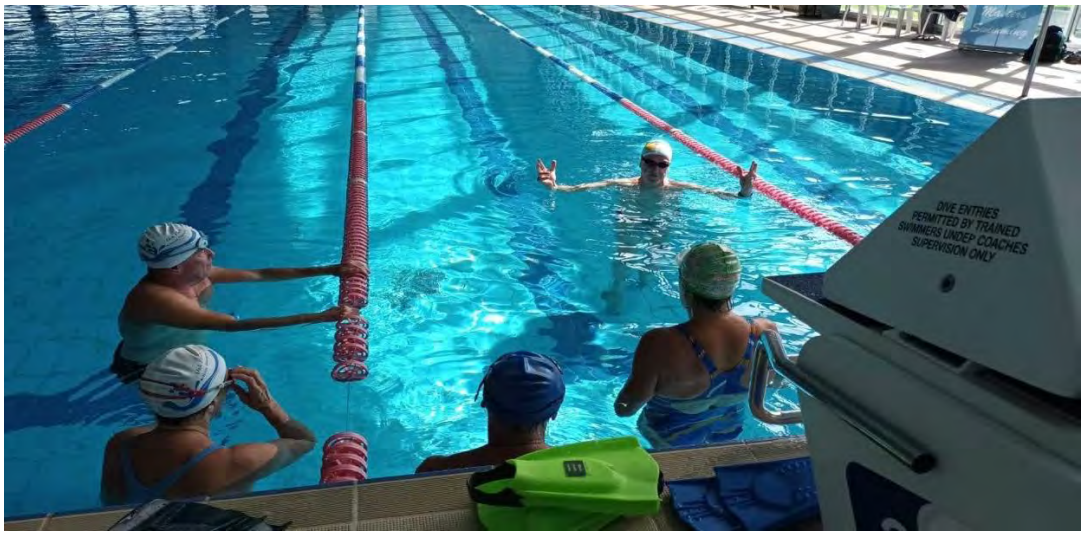
Kerryn Blanch
President

COUNTRY VICE PRESIDENT REPORT—2022

Looking back a few years ago to 2020 who would have believed what had happened and that clubs would be out of the water for a long period of time. Now, as things are slowly getting back to normal and carnivals are up and running again, it's great to see that the country clubs are taking advantage of our coaching teams skills and knowledge and what they have to offer to get them back in the swim of things. Our coaching team headed by Anne Smyth and Greg Gourley are only too happy to help clubs and their members. Here are a few of the masters clubs that the coaching team travelled to throughout the last year.

OAK FLATS

In February 2022 both Anne and Greg travelled down to the Kiama pool and held a great coaching session with Oak Flats Masters Club. It was a freestyle workshop—titled 'making your stroke efficient'—which was well received by the members who attended. Here are some photos from the Oak Flats coaching clinic.



Clarence River

Clarence River Masters had a wonderful coaching weekend thanks to a grant from Masters Swimming NSW They would like to thank Anne Smyth and Greg Gourley from Tuggeranong Vikings Club for their invaluable expertise. The club stated that they would love to invite them back in the future for further coaching clinics.

All members who attended were extremely grateful for the informative weekend. They practised every aspect of efficient freestyle swimming: body position and core, breathing, entry, catch, pull, exit and recovery, rotation and kicking. It was the first time many of the club members tried tempo trainers.

Bidgee Masters

A huge thank you to Master Swimming coach Greg Gourley for heading out to the Riverina (Griffith pool) to run another coaching clinic, this time for the Bidgee Masters Club. The Bidgee workshop hopefully served as a kick start and re-invigoration for the club.

Coach Greg started with a dry-land session where the club learned and brushed up on much needed techniques, followed by an hour of energetic laps and drills. He was enthusiastic, excellent with concise explanations and had everyone hanging on every word he was saying. Several members had a 120 km round trip after work to attend the session, so a big thank you to you also for making the clinic.

Again, many thanks, to Greg for giving up his time to travel and for the support from Masters NSW.

Bidgee Masters were thrilled to have the opportunity to compete in the recent Griffith swimming carnival, which was co-sanctioned with Masters Swimming NSW. The club was able to compete as a team, test their racing skills and experience the excitement of carnival swimming locally.

Eight Bidgee Masters swimmers competed, swimming very impressive times. For some Bidgee members this was their first carnival since their teenage years. We were particularly pleased with the efforts and results of our new club members Lee, Chris, Joanne and Roz.

Having Masters events included in regional swim meets allows these swimmers to compete without the expense of travel and accommodation, and demonstrates to younger swimmers and parents that there is a progression for their love of competitive swimmer beyond school days!!

(back row, l to r) Lee Taylor, Joanne Tarbit, Libby Trembath, Rob Trembath, Malcolm Wilmot

(front, l to r) Chris Palmer, Craig Tilston, Roz Vardanega

TUGGERANONG

This has been a great initiative by the Tuggeranong Vikings club which started running these Time Trials just as swimmers were getting back into the water for training and swimming again. It was a way to see where swimmers were at with their swimming ability.

ACT Time Trials 2022 #1—26 February 2022

Tuggeranong Vikings hosted the first ACT Time Trials for 2022 on Saturday 26 February. There were swimmers from Tuggeranong Vikings, Molonglo Water Dragons, Ginninderra Marlins, Woden Sharks, Saphhire Coast Stingrays and Penrith Masters enjoying getting back to some racing in Canberra.

The regular camaraderie amongst our masters swimmers was seen in bucket loads, with clubs cheering on their swimmers, and the competitive spirit we know and love throughout the afternoon. The afternoon was rounded off nicely with a club-mix-up fun relay, and then some swimmers enjoyed dinner and drinks.

Thanks to Caz Makin, Tuggeranong Vikings, for these photos.

NATIONAL CHAMPIONSHIPS, SOPAC 20–23 APRIL 2022

After a two-year delay, the nationals were finally held at SOPAC on 20 April to 23 April with around 14 NSW Masters clubs from the country areas represented. They were Clarence River, Coffs Harbour, Ettalong Pelicans, Lake Macquarie Crocs, Maitland, Molonglo Water Dragons, Myall, Novocastrians, Oak Flats, Port Macquarie, Sapphire Coast, Tuggeranong, Wollongong and Wyong Wobbygongs.

Reports from competing clubs say that swimmers all had a great time and enjoyed the whole atmosphere and running of the championships. A big thank you to all of the country swimmers that made the journey to Sydney for these championships.

FORSTER WEEKEND

I would just like to say a BIG thank you to everyone who attended the Forster Escape Weekend, 20 and 21 August 2022. This event was two years late, once again due to COVID, but we eventually made it.

A great time was had by everyone who ventured up to Forster and mobile phones were out taking many photos which were later put on the MSNSW website.

Saturday afternoon started with the coaching staff of Anne Smyth, Peter McGee and Paul Bailey offering their skills to around 24 swimmers who participated in a 70-minute session of freestyle and 2 x 15 minutes of backstroke and butterfly skills. All those who participated said they came away with helpful hints to improve their swimming.

Later that evening we all headed to dinner at the Lakes and Ocean Hotel, which was packed with masters swimmers and many more locals.

Sunday rolled around and we held our mini meet, which also proved popular, with swimmers very keen to get in the water and test their ‘new skills’. All swimmers enjoyed the last event which was the 11 x 25 m freestyle relay—a fitting end to a wonderful weekend.

Thank you again to all the swimmers, officials who jumped from swimming to officiating, Mark and Lyndie Hepple for their continuous support before and during our weekend, to Anne, Peter and Paul, our coaches, for putting in their time to coach.

Can’t wait for our next Escape Weekend in 2023. Where will we go????

Lawrence Powderly
Vice President—Country

ADMINISTRATOR'S REPORT 2022

GOVERNANCE

Masters Swimming NSW is governed by a board of seven members assisted by position holders in Communications, Coaching, Endurance, Recording, Safety, Technical, Training, Social Media and Website. Board members were elected at the Annual General Meeting held in May 2022. Delegates represented 16 clubs across the state.

Kerryn Blanch is the MSNSW president. Mark McDonald was voted in as vice president and Lawrence Powderly was elected as vice president country. We had no nominations for treasurer, which was filled by Julie Orr later in the year.

MSNSW offices are located at Sports House in Sydney Olympic Park, which is due to have renovations.

PROMOTIONS

RECOGNITION

The board and swimmers of NSW branch would like to recognise Jillian Pateman for her service over the years as administrator. Her dedication and expertise exceeded expectation as she worked, volunteered and swam her way through the years. She will be dearly missed from the office but we will still see her blowing bubbles in the pool.

The board also recognises Mark Hepple's continued dedication to MSNSW. Especially noted is his work on the 2022 national championships and the swap over to Swim Central.

MARKETING

Our social media presence has increased. Our Facebook followers have hit 3.2k and our Insta followers are almost 1500. Our social media gurus Suzie and Barbara have done a great job.

NSW SPORTS AWARDS

MSNSW had two finalists in the NSW Sports Awards. Tony Goodwin, pictured here with his wife, Cush, was nominated for Masters Athlete of the year. MSNSW branch, represented by Kerryn Blanch (here standing behind Tony) and Nigel van Reyk, was nominated for event of the year (National Championships). Neither won, but to be in the company of Pat Cummins and Jessica Fox was pretty awesome.

PROGRAMS & ACTIVITIES

COACHING TEAM

The NSW coaching highlight of 2022 was the highly successful coaching weekend held in Sydney in July, providing an excellent opportunity for coaches to interact, discuss and develop their coaching skills. The Thredbo swim camp in October gave swimmers an intense weekend of swimming, socialising and even some skiing!

MSNSW welcomed 7 new coaches in 2022, to add to our 19 coaches who renewed their accreditation. A further 16 candidates are in the process of completing their qualification.

ENDURANCE 1000

In 2022 MSNSW had 374 swimmers take part in the endurance 1000 program. In comparison, we had 452 swimmers take part in 2019. We had 41 swimmers complete 62 endurance swims in 2022, which is almost at pre-COVID levels of 46 swimmers in 2019.

Our top scoring club was Campbelltown, with total points of 13591, from 31 participants. Congratulations, Campbelltown!

TECHNICAL & TRAINING TEAM

In 2022, MSNSW conducted three technical official training courses: 2 inspector of turns and one marshal / check starter / clerk of course. Two clubs conducted their own time keeping courses. Courses were presented using a hybrid method, between online and face to face.

Eight officials re-accredited last year: 7 marshal / check starter / clerk of course and one inspector of turns. Twenty-seven swimmers qualified as technical officials: 20 timekeepers, 4 inspectors of turns, one chief timekeeper, one starter and one marshal / check starter / clerk of course.

SWIM MEETS

MSNSW held 19 meets in 2022. We saw good representation from all our members. Twelve of those carnivals were BPS meets, which is fantastic. Our long-course and short-course championships proved popular, with 567 members entered across the three meets.

NSW also hosted the 2022 MSA nationals in April. We saw close to 400 Masters swimmers descend on SOPAC over four days in April.

World Records

Individual MSNSW swimmers and two relay teams broke world records in 2022 and we applaud them for their effort and determination.

Tony Goodwin (Manly Masters) 85–89

100 m Breaststroke, SC	1:41.32	MSNSW Twilight Meet
200 m Breaststroke, SC	3:51.88	MSV SC Championships
200 m Breaststroke, SC	3:44.36	MSA National SC Championships
100 m Breaststroke, LC	1:40.70	MSNSW BPS Round 8 Meet
200 m Breaststroke, LC	3:54.07	Brisbane Southside LC Meet
100 m Breaststroke, LC	1:44.12	Brisbane Southside LC Meet
100 m Breaststroke, LC	3:52.66	MSNSW LC Championships
200 m Breaststroke, LC	1:43.68	MSNSW LC Championships

Liz Wallis (Warringah Masters) 95–99

50 m Freestyle, SC	1:00.28	MSA National SC Championships

Chris Fydler (Tattersalls) 50–54

50 m Freestyle, SC	23.36	MSNSW BPS Round 8 Meet

Diana Moore, Max Van Gelder, John Pagden, Liz Wallis (Warringah Masters) 360–399

4 x 50 m Medley Relay	5.02.42	MSA National SC Championships

Chris Fydler, Peter Thiel, Guy Farrow, James Hickman (Tattersalls) 200–239

4 x 50 m Freestyle Relay	1:37.35	MSNSW BPS Round 8

(L-R) Peter Thiel, Guy Farrow, James Hickman, Chris Fydler

Acknowledgements

In December, we said farewell to long-time administrator Jillian. I have big shoes to fill, and I am ever grateful for the hand over and her wealth of knowledge.

Belinda Havron
Administrator

masters swimming NEW SOUTH WALES

Treasurer's Analysis of Financial Statements

For the year ended 31 Dec 2022

Prepared by: Julie Orr

Statement of Profit or Loss and Other Comprehensive Income

The NSW Association of AUSSI Masters Swimming Clubs Inc.

For the year ended 31 December 2022

	2022 $	2021 $	Commentary
Income			
Grant Operating			
Realisation of Grant Income	25,598	20,000	NSW Sport - Organisation Support Program
Total Grant Operating	**25,598**	**20,000**	
Event Income			
AGM Function Ticket	-	225	
Coaching Income	2,975	180	Additional Coaching opportunities provided for members during 2022 such as Tattersalls and Thredbo
Event Income - Long Course Championships	11,471	11,312	
Event Income - Long Distance Championships	4,387	-	No meet held in 2021 due to Covid-19
Event Income - National Championships	34,767	-	No meet held in 2021 due to Covid-19
Event Income - Other Branch Events	5,367	9,344	
Event Income - Relay Meet	7,811	-	No meet held in 2021 due to Covid-19
Meet Sanction Fee	500	150	
Registration Fee - Member	48,163	51,413	Lower in 2022 due to fee discount provided for continuing swimmers for 2022 against Sports Recovery Grant
Registration Fees - Club	2,197	2,601	
Total Event Income	**117,638**	**75,225**	
Gear Sales	800	28	
Total Income	**144,036**	**95,252**	

Statement of Profit or Loss and Other Comprehensive Income continues

Statement of Profit or Loss and Other Comprehensive Income, Continued

	2022 $	2021 $	Commentary
Cost of Sales			
Carnival Expenses	17,456	14,404	Additional costs due to more carnivals being held in 2022
Coaching Expenses	1,934	447	Additional coaching opportunities provided in 2022
Officials Training & Courses	342	-	
Recorder Expenses	9,081	704	Additional costs due to more carnivals being held in 2022
Total Cost of Sales	**28,813**	**15,556**	
Gross Profit	**115,223**	**79,697**	
Other Income			
JobKeeper Income	-	32,904	JobKeeper not paid in 2022
Interest Income	489	74	
Total Other Income	**489**	**32,977**	

Statement of Profit or Loss and Other Comprehensive Income continues

Statement of Profit or Loss and Other Comprehensive Income, Continued

	2022 $	2021 $	Commentary
Expenditure			
Accounting Expenses	336	-	
AGM Expenses	1,002	676	
Audit Fees	2,200	2,200	
Board Meeting Expenses	64	348	
Cleaning	-	86	
Depreciation	2,647	3,265	
General Expenses	693	-	
Insurance	375	414	
Postage, Printing & Stationery	693	790	
Subscriptions & Dues	1,196	2,055	
Superannuation	6,022	4,791	Higher in 2022 because super paid on amounts on departure of administrator.
Telephone & Internet	349	376	
Training & Development - Member & Club	935	580	
Travel	581	-	
Wages and Salaries	67,281	49,173	Higher in 2022 because of annual leave and LSL paid on departure of administrator not accrued in prior years
Website Development	84	403	
Total Expenditure	**84,459**	**65,157**	
Profit Before Income Tax	**31,253**	**47,517**	
Profit for the Year	**31,253**	**47,517**	
Total Comprehensive Income for the Year	**31,253**	**47,517**	

Statement of Financial Position

The NSW Association of AUSSI Masters Swimming Clubs Inc.

As at 31 December 2022

	2022 $	2021 $	Commentary
Assets			
Current Assets			
Cash and Cash Equivalents			
Cheque Account	222,414	152,805	Higher bank balance mainly due to receipt of grant funding
Online Saver	181,029	180,541	
Petty Cash on Hand	-	120	
Total Cash and Cash Equivalents	**403,443**	**333,466**	
Inventories			
Medals	2,217	5,015	
Total Inventories	**2,217**	**5,015**	
Total Current Assets	**405,660**	**338,481**	
Non-Current Assets			
Office Equipment			Fixed assets written back to zero as amounts were fully depreciated
Office Equipment	-	17,756	
Office Equipment - Less Accumulated Depreciation	-	-15,109	
Total Office Equipment Other	**-**	**2,647**	
Other No-Current Assets			
ATO Activity Statement Account	-	462	

Statement of Financial Position continues

Statement of Financial Position, Continued

	2022 $	2021 $	Commentary
Total Other Non-Current Assets	**-**	**462**	
Total Non-Current Assets	**-**	**3,109**	
Total Assets	**-**	**341,590**	
Liabilities			
Current Liabilities			
National Championships Account	-	-2,021	
Deferred Income – Grants	60,000	5,000	$60,000 represents Sports Recovery Grant received March 2022 not spent at year end
Other	80	-	
Registrations fees In Advance - Club	1,970	2,035	
Registrations fees In Advance - Member	18,629	1,390	Lower in 2021 due to fee discount provided for continuing swimmers for 2022 against Sports Recovery Grant
Trade and Other Payables			
Audit Fees Accrued	2,200	2,200	
Total Trade and Other Payables	**2,200**	**2,200**	

Not-For-Profit - Association Report

The NSW Association of AUSSI Masters Swimming Clubs Inc.
ABN 42 468 116 472

For the year ended 31 December 2022

Contents

3	Directors' Report
4	Statement of Profit or Loss and Other Comprehensive Income
6	Statement of Financial Position
8	Notes to the Financial Statements
10	Statement of Changes in Equity
11	Statement of Cash Flows
12	True and Fair Position
13	Certificate By Members of the Committee
14	Independent Assurance Practitioner Review Report

Directors' Report

The NSW Association of AUSSI Masters Swimming Clubs Inc.
For the year ended 31 December 2022

Directors' Report

Your committee members submit the financial re port of The NSW Association of AUSSI Masters Swimming Clubs Inc. for the financial year ended 31 December 2022.

Committee Members

The names of committee members throughout the year and at the date of this report are:

Committee Member	Position
Kerryn Blanch	President
Lawrence Powderly	Country Vice President
Mark McDonald	Committee
Julie Orr	Treasurer
Nigel Van Reyk	Committee Appointed 7 May 2022
Suzie Haddad	Committee Appointed 7 May 2022
Jon Hawton	Resigned 7 May 2022
Paul Bailey	Resigned 7 May 2022
David Loader	Resigned 7 May 2022

Principal Activities

The principal activities of the Association during the financial year were the promotion of sport, in particular, that it is a national organisation founded to encourage all adults regardless of age or ability, to swim regularly in order to promote fitness and improve their general health.

Significant Changes

No significant change in the nature of these activities occurred during the year.

Operating Result

The profit of the Association for the financial year after providing for income tax amounted to $31,253 (2021 profit $47,517), as per the financial statements.

Going Concern

This financial report has been prepared on a going concern basis which contemplates continuity of normal business activities and the realisation of assets and settlement of liabilities in the ordinary course of business. The ability of the association to continue to operate as a going concern is dependent upon the ability of the association to generate sufficient cashflows from operations to meet its liabilities. The members of the association believe that the going concern assumption is appropriate.

Signed in accordance with a resolution of the Members of the Committee on:

Signed: Kerryn Blanch
Dated: 5 April 2023

Signed: Julie Orr
Dated: 5 April 2023

Statement of Profit or Loss and Other Comprehensive Income

The NSW Association of AUSSI Masters Swimming Clubs Inc.

For the year ended 31 December 2022

	2022 $	2021 $
Income		
Grant Operating		
Realisation of Grant Income	25,598	20,000
Total Grant Operating	**25,598**	**20,000**
Event Income		
AGM Function Ticket	-	225
Coaching Income	2,975	180
Event Income - Long Course Championships	11,471	11,312
Event Income - Long Distance Championships	4,387	-
Event Income - National Championships	34,767	-
Event Income - Other Branch Events	5,367	9,344
Event Income - Relay Meet	7,811	-
Meet Sanction Fee	500	150
Registration Fee - Member	48,163	51,413
Registration Fees - Club	2,197	2,601
Total Event Income	**117,638**	**75,225**
Gear Sales	800	28
Total Income	**144,036**	**95,252**
Cost of Sales		
Carnival Expenses	17,456	14,404
Coaching Expenses	1,934	447
Officials Training & Courses	342	-
Recorder Expenses	9,081	704
Total Cost of Sales	**28,813**	**15,556**
Gross Profit	**115,223**	**79,697**
Other Income		
JobKeeper Income	-	32,904
Interest Income	489	74
Total Other Income	**489**	**32,977**

	2022 $	2021 $
Expenditure		
Accounting Expenses	336	-
AGM Expenses	1,002	676
Audit Fees	2,200	2,200
Board Meeting Expenses	64	348
Cleaning	-	86
Depreciation	2,647	3,265
General Expenses	693	-
Insurance	375	414
Postage, Printing & Stationery	693	790
Subscriptions & Dues	1,196	2,055
Superannuation	6,022	4,791
Telephone & Internet	349	376
Training & Development - Member & Club	935	580
Travel	581	-
Wages and Salaries	67,281	49,173
Website Development	84	403
Total Expenditure	**84,459**	**65,157**
Profit Before Income Tax	**31,253**	**47,517**
Profit for the Year	**31,253**	**47,517**
Total Comprehensive Income for the Year	**31,253**	**47,517**

The accompanying notes form part of these financial statements. These statements should be read in conjunction with the attached compilation report.

Statement of Financial Position

The NSW Association of AUSSI Masters Swimming Clubs Inc.

As at 31 December 2022

	2022 $	2021 $
Assets		
Current Assets		
Cash and Cash Equivalents		
Cheque Account	222,414	152,805
Online Saver	181,029	180,541
Petty Cash on Hand	-	120
Total Cash and Cash Equivalents	**403,443**	**333,466**
Inventories		
Medals	2,217	5,015
Total Inventories	**2,217**	**5,015**
Total Current Assets	**405,660**	**338,481**
Non-Current Assets		
Office Equipment		
Office Equipment	-	17,756
Office Equipment - Less Accumulated Depreciation	-	(15,109)
Total Office Equipment Other	**-**	**2,647**
Other No-Current Assets		
ATO Activity Statement Account	-	462
Total Other Non-Current Assets	**-**	**462**
Total Non-Current Assets	**-**	**3,109**
Total Assets	**-**	**341,590**
Liabilities		
Current Liabilities		
National Championships Account	-	(2,021)
Deferred Income – Grants	60,000	5,000
Other	80	-
Registrations fees In Advance - Club	1,970	2,035
Registrations fees In Advance - Member	18,629	1,390
Trade and Other Payables		
Audit Fees Accrued	2,200	2,200
Total Trade and Other Payables	**2,200**	**2,200**

The accompanying notes form part of these financial statements. These statements should be read in conjunction with the attached compilation report.

	2022 $	2021 $
Employee Benefits		
Annual leave Payable	7,729	-
Long Service Leave Payable	9,404	-
Superannuation Payable	2,564	716
Wages Payable - Payroll	583	294
PAYG Withholdings Payable	2,161	1,862
Total Employee Benefits	**22,441**	**2,872**
Total Current Liabilities	**105,320**	**11,475**
Non-Current Liabilities		-
Other Non-Current Liabilities		
Deferred Income - Grants	-	61,028
Total Other Non-Current Liabilities	**-**	**61,028**
Total Non-Current Liabilities	**-**	**61,028**
Total Liabilities	**105,321**	**72,503**
Net Assets	**300,340**	**269,087**
Equity		
Capital Reserve		
Current Year Earnings	31,253	47,517
Retained Earnings	265,295	217,778
Total Capital Reserve	**296,548**	**265,295**
Financial Instruments		
Betty Grant Legacy	1,000	1,000
Corpus	2,792	2,792
Total Financial Instruments	**3,792**	**3,792**
Total Equity	**300,340**	**269,087**

The accompanying notes form part of these financial statements. These statements should be read in conjunction with the attached compilation report.

Notes to the Financial Statements

The NSW Association of AUSSI Masters Swimming Clubs Inc.

For the year ended 31 December 2022

1. Summary of Significant Accounting Policies

The financial statements are special purpose financial statements prepared in order to satisfy the financial reporting requirements of the Associations Incorporation Act 2009 and Associations Incorporation Regulation 2010. The committee has determined that the association is not a reporting entity.

The financial statements have been prepared on an accruals basis and are based on historic costs and do not take into account changing money values or, except where stated specifically, current valuations of non-current assets.

The following significant accounting policies, which are consistent with the previous period unless stated otherwise, have been adopted in the preparation of these financial statements.

Property, Plant and Equipment (PPE)

Leasehold improvements and office equipment are carried at cost less, where applicable, any accumulated depreciation.

The depreciable amount of all PPE is depreciated over the useful lives of the assets to the association commencing from the time the asset is held ready for use.

Impairment of Assets

At the end of each reporting period, the committee reviews the carrying amounts of its tangible and intangible assets to determine whether there is any indication that those assets have been impaired. If such an indication exists, an impairment test is carried out on the asset by comparing the recoverable amount of the asset, being the higher of the asset's fair value less costs to sell and value in use, to the asset's carrying amount. Any excess of the asset's carrying amount over its recoverable amount is recognised in the income and expenditure statement.

Provisions

Provisions are recognised when the association has a legal or constructive obligation, as a result of past events, for which it is probable that an outflow of economic benefits will result, and that outflow can be reliably measured. Provisions are measured at the best estimate of the amounts required to settle the obligation at the end of the reporting period.

Cash on Hand

Cash on hand includes cash on hand, deposits held at call with banks, and other short-term highly liquid investments with original maturities of three months or less.

Accounts Receivable and Other Debtors

Accounts receivable and other debtors include amounts due from members as well as amounts receivable from donors.

Receivables expected to be collected within 12 months of the end of the reporting period are classified as current assets.

All other receivables are classified as non-current assets.

1. Summary of Significant Accounting Policies Ct'd

Revenue and Other Income
Revenue is measured at the fair value of the consideration received or receivable after taking into account any trade discounts and volume rebates allowed. For this purpose, deferred consideration is not discounted to present values when recognising revenue.

Interest revenue is recognised using the effective interest method, which for floating rate financial assets is the rate inherent in the instrument.

Grant and donation income is recognised when the entity obtains control over the funds, which is generally at the time of receipt.

If conditions are attached to the grant that must be satisfied before the association is eligible to receive the contribution, recognition of the grant as revenue will be deferred until those conditions are satisfied.

All revenue is stated net of the amount of goods and services tax.

Financial Assets
Investments in financial assets are initially recognised at cost, which includes transaction costs, and are subsequently measured at fair value, which is equivalent to their market bid price at the end of the reporting period. Movements in fair value are recognised through an equity reserve.

Accounts Payable and Other Payables
Accounts payable and other payables represent the liability outstanding at the end of the reporting period for goods and services received by the association during the reporting period that remain unpaid. The balance is recognised as a current liability with the amounts normally paid within 30 days of recognition of the liability.

2. Plant and Equipment, Motor Vehicles

	2022 $	2021 $
Plant and Equipment		
Plant and Equipment at Cost	-	17,756
Accumulated Depreciation of Plant and Equipment	-	(15,109)
Total Plant and Equipment	**-**	**2,647**
Total Plant and Equipment, Motor Vehicles	**-**	**2,647**

Statement of Changes in Equity

The NSW Association of AUSSI Masters Swimming Clubs Inc.

For the year ended 31 December 2022

	2022 $	2021 $
Equity		
Opening Balance	269,087	221,570
Increases		
Profit for the Period	31,253	47,517
Total Increases	**31,253**	**47,517**
Total Equity	**300,340**	**269,087**

Statement of Cash Flows

The NSW Association of AUSSI Masters Swimming Clubs Inc.
For the year ended 31 December 2022

	2022 $	2021 $
Operating Activities		
Receipts From Customers	800	28
Payments to Suppliers and Employees	(112,994)	(68,020)
Cash Receipts From Other Operating Activities	143,724	128,202
Cash Payments From Other Operating Activities	-	(9,428)
Net Cash Flows from Operating Activities	**31,530**	**50,782**
Investing Activities		
Payment for Property, Plant and Equipment	-	-
Other Cash Items From Investing Activities	5,630	(3,881)
Net Cash Flows from Investing Activities	**5,630**	**(3,881)**
Other Activities		
Other Activities	32,818	(40,847)
Net Cash Flows from Other Activities	**32,818**	**(40,847)**
Net Cash Flows	**69,977**	**6,054**
Cash and Cash Equivalents		
Cash and cash equivalents at beginning of period	333,466	327,412
Net change in cash for period	69,977	6,054
Cash and cash equivalents at end of period	**403,443**	**333,466**

True and Fair Position

The NSW Association of AUSSI Masters Swimming Clubs Inc.
For the year ended 31 December 2022

Annual Statements Give True and Fair View of Financial Position and Performance of the Association

We, Kerryn Blanch, and Julie Orr being members of the committee of The NSW Association of AUSSI Masters Swimming Clubs Inc., certify that –

The statements attached to this certificate give a true and fair view of the financial position and performance of The NSW Association of AUSSI Masters Swimming Clubs Inc. during and at the end of the financial year of the association ending on 31 December 2022.

Signed: Kerryn Blanch
Dated: 5 April 2023

Signed: Julie Orr
Dated: 5 April 2023

Certificate By Members of the Committee

The NSW Association of AUSSI Masters Swimming Clubs Inc.
For the year ended 31 December 2022

I, Julie Orr of North Curl Curl NSW certify that:

1. I am a committee member of the Association, and

2. I am duly authorised by the committee to make this statement

3. The financial statements for the year ended 31 December 2022 were submitted to the members of the association at its annual general meeting.

Signed: Julie Orr
Dated: 5 April 2023

INDEPENDENT ASSURANCE PRACTIONER'S REVIEW REPORT TO THE COMMITTEE MEMBERS OF THE NSW ASSOCIATION OF AUSSI MASTERS SWIMMING CLUBS INC.

Report on Financial Report

We have reviewed the accompanying special purpose financial report, of The NSW Association of Aussi Masters Swimming Clubs Inc., which comprises the statement of financial position as at 31 December 2022, the statement of profit or loss and other comprehensive income, statement of changes in equity and statement of cash flows for the year ended on that date, notes comprising a summary of significant accounting policies, other explanatory information and the certificate by the members of the committee. The financial report has been prepared to fulfil the financial reporting requirements of the committee under the constitution.

Committee Members' Responsibility for the Financial Report

The committee of the association is responsible for the preparation and fair presentation of the financial report in accordance with the requirements of the constitution, and for such internal control as committee determines is necessary to enable the preparation of financial report that is free from material misstatement, whether due to fraud or error.

Assurance Practitioner's Responsibility

Our responsibility is to express a conclusion on the accompanying financial report. We conducted our review in accordance with Standard on Review Engagements ASRE 2400, Review of a Financial Report Performed by an Assurance Practitioner Who is not the Auditor of the Entity. ASRE 2400 requires us to conclude whether anything has come to our attention that causes us to believe that the financial report, taken as a whole, are not prepared in all material respects in accordance with the applicable financial reporting framework. This Standard also requires us to comply with relevant ethical requirements.

A review of financial report in accordance with ASRE 2400 is a limited assurance engagement. The assurance practitioner performs procedures, primarily consisting of making enquiries of management and others within the association, as appropriate, and applying analytical procedures, and evaluates the evidence obtained.

The procedures performed in a review are substantially less than those performed in an audit conducted in accordance with Australian Auditing Standards. Accordingly, we do not express an audit opinion on the financial report.

Conclusion

Based on our review, nothing has come to our attention that causes us to believe that this financial report does not present fairly, in all material respects, the financial position of The NSW Association of Aussi Masters Swimming Clubs Inc., as at 31 December 2022, and of its financial performance and cash flows for the year then ended, in accordance with the requirements of the constitution.

Basis of Accounting, and Restriction on Distribution and Use

Without modifying our conclusion, we draw attention to Note 1 to the financial report, which describes the basis of accounting. The financial report is prepared to assist the committee to comply with the financial reporting requirements under the constitution. As a result, the financial report may not be suitable for another purpose. Our report is intended solely for members and should not be distributed to or used by parties other than the members.

CABEL Partners
Chartered Accountants

Ray Khalil - Partner
Date: 5 April 2023

COACHING DIRECTOR'S REPORT 2022

MSNSW coaching has had a very active and productive year. The MSNSW coaching team (Anne Smyth, Greg Gourley, Di Coxon-Ellis, Aaron Cleland, Peter McGee, John Kulhan, Jane Noake, Paul Bailey, Greg Lewin, Peter Johnston, Leisa Cass and Bill Moorcroft) have continued to support coaches in developing their knowledge to provide a quality program for their members.

Highlights were the highly successful coaching weekend held in Sydney in July and the Thredbo swim camp in October.

2022 SUMMARY

- 27 February—Oak Flats freestyle workshop
- March and October—ACT starts turns workshop
- March—Pirates Nationals preparation workshop
- 2 May—Griffith (Bidgee) freestyle workshop
- 23/24 July—MSNSW coaching weekend Sydney
- 20/21 August—Forster weekend stroke workshop
- 10 September—Yamba (Clarence River Masters) freestyle workshop
- 30 September–3 October—Thredbo swim camp
- 4 December—Castle Hill freestyle workshop

All active NSW coaches are now on DITA. NSW welcomed seven new coaches in 2022: Aimee Carter, Kylie Lane, Iain Jones, Lachlan Knight, Susan McCaughtrie, William Kent Smith and Joe Watkins. A further sixteen candidates are in the process of completing their qualification. Nineteen coaches renewed their qualifications in 2022.

Anne Smyth,
MSNSW Branch Coaching Director

MEET DIRECTOR'S REPORT 2022

Well finally, after planning commenced in 2018, we managed to hold the national championships in Sydney in April 2022. Originally to be held in April 2020, we got so close—rosters were drawn up, medals had arrived, meetings with SOPAC held, program sorted (but not printed), officials merchandise sizes sorted (but not ordered), open water swim venue trialled in October 2019—and we all know what happened. Everything came to a halt! We really did not understand what was happening around us, and I am sure we all believed we would be swimming at SOPAC in September (which we tentatively booked for the championships), and many of the entrants rolled over their entries until then. But it was not to be, and we had to wait until April 2022 to be able to hold the meet.

As there were still some restrictions and some people were not willing to travel, the numbers were nothing like we had hoped for in 2020, but we accepted this and decided we would run a very social meet in the hope everyone would enjoy themselves and enjoy being back in the water and re-igniting friendships. This we did and it was very successful.

My thanks to all the officials (all but four were from MSNSW) and the many volunteers who made this such a successful event. We had around 55 officials and around 70 volunteers working over the four days—a mammoth effort.

This huge event, though, was not the only event in NSW in 2022. We held the relay meet, two long-distance meets (short-course and long-course) and the long-course branch championships at the AIS in October.

The first relay meet held in three years was exciting and great fun. This year it was held in the competition pool (which had its challenges for 25m relays), but we were very safety conscious and it worked out well. There was some great racing between clubs and many records broken. It was good to be able to hold this event again; relays are always such fun. During the years of COVID, Mark Hepple had been working on the NSW app to allow relays to be entered through the app. This meant we were able to change relay teams on the day if necessary, something we had been working towards for many years, as it was always a shame if a swimmer dropped out on the day and three members of a team missed a swim. So thanks to Mark's work on the app we can now change relay teams on the day if necessary. But it does present its challenges and means no program on the website. However, all the information is in the app and members are getting quite used to everything in our app.

As we did not hold a long-distance meet for a couple of years we held a short-course and a long-course state meet during 2022—short-course at Knox and long-course at Birrong. This gave swimmers who like long distances of 400 m to 1500 m every chance to swim those distances. Congratulations to all who swam and those who achieved records and PBs and thanks to those officials who worked at these meets.

Our long-course branch championships were held in October this year at the AIS. Thanks to the Canberra clubs for the help during the weekend, and thanks to the officials who travelled to be on pool deck. It is always a challenge towards the end of the year to have officials on

pool deck and it is great to see a number of new officials joining our team and spreading the workload.

The final meet organised by the branch was our Christmas event at Cabarita which was heaps of fun, lots of laughs and a picnic in the park afterwards, a great way to finish off a very busy year.

My thanks to all the officials in MSNSW who continue to work hard at branch meets, and club meets. It is extremely encouraging to see new officials emerging and wanting to be part of the team. My thanks to those clubs who are encouraging new officials and thanks also to Di and Noel Partridge who run the zoom courses for officials. I am hoping with the help of Swimming NSW and the national office that we can at least get the timekeeping course up and running early in 2023 as an online course followed by the other officials courses, which will make it so much easier for members to do the theory part of the course then proceed to the practical part on pool deck.

So, in 2020 we managed to run 8 meets and no championships, 12 meets and one championship meet in 2021, and 16 club and branch meets, 4 NSW championship meets and the national championships in 2022.

It is a little concerning that some clubs are no longer able to run meets due to changing membership. We would like to hear from any club who is interested in running a meet and I would be only too willing to help, or perhaps 2 clubs could combine and run one together. Once again, I would be willing to help if required.

Thanks again to everyone involved in running our meets—officials, timekeepers and swimmers. Looking forward to 2023 and enjoying what Masters swimming brings to us all.

Jane Noake
Meet Director

We could not have run such a successful event without our officials but also our many volunteers who were from Volunteering NSW and also from our membership. There were many members who did not swim but put up their hand to volunteer for the many jobs such as timekeeping, registration desk, merchandise table, registration. Rosters for these jobs were prepared prior to the event and emailed to all volunteers daily. Some changes needed to be made each day due to illness but we were very lucky to have so many willing hands. It was also made easier to have such an easy-to-work with Volunteer Coordinator Ben Taylor, who looked after all volunteers and made sure they were happy.

We had two forms of social media prior to the nationals and during the event. Facebook was the most viewed and is consistently the number one social media output Masters Swimming NSW has. Instagram, which is usually viewed by a younger audience, is gaining traction and is useful to attract some younger members. Both mediums had a slight increase in numbers (both following and viewed).

The Nationals Championships website was on the MSNSW branch website and the national website and was administered by the NSW recorder, Mark Hepple.

The website provided swimmers with the following information:

- programme of events
- social activities
- accommodation options
- information on entry
- relay entry information
- countdown to closing of entries
- merchandise
- sponsorship
- information on Live Results app.

Online entries were taken through the SportsTG Events module. Entrants were emailed weekly with a detailed confirmation of entry details, with the opportunity to review and edit entries if required. Closing date for entries was set to:

- 19 days prior to the first day of the meet for selection and payment for branded merchandise (dependant on manufacturing lead times)
- 15 days for registration and payment for individual entries (dependant on printing lead times)
- 8 days for registration and payment for the number of relay teams
- 2 hours prior to the scheduled stating time of each relay event on the day of the meet, for the nomination of swimmers for relay teams—this was achieved through a mobile app accessed by nominated team captains.

Note that these times are far shorter than past practice, and the 4 to 6 weeks recommended in the National Championships Meet Guide. From our experience of running major meets, Masters Swimming NSW was confident of managing these times. Similar times were set ahead of the aborted 2020 event, so would have been in place regardless, but we believe it became even more important for the convenience of members given the uncertainties around the COVID19 pandemic.

Regrettably, the legacy of the COVID19 pandemic was lower entry numbers than would otherwise be expected, especially in numbers from interstate and internationally. As part of our COVID safety measures, and to avoid groups of people gathering, no printed results were posted at the meet.

An MSA national championships dedicated mobile 'web app' was created to display live results to competitors, and others, in real time—within moments of the completion of each event.

The MSA Live Results app also provided:

- general meet and venue details
- personalised entry details for each entrant (individual & relay)
- full heat details for each event (individual and relay)
- personalised results for each entrant
- full results for each event
- posting time of results for each event
- notification of when medals were released for collection for each event
- an online protest form
- progressive totals for each of the championship awards (Swimmers of the Meet, Founder's Trophy, Visitor's Trophy, etc.).

SWIMMING ENTRIES

Total swimming entries	567	
Including open water entries	91	
Merchandise only	68	
New South Wales	398	70.2%
Queensland	74	13.1%
Victoria	72	12.7%
South Australia	9	1.6%
Tasmania	5	0.9%
Western Australia	1	0.2%
Northern Territory	6	1.1%
International	2	0.4%
Total clubs	83	
Clubs with relay teams	30	

RECORDS SET

World	4	National	106		
NSW	109	Victoria	108	Queensland	78
South Australia	14	Western Australia	10	Tasmania	27
Northern Territory	10				

THE OFFICIALS . . .

. . . AND SOME OF THE VOLUNTEERS

This event was five years in the making. Originally scheduled for 2020 but of course we know what happened then. It was postponed until September 2020, then cancelled altogether until 2022, but even then we were never sure it would take place, due to uncertainty of borders. This all means that there were really two different organising committees and many

people involved in 2022 who were not around in 2020, and many of the 2020 volunteers were not available in 2022. We were actually so close in 2020: the rosters had been drawn up, medals arrived, meetings with SOPAC done, flights booked—we were ready to go!

My thanks to the many people involved in both committees and those who were involved both times. My thanks to the NSW officials—all but four officials were from MSNSW—and of course the many volunteers.

Unfortunately, the numbers were nowhere near what we had budgeted for in 2020, but we were just so happy to be able to have the event go ahead, and get swimmers back in the water, that we forgot about the budget and worked on running a very friendly and social event, which we achieved.

It was so unfortunate that we had to cancel the open water swim in Parramatta Lake due to the condition of the water, but our swimmers' safety is of utmost importance. A big thank you to Kerryn and Jillian and their team who worked on the OWS and were disappointed in the outcome.

Another seven years before the event is back in NSW!

Jane Noake
Meet Director

BRANCH MEET RECORDER'S REPORT 2022

SWIM MEET SYSTEM

In 2022, coming back from the COVID years, I officiated at the MSA national championships at SOPAC, 13 interclub meets, 3 branch championships, and the branch relay meet.

My role for each of these includes setup of the online entry system and compilation of entries, setup of the meet database, program preparation, report preparation for officials, management of results poolside, checking for broken records, submission of relevant record applications, and the uploading of results to the MSNSW website and MSA results portal.

One additional meet was conducted by host clubs using their own licensed software and equipment, where my role includes the setup of the online entry system, the compilation of entries and the setup of the meet database, checking post-meet that all broken records have been correctly identified and that relevant record applications have been submitted, then the uploading of results to the MSNSW website and MSA results portal.

During 2020, 690 members participated in one or more swim meets, representing 48.9% of our membership, compared with 49.3% in 2019 (pre-COVID).

SEMI-AUTOMATIC TIMING

Wylas Timing has been utilised at all meets where I officiated as meet recorder, except where AOE electronic timing was used. This system now also incorporates an electronic marshalling system utilized by the check starters.

RESULTS AND TOP TEN SYSTEM

The MSA results portal continues to be the go-to place for up-to-date information on members' results, top ten rankings and records—Australia wide.

The database is updated from swim meet results and Endurance 1000 data throughout the year, plus additional manual entries from club time trials and non-MSA meets that are submitted by club recorders at the end of the year.

The results page on the MSNSW website also holds results for meets sanctioned by MSNSW, along with progressive scores for BPS points and age group points.

The MSNSW Live Results app was developed as part of our COVID response and is now used at all meets where I officiate to display meet results in real time, at no cost to swimmers.

2022 NATIONAL CHAMPIONSHIPS

The highlight of the year was finally being able to host the MSA national championships, following cancellation of the event in 2020 and 2021.

It was too early to attract more than a couple of international swimmers, but we had another 565 MSA members from around Australia.

New South Wales	398	Tasmania	5
Queensland	74	Western Australia	1
Victoria	72	Northern Territory	6
South Australia	9	International	2

Mark Hepple
MSNSW Meet Recorder

ENDURANCE RECORDER'S REPORT 2022

There were 37 NSW clubs with members who swam e1000 swims (8 more than in 2021). Total points of 61682 were accrued by e1000 swimmers (in 2021, it was 58447). Total participants (swimming at least one e1000 swim) was 373, considerably more than the previous year, which was 224.

Gender distribution of e1000 participants was relatively similar, however a significantly greater number of male swimmers participated this year than in the previous year. In 2022, females = 193 (in 2021 = 140) and males = 180 (in 2021 = 84).

The age group with the highest number of participants is now the 65–69 cohort. In previous years it was regularly the 60–64 years age group (presumably many of the active participants have moved up into the next age group?). Also, three e1000 participants are in the 85–89 age group, with a special mention to Geoffrey Llewellyn (NCN) again achieving maximum swims and points!

POINTS TROPHY: Congratulations again to **CAMPBELLTOWN** who achieved the most club points, followed again by Tuggeranong and with Wests Auburn third.

CLUBS WITH HIGHEST E1000 POINTS 2022

1st	NCT	Campbelltown	13591
2nd	NTN	Tuggeranong	10972
3rd	NWS	Wests Auburn	6509

AVERAGE POINTS: This trophy was won by Wests Auburn for the highest average points per member (increasing average points per member from 368.3 in 2021 to 500.7 this year). Congrats also to Campbelltown and Castle Hill for achieving second and third place respectively.

CLUBS WITH HIGHEST AVERAGE E1000 POINTS PER REGISTERED MEMBER 2022

(Minimum members = 6)

1st	NWS	Wests Auburn	500.7
2nd	NCT	Campbelltown	388.3
3rd	NCL	Castle Hill	375.2

CLUBS WITH HIGHEST PROPORTION OF PARTICIPANTS 2022

(Minimum members = 6)

1st	NCL	Castle Hill (13/13)	100.0
2nd	NWS	Wests Auburn (12/13))	92.3
3rd	NOF	Oak Flats (9/10)	90.0

SWIMMERS WITH MAXIMUM POINTS (= 1005) 2022

BLAMIRES, MEGAN	NBT	53	50–54
BURSTON, JAY	NBT	41	40–44
DA COSTA, LEANNE	NCH	62	60–64
GRIFFITHS, ROBIN	NBM	68	65–69
HADDAD, SUZIE	NCT	37	35–39
JACQUES, GREGORY	NCT	75	75–79
KENNEDY, KRISTINE	NTN	57	55–59
LANE, KYLIE	NTN	45	45–49
LEARY, CHRISTINE	NTN	68	65–69
LLEWELLYN, GEOFFREY	NCN	89	85–89
McDONALD, MARK	NBT	35	35–39
McGOWAN, ATSUKO	NTN	43	40–44
McLEOD, RUSSELL	NCT	72	70–74
McMURTRIE, WENDY	NPM	55	55–59
MEEK, BELINDA	NCT	33	30–34
MICHELS, KERRY-ANN	NBT	55	55–59
PARKINSON, MICHAEL	NWS	52	50–54
PELOSA, JAMES	NCT	60	60–64
REID, ANN	NTN	60	60–64
ROUEN, HEATHER	NCT	66	65–69
SINDEN, OWEN	NCT	67	65–69
SMITH, MARCELLE	NCL	56	55–59
TAYLOR, BEN	NWS	54	50–54
TOMPKINS, SUE	NSP	59	55–59
WHITELEY, JENNY	NRY	64	60–64
WILSON, LYNDALL	NBM	69	65–69

SWIMMERS WITH MAXIMUM SWIMS (= 62) 2022

ANDERSON, CASSIE	NWS	42	40–44	484
BLANCH, KERRYN	NWS	49	45–49	715
CAMPBELL, DONNA	NTN	60	60–64	997
COLYER, TANYA	NCN	62	60–64	465
GENOVESE, KERRI	NCL	61	60–64	914
HATCHER, SALLY	NBM	66	65–69	760
HENSON, KATHRYN	NCL	60	60–64	881
LAWRENCE, LAURA	NCT	43	40–44	850
McNAIR, HEATHER	NBM	52	50–54	689
PREISS, HANS	NCT	73	70–74	969
REIDY, MATTHEW	NBM	66	65–69	943
ROUEN, ALEXANDRA	NCT	32	30–34	810
SHEPPARD, WENDY	NCL	62	60–64	863
SKULANDER, ANNIKA-LEE	NBT	32	30–34	763
SWEETING, BRUCE	NCL	58	55–59	508

REMEMBER: For 30, 45 and 60-minute swims, distances are to the nearest **COMPLETED** 25 m and other swims **SHOULD NOT** be rounded down to '.00' (hundredths).

SPLITS: If a split time in a longer distance is faster than the individual respective swim, it may be submitted online for a Top Ten time.

Jenny Whiteley
e1000 Recorder

RECORDS RECORDER'S REPORT 2022

NATIONAL RECORDS

A total of 117 national records were broken by swimmers from NSW in 2022. This is a huge achievement, showing how we have bounced back from COVID lockdowns. Congratulations to the following swimmers, with the number of records they broke:

Aaron Cleland	3	Jenny Whiteley	2
Barry Seymour	1	Jon Hawton	1
Brandon Fraser	1	Liz Wallis	16
Chris Fydler	2	Margaret Jopling	2
Craig Magnusson	5	Marilyn Earp	1
Daniel Jones	4	Martin Pappas	4
Georgia Caldwell	2	Paul Lemmon	6
Guy Farrow	6	Paul Wyatt	8
Helga Duncan	1	Stuart Ellicott	18
James Hickman	4	Tony Goodwin	19

We also had the following clubs break national relay records. Congratulations to all those involved.

Tattersalls	072–119 male	Short course	4 x 25m	Freestyle
Seaside Pirates	200–239 male	Short course	4 x 50m	Medley
Tattersall	200–239 male	Short course	4 x 100m	Freestyle
Tattersall	200–239 male	Short course	4 x 50m	Freestyle
Tattersalls	200–239 male	Short course	4 x 50m	Freestyle
Warringah Masters	360–399 mixed	Short course	4 x 25m	Medley
Warringah Masters	360–399 mixed	Short course	4 x 50m	Freestyle
Warringah Masters	360–399 mixed	Short course	4 x 50m	Medley

BRANCH RECORDS

- The breakdown of branch records by age in 2022 is below:

20–24	15	40–44	26	60–64	8	80–84	21
25–29	1	45–49	24	65–69	8	85–89	36
30–34	22	50–54	7	70–74	25	90–94	0
35–39	6	55–59	32	75–79	22	95–99	16

- Females made up 88 of our record breakers versus 181 males.
- Records by stroke were 45 backstroke, 81 breaststroke, 51 butterfly, 70 freestyle, 22 individual medley.
- The 285 branch records broken in 2022 included 16 relay records.

TECHNICAL DIRECTOR'S REPORT 2022

Well finally nationals 2020 happened at SOPAC in April 2022! The event ran smoothly in the capable hands of Meet Director Jane Noake supported by a strong contingent from NSW and one interstate official. There were 15 disqualifications, most for breaststroke stroke infringements but also backstroke and one butterfly. This was out of the ordinary but probably due to lack of race practice thanks to COVID!

During the year the BPS carnivals went ahead as scheduled and at the end of the year NSW put on the Christmas at Cabarita fun meet.

As nationals was short-course, the branch long-course meet was held in Canberra in October. There were a few problems with availability of warm up/swim down lanes and a shortage of officials but most swimmers were understanding and took everything in their stride. To those who complained and were rude to officials I would point out that things don't always go to plan and we are all volunteers giving up our time to ensure that meets can happen.

We've just had a successful branch long-course meet at SOPAC which was very well attended. There were 15 disqualifications, which is a little more than usual for a two-day carnival. Many were by new members, so we need to find a way of making sure that swimmers competing for the first time in an event are aware of the rules. What stunned me was that two disqualifications were for wearing a watch! Neither swimmer was new to Masters! Will they never learn!

The current FINA rules were valid from 2017 to 2021 and an updated set appeared in 2022. However, new rules have come in for 2023 which have yet to be implemented in Masters Swimming Australia. I expect these to be introduced later this year. One main change is that FINA is now called World Aquatics.

For the future I would like to see us revisit warm up/swim down procedures and educate swimmers in the etiquette to be observed.

Also, your officials, particularly referees, are aging so I think we need to encourage more young swimmers or their partners to become officials to help take the load off us oldies!

Marilyn Earp
Branch Technical Director

TRAINING COORDINATOR'S REPORT 2022

A big thank you to all the officials who stand on pool deck for hours making sure every swim meet runs smoothly.

MSNSW has a total of 388 qualified officials, 10 more than more than 2021, and 8 reaccreditations. Congratulations to the officials who gained their accreditation and reaccreditation in 2022.

Courses were conducted through Zoom and face to face. Thank you, Jillian Pateman, for your help and support with these.

Thank you to all our valued members of the MSNSW board, Jillian Pateman, branch administrator, and Marilyn Earp, technical director, course coordinators and presenters for their many hours of work during 2022.

All swimmers should consider becoming an official. Without officials, swim meets would not be conducted in a professional manner allowing every swimmer the opportunity to swim to the best of their ability. Friends and partners of swimmers make wonderful officials. Remember the more officials, the lighter the load.

CURRENT QUALIFIED OFFICIALS 2022

(Please note: some officials are accredited in multiple positions)

	Metro		*Country*		*Total*
	Female	*Male*	*Female*	*Male*	
Referees	5	3	2	4	14
Inspectors of Turns	9	5	4	1	19
Judges of Strokes	0	0	0	0	0
Starters	4	8	1	4	17
Marshals Check Starters / Clerks of Course	9	9	11	4	33
Chief Timekeepers	9	11	3	7	30
Timekeepers	109	65	68	33	275
Total	**145**	**101**	**89**	**53**	
Total Metro / Country	**246**		**142**		
Total Officials 2022	**388**				

REACCREDITATIONS 2022

(Please note: some officials accredited in multiple positions)

Chief Timekeepers	0
Marshals Check Starters Clerks of Course	7
Starters	0
Inspectors of Turns	1
Judges of Strokes	0
Referees	0

ACCREDITATIONS 2022

(Please note: some candidates accredited in multiple positions)

Timekeepers	20
Chief Timekeepers	1
Marshals Check Starters Clerks of Course	1
Starters	1
Inspectors of Turns	4
Judges of Strokes	0
Referees	0

OFFICIALS' COURSES 2022

	No. of courses	*Candidates*
Timekeepers	3	25
Chief Timekeepers	0	0
Marshals Check Starters Clerks of Course	1	1
Starters	0	0
Inspectors of Turns	2	6
Judges of Strokes	0	0
Referees	0	0

COURSE COORDINATORS	COURSE PRESENTERS
Jamie Turner	Jamie Turner
Diane Partridge	Noel Partridge
	Diane Partridge

(Please note: individual clubs can conduct Timekeeper courses)

Diana Partridge
Training Coordinator

WEBMASTER'S REPORT 2022

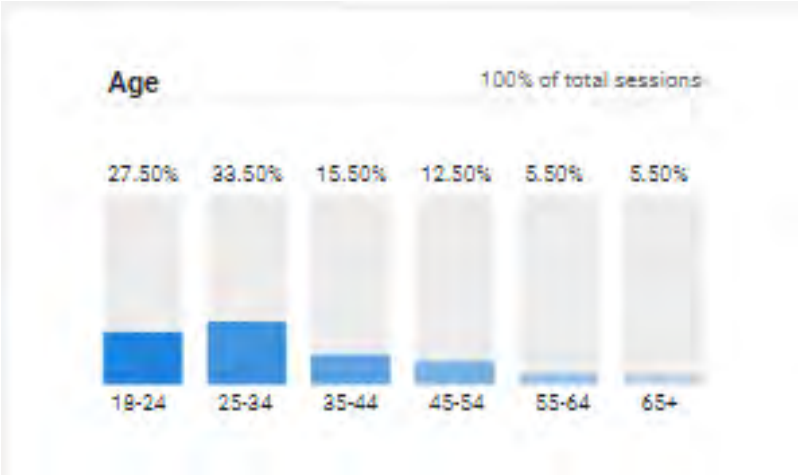
The MSNSW website is the main source of information about the organisation for our members and the wider public.

WEBSITE STATISTICS

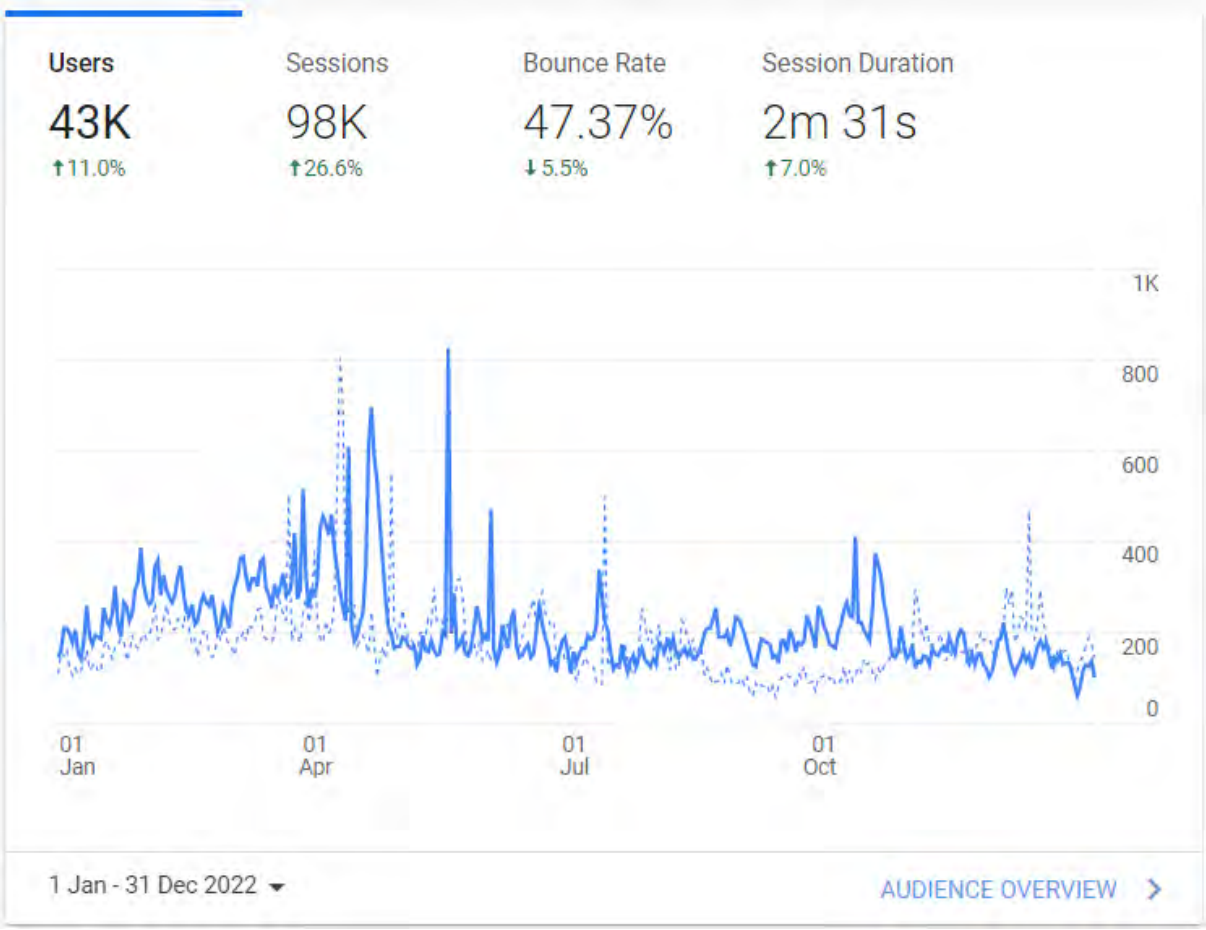
Top 25 pages for traffic:

	Page	Page Views ↓	Unique Page Views	Avg. Time on Page
		260,777 % of Total: 100.00% (260,777)	196,224 % of Total: 100.00% (196,224)	00:01:31 Avg for View: 00:01:31 (0.00%)
1.	/	55,791 (21.39%)	39,905 (20.34%)	00:00:41
2.	/meet-results/	23,955 (9.19%)	15,229 (7.76%)	00:02:07
3.	/events/category/sanctioned-meets/	15,313 (5.87%)	10,604 (5.40%)	00:00:45
4.	/2022-national-championships/	13,871 (5.32%)	10,291 (5.24%)	00:00:59
5.	/downloads/swim-meet-programmes/	11,749 (4.51%)	8,823 (4.50%)	00:03:11
6.	/events/category/sanctioned-meets	9,074 (3.48%)	6,204 (3.16%)	00:00:37
7.	/event/2022-msa-national-championships/	7,952 (3.05%)	6,090 (3.10%)	00:02:12
8.	/events/	7,641 (2.93%)	5,792 (2.95%)	00:00:43
9.	/coaches-and-officials/coaching/training-programs/	6,841 (2.62%)	4,140 (2.11%)	00:02:50
10.	/about/membership/	5,460 (2.09%)	3,912 (1.99%)	00:02:09
11.	/event/msnsw-long-course-championships/	5,198 (1.99%)	4,147 (2.11%)	00:02:41
12.	/2022-national-championships/schedule-of-events/	5,042 (1.93%)	4,175 (2.13%)	00:02:58
13.	/coaches-and-officials/coaching/coaching-tips/count-your-strokes/	3,616 (1.39%)	3,422 (1.74%)	00:04:24
14.	/join-a-club/	3,524 (1.35%)	2,731 (1.39%)	00:02:57
15.	/meet-results/live-results/	3,324 (1.27%)	2,703 (1.38%)	00:02:31
16.	/coaches-and-officials/coaching/coaching-tips/bill-moorecroft/drills-with-a-purpose/	3,225 (1.24%)	3,014 (1.54%)	00:08:00
17.	/meet-results/swimmer-profiles/	2,807 (1.08%)	2,113 (1.08%)	00:02:36
18.	/Downloads/Swim-Meet-Programmes/	2,786 (1.07%)	2,333 (1.19%)	00:04:39
19.	/records/	2,379 (0.91%)	2,162 (1.10%)	00:03:20
20.	/event/msnsw-long-distance-championships/	2,300 (0.88%)	1,750 (0.89%)	00:01:41
21.	/event/ettalong-bps-meet/	2,175 (0.83%)	1,728 (0.88%)	00:02:11
22.	/msa-live-results/	2,090 (0.80%)	1,606 (0.82%)	00:02:45
23.	/event/warringah-bps/	2,085 (0.80%)	1,672 (0.85%)	00:02:46
24.	/event/campbelltown-bps/	1,901 (0.73%)	1,519 (0.77%)	00:02:23
25.	/event/nsw-long-distance-championships-lc/	1,897 (0.73%)	1,538 (0.78%)	00:02:07

DEMOGRAPHICS



USAGE



We would like to thank **Spintel** for hosting our website, and **Ingenium Internet** for the hosting of our MSNSW Results page

Mark Hepple
Webmaster

MEETINGS 2022

Date Held		Method	Kerryn	Jon	Paul	David	Mark	Lawrence	Suzie	Julie	Nigel	Jillian
Jan	17/01/2022	Virtual	Yes	Yes	No	Yes	Yes	Yes	NA	Yes	NA	Yes
Feb	21/02/2022	Virtual	Yes	No	Yes	Yes	Yes	Yes	NA	Yes	NA	Yes
March	21/03/2022	Not listed	Yes	Yes	No	Yes	Yes	Yes	NA	Yes	NA	Yes
April	**Not held due to AGM**											
May	15/05/2022	Virtual	Yes	NA	NA	NA	Yes	Yes	Yes	Yes	Yes	No
June	20/06/2022	Virtual	Yes	NA	NA	NA	Yes	Yes	Yes	Yes	Yes	Yes
July	06/08/2022	Face to face	Yes	NA	NA	NA	Yes	Yes	Yes	Yes	Yes	Yes
August	15/08/2022	Virtual	Yes	NA	NA	NA	Yes	Yes	Yes	Yes	Yes	Yes
Sept	19/09/2022	Virtual	Yes	NA	NA	NA	Yes	Yes	Yes	Yes	Yes	Yes
Oct	15/10/2022	Mixed	Yes	NA	NA	NA	Yes	Yes	No	Virtual	Yes	Yes
Nov	14/11/2022	Virtual	Yes	NA	NA	NA	Yes	Yes	Yes	Yes	Yes	Yes
Dec	12/12/2022	Virtual	Yes	NA	NA	NA	Yes	Yes	No	Yes	Yes	Yes
Total Attended			**11/11**	**2/3**	**1/3**	**3/3**	**11/11**	**11/11**	**6/8**	**11/11**	**8/8**	**10/11**

CLUB MEMBERSHIP 2022

	2021	2022
Armidale AUSSI Masters Swimming Club	12	14
Bidgee Masters Swimming Club	6	16
Blacktown City Masters Swimming Inc	42	48
Blue Mountains Phoenix Adult Swimming	21	26
Bushrangers	12	17
Campbelltown Collegians AUSSI MSC Inc	34	35
Castle Hill RSL Masters Swimming Club	10	13
Cessnock Masters Swimming Inc	26	22
Clarence River Masters Swimming	66	75
Coffs Harbour Masters Swimming Inc	11	20
Coogee-Randwick Masters Swimmers Inc	22	21
Dubbo Redfin AUSSI Masters Swimming Club	3	no data
Ettalong Pelicans Swimming Club Inc	30	36
Ginninderra Masters Swim Club	9	no data
Gosford City Seagulls AUSSI Masters	9	8
Hills Masters Swimming Inc	16	20
Lake Macquarie Crocs Masters Swimming Inc	10	12
Lane Cove Masters Inc	14	17
Maitland AUSSI Masters	18	19
Manly Masters Swimming Club Inc	75	76
Merrylands Amateur Swimming Club Inc.	6	10
Molonglo Water Dragons	57	58
Myall Masters Swimming Club	54	50
Narooma Adult Swim Clubs	14	no data
North Shore Masters Swimming Club	17	37
North Sydney Masters Swimming Club Inc	63	68
Novocastrian Masters Swimming Inc	23	22
Oak Flats AUSSI Masters Inc	9	11
Penrith AUSSI Masters Swimming Inc	9	16
Port Macquarie Masters Swimming Club Inc	31	41
Raymond Terrace AUSSI Masters Swim Club	4	no data
Ryde AUSSI Masters Swimmers (RAMS) Inc	59	54
Sapphire Coast Stingrays Inc	32	44
Seaside Pirates Inc	30	37
Singleton Masters Swimming Club	4	no data
St George Masters Swim Club Inc	26	23
Sutherland Sandbern Masters Swim Club Inc	35	34
Tattersalls Club Swimming	33	30
Trinity AUSSI Masters Swim Club	22	26
Tuggeranong Masters Swimming ACT	80	93
Warringah Masters Swimming Inc	88	103
Wests Auburn Masters Swimming Club Inc	15	15
Wett Ones Swimming Club Inc	162	173
Wollongong Masters Swimming Inc	13	15
Wyong Wobbygongs Swimming Club	7	7
TOTAL MEMBERSHIP	**1339**	**1462**

ARMIDALE AUSSI MASTERS SWIMMING CLUB
PRESIDENT'S REPORT 2022

Returning to almost 'normal' conditions after two years of pandemic, the Armidale 2022 summer swimming seasons seemed almost mundane by comparison. Well, almost! While the excellent rains of recent years have been a welcome relief following the serious 2019 drought, the downside came in the form of a cooler than expected lead up to the 2022 Christmas period. Despite the sometimes-cool mornings, a good number of members turned up each Sunday at Monckton Aquatic Centre, while others made use of the warmer indoor conditions at the Sport UNE pool. One way or another, Armidale Masters had excellent options and no excuses for not swimming.

With Monckton closed during winter, members returned to their Thursday evening and Sunday morning swims at The Armidale School, which continued until outdoor swimming resumed in October. With a number of Masters swimmers also members of Sport UNE, it was not uncommon to see a familiar face there too through the week. While we don't always appreciate it, Armidale really is spoiled for choice. Even a body surfing session is possible if you don't mind a drive to the coast! Some of us certainly like the sea and a small contingent again made the journey to February's Cole Classic in Manly. One member even combined the Saturday's Dee Why to Manly Sun Run with the swim to make a very full weekend.

Armidale Masters is predominantly a social club, and membership numbers tend to remain stable. That said, as the year drew to a close, a small number of new faces began to appear providing the prospect of a small lift in membership in 2023. Slow, steady growth seems to be our thing, with good attendance at our weekly swim sessions, and the occasional Sunday brunch thrown in.

Stephen Phelps
President

BIDGEE MASTERS ANNUAL REPORT 2022

Welcome to all those interested in getting fitter, meeting other like-minded souls and having a bit of fun.

It has been a bit of a revitalised year, with new members and new training programs thanks to the support of Masters Swimming NSW.

The impetus for change came with the assistance of Masters Swimming NSW and a coaching session delivered by Greg Gourley from Tuggeranong Masters. Greg ran us through some drills and stroke correction, which highlighted how much we were missing these opportunities. Our invitation to this event for all interested swimmers led to Brian introducing us to Ed and Kelsey, who are now providing us with some excellent programs. Thank you, Ed and Kelsey. Your programs are challenging and interesting with a mix of strokes that cater for all levels. The feedback I'm getting from new and regular swimmers is very positive.

We have also enjoyed a number of social Sunday swims and BBQs, along with some great dinner get togethers.

Thank you, Robyn, for starting the ball rolling by successfully applying for a grant from Masters Swimming Australia that enabled us to replace our banner, purchase some stopwatches and also subsidise some coaching expertise.

Thank you to Lib, Nancy, Pam and all those who provided input into getting the new logo, banner, sign and notice board happening. Craig provided us with a bigger notice board at GRALC and Lib has updated it with new photos and information. Now the world can see that Bidgee Masters Swim Club is alive and well. We have commenced the process of designing a club shirt and will have some pictures to look at during our AGM.

After many years without attending a masters carnival, we have now competed in two meets in the last couple of months. Bidgee was represented at the NSW long-course championships in Canberra in October. Four swimmers came home with 15 medals from 18 swims, which proves that anything is possible. Whilst the medals are great, the real joy is in attending and experiencing the camaraderie of many like-minded people enjoying the benefits of swimming. Watching a 93-year-old dive in and swim several events and an 85-year-old set a couple of world records leaves you inspired to just get in and have a go.

Nine members have had a hit out at the Griffith carnival this weekend (December 2022) and have left many on pool deck surprised with the high standard of swims. Lib and I have had many conversations with people curious about Masters Swimming. The competitors liked the medals and loved the wine. Well done, team Bidgee.

Looking forward to the year ahead, I would like Bidgee to target a couple of carnivals that we could attend as a team. There is a great relay carnival which is held in mid-July. It is a good fun way to experience the competitive world of Masters without the individual pressure. We are also looking into some ocean swims that may be of interest to some of us.

I'd like to encourage everyone to invite anyone they think may be interested in benefitting from swimming regularly to any of our sessions.

Bidgee Masters Swim Club is about the friendships, fitness, fun and benefits that swimming can bring to our lives. Sometimes the competitor in us just wants to have a go. To quote the 93-year-old in Canberra, "Racing keeps me swimming". You have to love it!!

Thank you, everyone, for your help and support to get Bidgee up and going again.

Rob Trembath
President

BLACKTOWN MASTERS SWIMMING CLUB PRESIDENT'S REPORT 2022

2022 was another successful year for the team at Blacktown. This success was driven primarily through the efforts of our coach Kerry-Ann Michels, who was a well-deserving recipient of the MSNSW Coach of the Year award. Kerry's dedication on pool deck has seen a significant increase of numbers attending training and an increase in membership on 2021. We would like to thank Blacktown City Council for continuing to support us, and for giving us access to turnboards in summer and the outdoor pool in winter for the first time. This extra space allowed for Kerry to differentiate training sets for our wide range of swimming abilities.

Our carnival attendance and performance continued to improve throughout the year. The highlight for our club was winning the MSNSW branch relay meet, for the first time in the club's history. We had 28 swimmers compete at the meet, and for many swimmers it was their first carnival. We continued to achieve at branch meets, coming second at the long distance short course championships and third at the branch long course championships in Canberra. At both of these meets, Blacktown finished first in the average points score. Our aim for 2023 is to improve on our overall placement of sixth in the BPS points score tally for the year.

Nationals was another successful meet for the club. many personal bests were swum and medals awarded. The club finished ninth overall, and it was the first nationals meet for many of our swimmers. We also had a team of five swimmers who competed well at the Pan Pacs carnival in November.

Many Blacktown swimmers set national and branch records over the course of 2022. Aaron Cleland was the most prolific record breaker and finished the year with multiple appearances in the FINA top 10 rankings. Alex Hardy, Jay Burston and Annika-Lee Skulander all broke individual records throughout the year, and a relay record was claimed at our own club meet.

Blacktown gained an additional accredited official in 2022, with Annika-Lee Skulander becoming qualified as an inspector of turns. We also increased our number of qualified timekeepers and remain committed to growing our officials numbers, both for our own club and for MSNSW.

We had a core group of five swimmers again complete the Endurance 1000 program and many other swimmers completing part of the program.

We were pleased to induct two of our members, Scott Hay and Vickey Gorham, as life members in 2022. Scott is a former president of the club and Vickey a former treasurer. Both have been members of Blacktown for over 20 years, and we thank them for their commitment to the club over the decades.

Annika-Lee Skulander was named as the club member of the year. Annika spent countless hours putting together relays for both the relay meet and for all other carnivals and sends a newsletter to swimmers every month providing an update of upcoming carnivals, endurance sessions and ocean swims. Jay Burthson was awarded the coaches award for the effort that she has put into training and competing, and Brett Norman was awarded the most consistent trainer award for having the highest attendance at training sessions throughout 2022.

We were also proud again to support the MS 24 Hour Mega Swim. Our fundraising efforts were led by Tim de Ridder, and Tim also led the swimming, completing over 11 km in the pool as part of Blacktown's efforts.

We see 2023 as an exciting opportunity for continued growth and we are looking forward to what will come!

Mark McDonald
President

BLUE MOUNTAINS PHOENIX ADULT SWIMMING CLUB
PRESIDENT'S REPORT 2022

This was my first year at masters and it has turned out to be a very enjoyable one. I went from an ordinary lap swimmer to be able to compete in carnivals and also the aerobics programme. This with the enthusiastic help of Phoenix members.

We started 2022 with twenty-four members. The club competed at seventeen sanctioned carnivals throughout the year. The national championships, however, held at SOPAC in April, was a standout with eleven members competing and winning a large number of medals.

Robin Griffiths has kept up the good work with our aerobics program, half of our members attempting some of these swims. Five completed all sixty-two. Amazing! Three entered the Baddaginne postal swim, seven entered the Clarence virtual swim and three members completed the Tuggeranong Trifecta.

Susan Leech is an accredited Masters coach and expressed interest in providing coacing for the club. Her outlines went to our club members and were then submitted to Blue Mountains City Council for approval. The process was lengthy but we were finally able to commence our coaching sessions each Tuesday, with three lanes, from 11 am to 12:30 pm. Susan Leech has also become the club relay coordinator. The club purchased a GoPro camera, which will be used in our coaching sessions.

In September, we were informed by Masters Swimming NSW that all clubs would be transitioning to Swim Central. This required our club to apply for an Australian Business Number and a Tax File Number. This, as most clubs may have experienced, was not easy. After much confusion, we managed to complete the requirements and now realise that money will come back to the club via Swim Central. We are aware there are new charges associated with this new system. Our members managed to register, and actually entered the last two carnivals through Swim Central.

An application for a Local Sport Grant Programme 2022/23 offered by the NSW government was forwarded to us from the branch office. Susan Leech filled out the very lengthy document associated with this particular grant as our committee members were unfamiliar with the procedure. The finished article was submitted in October 2022.

We had our Christmas get together on Saturday 10 December at Kay Burton's beautiful out-door pavilion.

Thanks to my committee members Nerida Murray (secretary), Jenny Launt (treasurer), Robin Griffiths (aerobics coordinator) and Susan Leech (head coach).

Murray Garlan
President

CAMPBELLTOWN AUSSI MASTERS SWIMMING CLUB INC
PRESIDENT'S REPORT 2022

We are in a much better position to manage the outcomes of COVID waves. To date, no club members have caught COVID at the pool. The dynamics of the club have changed a lot with friendships, social activities and club spirit being a big draw card. We have had lots of brilliant new swimmers join the club recently.

The 2022 year started with our annual carnival at the end of January as the first major carnival post-COVID. We saw 125 masters swimmer members enter our carnival, which was great to see.

In February our club room was flooded during a freak storm resulting in the loss of our chairs, a table, one gazebo and the fridge. These items were all replaced, and we were reimbursed by the council. Our kitchenette was also damaged in the flood and the council's insurance company has agreed to foot the bill for this; however, it is still held up in council.

The club made the decision to separate from the Collegians group of sports clubs run by the Catholic Club. New uniforms were ordered and subsidized by the club with the new logo.

We held our AGM on 27 February in the amateur club room. We held our presentation day at the Michelia club in Harrington Grove in March.

In April we swam at the Masters Swimming national championships in Sydney, coming 7th on total points and 2nd on average points per swimmer.

At the end of April, we had 4 swimmers head to Perth for the Australian Masters Games and came home with lots of medals.

In May we attended the Masters NSW AGM as a club and received our towels for the endurance program winners.

In July we attended the branch relay meet with 16 competitors and many members attending for the first time.

We also held a club Christmas in July in Bundanoon, followed by tea and coffee at Owen's new place.

In August we received some sad news of the passing of long-term member Kevin Sterling after a battle with Parkinson's disease.

In September we started back into having morning tea at the club on the lawn outside our club room. Also, during this month Masters joined forces with Swimming Australia and the amalgamation changed our Masters code from NCT to NCA as our existing code clashed with another Swimming Australia club.

In October 2022 we purchased an underwater camera and electronic scoreboard which should arrive soon.

In 2022 we also saw several club members setting new branch and national records:

Helga Duncan set one national record and five branch records
Heather Rouen set a branch record
Belinda Meek set two branch records and one Pan Pac Games record.

The club formally voted on removing “Collegians” from the club’s name. Results were 16 Yes votes to 3 No votes. The decision was made to change the name and Hans Preiss has the required form to action this.

Gregory Jacques
President

CLARENCE RIVER MASTERS PRESIDENT'S REPORT 2022

My first year as president has been very busy. At the start of the year our club had 52 members and now has 70 which is fabulous.

Activities were initially impacted by COVID plus a local flood and consequently our Annual Breakfast was deferred until the end of the season in June. It was well attended, and awards were presented. We acknowledged the dedication, outstanding contribution & wonderful achievements of our past president, Jane Lawrence, over the last 10 years. Thank you, Jane. Lynne & Bruce Johnson, past members who were instrumental in building our great club, were also acknowledged.

Our Treasurer, Tim Cashman, is unfortunately resigning. I would like to thank Tim for all his hard work over the years, we will miss him in the role.

The Clarence Ripples Newsletter was re-established in an on-line form in February, thanks to Editor & Chief, Ruth McCarthy. The new format includes Master of The Month & a '5-minutes interview' segment, plus lots of information regarding up-coming events. It was also published on the master's website.

We were successful in receiving two grants:

- From Masters Australia 'Just One More' $1000 grant to assist our 3 new coaches with course fees along with a subsidy for our new t-shirts for all members.
- From NSW Masters to assist with costs related to our coaching weekend in Sept, facilitated by Anne Smyth & Greg Gourley. This training session was excellent.

Our fund-raising movie night 'Elvis' was a huge success & well supported.

This year we conducted our first postal swim: The David Abrahams Inaugural Postal Swim where 20 Clarence River members participated to make a total of 46 swimmers. They each received a participation certificate and Clarence River Masters cap.

We are still in Division 3 in the Point score tally but are now coming 4th out of 11 clubs.

Our swimmers entered many carnivals over the year including Tuggeranong Trifecta, Myall Masters at Tea Gardens, Canberra long-course, nationals in Sydney, West Auburn Turtle Swim, Port Macquarie plus ocean swims at Yamba and Byron Bay. Many of our swimmers placed very well in their respective age-groups. Helmut Klein attended the most carnivals and has a swag of medals to prove it. Clarence River Masters won the Wests Auburn postal swim prize for the most entrants and won 2 stopwatches.

A weekly resistance exercise group at Raymond Laurie Sports centre that focusses on swimming specific strength exercises is well patronised by members. Lots of our members also love ocean swimming and are regulars at Main Beach & Whiting beach Yamba.

Our social committee hold monthly breakfasts to celebrate birthdays and Member of the Month as well as regular Friday night drinks at various local venues.

A big thank you to all our dedicated coaches, hard working committee & volunteers who look after pool keys, help with pool covers, fundraising, compiling certificates etc, all helping to keep our wonderful club running smoothly.

Merry Christmas and a Happy & Healthy New Year.

Leonie Daley
President

COFFS HARBOUR MASTERS SWIMMING CLUB INC

PRESIDENT'S REPORT 2022

This last year, 2022, was definitely an improvement on the previous one. There was more swimming, more fun and more friendship. With the acceptance that this club isn't going to train together as an entity, the focus on and appreciation of getting together in smaller mixed groups made for a successful outcome.

Club members entered the Myall Lakes swim meet in February after a wet and frustrating January. Wednesday nights at the pool were scrapped and jetty swims intermittent because of inclement weather, blue bottles or just tiredness. The weather on the day was cool and blustery and a start to setting new times, getting a relay team together and connecting with the swimming fraternity.

In preparation for nationals, with 8 entrants, there was a bit of time trialling, tapering and radio publicity. The team collected a swag of medals and many a personal best went into the records.

With the germination of club spirit came the plan to develop further. A new club mascot was too difficult, but a new club shirt came together with the help of a Grassroots Sports Fund grant and the research and design brain of our secretary, Michelle Stubbs. Club membership increased to 20 members.

Things went quiet again over winter but surfaced at competition in Forster (Forster Escape, 3 swimmers), Canberra (NSW LC champs, 4 swimmers), Port Macquarie (7 swimmers including a couple of recent additions) and culminated at the Pan Pacific Games (11 swimmers, new shirts, tons of medals and records, including a new state record for women, butterfly 800 m, for Leanne da Costa).

As president, I would like to thank the club members who contributed to the administration, publicity, communications and social occasions in order to keep us connected. Special mention goes to Michael and Michelle Stubbs for their enthusiastic activity, networking and plain hard slog, Jamie Marschke for his publicity items, Rose Jeff for her treasury management, Leanne da Costa for her record keeping, and all those super swimmers who help hold our place high in the rankings.

Hilary Young
President

GOSFORD CITY SEAGULLS AUSSI MASTERS SWIMMING CLUB
PRESIDENT'S REPORT 2022

MEMBERSHIP

Unfortunately, in 2022 post-COVID we have not welcomed any new members to the Gosford City Seagulls Swimming Club but are still continuing to market the benefits of joining our club locally.

Val Lincoln, our stalwart vice president over the past thirty plus years, has retired from swimming. Thank you, Val, for your contribution to swimming and untiring support of the Gosford Seagulls Swimming Club. Your AUSSI Masters Swimming Age Group Distance Records will go unchallenged for years to come.

MARKETING

We have been promoting the benefits of joining the Seagulls Club through:

- A3 posters located around the Gosford Olympic Pool (GOP).
- being included in the GOP Neon Sign Advertising that is facing the Central Coast Highway—and is visible each night for passing motorists.
- being on the GOP Facebook page.
- developing postcards to personally hand out to any interested swimmers who attend the pool when we swim there each Wednesday night.

APPRECIATION

Thanks go to all of the club members who have made a great contribution to our approach and enthusiasm over the past year. Our club relies upon everyone pulling together, and this was evident with our mid-year and Christmas dinners.

SUPPORT

We also extend our thanks the Gosford Olympic Pool lifeguard teams and to the Pool Crew Leader Tracey Ford and Bob Binger Head Lifeguard, all of whom have been great supporters of our club this year.

We also extend our thanks for the ongoing and untiring support of Belinda Havron, the administrator at Masters Swimming NSW.

Rob Lewis
President

HILLS MASTERS SWIMMING INC ANNUAL REPORT 2022

Hills numbers are up a bit for 2022 to 19—from 16 members in 2021 (17 in 2020 and 20 in 2019). We lost 2 members (David Hope and Tom Byrne) and gained three new members (Helen Hamilton-James, Julian Vankuyk and Yathin Nadoo) and two returning members (Diana Paton and Philip Smillie) so, hopefully, like everything, we are over the COVID slump. Definitely over it!

However, the Galston pool closure has continued throughout the entire year and is still closed. Our official club training session time is Tuesday 7 pm with the Hornsby Shire Council coach *Debra Francia* still at Hornsby Aquatic Centre. However, our race nights and our endurance program are still discontinued since June 2021.

Two people represented the Hills at swim meets on the MSNSW calendar in 2022:

- *Tony Howe* at two meets—Wett Ones 3/3 and Blacktown eq3/6—both meets in April. Tony adds his officiating duties at meets to his credits.
- *Mark Hepple* at the national championships. Mark combines his swimming with his tremendous job of recorder and put an enormous amount of work into preparing for, recording at and producing results for the national championships plus many meets throughout the year.

Hills did not plan to conduct a BPS meet, nor our postal swim 'Swimming Up Hills', in 2022.

Hills had the same team keeping the club together this year:

- President *Di Coxon-Ellis*, also fitness director and registrar. Di officiated at three meets during 2022 (Myall and Port Macquarie and the national championships over 4 days) (Colvin Ellis also officiated at these events);
- *Tony Howe* as secretary / minutes secretary and public officer (plus officiating as above);
- Treasurer *Kim Chapman* and honorary auditor *Melita Sutton* also as committee members and ready with wisdom when needed;
- *Sarnia Rusbridge* as club recorder who had a rest for 2022 due to the pool closure but will be back in the throes as soon as we are back at Galston;
- *Jim Walker* committee member and social organiser;
- *Philip Smillie* was our safety officer;

- *The Shearers—Janet* (club captain), *Sam* (looking after our social media page) and with *Freya* they manned the medals table at the national championships, as did *Lorraine Mooring,* committee member.
- *Debra Francia* our amazingly dedicated coach.

Our sponsor is Glenorie RSL Club.

Hills held only two meetings at the Glenorie RSL, usually combined with dinner. It was the venue for our AGM in February and December ’22 Xmas meeting and party.

Tony applied for ‘Just One More’ grant funding from MSA in 2022 and was able to gain some commitment but it is rather dependant on our return to Galston so is pending monies.

Due to the increased travel for many to Hornsby AC to attend training and, as a further reward for ‘still sticking with us in 2022’, the club covered the cost of all coaching for the entire year of 2022.

Needless to say, we are looking forward to better participation in 2023 in meets, the Endurance 1000 and maybe even postal swims. We are picking up sponsorship, increasing in numbers already, looking to our goals as individuals so together we can resurrect a vibrant and fit club membership.

Hills members still enjoy the fitness friendship and fun our club offers.

Hills members are extremely grateful to Jillian Pateman in the MSNSW office for her many (11) years of service to our club and the NSW membership as a whole. She will be sorely missed. However, we welcome Belinda and hope to work with her for the betterment of Masters Swimming in NSW. We also thank the NSW board of management and all the volunteers

Tony Howe & Di Coxon-Ellis
Secretary & President

LANE COVE MASTERS SWIMMING CLUB INC
ANNUAL REPORT 2022

We are a small and sociable club without much presence in the competitions or NSW reports for some years. There are usually some 8 to 12 present for our weekly training; 6:30 to 7:30 pm on a Tuesday at Lane Cove Swimming Pool.

For those not familiar with it, the 50 m outdoor pool was rebuilt in 2001 along with an indoor aquatic centre and gym providing a beautiful facility and a great boon to the community. The three lanes the pool provides allow the club to cater for a range of speeds and endurance.

The past two years, while difficult throughout COVID, have seen a number of our newer members enthusiastically take up the competitions at the various meets around Sydney. Our club captain, Nigel van Reyk, has been instrumental in getting us involved, leading by example and building a camaraderie that has paid off with results not seen by LCMSC for over 25 years.

During 2022 the club had 14 members, 9 of whom competed for the club over the course of the year in both individual events and relays, resulting in the club being the leading branch points scorer in Division 3. In addition, a number of swimmers also competed in ocean swims.

The club's success was predicated on members competing on the basis of 'roll up and swim and then see what points we can get'. The emphasis was on having fun at the start of the year and as results improved over the year a degree of competitiveness crept into our performances, but we never let that get in the way of having fun.

For this we thank both Nigel and our excellent coach John De Vries who stuck with us through COVID and always makes our sessions interesting and challenging.

Finally, we would like to thank all the committee members for their dedication to the club; particularly John Notley as our oldest member at 95, still swimming and honorary treasurer, and a special mention for Michael Ferguson for arranging our Christmas and Christmas in July social events.

Peter Dixon
Club President

Nigel van Reyk
Club Captain

MANLY MASTERS MASTERS SWIMMING CLUB
PRESIDENT'S REPORT 2022

Last year saw a return to active competition after the impact of the COVID pandemic. Our numbers at carnivals are not back to where they were but a number of swimmers did compete in ten carnivals for the year. Congratulations to Barry Seymour and to one of our new members, Lauren Stadler.

The Manly carnival was held at Abbottsleigh, and due to an unfortunate clash of dates did not have a huge roll up but was enjoyed by all that participated. The Dawn Gledhill Award (closest to nominated time in the IM) was presented for the first time by Mr Peter Gledhill and was won by Cas Makin from Tuggeranong Cub.

We did manage to all get back together socially for the Christmas party at the Club Totem in Balgowlah thanks to the Social Committee.

Membership increased 12 per cent, and most new members are active participants in squad and carnivals which is positive for the club.

Our coach, Alec Sheerlock, is well settled in now after two years and is managing our squad and directing us with more confidence and positive impact. Julie Orr has provided him great support establishing training plans based around our targeted events.

We have maintained our squad training on a Sunday morning in the 25-metre pool augmented by one lane in the 50-metre pool to spread numbers and provide different training opportunities. Attendance has generally been solid. Thanks to Ruth for coordinating this on the day.

Dot Points has continued to be our key communication mechanism for general club information while our Facebook page has been more used in the last year to capture images of fun in various ways. Feedback on these is always welcomed.

The second postal swim, called Ocean 2 Pool, to encourage all swimmers back in the water failed to gain traction within the club or Masters NSW. A real pity in my view as I have loved it both years. I suspect it is worth one more try with a different marketing approach but in the end if people are not buying what we are selling perhaps it will not endure.

Our ocean swimmers, the MOGgies (Manly Ocean Group) continue to be popular and the WhatsApp group has grown from 37 to 45 over the last year. Members continue the Saturday morning Shelly swim amongst others, with coffee afterwards, a chance to build friendships and community.

For the second year Manly has had a team in the Rose Bay Splash on Australia Day. A group of 20 swimmers in this year's swim; distances were either 1 km, 2.5 km or 5 km. Twenty

swimmers departed on the ferry from Manly at 6:45 am on a picture-perfect day and the return trip coincided with the running of the ferry race on the Harbour, which was again a real highlight. Congratulations to all swimmers, with a special mention to our age group placegetters Helen Ludgate (2.5 km), Pam Rawling, Sue Johns and our guest swimmer from the UK Geraldine (all in 1 km). Our club also came third in the teams event.

Our honours list prepared, as always, by Gloria is provided separately. There was one world, 33 national and 9 branch top ten, congratulations all.

Tony Goodwin had a huge year in the pool and has now passed the twenty (yes 24) world records, one of the key qualifications for entry to the FINA Masters Hall of Fame. This process is being pursued. In addition, he was a finalist in the Masters' category in the 2022 NSW Sports Awards.

As proposed at the 2022 AGM, a Strategy Sub Committee was established led by Julie Orr. This reviewed the club and prepared a document to reflect members' views and a plan which established clear targets for the year and these have largely been met. This plan and the outcomes for the year will be provided separately for members at the AGM to review. This process warrants repeating as it provides the committee clear actions for the year.

COVID impacted our finances with no fundraisers for two years and despite receiving some grant money we ran a deficit. Following discussion, the committee made the decision to raise membership for the first time in almost ten years to ensure we can retain a stable financial base.

This past year has seen us sadly lose people near and dear to our club and I feel they should be acknowledged. In September Barbara Vickers passed away at 95 years of age. Ever cheerful, positive, modest, and encouraging, Barbara joined Manly Masters in 1994 at age 69 and was a member for 20 years. She enjoyed much individual and relay success. Barbara broke numerous state and national records and achieved FINA top ten listings, primarily in breaststroke. Barbara also competed an many FINA world championships.

More recently we have had the sad passing of Cush Goodwin who, while not a swimmer, nonetheless made a large impact on our club as an avid supporter of Tony and gracious contributor poolside.

This has been my third and final year as president and I would like to express my thanks to all on the committee who assisted with energy, ideas action and my ongoing masters education.

I would like to make a particular thank you to Carolyn, who took on the unenviable role as club captain following Dawn, but who has made it her own, and finally to especially thank Julie Orr for all her efforts, notably in finance and strategy.

I look forward to more swimming, birthdays and competition in 2023.

Greg Jewson
President

MOLONGLO WATER DRAGONS MASTERS SWIMMING CLUB PRESIDENT'S REPORT 2022

The Molonglo Water Dragons (MWD or 'the Dragons') have had another highly successful year in 2022.

COMPETITIONS

- In early February, three swimmers competed in the Campbelltown swim meet.
- In later February, the Dragons participated in the ACT Time Trials in preparation for the upcoming national championships. Thanks to the Tuggeranong Vikings for their great work in organising these well-run time trials.
- The national championships took place in Sydney in April where five Dragons men competed very successfully.
- In October, eleven Dragons competed at the NSW branch championships held at the AIS pool in Bruce, Canberra.

ACHIEVEMENTS AND SPECIAL EVENTS

- In March, four Dragons—Club Captain John Collis, Chris Hayhoe, Marg Larkin, and Geoff Llewellyn—all achieved the million metres mark and received commemorative polo shirts kindly awarded by MSA/Vorgee.
- Anne Smyth presented a replica of the current Life Member award to the Dragons' Gary Stutsel. Gary was originally awarded life membership in 1985.
- In May, 89-year-old Geoff Llewellyn again completed the Endurance 1000 program, having made great progress in achieving this mark so early in the calendar year.
- On 21 June, in a social event, several Dragons briskly swam in the cold waters of Lake Burley Griffin to celebrate the winter solstice.
- In August, the Dragons again supported the Multiple Sclerosis Megaswim.
- In October the Dragons were successful in obtaining MSA grant funding to purchase a GoPro underwater camera to record swimmers' styles and inform stroke correction.

MEMBERSHIP AND PARTICIPATION

MWD membership remains very buoyant—always a good thing in swimming. Our solid membership is in part due to the excellent work done by Evan Connell on improving our website's prominence in internet search results.

On top of solid membership, MWD finishes the year with sound levels of participation in both Canberra and Queanbeyan. Therefore, members are increasingly active and getting value for their membership.

I extend my gratitude to the management and staff of Canberra Civic and Queanbeyan pools for their fine work in maintaining clean, safe, and well-run public pools. The ongoing availability of these pools for all in the swimming communities cannot be overstated.

As president, I also extend my appreciation to the committee, to those undertaking other jobs, to the coaches, and to the Canberra and Queanbeyan membership. I thank all for continuing to strengthen the club throughout 2022 and look forward to another strong year in 2023.

David Dedenczuk
President

MYALL MASTERS SWIMMING CLUB ANNUAL REPORT 2022

The club's AGM was held on 6 April, electing a full committee for the coming year.

President: Leon Bobako
Vice President: Linda Stubbs
Treasurer: John Estens
Secretary: Ann O'Brien with committee members Steve Rees, Chris Dunning and Kerry Patterson.
Mal Motum was nominated as our public officer.

The club's presentation night was held Tillermans Restaurant in Tea Gardens in March 2022 with The Encouragement Award being presented to Di Perry and The Club Member award to Kerry Patterson.

Tea Gardens pool was closed at the end of March so many of our swimmers left for their annual caravanning holidays, stayed at home with travel to Raymond Terrace or Maitland for a swim. A small group of swimmers were welcomed by the staff at Raymond Terrace pool to use a lane once a week from the beginning of November.

During the off season for Myall Masters some of our swimmers were able to participate in interclub meets with our most successful Chris Lock, who in the 80–84 years men gained 5 gold and 4 silver at the nationals in April. Other swims were at Ettalong, Warringah and Port Macquarie with our home Myall meet at Tea Gardens pool always well represented by our swimmers and officials. It seems our meet is popular for the food provided.

Our opportunity to train was hampered with construction work at the pool not allowing any swimming till 16 January 2023. I think this contributed to a slight drop off in membership.

Steve Rees completed his coaching qualification bringing the number to three qualified coaches—Steve, Sharon Taylor and myself, with assistance from Chris Dunning and Chris Lock.

Unfortunately, we had past president Peter Kellaway move back to Sydney to live and the passing of an inaugural member Bob Voigt. Both will be missed.

Myall Masters has been attracting some younger members and it is hoped their talents and experience will into the future enhance the development of Myall Masters Swimming Club.

Leon Bobako
President

2022 Annual Report

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facebook.com/northshoremastersswimming

It's been a while since our last official Annual Report back in 2016 for North Shore Masters, but here goes for 2022.

2016 became a year of change....when plans were formulated to expand our reach and grow our membership which included a name change from Hornsby to North Shore Masters. With many of our members training in different localities, across Sydney and even overseas at the time, we wanted to be more relevant to the potential members in the wider North Shore of Sydney.

Fast forward to 2022 and after emerging from Covid, we seemed to have gathered some momentum, with a strong interest in competing in the 2022 National Short Course Championships being held in Sydney.

Our warmup meet at Warringah had some special moments, with 5 of the top 8 men and 2 of the top 8 women in the Medley Shootout. After eliminating 2 swimmers in each round, it came down to Dan and Brandon, with Dan taking the honours, then Bec and Natalie with Bec taking the honours. Our best turnout with 20 members taking out 3rd place on points and narrowly beaten by Ryde for the Highest Average Points Trophy.

With a strong group of members from the North Shore of Sydney and beyond, we were keen to do well at the National Championships. Our membership did expand beyond the North Shore to the extent that we had members from Berowra to Berry, from Bowral to Bathurst, and Caves Beach to Collaroy and still with some strong interest in Hornsby and the upper North Shore, with a team of 25 out of our 30 members entered.

Our results exceeded our expectations, with our club taking out the Runner Up on points Trophy, as well as the Highest Average Points Trophy (for clubs in our category) and the Relay Trophy for the youngest team category.

Our medal Tally included 44 Gold, 33 Silver and 25 Bronze for our members.

Special congratulations to Craig Magnusson who broke the 100 Breaststroke National Record with a great swim, taking the record from me (Stuart Ellicott) which has stood for 11 yrs. Great to keep it in the Club.

Part of Team North Shore at the 2022 National Championships at SOPAC.

As the NSW SC Championships were integrated into the National Event, I was awarded NSW Swimmer of the Meet and again at the NSW LC Championships in Canberra in October. Personally, I had a great start to the year, having moved into a new age group.

Continuing our Clubs good form, we again took out the Division 2 Trophy at the NSW LC Championships at the AIS in Canberra in October, and second place on Average Points behind Blacktown by 0.1.

Then in November a team of 11 attended the Pan Pacific Masters Games Swimming on the Gold Coast bringing home a tally of 16 Gold, 12 Silver & 16 Bronze medals, with 3 Relay Golds, and 3 Relay Silver medals. Plus some National & Pan Pac records including:

- Mens 200m Freestyle Relay – Dan, Cam, Dave & Brandon - Fastest Team Full stop!
- NSW Record and Pan Pacs Record.
- Craig Magnusson - National Record 400m Breaststroke and 200 IM Pan PAC record
- Dan Jones - 50 and 100 Backstroke - both Pan PAC records.

Team North Shore at the 2022 Pan Pacific Masters Games meet on the Gold Coast.

Over the course of the year, our attendance at Club Meets and State Meets helped North Shore accumulate plenty of points to propel us up into Division 1 for 2023 which will make it harder to take out top spot against the bigger clubs like Warringah and Manly. However, we can still target the Average Points Awards throughout the year, as we try to climb the points ladder and challenge the leading clubs.

With the World Masters Championship in Fukuoka, Japan in August 2023, we have a strong group planning to attend, and preparation is underway for some serious racing at State Championships and National Championships (in Hobart) in preparation for the Worlds.

Bring on 2023.

North Shore Masters targeted catchment area is from Berowra in the north, to Hornsby and down through the suburbs of the North Shore towards Lane Cove. However, through some accidental connections at various times, our members have come from far and wide as mentioned earlier, to swim with our team, where together we inspire, laugh, and achieve goals.

As our Club does not formally run a Training Squad, we see an opportunity to introduce Masters Swimming and our Club, to a number of different pools and their swimmers, in the hope of encouraging these smaller groups to be part of the future growth of North Shore Masters.

I look forward to 2023 bringing further growth in our Club, with greater participation and variety of activities to engage our members in Masters Swimming with North Shore Masters. Stronger together.

And finally, thank you to Craig Magnusson for his partnership in helping to administer, communicate and encourage our membership and to grow our club.

Stuart Ellicott

President

North Shore Masters.

Some more memories....

Warringah Meet.

Nationals again.

Pan Pacs and Nationals proving that Winners are Grinners.

Together we inspire, laugh and achieve goals.

Stronger Together.

NORTH SYDNEY MASTERS ANNUAL REPORT 2022

2022 was a more stable year for North Sydney Masters, with fewer COVID shutdowns, and continued access to the Lane Cove and Manly ABC pools for our squads while the North Sydney pool continues redevelopment. Unfortunately, it looks unlikely that North Sydney pool will re-open until 2024.

The club has continued with our 7:30–8:30 pm slot at Lane Cove pool on Mondays and Wednesdays, and Manly pool on Sunday mornings at 9 am for an hour and a half. We've also continued a Saturday morning ocean swim at Manly, Balmoral and other Sydney beaches. The club remains dependent on our volunteer coaches for these sessions as we've been unable to find reliable professional coaches due to our temporary pool lane access.

Fortunately, despite no access to North Sydney pool, we've managed to maintain a membership of between 50 and 60 members.

Our carnival attendance was a little poor last year, with participation being challenging for many of our regular competitors. Despite this, the April 2022 short-course national championships was a highlight for us with 32 PBs and 6 club records. We also managed a good turnout at the relay carnival with 15 swimmers. Finally, we had 3 swimmers complete the Rottnest Island 20 km swim solo this year, which was a great achievement.

Colin Hannah
President

NOVOCASTRIAN MASTERS SWIMMING CLUB ANNUAL REPORT 2022

The 2022 year started off busy for the majority of members attending carnivals, even though COVID hung around and slowed participation for carnivals in the second half of the year. Special mention again must go to Lachlan, who attended meets throughout the year.

Total members for 2022 was 20, which is still low compared to earlier years.

Our swimmers still train at different pools and squads at times that suit them, so it is difficult to stay in touch. A group of up to 10 swimmers still train at Charlestown Pool twice a week so about half the club get to socialize afterwards.

This year our Christmas party was held at Mawson Restaurant where 11 members and some partners attended. Thanks to everyone who helped make this a great gathering.

Financially the club is secure, with help from MSNSW and government assistance. We have waived our club joining fee again to attract membership numbers.

Our carnival had to be cancelled this year due to insufficient personnel available to run the event but I am hoping we can host one next year.

Unfortunately, we lost Bill Walker and Malcolm Harrison during the year. Both members played a huge part in our club for many years and will be surely missed.

Nick Woodcock
President

Moving ahead, Novos

Oak Flats Blue Swimmers
Swimming for fitness and fun

OAK FLATS AUSSI MASTERS INC.
ANNUAL REPORT 2022

We started the year with one of our favourite carnivals at Campbelltown but only two swimmers could make it. We had a good day with some great swims. We also competed at Blacktown and Myall Lakes.

Nationals was a busy time with six swimmers. Many medals were won which makes all the hard work more enjoyable. We even had some relays which doesn't happen too often for our small club.

Our greatest effort was in Canberra for the state champs where two swimmers came 1st in division 3. Talent galore!!!

We always have our rivers swims and lunches and breakfasts out.

This is Bob receiving his award for 5 million metres. WOW that is a lot of laps!

Yours in swimming.

Narelle Day
President

PENRITH AUSSI MASTERS SWIMMING CLUB
PRESIDENT'S REPORT 2022

Last year was a slow start getting back to competition again but as the season progressed the swimming picked up.

Darren Fraser achieved first place in the 55–59 age group point score.

Steve de Lorenzo, travels from Thredbo to attend meets as well as doing ocean swims, catching up with his old surf club, recruiting swimmers then travelling back home to continue training. A true champion swimming very well.

Our Professor Stuart Mackay is another true champion, very busy and often overseas lecturing in his career as an ear nose and throat surgeon but still makes the time to organise relays and recruit swimmers and still swim very impressive times. Both Stevie de and Stuart are great motivators.

Our club is slowly growing with very good swimmers in muti-class and all age brackets from 18–24 to 75–79 and hopefully in time getting into the 90s.

Looking forward to a successful 2023 season.

Garry Fletcher
President

RYDE AUSSI MASTERS SWIMMERS INC (RAMS)
ANNUAL REPORT 2022

MEMBERSHIP

In what has been another difficult year due to the COVID-19 pandemic, Ryde membership has been seen to be dropping over the last couple of years along with a decline in the numbers attending training sessions. As at January 2023 we currently have 33 members who have re-joined. In 2023 we will be looking at ways to recruit new members and to fundraise to boost the bank account. In 2022 we agreed to streamline the fees and drop the $2 per training session and to recover pool hire through our membership fee.

CLUB SESSIONS AND VENUES

Regular training nights are held at Ryde Aquatic Leisure Centre on Mondays (7:45–8:45 pm) and Wednesdays (7:30–8:30 pm); a Saturday morning informal swim (8–9 am) is also available. Wednesday night includes a social gathering after training for tea/coffee and biscuits. These gatherings have been restarted in 2022 and once again have been well attended. The club is still fortunate to have Greg Lewin as its head coach, supported by Andrew McCrindell, who together coordinate a stimulating mix of training sessions and drills with ever changing instructional techniques tailored to our abilities to prepare members for all major meets. Weekly core strength work and exercises are again being offered on Wednesday night at 7 pm. All club members are encouraged regardless of ability, from high achieving swimmers to those learning form strokes for the first time.

INTERCLUB MEETS

In 2022 we came third in Division 1 behind Warringah and Manly with Wett Ones hot on our heels. The first half of the year we did a successful carefully coached work up to the national championships in Sydney where a number of people achieved personal bests. We were also praised for the number of club members that contributed to this successful event. Helen raised money for Cure Cancer and Steve, Greg, Helen and Ailsa all officiated. Diana helped at the desk and Barbara took a lot of official photographs for Masters Swimming NSW. Well done to all the medal winners with a total of 7 gold, 7 silver and 11 bronze to Ryde swimmers.

Greg Lewin has once again been a fabulous head coach providing well-structured training sessions in the lead up to nationals and indeed throughout the rest of the year. A lot of Greg's research enables us to use leading edge techniques to improve adult swimming. The mirrors and more recently the paddles are a small part of Greg's innovation in coaching. Greg also presented at a nationals planning workshop for NSW coaches, which was well received by the other club coaches.

Members from Ryde participated in all the events this year with Ryde coming 14th in the NSW long course championships, 15th in the relay meet and 12th in the short course championships.

We had some outstanding BPS carnival results: 3rd Maroubra, 6th Campbelltown, 3rd Twilight Meet SOPAC, 9th Myall, 5th Blacktown, 8th Wett Ones, 4th Warringah, we won our carnival, 8th at Manly, 9/16 at Port Macquarie with only 2 swimmers participating.

ACHIEVEMENTS OF MEMBERS

Mark Cooper is the third most active swimmer in 2022 and Helen Rubin the twelfth. Mark was also top in his age group as was Annalisa Hope.

SAFETY

Our safety officer, Ailsa Jeanes, reported no incidents for the year and has submitted the 2022 Safety Report. Our 2022 CPR course was held on 24 February 2022 with seven attending, six club members and one family member.

SOCIAL ACTIVITIES

The club held its annual Christmas party with presentation of club awards for:

Service: Joanne Pritchard
Participation: Ken Pritchard
Encouragement: Liqin (Wendy) Wang
Long Service: Ken Pritchard

Ryde club members participated where possible in branch events and club training in the spirit of

FUN, FRIENDSHIP AND FITNESS

Joanne Pritchard
Secretary

2022 was perhaps our first normal year since 2020 when COVID, with all its restrictions and impacts, began. The club continued to enjoy growth and as a general comment we are maturing into a well-respected swimming club providing a valuable community service.

MEMBERSHIP

We ended 2022 with over 40 members, an achievement that put us squarely in the mid-sized category of NSW Masters clubs. We were being noticed by senior management at Masters Swimming and there were very favourable comments about our activities and achievements for such a new club.

If we continue with such strong growth in membership, we will have to consider options to accommodate increased numbers during training sessions. Our current 3-lane allocation from the aquatic centre works ok up to about 4 swimmers per lane. Luckily not all our members turn up at one time for training and we're at capacity if only half show up. I'm in discussion with pool management for a solution—stay tuned.

ACTIVITY AS A CLUB

Slowly the swimming community, and the country in general, were beginning to open up again after COVID lock downs. Training sessions got back to normal at 3 times each week and Sue will deliver a more detailed coaching report shortly.

A few Stingrays did manage to get away and fly the colours at a couple of Masters meets. In February Kerryn Granger and myself made it to an ACT interclub meet at Tuggeranong, posting some excellent times and generally getting back into a (low key) competition environment.

A couple of months later, in April, Patrick and I represented the club at the national championships at Olympic Park in Sydney. Great high-level competition at a world class facility. A terrific experience and there was even a bit of silver brought home.

In between swims at both meets, as is common at all Masters meets, we did a bit of officiating, Bruce as starter and both of us for timekeeping.

It's worth noting that when members travel around the state, and indeed the country, you'll find that you are welcome to join activities at other Masters clubs. While in Sydney during the year I paid a visit to my old club of 20 years ago for a swim and a catch-up.

I'd like to acknowledge that some members also participate at open-water competitions outside the Masters banner. We often don't hear of these until after the event and it seems our Stingray members do quite well. Congratulations to them too.

FINANCES

The club is in good financial shape. A more detailed report will be delivered by the treasurer shortly. Our income is derived from 3 major sources:

- a $20.00 contribution out of each members annual joining fee,
- a monthly sponsorship amount from Maggie & Rosie's Antique Emporium Bega in return for management of their Facebook account per Bruce,
- various grants either from Masters Swimming NSW and/or NSW state government.

It's worth noting that through the year we applied for, and were successful in obtaining, two $1,000 grants from the Grassroots Sports Fund and also Masters Just One More Grant. These largely paid for our poolside trolley with swim equipment and a new printer with associated consumables.

Outgoings through the year were mainly equipment (printer, laminator, trolley, training gear), CPR and accreditation course for coaches, entry fees, Fair Trading, Masters NSW affiliation, subsidy of club attire and some printing supplies for training sessions.

FROM THE PRESIDENT

The president wishes to thank two major supporters of our club. Firstly, Nic Hoynes from Sapphire Aquatic Centre for catering to our demands on pool space and time, and secondly, to Maggie & Rosie's Antique Emporium Bega who continue as our sponsor and the major contributor to our finances.

Lastly huge thanks to Sue our coach who puts in endless hours to see we get the best ever coaching available.

Yours swimmingly.

Bruce Williamson
President

SEASIDE PIRATES ANNUAL REPORT 2022

This was my first year as president of our great club and, as much as I have had a lot to learn, I have enjoyed the experience. Thankfully I have had a lot of help from our wonderful committee members which I am grateful for. Thank you to Sue, Shane, Jane and Heidi.

Our membership for 2022 was 37 members. The committee is hopeful that we will have more members join this year and are always looking at ways to get new people into our club.

Coach Emma came on board this year and is providing all swimmers with coaching and stroke correction. We are happy to have Emma with us and all who attend agree that the sessions are great and enjoy them.

Attendance at branch meets throughout the year was irregular, but as usual Jane excelled carrying a huge load of officiating duties throughout the year. Thank you, Jane.

In March, Seaside Pirates ran a starts and turns clinic at Knox with Greg Lewin (from Ryde) taking us through this. It was a great event with a great turnout of swimmers. Thanks to those Pirates who attended plus those from other masters clubs that came along.

In April 2022, nationals were held in Sydney and our branch short course championships were combined with this. We had a large turnout with 28 swimmers! Thanks to all that attended and made the meet a success for us. For the national meet we won the President's Trophy and amongst the NSW teams we came fourth overall. Congratulations to Jane and all the others who ran and assisted at this well-run event.

The relay meet was held in July and unfortunately due to illness and some Pirates travelling, we were down on numbers compared to previous years. Those that attended had a lot of fun and we hope to build on these numbers this year.

Our annual Pirates meet was held at Knox in June and was a successful event, due to the involvement of so many team members in preparation of the event and on the day itself. Thank you to all for your help on the day.

We had some members compete at the NSW long distance meet in September at Knox and the NSW long course championships in October at Canberra. In both events Seaside Pirates made the top 10 clubs. Well done to those who competed.

We tried a new location this year for our Bunnings BBQ, which was Pymble instead of Belrose. We did make a profit but not as much as we have in the past. Takeaways from this was that Belrose seems to have more foot traffic, and we held it on the long weekend, which may have seen people on holidays and not at their local Bunnings. Thank you to all that helped in putting this together and all the helpers on the day.

Pan Pac Masters Games was held in November at the Gold Coast. Three Pirates attended and came home with lots of medals! Well done to all three on a great haul and great swims.

The annual 100 x 100 was held again at the WAC on 31 December with a good turnout of Pirates and members of other masters clubs including Warringah, Campbelltown and Blacktown. Takeaways from this year are that 3.5 hours is sufficient time for all levels of swimmers to finish (we booked for 4 hours) and we will book 4 or 5 lanes instead of 6 in future years.

Again, thank you to our amazing committee that work hard to make our club run, and thank you to all Pirates for your contributions during the year.

Sandra Rogers
President

TRINITY AUSSI MASTERS SWIM CLUB
ANNUAL REPORT 2022

We are back in full training and the club is going very strongly after our lock out at the beginning of the year.

Over the last year we have managed to keep active socially, as we are a social bunch and enjoy ourselves whenever we are out and about.

This year we had our Christmas party at a Massey Park Golf Club at Concord. We had a great afternoon with 19 members attending. We need to thank Daphne Kulhan and Johanne Staplfeldt for arranging it and all those that attended.

Also our coffee and cake nights at the end of each month are proving very popular thanks to Daphne.

In conclusion we wish everyone in AUSSI good health and keep up the swimming.

Regards,

John Kulhan

28 FEBRUARY 2023: The last year saw the club enjoying increasingly high attendances at training and a sizeable number of members competing to eventually become leaders of the BPS for 2022 and a number of championship events.

Member numbers remained strong with 101 continuing and new members at end 2022. At the time of writing the number of members re-joining and new members for 2023 stands at 95, which is excellent at this early stage of the year, so far ahead of national and branch championship closings.

TRAINING CONTINUES AT STRENGTH

Gordon Whyte and Wilson Gamble, our co-heads of training, have done a fantastic job with our training program, which has proved to be the main source of new membership with a high number of tryouts joining the club. They like what they find in terms of training and the people with whom they have trained.

During the year, the club's coaching team grew from 16 to 20 members of which seven are accredited coaches, including newly qualified Warringah veteran Kent Smith. We aim to have an accredited coach on duty at all club sessions and are very pleased that eight of our coaching assistants enrolled in the accreditation course during 2022, ahead of changes for 2024 when only qualified coaches will be allowed on deck rather than the current situation where our great team of volunteer coaching assistants help.

The Wednesday evening training sessions are now so popular we have made a permanent booking of five lanes each week allowing 25 members and try-outs to attend. Race training sessions were also held prior to state and nationals and were well attended, as were dive starts, turns and finish clinics held during the year.

Importantly, our swimmers seem to be more invested in the training than ever before.

During the year, in parallel with our revamped website, we introduced a new training booking system based on Acuity scheduling. We thank Pat Birgan for both the website and his help in setting up Acuity and working with Treasurer Helen Campbell to integrate with our accounting system. The Acuity system is working well for both Wednesday and Sunday training sessions and is being refined to accommodate booking for swim clinics, events, and the relay carnival.

Thanks also to Susan Myers, our registrar and admin of our training COVID plan.

Jan Shannon has continued oversighting our CPR renewals and helping keep track of coach qualifications.

Competition Still Going Strong!

The club was a strong participant in interclub, branch and national meets during the year as well as providing many of the officials to help these happen.

Our members, initially captained by Tony Gallagher and Graham Campbell and now full time by Phil Lindsay, participated strongly to the extent of topping the Division 1 points score over the 12 BPS and other carnivals; coming second to Tuggeranong at nationals; third at branch relay; first at branch long distance SC; first at branch LC; and a first at branch long distance LC. Thanks also to Pat Chandler our race secretary and his alter ego 'Buster', our relay picker par excellence!

Several of our swimmers appeared in the top-20 point scorers for the year: John Pagden (our top points scorer), John de Vries (including points for NNS); Helen White (including points for NNS); Graham Campbell, Tony Tooher; Christine Geftakis and Julia Atkins.

Also, quite a few branch records (some of which were national): Liz Wallis (95+) three times in LC and 11 times in SC; Marilyn Earp (50 fly); the late Peter Michaelson (broke 50 free LC three times and once for SC); Stephen Ford (100/200 fly) Stuart Meares (200 IM). Relay records were also broken: men's 320+ 4 x 100 free; Mixed 280+ 4 x 100 free; and our 360+mixed team set records in 4 x 50 free, 4 x 25 medley and 4 x 50 medley (also a world record). In April 2022 Liz Wallis also broke the 50 m free SC 95+ world record at nationals.

We are now looking forward to our own carnival in July, and hopefully a big turnout for branch LC early April, nationals LC in Hobart just after Easter; the SC relay carnival in July; and branch SC in October.

Social Happenings

In September, we held a social get together at the Belrose Hotel as an opportunity for longstanding and new(er) members to get together. This was followed in October, with Vice President Gwen de Mel and Ruwan de Mel opening their home for a celebration of the achievement of our world record setting 360+ team (Liz Wallis, Diana Moore, John Pagden and Max van Gelder).

The end of November saw our 40th Anniversary Presentation Night at the Belrose Hotel—again with a full suite of awards, competition included, and a great member turnout. Great work from Social Secretary Christine Geftakis organising with help from Tony Gallagher (secretary).

Awarded by the coaching team, Female Swimmer of the Year was Wendy Cooper and Richard Peterson was awarded Male Swimmer. Inaugurated by Max van Gelder, the winner of the Max Award for the most branch and national records for 2021/2022 was Liz Wallis. Club Participation went to John Pagden, our leading carnival point scorer. The President's Award went jointly to Tony Gallagher and Pat Birgan: to Tony for the energy and insight as secretary (and also doubling up on club captain) and Pat Birgan for the revitalisation of our website and adapting a proprietary scheduling system to better meet our training requirements.

As well, our Xmas BBQ coordinated by Christine Geftakis and Tony Gallagher (quartermaster) with helpers Bill Yeates, David Craig, Bridget Cook, John Pagden, and Phil Lindsay (photos) was deemed a success.

Thanks also to Stewart Heys for maintaining our social media presence along with Pat Birgan, and new contributor Phil Lindsay; Violet Wilkinson for coordinating and sourcing our club gear needs, including our 40th anniversary swim caps; and to Bev Cook, who keeps us fed and watered after Sunday training.

HEALTH AND SAFETY PRIORITY

Once more, our thanks to Sue-Ellen Norris for her wise counsel as COVID safety officer in addition to being club safety officer. We can report there were no incidents related to COVID nor any reportable accidents during the year.

OUTLOOK

Our 2023 training year has started well with continuing record attendances. The competition year has also got underway with successful meets at Campbelltown, Myall and Blacktown completed at the time of writing. Meet Director Julia Atkins has arrangements well in hand for our own carnival on Sunday 23 July.

The 'health' of our club continues to be strong: training sessions go from strength to strength, and we continue to see a steady stream of swimmers trying out and joining. Thanks also to our Vice President Gwen de Mel; Secretary Tony Gallagher and Treasurer Helen Campbell AND all our volunteers who participated in the running of the club and events during the year. It couldn't be done without you . . .

Looking forward to a great 2023.

Graham Campbell
President

WESTS AUBURN MASTERS SWIMMING CLUB
ANNUAL REPORT 2022

MEMBERSHIP

We had 13 financial members at the end of 2022. We average about 8 swimmers at most sessions and most members participate in regular endurance swims.

CLUB SESSIONS AND VENUE

We have been swimming at Ruth Everuss Aquatic Centre (REAC) on Fridays at 6:30 pm, and Sundays at 8:30 am and Wednesdays at 6:30 pm were held at Birrong. During winter, all sessions were run at Birrong due to boiler issues at REAC. The pool was unable to hold its temperature and we had no choice but to swim elsewhere. Once we were able to swim back at REAC, we chose to keep one session at Birrong in a hope to be visible at two centres and therefore gain a better community awareness.

We have five members with Bronze Medallion qualifications and three with Senior First Aid Training.

INTERCLUB MEETS

We were represented at all BPS carnivals in NSW this year, as well as all branch and national carnivals. Wests placed 5th overall in division 2.

Officials from our club were also on pool deck at most carnivals. Wests has a wonderful turnout of timekeepers, even when they are not swimming at the carnival—especially big thanks to Maureen Hall, Beth Clothier, Terry Gainey and Susan Bellamy, who spent hours timekeeping at nationals and state.

Several members completed the Baddaginne Animal and Clarence River postal swims.

WESTS 5000 M POSTAL SWIM

We held our annual 5000 m postal swim again this year. We had fewer swimmers this year with 83 participants (5 fewer than in 2022). As always, we hope more members will take up the challenge in 2023.

ENDURANCE 1000

Twelve of our 13 members participated in the national Endurance 1000 scheme, giving us a total of 6509 points (which is more than in 2021). Our average point score was 500.7. Ben

Taylor and Michael Parkinson scored maximum points, while Cassie Anderson and Kerryn Blanch competed in all swims.

Club Competitions

We run two competitions within the club. One is a short distance point scoring competition (200, 100, 50, 25 m) where eight swims per month score points. The other is a club record-breaking competition, which was very keenly contested this year with 49 club records being broken.

Achievements

Cassie Anderson and Kerryn Blanch are NSW age champions for 2022.

Some of our swimmers will have their times entered for the Top Ten competition.

Sponsorship

In 2022 we received two sums of $1000 each—we thank Toyota, whose sponsorship helps with pool hire fees, and the Grassroots Grant for helping in the COVID recovery process.

Social Activities

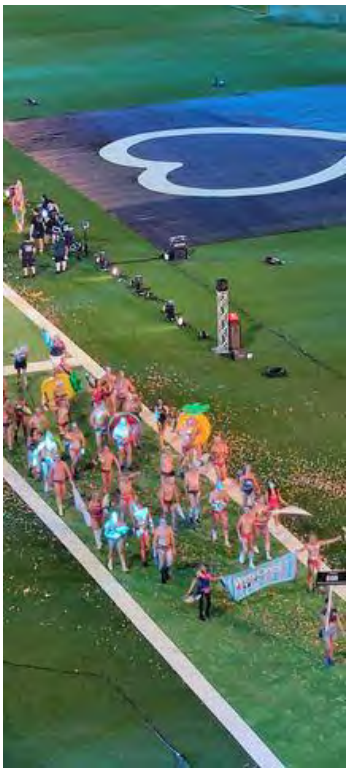
Although small in numbers, we regularly enjoy social events such as Sunday brunch, dinners at Dooley's and Christmas dinner.

Kerryn Blanch
President

Committee Report—August 2022

Dear Wetties,

Another year has flown past.
In mid October last year we finally were able to train together, and in November the first Masters swimming meets started again. In February we held WOSL 2.0 and held our own Carnival in March. It's great to see our training sessions and social events filling up again with our beloved members.



Importantly, the club has also been active in the LGBTQI community of Sydney, with our participation in Fair Day and the Mardi Gras parade that gave us visibility and promoted the club and its values.

We have also reached out to the Sydney Stingers water polo club and have an agreement in place with them about Stingers members joining our training sessions. We are still at the early stages but we think this will have great potential for the future growth of both clubs.

Also with the Stingers we prepared an amazing bid for IGLA 2023, which while unsuccessful, we were able to reuse for the first Australian Queer Aquatics Festival (AQuA) taking place as part of World Pride in 2023. Both clubs are hoping to make the festival a new tradition. AQuA is going to be great, and gives Wett Ones a great opportunity for outreach into our community and to showcase our great inclusive ethos.

I personally would like to thank Barbara, Nick, Marty, Mason, James and Warren for standing up and help for the organisation of this amazing event that will definitely mark an important milestone in the Wett Ones history.

Finally, I would also like to thank the whole committee who have kept the club going this year, and our coaches, who continue to provide us with great sets and high quality feedback and guidance each week. Some committee members have decided to step away this year, including Susie, David, X and X. Thanks so much for making the Wett Ones club a great community to swim and play with.

Membership

The past year has seen a continuation of the challenges that the pandemic brought upon us all. It has been tough for a lot of us to bring ourselves back to the pool and get our swimming fitness back to where it was. We are very excited to report that we have seen lots of familiar faces on pool deck again and a steady flow of new members signing up to the Wett Ones. This means we are currently sitting at 152 financial members, which makes us one of the largest LGBTIQA+ community sporting teams in Australia, and also one of the largest Masters swimming teams. This is such great news, and testament to the family spirit that sits within the Wett Ones. Recently we have had numerous new members feedback how welcome they have felt when they join, which is a really positive reflection that we are staying true to our community spirit.

Female engagement

The engagement of women in regular training sessions has fluctuated throughout the year. Reasons for this may be Covid related but the Committee is well aware of the low ratio of women to male swimmers participating in the Club.

To this extent, a survey was conducted at the beginning of the year seeking insights how female membership could be increased. The Introductory Swim Session held just after Fair Day was well attended. Susie and Sam were on deck as coaches and the feedback was excellent.

The Women Wetties attended the Tamarama surf life saving club to discuss collaboration between female members. Covid reduced opportunities to collaborate but there remains future opportunities to engage with that group.

Female participation at each training session does wax and wane. Most recently, Lane 8 on Monday evenings show a larger group of women swimmers in attendance. It is hoped that this will continue. It remains an important and on-going aim of the club to maintain and increase women membership and participation in WettOnes.

Finances

The club's financial position remains steady in view of the challenges presented in the first half of FY21/22.

Income was lower compared to previous years as we could not hold training sessions between July to October 2021 due the COVID-19 public health orders.

Grants from NSW Sport and Masters Swimming assisted with funding the BPS carnival and investing in the club, including purchasing pool equipment and banners. We also closed the term deposit and transferred funds to the transaction account to assist with operational activities. The club did not incur significant expenses associated with replenishing uniform stock in FY21/22, and the Committee is expected to budget for these costs in FY22/23. These factors contributed to an overall positive cashflow.

The club continues to be in a position to develop and invest in its members and coaches. Additional fundraising and sponsorship opportunities may also assist in offsetting anticipated costs associated with increased lane hire rates and uniform purchases.

Coaches

The past year has seen some big changes for the coaching group. We farewelled Peter McGee who had been a key part of the coaching team for over 15 years. We also saw the very experienced Janet Bolton move to Perth and hope to welcome her back to the team soon.

This leaves us with a core team of 7 coaches, Oscar Perez, Haydn Woon, Susie Purcell, Bradley Monks, Marko Antic, Luca Alessi and Nick Westaway. We have also been lucky enough to have Nathan Da Fonte join the team and he is in the process of completing his training. This allows us to run 6 coaches sessions every week.

Unfortunately due to availability of coaches we had to stop the Tuesday and Thursday lunch sessions. We are open to another 1-2 coaches joining the team. If you are interested in coaching please approach a coach for more information.

Our coaching for the last year focused on preparing the team to perform well at our BPS meet and the National Short Course Championships. Our next year will focus on the State Long Course Championships in October 2022 and the AQuA Festival during WorldPride in March 2023.

Social events

Sponsors

Safety

Wett Ones would like to thank you all for your patience and understanding through the difficult times we experienced during lockdown and also your support navigating new safety protocols once we returned to the pool. There have been no major safety issues to report and we thank you for following lane etiquette and your respect for each other in and out of the pool.

Committee

The past year saw new faces on the Committee, representing renewal and new ideas. As a Committee, we have continued to meet each month, adopting a hybrid of either face to face or virtual meetings. I want to thank the Committee for their efforts on behalf of all club members – we each volunteer our time and we hope for next year to see more new faces and help:

President: **Luca Alessi**
Vice President: **Barbara Wise**
Secretary: **David Prince**
Treasurer: **Reg Leones**
Registrar and Race Secretary: **Pete Goodare**
Safety Officer: **Susie Purcel**
Female swimmers' representative: **Suzy Tay**
Coaches' representative: **Nick Westaway**
Social coordinator: **Sara Eldridge**
Male swimmers' representative/Fundraising and sponsorship coordinator: **Mason Womack**

WOLLONGONG MASTERS SWIMMING CLUB
ANNUAL REPORT 2022

In 2022 things returned to normal for Wollongong Masters, as for so many other clubs.

Participation is building again after the setbacks since 2020. Members are now regularly going to carnivals and we are once again actively targeting specific carnivals. Four club records were broken at the nationals and one at Birrong, by Peter Kell (3 records), Steven Vermey and Rylee Wood.

Maybe not totally normal . . . our masked-up president, Sue Johnstone (right at right), at SOPAC 4 February 2022, with Jodie Burke.

Wollongong Masters is a small club, but a great one. We have a terrific group of regular attendees on Sunday mornings, some people go to swim meets and have a great time, and we have a good turnout at club breakfasts.

Most of all, we all get along. At our weekly after swim/coffee/chats we cover a huge range of subjects and we solve the problems of the world (well, we think we do)!

This shows how tough some of our members are (photo by Angelika). Three stalwarts after a swim in severe conditions at Corrimal Pool on 9 October.

Anthea Gupta
Club Secretary

CLUBS THAT DID NOT SUBMIT AN ANNUAL REPORT FOR 2022

Castle Hill RSL Masters Swimming Club

Cessnock Masters Swimming Inc

Coogee–Randwick Masters Swimming Inc

Dubbo Redfin AUSSI Masters Swimming Club

Ettalong Pelicans Swimming Club

Ginninderra Masters Swim Club

Lake Macquarie Crocs Masters Swimming Inc

Maitland AUSSI Masters

Merrylands Amateur Swimming Club Inc

Narooma Adult Swim Club

Port Macquarie Masters Swimming Club

Raymond Terrace AUSSI Masters Swim Club

Singleton Masters Swimming Club

St George Masters Swim Club Inc

Sutherland Sandbern Masters Swim Club Inc

Tattersalls Club Swimming

Tuggeranong Masters Swimming ACT

Wyong Wobbygongs Swimming Club